

First Name	Last Name	Age Group	Origin Club	Destination Club
Norman	Abadiano	Senior	Orpington Road Runners	100 Marathon Club
Garry	Fowle	Senior	Hailsham Harriers	100 Marathon Club
Melanie	Hudson	Senior	Elvet Striders	100 Marathon Club
Sue	Jennings	Senior	Elvet Striders	100 Marathon Club
Jan	Lavis	Senior	Burgess Hill Runners	100 Marathon Club
Paul	McKay	Senior	Huncote Harriers	100 Marathon Club
Lloyd	McMurtary	Senior	Brandon Fern Hoppers	100 Marathon Club
Michael	Pate	Senior	Red Rose Road Runners	100 Marathon Club
Deborah	Pitt	Senior	Mercia Fell Runners	100 Marathon Club
Dave	Robson	Senior	Elvet Striders	100 Marathon Club
Andrew	Tesseyman	Senior	Airecentre Pacers RC	12 in 12
Jane	Tesseyman	Senior	Airecentre Pacers RC	12 in 12
Dmitry	Selemir	Senior	Wimbledon Windmilers	26.2 Road Runners Club
Joanne	Henderson	Senior	Radley Athletic Club	Abingdon AC
Isabelle	Martin	U13	Oxford City AC	Abingdon AC
Olivia	Martin	U15	Oxford City AC	Abingdon AC
Calum	Steer	U20	Chiltern Harriers AC	Abingdon AC
Mary	Saunders	Senior	Queensbury Running Club	Alchester Running Club
Nigel	Duke	Senior	Fleet & Crookham AC	Aldershot Farnham & District
Alice	Fellbaum	Senior	North Leeds Fell Runners	Ambleside AC
Benjamin	Jones	Senior	Ipswich Harriers	Andover AC
Aaron	Kirkham	U13	City Of Salisbury AC & RC	Andover AC
Gabrielle	Kirkham	U17	City Of Salisbury AC & RC	Andover AC
Emma	Livingstone	U20	Colchester Harriers AC	Andover AC
Ross	Livingstone	Senior	Colchester Harriers AC	Andover AC
Jasmin	Philips	U17	Swindon Harriers	Andover AC
Juliette	Warburton	Senior	Fitmums and Friends	Andover AC
Michael	Gibbons	Senior	Bramhall Runners	Arena 80 AC
Nicholas	Monte	Senior	Heaton Harriers & AC	Ashington Hirst Running Club
Alicia	Bentin	U17	Diss and District AC	Attleborough Athletics Academy
Fleur	Bentin	U15	Diss and District AC	Attleborough Athletics Academy
Florrie	Burton	U13	Harling Athletic Club	Attleborough Athletics Academy
Claire	Markwell	Senior	Harling Athletic Club	Attleborough Athletics Academy
Damian	Spreckley	Senior	City Of Portsmouth AC	Avon Valley Runners
James	Birkley	Senior	North Devon RRC	Baildon Runners
Anna	Smith	Senior	Queensbury Running Club	Baildon Runners
Natalie	Traylen	Senior	Newham & Essex Beagles AC	Barking Road Runners
Simon	Danciger	Senior	Wimbledon Windmilers	Barnes Runners
Oliver	Caress	U15	City of Sheffield and Dearne AC	Barnsley Athletic Club



First Name	Last Name	Age Group	Origin Club	Destination Club
Paul	Smith	Senior	Kingstone Runners Barnsley	Barnsley Harriers
Karen	Bell	Senior	Ivanhoe Runners	Barrow Runners
EDWARD	TOONE	Senior	Charnwood A C	Barrow Runners
Andrea	Larmour	Senior	Fitmums and Friends	Barton & District AC
Carl	Taylor	Senior	Scunthorpe & District AC	Barton & District AC
Bethany	Adams	U15	East Essex Triathlon Club	Basildon AC
Toby	Linsell	U15	Southend On Sea AC	Basildon AC
Amy	Blackall	Senior	Sherfield Park Runners	Basingstoke & Mid Hants AC
Courtney	Ubank	Senior	Blackheath and Bromley Harriers Athletic Club	Basingstoke & Mid Hants AC
Louise	Peck	Senior	Bungay Black Dog RC	Beccles & Bungay Harriers
Marcus	Nichols	Senior	Bungay Black Dog RC	Beccles Triathlon Club
Scarlet	Dalrymple	U17	St Neots Riverside Runners	Bedford & County AC
Amy	Frith	Senior	Royston Runners	Bedford & County AC
Shaun	Cherry	Senior	Wellingborough & District AC	Bedford Harriers AC
Chris	Robson	Senior	Long Eaton Running Club	Beeston AC
Chyna	Russell	U20	Sutton & District AC	Belgrave Harriers
Mark	Taylor	Senior	Smalley Road Runners	Belper Harriers
Gareth	Moyle	Senior	City of Hull AC	Beverley Athletic Club
Remy	Barrett	Senior	Solihull & Small Heath Athletic Club	Birchfield Harriers
JOHN	DALZELL	Senior	Royal Sutton Coldfield Athletic Club	Birchfield Harriers
James	Gladman	Senior	Warrington A C	Birchfield Harriers
Ellis	Greatrex	U20	Wolverhampton & Bilston	Birchfield Harriers
Bethan	Hinett	U20	Coventry Godiva Harriers	Birchfield Harriers
Alex	Jolly	U20	Coventry Godiva Harriers	Birchfield Harriers
Alfie	Meade	U20	Coventry Godiva Harriers	Birchfield Harriers
Leo	Merritt	U15	Bromsgrove and Redditch	Birchfield Harriers
Niall	Price	U20	Wolverhampton & Bilston	Birchfield Harriers
Pijus	Tvardauskas	U13	Bromsgrove and Redditch	Birchfield Harriers
Steven	Barber	Senior	Dulwich Park Runners	Birmingham Running Athletics & Triathlon Club (BRAT)
Peter	Ashford	Senior	Wreake Runners	Birstall RC
John	Kennedy	Senior	UKRunChat Running Club	Bishops Stortford RC
Fiona	Blackmore	Senior	Team Bath Athletic Club	Bitton Road Runners
Michael	Blackmore	Senior	Team Bath Athletic Club	Bitton Road Runners
Allison	Nash-Collier	Senior	Emersons Green Running Club	Bitton Road Runners
Lauren	Price	Senior	Yeovil Town RRC	Bitton Road Runners
Benjamin	Riddell	Senior	Salford Harriers & AC	Black Combe Runners
IAN	CHRISTIE	Senior	Droitwich AC	Black Pear Joggers
Ellen	Sagar-Hesketh	Senior	Hyndburn AC	Blackburn Harriers & AC



