

2017 Midland Senior & U20 Championships

11/06/2017

Pingles Stadium Nuneaton

Track Events

T01 11:00 Senior Women 400mH					
	Final	CBP: 58.31s			
	Position	BIB	ATHLETE	CLUB	Time
U20 Women	1	311	Danel JANSEN VAN RENSBURG	Solihull & Small Heath AC	1:01.62
U20 Women	2	331	Chloe WILDE	Cannock & Stafford AC	1:03.91
Senior Women	3	344	Natalie AINGE	Cannock & Stafford AC	1:04.17
U20 Women	4	319	Isabelle NEVILLE	Tamworth AC	1:04.50
U20 Women	5	65	Sophie DOMINGO	Harborough AC	1:06.54
U20 Women	6	312	Tania JANSEN VAN RENSBURG	Solihull & Small Heath AC	1:10.65

T02 11:10 U20 Men 400mH					
	Final	CBP: 54.57s			
	Position	BIB	ATHLETE	CLUB	Time
U20 Men	1	103	Connor ALDRIDGE	Rugby & Northampton AC	56.53
U20 Men	2	15	Nathan LANGLEY	Worksop Harriers	57.51
U20 Men	3	245	Joss MOFFATT	Rushcliffe AC	58.90
U20 Men	4	236	Harry FREEMAN	Corby AC	1:00.58
U20 Men	5	244	Harry MERRIMAN	Corby AC	1:01.08

T03 11:15 Senior Men 400mH					
	Final	CBP: 51.04s			
	Position	BIB	ATHLETE	CLUB	Time
U23 Men	1	259	Travis CHRISTIE	Wolverhampton & Bilston	56.29
U23 Men	2	260	Kane DENSLEY	Tamworth AC	56.68

T04 11:20 U20 Women 800m					
	Final	CBP: 2:09.03s			
	Position	BIB	ATHLETE	CLUB	Time
U20 Women	1	178	Katrina SIMPSON	Halesowen ACC	2:17.02
U20 Women	2	180	Bethany WILLIAMS	Mansfield Harriers	2:18.11
U17 Women	3	165	Grace SMITH	Leicester Coritanian AC	2:28.85

T05 11:25 Senior Women 800m					
	Final	CBP: 2:04.75s			
	Position	BIB	ATHLETE	CLUB	Time
Senior Women	1	365	Amy GRIFFITHS	Aldershot Farnham	02:12.13
Senior Women	2	189	Susannah DAVIES	Tipton Harriers	02:29.67

T06 11:30 U20 Men 800m					
	Final	CBP: 1:54.24s			
	Position	BIB	ATHLETE	CLUB	Time
U20 Men	1	112	James FRADLEY	Newcastle Staffs AC	1:55.15
U20 Men	2	131	Joseph TUFFIN	Rushcliffe AC	1:55.74
U20 Men	3	122	Adrian LLOYD-DAVIES	Bridgnorth AC	1:55.85
U20 Men	4	125	Thomas RANDOLPH	Tamworth AC	1:55.96
U20 Men	5	111	Yahye DIRIR	Birchfield Harriers	1:57.81
U20 Men	6	120	Alexander LAZUTIN	Leicester Coritanian AC	2:04.58
U20 Men	7	104	Samuel BARBER	Birmingham R&TC	2:05.73
U20 Men	8	118	Alexander IBBS	Leamington Cycling & AC	2:06.38
U20 Men	9	108	Reis BROOKE	Birchfield Harriers	2:11.83

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T07 11:35 Senior Men 800m					
A Final CBP: 1:48.3s					
	Position	BIB	ATHLETE	CLUB	Time
U23 Men	1	143	Adam WRIGHT	Rugby & Northampton AC	1:56.52
U23 Men	2	136	Luke JONES	Tamworth AC	1:56.53
Senior Men	3	370	Louis WRIGLEY	City of Stoke AC	1:57.24
U23 Men	4	137	James MCCRAE	Nene Valley Harriers	1:57.73
Masters (M42)	5	163	Charlie THURSTAN	Birchfield Harriers	1:58.69
Senior Men	6	149	Jonathan HIORNS	Notts AC	2:00.89
Masters (M39)	7	164	Frederic TREMBLAY	Royal Sutton Coldfield AC	2:03.32

