

Eligibility Transfer Interested Parties List



| First Name | Last Name | Age Group | Origin Club | Destination Club | Date Of Move |
|---------------|------------------|-----------|--|--|--------------|
| Danielle | Blackie | Senior | The Stragglers Running Club | 100 Marathon Club | 24/12/2019 |
| Stuart | Hughes | Senior | Hinckley Running Club | 1485 Triathlon Club | 22/12/2019 |
| Mathew | Browne | Senior | Didcot Runners | Abingdon AC | 04/12/2019 |
| Lucy | Gossage | Senior | Cambridge Triathlon Club | Absolute Tri | 12/12/2019 |
| Jim | Laidlaw | Senior | Sandhurst Joggers | Aldershot Farnham & District | 25/12/2019 |
| Bryony | Halcrow | Senior | Harrogate Harriers & AC | Ambleside AC | 29/12/2019 |
| Holly | Papps | Senior | Bracknell AC | Amphill & Flitwick Flyers RC | 18/12/2019 |
| Dave | Arnold | Senior | Vegan Runners UK | Arena 80 AC | 01/12/2019 |
| Stuart | Pal | Senior | Brighton Phoenix | Arena 80 AC | 31/12/2019 |
| Paul | Dalton | Senior | Quakers Running Club | Aycliffe Running Club | 25/12/2019 |
| Corey | Horn | Senior | Quakers Running Club | Aycliffe Running Club | 24/12/2019 |
| Beth | Cork | Senior | Norwich Road Runners | Aylsham Runners | 05/12/2019 |
| Emma | Thompson | Senior | Hinckley Running Club | Badgers | 11/12/2019 |
| Paul | Cheetham | Senior | Thames Hare & Hounds | Barnes Runners | 07/12/2019 |
| Leah | Finch | U13 | Penistone Footpath Runners & Athletic Club | Barnsley Athletic Club | 06/12/2019 |
| Lee | Dollard | Senior | Southend On Sea AC | Basildon AC | 30/12/2019 |
| Rossella | Bonetti | Senior | Notts AC | Beeston AC | 18/12/2019 |
| Tasso | Gazis | Senior | Run Local | Beeston AC | 09/12/2019 |
| Olivia | Wilding | Senior | Bristol and West AC | Belgrave Harriers | 20/12/2019 |
| Callum | Astley-Weah | U20 | Wolverhampton & Bilston | Birchfield Harriers | 12/12/2019 |
| Tor | Bennett Williams | Senior | Wolverhampton & Bilston | Birchfield Harriers | 16/12/2019 |
| Travis | Christie | Senior | Wolverhampton & Bilston | Birchfield Harriers | 16/12/2019 |
| Louis Elliott | Cole | U15 | Wolverhampton & Bilston | Birchfield Harriers | 24/12/2019 |
| Kiera | Nee | U13 | Coventry Godiva Harriers | Birchfield Harriers | 07/12/2019 |
| Nifemi | Ogunbase | U17 | Wolverhampton & Bilston | Birchfield Harriers | 05/12/2019 |
| Zainah | Rasheed | U13 | Wolverhampton & Bilston | Birchfield Harriers | 06/12/2019 |
| Becki | Timmings | Senior | Bromsgrove and Redditch | Birmingham Running Athletics & Triathlon Club (BRAT) | 01/01/2020 |
| Adam | Daish | Senior | Herts Phoenix AC | Bishops Stortford RC | 06/12/2019 |
| Jake | Richardson | Senior | Holmfirth Harriers AC | Bitton Road Runners | 04/12/2019 |
| Markhim | Lonsdale | Senior | Crook & Dist Sports AC | Blackburn Harriers & AC | 19/12/2019 |
| Harry | Wood | U17 | Hyndburn AC | Blackburn Harriers & AC | 01/01/2020 |
| Maxine | Morton | Senior | Accrington Road Runners | Blackburn Road Runners | 08/12/2019 |
| Miles | Brown | U15 | Holland Sports AC | Blackheath & Bromley Harriers AC | 05/12/2019 |
| Jeff | Dixon | Senior | Ashington Hirst Running Club | Blyth Running Club | 25/12/2019 |
| Alan | Wheeler | Senior | Skegness & District Running Club | Boston Triathlon Club | 05/12/2019 |
| Heather | Khoshnevis | Senior | Littledown Harriers | Bournemouth AC | 02/12/2019 |
| Helen | O'Neile | Senior | Hillingdon AC | Bournemouth AC | 05/12/2019 |
| Claire | Carroll | Senior | Vegan Runners UK | Bourton Roadrunners Club | 01/01/2020 |

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|----------------|---------------|-----------|---|---|--------------|
