

## MIDLAND TRACK AND FIELD LEAGUE 2018 RESULTS

DATE Division 6 Match 5 Venue:  
05/08/2018 Kettering

**Total Scores**

Position	Team	Points
1	Newcastle (Staffs) AC	467
2	Banbury AC	418
3	Kettering Town H	322
4	Hereford & County H	202
5	Nuneaton Harriers	183
6	Forest of Dean AC	134
7	Tamworth AC 'B'	129
8	Team Shrewsbury	91

**Mens Scores**

Position	Team	Points
1	Banbury AC	224
2	Newcastle (Staffs) AC	208
3	Kettering Town H	198
4	Tamworth AC 'B'	101
5	Hereford & County H	91
6	Forest of Dean AC	76
7	Team Shrewsbury	72
8	Nuneaton Harriers	63

**Womens Scores**

Position	Team	Points
1	Newcastle (Staffs) AC	244
2	Banbury AC	179
3	Nuneaton Harriers	120
4	Kettering Town H	109
5	Hereford & County H	96
6	Forest of Dean AC	63
7	Team Shrewsbury	29
8	Tamworth AC 'B'	28

**Officials Points**

Team Name	Points
Newcastle (Staffs) AC	15
Banbury AC	15
Kettering Town H	15
Hereford & County H	15
Nuneaton Harriers	
Forest of Dean AC	-5
Tamworth AC 'B'	
Team Shrewsbury	-10

Match Position after 36 Events

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## Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Ollie Sprio	Banbury AC	11.2	11
2	Emmanuel Mbu	Kettering Town H	11.5	9
3	Stephen Buttler	Team Shrewsbury	11.9	8
4	Ollie Howl	Hereford & County H	11.9	7
5	Nathan Moore	Tamworth AC 'B'	12.6	6
6	Jacob Droogmans	Newcastle (Staffs) AC	12.7	5

## Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Achim Loibl	Kettering Town H	11.5	9
2	Sam Hook	Banbury AC	11.6	7
3	Zachary McGrillen	Hereford & County H	12.3	6
4	Chritian Bruss	Tamworth AC 'B'	13.2	5
5	Elliot Smith	Newcastle (Staffs) AC	18.7	4

## Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Ollie Sprio	Banbury AC	22.8	11
2	Emmanuel Mbu	Kettering Town H	23.0	9
3	Jake Allman	Tamworth AC 'B'	23.6	8
4	Ollie Howl	Hereford & County H	23.9	7
5	Gabe Morris	Team Shrewsbury	26.7	6
6	Shaun Allen	Newcastle (Staffs) AC	28.1	5
7	Steve Hargrave	Nuneaton Harriers	30.8	4

## Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Zachary McGrillen	Hereford & County H	24.6	9
2	Chris Johnson	Kettering Town H	25.3	7
3	Owen Williams	Tamworth AC 'B'	26.0	6
4	Mark Cotton	Newcastle (Staffs) AC	28.1	5
5	Jonathan Carruthers	Banbury AC	29.6	4

## Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Alfie Rowett	Banbury AC	51.6	11
2	Dylan Bowley	Kettering Town H	54.0	9
3	Ollie Howl	Hereford & County H	54.6	8
4	Jake Allman	Tamworth AC 'B'	55.7	7
5	Lewis Nagington	Newcastle (Staffs) AC	57.3	6
6	Eric Fowler	Nuneaton Harriers	1.13.9	5

## Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Sam Hook	Banbury AC	54.7	9
2	Zachary McGrillen	Hereford & County H	55.6	7
3	Tony James	Kettering Town H	56.0	6
4	Nathan Moore	Tamworth AC 'B'	57.0	5
5	Jacob Droogman	Newcastle (Staffs) AC	57.4	4

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## Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Conner Creed	Forest of Dean AC	19.9	11
2	Peter Mills	Kettering Town H	24.5	9

## Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Conner Creed	Forest of Dean AC	1.09.9	11
2	Jordan Nixon	Newcastle (Staffs) AC	1.13.3	9
3	Philip Vincent	Banbury AC	1.26.6	8

## Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Oliver Rennison	Forest of Dean AC	1.24.2	9

## Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Lewis Nagington	Newcastle (Staffs) AC	2.04.9	11
2	Gabe Morris	Team Shrewsbury	2.06.0	9
3	Bert Rowett	Banbury AC	2.12.5	8
4	Morgan Potter	Kettering Town H	2.15.5	7
5	Adam Jones	Hereford & County H	2.17.4	6
6	James Walker	Tamworth AC 'B'	2.23.6	5

## Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Jacob Droogman	Newcastle (Staffs) AC	2.07.2	9
2	Jack Watson	Kettering Town H	2.19.7	7
3	Kevin Barnes	Hereford & County H	3.38.5	6

## Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Lewis Nagington	Newcastle (Staffs) AC	4.28.1	11
2	Josh Cannell	Kettering Town H	4.31.3	9
3	Steve Waters	Team Shrewsbury	4.34.0	8
4	Peter Woodward	Forest of Dean AC	4.35.4	7
5	Jonathan Carruthers	Banbury AC	4.43.6	6
6	Adam Jones	Hereford & County H	4.45.5	5
7	Eric Fowler	Nuneaton Harriers	5.13.9	4
8	James Walker	Tamworth AC 'B'	5.18.6	3

## Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Jordan Nixon	Newcastle (Staffs) AC	4.38.9	9
2	Jack Watson	Kettering Town H	4.49.1	7
3	Derek Bolton	Tamworth AC 'B'	5.37.8	6
4	Oliver Rennison	Forest of Dean AC	5.43.1	5
5	Bert Rowett	Banbury AC	5.45.4	4
6	Kevin Barnes	Hereford & County H	7.26.6	3

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## Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	James Hickinbottom	Team Shrewsbury	9.57.4	11
2	Peter Woodward	Forest of Dean AC	10.06.1	9
3	Edward Cannell	Kettering Town H	10.12.4	8
4	Shaun Allen	Newcastle (Staffs) AC	10.16.1	7
5	Max Kent	Tamworth AC 'B'	10.50.5	6
6	Steve Hargrave	Nuneaton Harriers	11.15.6	5
7	Philip Vincent	Banbury AC	11.31.7	4
8	Kevin Barnes	Hereford & County H	15.32.0	3

## Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Ross Brown	Kettering Town H	10.32.7	9
2	Mark Cotton	Newcastle (Staffs) AC	12.43.6	7

## Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Philip Vincent	Banbury AC	11.20.7	11
2	Jordan Nixon	Newcastle (Staffs) AC	11.29.7	9
3	Matt Wooden	Team Shrewsbury	12.47.5	8
4	Oliver Rennison	Forest of Dean AC	13.50.2	7

## Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Skip Snelson	Banbury AC	14.05.2	9
2		Newcastle (Staffs) AC	16.43.8	7

## Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Bradley Davies-Pughe	Team Shrewsbury	6.13	11
2	Sam Hook	Banbury AC	5.46	9
3	Josh Gray	Kettering Town H	5.45	8
4	Mark Cotton	Newcastle (Staffs) AC	5.02	7
5	Christian Bruss	Tamworth AC 'B'	4.02	6

## Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Paul Tatler	Newcastle (Staffs) AC	4.44	9

## Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Oliver Rennison	Forest of Dean AC	10.07	11
2	Terry Selway	Nuneaton Harriers	10.00	9
3	Simon Deanen	Banbury AC	9.16	8

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**Men High Jump (A string)**

Posn	Name	Club	Perf	Pts
1	Peter Mills	Kettering Town H	1.70	11
2	Bert Rowett	Banbury AC	1.55	9
3	Shaun Allen	Newcastle (Staffs) AC	1.50	8