T07 11:35 Senior Men 800m					
B Final CBP: 1:48.3s					
	Position	BIB	ATHLETE	CLUB	Time
Senior Men	1	157	Clark ROBERTS	Coventry Godiva Harriers	2:02.90
Senior Men	2	144	Adam BARNES	Tipton Harriers	2:03.31
Senior Men	3	151	Kieran LEE	City of Stoke AC	2:03.56
Senior Men	4	148	Adnan HAQ	Rugby & Northampton AC	2:03.80
U23 Men	5	142	Adam WILSON	Yate & District AC	2:05.98
Senior Men	6	158	Marc SCOTT	Rushcliffe AC	2:06.87
Senior Men	7	159	Christopher SINCLAIR	Charnwood A C	2:08.14

T08 11:40 Senior Women 400m					
Final CBP: 51.08s					
	Position	BIB	ATHLETE	CLUB	Time
Senior Women	1	187	Kate ANDERSON	Coventry Godiva Harriers	57.71
Senior Women	2	92	Laura LANGOWSKI	Tamworth AC	58.47
U23 Women	3	85	Kelly CONSTABLE	Gloucester AC	1:00.63

T09 11:50 U20 Women 400m					
Final CBP: 55.23s					
	Position	BIB	ATHLETE	CLUB	Time
U20 Women	1	63	Harriet COOPER	Charnwood A C	56.65
U20 Women	2	170	Megan DAVIES	Cannock & Stafford AC	57.33
U20 Women	3	70	Jazzmin KIFFIN	Charnwood A C	57.98
U20 Women	4	177	Jessica SHEPPARD	Stratford Upon Avon AC	59.40
U20 Women	5	168	Cara CLARKE	Worcester AC	59.54
U20 Women	6	166	Holly BANKES	Stroud & District AC	59.71
U20 Women	7	178	Katrina SIMPSON	Halesowen ACC	59.81

T10 11:55 U20 Men 400m					
Heat 1 CBP: 47.91s					
	Position	BIB	ATHLETE	CLUB	Time
U20 Men	1	117	Jack HOCKING	Worcester AC	50.60
U20 Men	2	121	Aidan LEESON	Rugby & Northampton AC	50.91
U20 Men	3	124	Matthew PATERSON	Corby AC	51.02
U20 Men	4	116	Matt HILL	Worcester AC	52.86
U20 Men	5	4	Ross BEALE	Birchfield Harriers	56.99

T10 11:55 U20 Men 400m					
Heat 2 CBP: 47.91s					
	Position	BIB	ATHLETE	CLUB	Time
U20 Men	1	115	Ellis GREATREX	Wolverhampton & Bilston	48.20
U20 Men	2	106	Tor BENNETT -WILLIAMS	Wolverhampton & Bilston	50.25
U20 Men	3	128	Joseph ROGERS	Halesowen ACC	50.28
U20 Men	4	123	Sam LOWE	Worcester AC	51.12
U20 Men	5	130	Steve THOMPSON	Wolverhampton & Bilston	52.08

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Track Events

T11 12:05 Senior Men 400m					
Heat 1 CBP: 45.54s					
	Position	BIB	ATHLETE	CLUB	Time
U23 Men	1	134	Mark COTTAM	Bristol & West AC	49.93
Senior Men	2	155	Nicholas PRYCE	Royal Sutton Coldfield AC	50.66
U23 Men	3	141	Greg WHITEHOUSE	Tipton Harriers	51.08
Senior Men	4	146	Alex CURRIE	Rugby & Northampton AC	51.62
Senior Men	5	153	Shem NELSON	Royal Sutton Coldfield AC	51.92
U23 Men	6	135	James HOULT	Halesowen ACC	55.79
U23 Men	7	138	Robert PEARSALL	Tipton Harriers	1:01.24
					T20