| Adam | Calloway | Senior | Sedgley Striders | Bridgnorth Running Club | 28/12/2019 |
| Thomas | Baines | U20 | Sale Harriers Manchester | Bristol and West AC | 28/12/2019 |
| Jenna | Blundell | U20 | Team Bath Athletic Club | Bristol and West AC | 01/12/2019 |
| Gavin | Phillips | Senior | Team Bath Athletic Club | Bristol and West AC | 07/12/2019 |
| Tracy | Berry | Senior | Time2Run Events | Burden Road Runners | 13/12/2019 |
| Tamzin | Neicho | U17 | Derby Athletic Club | Burton AC | 02/12/2019 |
| Stacy | McGivern | Senior | Peterborough AC | Cambridge & Coleridge AC | 01/12/2019 |
| Joshua | Cara | Senior | Kettering Town Harriers | Cambridge University Hare and Hounds Club | 17/12/2019 |
| Simran | Dhingra-Smith | Senior | Run Dem Crew | Candy Racing | 06/12/2019 |
| Dale | Seddon | Senior | Fetch Everyone | Candy Racing | 06/12/2019 |
| Emma | Crowley | Senior | Dartford Road Runners | Central Park Athletics | 03/12/2019 |
| Pete (Raymond) | Marsh | Senior | Belgrave Harriers | Central Park Athletics | 01/01/2020 |
| Dominic | Samways | Senior | Cambridge & Coleridge AC | Chapel Allerton Runners | 10/12/2019 |
| Francesca | Milburn | U20 | Bedford & County AC | Chard RRC | 19/12/2019 |
| Joshua | Saunders | U17 | Saffron Athletics Club | Charnwood A C | 10/12/2019 |
| Leah | Duncan | U17 | Braintree & District AC | Chelmsford AC | 23/12/2019 |
| Adam | Reid | U20 | Braintree & District AC | Chelmsford AC | 02/12/2019 |
| Karen | Smith | Senior | Burnham Joggers | Chester Triathlon Club | 19/12/2019 |
| Nigel | Smith | Senior | Burnham Joggers | Chester Triathlon Club | 18/12/2019 |
| Wendy | Whelan | Senior | Road Runners Club | Chichester Runners & AC | 02/12/2019 |
| Brad | Johnson | Senior | Sale Harriers Manchester | Chorlton Runners | 07/12/2019 |
| Nickesh | Patel | Senior | Holme Pierrepont RC | Chorlton Runners | 01/01/2020 |
| Samuel | Stevens | U20 | Ipswich Harriers | City Of Norwich AC | 20/12/2019 |
| Alan | Williams | Senior | Nene Valley Harriers | City Of Norwich AC | 13/12/2019 |
| Cara | Marsh | Senior | South West Veterans AC | City Of Plymouth AC | 04/12/2019 |
| Benjamin | Boyle | U13 | Haslemere Border AC | City Of Portsmouth AC | 02/12/2019 |
| Rich | Ayling | Senior | Avon Valley Runners | City Of Salisbury AC & RC | 13/12/2019 |
| Ashley | Bailey | Senior | Leeds University AC and CC Club | City Of Salisbury AC & RC | 09/12/2019 |
| Gabriel | Gisborne | U17 | Hallamshire Harriers Sheffield | City of Sheffield and Dearne AC | 27/12/2019 |
| Jack | Hocking | Senior | Worcester AC | City of Sheffield and Dearne AC | 03/12/2019 |
| Scott | Michael | Senior | Shildon Running & AC | City of York AC | 07/12/2019 |
| Freya | Vidal | U13 | Kingston upon Hull AC | City of York AC | 09/12/2019 |
| Louisa | Emkes | Senior | 23 Mile Club | Clapham Chasers | 11/12/2019 |
| Katie | Good | Senior | Highgate Harriers | Clapham Chasers | 30/12/2019 |
| Francesca | Stocco | Senior | Sale Harriers Manchester | Clapham Chasers | 19/12/2019 |
| Johnny | Van Deventer | Senior | Aldershot Farnham & District | Clapham Chasers | 02/12/2019 |
| Mark | Williams | Senior | Portishead R C | Clevedon AC | 21/12/2019 |
| Steve | Williams | Senior | Coalfields Racing Team (Triathlon Club) | Coalfields Tri | 01/01/2020 |

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| First Name | Last Name | Age Group | Origin Club | Destination Club | Date Of Move |
|------------|---------------------------|-----------|---------------------------------------|---------------------------------|--------------|
| John | Henington | Senior | Colchester Harriers AC | Colchester & Tendring AC | 04/12/2019 |
