

Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:36:44	1339	Omar Ahmed	Birchfield Harriers	101	0:45:50	1687	Daniel Ryan	Poplar Running Club
2	0:37:03	1581	Ben Dijkstra	Leicester Coritanian Ac	102	0:45:51	1487	Adam Cross	Halesowen ACC
3	0:37:18	1337	Kadar Omar Abdullahi	Birchfield Harriers	103	0:46:05	1681	Tim Doran	Owls AC
4	0:37:44	1390	Jack Millar	Bristol and West AC	104	0:46:09	1540	Stephen Snow	Huncote Harriers
5	0:38:01	1664	Jonathan Thewlis	Notts AC	105	0:46:12	1753	Simon Hodgkinson	Stone Master Marathoners
6	0:38:12	1708	Shaun Evans	Royal Sutton Coldfield Athleti	106	0:46:15	1513	Ashley Deeming	Heanor Running Club
7	0:38:17	1667	Alastair Watson	Notts AC	107	0:46:16	1783	Michael Smith	Telford Harriers
8	0:38:30	1349	Sam Johnson	Birchfield Harriers	108	0:46:25	1553	Dewi Williams	Kenilworth Runners
9	0:38:54	1650	Freddie Hessian	Notts AC	109	0:46:28	1647	Sam Godwin	Notts AC
10	0:39:03	1358	Alexander Tovey	Birchfield Harriers	110	0:46:34	1461	Harvey Speed	Coventry Godiva Harriers
11	0:39:14	1357	Michael Tanner	Birchfield Harriers	111	0:46:34	1372	Richard Keep	Bournville Harriers
12	0:39:18	1395	Andrew Watt	Bristol and West AC	112	0:46:37	1529	Jon Fox	Holme Pierrepoint Rc
13	0:39:21	1821	Tom Mahon	Wreake & Soar Valley	113	0:46:43	1765	Tim Hutchinson	Stratford Upon Avon AC
14	0:39:25	1660	Cameron Smith	Notts AC	114	0:46:45	1352	Mike Morley	Birchfield Harriers
15	0:39:28	1384	William Christofi	Bristol and West AC	115	0:46:56	1545	George Crawford	Kenilworth Runners
16	0:39:28	1341	Thomas Beasley	Birchfield Harriers	116	0:46:57	1535	Andrew Soley	Holme Pierrepoint Rc
17	0:39:34	1680	Simon Allen	Owls AC	117	0:47:01	1780	Tomos Hales	Telford Harriers
18	0:39:35	1340	Ed Banks	Birchfield Harriers	118	0:47:02	1827	Steven Flowers	Wye Valley Runners
19	0:39:41	1659	Bruce Raeside	Notts AC	119	0:47:03	1559	Paul Jolliffe	Kings Heath Rc - The Lions
20	0:39:44	1672	Anthony Woodward	Notts AC	120	0:47:06	1561	Tim Livesley	Kings Heath Rc - The Lions
21	0:39:48	1425	Tom Lupton	Charnwood A C	121	0:47:14	1532	James Kirkwood	Holme Pierrepoint Rc
22	0:39:50	1718	Matt Hall	Shrewsbury AC	122	0:47:20	1571	Nick Woolley	Knowle & Dorridge RC
23	0:39:54	1427	Tom Whitmore	Charnwood A C	123	0:47:21	1353	David Morrell	Birchfield Harriers
24	0:39:56	1428	Dom James	Cheltenham and County Harr	124	0:47:22	1442	Adam Eales	Corby AC
25	0:39:57	1388	Owain Jones	Bristol and West AC	125	0:47:24	1775	Dean Gapper	Telford Ac
26	0:40:03	1788	Peter Brookes	Tipton Harriers	126	0:47:28	1462	Martin Wilde	Coventry Godiva Harriers
27	0:40:08	1381	Jed Bartlett	Bristol and West AC	127	0:47:30	1313	Oliver Hatton	Barrow Runners
28	0:40:13	1518	Joe Rainsford	Heanor Running Club	128	0:47:33	1607	Simon Roberts	Newark AC
29	0:40:22	1596	Stephen Garrett	Manx Harriers	129	0:47:33	1371	Iain Jones	Bourmville Harriers
