

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

Midland Counties Road Relays - Men's 12 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time	Pos	Name	Club	Leg Time
1	Geraint Davies	(Owls)	26:36	23	Paul Thompson	Sparkhill	30:10
2	Simon Tonui	Birchfield A	26:41	24	William Clapp	Harborough	30:13
3	Jon Wills	Bristol &	26:44	25	Richard Lomas	Bromsgrove	30:22
4	Ian Williams	Tipton Har A	26:54	26	John Muddeman	Notts Ac B	30:26
5	Mark Dalkins	Telford Ac	27:16	27	Douglas Ross	Mansfield	30:54
6	Ben Jones	Coventry G A	27:19	28	Martin Dorrill	Kenilworth	30:58
7	Tim Dalton	Severn Ac	27:22	29	Ben Danvers	Kiddermins	31:00
8	J Brocklehurst	Stratford	27:24	30	Rod Jones	Westbury H	31:03
9	Rob Keal	Notts Ac A	27:48	31	Stephen Rose	(Team Bath)	31:05
10	Dave Roper	Cheltenham	28:25	32	Dean Hill	Tipton Har B	31:16
11	M Matthews	Birmingham A	28:29	33	David Long	West Bromw	31:41
12	Stuart Nelson	Rugby & No	28:54	34	Tom Whitmore	Charnwood	32:00
13	Dom Morton	Halesowen A	28:58	35	John Hosie	Northbrook	33:05
14	Richard Harper	Leamington	29:00	36	Ian Scarrott	Barrow Run	33:24
15	Lee Slater	Dudley & S	29:10	37	Chris Wood	Silson Jog	33:29
16	Chris Curtis	Corby Ac	29:24	38	Phil Scar	Halesowen B	33:39
17	Chris Davies	Worcester	29:30	39	Tony Haden	Centurion	34:16
18	R DeCamps	Gloucester	29:44	40	Abdullah Nur	Notts Ac C	34:37
19	E Combstock	Coventry G B	29:48	41	Danny Wilson	Bournville B	34:51
20	Rob Andrew	Bournville A	29:52	42	Mark Moore	Wolverhamp	35:30
21	Nick Corker	Royal Sutt	29:53	43	Gareth Dixon	Birmingham B	36:53
22	Ryan Holroyd	Staffordsh	29:54	44	B Worthington	Birchfield B	38:10

Midland Counties Road Relays - Men's 12 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Matt Almond	Coventry G A	14:43	42:02	+ 5	28	P Finnegan	Sparkhill	18:30	48:40	- 5
2	Jelle Verwer	Tipton Har A	15:20	42:14	+ 2	29	Joe Holden	Tipton Har B	18:37	49:53	+ 3
3	Chris Carter	Telford Ac	15:19	42:35	+ 2	30	Paul Davies	Stratford	23:10	50:34	- 22
4	Tom Meakin	(Owls)	16:02	42:38	- 3	31	Nick Bower	(Team Bath)	19:32	50:37	0
5	Tom Kingsnorth	Bristol &	16:05	42:49	- 2	32	Mark Whitmore	Charnwood	19:19	51:19	+ 2
6	Chris McGurk	Notts Ac A	15:04	42:52	+ 3	33	Mike Neylon	Bromsgrove	21:16	51:38	- 8
7	Simon Hall	Birchfield A	16:16	42:57	- 5	34	Russell Lewin	Barrow Run	18:28	51:52	+ 2
8	Anthony Gray	Birmingham A	15:37	44:06	+ 3	35	Satterthwaite	Centurion	17:41	51:57	+ 4
9	Oliver Starkey	Severn Ac	17:18	44:40	- 2	36	Tony Hoy	Northbrook	18:58	52:03	- 1
10	Will New	Cheltenham	16:16	44:41	0	37	C Crosby	West Bromw	20:39	52:20	- 4
11	Alex Derricott	Staffordsh	15:05	44:59	+ 11	38	Andrew Kirk	Silson Jog	18:59	52:28	- 1
12	Marc Turner	Halesowen A	16:11	45:09	+ 1	39	Tim Hazelwood	Halesowen B	19:19	52:58	- 1
13	Damien Carr	Coventry G B	16:11	45:59	+ 6	40	Oliver Jones	Wolverhamp	18:42	54:12	+ 2
14	John Saw	Rugby & No	17:27	46:21	- 2	41	Steve Edmonds	Birchfield B	16:54	55:04	+ 3
15	Dave Nation	Dudley & S	17:17	46:27	0	42	Richard Mitson	Notts Ac C	21:23	56:00	- 2
16	Andrew DeCamps	Gloucester	16:45			43	Ian Emery	Birmingham B	19:13	56:06	0
	46:29	+	2			44	Barrie Roberts	Bournville B	22:41	57:32	- 3
17	Neal Humphreys	Corby Ac	17:15	46:39	- 1	Fastest runners over stage 2:					
18	Gareth Cadd	Bournville A	16:51	46:43	+ 2	1	Matt Almond	Coventry G A	14:43		
19	Paul Griffin	Leamington	17:46	46:46	- 5	2	Chris McGurk	Notts Ac A	15:04		
20	Sam Dalgliesh	Westbury H	15:44	46:47	+ 10	3	Alex Derricott	Staffordsh	15:05		
21	M Granger	Kiddermins	16:00	47:00	+ 8	4	Chris Carter	Telford Ac	15:19		
22	Daniel Worley	Harborough	16:53	47:06	+ 2	5	Jelle Verwer	Tipton Har A	15:20		
23	R Simkiss	Kenilworth	16:17	47:15	+ 5	6	Anthony Gray	Birmingham A	15:37		
24	Rob Nixon	Notts Ac B	16:50	47:16	+ 2	7	Sam Dalgliesh	Westbury H	15:44		
25	John Fletcher	Royal Sutt	17:51	47:44	- 4	8	M Granger	Kiddermins	16:00		
26	Paul Scriven	Worcester	18:47	48:17	- 9	9	Tom Meakin	(Owls)	16:02		
27	Chris Brown	Mansfield	17:37	48:31	0	10	Tom Kingsnorth	Bristol &	16:05		

Midland Counties Road Relays

at Sutton Park on Saturday 20th March 2010

Midland Counties Road Relays - Men's 12 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	James Griggs	Coventry G A	15:18	57:20	0	29	Jim Brown	Dudley & S	22:13	1:08:40	- 14
2	Rich Peters	Bristol &	14:35	57:24	+ 3	30	Dave Gunstone	(Team Bath)	18:14	1:08:51	+ 1
3	Tom Holden	Tipton Har A	15:30	57:44	- 1	31	Dan Taylor	Silson Jog	18:15	1:10:43	+ 7
4	Matt Blunden	Notts Ac A	15:37	58:29	+ 2	32	Sam Moran	Bromsgrove	19:21	1:10:59	+ 1
5	Jason Williams	(Owls)	16:11	58:49	- 1	33	Roger Wilson	Stratford	21:02	1:11:36	- 3
6	D Mansbridge	Telford Ac	16:20	58:55	- 3	34	Mark Stokes	West Bromw	19:25	1:11:45	+ 3
7	Jonny Cullen	Birchfield A	16:20	59:17	0	35	Nigel Scoggins	Charnwood	20:32	1:11:51	- 3
8	Gareth Allott	Staffordsh	15:06	1:00:05	+ 3	36	Nigel Hillier	Barrow Run	20:12	1:12:04	- 2
9	A Kenchington	Birmingham A	16:50	1:00:56	- 1	37	J Toddington	Wolverhamp	17:55	1:12:07	+ 3
10	Roger Mullins	Cheltenham	16:22	1:01:03	0	38	Lee Taylor	Centurion	20:20	1:12:17	- 3
11	Andy Butler	Halesowen A	16:47	1:01:56	+ 1	39	James Lynch	Birchfield B	19:01	1:14:05	+ 2
12	Simon Fortnam	Severn Ac	17:55	1:02:35	- 3	40	M Endacott	Halesowen B	21:50	1:14:48	- 1
13	Nico Constanti	Gloucester	16:37	1:03:06	+ 3	41	A Adedimeji	Birmingham B	18:51	1:14:57	+ 2
14	L Montgomery	Corby Ac	16:42	1:03:21	+ 3	42	Richard Hands	Northbrook	24:02	1:16:05	- 6
15	Chris Palmer	Westbury H	16:57	1:03:44	+ 5	43	John Noble	Notts Ac C	21:42	1:17:42	- 1
16	Andy Crawford	Bournville A	17:33	1:04:16	+ 2	44	Mark Lynock	Bournville B	21:51	1:19:23	0
17	David Hall	Worcester	16:07	1:04:24	+ 9	Fastest runners over stage 3:					
18	Chris Smith	Notts Ac B	17:16	1:04:32	+ 6	1	Rich Peters	Bristol &	14:35		
19	P McCorquodale	Kenilworth	17:28	1:04:43	+ 4	2	Gareth Allott	Staffordsh	15:06		
20	Neil Wilsher	Rugby & No	18:30	1:04:51	- 6	3	James Griggs	Coventry G A	15:18		
21	Peter Banks	Coventry G B	18:59	1:04:58	- 8	4	Tom Holden	Tipton Har A	15:30		
22	David Potter	Leamington	18:25	1:05:11	- 3	5	Matt Blunden	Notts Ac A	15:37		
23	Adam Brooks	Harborough	18:07	1:05:13	- 1	6	David Hall	Worcester	16:07		
24	Simon Corker	Royal Sutt	17:51	1:05:35	+ 1	7	Jason Williams	(Owls)	16:11		
25	Stuart Granger	Kiddermins	19:38	1:06:38	- 4	8	D Mansbridge	Telford Ac	16:20		
26	Lewis Colton	Mansfield	18:15	1:06:46	+ 1	9	Jonny Cullen	Birchfield A	16:20		
27	Stuart Male	Tipton Har B	16:57	1:06:50	+ 2	10	Roger Mullins	Cheltenham	16:22		
28	Greg Aagaard	Sparkhill	19:54	1:08:34	0						