| John | Day | Senior | Deal Tri Club | Colchester Harriers AC | 14/12/2019 |
| Mark | Wade | Senior | Running Colchester | Colchester Harriers AC | 11/12/2019 |
| Keira | Potter | U15 | Kettering Town Harriers | Corby AC | 17/12/2019 |
| Warren | Barnes | Senior | Horley Harriers Running Club | Crawley AC | 17/12/2019 |
| Sonia | George | Senior | Ludlow Runners | Croft Ambrey RC | 12/12/2019 |
| Heledd | Straker | Senior | Ealing Eagles Running Club | Cruisers RC | 31/12/2019 |
| Joseph | Hobson | U13 | St Albans AC | Dacorum & Tring AC | 12/12/2019 |
| Freddie | Stewart | U13 | St Albans AC | Dacorum & Tring AC | 11/12/2019 |
| Wendy | Dodds | Senior | Clayton-le-Moors Harriers | Dallam Running Club | 14/12/2019 |
| DUPLICATE | Ms Anneli Mackenzie Brown | Senior | | Darlington H & AC | 04/12/2019 |
| Sophie | Price | Senior | Dartford Road Runners | Dartford Harriers AC | 06/12/2019 |
| ibraar | hussain | Senior | UKRunChat Running Club | Datchet Dashers | 29/12/2019 |
| Suzanne | Palmer | Senior | Windsor Slough Eton & Hounslow AC | Derby Athletic Club | 01/01/2020 |
| Thomas | Gifford | Senior | Colchester & Tendring AC | Ealing Southall & Middlesex AC | 17/12/2019 |
| Lisa | Caig | Senior | Crawley Saints & Sinners Running Club | Eastleigh RC | 19/12/2019 |
| Victoria | Barnett | Senior | Maiden Newton Runners | Egdon Heath Harriers | 22/12/2019 |
| Rebecca | Natu | U15 | Orion Harriers | Enfield and Haringey A C | 18/12/2019 |
| David | Poynton | Senior | Sneyd Striders | Essington Harriers Running Club | 23/12/2019 |
| Hugh | Emsden | Senior | Gyllyngvase Surf Life Saving Club | Falmouth RRC | 31/12/2019 |
| Andrew | Metcalfe | Senior | Stubbington Green Runners | Fareham Crusaders Running Club | 28/12/2019 |
| Stephen | Frost | Senior | Rochford Running Club | Fordy Runs | 01/12/2019 |
| James | Rushton | Senior | Notts AC | Formula One Circuit Crew | 20/12/2019 |
| Tom | Mackay | Senior | Hercules Wimbledon AC | Fulham Running Club | 26/12/2019 |
| Alexie | Calvert-Ansari | Senior | Hercules Wimbledon AC | Ful-On Tri Club | 05/12/2019 |
| Dominique | Thrower | Senior | Black Pear Joggers | FWF Run | 15/12/2019 |
| Scott | Alexander Hall | Senior | Birchfield Harriers | Gateshead Harriers & AC | 19/12/2019 |
| Toby | Mann | Senior | London Heathside | Guernsey AC | 14/12/2019 |
| Laura | Addie | Senior | Hastings Runners | Guildford & Godalming AC | 18/12/2019 |
| Hayden | Christian | U15 | Woking AC | Guildford & Godalming AC | 31/12/2019 |
| Daniel | Milton | Senior | Epsom Oddballs RC | Guildford & Godalming AC | 24/12/2019 |
| James | Mitchell | Senior | Hastings Runners | Guildford & Godalming AC | 20/12/2019 |
| Richard | Harris | Senior | Tipton Harriers | Halesowen ACC | 06/12/2019 |
| Richard | White | Senior | Tipton Harriers | Halesowen ACC | 23/12/2019 |
| Ben | Kirwan | Senior | Wootton Road Runners | Harborough AC | 12/12/2019 |
| Conor | Martin | Senior | Herts Phoenix AC | Harrow AC | 20/12/2019 |
| Nathan | Tweedie | Senior | Nene Valley Harriers | Helpston Harriers AC | 29/12/2019 |
| Edward | Mallett | Senior | Clapham Chasers | Hercules Wimbledon AC | 07/12/2019 |

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| First Name | Last Name | Age Group | Origin Club | Destination Club | Date Of Move |
|------------|-------------|-----------|-----------------------------------|--------------------------------------|--------------|
| Daneen | Hughes | Senior | Wye Valley Runners | Hereford Couriers | 18/12/2019 |
| David | Shepherd | Senior | Derby Athletic Club | Highgate Harriers | 17/12/2019 |
