



**MIDLAND COUNTIES ATHLETIC ASSOCIATION  
2017 OUTDOOR TRACK & FIELD CHAMPIONSHIPS**  
*Competitions Held Under UK Rules*



<p><b>MIDLAND SENIOR &amp; U20 CHAMPIONSHIPS PINGLES STADIUM</b> <b>SUNDAY 11 JUNE 2017</b> <i>PAPER ENTRY CLOSING DATE 15 MAY 2017</i> <i>ONLINE ENTRY CLOSING DATE 22 MAY 2017</i></p>
<p><b>MIDLAND U17/U15/U13 CHAMPIONSHIPS PINGLES STADIUM</b> <b>SATURDAY/SUNDAY 19/20 AUGUST 2017</b> <i>PAPER ENTRY CLOSING DATE 17 JULY 2017</i> <i>ONLINE ENTRY CLOSING DATE 24 JULY 2017</i></p>
<p><b>MIDLAND SENIOR &amp; U20 MEN &amp; WOMEN 3000m CHAMPIONSHIPS COVENTRY</b> <b>SATURDAY 12 AUGUST 2017</b> <i>PAPER ENTRY CLOSING DATE 1 AUGUST 2017</i> <i>ONLINE ENTRY CLOSING DATE 3 AUGUST 2017</i></p>
<p><b>MIDLAND SENIOR &amp; U20 MEN &amp; WOMEN 10000m CHAMPIONSHIPS TIPTON</b> <b>SATURDAY 26 AUGUST 2017</b> <i>PAPER ENTRY CLOSING DATE 8 AUGUST 2017</i> <i>ONLINE ENTRY CLOSING DATE 12 AUGUST 2017</i></p>



Unfortunately when an entry is made it will not be possible make a refund unless, the meeting is cancelled by the Association, when due to unforeseen circumstances an 80% refund will be made, and the remainder will be used to cover costs incurred.

MIDLAND CHAMPIONSHIPS ELIGIBILITY – All Championship competitors must have at least one of the following qualifications and be a paid up member of the England Athletics membership scheme

- ❖ The athlete having been born in the Midlands
- ❖ A minimum of 9 months continuous residence in the Midlands immediately prior to the event to be competed in
- ❖ NB: University Residence does not count as a Midlands qualification.

Birth/Residence qualification is in one of the following:

Avon, Herefordshire, Gloucestershire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire. NB: England South West (Cornwall, Devon, Dorset, Somerset, & Wiltshire) & East Midlands (Derbyshire, Lincolnshire) are recognised for qualification purposes **BUT** you can only compete in one Area Championships in a calendar year – January to December.

**CHAMPIONSHIP CLOTHING**

THE FOLLOWING VESTS ONLY ARE ACCEPTABLE FOR THE CHAMPIONSHIPS: CLUB, COUNTY, COUNTY SCHOOLS, AREA, NATIONAL OR INTERNATIONAL. FAILURE TO WEAR ONE OF THESE VESTS COULD RESULT IN DISQUALIFICATION.

**ONLINE ENTRY FEES PER EVENT (PAPER ENTRIES CARRY A £2 SUPPLEMENT PER EVENT)**

Senior/U20 Championships	Senior £10	U20's £9
U17/U15/U13 (Quadrathlon) Championships	£8	

**PLEASE MAKE CHEQUES PAYABLE TO MIDLAND COUNTIES AA.**

**PLEASE ENSURE THAT THERE IS AN EMAIL ADDRESS ON YOUR PAPER ENTRY TO ENSURE YOU GET**

**THE EVENT PAPERWORK**

ONLINE ENTRY FOR ALL EVENTS WILL BE AVAILABLE ON

<http://mcaa.athletics-uk.org/>

## **DRUG TESTING**

*I hereby (i) acknowledge that I am bound by UKA's Anti-Doping rules, (ii) agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve my providing a blood and/or urine sample); and (iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.*

**To check the status of registered medicines please visit [www.globaldro.com](http://www.globaldro.com). For information on testing procedures please visit [www.100percentme.co.uk](http://www.100percentme.co.uk). The UKA Anti-Doping Rules are available at [www.uka.org.uk](http://www.uka.org.uk). For general anti-doping queries please contact [antidoping@uka.org.uk](mailto:antidoping@uka.org.uk).**

There will be a tick box on the competition form that will have to be ticked to ensure that you have read the drug testing information.

