



MATCH 1

REPORT

6 MAY 2017

MIDLAND COUNTIES TRACK & FIELD LEAGUE 2017

The 2017 Midland Counties Athletics Direct Track & Field League has begun with a bang with two new League Records, in addition to two Divisional Records set and one Divisional Record equalled. Division 2 had two League Records; City of Stoke's Katie Holt set a PB of 9.23.3 in the 3000m to break the record by 10seconds. Sophie Yorke had a great run for Cheltenham & County H which saw her set a new 100H record of 13.6s. In Division 5 two Divisional Records were set; Dudley & Stourbridge women broke their own 4 x 100m relay record they set last year, and Ross Douglas competed across all the throws for Charnwood AC going on to achieve the Hammer record which now stands at 51.68m. A well done to David Lima of Birmingham R & T C in Division 3 who equalled the 400m record of 48.8, an event he hasn't competed in since 2010! Congratulations to everyone who competed and thank you to the officials and team managers.

Roll of Honour:

LEAGUE RECORD

Katie Holt	City of Stoke AC	3000m	9.23.3s	Division 2
Sophie Yorke	Cheltenham & County H	100H	13.6s	Division 2

EQUALLED LEAGUE RECORD

DIVISIONAL RECORDS

Katie Holt	City of Stoke AC	3000m	9.23.3s	Division 2
Sophie Yorke	Cheltenham & County H	100H	13.6s	Division 2
Women	Dudley & Stourbridge H	4x100m	50.1s	Division 5
Ross Douglas	Charnwood AC	Hammer	51.68m	Division 5

EQUALLED DIVISIONAL RECORD

David Lima	Birmingham R & T C	400m	48.8s	Division 3
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