First Name	Last Name	Age Group	Origin Club	Destination Club
Alex	Hill	Senior	Herts Phoenix AC	Blackheath and Bromley Harriers Athletic Club
Abel	Tadesse	U20	Herne Hill Harriers	Blackheath and Bromley Harriers Athletic Club
Steven	Simpson	Senior	Fylde Coast Runners	Blackpool Wyre & Fylde AC
Peter	Duerden	Senior	Vegan Runners UK	Blackwater Valley Runners
Dave	Allen	Senior	Derwent Valley Running Club	Blaydon Harriers & AC
Richard	Carr	Senior	Elswick Harriers	Blaydon Harriers & AC
Andrea	Clarke	Senior	Derwent Valley Running Club	Blaydon Harriers & AC
Madeleine	Liddell	U13	Chester Le Street & Dist AC	Blyth Running Club
Mia	Liddell	U15	Chester Le Street & Dist AC	Blyth Running Club
Terry	Wall	Senior	Trentham RC	Boalloy Running Club
Linda	Gant	Senior	St Bees Triers	BodyFit Cumbria Running Club
Paul	Thompson	Senior	Bury Athletic Club	Bolton Triathlon Club
Ellie	Gettinby	U20	Wigan & District H & AC	Bolton United Harriers & AC
Lana	Blake	U15	Southampton Athletic Club	Bournemouth AC
Richard	Cannings	Senior	Littledown Harriers	Bournemouth AC
Lauren	Homer	U13	Lymington Athletes	Bournemouth AC
Anthony	Hayward	Senior	Solihull & Small Heath Athletic Club	Bournville Harriers
lan	Mackenzie	Senior	Kings Heath RC - The Lions	Bournville Harriers
Jared	Robinson	Senior	Cheltenham and County Harriers	Bourton Roadrunners Club
Sara	Brooks	Senior	Buckingham & Stowe RC	Brackley and District RC
Marcus	Nye	U15	Blackheath and Bromley Harriers Athletic Club	Bracknell AC
Bruce	Poll	Senior	Bracknell Forest Runners	Bracknell AC
Jake	Latham	U15	Cambridge & Coleridge AC	Braintree & District AC
Stacey	Kite	Senior	Pudsey Pacers RC	Bramley Breezers
Samantha	Stewart	Senior	Pudsey Pacers RC	Bramley Breezers
Sonsoles	Acosta	Senior	Chichester Runners & AC	Brighton & Hove Women's Running Club
Zara	Gabbidon	Senior	Yeovil Olympiads AC	Bristol and West AC
Emma Jane	Orchard	Senior	Sole Sisters (North Bristol)	Bristol and West AC
Jake	Parmenter	Senior	North Devon AC	Bristol and West AC
Amy	Partridge	Senior	Wenlock Olympians	Bristol and West AC
Darren	Tremble	Senior	Blackpool Wyre & Fylde AC	Bristol and West AC
Jan	Durr	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Bromsgrove and Redditch
Rory	McDermott	Senior	Great Western Runners	Bromsgrove and Redditch
David	Morris	Senior	Silson AC	Buckingham & Stowe RC
David	Silk	Senior	Great Yarmouth Road Runners	Bungay Black Dog RC
Marcus	Sladden	Senior	Norwich Road Runners	Bungay Black Dog RC
AMY	MILLS	U15	Crawley AC	Burgess Hill Runners



First Name	Last Name	Age Group	Origin Club	Destination Club
Carmen	Hollis	Senior	Tamworth AC	Burton AC
Sharon	Blackledge	Senior	Eye Community Runners	Bushfield Joggers
Harry	Bond	U15	Staffs Moorlands AC	Buxton AC
Jason	Burgess	Senior	Trentham RC	Buxton AC
Sienna	Phillips	U13	Staffs Moorlands AC	Buxton AC
Chris	Mather	Senior	Barton & District AC	Caistor Running Club
Wayne	Smith	Senior	Lincsquad	Caistor Running Club
Kevan	Wind	Senior	Pitsea RC	Calne Running Club
Douglas	Buisson	Senior	Cambridge University AC	Cambridge & Coleridge AC
Victoria	Pearson	Senior	Woodbridge Shufflers RC	Cambridge & Coleridge AC
Hannah	Sargisson	Senior	Heanor Running Club	Cambridge & Coleridge AC
Ethan	Seal	U17	Harlow AC	Cambridge & Coleridge AC
Sherden	Timmins	Senior	London Heathside	Cambridge & Coleridge AC
Matthew	Harris	Senior	Winchester & District AC	Cambridge University AC
Ben	Gamble	Senior	Stafford Harriers	Cannock & Stafford AC
Jamie	Bushnell	Senior	Dartford Harriers AC	Central Park Athletics
Rebecca	Bushnell-Durey	Senior	Dartford Harriers AC	Central Park Athletics
Michael	Cox	Senior	Dartford Harriers AC	Central Park Athletics
Anthony	Durey	Senior	Dartford Harriers AC	Central Park Athletics
Anoushka	Johnson	Senior	Dartford Harriers AC	Central Park Athletics
Mark	McMillan	Senior	Dartford Harriers AC	Central Park Athletics
Janet	Pyne	Senior	Dartford Harriers AC	Central Park Athletics
Chloe	Sharp	U20	Dartford Harriers AC	Central Park Athletics
CRAIG	SHARP	Senior	Dartford Harriers AC	Central Park Athletics
Alexander	Valentino	Senior	Dartford Harriers AC	Central Park Athletics
Alice Lucy	Walton	U15	4Life Triathlon Club	Charnwood A C
Scott	Jones	U17	Croft Ambrey RC	Cheltenham and County Harriers
Kathryn	Morton	Senior	Stroud & District AC	Cheltenham and County Harriers
Robert	Sims	U20	Amber Valley and Erewash Athletic Club	Chesterfield & District AC
Paddy	Clark	Senior	Veterans AC	Chichester Runners & AC
John	McElroy	Senior	Basingstoke & Mid Hants AC	Chineham Park Running Club
Alice	Hartley	Senior	Red Rose Road Runners	Chorlton Runners
James	Taylor	Senior	Almost Athletes	Chorlton Runners
Graeme	Stringer	Senior	Hardley Runners	Christchurch Runners
Ollie	Campbell	U17	Swindon Harriers	Cirencester AC
Mark	Gronow	Senior	Kingston upon Hull AC	City of Hull AC
Adam	Bamford	Senior	Mornington Chasers	City Of Norwich AC
Billy	Francis	U13	Harling Athletic Club	City Of Norwich AC



First Name	Last Name	Age Group	Origin Club	Destination Club
Reuben	Houghton	U13	Norwich Road Runners	City Of Norwich AC
lan	Pulford	Senior	Marshall Milton Keynes AC	City Of Norwich AC
Ella	Thomas	U17	Chelmsford AC	City Of Norwich AC
Ellie	Crane	U17	Dartmouth AAC	City Of Plymouth AC
Diane	Walder	Senior	Looe Pioneers Running Club	City Of Plymouth AC
Mia	Swindell	U15	Worksop Harriers	City of Sheffield and Dearne AC
Simon	Myatt	Senior	Trentham RC	City of Stoke AC
Abigail	Williams	Senior	West Cheshire Athletic Club	City of Stoke AC
Ed	Wilson	Senior	Trentham RC	City of Stoke AC
Hannah	Ellam	U17	Scarborough Athletic Club	City of York AC
Isabel	Matique	U17	Scarborough Athletic Club	City of York AC
REECE	MIDDLETON	Senior	Deeside AAC	City of York AC
Katie	Robinson	U17	Scarborough Athletic Club	City of York AC
Aisha	Russell	U17	Scarborough Athletic Club	City of York AC
Andrew	Blake	Senior	Hercules Wimbledon AC	Clapham Chasers
Mark	Davies	Senior	Serpentine RC	Clapham Chasers
Martin	Harris	Senior	Fetch Everyone	Clapham Chasers
Peter	Kinahan	Senior	Serpentine RC	Clapham Chasers
Adele	Potts	Senior	Cheltenham and County Harriers	Clapham Chasers
Nicola	Moynihan	U17	Hyndburn AC	Clayton-le-Moors Harriers
Chris	Snell	Senior	Barlick Fell Runners	Clayton-le-Moors Harriers
Jack	Darnell	Senior	Louth AC	Cleethorpes and District AC
Andrea	Miles	Senior	Ludlow Runners	Cleobury Mortimer Running Club
Oliver	Eves	U20	Colchester & Tendring AC	Colchester Harriers AC
Jimi	Sijuwola	Senior	Colchester & Tendring AC	Colchester Harriers AC
Michael	Smith	Senior	Aldridge RC	Colchester Harriers AC
Megan	Yellop	Senior	Ipswich Jaffa RC	Colchester Harriers AC
Debbie	Hall	Senior	Wymondham AC	Coltishall Jaguars RC
Thomas	Lincoln-Kemp	Senior	Norwich Road Runners	Coltishall Jaguars RC
Stephen	Webb	Senior	Belle Vue Racers	Congleton Harriers
Tom	Frost	Senior	Avon Valley Runners	Corsham Running Club
Megan	Grange	Senior	Chippenham Harriers	Corsham Running Club
Rachel	Aldrich	Senior	Saracens Running Club	Coventry Godiva Harriers
Yasmin	Liverpool	U20	University of Warwick	Coventry Godiva Harriers
Peter	Morgan	Senior	Warrington A C	Coventry Godiva Harriers
Lea	Quarm	U15	Sphinx AC	Coventry Godiva Harriers
Jack	Avery	Senior	Basildon AC	Crawley AC
Amelia	Brown	Senior	Crawley Saints & Sinners Running Club	Crawley AC