Midland Counties Road Relays - Men's 12 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Matt Armstrong	Coventry G A	26:39	1:23:59	0	30	Andy Pacey	Silson Jog	31:41	1:42:24	+ 1
2	Philip Hinch	Tipton Har A	26:33	1:24:17	+ 1	31	Richard Brown	Charnwood	31:04	1:42:55	+ 4
3	J Thewlis	Notts Ac A	27:12	1:25:41	+ 1	32	Gurmal Dehl	West Bromw	31:46	1:43:31	+ 2
4	Rob Whalley	Bristol &	29:06	1:26:30	- 2	33	Paul Davies	Centurion	31:47	1:44:04	+ 5
5	Paul Miles	(Owls)	27:43	1:26:32	0	34	Mark Staves	Dudley & S	35:43	1:44:23	- 5
6	Chris Rimmer	Telford Ac	27:50	1:26:45	0	35	Tom Fisher	Wolverhamp	32:58	1:45:05	+ 2
7	Eyzkai Chebor	Birchfield A	28:30	1:27:47	0	36	Andy Cockerill	Stratford	34:10	1:45:46	- 3
8	Josh Lilly	Severn Ac	26:29	1:29:04	+ 4	37	Gavin Moorhead	Bromsgrove	34:52	1:45:51	- 5
9	S Millward	Gloucester	27:46	1:30:52	+ 4	38	James Knight	Barrow Run	34:04	1:46:08	- 2
10	Gareth Briggs	Staffordsh	31:11	1:31:16	- 2	39	Nathan Holmes	Northbrook	31:08	1:47:13	+ 3
11	Jon Norris	Cheltenham	30:53	1:31:56	- 1	40	Shaun Howatt	Birchfield B	33:42	1:47:47	- 1
12	Jonathan Tune	Birmingham A	31:20	1:32:16	- 3	41	S Titmarsh	Birmingham B	34:01	1:48:58	0
13	Chris Penn	Halesowen A	30:25	1:32:21	- 2	42	Richard Guest	Halesowen B	37:47	1:52:35	- 2
14	Pete Straiton	Corby Ac	30:31	1:33:52	0	43	Andy Edgar	Bournville B	34:12	1:53:35	+ 1
15	Harvey Speed	Coventry G B	29:06	1:34:04	+ 6	44	David Brazener	Notts Ac C	39:07	1:56:49	- 1
16	Mark Hobbs	Bournville A	29:54	1:34:10	0	Fastest runners over stage 4:					
17	R Collinson	Westbury H	30:43	1:34:27	- 2	1	Josh Lilly	Severn Ac	26:29		
18	Paul Birch	Rugby & No	29:53	1:34:44	+ 2	2	Philip Hinch	Tipton Har A	26:33		
19	R Darling	Notts Ac B	30:19	1:34:51	- 1	3	Matt Armstrong	Coventry G A	26:39		
20	Stuart Hopkins	Kenilworth	30:19	1:35:02	- 1	4	J Thewlis	Notts Ac A	27:12		
21	Alan Crewe	Mansfield	28:59	1:35:45	+ 5	5	Paul Miles	(Owls)	27:43		
22	Jamie Langley	Leamington	31:04	1:36:15	0	6	S Millward	Gloucester	27:46		
23	O Harradence	Royal Sutt	31:05	1:36:40	+ 1	7	Chris Rimmer	Telford Ac	27:50		
24	David O'Brien	Worcester	32:40	1:37:04	- 7	8	Eyzkai Chebor	Birchfield A	28:30		
25	Martin Gore	Harborough	32:07	1:37:20	- 2	9	Alan Crewe	Mansfield	28:59		
26	Mark Farnell	Tipton Har B	31:49	1:38:39	+ 1	10	Harvey Speed	Coventry G B	29:06		
27	Paul Cox	(Team Bath)	31:39	1:40:30	+ 3	11	Rob Whalley	Bristol &	29:06		
28	Mark Pearce	Sparkhill	33:01	1:41:35	0						
29	Bob Park	Kiddermins	35:17	1:41:55	- 4						

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

Midland Counties Road Relays - Men's 12 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Stephen Emery	Coventry G A	14:45	1:38:44	0	29	Stephen Mears	Charnwood	16:08	1:59:03+	2
2	J Ratcliffe	Tipton Har A	15:25	1:39:42	0	30	Dave Johnson	Sparkhill	20:33	2:02:08 -	2
3	Darren Fowlie	Notts Ac A	15:42	1:41:23	0	31	Gavin Davies	Centurion	18:56	2:03:00+	2
4	Dan Woolford	Bristol & (Owls)	15:33	1:42:03	0	32	Chris Emery	Wolverhamp	17:57	2:03:02+	3
5	David Lipscomb	Telford Ac	16:19	1:42:51	0	33	Graham Linnell	Silson Jog	20:53	2:03:17 -	3
6	Chris Bagshaw	Birchfield A	16:18	1:43:03	0	34	P Anderson	Bromsgrove	17:48	2:03:39+	3
7	Ben Sharman	Staffordsh	15:24	1:43:11	0	35	Ian Paramore	Barrow Run	17:36	2:03:44+	3
8	Jason Burgess	Gloucester	17:00	1:48:16+	2	36	Steve Kirk	Stratford	18:37	2:04:23	0
9	Jeremy Mower	Cheltenham	17:35	1:48:27	0	37	J Nicholson	Northbrook	18:17	2:05:30+	2
10	James Miller	Halesowen A	16:45	1:48:41+	1	38	Adam Staves	Dudley & S	21:48	2:06:11 -	4
11	Bill Nock	Severn Ac	16:21	1:48:42+	2	39	Chris Aston	Birchfield B	18:34	2:06:21+	1
12	Mark James	Birmingham A	19:45	1:48:49 -	4	40	Martin Ludford	Birmingham B	22:11	2:11:09+	1
13	Richard Gray	Coventry G B	17:19	1:49:35 -	1	41	Paul Jameson	West Bromw	27:40	2:11:11 -	9
14	Alistair Smith	Rugby & No	15:37	1:49:41+	1	42	Paul Allen	Halesowen B	20:06	2:12:41	0
15	Brian Summers	Bournville A	16:52	1:51:36+	3	43	C HarlanMarks	Bournville B	20:22	2:13:57	0
16	Kevin Woodward	Corby Ac	17:49	1:51:59	0	44	James Hayden	Notts Ac C	20:10	2:16:59	0
17	Stephen Broom	Kenilworth	18:45	1:52:37 -	3	Fastest runners over stage 5:					
18	Mick Williams	Notts Ac B	17:56	1:52:58+	2	1	Stephen Emery	Coventry G A	14:45		
19	Richard Belton	Mansfield	18:18	1:53:09	0	2	Ben Sharman	Birchfield A	15:24		
20	Craig Kelly	Worcester	18:01	1:53:46+	1	3	J Ratcliffe	Tipton Har A	15:25		
21	A Poppleton	Westbury H	16:57	1:54:01+	3	4	Dan Woolford	Bristol &	15:33		
22	Tony Jefferies	Royal Sutt	19:37	1:54:04 -	5	5	Alistair Smith	Coventry G B	15:37		
23	C Hackforth	Leamington	18:27	1:55:07	0	6	Darren Fowlie	Notts Ac A	15:42		
24	Brian Miller	Harborough	18:55	1:55:10 -	2	7	Stephen Mears	Charnwood	16:08		
25	Graeme Rolfe	(Team Bath)	19:45	1:57:05+	1	8	Chris Bagshaw	Telford Ac	16:18		
26	Stuart Curtis	Tipton Har B	17:17	1:57:47+	1	9	David Lipscomb	(Owls)	16:19		
27	Philip Clamp	Kiddermins	19:19	1:57:58 -	1	10	Bill Nock	Halesowen A	16:21		
28	Alex Hobson		17:05	1:59:00+	1						

Midland Counties Road Relays - Men's 12 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Scott Hazell	Coventry G A	15:00	1:53:44	0	29	Kevin Reboul	Silson Jog	17:50	2:21:07+	4
2	Ben Gamble	Tipton Har A	14:55	1:54:37	0	30	Rob Mills	Sparkhill	19:46	2:21:54	0
3	Sean Hazell	Bristol &	15:39	1:57:42+	1	31	Simon Lanckham	Bromsgrove	18:56	2:22:35+	3
4	Steve Long	Notts Ac A	16:36	1:57:59 -	1	32	*Not Declared*	Birchfield B	16:27	2:22:48+	7
5	Lewis Smart	(Owls)	16:08	1:58:59	0	33	Darren Beswick	Barrow Run	19:15	2:22:59+	2
6	Wayne Dashper	Telford Ac	16:40	1:59:43	0	34	Gary Turner	Centurion	20:35	2:23:35 -	3
7	Ryan Cox	Birchfield A	16:46	1:59:57	0	35	Peter Stark	Wolverhamp	21:00	2:24:02 -	3
8	Sam Lucking	Staffordsh	16:10	2:04:26	0	36	James Deacon	Stratford	19:51	2:24:14	0
9	Nick Hazelwood	Halesowen A	16:38	2:05:20+	2	37	Ron Payne	Kiddermins	25:19	2:24:19 -	9
10	LivingstoneTho	Cheltenham	17:35	2:06:16	0	38	S Bottomley	Northbrook	19:32	2:25:02 -	1
11	Andrew Hawkins	Gloucester	18:10	2:06:37 -	2	39	Paul Waby	Dudley & S	19:43	2:25:54 -	1
12	A Pollando	Coventry G B	17:21	2:07:02+	2	40	Ben Harding	West Bromw	17:58	2:29:09+	1
13	Gareth Howells	Severn Ac	18:22	2:07:11 -	1	41	John Llewellyn	Birmingham B	19:50	2:30:59 -	1
14	Chris Horton	Birmingham A	17:45	2:07:20 -	1	42	Ken Court	Halesowen B	22:45	2:35:26	0
15	Alex Fletcher	Corby Ac	16:00	2:08:37+	2	43	Mick James	Bournville B	24:14	2:38:11	0
16	Ben Malia	Rugby & No	18:02	2:09:38 -	1	44	M Saunders	Notts Ac C	23:53	2:40:52	0
17	A Warburton	Notts Ac B	16:39	2:09:48+	2	Fastest runners over stage 6:					
18	Andy Wheeler	Bournville A	18:23	2:10:22 -	2	1	Ben Gamble	Tipton Har A	14:55		
19	Trevor Hiscox	Mansfield	18:05	2:11:51+	1	2	Scott Hazell	Coventry G A	15:00		
20	Peter Matthews	Kenilworth	19:03	2:12:01 -	2	3	Sean Hazell	Bristol &	15:39		
21	Adam Wilks	Worcester	18:33	2:12:34	0	4	Alex Fletcher	Corby Ac	16:00		
22	Robert Pringle	Westbury H	18:49	2:12:53	0	5	Lewis Smart	(Owls)	16:08		
23	Simon Ralph	Royal Sutt	18:14	2:13:21	0	6	Sam Lucking	Staffordsh	16:10		
24	A Montgomery	Leamington	19:06	2:14:16	0	7	*Not Declared*	Birchfield B	16:27		
25	David Coales	(Team Bath)	16:36	2:14:23+	1	8	David Coales	(Team Bath)	16:36		
26	David Parkes	Tipton Har B	18:26	2:16:24+	1	9	Steve Long	Notts Ac A	16:36		
27	M Kingsbury	Charnwood	17:47	2:16:50+	2	10	Nick Hazelwood	Halesowen A	16:38		
28	H Crabtree	Harborough	20:11	2:17:16 -	3						

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Midland Counties Road Relays - Men's 12 Stage Stage 7 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Matt Lole	Coventry G A	27:14	2:20:58	0
2	M Aspinall	Tipton Har A	26:59	2:21:36	0
3	James Trollope	Birchfield A	26:25	2:26:22 +	4
4	David Green	Bristol &	28:41	2:26:23 -	1
5	Ashley Sabin	Notts Ac A	28:58	2:26:57 -	1
6	Craig Walker	Telford Ac	28:19	2:28:02	0
7	Simon May	(Owls)	30:30	2:29:29 -	2
8	Matt Clowes	Staffordsh	27:33	2:31:59	0
9	Andrew Renfree	Gloucester	28:45	2:35:22 +	2
10	Julian Wilkie	Cheltenham	29:31	2:35:47	0
11	Sam Cruchley	Halesowen A	30:32	2:35:52 -	2
12	Iwan Jones	Coventry G B	30:31	2:37:33	0
13	P Allaway	Birmingham A	30:39	2:37:59 +	1
14	Troy Garrity	Corby Ac	29:47	2:38:24 +	1
15	Stephen Hale	Severn Ac	32:06	2:39:17 -	2
16	Sean Rose	Bournville A	30:45	2:41:07 +	2
17	Mathew Howes	Rugby & No	31:55	2:41:33 -	1
18	Luke Marshall	Mansfield	29:57	2:41:48 +	1
19	Matthew Judson	Notts Ac B	32:16	2:42:04 -	2
20	Gregg Ward	Westbury H	31:08	2:44:01 +	2
21	Paul Royle	Kenilworth	32:43	2:44:44 -	1
22	Andrew Peach	Worcester	32:13	2:44:47 -	1
23	Dan Jones	(Team Bath)	31:12	2:45:35 +	2
24	Fred Tremblay	Royal Sutt	32:31	2:45:52 -	1
25	Dave Ashworth	Leamington	32:26	2:46:42 -	1
26	Ben Lacey	Charnwood	30:30	2:47:20 +	1
27	Darren Perry	Tipton Har B	32:26	2:48:50 -	1
28	Scott Speller	Harborough	32:53	2:50:09	0