T11 12:05 Senior Men 400m					
Heat 2 CBP: 45.54s					
	Position	BIB	ATHLETE	CLUB	Time
Senior Men	1	42	Christian BYRON	Birchfield Harriers	50.24
U23 Men	2	31	Louis O'CONNOR	Notts AC	50.75
Senior Men	3	152	David MOULD	Bromsgrove & Redditch	50.79
U23 Men	4	139	Simbarashe RWAMBIWA	Birchfield Harriers	50.91
U23 Men	5	257	Niall CARNEY	Shaftesbury Barnet Harriers	51.12
U23 Men	6	38	Hayden James WALKER	Leicester Coritanian AC	56.09
Senior Men	7	150	Chris JOHNSON	Walton AC	57.08

T12 12:15 U20 Women 100m						
Heat 1 CBP: 11.73s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Women	1	80	Sophie YORKE	Cheltenham & County Harriers	12.11	2.7
U20 Women	2	64	Tia DEVLIA	Birchfield Harriers	12.37	
U20 Women	3	73	Zoe MATTACKS	Team Bath AC	12.47	
U20 Women	4	67	Jordan HALL	Tipton Harriers	12.74	
U20 Women	5	79	Sian WYN-JONES	Solihull & Small Heath AC	13.54	
U20 Women	6	62	Milan CLUES	Rugby & Northampton AC	13.96	

T12 12:15 U20 Women 100m						
Heat 2 CBP: 11.73s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Women	1	75	Josie OLIARNYK	Halesowen ACC	11.86	4.4
U20 Women	2	77	Yvette WESTWOOD	Yate & District AC	11.89	
U20 Women	3	69	Molly JENKS	Halesowen ACC	12.44	
U20 Women	4	61	Mayah CHARLES	Notts AC	12.61	
U20 Women	5	71	Chloe LINDOP	Cannock & Stafford AC	12.66	
U20 Women	6	59	Megan BROAD	Telford AC	12.76	

T13 12:25 Senior Women 100m						
Heat 1 CBP: 11.50s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Women	1	94	Dionne SAMUELS	Birchfield Harriers	12.12	5.0
Senior Women	2	89	Samantha GRIFFITHS	Cheltenham & County Harriers	12.43	
Masters (W41)	3	99	Ellena RUDDOCK	Rugby & Northampton AC	12.67	
Masters (W45)	4	100	Michelle THOMAS	Birchfield Harriers	13.02	
U23 Women	5	82	Olivia BREEN	City Of Portsmouth AC	13.27	
	6	98	Charmaine RILEY NELSON	Royal Sutton Coldfield AC	13.57	
Senior Women	7	95	Pavidra SIVANANDARAJAH	Birmingham R&TC	13.86	

T13 12:25 Senior Women 100m						
Heat 2 CBP: 11.50s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Women	1	91	Sophie LAMBERT	Gloucester AC	12.12	4.8
U23 Women	2	83	Gabi BURTON	Cannock & Stafford AC	12.15	
U23 Women	3	81	Amy BOWEN	Telford AC	12.16	
U23 Women	4	87	Heidi JACKSON	City of Stoke AC	12.35	
Senior Women	5	96	Joella SPENCER	Royal Sutton Coldfield AC	13.02	
U23 Women	6	84	Tia CLUES	Rugby & Northampton AC	13.36	

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T14 12:35 U20 Men 100m						
Heat 1 CBP: 10.67s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Men	1	8	Kaie CHAMBERS BROWN	Birchfield Harriers	10.68	5.0
U20 Men	2	3	Dan BANKS	Worcester AC	10.81	
U20 Men	3	7	Jamal CHAMBERS	Dudley & Stourbridge Harriers	10.95	
U20 Men	4	9	Harry DRUMMOND	Wolverhampton & Bilston	11.22	
U20 Men	5	14	Callum HOLDEN	Coventry Godiva Harriers	11.49	

T14 12:35 U20 Men 100m						
Heat 2 CBP: 10.67s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Men	1	17	Rio MITCHAM	Birchfield Harriers	10.60	2.5
U20 Men	2	18	Bret OKEKE	City of Stoke AC	10.78	
U20 Men	3	13	Charles HILLIARD	Halesowen ACC	11.03	
U20 Men	4	20	Conor STYLES	Tipton Harriers	11.18	
U20 Men	5	16	Emmanuel MBU	Kettering Town Harriers	11.42	

