

MIDLAND COUNTIES ATHLETIC ASSOCIATION

**2019/2020 INDOOR MEETINGS**

***Competitions Held Under UKA/IPC Rules***

**1st OPEN MEETING - ALEXANDER STADIUM HPC**

**Saturday/Sunday 14/15 December 2019**

**Including some outdoor throws**

***ONLINE ENTRY CLOSING DATE 17th November 2019***

**2nd OPEN MEETING - ALEXANDER STADIUM HPC**

**Saturday/Sunday 18/19 January 2020**

**(Outdoor throws – depending upon Stadium Development)**

***ONLINE ENTRY CLOSING DATE 22nd December 2019***

**MIDLAND CHAMPIONSHIPS**

**ALEXANDER STADIUM HPC**

**Saturday /Sunday 8/9 February 2020**

**60m, 60m Hurdles, High Jump, Long Jump, Triple Jump, Pole Vault, Shot**

**Senior, U20, U17 Men & Women, U15 Boys & Girls**

***ONLINE ENTRY CLOSING DATE 12th JANUARY 2020***

***(Shot Championships – to be included in Loughborough 2nd Open)***

**3rd OPEN MEETING - ALEXANDER STADIUM HPC**

**Saturday/Sunday 28/29 March 2020**

**(Outdoor throws – depending upon Stadium Development)**

***ONLINE ENTRY CLOSING DATE 28TH FEBRUARY 2020***

**MIDLAND CHAMPIONSHIPS ELIGIBILITY – All Championship competitors must have at least one of the following qualifications**

* **The athlete having been born within the Midlands Competition Area**
* **A minimum of 9 months continuous residence in the Competition Area immediately prior to the event to be competed in.**

**NB: University Residence does not count as a Midlands qualification.**

**Birth/Residence qualification is in one of the following:**

Avon, Herefordshire, Gloucestershire, Leicestershire, Northamptonshire, Nottinghamshire, Shropshire, Staffordshire, Warwickshire, Worcestershire. NB: England South West (Cornwall, Devon, Dorset, Somerset, Wiltshire) & East Midlands (Derbyshire, Lincolnshire) are recognised for qualification purposes **BUT** you can compete in **only one** Area Championship in a calendar year – January to December.

**ENTRY FEES PER EVENT – We now ONLY take ONLINE entries**

**1st/2nd/3rdOpen Meetings:** Senior £10 U20 £9 U17/U15/U13 £8

**Midland Championships:** Senior £12 U20 £12 U17/U15 £10

**COACHES**

# ON PRODUCTION OF A CURRENT UKA COACHING LICENCE COACHES WILL BE CHARGED A £1 ENTRY FEE

**ONLINE ENTRY PAYMENT MUST BE PAID AT THE TIME OF ENTRY OR ENTRIES MAY BE REFUSED.   
NON-PAYMENT BY THE END OF THE CLOSING DATE WILL RESULT IN ENTRIES BEING REMOVED**

**ONLINE ENTRY FOR ALL EVENTS WILL BE AT**[**https://events.englandathletics.org/event/search**](https://events.englandathletics.org/event/search)

**PLEASE NOTE (i) THAT THE ORGANISERS RESERVE THE RIGHT TO REFUSE ENTRIES AND REVISE DATES WHERE NECESSARY AND CLOSE ALL ENTRIES AT ANYTIME ON THE CLOSING DATE**

**(ii) ENTRIES MAY BE RESTRICTED DUE TO EXCESSIVE NUMBERS, ENTRIES MAY BE CLOSED BEFORE STATED CLOSING DATE DUE TO EXCESSIVE ENTRIES**

**(iii) ANY ATHLETE WHO COMPETES OVER 2 DAYS MUST RE-REGISTER ON THE 2ND DAY. FAILURE TO DO SO WILL RESULT IN NOT BEING ALLOWED TO COMPETE**

MIDLAND COUNTIES ATHLETIC ASSOCIATION

**2019/2020 INDOOR MEETINGS**

***Competitions Held Under UKA/IPC Rules***

**Age Groups**

**Senior Men/Women** At least 20 years of age on 31st December 2020

**U20 Men/Women** Over 17 but under 20 on 31 December 2020

**U17 Men/Women** Over 15 but under 17 on 31 August 2020

**U15 Boys/Girls** Over 13 but under 15 on 31 August 2020

**U13 Boys/Girls** Over 11 but under 13 on 31 August 2020

**1st OPEN 14th/15th DECEMBER 2019**

IPC/UKA Classification Ambulant Only                  T&F:11-13/20/35-38/42-47/62/-67