Fastest runners over stage 7:			
1	James Trollope	Birchfield A	26:25
2	M Aspinall	Tipton Har A	26:59
3	Matt Lole	Coventry G A	27:14
4	Matt Clowes	Staffordsh	27:33
5	Craig Walker	Telford Ac	28:19
6	David Green	Bristol &	28:41
7	Andrew Renfree	Gloucester	28:45
8	Ashley Sabin	Notts Ac A	28:58
9	Mark Finch	Notts Ac C	29:10
10	Julian Wilkie	Cheltenham	29:31

Midland Counties Road Relays - Men's 12 Stage Stage 8 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Phil Nicholls	Tipton Har A	14:13	2:35:49 +	1
2	Tom Bark	Coventry G A	15:37	2:36:35 -	1
3	Tom Lowe	Bristol &	15:37	2:42:00 +	1
4	AbdulAbdulrahm	Birchfield A	15:38	2:42:00 -	1
5	Colin Palmer	Notts Ac A	15:57	2:42:54	0
6	John Sanders	Telford Ac	17:20	2:45:22	0
7	J Turnock	Staffordsh	17:25	2:49:24 +	1
8	MikeMcSharry	(Owls)	22:16	2:51:45 -	1
9	D Harrison	Cheltenham	17:05	2:52:52 +	1
10	Ian Summers	Gloucester	17:45	2:53:07 -	1
11	Roger Mallard	Halesowen A	18:02	2:53:54	0
12	M Bayliss	Birmingham A	16:17	2:54:16 +	1
13	James Parrot	Coventry G B	17:01	2:54:34 -	1
14	Dave Lander	Severn Ac	17:10	2:56:27 +	1
15	Stuart King	Mansfield	16:17	2:58:05 +	3
16	Steve Reeves	Rugby & No	18:13	2:59:46 +	1
17	David Oxland	Notts Ac B	17:43	2:59:47 +	2
18	Andy Saker	Bournville A	19:25	3:00:32 -	2
19	Warren Miles	Worcester	16:57	3:01:44 +	3
20	T JewelDavies	Westbury H	18:24	3:02:25	0
21	Richard Steel	Kenilworth	18:22	3:03:06	0
22	V Balachandra	Royal Sutt	18:06	3:03:58 +	2
23	Scott Baxter	Charnwood	16:50	3:04:10 +	3
24	SturgessDurden	(Team Bath)	18:42	3:04:17 -	1
25	Paul Caruana	Leamington	19:37	3:06:19	0
26	R Brittain	Tipton Har B	18:28	3:07:18 +	1
27	S Costall	Harborough	18:46	3:08:55 +	1
28	Carl Hermans	Silson Jog	22:37	3:15:06 +	1
29	Andy Carroll	Sparkhill	21:10	3:16:13 +	1

Fastest runners over stage 8:			
1	Phil Nicholls	Tipton Har A	14:13
2	Tom Lowe	Bristol &	15:37
3	Tom Bark	Coventry G A	15:37
4	AbdulAbdulrahm	Birchfield A	15:38
5	Colin Palmer	Notts Ac A	15:57
6	Stuart King	Mansfield	16:17
7	M Bayliss	Birmingham A	16:17
8	Scott Baxter	Charnwood	16:50
9	Warren Miles	Worcester	16:57
10	James Parrot	Coventry G B	17:01

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

Midland Counties Road Relays - Men's 12 Stage Stage 9 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	Michael Buntin	Tipton Har A	15:29	2:51:18	0	27	Barry O'Neill	Sparkhill	18:12	3:34:25+	2
2	Richard Taylor	Coventry G A	15:01	2:51:36	0	28	Rob Minton	Stratford	16:46	3:34:34+	4
3	Adam Watt	Birchfield A	15:25	2:57:25+	1	29	Andy Hoare	Silson Jog	20:21	3:35:27-	1
4	Matt Crane	Bristol &	15:53	2:57:53-	1	30	Marc Curtis	Centurion	19:29	3:36:24	0
5	Paul Thompson	Notts Ac A	16:01	2:58:55	0	31	Paul McGurk	Northbrook	20:04	3:37:51	0
6	C Cartwright	Telford Ac	17:07	3:02:29	0	32	Phil Woodyatt	Bromsgrove	20:37	3:38:40+	1
7	Craig Jeffery	Staffordsh	17:06	3:06:30	0	33	Carl Morgan	Wolverhamp	20:32	3:39:19+	2
8	Thomas Bell	(Owls)	16:07	3:07:52	0	34	Ian Phillips	West Bromw	19:00	3:40:39+	3
9	C Booker	Halesowen A	16:00	3:09:54+	2	35	Paul Zurawliw	Barrow Run	22:21	3:40:48-	1
10	Ian Giles	Cheltenham	17:28	3:10:20-	1	36	C Auger	Kiddermins	20:31	3:40:59	0
11	Nick Cousins	Gloucester	17:39	3:10:46-	1	37	Chris Harris	Dudley & S	21:26	3:44:39+	1
12	Noel Edwards	Coventry G B	16:18	3:10:52+	1	38	Sam Robinson	Birmingham B	17:52	3:44:47+	1
13	C Lindesay	Birmingham A	17:55	3:12:11-	1	39	Stuart Towlson	Halesowen B	22:45	3:53:26+	1
14	Danny Barks	Mansfield	16:17	3:14:22+	1	40	C Armstrong	Notts Ac C	21:07	3:54:26+	1
15	Simon Burton	Notts Ac B	16:34	3:16:21+	2	41	Paul Foot	Bournville B	22:23	4:07:37+	1
16	John Holland	Severn Ac	20:04	3:16:31-	2	Fastest runners over stage 9:					
17	Stephen Milner	Rugby & No	17:44	3:17:30-	1	1	Richard Taylor	Coventry G A	15:01		
18	Phill Bullock	Worcester	18:12	3:19:56+	1	2	Adam Watt	Birchfield A	15:25		
19	Matthew Slater	Bournville A	19:28	3:20:00-	1	3	Michael Buntin	Tipton Har A	15:29		
20	Mark Crofts	Charnwood	16:28	3:20:38+	3	4	Matt Crane	Bristol &	15:53		
21	David Liddal	Royal Sutt	17:43	3:21:41+	1	5	C Booker	Halesowen A	16:00		
22	Charles Hobbs	Westbury H	19:19	3:21:44-	2	6	Paul Thompson	Notts Ac A	16:01		
23	Sean Mitchell	Kenilworth	18:44	3:21:50-	2	7	Thomas Bell	(Owls)	16:07		
24	Craig Bridges	(Team Bath)	17:58	3:22:15	0	8	Danny Barks	Mansfield	16:17		
25	Russ Burrows	Leamington	20:23	3:26:42	0	9	Noel Edwards	Coventry G B	16:18		
26	Richard Brown	Harborough	20:03	3:28:58+	1	10	Mark Crofts	Charnwood	16:28		

Midland Counties Road Relays - Men's 12 Stage Stage 10 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain	Pos	Name	Club	Leg Time	Cum Time	Gain
1	M Williams	Tipton Har A	27:33	3:18:51	0	27	Danny Tolhurst	Stratford	32:19	4:06:53+	1
2	Job King	Coventry G A	29:29	3:21:05	0	28	Jim Darcy	Silson Jog	32:31	4:07:58+	1
3	J Ndayisenga	Birchfield A	26:50	3:24:15	0	29	Craig Hinks	Sparkhill	35:21	4:09:46-	2
4	Bruce Raeside	Notts Ac A	26:27	3:25:22+	1	30	Martyn Brunt	Northbrook	31:59	4:09:50+	1
5	Tom Merson	Bristol &	28:00	3:25:53-	1	31	Stuart Spencer	Barrow Run	29:04	4:09:52+	4
6	Paul Ward	Telford Ac	28:18	3:30:47	0	32	T Bacciochi	Centurion	33:51	4:10:15-	2
7	Marc Hartley	Staffordsh	28:40	3:35:10	0	33	Jon Hill	Bromsgrove	32:37	4:11:17-	1
8	Steve Platts	(Owls)	29:18	3:37:10	0	34	W Richardson	Wolverhamp	36:01	4:15:20-	1
9	Mark Hadley	Halesowen A	29:54	3:39:48	0	35	Rob Chrzan	Kiddermins	34:40	4:15:39+	1
10	R Forsbrook	Cheltenham	29:59	3:40:19	0	36	David Heeley	West Bromw	36:43	4:17:22-	2
11	Luke Herbert	Gloucester	29:54	3:40:40	0	37	Mark Grace	Birmingham B	35:53	4:20:40+	1
12	Aaron Bodycote	Coventry G B	30:16	3:41:08	0	38	John Hill	Halesowen B	34:48	4:28:14+	1
13	James Mee	Mansfield	27:51	3:42:13+	1	39	Keith Waring	Notts Ac C	41:35	4:36:01+	1
14	Robin Biles	Birmingham A	30:47	3:42:58-	1	Fastest runners over stage 10:					
15	Paul Archer	Notts Ac B	32:07	3:48:28	0	1	Bruce Raeside	Notts Ac A	26:27		
16	James Rose	Severn Ac	32:17	3:48:48	0	2	J Ndayisenga	Birchfield A	26:50		
17	Vince Carroll	Rugby & No	32:36	3:50:06	0	3	M Williams	Tipton Har A	27:33		
18	Dean Parker	Bournville A	30:31	3:50:31+	1	4	James Mee	Mansfield	27:51		
19	S Sternkopf	Worcester	31:31	3:51:27-	1	5	Tom Merson	Bristol &	28:00		
20	Phillip Gould	Kenilworth	29:39	3:51:29+	3	6	Paul Ward	Telford Ac	28:18		
21	Peter Swaine	Charnwood	30:54	3:51:32-	1	7	Marc Hartley	Staffordsh	28:40		
22	Guy Landon	(Team Bath)	30:29	3:52:44+	2	8	Stuart Spencer	Barrow Run	29:04		
23	Paul Terleski	Royal Sutt	32:13	3:53:54-	2	9	Steve Platts	(Owls)	29:18		
24	Richard Wallis	Westbury H	32:19	3:54:03-	2	10	Job King	Coventry G A	29:29		
25	Matthew Butler	Leamington	32:34	3:59:16	0						
26	Richard Bufton	Harborough	34:17	4:03:15	0						

