

MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION

Midland Cross Country Championships

Prestwold Hall, Loughborough

25th JANUARY 2020

TIMETABLE FOR THE CHAMPIONSHIPS

10-30am	Under 13 GIRLS	Four to Score	3km
10-50am	Under 13 BOYS	Four to Score	3km
11-05am	Under 15 GIRLS	Four to Score	4km
11-25am	Under 15 BOYS	Four to Score	4km
11-45am	Under 17 WOMEN	Three to Score	5km
12-15pm	Under 17 MEN	Four to Score	6km
12-45pm	Senior WOMEN	Four to Score	8km
1-35pm	Under 20 WOMEN	Three to Score	6km
2-00pm	Under 20 MEN	Four to Score	8km
2-30pm	Senior MEN	Six to Score	12km