| andrew | powell | Senior | University of Warwick | Hillingdon AC | 05/12/2019 |
| Rob | Sherwood | Senior | Horsham Joggers | Horsham Blue Star Harriers | 17/12/2019 |
| Matthew | Brass | Senior | Lewes AC | Horsham Joggers | 12/12/2019 |
| Simon | Mead | Senior | Ramsey Road Runners | Huntingdonshire AC | 17/12/2019 |
| Larissa | Brown | U20 | Kirkstall Harriers | Hyde Park Harriers | 01/01/2020 |
| Steven | Humphreys | Senior | Aldridge RC | Ilfracombe Running Club | 14/12/2019 |
| Mary | Jeal | Senior | Glossopdale Harriers | Ilkley Harriers AC | 18/12/2019 |
| Sue | Jones | Senior | Wye Valley Runners | Ilkley Harriers AC | 11/12/2019 |
| Archie | Shaw | U13 | Felixstowe RRC | Ipswich Harriers | 04/12/2019 |
| Mark | Coole | Senior | Stowmarket Striders RC | Ipswich Triathlon Club | 06/12/2019 |
| Charlotte | Chambers | U13 | Otley AC | Keighley & Craven AC | 11/12/2019 |
| Janine | Pierson | Senior | Barnsley Harriers | Kimberworth Striders | 23/12/2019 |
| Nigel | Cooke | Senior | Lonely Goat RC | Kings Heath RC - The Lions | 01/01/2020 |
| Ben | Jones | Senior | Coventry Godiva Harriers | Knowle & Dorridge RC | 04/12/2019 |
| Liam | Taylor | Senior | Helm Hill Runners | Lancaster & Morecambe AC | 09/12/2019 |
| Terry | Lonergan | Senior | Barlick Fell Runners | Lancaster Runners | 18/12/2019 |
| Charlotte | Tongue | Senior | Bromsgrove and Redditch | Lawley Running Club | 05/12/2019 |
| Steve | Mayfield | Senior | Stevenage & North Herts AC | Leamington Cycling and Athletic Club | 09/12/2019 |
| Letisha | Richardson | Senior | Windsor Slough Eton & Hounslow AC | Leeds City Athletic Club | 10/12/2019 |
| Mena | Scatchard | U17 | Ripon Runners | Leeds City Athletic Club | 19/12/2019 |
| Camilla | McKnespiey | U20 | Border Harriers & AC | Leeds University AC and CC Club | 03/12/2019 |
| Aaron | Gosling | Senior | Castle Point Joggers | Leigh on Sea Striders | 01/01/2020 |
| Kristina | Jackson | Senior | Allithwaite RC | Leven Valley AC | 01/01/2020 |
| Thomas | Bradley | Senior | Hatton Darts | Lichfield Running Club | 16/12/2019 |
| John | Taylor | Senior | Sleaford Striders AC | Lincoln & District Runners | 15/12/2019 |
| Mathew | Dwerryhouse | U20 | Cheltenham and County Harriers | Liverpool Harriers & AC | 05/12/2019 |
| Joseph | Yates | U15 | Halton & Frodsham Harriers | Liverpool Harriers & AC | 30/12/2019 |
| Steven | Pennington | Senior | Salford Harriers & AC | London Heathside | 09/12/2019 |
| Heron | Brown | Senior | Abbey Runners | Lonely Goat RC | 31/12/2019 |
| Jacqui | Dean | Senior | Wigston Phoenix RC | Lonely Goat RC | 16/12/2019 |
| Russell | Dyer | Senior | Newent Runners | Lonely Goat RC | 05/12/2019 |
| Michael | Foster | Senior | Running Colchester | Lonely Goat RC | 28/12/2019 |
| Angela | Gill | Senior | North Derbyshire RC | Lonely Goat RC | 06/12/2019 |
| Patrick | Harris | Senior | Isle Of Wight RR AC | Lonely Goat RC | 31/12/2019 |
| Dave | Howard | Senior | Reading Roadrunners | Lonely Goat RC | 31/12/2019 |
| Glen | Jones | Senior | Isle Of Wight RR AC | Lonely Goat RC | 01/12/2019 |
| Louise | Lee | Senior | Purple Patch Runners | Lonely Goat RC | 27/12/2019 |

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| Ruairidh | Macdonald | Senior | Cambridge & Coleridge AC | Lonely Goat RC | 24/12/2019 |
| Phillip | Roberts | Senior | Helsby Running Club | Lonely Goat RC | 20/12/2019 |
| Will | Stacey | Senior | Blackhill Bounders | Lonely Goat RC | 30/12/2019 |
| Attila | Szilagyi | Senior | Harrogate Harriers & AC | Lonely Goat RC | 01/12/2019 |
| Tess | Williams | Senior | Alcester Running Club | Lonely Goat RC | 27/12/2019 |