T15 12:45 Senior Men 100m						
Heat 1 CBP: 10.40s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U23 Men	1	33	Elliott POWELL	Leicester Coritanian AC	10.57	2.8
Senior Men	2	49	Donovan JAMES	Wolverhampton & Bilston	10.85	
U23 Men	3	26	Rico EWER	Rugby & Northampton AC	10.89	
Senior Men	4	54	Charlie ROE	Coventry Godiva Harriers	11.01	
Senior Men	5	39	Diekumo ANTHONY	Coventry Godiva Harriers	11.02	
U23 Men	6	24	Ishmael ANDERSON	City of Stoke AC	11.26	
Senior Men	7	48	Danny GEORGE	Rugby & Northampton AC	11.31	
U23 Men	8	35	Jacob SALISBURY	Coventry Godiva Harriers	17.08	

T15 12:45 Senior Men 100m						
Heat 2 CBP: 10.40s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Men	1	53	Dan PUTNAM	Blackheath & Bromley Harriers AC	10.56	2.7
U23 Men	2	29	Jack LAWRENCE	Birchfield Harriers	10.75	
Senior Men	3	45	Jordan FAIRCLOUGH	Liverpool Harriers & AC	10.88	
Senior Men	4	55	Adel SESAY	Rugby & Northampton AC	10.94	
Senior Men	5	50	Peter OLIVER	Kidderminster & Stourport	10.97	
Senior Men	6	51	Nathan PETCH	Coventry Godiva Harriers	11.05	
Senior Men	7	47	Gabriel GENNUSO	Solihull & Small Heath AC	11.34	
Senior Men	8	41	Jacob BAKER	Charnwood A C	11.58	

T16 13:05 Senior Men 110m Hurdles						
Final CBP: 13.53w 110m Hurdles						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Men	1	2	David ARYEETEEY	Charnwood A C	14.58	4.8
U20 Men	2	10	Lloyd ELLIS	Leamington Cycling & AC	15.18	
U20 Men	3	19	Jay O'LEARY	Rugby & Northampton AC	15.45	
U20 Men	4	15	Nathan LANGLEY	Worksop Harriers	15.78	

T17 13:10 Senior Women 100m Hurdles						
Final CBP: 13.28s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Women	1	80	Sophie YORKE	Cheltenham & County Harriers	13.31	6.5
U23 Women	2	83	Gabi BURTON	Cannock & Stafford AC	13.90	
U20 Women	3	72	Emily MADDEN FORMAN	Stratford Upon Avon AC	14.70	
U20 Women	4	76	Cliona PERKINS	Wolverhampton & Bilston	14.83	
U20 Women	5	73	Zoe MATTACKS	Team Bath AC	15.22	
U20 Women	6	65	Sophie DOMINGO	Harborough AC	15.28	

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T18 13:20 Senior Women 2000m S/C						
	Final	CBP: 7.19.2s				
	Position	BIB	ATHLETE	CLUB	Time	
U20 Women	1	173	Katie LORD	Cannock & Stafford AC	7:32.46	
U20 Women	2	310	Lily HIGGINS	Halesowen ACC	7:33.47	
Senior Women	3	347	Sian DAVIES	Swansea Harriers	7:41.80	
U20 Women	4	324	Aimee SEAGER	Charnwood A C	7:56.95	

T19 13:30 U20 Men 2000m S/C						
	Final	CBP: 6.35.68s				
	Position	BIB	ATHLETE	CLUB	Time	
U20 Men	1	238	Dylan GILLETT	Telford AC	6:24.72	
U20 Men	2	105	Kristian BAYLEY	Halesowen ACC	6:48.07	
U20 Men	3	251	Adam WALMSLEY	Coventry Godiva Harriers	7:15.58	

T20 13:40 Senior Men 3000m S/c						
	Final	CBP: 8:45.05s				
	Position	BIB	ATHLETE	CLUB	Time	
Senior Men	1	368	Dan OWEN	Cheltenham & County Harriers	9:46.75	
Masters (M38)	2	296	Steve MILLWARD	Gloucester AC	9:51.83	
Senior Men	3	271	Thomas CHEW	Royal Sutton Coldfield AC	10:31.33	
U23 Men	4	263	James RUSSELL	Cannock & Stafford AC	11:07.27	
Masters (M49)	5	297	Graham MOFFATT	Rushcliffe AC	11:07.73	