**Men High Jump (B string)**

Posn	Name	Club	Perf	Pts
1	Sam Hook	Banbury AC	1.40	9

**Men Pole Vault (A string)**

Posn	Name	Club	Perf	Pts
1	Terry Selway	Nuneaton Harriers	3.00	11

**Men Shot Putt (A string)**

Posn	Name	Club	Perf	Pts
1	Michael Dawes	Banbury AC	9.29	11
2	Brian Tomkinson	Newcastle (Staffs) AC	8.21	9
3	Matt Bell	Kettering Town H	8.06	8
4	Graham Hazelgreaves	Hereford & County H	6.85	7
5	Nathan Moore	Tamworth AC 'B'	6.66	6
6	Terry Selway	Nuneaton Harriers	6.60	5

**Men Shot Putt (B string)**

Posn	Name	Club	Perf	Pts
1	Charlie Shepherd	Banbury AC	7.89	9
2	James Ibbs	Newcastle (Staffs) AC	6.90	7
3	Josh Gray	Kettering Town H	5.86	6
4	Kevin Barnes	Hereford & County H	5.53	5

**Men Discus (A string)**

Posn	Name	Club	Perf	Pts
1	Michael Dawes	Banbury AC	29.85	11
2	Matt Bell	Kettering Town H	26.34	9
3	Terry Selway	Nuneaton Harriers	18.99	8
4	Kevin Davison	Newcastle (Staffs) AC	16.77	7
5	Christian Bruss	Tamworth AC 'B'	14.75	6

**Men Discus (B string)**

Posn	Name	Club	Perf	Pts
1	James Ibbs	Newcastle (Staffs) AC	18.34	9
2	Steve Hargrave	Nuneaton Harriers	9.74	7

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## Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Michael Dawes	Banbury AC	47.08	11
2	Matt Bell	Kettering Town H	42.93	9
3	Brian Tomkinson	Newcastle (Staffs) AC	22.20	8
4	Graham Hazelgreaves	Hereford & County H	17.80	7
5	Christian Bruss	Tamworth AC 'B'	14.96	6

## Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Ian Robinson	Banbury AC	18.70	9
2	Darren Smith	Newcastle (Staffs) AC	16.15	7
3	Peter Mills	Kettering Town H	15.49	6
4	Kevin Barnes	Hereford & County H	14.18	5

## Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	James Hickinbottom	Team Shrewsbury	35.17	11
2	Matt Bell	Kettering Town H	34.09	9
3	Alfie Rowett	Banbury AC	32.42	8
4	Paul Tatler	Newcastle (Staffs) AC	27.60	7
5	Conner Creed	Forest of Dean AC	25.83	6
6	Terry Selway	Nuneaton Harriers	18.91	5
7	Christian Bruss	Tamworth AC 'B'	10.39	4

## Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Simon Deanen	Banbury AC	27.55	9
2	Peter Mills	Kettering Town H	25.19	7
3	Kevin Davison	Newcastle (Staffs) AC	19.92	6

## Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Banbury AC	46.8	11
2		Kettering Town H	47.5	9
3		Tamworth AC 'B'	49.2	8
4		Newcastle (Staffs) AC	52.4	7

## Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Kettering Town H	3.42.8	11
2		Newcastle (Staffs) AC	3.55.0	9
3		Tamworth AC 'B'	4.04.4	8
4		Banbury AC	4.44.3	7

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## Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Erin Healy	Kettering Town H	12.7	11
2	Jess Foster	Team Shrewsbury	13.2	9
3	Megan Turton	Hereford & County H	13.4	8
4	Hannah Cousins	Banbury AC	13.8	7
5	Sophie Pasley	Tamworth AC 'B'	14.2	6
6	Cheryl Devonish	Nuneaton Harriers	14.3	5
7	Hannah Jones	Newcastle (Staffs) AC	15.9	4

## Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Beale	Kettering Town H	13.3	9
2	Shana Parker	Banbury AC	14.1	7
3	Emma White	Nuneaton Harriers	14.2	6
4	Kelly Little	Newcastle (Staffs) AC	18.4	5

## Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Erin Healy	Kettering Town H	26.1	11
2	Megan Turton	Hereford & County H	28.0	9
3	Hannah Cousins	Banbury AC	28.9	8
4	Sophie Pasley	Tamworth AC 'B'	29.2	7
5	Lucy Matthews	Newcastle (Staffs) AC	30.2	6
6	Carolyn Derbyshire	Nuneaton Harriers	34.2	5

## Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Beale	Kettering Town H	26.8	9
2	Alex Oakley	Newcastle (Staffs) AC	30.4	7

## Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Twardochleb	Newcastle (Staffs) AC	1.05.2	11
2	Danielle Silverman	Banbury AC	1.12.0	9
3	Lucy Arkinstall	Nuneaton Harriers	1.17.6	8

## Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Oakley	Newcastle (Staffs) AC	1.09.2	9

## Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Scott	Banbury AC	18.3	11
2	Scarlett Cotton	Newcastle (Staffs) AC	22.1	9

## Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Jessica Lay	Banbury AC	20.7	9
2	Nadine Tomkinson	Newcastle (Staffs) AC	22.6	7

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## Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Hannah Cousins	Banbury AC	1.17.0	11
2	Scarlett Cotton	Newcastle (Staffs) AC	1.20.5	9

## Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Nadine Tomkinson	Newcastle (Staffs) AC	1.23.2	9

## Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Twardochleb	Newcastle (Staffs) AC	2.25.3	11
2	Tia Williams	Banbury AC	2.34.7	9
3	Lucy Arkinstall	Nuneaton Harriers	2.38.8	8
4	Sophie Perry	Tamworth AC 'B'	2.43.7	7

## Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Oakley	Newcastle (Staffs) AC	2.37.8	9
2	Carolyn Derbyshire	Nuneaton Harriers	3.12.4	7

## Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Twardochleb	Newcastle (Staffs) AC	4.57.1	11
2	Polly Keen	Nuneaton Harriers	5.00.2	9
3	Charlotte Perry	Tamworth AC 'B'	5.36.7	8

## Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Lucy Matthews	Newcastle (Staffs) AC	5.07.2	9

## Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Polly Keen	Nuneaton Harriers	10.35.8	11
2	Lauren Charlton	Newcastle (Staffs) AC	11.56.7	9
3	Barbara Poncia	Kettering Town H	14.32.7	8

## Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Masha Twardochleb	Newcastle (Staffs) AC	12.18.7	9
2	Lucy Arkinstall	Nuneaton Harriers	14.15.7	7



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## Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Dora Tomlinson	Team Shrewsbury	5.31	11
2	Rebecca Scott	Banbury AC	4.92	9
3	Alex Beale	Kettering Town H	4.81	8
4	Megan Turton	Hereford & County H	4.69	7
5	Misha Twardochleb	Newcastle (Staffs) AC	3.34	6

## Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Shana Parker	Banbury AC	4.80	9
2	Cara Bennett	Hereford & County H	4.26	7
3	Kelly Little	Newcastle (Staffs) AC	2.04	6

## Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Scott	Banbury AC	9.99	11
2	Jess Foster	Team Shrewsbury	9.63	9
3	Misha Twardochleb	Newcastle (Staffs) AC	8.07	8

## Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Shana Parker	Banbury AC	9.84	9
2	Lauren Charlton	Newcastle (Staffs) AC	7.46	7

## Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Charlotte Ellis	Nuneaton Harriers	1.50	11
2	Rebecca Scott	Banbury AC	1.40	9
3	Nardine Tomkinson	Newcastle (Staffs) AC	1.35	8

## Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Scarlett Cotton	Newcastle (Staffs) AC	1.30	9

## Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Mary Watkins	Forest of Dean AC	8.32	11
2	Ruth Wells	Hereford & County H	8.03	9
3	Amy Whitehurst	Newcastle (Staffs) AC	6.49	8
4	Carolyn Derbyshire	Nuneaton Harriers	5.87	7
5	Claire Goodwin	Banbury AC	5.81	6
6	Lorna Barlow	Kettering Town H	5.10	5

## Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Cara Bennett	Hereford & County H	6.85	9
2	Melissa Kolie	Forest of Dean AC	6.23	7
3	Hannah Cousins	Banbury AC	5.67	6
4	Polly Keen	Nuneaton Harriers	5.65	5
5	Lisa Hawkins	Newcastle (Staffs) AC	5.51	4
6	Berny Kwei-Tagoe	Kettering Town H	4.71	3

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## Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & County H	24.77	11
2	Malissa Kolie	Forest of Dean AC	19.82	9
3	Lorna Barlow	Kettering Town H	16.98	8
4	Jessica Lay	Banbury AC	16.51	7
5	Amy Whitehurst	Newcastle (Staffs) AC	15.05	6
6	Carolyn Derbyshire	Nuneaton Harriers	14.52	5

## Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Cara Bennett	Hereford & County H	24.36	9
2	Paula Sinnott	Kettering Town H	15.74	7
3	Claire Goodwin	Banbury AC	14.28	6
4	Julia Bailey	Newcastle (Staffs) AC	13.06	5
5	Mary Watkins	Forest of Dean AC	13.02	4
6	Polly Keen	Nuneaton Harriers	9.83	3

## Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Malissa Kolie	Forest of Dean AC	34.30	11
2	Jessica Lay	Banbury AC	28.22	9
3	Lorna Barlow	Kettering Town H	24.82	8
4	Hannah Barnes	Hereford & County H	24.37	7
5	Amy Whitehurst	Newcastle (Staffs) AC	17.33	6

## Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & County H	20.51	9
2	Mary Watkins	Forest of Dean AC	19.60	7
3	Julia Bailey	Newcastle (Staffs) AC	14.74	6

## Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & County H	23.91	11
2	Claire Goodwin	Banbury AC	20.65	9
3	Hannah Jones	Newcastle (Staffs) AC	17.12	8
4	Mary Watkins	Forest of Dean AC	16.10	7
5	Carolyn Derbyshire	Nuneaton Harriers	13.21	6
6	Lorna Barlow	Kettering Town H	12.34	5

## Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Jessica Lay	Banbury AC	14.66	9
2	Malissa Kolie	Forest of Dean AC	11.62	7
3	Paula Sinnott	Kettering Town H	11.57	6
4	Julia Bailey	Newcastle (Staffs) AC	10.86	5

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## Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Kettering Town H	52.9	11
2		Banbury AC	56.9	9
3		Nuneaton Harriers	59.3	8
4		Newcastle (Staffs) AC	59.9	7

## Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Newcastle (Staffs) AC	4.38.9	11
2		Nuneaton Harriers	4.54.3	9

## 200m women (Guest Event)

Posn	Name	Club	Perf
1	Berny Kwei-Tagoe	Kettering	27.1
2	Wiiika Carr	Kettering	29.4

## Hammer Men (Guest Event)

Posn	Name	Club	Perf
1	Carles Larsson	Newcastle	15.17

## Shot Men (Guest Event)

Posn	Name	Club	Perf
1	Ross Brown	Kettering	7.07
2	Carles Larsson	Newcastle	5.86

## 100m Men (Guest Event)

Posn	Name	Club	Perf
1	Chris Johnson	Kettering	12.6

## 100m Women (Guest Event)

Posn	Name	Club	Perf
1	Berny Kwei-Tagoe	Kettering	13.2
2	Wiiika Carr	Kettering	14.0
3	Danielle Silverman	Banbury	15.7

## Discs Men (Guest Event)

Posn	Name	Club	Perf
1	Carles Larsson	Newcastle	15.5