**Saturday 14th December 2019 MEN & WOMEN**

|  |  |  |
| --- | --- | --- |
| **Senior/U20/U17/U15/U13** | Long Jump & High Jump | Number of Horizontal jumps dependent on entries |
| **Senior/U20/U17/U15** | Pole Vault & Triple Jump (inc. U15G) | Number of Horizontal jumps dependent on entries |
| **Senior/U20/U17/U15** | Javelin & Shot | Number of throws dependent on entries |

**High Jump** Pool A Starting Height 1.20m, Pool B Starting Height 1.50m, Pool C Starting Height 1.75m

**Pole Vault** Pool A Starting Height 2.20m, Pool B Starting Height 3.20m

**Triple Jump** Board A 7/9m, Board B 11m, Board C 13m

***Once entries have been received we will split them into the appropriate pools and publish these.***

**Sunday 15th December 2019 MEN & WOMEN**

|  |  |  |
| --- | --- | --- |
| **Senior/U20/U17/U15/U13** | 60m & 60m Hurdles | **2 races per event per 1 payment** |

**2nd OPEN 18th/19th JANUARY 2020**

IPC/UKA Classification Ambulant Only                  T&F:11-13/20/35-38/42-47/62-67

**Saturday 18th January 2020 MEN & WOMEN**

|  |  |  |
| --- | --- | --- |
| **Senior/U20/U17/U15/U13** | Long Jump & High Jump | Number of Horizontal jumps dependent on entries |
| **Senior/U20/U17/U15** | Pole Vault & Triple Jump (inc. U15G) | Number of Horizontal jumps dependent on entries |
| **Senior/U20/U17/U15** | Javelin & Shot (**dependent upon Stadium Development**) | Number of throws dependent on entries |

**High Jump** Pool A Starting Height 1.20m, Pool B Starting Height 1.50m, Pool C Starting Height 1.75m

**Pole Vault** Pool A Starting Height 2.20m, Pool B Starting Height 3.20m

**Triple Jump** Board A 7/9m, Board B 11m, Board C 13m

***Once entries have been received we will split them into the appropriate pools and publish these.***

**Sunday 19th January 2020 MEN & WOMEN**

|  |  |  |
| --- | --- | --- |
| **Senior/U20/U17/U15/U13** | 60m & 60m Hurdles | **2 races per event per 1 payment** |

**MIDLAND CHAMPIONSHIPS 8/9th FEBRUARY 2020**

IPC/UKA Classification Ambulant Only                  T&F:11-13/20/35-38/42-47/62-67

**Saturday 8th February 2020**

|  |  |
| --- | --- |
| **Senior Men & Women** | LJ, HJ, PV, TJ |
| **U20 Men & Women** | LJ, HJ, PV, TJ |
| **U17 Men & Women** | LJ, HJ, PV, TJ |
| **U15 Boys & Girls** | LJ, HJ, PV, TJ |

**As this is a Championship Please note there are NO pools**

**High Jump** Minimum Starting Height 1.20m **Pole Vault** Minimum Starting Height 2.20m

**Triple Jump** Boys/Girls (U15) 7/9m, Women (U17, U20, Senior) 7/9/11m, Men (U17, U20, Senior) 9/11/13m

**MIDLAND CHAMPIONSHIPS 9th FEBRUARY 2020**

IPC/UKA Classification Ambulant Only                  T&F:11-13/20/35-38/42-47/62-67

**Sunday 9th February 2019 MEN & WOMEN**

|  |  |
| --- | --- |
| **Senior/U20 Men & Women** | 60mH, 60m (Heats / Seeded Finals) |
| **U17 Men & Women** | 60mH, 60m (Heats / Seeded Finals) |
| **U15 Boys & Girls** | 60mH, 60m (Heats / Seeded Finals) |

**All competitors will be eligible for seeded heats and using times from these to seeded Finals**

**We hope to hold the Midland Championships for Shot at Loughborough Open Meeting on 1st February**

**3rd OPEN 28th/29th MARCH 2020**

IPC/UKA Classification Ambulant Only                  T&F:11-13/20/35-38/42-47/62-67

**Saturday 28th March 2020 MEN & WOMEN**

|  |  |  |
| --- | --- | --- |
| **Senior/U20/U17/U15/U13** | Long Jump & High Jump | Number of Horizontal jumps dependent on entries |
| **Senior/U20/U17/U15** | Pole Vault & Triple Jump (inc. U15G) | Number of Horizontal jumps dependent on entries |
| **Senior/U20/U17/U15/U13** | Shot | Number of throws dependent on entries |
| **Senior/U20/U17/U15** | Javelin | Number of throws dependent on entries |