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

Midland Counties Road Relays - Men's 12 Stage Stage 11 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Nigel Stirk	Tipton Har A	15:11	3:34:02	0	27	M Spencer	Silson Jog	19:14	4:27:12+	1
2	Richard Burman	Coventry G A	15:13	3:36:18	0	28	Mark Bullock	Stratford	21:51	4:28:44 -	1
3	Yousf AlLathaa	Birchfield A	15:27	3:39:42	0	29	Chris Perry	Barrow Run	19:47	4:29:39+	2
4	Harry Webb	Bristol &	14:44	3:40:37+	1	30	C Fentiman	Sparkhill	21:34	4:31:20 -	1
5	M Whitehouse	Notts Ac A	15:34	3:40:56 -	1	31	Ian Nutter	Bromsgrove	20:12	4:31:29+	2
6	Nick Andrews	Telford Ac	17:03	3:47:50	0	32	Robert Pool	Northbrook	21:46	4:31:36 -	2
7	Dave Bratt	Staffordsh	16:21	3:51:31	0	33	Chris McCann	Centurion	21:30	4:31:45 -	1
8	Wayne Walker	(Owls)	17:04	3:54:14	0	34	Mark Hawkins	Kiddermins	20:01	4:35:40+	1
9	Dave Kesterton	Halesowen A	16:45	3:56:33	0	35	Daniel Sperber	West Bromw	18:44	4:36:06+	1
10	Mark Ingram	Gloucester	18:13	3:58:53+	1	36	Rob Challoner	Wolverhamp	21:03	4:36:23 -	2
11	Andrew Downing	Coventry G B	18:08	3:59:16+	1	37	Rob Andrews	Birmingham B	24:58	4:45:38	0
12	Mark Hirsch	Birmingham A	17:11	4:00:09+	2	38	Keith Perry	Halesowen B	25:45	4:53:59	0
13	Gavin Cotter	Cheltenham	20:05	4:00:24 -	3	39	Chris Rischer	Notts Ac C	20:50	4:56:51	0
14	Tim Raynor	Mansfield	20:19	4:02:32 -	1	Fastest runners over stage 11:					
15	Tom Collins	Notts Ac B	16:19	4:04:47	0	1	Harry Webb	Bristol &	14:44		
16	Paul Harmer	Charnwood	16:11	4:07:43+	5	2	Nigel Stirk	Tipton Har A	15:11		
17	Jamie Sewell	Rugby & No	18:13	4:08:19	0	3	Richard Burman	Coventry G A	15:13		
18	Gary Barnes	Severn Ac	19:56	4:08:44 -	2	4	Yousf AlLathaa	Birchfield A	15:27		
19	Roger Homes	Kenilworth	18:22	4:09:51+	1	5	M Whitehouse	Notts Ac A	15:34		
20	Brian Penny	(Team Bath)	17:22	4:10:06+	2	6	Paul Harmer	Charnwood	16:11		
21	T Forrester	Worcester	18:47	4:10:14 -	2	7	Tom Collins	Notts Ac B	16:19		
22	Mike Scotney	Bournville A	19:48	4:10:19 -	4	8	Dave Bratt	Staffordsh	16:21		
23	Malcolm White	Westbury H	18:11	4:12:14+	1	9	Dave Kesterton	Halesowen A	16:45		
24	S Larcombe	Royal Sutt	18:30	4:12:24 -	1	10	Nick Andrews	Telford Ac	17:03		
25	Burt Payne	Leamington	22:00	4:21:16	0						
26	Ady King	Harborough	18:39	4:21:54	0						

Midland Counties Road Relays - Men's 12 Stage Stage 12 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Time Gain						
1	Daniel Beier	Tipton Har A	15:22	3:49:24	0	27	Wayne Vickers	Stratford	19:12	4:47:56+	1
2	Ryan Kenny	Coventry G A	14:50	3:51:08	0	28	Stewart Shears	Silson Jog	20:51	4:48:03 -	1
3	Tom Russell	Bristol &	14:13	3:54:50+	1	29	Andrew Freeman	Bromsgrove	18:05	4:49:34+	2
4	P Whitehouse	Birchfield A	15:39	3:55:21 -	1	30	Richard French	Northbrook	18:43	4:50:19+	2
5	Tim Hartley	Notts Ac A	15:02	3:55:58	0	31	Chris Dawkins	Barrow Run	20:59	4:50:38 -	2
6	Greg Wilson	Telford Ac	16:32	4:04:22	0	32	B Wareing	Sparkhill	20:23	4:51:43 -	2
7	Dave Hollins	Staffordsh	16:31	4:08:02	0	33	Andy Matthews	Centurion	20:54	4:52:39	0
8	Matt Allen	Halesowen A	17:19	4:13:52+	1	34	Graeme Pierson	Kiddermins	20:09	4:55:49	0
9	Joe Archer	(Owls)	20:02	4:14:16 -	1	35	Robert Moran	Wolverhamp	19:32	4:55:55+	1
10	David Edwards	Gloucester	17:21	4:16:14	0	36	Chris Stanton	West Bromw	20:05	4:56:11 -	1
11	Guy Evans	Birmingham A	16:53	4:17:02+	1	37	Paul Archer	Birmingham B	22:40	5:08:18	0
12	Dave Freeman	Coventry G B	18:01	4:17:17 -	1	38	Barry Meir	Halesowen B	19:19	5:13:18	0
13	Mark Norris	Cheltenham	19:10	4:19:34	0	39	Pete Robinson	Notts Ac C	23:41	5:20:32	0
14	Steve Davies	Mansfield	17:19	4:19:51	0	Fastest runners over stage 12:					
15	Alex Bostock	Notts Ac B	16:22	4:21:09	0	1	Tom Russell	Bristol &	14:13		
16	John Gercs	Rugby & No	16:15	4:24:34+	1	2	Ryan Kenny	Coventry G A	14:50		
17	Steven Jeffers	Charnwood	17:08	4:24:51 -	1	3	Tim Hartley	Notts Ac A	15:02		
18	Mark Hill	Worcester	17:15	4:27:29+	3	4	Daniel Beier	Tipton Har A	15:22		
19	Peter Bryan	Kenilworth	17:50	4:27:41	0	5	P Whitehouse	Birchfield A	15:39		
20	N Richardson	(Team Bath)	17:35	4:27:41	0	6	John Gercs	Rugby & No	16:15		
21	S Bradley	Severn Ac	19:15	4:27:59 -	3	7	Alex Bostock	Notts Ac B	16:22		
22	Stuart Pearson	Bournville A	19:31	4:29:50	0	8	Dave Hollins	Staffordsh	16:31		
23	Colin Johnson	Westbury H	18:03	4:30:17	0	9	Greg Wilson	Telford Ac	16:32		
24	R Simpson	Royal Sutt	18:26	4:30:50	0	10	Guy Evans	Birmingham A	16:53		
25	Matthew Driver	Harborough	19:03	4:40:57+	1						
26	Graham Roberts	Leamington	21:47	4:43:03 -	1						

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

Men's 12 Stage — Team Results — Final

(nn) is team position after the appropriate stage.