| Paul | Baxter | Senior | Malvern Joggers | Longstanton Limpers | 04/12/2019 |
| Charlotte | Rennie | Senior | Itchen Spitfires Running Club | Lordshill Road Runners | 31/12/2019 |
| Lucy | Harvey | U17 | Wimborne AC | Lytchett Manor Striders | 01/12/2019 |
| Maliecha | McKelvie | Senior | Malvern Buzzards Running Club | Malvern Joggers | 01/01/2020 |
| ORRAN | SMITH | Senior | Western Athletic Club (Isle of Man) | Manx Fell Runners | 07/12/2019 |
| George | Gavriel | Senior | Buckingham & Stowe RC | Marshall Milton Keynes AC | 30/12/2019 |
| Tony | Barrable | Senior | Team Derby Runner | Matlock Athletic Club | 14/12/2019 |
| Jane | Hannah | Senior | Chesapeake Road Runners | Mickleover Running Club | 06/12/2019 |
| Sophie | Crawford | Senior | Haslemere Border AC | Midhurst Milers | 01/12/2019 |
| Conrad | Watson | Senior | Sutton in Ashfield Harriers & AC | Midland Masters AC | 17/12/2019 |
| Paul | Sanderson | Senior | Methley Striders | Morley Running Club | 06/12/2019 |
| Alex | Astley | Senior | St Albans Striders | Mornington Chasers | 22/12/2019 |
| Adam | Coulson | Senior | Sun City Tri | Morpeth Harriers & AC | 24/12/2019 |
| Reuben | Moss | U13 | Wallsend Harriers & AC | Morpeth Harriers & AC | 30/12/2019 |
| George | Tweedie | U13 | High Peak Athletic Club | Morpeth Harriers & AC | 09/12/2019 |
| Kim | McDowell | Senior | Calne Running Club | Mounts Bay Harriers | 31/12/2019 |
| Anthony | Worthington | Senior | Calne Running Club | Mounts Bay Harriers | 31/12/2019 |
| Chris | Walker | Senior | Lawley Running Club | MudCrew Running | 05/12/2019 |
| Jamie | Macintyre | Senior | Lonely Goat RC | Newark AC | 13/12/2019 |
| Bob | Hardy | Senior | Trentham RC | Newcastle Staffs AC | 06/12/2019 |
| James | Craddock | Senior | Newquay & Par AC | Newquay Road Runners | 08/12/2019 |
| Emily | Trebilcock | Senior | Gyllyngvase Surf Life Saving Club | Newquay Road Runners | 01/01/2020 |
| Miles | Winter | Senior | Hermitage Harriers | North Derbyshire RC | 01/01/2020 |
| Mike | Bullock | Senior | Notfast RC | North Herts Road Runners | 11/12/2019 |
| Andy | Mutton | Senior | Reading Roadrunners | North Herts Road Runners | 17/12/2019 |
| John | O'Gorman | Senior | Tri London | North Herts Road Runners | 06/12/2019 |
| Jai | Diddee | U11 | Gateshead Harriers & AC | North Shields Polytechnic Club | 01/12/2019 |
| Mili | Diddee | U15 | Gateshead Harriers & AC | North Shields Polytechnic Club | 01/12/2019 |
| Tina | Diddee | Senior | Gateshead Harriers & AC | North Shields Polytechnic Club | 01/12/2019 |
| Roland | Peacock | Senior | Gateshead Harriers & AC | North Shields Polytechnic Club | 10/12/2019 |
| Amberly | Ramm | U13 | Westbury Harriers | North Somerset AC | 01/01/2020 |
| George | Gammage | U17 | Rugby & Northampton AC | Northampton AC | 09/12/2019 |
| Liam | Reynolds | Senior | Western Athletic Club (Isle of Man) | Northern (Isle of Man) AC | 07/12/2019 |
| Jack | Hoogstraten | Senior | Bracknell Forest Runners | Notts AC | 09/12/2019 |

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|------------|------------|-----------|-------------------------------------|--|--------------|
| Lindsay | Smith | Senior | RunThrough | Notts Women Runners | 04/12/2019 |
| Lisa | Reeve | Senior | Quakers Running Club | Orchard Eagles Running Club | 15/12/2019 |
| Ronan | Edwards | U15 | Woodford Green AC with Essex Ladies | Orion Harriers | 12/12/2019 |
| Spencer | Evans | Senior | East London Runners | Orion Harriers | 21/12/2019 |
| Dan | Gritton | Senior | East London Runners | Orion Harriers | 07/12/2019 |