First Name	Last Name	Age Group	Origin Club	Destination Club
Stacey	Buche	Senior	Crawley Saints & Sinners Running Club	Crawley AC
Jason	Harrold	Senior	Crawley Saints & Sinners Running Club	Crawley AC
Glenn	Mitchell	Senior	Crawley Saints & Sinners Running Club	Crawley AC
Bill	Bedford	Senior	Fittleworth Flyers	Crawley Run Crew
Susan	Childs	Senior	Crawley Saints & Sinners Running Club	Crawley Run Crew
Louise	Clawson	Senior	Crawley Saints & Sinners Running Club	Crawley Run Crew
Omotoyosi	Adelaja	U20	Sutton & District AC	Croydon Harriers
Andrea	Sanders	Senior	Killamarsh Kestrels	Crystal Peaks Runners
Wendy	Navin	Senior	St Bees Triers	Cumberland AC
Sophie	Noon	Senior	Derwent AC Cockermouth	Cumberland Fell Runners
Oliver	Ayres	U17	Chiltern Harriers AC	Dacorum & Tring AC
Tom	Gaunce	U15	St Albans AC	Dacorum & Tring AC
Richard	Needham	Senior	Heanor Running Club	Dark Peak Fell Runners
Nichola	Strevens	Senior	Hart Road Runners	Dartmouth AAC
Derek	Monroe	Senior	Pocklington Runners	Daventry Road Runners
Tracy	Hinxman	Senior	Hatton Darts	Derby Athletic Club
Sarah	Lake	Senior	Tri-Anglia Triathlon Club	Dereham Runners & AC
Bethany	Sunners	Senior	BodyFit Cumbria Running Club	Derwent AC Cockermouth
Sara	Hawksworth	Senior	Team Derby Runner	Derwent Runners (Derby)
Jane	Haswell	Senior	Derwent Valley Trail Runners	Derwent Valley Running Club
Stephen	Metcalf	Senior	Blackhill Bounders	Derwent Valley Trail Runners
Gordon	Hull	Senior	Durham City Harriers & AC	Derwentside AC
Gregory	Lyle	Senior	Tickhill Running & Athletic Club	Doncaster Triathlon Club
Josie	Warr	Senior	Dorset Sole Sisters	Dorchester RIOT
Julie	Watts	Senior	Dorset Sole Sisters	Dorchester RIOT
Emily	Wiltshire	Senior	Westbourne R C	Dorchester RIOT
Jonathan	Forey	Senior	Skyrac Athletic Club	Dragons Running Club (Leeds)
LEAH	FOREY	U20	Skyrac Athletic Club	Dragons Running Club (Leeds)
Simon	Harding	Senior	Dulwich Runners AC	Dulwich Park Runners
Megan	Charlton	U17	Birtley AC	Durham City Harriers & AC
Melanie	Charlton	U15	Birtley AC	Durham City Harriers & AC
Katherine	Dodd	Senior	Elvet Striders	Durham City Harriers & AC
Megan	Hauxwell	U13	Crook & Dist Sports AC	Durham City Harriers & AC
Briain	O Dowd	Senior	Oxford City AC	Ealing Eagles Running Club
James	Fulton	Senior	Eton Manor AC	East End Road Runners
Mark	McColgan	Senior	Dulwich Runners AC	East End Road Runners
Tim	Tomlins	Senior	Benfleet RC	East Essex Triathlon Club
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First Name	Last Name	Age Group	Origin Club	Destination Club
Rachael	Webber	Senior	South London Harriers	East Grinstead Triathlon Club
Michelle	Smith	Senior	Fitmums and Friends	East Hull Harriers & AC
Martin	Quinlan	Senior	East End Road Runners	East London Runners
james	pilgrim	Senior	Winchester & District AC	Eastleigh RC
Erika	Smith	Senior	Lordshill Road Runners	Eastleigh RC
Susanne	Enhard	Senior	Compton Harriers RC	Eden Runners
Nicola	King	Senior	Blackburn Harriers & AC	Eden Runners
Andrew	Hepburn	Senior	Southville Running Club	Emersons Green Running Club
Emily	Jefferies	Senior	Running Somewhere Else	Emersons Green Running Club
JACK	PITCHER	Senior	Running Somewhere Else	Emersons Green Running Club
Sophie	Desmond	U13	The Stragglers Running Club	Epsom & Ewell Harriers
Alice	Germana	Senior	Sutton Runners	Epsom & Ewell Harriers
Kathy	Finch	Senior	Running 4 Women	Epsom Allsorts
Hannah	Smith	Senior	Vegan Runners UK	Epsom Allsorts
Gary	Smith	Senior	Absolute Tri	Erewash Valley RC
Alison	Engledew	Senior	Bristol and West AC	Erme Valley Harriers
David	Engledew	Senior	Bristol and West AC	Erme Valley Harriers
Paul	Parker	Senior	South West Road Runners	Exeter Harriers
Ben	Stone	Senior	Tiverton Harriers	Exeter Harriers
Janet	Haynes	Senior	Running Somewhere Else	Exmouth Running Belles
Amanda	McCann	Senior	Exmouth Harriers	Exmouth Running Belles
James	Hughes	Senior	Ealing Southall & Middlesex AC	Fareham Crusaders Running Club
Martin	Erasmus	Senior	Vegan Runners UK	Farnham Runners
John	Driver	Senior	MK Lakeside Runners	Felixstowe RRC
George	Morgan	U15	Ipswich Harriers	Felixstowe RRC
Chris	Sugars	Senior	Ipswich Harriers	Felixstowe RRC
Richard	Bottom	Senior	Stadium Runners	Fetch Everyone
Gregor	Bowie	Senior	Liverpool Running Club	Fetch Everyone
Matthew	Ceiley	Senior	Team Derby Runner	Fetch Everyone
Vanessa	Costa	Senior	Hermitage Harriers	Fetch Everyone
Beverley	Draper	Senior	UKnetrunner.co.UK	Fetch Everyone
Simon	Gosney	Senior	Striders Of Croydon	Fetch Everyone
Andy	Hamilton	Senior	UKRunChat Running Club	Fetch Everyone
Ruth	Holmes-Davitt	Senior	Three Counties Running Club	Fetch Everyone
Helen	Moye	Senior	Garden City Runners	Fetch Everyone
Emma	Neachell	Senior	Royal Sutton Coldfield Athletic Club	Fetch Everyone
Kris	Whitmore	Senior	UKRunChat Running Club	Fetch Everyone
Pete	Jones	Senior	Trail Running Association	Fittleworth Flyers
Nick	Gould	Senior	Windle Valley Runners	Fleet & Crookham AC



First Name	Last Name	Age Group	Origin Club	Destination Club
lan	McGilloway	Senior	Dover Roadrunners AC	Folkestone RC
Rio	Sharma	U15	Invicta East Kent AC	Folkestone RC
Dominic	Woolford	Senior	South Kent Harriers	Folkestone RC
Dawn	Callaghan	Senior	Fylde Coast Runners	Freck & Warton Running Club
Debbie	Davies	Senior	Wesham Road Runners & AC	Freck & Warton Running Club
Michael	Kearney	Senior	Wesham Road Runners & AC	Freck & Warton Running Club
Jason	Burns	Senior	Bere Alston Trekkers	Frome Running Club
Juan Pablo	Garcia Lopez	Senior	Purple Patch Runners	Fulham Running Club
Phillip	Berntsen	Senior	Winchester & District AC	Full Potential
Stephen	Firth	Senior	Isabella Rose Foundation - IRF - Team Isabella Running Club	Fylde Coast Runners
Stacey	Gardner	Senior	St Helens Sutton AC	Fylde Coast Runners
Audrey	Oldham	Senior	Lancashire Constabulary AC	Fylde Coast Runners
William	Swift	Senior	Accrington Road Runners	Fylde Coast Runners
Warren	Tarney	Senior	Chiltern Harriers AC	Gade Valley Harriers
Shane	Burns	Senior	Wolds Veteran RC	Gainsborough & Morton Striders
Claudia	Barkes	U20	Darlington H & AC	Gateshead Harriers & AC
Lily	Cassidy	U15	Derwentside AC	Gateshead Harriers & AC
Declan	Murray	U20	Sunderland Harriers & AC	Gateshead Harriers & AC
Leigh	Tang	Senior	Tyne Bridge Harriers	Gateshead Harriers & AC
Mark	Bonner	Senior	Black Combe Runners	Glaxo Hoad Hill Harriers
Jason	Tilley	Senior	Hatton Darts	Gloucester AC
David	Drury	Senior	Serpentine RC	GoodGym Race Team
Kirk	Haddon	Senior	Abbey Runners	Gosforth Harriers & AC
David	Whiting	Senior	Fareham Crusaders Running Club	Gosport Road Runners
Connor	Nutley	U15	Tri3 Sleaford Triathlon Club	Grantham AC
Piers	Pye-Watson	Senior	Tyne Bridge Harriers	Grantham Running Club
Beth	Greenwood	U15	City Of Norwich AC	Great Yarmouth & District AC
Ellis	Stewart	U15	City Of Norwich AC	Great Yarmouth & District AC
Angela	Grey	Senior	Lowestoft Road Runners	Great Yarmouth Road Runners
Lianne	Leakey	Senior	Paddock Wood AC	Hailsham Harriers
Rachel	Tanner	Senior	Striders Of Croydon	Hailsham Harriers
Richard	Tanner	Senior	Striders Of Croydon	Hailsham Harriers
Jason	Baldwin	Senior	UKnetrunner.co.UK	Halmer Harriers
Christine	Bridges	Senior	Notts Women Runners	Halmer Harriers
Rebecca	Richards	Senior	Bourne Town Harriers	Halmer Harriers
Vanessa	Smithson	Senior	Sleaford Town Runners	Halmer Harriers
Amy	St Quinton	Senior	Skegness Coasters	Halmer Harriers
Lisa	Clark	Senior	Braintree & District AC	Halstead RRC