1 Tipton Harriers			'A' 3:49:24			9 Gloucester Ac			4:16:14		
1	Ian Williams	(4) 26:54	2	Jelle Verwer	(2) 15:20	1	R DeCamps	(18) 29:44	2	Andrew DeCamps	(16) 16:45
3	Tom Holden	(3) 15:30	4	Philip Hinch	(2) 26:33	3	Nico Constanti	(13) 16:37	4	S Millward	(9) 27:46
5	J Ratcliffe	(2) 15:25	6	Ben Gamble	(2) 14:55	5	Jeremy Mower	(9) 17:35	6	Andrew Hawkins	(11) 18:10
7	M Aspinall	(2) 26:59	8	Phil Nicholls	(1) 14:13	7	Andrew Renfree	(9) 28:45	8	Ian Summers	(10) 17:45
9	Michael Buntin	(1) 15:29	10	M Williams	(1) 27:33	9	Nick Cousins	(11) 17:39	10	Luke Herbert	(11) 29:54
11	Nigel Stirk	(1) 15:11	12	Daniel Beier	(1) 15:22	11	Mark Ingram	(10) 18:13	12	David Edwards	(10) 17:21
2 Coventry Godiva Harriers			'A' 3:51:08			10 Birmingham Running Athletics T			'A' 4:17:02		
1	Ben Jones	(6) 27:19	2	Matt Almond	(1) 14:43	1	M Matthews	(11) 28:29	2	Anthony Gray	(8) 15:37
3	James Griggs	(1) 15:18	4	Matt Armstrong	(1) 26:39	3	A Kenchington	(9) 16:50	4	Jonathan Tune	(12) 31:20
5	Stephen Emery	(1) 14:45	6	Scott Hazell	(1) 15:00	5	Richard Gray	(13) 17:19	6	Chris Horton	(14) 17:45
7	Matt Lole	(1) 27:14	8	Tom Bark	(2) 15:37	7	P Allaway	(13) 30:39	8	M Bayliss	(12) 16:17
9	Richard Taylor	(2) 15:01	10	Job King	(2) 29:29	9	C Lindesay	(13) 17:55	10	Robin Biles	(14) 30:47
11	Richard Burman	(2) 15:13	12	Ryan Kenny	(2) 14:50	11	Mark Hirsch	(12) 17:11	12	Guy Evans	(11) 16:53
3 Bristol & West Ac			3:54:50			11 Coventry Godiva Harriers			'B' 4:17:17		
1	Jon Wills	(3) 26:44	2	Tom Kingsnorth	(5) 16:05	1	E Combstock	(19) 29:48	2	Damien Carr	(13) 16:11
3	Rich Peters	(2) 14:35	4	Rob Whalley	(4) 29:06	3	Peter Banks	(21) 18:59	4	Harvey Speed	(15) 29:06
5	Dan Woolford	(4) 15:33	6	Sean Hazell	(3) 15:39	5	Alistair Smith	(14) 15:37	6	A Pollando	(12) 17:21
7	David Green	(4) 28:41	8	Tom Lowe	(3) 15:37	7	Iwan Jones	(12) 30:31	8	James Parrot	(13) 17:01
9	Matt Crane	(4) 15:53	10	Tom Merson	(5) 28:00	9	Noel Edwards	(12) 16:18	10	Aaron Bodycote	(12) 30:16
11	Harry Webb	(4) 14:44	12	Tom Russell	(3) 14:13	11	Andrew Downing	(11) 18:08	12	Dave Freeman	(12) 18:01
4 Birchfield Harriers			'A' 3:55:21			12 Cheltenham & County Harriers			4:19:34		
1	Simon Tonui	(2) 26:41	2	Simon Hall	(7) 16:16	1	Dave Roper	(10) 28:25	2	Will New	(10) 16:16
3	Jonny Cullen	(7) 16:20	4	Eyzkai Chebor	(7) 28:30	3	Roger Mullins	(10) 16:22	4	Jon Norris	(11) 30:53
5	Ben Sharman	(7) 15:24	6	Ryan Cox	(7) 16:46	5	James Miller	(10) 16:45	6	Livingstone Tho	(10) 17:35
7	James Trollope	(3) 26:25	8	AbdulAbdulrahm	(4) 15:38	7	Julian Wilkie	(10) 29:31	8	D Harrison	(9) 17:05
9	Adam Watt	(3) 15:25	10	J Ndayisenga	(3) 26:50	9	Ian Giles	(10) 17:28	10	R Forsbrook	(10) 29:59
11	Yousf AlLathaa	(3) 15:27	12	P Whitehouse	(4) 15:39	11	Gavin Cotter	(13) 20:05	12	Mark Norris	(13) 19:10
5 Notts Ac			'A' 3:55:58			13 Mansfield Harriers & Ac			4:19:51		
1	Rob Keal	(9) 27:48	2	Chris McGurk	(6) 15:04	1	Douglas Ross	(27) 30:54	2	Chris Brown	(27) 17:37
3	Matt Blunden	(4) 15:37	4	J Thewlis	(3) 27:12	3	Lewis Colton	(26) 18:15	4	Alan Crewe	(21) 28:59
5	Darren Fowlie	(3) 15:42	6	Steve Long	(4) 16:36	5	Craig Kelly	(20) 18:01	6	Trevor Hiscox	(19) 18:05
7	Ashley Sabin	(5) 28:58	8	Colin Palmer	(5) 15:57	7	Luke Marshall	(18) 29:57	8	Stuart King	(15) 16:17
9	Paul Thompson	(5) 16:01	10	Bruce Raeside	(4) 26:27	9	Danny Barkes	(14) 16:17	10	James Mee	(13) 27:51
11	M Whitehouse	(5) 15:34	12	Tim Hartley	(5) 15:02	11	Tim Raynor	(14) 20:19	12	Steve Davies	(14) 17:19
6 Telford Ac			4:04:22			14 Notts Ac			'B' 4:21:09		
1	Mark Dalkins	(5) 27:16	2	Chris Carter	(3) 15:19	1	John Muddeman	(26) 30:26	2	Rob Nixon	(18) 17:16
3	D Mansbridge	(6) 16:20	4	Chris Rimmer	(6) 27:50	3	Chris Smith	(18) 17:16	4	Alan Crewe	(21) 28:59
5	Chris Bagshaw	(6) 16:18	6	Wayne Dashper	(6) 16:40	4	R Darling	(19) 30:19	5	Richard Belton	(19) 18:18
7	Craig Walker	(6) 28:19	8	John Sanders	(6) 17:20	6	A Warburton	(17) 16:39	7	Matthew Judson	(19) 32:16
9	C Cartwright	(6) 17:07	10	Paul Ward	(6) 28:18	8	David Oxland	(17) 17:43	9	Simon Burton	(15) 16:34
11	Nick Andrews	(6) 17:03	12	Greg Wilson	(6) 16:32	10	Paul Archer	(15) 32:07	11	Tom Collins	(15) 16:19
12	Alex Bostock	(15) 16:22									
7 Staffordshire Moorlands			4:08:02			15 Rugby & Northampton Ac			4:24:34		
1	Ryan Holroyd	(22) 29:54	2	Alex Derricott	(11) 15:05	1	Stuart Nelson	(12) 28:54	2	John Saw	(14) 17:27
3	Gareth Allott	(8) 15:06	4	Gareth Briggs	(10) 31:11	3	Neil Wilsher	(20) 18:30	4	Paul Birch	(18) 29:53
5	Jason Burgess	(8) 17:00	6	Sam Lucking	(8) 16:10	5	Brian Summers	(15) 16:52	6	Ben Malia	(16) 18:02
7	Matt Clowes	(8) 27:33	8	J Turnock	(7) 17:25	7	Mathew Howes	(17) 31:55	8	Steve Reeves	(16) 18:13
9	Craig Jeffery	(7) 17:06	10	Marc Hartley	(7) 28:40	9	Stephen Milner	(17) 17:44	10	Vince Carroll	(17) 32:36
11	Dave Bratt	(7) 16:21	12	Dave Hollins	(7) 16:31	11	Jamie Sewell	(17) 18:13	12	John Gercs	(16) 16:15
8 Halesowen A & Cc			'A' 4:13:52			16 Charnwood Ac			4:24:51		
1	Dom Morton	(13) 28:58	2	Marc Turner	(12) 16:11	1	Tom Whitmore	(34) 32:00	2	Mark Whitmore	(32) 19:19
3	Andy Butler	(11) 16:47	4	Chris Penn	(13) 30:25	3	Nigel Scoggins	(35) 20:32	4	Richard Brown	(31) 31:04
5	Bill Nock	(11) 16:21	6	Nick Hazelwood	(9) 16:38	5	Stephen Mears	(29) 16:08	6	M Kingsbury	(27) 17:47
7	Sam Cruchley	(11) 30:32	8	Roger Mallard	(11) 18:02	7	Ben Lacey	(26) 30:30	8	Scott Baxter	(23) 16:50
9	C Booker	(9) 16:00	10	Mark Hadley	(9) 29:54	9	Mark Crofts	(20) 16:28	10	Peter Swaine	(21) 30:54
11	Dave Kesterton	(9) 16:45	12	Matt Allen	(8) 17:19	11	Paul Harmer	(16) 16:11	12	Steven Jeffers	(17) 17:08

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

17 Worcester Ac		4:27:29	26 Silson Joggers		4:48:03
1 Chris Davies (17) 29:30	2 Paul Scriven (26) 18:47		1 Chris Wood (37) 33:29	2 Andrew Kirk (38) 18:59	
3 David Hall (17) 16:07	4 David O'Brien (24) 32:40		3 Dan Taylor (31) 18:15	4 Andy Pacey (30) 31:41	
5 A Poppleton (21) 16:57	6 Adam Wilks (21) 18:33		5 Graham Linnell (33) 20:53	6 Kevin Reboul (29) 17:50	
7 Andrew Peach (22) 32:13	8 Warren Miles (19) 16:57		7 Nick Pacey (29) 31:22	8 Carl Hermans (28) 22:37	
9 Phill Bullock (18) 18:12	10 S Stempkopf (19) 31:31		9 Andy Hoare (29) 20:21	10 Jim Darcy (28) 32:31	
11 T Forrester (21) 18:47	12 Mark Hill (18) 17:15		11 M Spencer (27) 19:14	12 Stewart Shears (28) 20:51	
18 Kenilworth Runners		4:27:41	27 Bromsgrove & Redditch Ac		4:49:34
1 Martin Dorrill (28) 30:58	2 R Simkiss (23) 16:17		1 Richard Lomas (25) 30:22	2 Mike Neylon (33) 21:16	
3 P McCorquodale (19) 17:28	4 Stuart Hopkins (20) 30:19		3 Sam Moran (32) 19:21	4 Gavin Moorhead (37) 34:52	
5 Mick Williams (18) 17:56	6 Peter Matthews (20) 19:03		5 P Anderson (34) 17:48	6 Simon Lanckham (31) 18:56	
7 Paul Royle (21) 32:43	8 Richard Steel (21) 18:22		7 Shayne Hassall (38) 37:55	8 C Scoltock (33) 17:33	
9 Sean Mitchell (23) 18:44	10 Phillip Gould (20) 29:39		9 Phil Woodyatt (32) 20:37	10 Jon Hill (33) 32:37	
11 Roger Homes (19) 18:22	12 Peter Bryan (19) 17:50		11 Ian Nutter (31) 20:12	12 Andrew Freeman (29) 18:05	
19 Severn Ac		4:27:59	28 Northbrook Ac		4:50:19
1 Tim Dalton (7) 27:22	2 Oliver Starkey (9) 17:18		1 John Hosie (35) 33:05	2 Tony Hoy (36) 18:58	
3 Simon Fortnam (12) 17:55	4 Josh Lilly (8) 26:29		3 Richard Hands (42) 24:02	4 Nathan Holmes (39) 31:08	
5 Mark James (12) 19:45	6 Gareth Howells (13) 18:22		5 J Nicholson (37) 18:17	6 S Bottomley (38) 19:32	
7 Stephen Hale (15) 32:06	8 Dave Lander (14) 17:10		7 H Anderson (34) 32:30	8 Dave Fawkner (31) 20:15	
9 John Holland (16) 20:04	10 James Rose (16) 32:17		9 Paul McGurk (31) 20:04	10 Martyn Brunt (30) 31:59	
11 Gary Barnes (18) 19:56	12 S Bradley (21) 19:15		11 Robert Pool (32) 21:46	12 Richard French (30) 18:43	
20 Bournville Harriers		'A' 4:29:50	29 Barrow Runners		4:50:38
1 Rob Andrew (20) 29:52	2 Gareth Cadd (18) 16:51		1 Ian Scarrott (36) 33:24	2 Russell Lewin (34) 18:28	
3 Andy Crawford (16) 17:33	4 Mark Hobbs (16) 29:54		3 Nigel Hillier (36) 20:12	4 James Knight (38) 34:04	
5 Kevin Woodward (16) 17:49	6 Andy Wheeler (18) 18:23		5 Ian Paramore (35) 17:36	6 Darren Beswick (33) 19:15	
7 Sean Rose (16) 30:45	8 Andy Saker (18) 19:25		7 Jamie Harper (32) 34:07	8 Malcolm Harris (34) 21:21	
9 Matthew Slater (19) 19:28	10 Dean Parker (18) 30:31		9 Paul Zurawliw (35) 22:21	10 Stuart Spencer (31) 29:04	
11 Mike Scotney (22) 19:48	12 Stuart Pearson (22) 19:31		11 Chris Perry (29) 19:47	12 Chris Dawkins (31) 20:59	
21 Westbury Harriers		4:30:17	30 Sparkhill Harriers		4:51:43
1 Rod Jones (30) 31:03	2 Sam Dalgliesh (20) 15:44		1 Paul Thompson (23) 30:10	2 P Finnegan (28) 18:30	
3 Chris Palmer (15) 16:57	4 R Collinson (17) 30:43		3 Greg Aagaard (28) 19:54	4 Mark Pearce (28) 33:01	
5 Tony Jefferies (22) 19:37	6 Robert Pringle (22) 18:49		5 Dave Johnson (30) 20:33	6 Rob Mills (30) 19:46	
7 Gregg Ward (20) 31:08	8 T Jewel Davies (20) 18:24		7 Darren Riley (30) 33:09	8 Andy Carroll (29) 21:10	
9 Charles Hobbs (22) 19:19	10 Richard Wallis (24) 32:19		9 Barry O'Neill (27) 18:12	10 Craig Hinks (29) 35:21	
11 Malcolm White (23) 18:11	12 Colin Johnson (23) 18:03		11 C Fentiman (30) 21:34	12 B Wareing (32) 20:23	
22 Royal Sutton Coldfield Ac		4:30:50	31 Centurion Rc		4:52:39
1 Nick Corker (21) 29:53	2 John Fletcher (25) 17:51		1 Tony Haden (39) 34:16	2 Satterthwaite (35) 17:41	
3 Simon Corker (24) 17:51	4 O Harradence (23) 31:05		3 Lee Taylor (38) 20:20	4 Paul Davies (33) 31:47	
5 C Hackforth (23) 18:27	6 Simon Ralph (23) 18:14		5 Gavin Davies (31) 18:56	6 Gary Turner (34) 20:35	
7 Fred Tremblay (24) 32:31	8 V Balachandra (22) 18:06		7 Tom Healey (33) 33:55	8 Neil Wilkes (30) 19:25	
9 David Liddal (21) 17:43	10 Paul Terleski (23) 32:13		9 Marc Curtis (30) 19:29	10 T Bacciochi (32) 33:51	
11 S Larcombe (24) 18:30	12 R Simpson (24) 18:26		11 Chris McCann (33) 21:30	12 Andy Matthews (33) 20:54	
23 Harborough Ac		4:40:57	32 Kidderminster & Stourport Ac		4:55:49
1 William Clapp (24) 30:13	2 Daniel Worley (22) 16:53		1 Ben Danvers (29) 31:00	2 M Granger (21) 16:00	
3 Adam Brooks (23) 18:07	4 Martin Gore (25) 32:07		3 Stuart Granger (25) 19:38	4 Bob Park (29) 35:17	
5 Graeme Rolfe (25) 19:45	6 H Crabtree (28) 20:11		5 Alex Hobson (28) 17:05	6 Ron Payne (37) 25:19	
7 Scott Speller (28) 32:53	8 S Costall (27) 18:46		7 Alan Jackson (31) 31:08	8 Mick Hudson (36) 25:01	
9 Richard Brown (26) 20:03	10 Richard Bufton (26) 34:17		9 C Auger (36) 20:31	10 Rob Chrzan (35) 34:40	
11 Ady King (26) 18:39	12 Matthew Driver (25) 19:03		11 Mark Hawkins (34) 20:01	12 Graeme Pierson (34) 20:09	
24 Leamington C & Ac		4:43:03	33 Wolverhampton & Bilston Ac		4:55:55
1 Richard Harper (14) 29:00	2 Paul Griffin (19) 17:46		1 Mark Moore (42) 35:30	2 Oliver Jones (40) 18:42	
3 David Potter (22) 18:25	4 Jamie Langley (22) 31:04		3 J Toddington (37) 17:55	4 Tom Fisher (35) 32:58	
5 Brian Miller (24) 18:55	6 A Montgomery (24) 19:06		5 Chris Emery (32) 17:57	6 Peter Stark (35) 21:00	
7 Dave Ashworth (25) 32:26	8 Paul Caruana (25) 19:37		7 M Walton (36) 34:33	8 John Abbiss (35) 20:12	
9 Russ Burrows (25) 20:23	10 Matthew Butler (25) 32:34		9 Carl Morgan (33) 20:32	10 W Richardson (34) 36:01	
11 Burt Payne (25) 22:00	12 Graham Roberts (26) 21:47		11 Rob Challoner (36) 21:03	12 Robert Moran (35) 19:32	
25 Stratford Upon Avon Rc		4:47:56	34 West Bromwich Harriers		4:56:11
1 J Brocklehurst (8) 27:24	2 Paul Davies (30) 23:10		1 David Long (33) 31:41	2 C Crosby (37) 20:39	
3 Roger Wilson (33) 21:02	4 Andy Cockerill (36) 34:10		3 Mark Stokes (34) 19:25	4 Gurnal Dehl (32) 31:46	
5 Steve Kirk (36) 18:37	6 James Deacon (36) 19:51		5 Paul Jameson (41) 27:40	6 Ben Harding (40) 17:58	
7 Malcolm Bowyer (35) 33:26	8 Tony Jackson (32) 20:08		7 Karl Moore (39) 32:41	8 Malcolm Carr (37) 19:49	
9 Rob Minton (28) 16:46	10 Danny Tolhurst (27) 32:19		9 Ian Phillips (34) 19:00	10 David Heeley (36) 36:43	
11 Mark Bullock (28) 21:51	12 Wayne Vickers (27) 19:12		11 Daniel Sperber (35) 18:44	12 Chris Stanton (36) 20:05	