T21 13:50 U20 Women 200m						
	Final	CBP: 24.11s				
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Women	1	77	Yvette WESTWOOD	Yate & District AC	24.36	5.3
U20 Women	2	60	Mia CHAPMAN	Bedford & County AC	24.89	
U20 Women	3	64	Tia DEVLIA	Birchfield Harriers	25.69	
U20 Women	4	69	Molly JENKS	Halesowen ACC	25.76	
U20 Women	5	70	Jazzmin KIFFIN	Charnwood A C	25.80	
U20 Women	6	71	Chloe LINDOP	Cannock & Stafford AC	25.84	
U20 Women	7	79	Sian WYN-JONES	Solihull & Small Heath AC	27.37	

T22 14:00 Senior Women 200m						
	Heat 1	CBP: 23.1s				
	Position	BIB	ATHLETE	CLUB	Time	W/S
U23 Women	1	88	Derrion THOMPSON	Tipton Harriers	26.00	7.7
U23 Women	2	81	Amy BOWEN	Telford AC	26.20	
Masters (W41)	3	99	Ellena RUDDOCK	Rugby & Northampton AC	26.90	
Masters (W36)	4	98	Charmaine RILEY NELSON	Royal Sutton Coldfield AC	28.05	
Senior Women	5	95	Pavidra SIVANANDARAJAH	Birmingham R&TC	29.26	

T22 14:00 Senior Women 200m						
	Heat 2	CBP: 23.1s				
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Women	1	90	Nardhia KIDD-WALKER	Birchfield Harriers	24.16	7.0
U23 Women	2	85	Kelly CONSTABLE	Gloucester AC	25.64	
Senior Women	3	89	Samantha GRIFFITHS	Cheltenham & County Harriers	25.89	
Senior Women	4	92	Laura LANGOWSKI	Tamworth AC	26.31	
Masters (W45)	5	100	Michelle THOMAS	Birchfield Harriers	27.28	
Masters (W38)	6	101	Jody WARD	Leicester Coritanian AC	29.40	

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T23 14:10 U20 Men 200m						
Heat 1 CBP: 21.02s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Men	1	18	Bret OKEKE	City of Stoke AC	21.76	8.7
U20 Men	2	13	Charles HILLIARD	Halesowen ACC	21.78	
U20 Men	3	1	Morgan AMED	Coventry Godiva Harriers	21.88	
U20 Men	4	7	Jamal CHAMBERS	Dudley & Stourbridge Harriers	22.22	
U20 Men	5	4	Ross BEALE	Birchfield Harriers	24.04	
U20 Men	6	14	Callum HOLDEN	Coventry Godiva Harriers	24.51	

T23 14:10 U20 Men 200m						
Heat 2 CBP: 21.02s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Men	1	17	Rio MITCHAM	Birchfield Harriers	21.60	3.3
U20 Men	2	8	Kaie CHAMBERS BROWN	Birchfield Harriers	22.22	
U20 Men	3	5	Ollie BIDDLE	Worcester AC	22.70	
U20 Men	4	20	Conor STYLES	Tipton Harriers	23.06	
U20 Men	5	16	Emmanuel MBU	Kettering Town Harriers	23.26	

T24 14:20 Senior Men 200m						
Heat 1 CBP: 20.87s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Men	1	53	Dan PUTNAM	Blackheath & Bromley Harriers AC	20.68	7.3
Senior Men	2	56	Peter SHAND	Birchfield Harriers	21.16	
U23 Men	3	28	Kane HOWITT	Royal Sutton Coldfield AC	21.30	
Senior Men	4	397	Nik KANONIK	Birchfield Harriers	21.56	
U23 Men	5	34	Alfie ROWETT	Banbury Harriers AC	21.97	
Masters (M36)	6	58	Stewart MARSHALL	Coventry Godiva Harriers	22.78	
U23 Men	7	27	Scott GUNNING	Swindon Harriers	23.42	

