

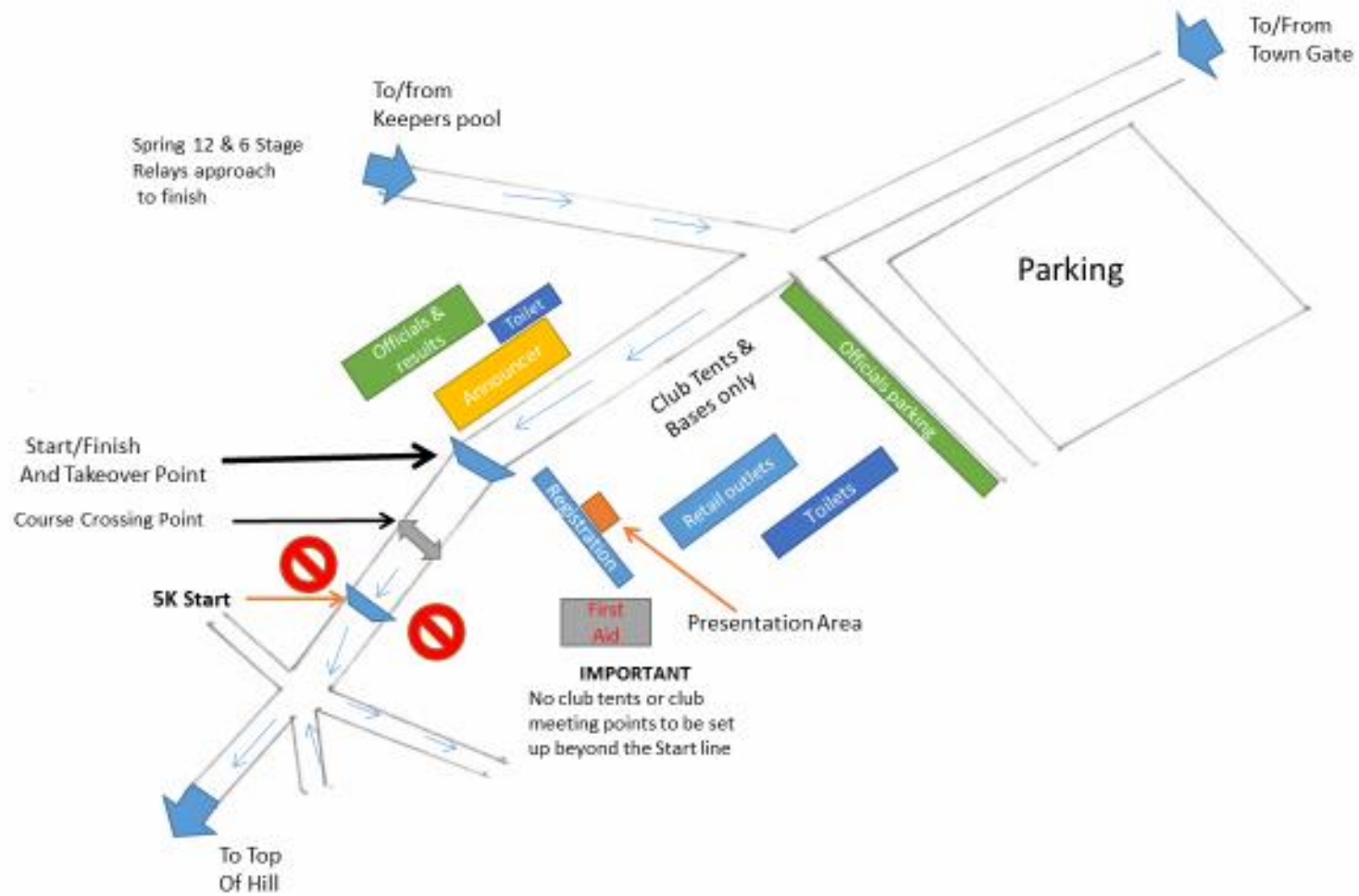
# **TIMETABLE**

**MIDLAND U13/15/17 5km Championship**  
**Sutton Park, Sutton Coldfield**  
**Saturday 23<sup>rd</sup> March 2019**

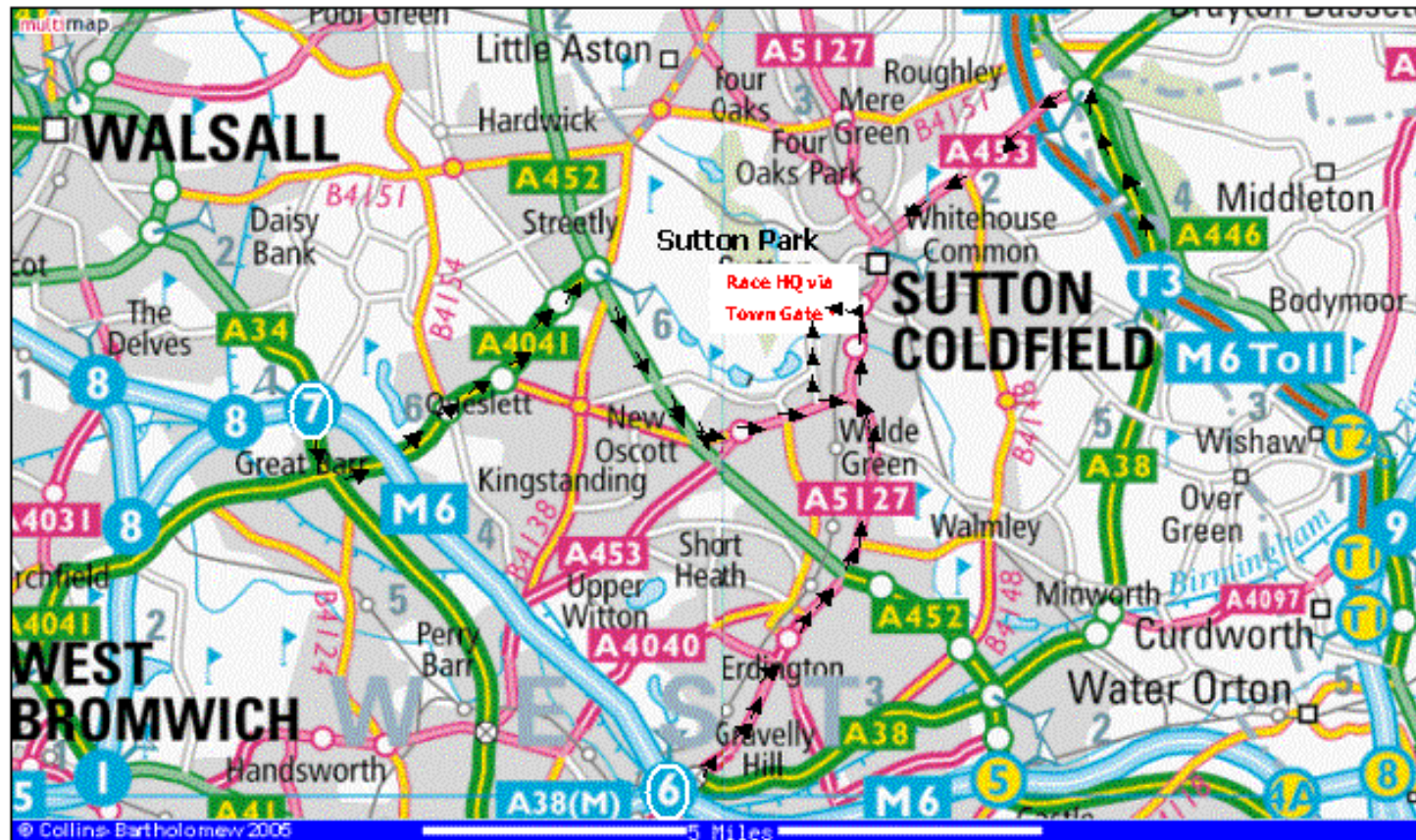
Start Times: U13 11.00am, U15 11.15am, U17 11.30am

**Midland MEN'S 12 Stage Road Relay**  
**Championship**  
**(4 x 5.38 miles and 8 x 3.165 miles)**  
**Saturday 23 March 2019 – Start 12.00 noon**  
**Sutton Park, Sutton Coldfield, Birmingham**  
**Long Legs one to four. Short Legs five to twelve.**

**Midland WOMEN'S 6 Stage Road Relay**  
**Championship**  
**(2 x 5.38 miles and 4 x 3.165 miles)**  
**Saturday 23 March 2019 – Start 12.20pm**  
**Sutton Park, Sutton Coldfield, Birmingham**  
**Long Legs one & three. Short legs two, four, five & six.**



## SUGGESTED ROUTES TO SUTTON COLDFIELD



**From M6 J7:** A34 towards Birmingham, left at Scott Arms, follow A4041 to edge of Sutton Park, turn right at roundabout onto A452 towards Birm. Then left onto Monmouth Drive and continue around Park to Wyndley Leisure Centre to Town Gate.

**From M6 J6:** Follow A5127 northwards to Wyldie Green and Sutton Coldfield. In town centre bear left by railway station, turn left opposite centre car parking to go under railway bridge onto Town Gate.

**M6 Toll, Junction T3:** Follow A38 north (Lichfield) Turn left onto A453 for about 3k. Once in Anchorage Road, turn sharp right into Upper Clifton Road and then right at mini roundabout.

## **TRAVEL DIRECTIONS TO SUTTON PARK, SUTTON COLDFIELD FOR THE ROAD RELAYS CHAMPIONSHIPS**

### **FROM THE SOUTH AND SOUTH WEST –**

From the South West, exit the M5 at junction 8 to join the M6 southbound. Keep in left hand lane to exit M6 at next junction. i.e. junction 7

