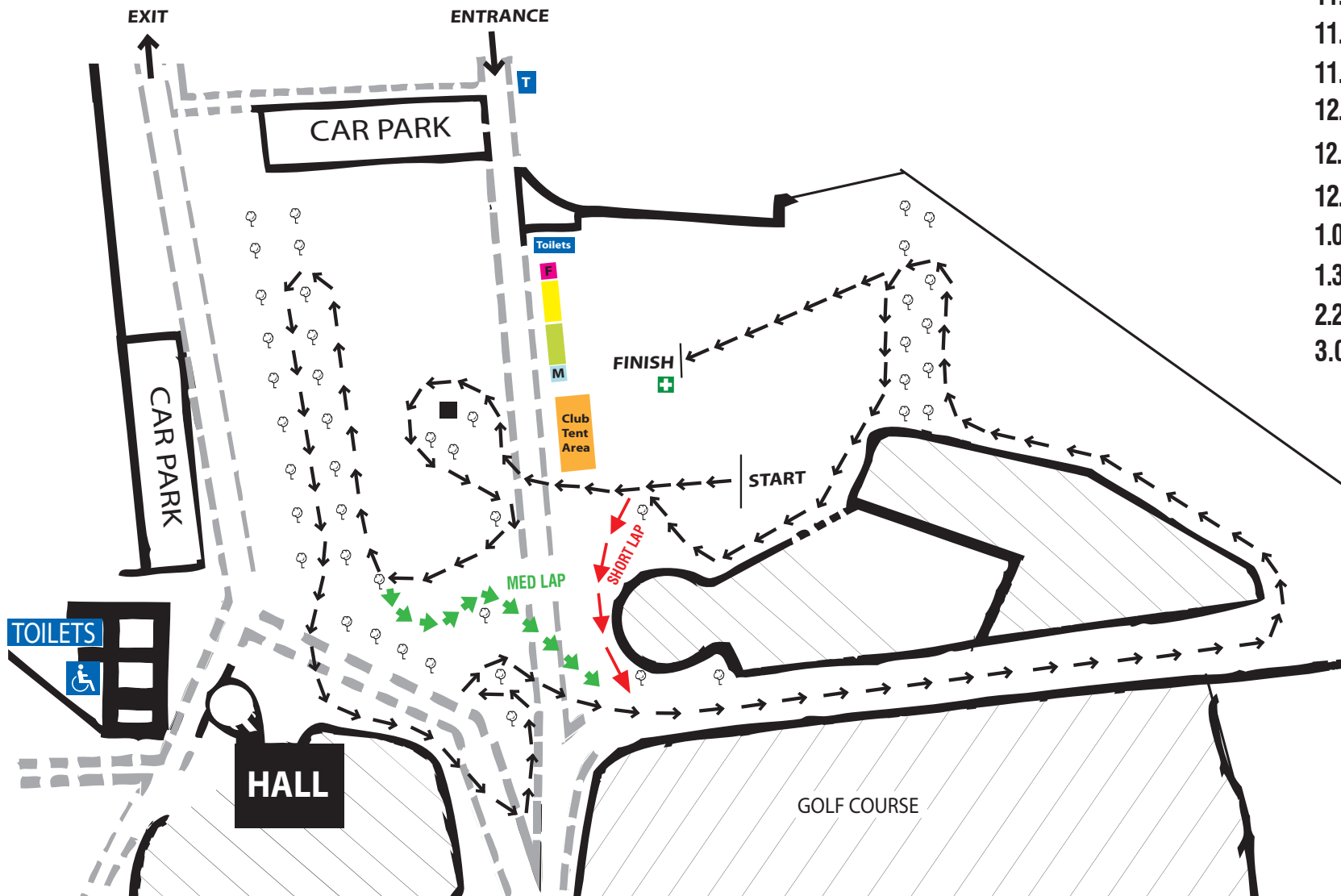


Midland Counties Cross Country Association Championships 2018

Wollaton Park, Nottingham

11.00am U17 Women	(1 x M, 1 x L)
11.25am U15 Boys	(2 x M)
11.45am U13 Girls	(2 x S)
12.05pm U17 Men	(3 x M)
12.30pm U13 Boys	(2 x S)
12.45pm U15 Girls	(2 x M)
1.05pm U20 Women	(3 x M)
1.35pm U20 Men	(1 x M, 2 x L)
2.20pm Snr Women	(1 x M, 2 x L)
3.00pm Snr Men	(4 x L)



Key:

- Small Lap
- Medium Lap
- Large Lap

- Toilets
- Disabled Toilets at Stable Courtyard
- Registration & Presentation
- Refreshments
- Club Tent Area
- Male changing
- Female changing
- First aid

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