First Name	Last Name	Age Group	Origin Club	Destination Club
Peter	Robinson	Senior	Springfield Striders RC	Halstead RRC
Sarah	Chaloner	Senior	Poole AC	Hamworthy Harriers
Emily	Scofield	U15	Woodford Green AC with Essex Ladies	Harlow AC
Emily	BAXTER	U15	Skyrac Athletic Club	Harrogate Harriers & AC
Alice	Hannan	Senior	Yeovil Olympiads AC	Harrow AC
Jace	Vickers	U13	Middlesbrough Athletic Club (Mandale)	Hartlepool Youth Athletics Club
Robin	Hartley	Senior	Wrekin Road Runners	Hartshill Runners
Rebecca	Roach	Senior	Lawley Running Club	Hartshill Runners
Russell	Brady	Senior	Didcot Runners	Harwell Harriers
Alice	Gerlach	Senior	Manchester Triathlon Club	Harwell Harriers
Charlotte	Lattin-Rawstrone	Senior	Didcot Runners	Harwell Harriers
Karen	Sinclair	Senior	BBC Running Club	Haslemere Border AC
Maria	Mitchell	Senior	Hastings Runners	Hastings AC
Ethan	Hodges	U20	Hastings AC	Hastings Runners
Bob	Russell	Senior	Hastings AC	Hastings Runners
Mary	Fitzgerald	Senior	Farnham Runners	Hatch Warren Runners
Alison	Dwyer	Senior	Washlands Women Runners	Hatton Darts
Catherine	Green	Senior	Ilford AC	Havering '90 Joggers
Elliot	Cordery	U20	Chelmsford AC	Havering AC
Matthew	Wright	Senior	Southville Running Club	Headington RR
Brian	Matthews	Senior	Eastleigh RC	Hedge End Running Club
Robert	Thompson	Senior	Southampton Athletic Club	Hedge End Running Club
Alix	Baccardax	U15	Kingston AC And Poly Harriers	Hercules Wimbledon AC
Nadine	Oladokun	Senior	Newham & Essex Beagles AC	Herne Hill Harriers
Alexei	Zverovitch	Senior	Orion Harriers	Herne Hill Harriers
Bret	Okeke	U20	City of Stoke AC	Herts Phoenix AC
Nicholas	Lawrence	Senior	Solihull & Small Heath Athletic Club	Highgate Harriers
Louise	Damant	Senior	Washlands Women Runners	Hinckley Running Club
Hannah	Godrich	Senior	Charnwood A C	Hinckley Running Club
Jamie	Richards	Senior	Sphinx AC	Hinckley Running Club
Vivien	Barker	Senior	Rochford Running Club	Hockley Trail Runners
Debra	Catt	Senior	Rochford Running Club	Hockley Trail Runners
Laura	Dawson	Senior	Rochford Running Club	Hockley Trail Runners
Emma	George	Senior	Rochford Running Club	Hockley Trail Runners
catherine	Harlett-Joy	Senior	Rochford Running Club	Hockley Trail Runners
Denise	Hazlewood	Senior	Rochford Running Club	Hockley Trail Runners
Susan	Meredith	Senior	Rochford Running Club	Hockley Trail Runners
Carly	Montero	Senior	Rochford Running Club	Hockley Trail Runners



First Name	Last Name	Age Group	Origin Club	Destination Club
Lindsey	Payne	Senior	Rochford Running Club	Hockley Trail Runners
Kerry	Riley	Senior	Rochford Running Club	Hockley Trail Runners
Leigh	Shelley	Senior	Rochford Running Club	Hockley Trail Runners
Keely	Sinclair	Senior	Rochford Running Club	Hockley Trail Runners
Tracy	Turner	Senior	Rochford Running Club	Hockley Trail Runners
Kim	Whitwell-moore	Senior	Rochford Running Club	Hockley Trail Runners
Jenny	Wicker	Senior	Rochford Running Club	Hockley Trail Runners
Sharon	Wiltshire	Senior	Rochford Running Club	Hockley Trail Runners
Steven	Wright	Senior	Billericay Striders	Hockley Trail Runners
Giselle	Hasler	U15	Tonbridge AC	Holland Sports AC
Luc	Burnip	U20	Lancaster University Running Club	Holmfirth Harriers AC
Luke	White	U20	Longwood Harriers AC	Holmfirth Harriers AC
Richard	Gowen	Senior	Alton Runners	Hook Runners
Carl	Mitchell	Senior	Hart Road Runners	Hook Runners
Hazel	Moreton	Senior	Alton Runners	Hook Runners
Tim	Pearce	Senior	Hart Road Runners	Hook Runners
Richard	Pickard	Senior	Basingstoke & Mid Hants AC	Hook Runners
Zerrin	Selen	Senior	Sandhurst Joggers	Hook Runners
Graham	Swain	Senior	Hart Road Runners	Hook Runners
Graham	Wilton	Senior	Farnham Runners	Hook Runners
Wendy	Harrison	Senior	Stainland Lions Running Club	Horsforth Harriers
Samuel	Gibson	U17	Durham City Harriers & AC	Houghton Harriers & AC
Jason	Howard	Senior	Cambridge & Coleridge AC	Huntingdonshire AC
Charmaine	Donald	Senior	Lincoln & District Runners	Hurricane Striders
Sally	Howitt	Senior	Witham Runners (Lincolnshire)	Hurricane Striders
Carl	Stanham	Senior	Lincoln & District Runners	Hurricane Striders
Stephen	Milne	Senior	Team Bath Athletic Club	Hyde Park Harriers
David	Scrivener	Senior	Saltaire Striders	Hyde Park Harriers
Michael	Abrams-Cohen	Senior	Jesmond Joggers	Ilkley Harriers AC
Amy	Jones	Senior	Mynyddwyr de Cymru	Ilkley Harriers AC
Lyn	Towers	Senior	Harrogate Harriers & AC	Ilkley Harriers AC
Cheryl	Туе	Senior	Framlingham Flyers	Ipswich Triathlon Club
Lee	Johnson	Senior	Manx Fell Runners	Isle Of Man Veterans AC
Nicola	Kennedy	Senior	Fairlands Valley Spartans	Isle Of Man Veterans AC
Richard	Kennedy	Senior	Fairlands Valley Spartans	Isle Of Man Veterans AC
Lee	Worsfold	Senior	Manx Fell Runners	Isle Of Man Veterans AC
Stuart	Backhouse	Senior	Ryde Harriers	Isle Of Wight RR AC
Brian	Canning	Senior	Isle Of Wight AC	Isle Of Wight RR AC
Caroline	Curliss	Senior	Ryde Harriers	Isle Of Wight RR AC