30	0:40:36	1586	Mark Powell	Leicester Coritanian Ac	130	0:47:36	1329	Phil Herd	Beeston AC
31	0:40:42	1429	Joseph Turner	Cheltenham and County Harr	131	0:47:37	1489	James Hoult	Halesowen ACC
32	0:40:45	1569	Chris Sharp	Knowle & Dorridge RC	132	0:47:38	1774	Jesse Betts	Telford Ac
33	0:40:55	1311	Will Clarke	Barrow Runners	133	0:47:40	1347	Rob Harris	Birchfield Harriers
34	0:41:03	1382	Graham Breen	Bristol and West AC	134	0:47:42	1565	Richard Dixon	Knowle & Dorridge RC
35	0:41:10	1666	Patrick Townsend	Notts AC	135	0:47:46	1440	Ed Wilson	City Of Stoke Ac
36	0:41:10	1421	Mark Couldwell	Charnwood A C	136	0:47:52	1625	Ed Wise	Northampton AC
37	0:41:12	1685	Alex Hampson	Peterborough & Nene Valley	137	0:47:53	1585	David Pearce	Leicester Coritanian Ac
38	0:41:16	1648	Tim Hartley	Notts AC	138	0:47:56	1564	David Carbutt	Knowle & Dorridge RC
39	0:41:24	1354	Andrew Peat	Birchfield Harriers	139	0:47:59	1326	Simon Barnes	Beeston AC
40	0:41:25	1787	O'Brien Aeden	Tipton Harriers	140	0:48:01	1422	Michael Kingsbury	Charnwood A C
41	0:41:31	1798	Adam Soley	Tipton Harriers	141	0:48:08	1766	John Raby	Stratford Upon Avon AC
42	0:41:33	1651	Stuart King	Notts AC	142	0:48:13	1676	Luke Melling	Nuneaton Harriers
43	0:41:35	1812	Daniel Maskew	Wolverhampton & Bilston	143	0:48:17	1600	Timothy Bagguley	Newark AC
44	0:41:39	1338	Abraham Ahforom	Birchfield Harriers	144	0:48:19	1481	Jason Tilley	Gloucester AC
45	0:41:42	1478	Stephen Millward	Gloucester AC	145	0:48:20	1690	Benjamin Abbott	Redhill Road Runners
46	0:41:46	1789	Jonathan Carter	Tipton Harriers	146	0:48:22	1405	Kevin Lanckham	Bromsgrove and Redditch
47	0:41:48	1533	Oliver Matharu	Holme Pierrepoint Rc	147	0:48:31	1800	Matt Whitehouse	Tipton Harriers
48	0:41:51	1433	Ross Connor	City Of Stoke Ac	148	0:48:35	1423	Adam Lockton	Charnwood A C
49	0:41:54	1520	Kristian Watson	Heanor Running Club	149	0:48:39	1568	Daniel Mayes	Knowle & Dorridge RC
50	0:42:00	1430	Douglas Wight	Cheltenham and County Harr	150	0:48:45	1574	Raymond Charlton	Leamington Cycling and Athle
51	0:42:03	1742	David Brewis	Sphinx AC	151	0:48:47	1551	Harry Purewal	Kenilworth Runners
52	0:42:11	1799	Luke Vine	Tipton Harriers	152	0:48:51	1517	Robert Plant	Heanor Running Club
53	0:42:30	1654	John Muddeman	Notts AC	153	0:48:51	1346	Lee Harris	Birchfield Harriers
54	0:42:41	1653	Steve Long	Notts AC	154	0:48:54	1539	Gareth Chivers	Huncote Harriers
55	0:42:41	1525	Daniel Bagley	Holme Pierrepoint Rc	155	0:48:54	1825	Stephen Gill	Wrekin Road Runners
56	0:42:46	1587	Ludovic Renou	Leicester Coritanian Ac	156	0:48:55	1308	Romain Lamerand	Aucun
57	0:42:47	1459	Clark Roberts	Coventry Godiva Harriers	157	0:48:56	1562	Michael Tomkins	Kings Heath Rc - The Lions
58	0:42:50	1495	Mateusz Slivinski	Halesowen ACC	158	0:48:59	1618	Jerome Stevens	Newcastle Staffs Ac
59	0:42:57	1516	Christopher Patterson	Heanor Running Club	159	0:49:04	1829	Peter Nugent	Wye Valley Runners