[www.midlandathletics.org.uk](http://www.midlandathletics.org.uk)



[www.englandathletics.org](http://www.englandathletics.org)





**MIDLAND SENIOR/U20 CHAMPIONSHIP EVENTS SUNDAY 11 JUNE 2017**  
**PINGLES STADIUM NUNEATON**

**PROGRAMME OF EVENTS**

**Senior and U20  
Championships  
Sunday 11 June  
2017**

Senior Men	100m, 200m, 400m, 800m, 1500m, 3000m s/c, 5000m, 110mH, 400mH, High Jump <b>SH:1.70</b> , Long Jump, Triple Jump <b>11/13m Bd</b> , Pole Vault <b>SH:3.00</b> , Shot, Discus, Hammer, Javelin
Senior Women	100m, 200m, 400m, 800m, 1500m, 2000m s/c, 5000m, 100mH, 400mH, High Jump <b>SH:1.50</b> , Long Jump, Triple Jump <b>9/11m Bd</b> , Pole Vault <b>SH:2.50</b> , Shot, Discus, Hammer, Javelin
U20 Men	100m, 200m, 400m, 800m, 1500m, 3000m, 2000m s/c 110mH, 400mH, High Jump <b>SH:1.60</b> , Long Jump, Triple Jump <b>11/13m Bd</b> , Pole Vault <b>SH:2.70</b> , Shot, Discus, Hammer, Javelin
U20 Women	100m, 200m, 400m, 800m, 1500m, 3000m, 100mH, 400mH, High Jump <b>SH:1.40</b> , Long Jump, Triple Jump <b>9/11m Bd</b> , Pole Vault <b>SH:2.50</b> , Shot, Discus, Hammer, Javelin
Parallel Success	Entries welcome from ambulant IPC athletes

**ONLINE ENTRY FEES PER EVENT (PAPER ENTRIES CARRY A £2 SUPPLEMENT PER EVENT)**

**Senior/U20 Championships**

Senior £10

U20's £9

**Closing dates: Paper entries 15 May 2017**

**Online entries 22 May 2017**

**MIDLAND SENIOR & U20 MEN & WOMEN 3000m CHAMPIONSHIPS  
SATURDAY 12 AUGUST 2017 COVENTRY**

**PAPER ENTRY CLOSING DATE 1 AUGUST 2017**

**ONLINE ENTRY CLOSING DATE 3 AUGUST 2017**

**Entry fees Seniors £10 per event**

**U20's £9 per event**

**(PAPER ENTRIES CARRY A £2 SUPPLEMENT PER EVENT)**

**MIDLAND SENIOR & U20 MEN & WOMEN 10000m CHAMPIONSHIPS  
SATURDAY 26 AUGUST 2017 TIPTON**

**PAPER ENTRY CLOSING DATE 8 AUGUST 2017**

**ONLINE ENTRY CLOSING DATE 12 AUGUST 2017**

**Entry fees Seniors £10 per event**

**U20's £9 per event**

**(PAPER ENTRIES CARRY A £2 SUPPLEMENT PER EVENT)**

**Senior Men/Women  
Under 20 Men/Women**

**Age Groups**

At least 20 years of age on 31<sup>st</sup> December 2017

Over 17 but under 20 on 31 December 2017



**MIDLAND U17/U15/U13 CHAMPIONSHIPS SATURDAY/SUNDAY 19/20 AUGUST 2017**  
**PINGLES STADIUM NUNEATON**

**PROGRAMME OF EVENTS**

<b>Saturday 19 August U17 U15 U13 Championships</b>	Under 17 Men	100m, 400m, 1500m, 100mH, High Jump <b>SH:1.50</b> , Pole Vault <b>SH:2.50</b> , Hammer, Javelin
	Under 15 Boys	100m, 300m, 1500m, 80mH, Long Jump, Pole Vault <b>SH:2.20</b> , Hammer, Javelin
	Under 13 Boys	Quadrathlon
	Under 17 Women	200m, 800m, 3000m 1500m S/C, 300mH, High Jump <b>SH:1.30</b> , Pole Vault <b>SH:2.20</b> , Long Jump, Shot, Discus
	Under 15 Girls	200m, 800m, 3000m, Pole Vault: <b>SH 2.20</b> , Long Jump, Shot, Discus
<b>Sunday 20 August U17 U15 U13 Championships</b>	Under 17 Men	200m, 800m, 3000m, 1500m s/c, 400mH, Long Jump, Triple Jump <b>9/11/13m Bd</b> , Shot, Discus
	Under 15 Boys	200m, 800m, 3000m, High Jump <b>SH:1.40</b> , Triple Jump <b>7/9/11m Bd</b> , Shot, Discus
	Under 17 Women	100m, 300m, 1500m, 80mH, Triple Jump <b>7/9/11m Bd</b> , Hammer, Javelin
	Under 15 Girls	100m, 300m, 1500m, 75mH, High Jump <b>SH:1.25</b> , Hammer, Javelin
	Under 13 Girls	Quadrathlon

**QUADRATHLON – 1 COMPETITION CONSISTING OF THE EVENTS BELOW**

<b>100m</b>
<b>600m</b>
<b>Long Jump</b>
<b>Shot</b>

**Entry fees: £8 per event (PAPER ENTRIES CARRY A £2 SUPPLEMENT PER EVENT)**

**Closing dates: Paper entries 17 July 2017**

**Online entries 24 July 2017**

**Age Groups**

**U17 Men/Women**

Over 15 but under 17 on 31 August 2017

**U15 Boys/Girls**

Over 13 but under 15 on 31 August 2017

**U13 Boys/Girls**

**Over 11** but under 13 on 31 August 2017



## **ELIGIBILITY CONDITIONS OF ENTRY TO AREA TRACK & FIELD CHAMPIONSHIPS**

### **1 UK ATHLETICS RULES**

All events will be subject to UKA Rules for Competition.