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

35 Birmingham Running Athletics T 'B' 5:08:18

1 Gareth Dixon (43) 36:53	2 Ian Emery (43) 19:13
3 A Adedimeji (41) 18:51	4 S Titmarsh (41) 34:01
5 Martin Ludford (40) 22:11	6 John Llewellyn (41) 19:50
7 Richard Carney (40) 37:20	8 Nick Spargo (39) 18:36
9 Sam Robinson (38) 17:52	10 Mark Grace (37) 35:53
11 Rob Andrews (37) 24:58	12 Paul Archer (37) 22:40

36 Halesowen A & Cc 'B' 5:13:18

1 Phil Scar (38) 33:39	2 Tim Hazelwood (39) 19:19
3 M Endacott (40) 21:50	4 Richard Guest (42) 37:47
5 Paul Allen (42) 20:06	6 Ken Court (42) 22:45
7 Thomas Bowen (41) 34:22	8 Ali Grant (40) 20:53
9 Stuart Towlson (39) 22:45	10 John Hill (38) 34:48
11 Keith Perry (38) 25:45	12 Barry Meir (38) 19:19

37 Notts Ac 'C' 5:20:32

1 Abdullah Nur (40) 34:37	2 Richard Mitson (42) 21:23
3 John Noble (43) 21:42	4 David Brazener (44) 39:07
5 James Hayden (44) 20:10	6 M Saunders (44) 23:53
7 Mark Finch (42) 29:10	8 Clive Trusson (41) 23:17
9 C Armstrong (40) 21:07	10 Keith Waring (39) 41:35
11 Chris Rischer (39) 20:50	12 Pete Robinson (39) 23:41

Disqualified -

Owls

1 Geraint Davies (1) 26:36	2 Tom Meakin (4) 16:02
3 Jason Williams (5) 16:11	4 Paul Miles (5) 27:43
5 David Lipscomb (5) 16:19	6 Lewis Smart (5) 16:08
7 Simon May (7) 30:30	8 Mike McSharry (8) 22:16
9 Thomas Bell (8) 16:07	10 Steve Platts (8) 29:18
11 Wayne Walker (8) 17:04	12 Joe Archer (9) 20:02

Team Bath Ac

1 Stephen Rose (31) 31:05	2 Nick Bower (31) 19:32
3 Dave Gunstone (30) 18:14	4 Paul Cox (27) 31:39
5 Stuart Curtis (26) 17:17	6 David Coales (25) 16:36
7 Dan Jones (23) 31:12	8 Sturgess Durden (24) 18:42
9 Craig Bridges (24) 17:58	10 Guy Landon (22) 30:29
11 Brian Penny (20) 17:22	12 N Richardson (20) 17:35

Incomplete Teams:

Dudley & Stourbridge Harriers

1 Lee Slater (15) 29:10	2 Dave Nation (15) 17:17
3 Jim Brown (29) 22:13	4 Mark Staves (34) 35:43
5 Adam Staves (38) 21:48	6 Paul Waby (39) 19:43
7 Ivan Dawes (37) 34:32	8 Eric Smith (38) 22:47
9 Chris Harris (37) 21:26	

Bournville Harriers

1 Danny Wilson (41) 34:51	2 Barrie Roberts (44) 22:41
3 Mark Lynock (44) 21:51	4 Andy Edgar (43) 34:12
5 C Harlan Marks (43) 20:22	6 Mick James (43) 24:14
7 Ed Hartley (43) 39:51	8 W Spanfelner (42) 27:12
9 Paul Foot (41) 22:23	

Tipton Harriers

1 Dean Hill (32) 31:16	2 Joe Holden (29) 18:37
3 Stuart Male (27) 16:57	4 Mark Farnell (26) 31:49
5 Philip Clamp (27) 19:19	6 David Parkes (26) 18:26
7 Darren Perry (27) 32:26	8 R Brittain (26) 18:28

Corby Ac

1 Chris Curtis (16) 29:24	2 Neal Humphreys (17) 17:15
3 L Montgomery (14) 16:42	4 Pete Straiton (14) 30:31
5 Stephen Broom (17) 18:45	6 Alex Fletcher (15) 16:00
7 Troy Garrity (14) 29:47	

Birchfield Harriers

1 B Worthington (44) 38:10	2 Steve Edmonds (41) 16:54
3 James Lynch (39) 19:01	4 Shaun Howatt (40) 33:42
5 Chris Aston (39) 18:34	6 Undeclared (32) 16:27

Midland Counties Road Relays

Fastest of all long legs **at Sutton Park on Saturday 20th March 2010**

1	James Trollope	Birchfield	A	26:25	67	Richard Lomas	Bromsgrove		30:22
2	Bruce Raeside	Notts Ac	A	26:27	68	Chris Penn	Halesowen	A	30:25
3	Josh Lilly	Severn Ac		26:29	69	John Muddeman	Notts Ac	B	30:26
4	Philip Hinch	Tipton Har	A	26:33	70	Guy Landon	Team Bath		30:29
5	Geraint Davies	Owls		26:36	71	Ben Lacey	Charnwood		30:30
6	Matt Armstrong	Coventry G	A	26:39	=	Simon May	Owls		30:30
7	Simon Tonui	Birchfield	A	26:41	73	Pete Straiton	Corby Ac		30:31
8	Jon Wills	Bristol &		26:44	=	Iwan Jones	Coventry G	B	30:31
9	J Ndayisenga	Birchfield	A	26:50	=	Dean Parker	Bournville	A	30:31
10	Ian Williams	Tipton Har	A	26:54	76	Sam Cruchley	Halesowen	A	30:32
11	M Aspinall	Tipton Har	A	26:59	77	P Allaway	Birmingham	A	30:39
12	J Thewlis	Notts Ac	A	27:12	78	R Collinson	Westbury H		30:43
13	Matt Lole	Coventry G	A	27:14	79	Sean Rose	Bournville	A	30:45
14	Mark Dalkins	Telford Ac		27:16	80	Robin Biles	Birmingham	A	30:47
15	Ben Jones	Coventry G	A	27:19	81	Jon Norris	Cheltenham		30:53
16	Tim Dalton	Severn Ac		27:22	82	Douglas Ross	Mansfield		30:54
17	J Brocklehurst	Stratford		27:24	=	Peter Swaine	Charnwood		30:54
18	Matt Clowes	Staffordsh		27:33	84	Martin Dorrill	Kenilworth		30:58
=	M Williams	Tipton Har	A	27:33	85	Ben Danvers	Kiddermins		31:00
20	Paul Miles	Owls		27:43	86	Rod Jones	Westbury H		31:03
21	S Millward	Gloucester		27:46	87	Richard Brown	Charnwood		31:04
22	Rob Keal	Notts Ac	A	27:48	=	Jamie Langley	Leamington		31:04
23	Chris Rimmer	Telford Ac		27:50	89	Stephen Rose	Team Bath		31:05
24	James Mee	Mansfield		27:51	=	O Harradence	Royal Sutt		31:05
25	Tom Merson	Bristol &		28:00	91	Nathan Holmes	Northbrook		31:08
26	Paul Ward	Telford Ac		28:18	=	Alan Jackson	Kiddermins		31:08
27	Craig Walker	Telford Ac		28:19	=	Gregg Ward	Westbury H		31:08
28	Dave Roper	Cheltenham		28:25	94	Gareth Briggs	Staffordsh		31:11
29	M Matthews	Birmingham	A	28:29	95	Dan Jones	Team Bath		31:12
30	Eyzkai Chebor	Birchfield	A	28:30	96	Dean Hill	Tipton Har	B	31:16
31	Marc Hartley	Staffordsh		28:40	97	Jonathan Tune	Birmingham	A	31:20
32	David Green	Bristol &		28:41	98	Nick Pacey	Silson Jog		31:22
33	Andrew Renfree	Gloucester		28:45	99	S Sternkopf	Worcester		31:31
34	Stuart Nelson	Rugby & No		28:54	100	Paul Cox	Team Bath		31:39
35	Ashley Sabin	Notts Ac	A	28:58	101	David Long	West Bromw		31:41
=	Dom Morton	Halesowen	A	28:58	=	Andy Pacey	Silson Jog		31:41
37	Alan Crewe	Mansfield		28:59	103	Gurmial Dehl	West Bromw		31:46
38	Richard Harper	Leamington		29:00	104	Paul Davies	Centurion		31:47
39	Stuart Spencer	Barrow Run		29:04	105	Mark Farnell	Tipton Har	B	31:49
40	Rob Whalley	Bristol &		29:06	106	Mathew Howes	Rugby & No		31:55
=	Harvey Speed	Coventry G	B	29:06	107	Martyn Brunt	Northbrook		31:59
42	Lee Slater	Dudley & S		29:10	108	Tom Whitmore	Charnwood		32:00
=	Mark Finch	Notts Ac	C	29:10	109	Stephen Hale	Severn Ac		32:06
44	Steve Platts	Owls		29:18	110	Paul Archer	Notts Ac	B	32:07
45	Chris Curtis	Corby Ac		29:24	=	Martin Gore	Harborough		32:07
46	Job King	Coventry G	A	29:29	112	Paul Terleski	Royal Sutt		32:13
47	Chris Davies	Worcester		29:30	=	Andrew Peach	Worcester		32:13
48	Julian Wilkie	Cheltenham		29:31	114	Matthew Judson	Notts Ac	B	32:16
49	Phillip Gould	Kenilworth		29:39	115	James Rose	Severn Ac		32:17
50	R DeCamps	Gloucester		29:44	116	Danny Tolhurst	Stratford		32:19
51	Troy Garrity	Corby Ac		29:47	=	Richard Wallis	Westbury H		32:19
52	E Combstock	Coventry G	B	29:48	118	Darren Perry	Tipton Har	B	32:26
53	Rob Andrew	Bournville	A	29:52	=	Dave Ashworth	Leamington		32:26
54	Paul Birch	Rugby & No		29:53	120	H Anderson	Northbrook		32:30
=	Nick Corker	Royal Sutt		29:53	121	Jim Darcy	Silson Jog		32:31
56	Ryan Holroyd	Staffordsh		29:54	=	Fred Tremblay	Royal Sutt		32:31
=	Luke Herbert	Gloucester		29:54	123	Matthew Butler	Leamington		32:34
=	Mark Hadley	Halesowen	A	29:54	124	Vince Carroll	Rugby & No		32:36
=	Mark Hobbs	Bournville	A	29:54	125	Jon Hill	Bromsgrove		32:37
60	Luke Marshall	Mansfield		29:57	126	David O'Brien	Worcester		32:40
61	R Forsbrook	Cheltenham		29:59	127	Karl Moore	West Bromw		32:41
62	Paul Thompson	Sparkhill		30:10	128	Paul Royle	Kenilworth		32:43
63	William Clapp	Harborough		30:13	129	Scott Speller	Harborough		32:53
64	Aaron Bodycote	Coventry G	B	30:16	130	Tom Fisher	Wolverhamp		32:58
65	Stuart Hopkins	Kenilworth		30:19	131	Mark Pearce	Sparkhill		33:01
=	R Darling	Notts Ac	B	30:19	132	John Hosie	Northbrook		33:05