| William | Cook | Senior | Jersey Spartan AC | Oxford University AC | 01/12/2019 |
| Sue | Davys | Senior | Bushfield Joggers | PACTRAC | 08/12/2019 |
| Helen | Wright | Senior | Dark Peak Fell Runners | Penistone Footpath Runners & Athletic Club | 29/12/2019 |
| Andrew | Everett | Senior | Trail Running Association | Pensby Runners | 01/01/2020 |
| Gavin | Davies | Senior | Pitsea RC | Phoenix Striders | 18/12/2019 |
| Natalie | Thomas | Senior | Andover AC | Plymouth Harriers | 01/01/2020 |
| Dominic | Willmore | U20 | Poole Runners | Poole AC | 28/12/2019 |
| Katharine | Russell | Senior | Stocksfield Striders | Prudhoe Plodders Running Club | 02/12/2019 |
| Laurence | Martin | Senior | Pudsey Pacers RC | Pudsey & Bramley AC | 31/12/2019 |
| Paul | McHale | Senior | Bramley Breezers | Pudsey Pacers RC | 01/01/2020 |
| Greg | Bemment | Senior | Littledown Harriers | Purbeck Runners | 10/12/2019 |
| John | Gilchrist | Senior | Kingston upon Hull AC | Queen's Park Harriers | 04/12/2019 |
| Duncan | Shorthose | Senior | Hermitage Harriers | Race Rapid | 13/12/2019 |
| Andrew | Brett | Senior | Peterborough & Nene Valley AC | Ramsey Road Runners | 06/12/2019 |
| Maureen | Brettell | Senior | Vegan Runners UK | RBR Club | 29/12/2019 |
| Lucy | Odell | U17 | Southampton Athletic Club | Reading AC | 29/12/2019 |
| Charlotte | Payne | U20 | Newbury AC | Reading AC | 07/12/2019 |
| Jon | Green | Senior | Sandhurst Joggers | Reading Roadrunners | 17/12/2019 |
| Benjamin | Abbott | Senior | Notts AC | Redhill Road Runners | 01/01/2020 |
| Nick | Hilton | Senior | Bournville Harriers | Ripley Running Club | 23/12/2019 |
| Sarah | Bromiley | Senior | Harrogate Harriers & AC | Ripon Runners | 07/12/2019 |
| Kate | Holden | Senior | Radcliffe AC | Rochdale Tri Club | 18/12/2019 |
| Todd | Harding | Senior | Handy Cross Runners | Rochford Running Club | 20/12/2019 |
| James | Eastwood | Senior | Almost Athletes | Rosendale Harriers & AC | 05/12/2019 |
| Bryn | Phillips | Senior | Yeovil Town RRC | Royal Navy Athletics Club | 31/07/2019 |
| Huw | Williams | Senior | Victory AC | Royal Navy Athletics Club | 28/12/2019 |
| Freya | Vincent | Senior | Gateshead Harriers & AC | Rugby & Northampton AC | 07/12/2019 |
| Richard | Wild | Senior | Bedford Harriers AC | Rugby & Northampton AC | 06/12/2019 |
| Claire | Campbell | Senior | Glossopdale Harriers | Ryde Harriers | 08/12/2019 |
| Jodie | Wilmott | Senior | Isle Of Wight RR AC | Ryde Harriers | 10/12/2019 |
| Peter | Wilmott | Senior | Isle Of Wight RR AC | Ryde Harriers | 13/12/2019 |
| Ella | Salih | U15 | Salford Metropolitan AC | Sale Harriers Manchester | 20/12/2019 |
| Fiona | Cunningham | Senior | Nidd Valley Road Runners | Selby Striders | 06/12/2019 |

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| Paul | Christian | Senior | Lonely Goat RC | Serpentine RC | 23/12/2019 |
| Manon | Baines | U15 | St Mary's Richmond AC | Shaftesbury Barnet Harriers | 05/12/2019 |
| Mario | Dobrescu | U17 | Ilford AC | Shaftesbury Barnet Harriers | 17/12/2019 |
| Kit | Evans Lombe | U17 | Ipswich Harriers | Shaftesbury Barnet Harriers | 13/12/2019 |
| Gabriel | Lamb | U15 | Dacorum & Tring AC | Shaftesbury Barnet Harriers | 01/01/2020 |
| David | Millns | Senior | Totley AC | Sheffield RC | 01/12/2019 |
| Michael | Sprot | Senior | Hallamshire Harriers Sheffield | Sheffield RC | 02/12/2019 |
| Bobbie | Waugh | U15 | Hallamshire Harriers Sheffield | Sheffield Triathlon Club | 24/12/2019 |
| Isabella | Waugh | U13 | Hallamshire Harriers Sheffield | Sheffield Triathlon Club | 24/12/2019 |
| Paul | Tebbutt | Senior | Poplar Running Club | Shephed Running Club | 01/01/2020 |