First Name	Last Name	Age Group	Origin Club	Destination Club
Paul	Carpenter	Senior	Hatch Warren Runners	Itchen Spitfires Running Club
Sara	Taylor	Senior	Lordshill Road Runners	Itchen Spitfires Running Club
Hayley	Appleby	Senior	Andover AC	Jelly Legs Running Club
Ceri	Spain	Senior	Dover Roadrunners AC	Jelly Legs Running Club
Marie	Moore	Senior	Carn Runners	JP Fitness Cornwall
Andria	Pollock	Senior	Mounts Bay Harriers	JP Fitness Cornwall
Sally	Ford	Senior	100 Marathon Club	Kendal Amateur Athletic Club
George	Huxley	Senior	Ashford AC	Kent AC
Ayomide	Jayeoba	U20	London City Athletics Club	Kent AC
Gift	McLaren	Senior	South London Harriers	Kent AC
Paul	Cornock	Senior	Swaledale Runners	Keswick AC
Louise	Simpson	Senior	Eden Runners	Keswick AC
Nick	Breeze	Senior	Wellingborough & District AC	Kettering Town Harriers
Kirstie	Dodsley	Senior	Notts Women Runners	Kimberley & District Striders
Michael	Tomkins	Senior	Vegan Runners UK	Kings Heath RC - The Lions
Hugh	Baker	Senior	Oxford University AC	Kingston AC And Poly Harriers
Russell	Silsbury-Basey	Senior	Bitton Road Runners	Kingswood Triathlon Club
Phil	Robinson	Senior	Penny Lane Striders	Knowsley Harriers
Helen	Fawcett	Senior	Fylde Coast Runners	Lancaster & Morecambe AC
Tom	Humphries	U20	Eden Runners	Lancaster & Morecambe AC
Aimee	Brett	Senior	Notts Women Runners	Lancaster Runners
Mark	Davey	Senior	Dallam Running Club	Lancaster Runners
Dave	Hemmings	Senior	UKnetrunner.co.UK	Lawley Running Club
Lisa	Pigg	Senior	Hartshill Runners	Lawley Running Club
CONOR	JELLEY	U17	Coventry Godiva Harriers	Leamington Athletics Academy
Tom	Feather	Senior	Horsforth Harriers	Leeds & Bradford Triathlon Club
Adam	Blackburn	Senior	SOUTH LEEDS LAKERS RUNNING CLUB	Leeds City Athletic Club
Suzie	Richards	Senior	Leeds & Bradford Triathlon Club	Leeds City Athletic Club
Alex	Childs	Senior	East Essex Triathlon Club	Leigh on Sea Striders
Vicky	McElligott	Senior	RunThrough	Leigh on Sea Striders
Katrina	Harris	Senior	Witham Runners (Lincolnshire)	Lincoln & District Runners
Kirsty	Esberger	Senior	Witham Runners (Lincolnshire)	Lincoln Wellington Athletic Club
Jeff	Hall	Senior	Witham Runners (Lincolnshire)	Lincoln Wellington Athletic Club
Marcus	Overend	Senior	Charnwood A C	Liverpool Harriers & AC
Corey	Wilson	U20	Amber Valley and Erewash Athletic Club	Liverpool Harriers & AC
Michael	Henderson	U15	Southport Waterloo AC	Liverpool Pembroke & Sefton H AC
Anastasia	Bligh	Senior	Blackpool Wyre & Fylde AC	London City Athletics Club
Cameron	Hutton	Senior	Brighton Phoenix	London Frontrunners



First Name	Last Name	Age Group	Origin Club	Destination Club
Peter	Gould	Senior	Chiltern Harriers AC	London Heathside
Stephen	Grice	Senior	Dacorum & Tring AC	London Heathside
Gail	Mackie	Senior	Felixstowe RRC	London Heathside
Danny	O'Reilly	Senior	UKRunChat Running Club	London Heathside
Brian	Hatwell	Senior	Hermitage Harriers	Long Eaton Running Club
Chris	Poultney	Senior	Fetch Everyone	Longstanton Limpers
Paul	Fensome	Senior	Evesham Vale Running Club	Lordshill Road Runners
Ashley	Forbes	Senior	Southampton Athletic Club	Lordshill Road Runners
Jade	Rolfe	Senior	Romsey Road Runners	Lordshill Road Runners
Matthew	Lewis	Senior	Stopsley Striders	Luton Athletic Club
Peter	Hamilton	Senior	Lingfield RC	Lymm Runners
Julie	Blinkhorn	Senior	Purbeck Runners	Lytchett Manor Striders
Sally	Cooper	Senior	Poole Runners	Lytchett Manor Striders
Lorraine	Jackson	Senior	Goyt Valley Striders	Macclesfield Harriers & AC
Ben	Pitfield	Senior	Dorchester RIOT	Maiden Newton Runners
Kayley	Pitfield	Senior	Dorchester RIOT	Maiden Newton Runners
Nik	Chalk	Senior	Purple Patch Runners	Maidenhead AC
Jon	Regan	Senior	Ealing Eagles Running Club	Maidenhead AC
Adam	Dyson	Senior	Malvern Joggers	Malvern Buzzards Running Club
Emma	Scott	Senior	Malvern Joggers	Malvern Buzzards Running Club
Mike	Theelke	Senior	Malvern Joggers	Malvern Buzzards Running Club
Paul	White	Senior	Malvern Joggers	Malvern Buzzards Running Club
David	Woodward	Senior	Malvern Joggers	Malvern Buzzards Running Club
Kevin	Hickey	Senior	Newcastle Frontrunners	Manchester Frontrunners
Nancy	Britten	U17	Rushcliffe AC	Mansfield Harriers
Jenson	Connell	U17	Sutton in Ashfield Harriers & AC	Mansfield Harriers
Odhran	Dykes	U17	Northern (Isle of Man) AC	Manx Harriers
Tim	Hook	U15	Lavington Athletics	Marlborough & District Junior AC
Hayley	Livesey	Senior	Notts AC	Marlow Striders
Effiom	Edet	U20	Banbury Harriers AC	Marshall Milton Keynes AC
Stephen	Ratcliffe	Senior	Newcastle Staffs AC	Marshall Milton Keynes AC
Scott	Hazell	Senior	Coventry Godiva Harriers	Massey Ferguson RC
Adrian	Smith	Senior	Leamington Cycling and Athletic Club	Massey Ferguson RC
Chris	Rampling	Senior	Maidstone Harriers	Medway and Maidstone AC
Charlie	Weston	Senior	Orion Harriers	Medway and Maidstone AC
Richard	Bate	Senior	Dudley Kingswinford RC	Mercia Fell Runners
Matthew	Үарр	Senior	Ludlow Runners	Mercia Fell Runners
Chris	Parker	Senior	Rothwell Harriers & AC	Methley Striders
Clair	Parker	Senior	Rothwell Harriers & AC	Methley Striders