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

133	Darren Riley	Sparkhill		33:09
134	Ian Scarrott	Barrow Run		33:24
135	Malcolm Bowyer	Stratford		33:26
136	Chris Wood	Silson Jog		33:29
137	Phil Scar	Halesowen	B	33:39
138	Shaun Howatt	Birchfield	B	33:42
139	T Bacciochi	Centurion		33:51
140	Tom Healey	Centurion		33:55
141	S Titmarsh	Birmingham	B	34:01
142	James Knlght	Barrow Run		34:04
143	Jamie Harper	Barrow Run		34:07
144	Andy Cockerill	Stratford		34:10
145	Andy Edgar	Bournville	B	34:12
146	Tony Haden	Centurion		34:16
147	Richard Bufton	Harborough		34:17
148	Thomas Bowen	Halesowen	B	34:22
149	Ivan Dawes	Dudley & S		34:32
150	M Walton	Wolverhamp		34:33
151	Abdullah Nur	Notts Ac	C	34:37
152	Rob Chrzan	Kiddermins		34:40
153	John Hill	Halesowen	B	34:48
154	Danny Wilson	Bournville	B	34:51
155	Gavin Moorhead	Bromsgrove		34:52
156	Bob Park	Kiddermins		35:17
157	Craig Hinks	Sparkhill		35:21
158	Mark Moore	Wolverhamp		35:30
159	Mark Staves	Dudley & S		35:43
160	Mark Grace	Birmingham	B	35:53
161	W Richardson	Wolverhamp		36:01
162	David Heeley	West Bromw		36:43
163	Gareth Dixon	Birmingham	B	36:53
164	Richard Carney	Birmingham	B	37:20
165	Richard Guest	Halesowen	B	37:47
166	Shayne Hassall	Bromsgrove		37:55
167	B Worthington	Birchfield	B	38:10
168	David Brazener	Notts Ac	C	39:07
169	Ed Hartley	Bournville	B	39:51
170	Keith Waring	Notts Ac	C	41:35

Midland Counties Road Relays

at Sutton Park on Saturday 20th March 2010

Fastest of all short legs

1	Phil Nicholls	Tipton Har	A	14:13	67	Jonny Cullen	Birchfield	A	16:20
=	Tom Russell	Bristol &		14:13	=	D Mansbridge	Telford Ac		16:20
3	Rich Peters	Bristol &		14:35	69	Bill Nock	Halesowen	A	16:21
4	Matt Almond	Coventry G	A	14:43	=	Dave Bratt	Staffordsh		16:21
5	Harry Webb	Bristol &		14:44	71	Alex Bostock	Notts Ac	B	16:22
6	Stephen Emery	Coventry G	A	14:45	=	Roger Mullins	Cheltenham		16:22
7	Ryan Kenny	Coventry G	A	14:50	73	*Not Declared*			16:27
8	Ben Gamble	Tipton Har	A	14:55	74	Mark Crofts	Charnwood		16:28
9	Scott Hazell	Coventry G	A	15:00	75	Dave Hollins	Staffordsh		16:31
10	Richard Taylor	Coventry G	A	15:01	76	Greg Wilson	Telford Ac		16:32
11	Tim Hartley	Notts Ac	A	15:02	77	Simon Burton	Notts Ac	B	16:34
12	Chris McGurk	Notts Ac	A	15:04	78	David Coales	Team Bath		16:36
13	Alex Derricott	Staffordsh		15:05	=	Steve Long	Notts Ac	A	16:36
14	Gareth Allott	Staffordsh		15:06	80	Nico Constanti	Gloucester		16:37
15	Nigel Stirk	Tipton Har	A	15:11	81	Nick Hazelwood	Halesowen	A	16:38
16	Richard Burman	Coventry G	A	15:13	82	A Warburton	Notts Ac	B	16:39
17	James Griggs	Coventry G	A	15:18	83	Wayne Dashper	Telford Ac		16:40
18	Chris Carter	Telford Ac		15:19	84	L Montgomery	Corby Ac		16:42
19	Jelle Verwer	Tipton Har	A	15:20	85	James Miller	Cheltenham		16:45
20	Daniel Beier	Tipton Har	A	15:22	=	Dave Kesterton	Halesowen	A	16:45
21	Ben Sharman	Birchfield	A	15:24	=	Andrew DeCamps	Gloucester		16:45
22	Adam Watt	Birchfield	A	15:25	88	Rob Minton	Stratford		16:46
=	J Ratcliffe	Tipton Har	A	15:25	=	Ryan Cox	Birchfield	A	16:46
24	Yousf AlLathaa	Birchfield	A	15:27	90	Andy Butler	Halesowen	A	16:47
25	Michael Buntin	Tipton Har	A	15:29	91	Rob Nixon	Notts Ac	B	16:50
26	Tom Holden	Tipton Har	A	15:30	=	Scott Baxter	Charnwood		16:50
27	Dan Woolford	Bristol &		15:33	=	A Kenchington	Birmingham	A	16:50
28	M Whitehouse	Notts Ac	A	15:34	94	Gareth Cadd	Bournville	A	16:51
29	Tom Lowe	Bristol &		15:37	95	Brian Summers	Rugby & No		16:52
=	Matt Blunden	Notts Ac	A	15:37	96	Guy Evans	Birmingham	A	16:53
=	Anthony Gray	Birmingham	A	15:37	=	Daniel Worley	Harborough		16:53
=	Tom Bark	Coventry G	A	15:37	98	Steve Edmonds	Birchfield	B	16:54
=	Alistair Smith	Coventry G	B	15:37	99	A Poppleton	Worcester		16:57
34	AbdulAbdulrahm	Birchfield	A	15:38	=	Chris Palmer	Westbury H		16:57
35	Sean Hazell	Bristol &		15:39	=	Stuart Male	Tipton Har	B	16:57
=	P Whitehouse	Birchfield	A	15:39	=	Warren Miles	Worcester		16:57
37	Darren Fowlie	Notts Ac	A	15:42	103	Jason Burgess	Staffordsh		17:00
38	Sam Dalgliesh	Westbury H		15:44	104	James Parrot	Coventry G	B	17:01
39	Matt Crane	Bristol &		15:53	105	Nick Andrews	Telford Ac		17:03
40	Colin Palmer	Notts Ac	A	15:57	106	Wayne Walker	Owls		17:04
41	M Granger	Kiddermins		16:00	107	D Harrison	Cheltenham		17:05
=	Alex Fletcher	Corby Ac		16:00	=	Alex Hobson	Kiddermins		17:05
=	C Booker	Halesowen	A	16:00	109	Craig Jeffery	Staffordsh		17:06
44	Paul Thompson	Notts Ac	A	16:01	110	C Cartwright	Telford Ac		17:07
45	Tom Meakin	Owls		16:02	111	Steven Jeffers	Charnwood		17:08
46	Tom Kingsnorth	Bristol &		16:05	112	Dave Lander	Severn Ac		17:10
47	David Hall	Worcester		16:07	113	Mark Hirsch	Birmingham	A	17:11
=	Thomas Bell	Owls		16:07	114	Mark Hill	Worcester		17:15
49	Lewis Smart	Owls		16:08	=	Neal Humphreys	Corby Ac		17:15
=	Stephen Mears	Charnwood		16:08	116	Chris Smith	Notts Ac	B	17:16
51	Sam Lucking	Staffordsh		16:10	117	Dave Nation	Dudley & S		17:17
52	Damien Carr	Coventry G	B	16:11	=	Stuart Curtis	Team Bath		17:17
=	Paul Harmer	Charnwood		16:11	119	Oliver Starkey	Severn Ac		17:18
=	Jason Williams	Owls		16:11	120	Matt Allen	Halesowen	A	17:19
=	Marc Turner	Halesowen	A	16:11	=	Steve Davies	Mansfield		17:19
56	John Gercs	Rugby & No		16:15	=	Richard Gray	Birmingham	A	17:19
57	Simon Hall	Birchfield	A	16:16	123	John Sanders	Telford Ac		17:20
=	Will New	Cheltenham		16:16	124	David Edwards	Gloucester		17:21
59	R Simkiss	Kenilworth		16:17	=	A Pollando	Coventry G	B	17:21
=	Stuart King	Mansfield		16:17	126	Brian Penny	Team Bath		17:22
=	M Bayliss	Birmingham	A	16:17	127	J Turnock	Staffordsh		17:25
=	Danny Barks	Mansfield		16:17	128	John Saw	Rugby & No		17:27
63	Noel Edwards	Coventry G	B	16:18	129	Ian Giles	Cheltenham		17:28
=	Chris Bagshaw	Telford Ac		16:18	=	P McCorquodale	Kenilworth		17:28
65	Tom Collins	Notts Ac	B	16:19	131	C Scoltock	Bromsgrove		17:33
=	David Lipscomb	Owls		16:19	=	Andy Crawford	Bournville	A	17:33