60	0:43:08	1409	Peter Vale	Bromsgrove and Redditch	160	0:49:06	1577	Joshua Hough	Leamington Cycling and Athle
61	0:43:10	1438	Ian Salt	City Of Stoke Ac	161	0:49:06	1786	Tom Acha	Tipton Harriers
62	0:43:25	1755	Dan Soltys	Stone Master Marathoners	162	0:49:08	1696	Simon Nash	Redhill Road Runners
63	0:43:29	1408	Tim Spencer	Bromsgrove and Redditch	163	0:49:09	1717	Graham Moffatt	Rushcliffe Ac
64	0:43:35	1682	Scott Green	Owls AC	164	0:49:10	1737	Darren Riley	Sparkhill Harriers
65	0:43:39	1689	Jason Williams	Race Rapid	165	0:49:11	1712	Richard Naylor	Royal Sutton Coldfield Athleti
66	0:43:45	1550	Luke Morgan	Kenilworth Runners	166	0:49:12	1546	Neil Cressy	Kenilworth Runners
67	0:43:47	1769	Richard Robinson	Sutton In Ashfield Harriers &	167	0:49:13	1813	David Norman	Wolverhampton & Bilston
68	0:43:52	1617	Tim Sharman	Newcastle Staffs Ac	168	0:49:15	1814	Benjamin Pillsbury	Wolverhampton & Bilston
69	0:43:57	1488	Peter Dear	Halesowen ACC	169	0:49:18	1375	Stuart Pearson	Bourmville Harriers
70	0:44:02	1475	Jack Evans	Gloucester AC	170	0:49:19	1771	David Brayer	Tamworth AC
71	0:44:03	1480	Owen Parry	Gloucester AC	171	0:49:20	1697	Paul Newton	Redhill Road Runners
72	0:44:13	1711	Barry Lloyd	Royal Sutton Coldfield Athleti	172	0:49:21	1511	Daniel Bladon	Heanor Running Club
73	0:44:18	1320	Oliver Lees	Beaumont RC	173	0:49:26	1492	Bill Nock	Halesowen ACC
74	0:44:27	1355	Jonathan Read	Birchfield Harriers	174	0:49:28	1563	Paul Baker	Knowle & Dorridge RC
75	0:44:27	1307	Adam Smith	Aldridge RC	175	0:49:30	1306	Mark Shaw	Aldridge RC
76	0:44:29	1583	Wais Kaire	Leicester Coritanian Ac	176	0:49:30	1725	Adam Cole	Solihull & Small Heath Athleti
77	0:44:31	1312	Ian Cox	Barrow Runners	177	0:49:32	1508	Daniel Taylor	Harborough AC
78	0:44:33	1496	Andrew Yapp	Halesowen ACC	178	0:49:34	1542	Wayne Briggs	Kenilworth Runners
79	0:44:34	1361	Simon Lanckham	Birmingham Running Athletic	179	0:49:38	1808	Leroy Brown	Wolverhampton & Bilston
80	0:44:36	1576	Phillip Gould	Leamington Cycling and Athle	180	0:49:40	1621	Scott Zikmanis	Newcastle Staffs Ac
81	0:44:39	1633	Oliver Jones	Northbrook Athletic Club	181	0:49:41	1768	Nicholas Luke	Sutton In Ashfield Harriers &
82	0:44:40	1584	Martin Makin	Leicester Coritanian Ac	182	0:49:45	1791	Zabie Hassan	Tipton Harriers
83	0:44:41	1554	luke Myers	Kettering Town Harriers	183	0:49:46	1603	Oliver Crampton	Newark AC
84	0:44:45	1793	Tom Holden	Tipton Harriers	184	0:49:47	1522	Lewis Whiting	Heanor Running Club
85	0:44:51	1605	Thomas Hubbard	Newark Ac	185	0:49:51	1706	Sam Jolly	Roadhogs Leicester AC
86	0:44:55	1635	Stuart Lumsden	Northbrook Athletic Club	186	0:49:54	1528	Steven Eatherington	Holme Pierrepoint Rc
87	0:45:01	1411	Jason Brunnock	Buxton AC	187	0:50:00	1319	Robert Jinks	Beaumont RC
88	0:45:08	1530	Eddy George	Holme Pierrepoint Rc	188	0:50:01	1344	Peter Dimpleby	Birchfield Harriers