T24 14:20 Senior Men 200m						
Heat 2 CBP: 20.87s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U23 Men	1	33	Elliott POWELL	Leicester Coritanian AC	20.90	4.3
Senior Men	2	57	Michael WARNER	Newham & Essex Beagles AC	21.26	
U23 Men	3	32	Freddie OWSLEY	Bristol & West AC	21.44	
Senior Men	4	42	Christian BYRON	Birchfield Harriers	21.74	
U23 Men	5	36	Jordan SPENCE	Corby AC	21.97	
U23 Men	6	37	Mitchell TURNER	Tipton Harriers	22.78	
U23 Men	7	38	Hayden James WALKER	Leicester Coritanian AC	24.22	

T25 14:30 Senior Women 5000m						
Final CBP: 16.12.2s						
	Position	BIB	ATHLETE	CLUB	Time	
Senior Women		371	Ellie STEVENS	Birchfield Harriers	17:54.11	
Masters (W40)		195	Lisa PALMER-BLOUNT	Heanor Running Club	17:56.29	
Senior Women		191	Sarah MACKNESS	Notts AC	17:59.51	
U23 Women		223	Lucy HOLT	Notts AC	18:11.25	
Senior Women		225	Rosanna ANDREWS	Rugby & Northampton AC	18:20.78	
Masters (W36)		228	Sue STREET-HALL	Tipton Harriers	20:17.51	

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T26 15:10 Senior Men 5000m						
Final CBP: 13.44.92s						
	Position	BIB	ATHLETE	CLUB	Time	
Senior Men	1	204	Jack BANCROFT	Bristol & West AC	15:04.19	
Senior Men	2	205	Phil BEASTALL	Cheltenham & County Harriers	15:09.77	
Senior Men	3	214	Joe SMITH	Tipton Harriers	15:10.64	
U23 Men	4	203	Jack MILLAR	Bristol & West AC	15:27.78	
Master (M)39)	5	366	Stuart HAWKES	Tipton Harriers	15:38.89	
Masters (M37)	6	219	Chris JORDAN	Leicester Coritanian AC	15:47.91	
Senior Men	7	216	Philip WILSON	Tipton Harriers	15:51.63	
Senior Men	8	212	Luke MONTGOMERY	Corby AC	15:53.93	
Masters (M50)	9	220	Gordon LEE	Leicester Coritanian AC	15:57.33	
Senior Men	10	213	Charlie JONES	Cheltenham & County Harriers	16:03.11	
Senior Men	11	206	Jonathan CARTER	Tipton Harriers	16:14.64	
Senior Men	12	208	Ben FOSTER	Dudley & Stourbridge Harriers	16:26.22	
Masters (M42)	13	221	Ludovic RENO	Leicester Coritanian AC	16:28.89	
Senior Men	14	211	Robert MEREDITH	Dudley & Stourbridge Harriers	16:46.87	
U23 Men	15	201	Edward CANNELL	Kettering Town Harriers	17:17.38	
Senior Men	16	209	Benn LYMAN	Corby AC	17:39.70	
U20 Men	17	200	James MCCALL	Leicester Coritanian AC	17:54.22	

T28 15:40 Senior Women 200m						
Final CBP: 23.1s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Women	1	90	Nardhia KIDD-WALKER	Birchfield Harriers	24.53	5.6
U23 Women	2	81	Amy BOWEN	Telford AC	25.47	
Senior Women	3	89	Samantha GRIFFITHS	Cheltenham & County Harriers	25.57	
U23 Women	4	88	Derrion THOMPSON	Tipton Harriers	25.62	
U23 Women	5	85	Kelly CONSTABLE	Gloucester AC	25.74	
Masters (W41)	6	99	Ellena RUDDOCK	Rugby & Northampton AC	26.24	