First Name	Last Name	Age Group	Origin Club	Destination Club
Paul	Dolman	Senior	Rolls Royce Harriers	Mickleover Running Club
Rebecca	Yates	Senior	Team Derby Runner	Mickleover Running Club
Gabrielle	Hall	U13	Darlington H & AC	Middlesbrough Athletic Club (Mandale)
Fred	Pidgeon	Senior	Notts AC	Midland Masters AC
Fred	Pidgeon	Senior	Notts AC	Midland Masters AC
Danny	DOYLE	Senior	Taunton AC	Minehead RC
Paul	Anderson	Senior	Royton Road Runners	Mossley AFC Running Club
Selina	McLean	Senior	Royton Road Runners	Mossley AFC Running Club
Lauren	Parker	Senior	Penny Lane Striders	Mossley Hill AC
Lorna	Hogg	Senior	St Austell Running Club	MudCrew Running
Andrew	Lucas	Senior	St Austell Running Club	MudCrew Running
Justin	Peters	Senior	Avon Valley Runners	MudCrew Running
Mandy	Smith	Senior	St Austell Running Club	MudCrew Running
Darryl	Coulter	Senior	Kent AC	Nene Valley Harriers
Isaac	Goodwin	U13	Thorney RC	Nene Valley Harriers
William	Morris	Senior	Cambridge University AC	Newbury AC
Lee	Ellis	Senior	Trentham RC	Newcastle Staffs AC
Ben	Ford	U11	Trentham RC	Newcastle Staffs AC
Simon	Ford	Senior	Trentham RC	Newcastle Staffs AC
Caitlin	Taylor	U13	Trentham RC	Newcastle Staffs AC
Craig	Taylor	Senior	Trentham RC	Newcastle Staffs AC
Kerry	Taylor	Senior	Trentham RC	Newcastle Staffs AC
Lee J	Watson	U20	Trentham RC	Newcastle Staffs AC
Scott	Zikmanis	Senior	Trentham RC	Newcastle Staffs AC
Seth	Mokuolu	U17	Thurrock Harriers	Newham & Essex Beagles AC
Christopher	Reid	Senior	Eton Manor AC	Newham & Essex Beagles AC
jane	evans	Senior	Claremont Road Runners	Nidd Valley Road Runners
David	Goodwin	Senior	Norwich Road Runners	Norfolk Gazelles AC
Bernard	Dutton	Senior	Hedge End Running Club	North Devon RRC
Lerryn	Chaffey	Senior	DORSET DODDLERS RC	North Dorset Triathlon Club
Andrew	Moss	Senior	Team Bath Athletic Club	North Dorset Triathlon Club
Brian	Smith	Senior	Newcastle Frontrunners	North East Veterans AC
Jessica	Davison	U13	Heaton Harriers & AC	North Shields Polytechnic Club
Emily	White	U15	Heaton Harriers & AC	North Shields Polytechnic Club
Craig	Hume	Senior	Solihull & Small Heath Athletic Club	Northbrook Athletic Club
Enya	Tabram	Senior	Nuneaton Harriers	Northbrook Athletic Club
Gary	Clare	Senior	St Helens Striders	Northern Masters AC
Lesley	Eldridge	Senior	Hull Achilles AC	Northern Masters AC



First Name	Last Name	Age Group	Origin Club	Destination Club
Matthew	Halton	Senior	Newquay & Par AC	Notts AC
Tim	Hatton	Senior	Sutton in Ashfield Harriers & AC	Notts AC
Katie	Lord	U20	Cannock & Stafford AC	Notts AC
Nessa	Millet	Senior	Loughborough Students AC	Notts AC
Thomas	Waldron	U17	Newark AC	Notts AC
Lyndsey	Stevenson	Senior	Mansfield Harriers	Notts Women Runners
Leon	McKenzie	U17	Salford Harriers & AC	Oldham & Royton H & AC
Mohammad	Abubakr	Senior	Airecentre Pacers RC	Otley AC
Chris	Prince	Senior	Headington RR	Oxford City AC
Grace	Mullins	Senior	Nene Valley Harriers	Peterborough AC
Katie	Porter	U17	Nene Valley Harriers	Peterborough AC
Laura	Finch	Senior	Orpington Road Runners	Petts Wood Runners
faatemah	piperdy	Senior	Phoenix Striders	Pitsea RC
Carole	White	Senior	Phoenix Striders	Pitsea RC
Lorna	Lucien	Senior	Sutton Runners	Plymouth Harriers
Louise	Marsland	Senior	Tamar Trotters	Plymouth Musketeers Running Club
Marco	Fortmann	Senior	Eastbourne Rovers AC	Polegate Plodders
Sally	Weston	Senior	Hailsham Harriers	Polegate Plodders
Megan	Wyke-Ulliott	U17	Leeds City Athletic Club	Pontefract AC
Alexandra	Bryant	Senior	Bristol and West AC	Poole AC
Ciaran	Dunnion	Senior	Solihull & Small Heath Athletic Club	Poole AC
Lucy	Francis	Senior	Hatch Warren Runners	Poole Runners
Sarah	Martin	Senior	Badgers	Poole Runners
Alex	Porter	Senior	Shepshed Running Club	Poplar Running Club
Rosina	Citrone	Senior	Airecentre Pacers RC	Pudsey Pacers RC
Owen	Hilton	Senior	Abbey Runners	Pudsey Pacers RC
Rebecca	Dodd	Senior	Elvet Striders	Quakers Running Club
Rachel	Maddison	Senior	Darlington H & AC	Quakers Running Club
Kirsty	Russell	Senior	Bradford Airedale AC	Queensbury Running Club
Andrew	Smith	Senior	Stainland Lions Running Club	Queensbury Running Club
Phillip	Whettlock	Senior	Halifax Harriers & AC	Queensbury Running Club
Jenny	Richards	Senior	Cambridge & Coleridge AC	Radley Athletic Club
Emile Morgan	Williams	Senior	Oxford Brookes Running & AC	Radley Athletic Club
Jane	Brealey	Senior	Marlow Striders	RAF Athletics
Steven	Brealey	Senior	Marlow Striders	RAF Athletics
Sam	Booth	Senior	Wesham Road Runners & AC	Ramsbottom Running Club
David	Carroll	Senior	Bury Athletic Club	Ramsbottom Running Club
Adrian	Bradshaw	Senior	Wargrave Runners	Reading AC
Thomas	Divers	Senior	Dartford Road Runners	Rebel Runners Medway



First Name	Last Name	Age Group	Origin Club	Destination Club
Stephanie	Ager	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners
Sara Jane	Hartland	Senior	Rochford Running Club	RED (Rochford Endurance & Distance) Runners
Steve	Bullows	Senior	Hyde Village Striders	Red Rose Road Runners
SUSAN ELIZABETH	RENNIE	Senior	Preston Harriers	Red Rose Road Runners
Louise	Beasley	Senior	Birmingham Running Athletics & Triathlon Club (BRAT)	Redditch Stars
Dylan	Gould	Senior	Kingfisher Harriers	Redditch Stars
Clare	Grennan	Senior	Kingfisher Harriers	Redditch Stars
Richard	Harper	Senior	Kingfisher Harriers	Redditch Stars
Joanne	Scott	Senior	Kingfisher Harriers	Redditch Stars
Melissa	Wood	Senior	Kingfisher Harriers	Redditch Stars
Lisa	Yabsley	Senior	Marshall Milton Keynes AC	Redway Runners
Geoff	Archer	Senior	Allerton Junior Athletics Club	Richmond & Zetland Harriers
Sam	Archer	U13	Allerton Junior Athletics Club	Richmond & Zetland Harriers
Leon	Reeve	Senior	Darlington H & AC	Richmond & Zetland Harriers
Matthew	Bould	Senior	Pudsey Pacers RC	Ripon Runners
Gemma	Brown	Senior	Stafford Harriers	Rising Brook Runners
Joanne	Walsh	Senior	Rochdale Tri Club	Rochdale Harriers & AC
Sophie	Howard	Senior	Hyde Village Striders	Rossendale Harriers & AC
Maisy	Heggie	U13	Worksop Harriers	Rotherham Harriers and AC
Sophie	Cullen	Senior	St Theresa's A.C.	Rothwell Harriers & AC
Andrew	Smith	Senior	Leeds & Bradford Triathlon Club	Roundhay Runners
John	Fay	Senior	Rochdale Tri Club	Royton Road Runners
Elaine	Whitehead	Senior	Rochdale Tri Club	Royton Road Runners
James	Darby	U13	Silson AC	Rugby & Northampton AC
Gillian	Cammack	Senior	Brighton & Hove AC	Run Academy Worthing
Clare	Volant	Senior	Worthing Striders	Run Academy Worthing
Anne	Newlin	Senior	DORSET DODDLERS RC	runblandford
Duncan	Ray	Senior	DORSET DODDLERS RC	runblandford
Joshua	Flood	U13	Absolute Tri	Rushcliffe AC
Shawn	Bullivant	Senior	Poole Runners	Ryston Runners
Peter	Johnson	Senior	Fell Runners Association	Saint Edmund Pacers
Serena	Bradshaw	Senior	Trafford Athletic Club	Sale Harriers Manchester
Lauren	Jenkins	U13	Altrincham & District Athletic Club Limited	Sale Harriers Manchester
William	Stanway	U15	High Peak Athletic Club	Sale Harriers Manchester
Raymond	Ayonote	Senior	Radcliffe AC	Salford Harriers & AC
Amelia	Beaman	Senior	Blackpool Wyre & Fylde AC	Salford Harriers & AC
Craig	Vernon	Senior	Spectrum Striders	Salford Harriers & AC