89	0:45:15	1686	Matthew Brydon	Poplar Running Club	189	0:50:03	1401	Malcolm Duff	Bromsgrove and Redditch
90	0:45:23	1684	Laurence Wicks	Owls AC	190	0:50:07	1695	Martin Lee	Redhill Road Runners
91	0:45:30	1364	James Ashley	Bournville Harriers	191	0:50:17	1779	Mark Griffiths	Telford Harriers
92	0:45:34	1323	Ross Tyrrell	Beaumont RC	192	0:50:20	1599	Conrad Watson	Midland Masters AC
93	0:45:36	1310	Geoffrey Beetham	Barrow Runners	193	0:50:25	1572	Craig Bower	Leamington Cycling and Athle
94	0:45:38	1448	Jason Brotherhood	Coventry Godiva Harriers	194	0:50:37	1715	Paul Hendrick	Rushcliffe Ac
95	0:45:40	1397	Mark Appleton	Bromsgrove and Redditch	195	0:50:44	1566	Darren John	Knowle & Dorridge RC
96	0:45:42	1305	Freddie Penrose	Aldridge RC	196	0:50:45	1778	Chris Doran	Telford Harriers
97	0:45:44	1776	Paul O'Brien	Telford Ac	197	0:50:52	1722	Toby Heley	Silson AC
98	0:45:45	1792	Dean Hill	Tipton Harriers	198	0:50:52	1314	Rod McGowan	Barrow Runners
99	0:45:46	1536	Anthony Squire	Holme Pierrepoint Rc	199	0:50:54	1514	Carl Hughes	Heanor Running Club
100	0:45:48	1619	Andrew Walker	Newcastle Staffs Ac	200	0:50:58	1694	Edward Johnson-Kolb	Redhill Road Runners

Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:51:01	1740	Mark Williams	Sparkhill Harriers	301	0:57:08	1333	Charlie Pearce	Beeston AC
202	0:51:09	1575	Marc Curtis	Leamington Cycling and Athle	302	0:57:14	1723	Michael Spencer	Silson AC
203	0:51:12	1716	Danny McIntyre	Rushcliffe Ac	303	0:57:16	1781	Jonathan Mahoney	Telford Harriers
204	0:51:14	1762	Malcolm Bowyer	Stratford Upon Avon AC	304	0:57:17	1720	Andrew Lewis	Shrewsbury AC
205	0:51:15	1754	Tim Hulse	Stone Master Marathoners	305	0:57:20	1531	Simon Higson	Holme Pierrepont Rc
206	0:51:21	1521	Tony Weatherston	Heanor Running Club	306	0:57:25	1549	Christopher Lyons	Kenilworth Runners
207	0:51:25	1674	Lee Harper	Nuneaton Harriers	307	0:57:31	1728	Matthew Long	South Derbyshire Road Runnr
208	0:51:25	1643	Craig Slyde	Northbrook Athletic Club	308	0:57:36	1731	Patrick Finnegan	Sparkhill Harriers
209	0:51:29	1721	Matthew Wooden	Shrewsbury AC	309	0:57:48	1497	Peter Attenborough	Harborough AC
210	0:51:32	1503	Jamie McAllister	Harborough AC	310	0:57:50	1620	Matthew Way	Newcastle Staffs Ac
211	0:51:33	1613	Neil Gerrity	Newcastle Staffs Ac	311	0:57:55	1759	Robert Colman	Stourbridge RC
212	0:51:35	1604	Adrian Dix	Newark AC	312	0:57:57	1639	David Mills	Harborough Athletic Club
213	0:51:40	1601	Carl Braithwaite	Newark AC	313	0:58:05	1328	Bob Frake	Beeston AC
214	0:51:42	1767	David Smyth	Stratford Upon Avon AC	314	0:58:08	1443	John Treacy	Corby AC
215	0:51:43	1334	Geoff Pennington	Beeston AC	315	0:58:40	1602	Lee Braithwaite	Newark AC
216	0:51:47	1316	Daniel Caldwell	Beaumont RC	316	0:58:47	1627	Kyle Beddoe	Northbrook Athletic Club