T29 15:45 U20 Men 200m						
Final CBP: 21.02s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Men	1	17	Rio MITCHAM	Birchfield Harriers	20.80	5.6
U20 Men	2	8	Kaie CHAMBERS BROWN	Birchfield Harriers	21.23	
U20 Men	3	13	Charles HILLIARD	Halesowen ACC	21.36	
U20 Men	4	1	Morgan AMED	Coventry Godiva Harriers	21.77	
U20 Men	5	18	Bret OKEKE	City of Stoke AC	21.81	
U20 Men	6	7	Jamal CHAMBERS	Dudley & Stourbridge Harriers	22.38	
U20 Men	7	5	Ollie BIDDLE	Worcester AC	22.49	
U20 Men	8	20	Conor STYLES	Tipton Harriers	23.01	

T30 15:50 Senior Men 200m						
Final CBP: 20.87s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Men	1	53	Dan PUTNAM	Blackheath & Bromley Harriers AC	20.65	6.0
U23 Men	2	33	Elliott POWELL	Leicester Coritanian AC	20.73	
Senior Men	3	57	Michael WARNER	Newham & Essex Beagles AC	21.00	
Senior Men	4	56	Peter SHAND	Birchfield Harriers	21.03	
U23 Men	5	28	Kane HOWITT	Royal Sutton Coldfield AC	21.31	
Senior Men	6	397	Nik KANONIK	Birchfield Harriers	21.33	
U23 Men	7	32	Freddie OWSLEY	Bristol & West AC	21.50	
Senior Men	8	42	Christian BYRON	Birchfield Harriers	21.72	

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Track Events

T31 16:00 Senior & U20 Women 1500m					
	Final	CBP: 4:27.15s			
	Position	BIB	ATHLETE	CLUB	Time
U20 Women	1	179	Tabatha WALFORD	Bedford & County AC	4:42.91
U20 Women	2	174	Abigail NOLAN	Coventry Godiva Harriers	4:43.22
U20 Women	3	178	Katrina SIMPSON	Halesowen ACC	4:46.46
Senior Women	4	191	Sarah MACKNESS	Notts AC	4:47.19
Senior Women	5	188	Elsie BUTLER	Charnwood A C	4:53.00
Senior Women	6	192	Rebecca PIERCE	Team Bath AC	4:58.43
U20 Women	7	167	Rebecca BROWN	Cannock & Stafford AC	5:07.84

T33 16:20 U20 Men 1500m					
	Final	CBP: 3:58.5s			
	Position	BIB	ATHLETE	CLUB	Time
U20 Men	1	126	Alex RIELEY	Mansfield Harriers	3:58.16
U20 Men	2	372	Stanley WILLIS	Bedford & County AC	4:01.18
U20 Men	3	113	Oliver FREER	Leicester Coritanian AC	4:01.38
U20 Men	4	119	Alex JOLLY	Coventry Godiva Harriers	4:04.29
U20 Men	5	129	Hugh SADLER	Bristol & West AC	4:09.57
U20 Men	6	110	Joe CONNORS	Yate & District AC	4:13.91

T34 16:30 Senior Men 1500m					
	Final	CBP: 3:41.3s			
	Position	BIB	ATHLETE	CLUB	Time
Senior Men	1	368	Dan OWEN	Cheltenham & County Harriers	4:12.01
Senior Men	2	147	Richard DE-CAMPS	Cheltenham & County Harriers	4:12.52
Senior Men	3	154	Stephen PARKES	Tamworth AC	4:12.84
Masters (M36)	4	161	Aaron BROWN	Tipton Harriers	4:13.76
U23 Men	5	132	Jack BONSER	Wolverhampton & Bilston	4:15.89
Masters (M40)	6	162	Stephen LONG	Notts AC	4:18.03
U23 Men	7	142	Adam WILSON	Yate & District AC	4:19.84

T36 16:45 U20 Men 400m					
	Final	CBP: 47.91s			
	Position	BIB	ATHLETE	CLUB	Time
U20 Men	1	115	Ellis GREATREX	Wolverhampton & Bilston	48.90
U20 Men	2	121	Aidan LEESON	Rugby & Northampton AC	49.58
U20 Men	3	117	Jack HOCKING	Worcester AC	49.98
U20 Men	4	128	Joseph ROGERS	Halesowen ACC	50.27
U20 Men	5	106	Tor BENNETT -WILLIAMS	Wolverhampton & Bilston	50.79
U20 Men	6	123	Sam LOWE	Worcester AC	52.18
U20 Men	7	130	Steve THOMPSON	Wolverhampton & Bilston	52.48
U20 Men	8	124	Matthew PATERSON	Corby AC	54.00