First Name	Last Name	Age Group	Origin Club	Destination Club
Stephen	Carr	Senior	Swinton Running Club	Salford Metropolitan AC
Robert	Henderson	Senior	Skyrac Athletic Club	Saltaire Striders
david	streeton	Senior	Dunstable RRC	Saltaire Striders
Sarah	Stacey	Senior	Framlingham Flyers	Saxmundham Sports Running & Fitness Club
Jonathan	Anderson	Senior	Cannock & Stafford AC	Scunthorpe & District AC
Tom	Clemons	Senior	Bournville Harriers	Serpentine RC
Bryan	Wolfe	Senior	Cambridge Harriers	Sevenoaks AC
Farook	Mota	Senior	Almost Athletes	Severn AC
Barry	Thomas	Senior	Stroud & District AC	Severn AC
Louise	Atkinson	Senior	Reading Roadrunners	SHAEF Shifters Running Club
Stewart	Curtis	Senior	BBC Running Club	SHAEF Shifters Running Club
Will	Rawling	Senior	The Stragglers Running Club	SHAEF Shifters Running Club
Maisie	Taylor	U15	Herts Phoenix AC	Shaftesbury Barnet Harriers
Christopher	Heggs	Senior	Steel City Striders RC	Sheffield RC
Amir	Nanpazi	Senior	Hallamshire Harriers Sheffield	Sheffield RC
Alan Leslie	Pickard	Senior	Steel City Striders RC	Sheffield RC
Tessa	Thompson	Senior	Sheffield Triathlon Club	Sheffield RC
Fred	Vellacott	Senior	Sheffield Triathlon Club	Sheffield RC
Matthew	Wooden	Senior	Queen's Park Harriers	Shrewsbury AC
Victoria	Addison	Senior	Jarrow & Hebburn AC	Shropshire Shufflers
Graham	Farley	Senior	Frome Running Club	Skegness & District Running Club
Michael	Baxter	Senior	Sleaford Town Runners	Sleaford Striders AC
Paul	Bell	Senior	Heanor Running Club	Smalley Road Runners
Mark	Binns	Senior	The Stragglers Running Club	Smalley Road Runners
Steve	Hathaway	Senior	Team Derby Runner	Smalley Road Runners
Jennie	Lockwood	Senior	Leeds University AC/CC Club	Smalley Road Runners
Cheryl	Rees	Senior	Tattenhall Runners	South Cheshire Harriers
James	Farmer	U20	Heanor Running Club	South Derbyshire Road Runners
Shane	Stanton	Senior	Ivanhoe Runners	South Derbyshire Road Runners
Leon	Graham	U20	Westbury Harriers	South Glos AC
Alicia	Rose	U17	Dewsbury Road Runners	SOUTH LEEDS LAKERS RUNNING CLUB
Neil	Danby	Senior	Oxted Runners	South London Harriers
Gon	Declercq	U17	Hercules Wimbledon AC	South London Harriers
Martin	Cox	Senior	Salford Harriers & AC	South West Veterans AC
Brian	Loten	Senior	Yeovil Olympiads AC	South West Veterans AC
Rhys	Allen	U15	New Forest Junior AC	Southampton Athletic Club
Simon	Ashdown	Senior	Lordshill Road Runners	Southampton Athletic Club
Patrick	Atkinson	U13	New Forest Runners	Southampton Athletic Club



First Name	Last Name	Age Group	Origin Club	Destination Club
William	Bryan	Senior	Itchen Spitfires Running Club	Southampton Athletic Club
Lawrence	Chen	Senior	Lordshill Road Runners	Southampton Athletic Club
Caspar	Donnison	Senior	Thames Valley Harriers	Southampton Athletic Club
Rikki	James	Senior	Plymouth Harriers	Southampton Athletic Club
Aiden	Lennan	Senior	Lordshill Road Runners	Southampton Athletic Club
Irene	Moreno Millan	Senior	Lordshill Road Runners	Southampton Athletic Club
Jack	Williams	Senior	City Of Plymouth AC	Southampton Athletic Club
Scott	Cousins	Senior	Springfield Striders RC	Southend On Sea AC
Danny	Flint	Senior	Leigh on Sea Striders	Southend On Sea AC
David	Taylor	Senior	Haslemere Border AC	Southend On Sea AC
Clare	Constable	Senior	Liverpool Pembroke & Sefton H AC	Southport Waterloo AC
Tami	Holliday	Senior	Stainland Lions Running Club	Sowerby Bridge Snails Running Club
Robert	Griffiths	Senior	Warrington Running Club	Spectrum Striders
Craig	Hampshire	Senior	Wakefield Triathlon Club	Spenborough & Dist AC
Kevin	Dudley	Senior	Mersey Tri	St Helens Tri
James	Boardwell	Senior	Sheffield Triathlon Club	Steel City Striders RC
Emma	Dickinson	Senior	Strideout	Steel City Striders RC
Vikki	McAuley	Senior	Strideout	Steel City Striders RC
Andrew	Norton	Senior	Notts AC	Steel City Striders RC
Amber	Try	Senior	Windsor Slough Eton & Hounslow AC	Stevenage & North Herts AC
Luke	Farrant	U20	Buxton AC	Stockport Harriers & AC
Jennie	Pickard	Senior	Bramhall Runners	Stockport Harriers & AC
Janet	Grint	Senior	East Cheshire Harriers & Tameside AC	Stockport Tri Club
Karen	Scott	Senior	Potters Trotters	Stone Master Marathoners
Brendan	Anderson	Senior	Plymouth Harriers	Storm Plymouth
Seila	Blanco	Senior	Poole AC	Stroud & District AC
sebastian	forrest	U13	Cirencester AC	Stroud & District AC
Simon	Fortnam	Senior	Gloucester AC	Stroud & District AC
Christina	Horak	Senior	Gloucester AC	Stroud & District AC
Karen	Hoggarth	Senior	Gosport Road Runners	Stubbington Green Runners
Bentley	Sampson	U17	Croydon Harriers	Sutton & District AC
Tommy	Cremin	Senior	Highworth RC	Swindon Striders
Rebecca	Bland	Senior	Lewes AC	Tadcaster Harriers
Debbie	Dawes	Senior	Team Kennet Triathlon & AC	Tadley Runners
Harriet	Fox	U20	Wells City Harriers	Taunton AC
Paul	Mingo	Senior	Bere Alston Trekkers	Tavistock AC
Vicky	Cooper	Senior	Ravens City of London Running Club	Team Bath Athletic Club
Samantha	Crampton	Senior	Elvet Striders	Team Coco