217	0:51:50	1527	Tom Davies	Holme Pierrepont Rc	317	0:58:53	1702	Matt Baker	Ripley Running Club
218	0:52:00	1707	Alex Blackham	Royal Sutton Coldfield Athleti	318	0:58:56	1524	Chris Allen	Holme Pierrepont Rc
219	0:52:03	1724	Daniel Allen	Solihull & Small Heath Athleti	319	0:59:00	1515	Paul Mercer	Heanor Running Club
220	0:52:05	1336	Peter S Wallis	Beeston AC	320	0:59:09	1698	Raymond Poynter	Redhill Road Runners
221	0:52:09	1761	Peter Walters	Stourbridge RC	321	0:59:14	1622	Adam Alexander	Northampton AC
222	0:52:16	1726	Steven Howes	Solihull & Small Heath Athleti	322	0:59:20	1743	Wayne Broadbent	Sphinx AC
223	0:52:22	1739	Nick Stringer	Sparkhill Harriers	323	0:59:23	1624	Mark Haynes	Northampton AC
224	0:52:23	1669	Andrew Williams	Notts AC	324	0:59:32	1418	Andy Rea	Centurion RC
225	0:52:27	1512	Lee D'Arcy	Heanor Running Club	325	0:59:52	1758	Steven Burch	Stourbridge RC
226	0:52:30	1593	Craig Linacre	Mansfield Harriers	326	0:59:56	1509	Gary Wallis	Harborough AC
227	0:52:31	1309	Alfie Ratcliffe	Banbury Harriers Ac	327	0:59:57	1614	Mark Kelsall	Newcastle Staffs Ac
228	0:52:39	1501	Garry Hodgkins	Harborough AC	328	0:59:59	1652	Steve Leek	Notts AC
229	0:52:40	1504	Dan Perrin	Harborough AC	329	1:00:08	1734	Andy Law	Sparkhill Harriers
230	0:52:41	1567	Stuart Male	Knowle & Dorridge RC	330	1:00:32	1636	Francis Mason	Northbrook Athletic Club
231	0:52:44	1785	Andrew Acha	Tipton Harriers	331	1:00:42	1534	Jim Smith	Holme Pierrepont Rc
232	0:52:47	1556	David Bagwell	Kings Heath Rc - The Lions	332	1:00:59	1823	Daniel Gadsby	Wreake Runners
233	0:52:50	1809	Simon Calrow	Wolverhampton & Bilston	333	1:01:01	1484	Jason Young	Grantham Ac
234	0:52:52	1541	Colin Bailey	Kenilworth Runners	334	1:01:15	1370	Tim Hodges	Bournville Harriers
235	0:52:55	1683	Richard Harris	Owls AC	335	1:01:16	1413	Kevin Ferncombe	Centurion RC
236	0:52:59	1736	David Pearson	Sparkhill Harriers	336	1:01:21	1760	Adam Crompton	Stourbridge RC
237	0:53:03	1609	Andrew Brownsword	Newcastle Staffs Ac	337	1:01:46	1630	Martin Gavin	Northbrook Athletic Club
238	0:53:05	1476	David Gresswell	Gloucester AC	338	1:02:30	1733	Graham Hygate	Sparkhill Harriers
239	0:53:09	1321	Daniel McLaughlin	Beaumont RC	339	1:02:36	1544	Tom Cosgrove	Kenilworth Runners
240	0:53:12	1616	Jonathan Ranford	Newcastle Staffs Ac	340	1:02:38	1826	Mark Dempsey	Wye Valley Runners
241	0:53:17	1485	Matthew Allen	Halesowen ACC	341	1:02:51	1671	Allan Wilson	Notts AC
242	0:53:27	1631	Matthew Hathrell	Northbrook Athletic Club	342	1:03:13	1396	Philip Anderson	Bromsgrove and Redditch
243	0:53:30	1403	Dean Hartshorne	Bromsgrove and Redditch	343	1:04:06	1679	William Pither	Nuneaton Harriers
244	0:53:32	1803	Myles Wilson	Tipton Harriers	344	1:04:10	1302	Simon Hudson	Aldridge RC
245	0:53:32	1746	Craig Robinson	Sphinx AC	345	1:04:11	1578	Mark Marsh	Leamington Cycling and Athle
246	0:53:34	1420	Edmund Wallace	Centurion RC	346	1:04:26	1735	Andy Manning	Sparkhill Harriers
