



MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION,
WOMEN'S FIVE and MEN'S SEVEN MILE ,
CROSS COUNTRY CHAMPIONSHIPS



At
Bulwell Hall Park, Nottingham, Saturday 30th November 2019

Women's County Team Results

Position	Club	1	2	3	4	Total
1	Warwickshire	2	6	12	13	33
2	Nottinghamshire	8	9	10	11	38
3	Worcestershire	3	4	14	33	54
4	Staffordshire	7	24	26	39	96
	Leicestershire	1				
	Shropshire	17				

Individual

1	Gemma Steel	Charnwood A C	29:02
2	Polly Keen	Nuneaton Harriers	29:41
3	Lily Higgins	Halesowen ACC	31:00

Wining Team

Warwickshire

2	Polly Keen	29.41
6	Kelly Butler	31.45
12	Rhian Littlewood	33.09
13	Monica Baptista	33.25

2nd Place

Nottinghamshire

8	Joanne Clamp	32.20
9	Lisa Deacon	32.40
10	Becca Peach	32.59
11	Catherine Charlton	33.05

3rd Place

Worcestershire

3	Lily Higgins	31.00
4	Sarah Thompson	31.26
14	Sarah Conway	34.07
33	Joan Clarke	40.58