| Graeme | Spencer | Senior | South Cheshire Harriers | Shropshire Shufflers | 10/12/2019 |
| Rafferty | Mirfin | U13 | Valley Striders AC | Skyrac Athletic Club | 10/12/2019 |
| Colin | Foster | Senior | Ilkeston Running Club | Smalley Road Runners | 10/12/2019 |
| Kay | Shotton | Senior | Lonely Goat RC | Sneyd Striders | 01/01/2020 |
| Alun | Hughes | Senior | Wells City Harriers | Somer AC | 17/12/2019 |
| Chris | Baxter | Senior | Badgers | South Derbyshire Road Runners | 08/12/2019 |
| Matthew | Dalton | Senior | Riviera Racers | South Devon AC | 22/12/2019 |
| margaret | connolly | Senior | Southern Counties Veterans AC | South Kent Harriers | 19/12/2019 |
| Daniel | Hull | Senior | Totton RC | Southampton Athletic Club | 09/12/2019 |
| Grant | Stenhouse | Senior | Aldershot Farnham & District | Southern Counties Veterans AC | 29/12/2019 |
| Bill | Steel | U17 | Liverpool Pembroke & Sefton H AC | Southport Waterloo AC | 16/12/2019 |
| Gavin | Allen | Senior | Halstead RRC | Springfield Striders RC | 06/12/2019 |
| Nicholas | Jones | Senior | Watford Harriers | St Albans AC | 04/12/2019 |
| Daniel | Merrick | Senior | Lonely Goat RC | St Helens Striders | 01/01/2020 |
| Kenny | Molyneux | Senior | Calne Running Club | St Mary's Calne Sports Centre Running & Triathlon | 12/12/2019 |
| Suzi | Boast | Senior | Bedford & County AC | St Neots Riverside Runners | 19/12/2019 |
| Sarah | Pritchard | Senior | London City Athletics Club | Steel City Striders RC | 03/12/2019 |
| Scott | Watson | Senior | Hyde Park Harriers | Steel City Striders RC | 13/12/2019 |
| Julie | Ashby | Senior | Wreake & Soar Valley | Stilton Striders | 25/12/2019 |
| Corey | Beechall | U13 | Warrington A C | Stockport Track & Field | 17/12/2019 |
| James | Heslop | Senior | Vegan Runners UK | Stockton Striders AC | 05/12/2019 |
| Patricia | Ball | Senior | Newcastle Staffs AC | Stoke F.I.T | 10/12/2019 |
| Lin | Bolton | Senior | Team Dunerunner | Stowmarket Striders RC | 06/12/2019 |
| Rebecca | Buckles | Senior | Ipswich Triathlon Club | Stowmarket Striders RC | 31/12/2019 |
| Emma | Harding | Senior | Meon Valley Runners | Stubbington Green Runners | 27/12/2019 |
| Aidan | Daniel | Senior | University of Birmingham AC and Cross Country Club | Team Bath Athletic Club | 11/12/2019 |
| David | Blake | Senior | Cobra Running & Triathlon Club | Team East Haddon | 19/12/2019 |
| Jolyon | Davis | U15 | Wolverhampton & Bilston | Telford AC | 17/12/2019 |

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| Andrew | Li | Senior | University of Sheffield Union of Students | Telford AC | 04/12/2019 |
| Craig | Morris | Senior | Bridgnorth Running Club | Telford AC | 19/12/2019 |
| Hazel | Clarke | Senior | Lonely Goat RC | Telford Harriers | 01/01/2020 |
| Adam | Lowe | Senior | Lostock AC | Time2Run Events | 04/12/2019 |
| Danny | Pilkington | Senior | Clayton-le-Moors Harriers | Trawden Athletic Club | 03/12/2019 |
| Stephen | Hunnisett | Senior | South London Harriers | Tunbridge Wells Harriers | 05/12/2019 |
| Alistair | Haston | Senior | Teesdale AC | University of Sheffield Union of Students | 17/12/2019 |
| Lee | Mahon | Senior | BTR Road Runners | UTS Running Club | 27/12/2019 |
| Scott | Herbert | Senior | Bedford & County AC | Vale Of Aylesbury AC | 01/01/2020 |
| Heather | Slater | U13 | Oxford City AC | Vale Of Aylesbury AC | 09/12/2019 |
| Ian | Gulliford | Senior | Chapel Allerton Runners | Valley Striders AC | 11/12/2019 |
| Graeme | Ash | Senior | Storm Plymouth | Vegan Runners UK | 02/12/2019 |