247	0:53:45	1331	Mihail Mihaylov	Beeston AC	347	1:04:47	1634	Adrian Lowe	Northbrook Athletic Club
248	0:53:47	1500	William Clapp	Harborough AC	348	1:04:53	1714	Andy Cosgriff	Rushcliffe Ac
249	0:53:54	1642	Paul Robbins	Northbrook Athletic Club	349	1:05:04	1322	Peter Stephenson	Beaumont RC
250	0:53:55	1365	Stewart Bond	Bournville Harriers	350	1:05:37	1367	John Cheel	Bournville Harriers
251	0:54:02	1673	Chris Hamer-Hodges	Nuneaton Harriers	351	1:05:48	1645	Nicholas Clarke	Notts AC
252	0:54:03	1493	James Parker	Halesowen ACC	352	1:06:07	1419	Eric Robathan	Centurion RC
253	0:54:05	1699	Timothy Raynor	Redhill Road Runners	353	1:06:27	1611	Kevin Davison	Newcastle Staffs Ac
254	0:54:08	1806	Ben Milsom	West End Runners	354	1:06:41	1378	Paul Samuels	Bournville Harriers
255	0:54:12	1317	Gareth Coyle	Beaumont RC	355	1:07:39	1374	Kevin Peace	Bournville Harriers
256	0:54:26	1552	Stewart Underhill	Kenilworth Runners	356	1:08:16	1677	Vincent Newton	Nuneaton Harriers
257	0:54:30	1315	David Swift-Rollinson	Barrow Runners	357	1:08:57	1757	James Bellamy	Stourbridge RC
258	0:54:33	1470	Lea Tatton	Desford Striders	358	1:09:10	1777	Nigel Tatton	Telford Ac
259	0:54:37	1794	Paul Lucas	Tipton Harriers	359	1:10:43	1558	Peter Drew	Kings Heath Rc - The Lions
260	0:54:40	1811	Robert Edwards	Wolverhampton & Bilston	360	1:11:25	1415	James Houghton	Centurion RC
261	0:54:42	1573	Paul Caruana	Leamington Cycling and Athle	361	1:12:13	1764	James Deacon	Stratford Upon Avon AC
262	0:54:46	1751	Paul Glover	Stone Master Marathoners	362	1:14:09	1416	Adrian Lloyd	Centurion RC
263	0:54:47	1626	Adil Zbirou Khalouq	Northampton AC	363	1:14:27	1301	Lawrence Hewitt	Aldridge RC
264	0:54:51	1608	Martin Bailey	Newcastle Staffs Ac	364	1:16:13	1557	Mark Cond	Kings Heath Rc - The Lions
265	0:54:54	1325	Kevin Waite	Beaumont RC	365	1:16:45	1469	Damian Miles	Desford Striders
266	0:54:55	1782	Richard Palmer	Telford Harriers	366	1:19:01	1479	Christopher O'Carroll	Gloucester AC
267	0:54:59	1491	Alex Morgan	Halesowen ACC					
268	0:55:08	1748	Michael Dobson	Stafford Harriers					
269	0:55:10	1741	Barry Allen	Sphinx AC					
270	0:55:17	1304	Aaron Neath	Aldridge RC					
271	0:55:18	1678	Andrew Offor	Nuneaton Harriers					
272	0:55:18	1486	Andrew Carruthers	Halesowen ACC					
273	0:55:19	1691	Kevin Dickinson	Redhill Road Runners					
274	0:55:19	1727	Paul Lloyd	Solihull & Small Heath Athleti					
275	0:55:19	1615	Pab Maddox	Newcastle Staffs Ac					
276	0:55:28	1773	Mark Ison	Team Derby Runner					
277	0:55:30	1704	Sezer Domac	Roadhogs Leicester AC					
278	0:55:35	1610	Mark Cotton	Newcastle Staffs Ac					
279	0:55:36	1327	Dave Bish	Beeston AC					
280	0:55:41	1456	Jose Ortiz Gonzalez	Coventry Godiva Harriers					
281	0:55:42	1730	Nicholas Berg	Sparkhill Harriers					
282	0:55:43	1747	Paul Slatford	Sphinx AC					