T37 16:50 Senior Men 400m					
	Final	CBP: 45.54s			
	Position	BIB	ATHLETE	CLUB	Time
Senior Men	1	42	Christian BYRON	Birchfield Harriers	47.43
Senior Men	2	155	Nicholas PRYCE	Royal Sutton Coldfield AC	48.50
U23 Men	3	134	Mark COTTAM	Bristol & West AC	48.95
U23 Men	4	31	Louis O'CONNOR	Notts AC	50.08
U23 Men	5	257	Niall CARNEY	Shaftesbury Barnet Harriers	50.10
U23 Men	6	139	Simbarashe RWAMBIWA	Birchfield Harriers	50.30
Senior Men	7	152	David MOULD	Bromsgrove & Redditch	50.70
U23 Men	8	141	Greg WHITEHOUSE	Tipton Harriers	50.81

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T38						
17:00 U20 Women 100m						
Final CBP: 11.73s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Women	1	77	Yvette WESTWOOD	Yate & District AC	11.70	4.9
U20 Women	2	80	Sophie YORKE	Cheltenham & County Harriers	11.72	
U20 Women	3	75	Josie OLIARNYK	Halesowen ACC	11.90	
U20 Women	4	64	Tia DEVLIA	Birchfield Harriers	12.44	
U20 Women	5	73	Zoe MATTACKS	Team Bath AC	12.44	
U20 Women	6	69	Molly JENKS	Halesowen ACC	12.46	
U20 Women	7	61	Mayah CHARLES	Notts AC	12.69	

T39						
17:05 Senior Women 100m						
Final CBP: 11.50s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Women	1	94	Dionne SAMUELS	Birchfield Harriers	11.94	8.6
Senior Women	2	91	Sophie LAMBERT	Gloucester AC	12.01	
U23 Women	3	81	Amy BOWEN	Telford AC	12.17	
Senior Women	4	89	Samantha GRIFFITHS	Cheltenham & County Harriers	12.26	
U23 Women	5	87	Heidi JACKSON	City of Stoke AC	12.30	
Masters (W41)	6	99	Ellena RUDDOCK	Rugby & Northampton AC	13.22	

T40						
17:10 U20 Men 100m						
Final CBP: 10.67s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
U20 Men	1	17	Rio MITCHAM	Birchfield Harriers	10.30	6.5
U20 Men	2	8	Kaie CHAMBERS BROWN	Birchfield Harriers	10.47	
U20 Men	3	18	Bret OKEKE	City of Stoke AC	10.67	
U20 Men	4	3	Dan BANKS	Worcester AC	10.74	
U20 Men	5	13	Charles HILLIARD	Halesowen ACC	10.85	
U20 Men	6	7	Jamal CHAMBERS	Dudley & Stourbridge Harriers	10.98	
U20 Men	7	9	Harry DRUMMOND	Wolverhampton & Bilston	11.07	
U20 Men	8	20	Conor STYLES	Tipton Harriers	11.26	

T41						
17:15 Senior Men 100m						
Final CBP: 10.40s						
	Position	BIB	ATHLETE	CLUB	Time	W/S
Senior Men	1	53	Dan PUTNAM	Blackheath & Bromley Harriers AC	10.35	6.3
U23 Men	2	33	Elliott POWELL	Leicester Coritanian AC	10.37	
U23 Men	3	29	Jack LAWRENCE	Birchfield Harriers	10.54	
Senior Men	4	45	Jordan FAIRCLOUGH	Liverpool Harriers & AC	10.72	
U23 Men	5	26	Rico EWER	Rugby & Northampton AC	10.72	
Senior Men	6	49	Donovan JAMES	Wolverhampton & Bilston	10.81	
Senior Men	7	55	Adel SESAY	Rugby & Northampton AC	10.85	
Senior Men	8	50	Peter OLIVER	Kidderminster & Stourport	10.90	