Midland Counties Road Relays

at Sutton Park on Saturday 20th March 2010

133	Jeremy Mower	Gloucester		17:35	200	Nick Spargo	Birmingham	B	18:36
	= N Richardson	Team Bath		17:35	201	Joe Holden	Tipton Har	B	18:37
	= LivingstoneTho	Cheltenham		17:35		= Steve Kirk	Stratford		18:37
136	Ian Paramore	Barrow Run		17:36	203	Ady King	Harborough		18:39
137	Chris Brown	Mansfield		17:37	204	SturgessDurden	Team Bath		18:42
138	Nick Cousins	Gloucester		17:39		= Oliver Jones	Wolverhamp		18:42
139	Satterthwaite	Centurion		17:41	206	Richard French	Northbrook		18:43
140	David Liddal	Royal Sutt		17:43	207	Daniel Sperber	West Bromw		18:44
	= David Oxland	Notts Ac	B	17:43		= Sean Mitchell	Kenilworth		18:44
142	Stephen Milner	Rugby & No		17:44	209	Stephen Broom	Corby Ac		18:45
143	Chris Horton	Birmingham	A	17:45	210	S Costall	Harborough		18:46
	= Ian Summers	Gloucester		17:45	211	T Forrester	Worcester		18:47
145	Paul Griffin	Leamington		17:46		= Paul Scriven	Worcester		18:47
146	M Kingsbury	Charnwood		17:47	213	Robert Pringle	Westbury H		18:49
147	P Anderson	Bromsgrove		17:48	214	A Adedimeji	Birmingham	B	18:51
148	Kevin Woodward	Bournville	A	17:49	215	Brian Miller	Leamington		18:55
149	Peter Bryan	Kenilworth		17:50	216	Simon Lanckham	Bromsgrove		18:56
	= Kevin Reboul	Silson Jog		17:50		= Gavin Davies	Centurion		18:56
151	Simon Corker	Royal Sutt		17:51	218	Tony Hoy	Northbrook		18:58
	= John Fletcher	Royal Sutt		17:51	219	Andrew Kirk	Silson Jog		18:59
153	Sam Robinson	Birmingham	B	17:52		= Peter Banks	Coventry G	B	18:59
154	C Lindesay	Birmingham	A	17:55	221	Ian Phillips	West Bromw		19:00
	= Simon Fortnam	Severn Ac		17:55	222	James Lynch	Birchfield	B	19:01
	= J Toddington	Wolverhamp		17:55	223	Matthew Driver	Harborough		19:03
157	Mick Williams	Kenilworth		17:56		= Peter Matthews	Kenilworth		19:03
158	Chris Emery	Wolverhamp		17:57	225	A Montgomery	Leamington		19:06
159	Craig Bridges	Team Bath		17:58	226	Mark Norris	Cheltenham		19:10
	= Ben Harding	West Bromw		17:58	227	Wayne Vickers	Stratford		19:12
161	Dave Freeman	Coventry G	B	18:01	228	Ian Emery	Birmingham	B	19:13
	= Craig Kelly	Mansfield		18:01	229	M Spencer	Silson Jog		19:14
163	Roger Mallard	Halesowen	A	18:02	230	S Bradley	Severn Ac		19:15
	= Ben Malia	Rugby & No		18:02		= Darren Beswick	Barrow Run		19:15
165	Colin Johnson	Westbury H		18:03	232	Barry Meir	Halesowen	B	19:19
166	Trevor Hiscox	Mansfield		18:05		= Philip Clamp	Tipton Har	B	19:19
	= Andrew Freeman	Bromsgrove		18:05		= Charles Hobbs	Westbury H		19:19
168	V Balachandra	Royal Sutt		18:06		= Tim Hazelwood	Halesowen	B	19:19
169	Adam Brooks	Harborough		18:07		= Mark Whitmore	Charnwood		19:19
170	Andrew Downing	Coventry G	B	18:08	237	Sam Moran	Bromsgrove		19:21
171	Andrew Hawkins	Gloucester		18:10	238	Neil Wilkes	Centurion		19:25
172	Malcolm White	Westbury H		18:11		= Andy Saker	Bournville	A	19:25
173	Barry O'Neill	Sparkhill		18:12		= Mark Stokes	West Bromw		19:25
	= Phill Bullock	Worcester		18:12	241	Matthew Slater	Bournville	A	19:28
175	Jamie Sewell	Rugby & No		18:13	242	Marc Curtis	Centurion		19:29
	= Steve Reeves	Rugby & No		18:13	243	Stuart Pearson	Bournville	A	19:31
	= Mark Ingram	Gloucester		18:13	244	S Bottomley	Northbrook		19:32
178	Dave Gunstone	Team Bath		18:14		= Robert Moran	Wolverhamp		19:32
	= Simon Ralph	Royal Sutt		18:14		= Nick Bower	Team Bath		19:32
180	Dan Taylor	Silson Jog		18:15	247	Tony Jefferies	Westbury H		19:37
	= Lewis Colton	Mansfield		18:15		= Paul Caruana	Leamington		19:37
182	J Nicholson	Northbrook		18:17	249	Stuart Granger	Kiddermins		19:38
183	Richard Belton	Notts Ac	B	18:18	250	Paul Waby	Dudley & S		19:43
184	Roger Homes	Kenilworth		18:22	251	Graeme Rolfe	Harborough		19:45
	= Gareth Howells	Severn Ac		18:22		= Mark James	Severn Ac		19:45
	= Richard Steel	Kenilworth		18:22	253	Rob Mills	Sparkhill		19:46
187	Andy Wheeler	Bournville	A	18:23	254	Chris Perry	Barrow Run		19:47
188	T JewelDavies	Westbury H		18:24	255	Mike Scotney	Bournville	A	19:48
189	David Potter	Leamington		18:25	256	Malcolm Carr	West Bromw		19:49
190	R Simpson	Royal Sutt		18:26	257	John Llewellyn	Birmingham	B	19:50
	= David Parkes	Tipton Har	B	18:26	258	James Deacon	Stratford		19:51
192	C Hackforth	Royal Sutt		18:27	259	Greg Aagaard	Sparkhill		19:54
193	Russell Lewin	Barrow Run		18:28	260	Gary Barnes	Severn Ac		19:56
	= R Brittain	Tipton Har	B	18:28	261	Mark Hawkins	Kiddermins		20:01
195	Neil Wilsher	Rugby & No		18:30	262	Joe Archer	Owls		20:02
	= S Larcombe	Royal Sutt		18:30	263	Richard Brown	Harborough		20:03
	= P Finnegan	Sparkhill		18:30	264	John Holland	Severn Ac		20:04
198	Adam Wilks	Worcester		18:33		= Paul McGurk	Northbrook		20:04
199	Chris Aston	Birchfield	B	18:34	266	Gavin Cotter	Cheltenham		20:05

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Full results will be on the internet tonight at <http://www.race-results.co.uk/>

Midland Counties Road Relays at Sutton Park on Saturday 20th March 2010

=	Chris Stanton	West Bromw		20:05	306 C Fentiman	Sparkhill		21:34
268	Paul Allen	Halesowen	B	20:06	307 John Noble	Notts Ac	C	21:42
269	Tony Jackson	Stratford		20:08	308 Robert Pool	Northbrook		21:46
270	Graeme Pierson	Kiddermins		20:09	309 Graham Roberts	Leamington		21:47
271	James Hayden	Notts Ac	C	20:10	310 Adam Staves	Dudley & S		21:48
272	H Crabtree	Harborough		20:11	311 M Endacott	Halesowen	B	21:50
273	Nigel Hillier	Barrow Run		20:12	312 Mark Lynock	Bournville	B	21:51
=	John Abbiss	Wolverhamp		20:12	= Mark Bullock	Stratford		21:51
=	Ian Nutter	Bromsgrove		20:12	314 Burt Payne	Leamington		22:00
276	Dave Fawkner	Northbrook		20:15	315 Martin Ludford	Birmingham	B	22:11
277	Tim Raynor	Mansfield		20:19	316 Jim Brown	Dudley & S		22:13
278	Lee Taylor	Centurion		20:20	317 Mike McSharry	Owls		22:16
279	Andy Hoare	Silson Jog		20:21	318 Paul Zurawliw	Barrow Run		22:21
280	C HarlanMarks	Bournville	B	20:22	319 Paul Foot	Bournville	B	22:23
281	Russ Burrows	Leamington		20:23	320 Carl Hermans	Silson Jog		22:37
=	B Wareing	Sparkhill		20:23	321 Paul Archer	Birmingham	B	22:40
283	C Auger	Kiddermins		20:31	322 Barrie Roberts	Bournville	B	22:41
284	Nigel Scoggins	Charnwood		20:32	323 Ken Court	Halesowen	B	22:45
=	Carl Morgan	Wolverhamp		20:32	= Stuart Towilson	Halesowen	B	22:45
286	Dave Johnson	Sparkhill		20:33	325 Eric Smith	Dudley & S		22:47
287	Gary Turner	Centurion		20:35	326 Paul Davies	Stratford		23:10
288	Phil Woodyatt	Bromsgrove		20:37	327 Clive Trusson	Notts Ac	C	23:17
289	C Crosby	West Bromw		20:39	328 Pete Robinson	Notts Ac	C	23:41
290	Chris Rischer	Notts Ac	C	20:50	329 M Saunders	Notts Ac	C	23:53
291	Stewart Shears	Silson Jog		20:51	330 Richard Hands	Northbrook		24:02
292	Ali Grant	Halesowen	B	20:53	331 Mick James	Bournville	B	24:14
=	Graham Linnell	Silson Jog		20:53	332 Rob Andrews	Birmingham	B	24:58
294	Andy Matthews	Centurion		20:54	333 Mick Hudson	Kiddermins		25:01
295	Chris Dawkins	Barrow Run		20:59	334 Ron Payne	Kiddermins		25:19
296	Peter Stark	Wolverhamp		21:00	335 Keith Perry	Halesowen	B	25:45
297	Roger Wilson	Stratford		21:02	336 W Spanfelner	Bournville	B	27:12
298	Rob Challoner	Wolverhamp		21:03	337 Paul Jameson	West Bromw		27:40
299	C Armstrong	Notts Ac	C	21:07				
300	Andy Carroll	Sparkhill		21:10				
301	Mike Neylon	Bromsgrove		21:16				
302	Malcolm Harris	Barrow Run		21:21				
303	Richard Mitson	Notts Ac	C	21:23				
304	Chris Harris	Dudley & S		21:26				
305	Chris McCann	Centurion		21:30				