First Name	Last Name	Age Group	Origin Club	Destination Club
Laura	Gibson	Senior	Elvet Striders	Team Coco
Jack	Grundy	Senior	Aldershot Farnham & District	TeamSpy
Lottie	Woods	U20	Newton Abbot AC	Teignbridge Trotters
Tilly	Woods	Senior	Newton Abbot AC	Teignbridge Trotters
Alex	Morgan	Senior	Ranelagh Harriers	Telford AC
Paul	O'Brien	Senior	Telford Harriers	Telford AC
Matt	Giles	Senior	Hartshill Runners	Telford Harriers
Rachel Marie	Taylor-Lewis	Senior	Lawley Running Club	Telford Harriers
Rebekah	Thomas	Senior	Almost Athletes	Tewkesbury Running Club
Robert	Clarke	Senior	Guildford & Godalming AC	Thames Hare & Hounds
Christopher	Rye	Senior	University of Warwick	Thames Hare & Hounds
Jessica	Thorpe	Senior	Serpentine RC	Thames Hare & Hounds
Michael	Cameron	Senior	Durham City Harriers & AC	Thames Valley Harriers
Andrew	Pattison	Senior	Hillingdon AC	Thames Valley Harriers
Elizabeth	Carr	Senior	Wingerworth Wobblers	Thanet Roadrunners AC
Jackie	Ward	Senior	Sedgley Striders	The Yellow Army
Alison	Whitehouse	Senior	Dudley Kingswinford RC	The Yellow Army
Henry	Orna	Senior	Bristol and West AC	Thornbury RC
Laura	Orna	Senior	Bristol and West AC	Thornbury RC
James	Greenaway	Senior	Blackpool Wyre & Fylde AC	Thornton Cleveleys Running Club
Hannah	Bardo	U17	Chelmsford AC	Thurrock Harriers
Nick	Trencher	Senior	Eastern Masters AC	Thurrock Harriers
Jamal	Chambers	Senior	Dudley and Stourbridge Harriers	Tipton Harriers
Nick	Hardy	Senior	Birchfield Harriers	Tipton Harriers
Karl	Hinett	Senior	100 Marathon Club	Tipton Harriers
Mark	Killeen	Senior	Wye Valley Runners	Tipton Harriers
Paul	Lucas	Senior	Aldridge RC	Tipton Harriers
Alexandra	Crockford	Senior	Gravesend Road Runners	Tonbridge AC
Chloe	Exall	U13	Paddock Wood AC	Tonbridge AC
lvo	Pitts	U17	Crawley AC	Tonbridge AC
Thomas	Pitts	U20	Crawley AC	Tonbridge AC
Claire	Conway	Senior	Headington RR	Totley AC
Lee	Kemp	Senior	Waverley Harriers	Totley AC
Andy	Mansfield	Senior	Lordshill Road Runners	Totton RC
Luke	Halstead	U20	Blackpool Wyre & Fylde AC	Trafford Athletic Club
Jerel	LIVINGSTON	U15	Bury Athletic Club	Trafford Athletic Club
Bernard	Ward	Senior	Manchester Harriers & AC	Trafford Athletic Club
Stuart	Pickering	Senior	Hayle Runners	Tri Logic Cornwall
Nicholas	Stallman	Senior	Queen's Park Harriers	Tring RC



First Name	Last Name	Age Group	Origin Club	Destination Club
rebecca	morgan	Senior	MudCrew Running	Truro Running Club
Trevor	Bisdee	Senior	Watford Joggers	Tunbridge Wells Harriers
Craig	Charlton	Senior	Morpeth Harriers & AC	Tynedale Harriers & AC
Christine	Но	Senior	Knowsley Harriers	UKnetrunner.co.UK
Martin	Mcginlay	Senior	Run Academy Worthing	UKnetrunner.co.UK
Paul	Willgoss	Senior	Knowsley Harriers	UKnetrunner.co.UK
Doug	Richards	Senior	Kingfisher Harriers	UKRunChat Running Club
Lynzie	Fleming	Senior	Scarborough Athletic Club	UTS Running Club
Edward	Curtis	U20	Oxford City AC	Vale Of Aylesbury AC
Billy	Broadhurst	U11	Leeds City Athletic Club	Valley Striders AC
Tally	Diamond	U15	Leeds City Athletic Club	Valley Striders AC
Gemma	Berrill	Senior	Horsham Joggers	Vegan Runners UK
Verna	Burgess	Senior	Tring RC	Vegan Runners UK
Fiona	Curnow	Senior	Ledbury & District Harriers	Vegan Runners UK
Nicholas	Dunk	Senior	Witham RC	Vegan Runners UK
Michelle	Foreman	Senior	Coastal Striders	Vegan Runners UK
Hallam	Foster	Senior	Farnham Runners	Vegan Runners UK
Caroline	Nightingale	Senior	Les Croupiers	Vegan Runners UK
Alexia	O'Flaherty	Senior	Fylde Coast Runners	Vegan Runners UK
Simon	Pitman	Senior	University of the West of England ACCC	Vegan Runners UK
Nathan	Turney	Senior	Scarborough Athletic Club	Vegan Runners UK
Andrea	Wolstenholme	Senior	Rugby & Northampton AC	Vegan Runners UK
Katherine	Gundersen	Senior	Woodford Green AC with Essex Ladies	Victoria Park Harriers and Tower Hamlets AC
Laura	Hillyard	Senior	Colchester & Tendring AC	Victoria Park Harriers and Tower Hamlets AC
Nicola	Kerr	Senior	Serpentine RC	Victoria Park Harriers and Tower Hamlets AC
Karl	Carless	Senior	Sedgley Striders	Warley Wasps Tri & Running Club
Colin	Kennedy	Senior	Kirkby Milers AC	Warrington Road Runners
Philip	Rose	Senior	Warrington Running Club	Warrington Road Runners
Katie	West	U13	Chiltern Harriers AC	Watford Harriers
Lucy	West	U15	Chiltern Harriers AC	Watford Harriers
Callum	Wilkinson	U15	Halesowen ACC	Watford Harriers
Steve	Davies	Senior	Vegan Runners UK	Watford Joggers
Lore	Lambein	Senior	Steel City Striders RC	Waveney Valley AC
Tanya	Boardman	Senior	Hastings Runners	Waverley Harriers
Will	Jackson	Senior	Wimbledon Windmilers	Waverley Harriers
David	Jones	Senior	Thornton Cleveleys Running Club	Wesham Road Runners & AC
charlotte	blackstone	U13	Deeside AAC	WESPA Fire Athletics



First Name	Last Name	Age Group	Origin Club	Destination Club
Christina	Broome	U17	Wirral AC	West Cheshire Athletic Club
Victor	Oyesola	Senior	Wirral AC	West Cheshire Athletic Club
Shan	McCarthy	Senior	Helsby Running Club	Weston Athletic Club
Laura	Woodhead	Senior	Horsforth Fellandale Club	Wharfedale Harriers
Dennis	Chapman	U20	Barton & District AC	Wigan & District H & AC
Julie	Moore	Senior	Warrington Road Runners	Wigan & District H & AC
Paul	Fisher	Senior	Wigan & District H & AC	Wigan Phoenix
Glyn	Jenkins	Senior	Ryde Harriers	Wight Tri
Jacqui	Dean	Senior	Roadhoggs Leicester AC	Wigston Phoenix RC
Graham	Taylor	Senior	Wilmslow Running Club	Wilmslow Striders
Jasmine	Lawrence	U15	Poole AC	Wimborne AC
Jamie	Cornuaud	U20	Newham & Essex Beagles AC	Winchester & District AC
Grace	Griffiths	U17	Southampton Athletic Club	Winchester & District AC
Chanel	Lovelock	U13	Slough Junior AC	Windsor Slough Eton & Hounslow AC
Martin	Waite	Senior	Newark AC	Witham Runners (Lincolnshire)
Simon	Egan	Senior	JP Morgan RC	Woking AC
AHMED	ABDULLE	U20	llford AC	Woodford Green AC with Essex Ladies
Lawrence	Davis	Senior	Enfield and Haringey A C	Woodford Green AC with Essex Ladies
Emmaline	Okafor	Senior	Cambridge University AC	Woodford Green AC with Essex Ladies
Erin	Lonsdale	U17	Rotherham Harriers and AC	Worksop Harriers
May	Meikle	U15	Boston & District AC	Worksop Harriers
Adam	Townsend	U17	Doncaster Athletic Club	Worksop Harriers
Jake	Harrison	Senior	Team Anstey Amblers and Runners	Wreake & Soar Valley
Keri	Benting	Senior	UKRunChat Running Club	Wrekin Road Runners
Annabel	Golding	U17	Cookham Running Club	Wycombe Phoenix Harriers & AC
Katie	Holt	U20	Reading AC	Wycombe Phoenix Harriers & AC
Oliver	Kidd	Senior	Chesterfield & District AC	Wycombe Phoenix Harriers & AC
Eloise	Walker	U20	Dacorum & Tring AC	Wycombe Phoenix Harriers & AC
Chloe	Zmuda	U20	Reading AC	Wycombe Phoenix Harriers & AC
James	Morgan	Senior	Newent Runners	Wye Valley Runners
Phoebe	Havard	U13	South Glos AC	Yate & District AC
Sophie	Seddon	Senior	Halmer Harriers	Yaxley Runners & Joggers
lan	Anderson	Senior	York Triathlon Club	York Knavesmire Harriers
Terence	Bromfield	Senior	Mounts Bay Harriers	York Knavesmire Harriers
Tristan	Watson	Senior	UKRunChat Running Club	York Knavesmire Harriers
Rebecca	King	Senior	West Hull Ladies	Yorkshire Wolds Runners