283	0:55:48	1810	Darren Edwards	Wolverhampton & Bilston					
284	0:55:49	1692	Steve Gelderd	Redhill Road Runners					
285	0:55:50	1507	Graeme Rolfe	Harborough AC					
286	0:55:51	1606	Gareth Owens	Newark AC					
287	0:55:53	1451	Stuart Craig	Coventry Godiva Harriers					
288	0:55:59	1580	Steven Roberts	Leamington Cycling and Athle					
289	0:56:07	1362	Martin Ludford	Birmingham Running Athletic					
290	0:56:24	1318	Tomasz Jarczyk	Beaumont RC					
291	0:56:34	1324	Mehul Vaitha	Beaumont RC					
292	0:56:37	1629	Spencer Davies	Northbrook Athletic Club					
293	0:56:39	1537	Steve Tupholme	Holme Pierrepont Rc					
294	0:56:51	1828	Marc Kendrick	Wye Valley Runners					
295	0:56:52	1589	Graeme Baguley	Mansfield Harriers					
296	0:56:54	1373	Ian MacKenzie	Bournville Harriers					
297	0:56:55	1744	David Gamez Morris	Sphinx AC					
298	0:56:56	1498	Iain Barber	Harborough AC					
299	0:56:57	1612	Karl Everard	Newcastle Staffs Ac					
300	0:56:59	1638	Martin McHugh	Northbrook Athletic Club					

Senior Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
Team Results:									
Pos	Points	Team / Club		Placings					
1	49	Birchfield Harriers		(1 3 8 10 11 16)					
2	74	Notts AC		(5 7 9 14 19 20)					
3	117	Bristol and West AC		(4 12 15 25 27 34)					
4	289	Tipton Harriers		(26 40 41 46 52 84)					
5	383	Leicester Coritnian Ac		(2 30 56 76 82 137)					
6	517	Holme Pierrepont Rc		(47 55 88 99 112 116)					
7	566	Heanor Running Club		(28 49 59 106 152 172)					
8	611	Halesowen ACC		(58 69 78 102 131 173)					
9	749	Knowle & Dorridge RC		(32 122 134 138 149 174)					
10	784	Kenilworth Runners		(66 108 115 151 166 178)					
11	785	Barrow Runners		(33 77 93 127 198 257)					
12	796	Bromsgrove and Redditch		(60 63 95 146 189 243)					
13	934	Gloucester AC		(45 70 71 144 238 366)					
14	954	Newcastle Staffs Ac		(68 100 158 180 211 237)					
15	954	Coventry Godiva Harriers		(57 94 110 126 280 287)					
16	964	Newark Ac		(85 128 143 183 212 213)					
17	1046	Leamington Cycling and Athletic C		(80 150 160 193 202 261)					
18	1046	Bournville Harriers		(91 111 129 169 250 296)					
19	1050	Wolverhampton & Bilston		(43 167 168 179 233 260)					
20	1062	Beaumont RC		(73 92 187 216 239 255)					
21	1121	Redhill Road Runners		(145 162 171 190 200 253)					
22	1158	Northbrook Athletic Club		(81 86 208 242 249 292)					
23	1180	Telford Harriers		(107 117 191 196 266 303)					
24	1230	Beeston AC		(130 139 215 220 247 279)					
25	1323	Aldridge RC		(75 96 175 270 344 363)					
26	1351	Kings Heath Rc - The Lions		(119 120 157 232 359 364)					
27	1377	Harborough AC		(177 210 228 229 248 285)					
28	1413	Sparkhill Harriers		(164 201 223 236 281 308)					
29	1466	Sphinx AC		(51 245 269 282 297 322)					
30	1570	Nuneaton Harriers		(142 207 251 271 343 356)					
31	1979	Centurion RC		(246 324 335 352 360 362)					