**High Jump** Pool A Starting Height 1.20m, Pool B Starting Height 1.50m, Pool C Starting Height 1.75m

**Pole Vault** Pool A Starting Height 2.20m, Pool B Starting Height 3.20m

**Triple Jump** Board A 7/9m, Board B 11m, Board C 13m

***Once entries have been received we will split them into the appropriate pools and publish these.***

**Sunday 29th March 2020 MEN & WOMEN**

|  |  |  |
| --- | --- | --- |
| **Senior/U20/U17/U15/U13** | 60m & 100m  60m Hurdles | **1 race at each distance per payment** |
| **U13 Girls**  **U13 Boys/U15 Girls**  **U15 Boys/U17 Women**  **U17 Men/U20 Women/Senior Woman**  **U20 Men/Senior Men** | 70m Hurdles  75m Hurdles  80m Hurdles  100m Hurdles  110m Hurdles |

**CONDITIONS OF ENTRY TO AREA CHAMPIONSHIPS**

**1 UK ATHLETICS RULES**

All events will be subject to UKA Rules for Competition.

**2 ELIGIBILITY**

All events are confined to amateurs who were either

1. born within the Midland Counties Competition Area

OR

1. have lived within the Area boundary for nine months prior to the date of competition. ***See eligibility note on the first page.***

**3 EVENT RESTRICTIONS**

The Committee reserves the right to cancel any event in which the entries are insufficient to justify the holding of a Championship competition. A minimum of three entries will be required. If an event is cancelled and an athlete chooses to move into a higher age group, the athlete will only qualify for an award in the upper age category and any performance will be deemed as appropriate to that age category only.

**4 UKA RULE 141 S1 APPLIES –** Athletes may choose to compete in an age group above their own, subject to the limitations in rule 141.

**5 CLUB MEMBERSHIP AND CLOTHING**

After one year of competition, an athlete must be a member of a club affiliated directly or indirectly to UK Athletics. **All Athletes must be a paid up member of both their Club and the England Athletics Affiliation scheme**. Athletes who are club members must wear club vests or alternatively a County, Area or National vest. All athletes are reminded that all clothing must be clean, and so designed and worn as not to be objectionable, even if wet. Crop tops are acceptable as team colours if they are in the same colours as the club vest and as near in design as possible.

**6 EQUIPMENT**

The organisers will provide implements for the throwing events. Competitors may use their own implements provided that these are booked in a minimum of 90 minutes prior to the scheduled start of the individual event and approved by the Technical Manager. Competitors must supply their own poles in the Pole Vault. Competitors own starting blocks may be used if they conform to regulations and are approved by the Starter's Assistant.

**7 ENTRIES**

**We now ONLY take ONLINE entries**

* The organisers reserve the right to refuse any entry
* All entries will be checked for current England Athletics registration
* In the event of a meeting being cancelled by the organisers (MCAA), due to circumstances beyond our control, then there will be a refund of 80% of entry fees. The withheld money will be used to offset the costs already incurred.

Late entries will not be accepted Athletes (or if under 16, their parent/guardian) should check the details on the online entry form before final entry, since errors cannot be corrected after the closing date.



<https://www.ukad.org.uk/>

*I hereby (i) acknowledge that I am bound by UKA’s Anti-Doping rules, (ii) agree to submit to drugs testing in connection with this event in accordance with UKA’s Anti-Doping rules (which may involve my providing a blood and/or urine sample); and (iii) confirm that I am either aged 18 years or older or that the person(s) having parental responsibility for me consent to the above testing.*

***To check the status of registered medicines please visit*** [***www.globaldro.com***](http://www.globaldro.com)***. For information on UKA AntiDoping testing procedures download the document from the link shown below*** [***https://uka.org.uk/EasySiteWeb/GatewayLink.aspx?alId=122070T***](https://uka.org.uk/EasySiteWeb/GatewayLink.aspx?alId=122070T) ***or watch the video at the bottom of the UKA Clean Athletics Education page*** [***https://uka.org.uk/cleanathletics/education/***](https://uka.org.uk/cleanathletics/education/) . ***The UKA Anti-Doping Rules are available at*** [***uka.org.uk/cleanathletics/rules/***](https://uka.org.uk/cleanathletics/rules/)***.  For general anti-doping queries please contact*** [***antidoping@uka.org.uk***](mailto:antidoping@uka.org.uk)***.***