Leave the M6 at junction 7 and follow the A34 towards Birmingham.

At the 1st set of traffic lights (the Scott Arms crossroads) turn left into QUESLETT ROAD - B4149/A4041.

Follow this road for a couple of miles until you reach a major "island" roundabout on the south western edge of Sutton Park where the A4041 hits the A452.

Turn right onto the Chester Road (towards Sutton Coldfield and Birmingham) and then take the first left at a set of traffic lights (by Banners Gate with a children's play park) onto Monmouth Drive.

Now drive along Monmouth Drive around the edge of Sutton Park (with a golf course on your left hand side) past Banners Gate and Boldmere Gate [please ignore these entrances to Sutton Park].

After a couple of miles you will arrive at the traffic lights on the junction of Clifton Drive and the Birmingham Road.

Turn left here to drive past Wyndley Swimming Pool and Leisure Centre until the next small mini-roundabout.

Turn left at this roundabout to enter Sutton Park by Town Gate.

### **FROM THE NORTH AND NORTH WEST –**

Follow the M6 southwards to junction 7 and follow above directions

### **FROM M6 TOLL MOTORWAY**

The best way from the M6 Toll (whether travelling North or South) would be exit at T3 (Langley Green) then take the A38 north (signposted to Lichfield).

At island with A453 follow signs for Sutton Coldfield (should be 1st left), follow this road for some 3km passing straight over two sets of traffic lights.

This takes you on to Anchorage Road. At the end of Anchorage Rd turn sharp right into Upper Clifton Road & after approx 400m turn right at the island (mini roundabout) which will take you into Sutton Park at Town Gate.