### **2 ELIGIBILITY – All athletes should be a paid up member of the England Athletics membership scheme**

All events are confined to amateurs who were either:

a) born within the Midland Counties AA Area, OR

b) have lived within the Area boundary for nine months prior to the date of competition. **See eligibility note on the first page.**

## **GENERAL CONDITIONS OF ENTRY**

### **1 UK ATHLETICS RULES**

All events will be subject to UKA/IAAF Rules for Competition.

### **2 EVENT RESTRICTIONS**

The Organisers reserve the right to cancel any event in which the entries are insufficient to justify the holding of a Championship competition. A minimum of three entries will be required. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only. The Organisers reserve the right to change the day of an advertised event.

### **3 UKA RULE 146 APPLIES – athletes may chose to compete in an age group above their own subject to the limitations in rule 146.**

### **4 CLUB MEMBERSHIP AND CLOTHING**

After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to England Athletics/UK Athletics. Athletes who are club members must wear club vests or alternatively a County, Area or National vest. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Crop tops are acceptable as team colours if they are in the same colours as the club vest and as near in design as possible.

### **5 EQUIPMENT**

The organisers will provide implements for the throwing events. Competitors may use their own implements provided that these are booked in a minimum of one hour prior to the scheduled start of the individual event and approved by the Technical Manager. Competitors must supply their own poles in the Pole Vault. Competitors own starting blocks may be used if they conform to regulations and are approved by the Starter's Assistant.

### **6 ENTRIES**

- ❖ **We suggest that you obtain proof of posting for postal entries, then should your entry get lost in the post we will accept proof of posting and enter you in the meeting**
- ❖ The organisers reserve the right to refuse any entry
- ❖ In the event of a meeting being cancelled by the organisers (MCAA), due to circumstances beyond our control, then there will be a refund of 80% of entry fees. The withheld money will be used to offset the costs already incurred.

**ATHLETES WILL NEED TO PRINT THEIR BOOKING CARD OFF THE ONLINE ENTRY SITE.** Late entries will not be accepted and the organisers cannot be responsible for items lost or delayed in the post. Athletes (or if under 16, their parent/guardian) should check the details on the entry form before signing it, since errors cannot be corrected after the closing date.

## **COACHES**

**ON PRODUCTION OF A CURRENT UKA COACHING LICENCE COACHES WILL BE CHARGED A £1 ENTRY FEE**



**(NB: PAPER ENTRIES CARRY A £2 SUPPLEMENT PER EVENT)**  
**2017 MIDLAND COUNTIES OUTDOOR COMMON ENTRY FORM**

MIDLAND SENIOR/U20 CHAMPIONSHIPS 11 JUNE  or 3000m CHAMPIONSHIPS 12 AUGUST

MIDLAND U17/U15/U13 CHAMPIONSHIPS 19/20 AUGUST  or 10000m CHAMPIONSHIPS 26 AUGUST

Surname ..... First Names .....  
 (Women recently married please also give previous surname)

Address .....

.....Post Code .....

EA reg no..... Tel No Evening .....

Mobile..... Club.....

E-mail .....please include an email address to get the information for the events

Age Group for which you are entering: (please tick)

- |                |                  |                             |               |
|----------------|------------------|-----------------------------|---------------|
| Senior Men ( ) | Senior Women ( ) | U20 Men ( )                 | U20 Women ( ) |
| U17 Men ( )    | U17 Women ( )    | U15 Boys ( )                | U15 Girls ( ) |
| U13 Boys ( )   | U13 Girls ( )    | <b>Parallel Success ( )</b> |               |

I have read the Drug testing information

Date of Birth..... **U20's only** age on 31.8. 2017 .....

Place of Birth..... **IPC Classification.....**

I wish to enter the following events:

2016/17 Best

- |         |       |
|---------|-------|
| 1. .... | ..... |
| 2. .... | ..... |
| 3. .... | ..... |
| 4. .... | ..... |
| 5. .... | ..... |

**INFORMATION FOR U13 QUADRATHLON**

EVENT	PB
100m	
Shot	
Long Jump	
600m	

Cheque/ PO value ..... enclosed, payable to MCAA

I declare that I am eligible to compete under UKA Rules and that I am eligible to compete in the Midland Counties Athletics Championship on the grounds of - \*Birth / \*Residence (\*delete whichever does not apply) I am aware that drug testing may take place and that Club (or representative) vests must be worn.

Signed..... (If Under 16 to be signed by a Parent or Guardian)

Please return completed forms to: Midland Counties Athletic Association, Alexander Stadium, Walsall Road, Perry Barr, Birmingham B42 2LR.

**ONLINE ENTRY FOR ALL EVENTS WILL BE AVAILABLE AT**  
<http://mcaa.athletics-uk.org/>

**UKA RULE 107 APPLIES** – athletes may chose to compete in an age group above their own subject to the limitations in rule 107