



### Senior Men

Senior Men	Teams	Bib No
Birmingham Running Athletics & TC	5	1,2,3,4,5
Bournville Harriers	4	6,7,8,9
Bromsgrove and Redditch	1	10
Cannock & Stafford AC	2	11,12
Centurion RC	2	13,14
City Of Stoke Ac	2	15,16
Coventry Godiva Harriers	1	17
Dudley Kingswinford RC	1	18
Dudley Stourbridge Harriers	2	19,20
Halesowen ACC	2	21,22
Halesowen Tri	3	23,24,25
Kenilworth Runners	2	26,27
Kings Heath Rc - The Lions	2	28,29
Knowle & Dorridge RC	2	30,31
Newcastle Staffs Ac	2	32,33
Northbrook Athletic Club	3	34,35,36
Notts AC	4	37,38,39,40
Rugby & Northampton Ac	2	41,42
Sedgley Striders	1	43
Sneyd Striders	1	44
Solihull & Small Heath AC	1	45
Spa Striders	1	46
Sparkhill Harriers	1	47
Sphinx AC	2	48,49
Stourbridge RC	2	50,51
Swindon Harriers	2	52,53
Telford AC	1	54
Telford Harriers	2	55,56
Tipton Harriers	5	57,58,59,60,61
West Bromwich Harriers	1	62
Wolverhampton & Bilston	2	63,64
Worcester Ac	1	65
<b>Total Teams in each Age Group</b>	<b>65</b>	

### Masters Men

Masters Men	Teams	Bib No
Bournville Harriers	1	71
Bromsgrove and Redditch	2	72,73
Cannock & Stafford AC	1	74
City Of Stoke Ac	1	75
Halesowen ACC	1	76
Harborough AC	2	77,78
Leicester Coritanian AC	2	79,80
Newcastle Staffs Ac	1	81
Sneyd Striders	1	82
Solihull & Small Heath AC	1	83
Spa Striders	1	84
Sparkhill Harriers	3	85,86,87
Swindon Harriers	2	88,89
Telford AC	1	90
Tipton Harriers	2	91,92
West Bromwich Harriers	1	93
Wolverhampton & Bilston	3	94,95,96
Worcester Ac	1	97
<b>Total Teams in each Age Group</b>	<b>27</b>	

#### **Letter prefix to be worn on each Leg**

**Leg One..... A**

**Leg Two..... B**

**Leg Three..... C**

**Leg Four..... D**