| Martin | Erasmus | Senior | Farnham Runners | Vegan Runners UK | 11/12/2019 |
| Chris | Foulds | Senior | Formula One Circuit Crew | Vegan Runners UK | 31/12/2019 |
| Jamie | Graham | Senior | Cannock & Stafford AC | Vegan Runners UK | 22/12/2019 |
| Tess | Killingbeck | Senior | City Of Norwich AC | Vegan Runners UK | 13/12/2019 |
| Rob | Lihou | Senior | Longwood Harriers AC | Vegan Runners UK | 24/12/2019 |
| Catriona | Ward Sell | Senior | TRISudbury | Vegan Runners UK | 01/01/2020 |
| David | Abergel | Senior | Lancaster & Morecambe AC | Victoria Park Harriers and Tower Hamlets AC | 06/12/2019 |
| James | Brewster | Senior | Clapham Runners | Victoria Park Harriers and Tower Hamlets AC | 17/12/2019 |
| Ben | Hobbs | U20 | City of York AC | Wakefield District H & AC | 07/12/2019 |
| Mark | Mills | Senior | Ackworth Road Runners | Wakefield District H & AC | 07/12/2019 |
| Adrian | Gough | Senior | Barnsley Athletic Club | Wakefield Triathlon Club | 09/12/2019 |
| Louise | Cordes | Senior | Lonely Goat RC | Wallsend Harriers & AC | 10/12/2019 |
| Danielle | Iyekekpolor | U13 | Team Hounslow Athletic Club | Walton AC | 01/01/2020 |
| David | Woodhead | Senior | Macclesfield Harriers & AC | Warrington Road Runners | 07/12/2019 |
| George | Harden | Senior | Sunderland Harriers & AC | Washington Running Club | 17/12/2019 |
| Scotty | Bruce | Senior | Lowestoft Road Runners | Waveney Valley AC | 22/12/2019 |
| Jayne | Hutton | Senior | RBR Club | Wells City Harriers | 05/12/2019 |
| Michelle | Tickle | Senior | Blackpool Wyre & Fylde AC | Wesham Road Runners & AC | 17/12/2019 |
| Aruna | Bhagwan | Senior | Roadhogs Leicester AC | West End Runners | 06/12/2019 |
| Vicki | Hudson | Senior | Wigston Phoenix RC | West End Runners | 30/12/2019 |
| Emma | Sayers | Senior | Beverley Athletic Club | West Hull Ladies | 05/12/2019 |
| Hannah | Camden | U15 | Horwich R M I Harriers | Wigan & District H & AC | 31/12/2019 |
| Paul | Mason | Senior | Chorley Athletic and Triathlon Club | Wigan Phoenix | 16/12/2019 |
| Fred | Jimack | U20 | Hercules Wimbledon AC | Wimbledon Windmilers | 05/12/2019 |
| Stuart | McLay | Senior | Haldon Trail Runners | Winchester & District AC | 11/12/2019 |

Eligibility Transfer Interested Parties List

| First Name | Last Name | Age Group | Origin Club | Destination Club | Date Of Move |
|---------------|----------------|-----------|---------------------------|-------------------------------------|--------------|
| Toby | Makoyawo | U20 | Watford Harriers | Windsor Slough Eton & Hounslow AC | 13/12/2019 |
| Freya | Witheat | U17 | Watford Harriers | Windsor Slough Eton & Hounslow AC | 28/12/2019 |
| Thomas | Gilchrist | U13 | WESPA Fire Athletics | Wirral AC | 21/12/2019 |
| Elliott Scott | Moulster | Senior | Beeston AC | Witham RC | 16/12/2019 |
| Anthony | Gerundini | Senior | Scarborough Athletic Club | Wolds Veteran RC | 13/12/2019 |
| Samanta | Bendaraviciute | U20 | Luton Athletic Club | Woodford Green AC with Essex Ladies | 01/01/2020 |
| Christopher | Bird | Senior | Chichester Runners & AC | Worthing & District Harriers | 15/12/2019 |
| Kirsty | Addy | Senior | Thames Valley Harriers | Wreake & Soar Valley | 31/12/2019 |
| Abigail | Symonds | U17 | Maidenhead AC | Wycombe Phoenix Harriers & AC | 28/12/2019 |
| Robert | Rout | Senior | Tri-Anglia Triathlon Club | Wymondham AC | 24/12/2019 |
| Louise | Stevens | Senior | Diss and District AC | Wymondham AC | 17/12/2019 |
| Grace | Kelleher | Senior | Dark Peak Fell Runners | York Knavesmire Harriers | 11/12/2019 |
| Thomas | Kingscott | Senior | York Acorn Running Club | York Knavesmire Harriers | 19/12/2019 |