

**MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION,
WOMEN'S FIVE and MEN'S SEVEN MILE inc Midland Inter-Counties
CROSS COUNTRY CHAMPIONSHIPS**

At Bulwell Hall Park, Nottingham, Saturday 18th November 2017.

Men's Results - Individual

Posn.	Bib	Name	Club	Time	Posn.	Bib	Name	Club	Time
1	224	Alastair Watson	Notts AC	34:31	81	238	Peter McNally	Redhill Road Runners	44:55
2	133	Jack Gray	NS Cambridge & Coleridge	34:49	82	122	James Evans	Bournville Harriers	44:56
3	267	Peter Brookes	Tipton Harriers	35:04	83	179	Mark Kemp	Hermitage Harriers RC	45:06
4	140	Chris Perrin	Cannock & Stafford	35:44	84	171	Bill Nock	Halesowen AC	45:07
5	210	Tim Hartley	Notts AC	35:47	85	124	Michael Langley	Bournville Harriers	45:27
6	284	Ian Williams	Tipton Harriers	35:48	86	295	Matt Richards	Wolverhampton & Bilston AC	45:32
7	285	Martin Williams	Tipton Harriers	36:44	87	160	Dave Norman	Dudley Kingswinford RC	45:36
8	222	Cameron Smith	Notts AC	36:57	88	290	Jason Corns	Wolverhampton & Bilston AC	45:37
9	186	Jason Williams	Hermitage Harriers RC	37:06	89	167	James Hoult	Halesowen AC	45:47
10	225	Matthew Williams	Notts AC	37:14	90	115	James Isherwood	Beeston AC	45:54
11	281	Richard White	Tipton Harriers	37:21	91	169	Alex Morgan	Halesowen AC	46:03
12	268	Richard Carpenter	Tipton Harriers	37:33	92	278	David Orme	Tipton Harriers	46:09
13	176	Matthew Adcock	Hermitage Harriers RC	37:37	93	116	Matthew Jones	Beeston AC	46:42
14	143	Philip Wolfe	Cannock & Stafford	37:39	94	119	Stewart Bond	Bournville Harriers	47:02
15	244	Leigh Stubbs	Redhill Road Runners	37:47	95	187	Mark Brown	Ilkeston RC	47:03
16	178	Paul Featherstone	Hermitage Harriers RC	37:52	96	253	Tahir Ahktar	Sparkhill Harriers	47:23
17	212	Stuart King	Notts AC	37:54	97	273	Karl Fletcher	Tipton Harriers	47:32
18	269	Jonathon Carter	Tipton Harriers	38:05	98	172	James Parker	Halesowen AC	47:35
19	270	Stephen Corbishley	Tipton Harriers	38:07	99	228	Mark Attenborough	Redhill Road Runners	47:41
20	118	Simon Lanckham	Birmingham Running & Triathlon Cub	38:07	100	107	Stefan Martin	Badgers	47:57
21	218	John Muddeman	Notts AC	38:12	101	260	Barry O'Neill	Sparkhill Harriers	48:00
22	184	Michael Trott	Hermitage Harriers RC	38:13	102	191	John Reynolds	Ilkeston RC	48:02
23	243	Matthew Stratford	Redhill Road Runners	38:24	103	105	Carl Holyoak	Badgers	48:06
24	272	Oz Ellis	Tipton Harriers	38:50	104	153	Wayne Muddiman	Centurion RR	48:10
25	141	James Perrin	Cannock & Stafford	38:54	105	232	Steve Gelderd	Redhill Road Runners	48:13
26	280	Karl Welborn	Tipton Harriers	39:01	106	170	Andy Nock	Halesowen AC	48:20
27	102	Ryan Bennett	Badgers	39:02	107	288	Piers Butler	Wolverhampton & Bilston AC	48:33
28	214	Steve Long	Notts AC	39:21	108	261	James Bellamy	Stourbridge RC	48:46
29	139	Craig Pearson	Cannock & Stafford	39:24	109	150	David Kinnair	Centurion RR	48:50
30	276	Tom Holden	Tipton Harriers	39:34	110	128	Dave Powner	Bournville Harriers	49:00
31	132	Mark Appleton	Bromsgrove & Redditch AC	39:36	111	227	Allan Wilson	Notts AC	49:14
32	165	Adam Cross	Halesowen AC	39:38	112	200	Tommy Dempsey	Northbrook AC	49:19
33	166	Peter Dear	Halesowen AC	39:41	113	188	Neil Cort	Ilkeston RC	49:24
34	135	Bradley Haycock	Cannock & Stafford	39:42	114	159	Matthew Stevens	City of Birmingham Striders	49:28
35	177	Kristian Bravin	Hermitage Harriers RC	39:49	115	262	Steve Burch	Stourbridge RC	49:39
36	142	James Russell	Cannock & Stafford	39:52	116	266	Andrew Bentley	Tipton Harriers	50:26
37	111	Danny Warren	Badgers	39:57	117	199	Spencer Davies	Northbrook AC	50:30
38	138	Aidan McCormack	Cannock & Stafford	40:02	118	245	David Walsh	Redhill Road Runners	50:37
39	282	Gary Whitehouse	Tipton Harriers	40:17	119	163	Graham Wildgoose	Dudley Kingswinford RC	50:42
40	175	Dave Turvey	Halesowen AC	40:19	120	231	Kevin Dickinson	Redhill Road Runners	50:55
41	110	Damien Taylor	Badgers	40:25	121	213	Steve Leek	Notts AC	51:00
42	211	Jonathan Hiorns	Notts AC	41:04	122	257	Andy Law	Sparkhill Harriers	51:04
43	121	James Drakeford	Bournville Harriers	41:05	123	157	John Bristow	City of Birmingham Striders	51:06
44	180	David Pallett	Hermitage Harriers RC	41:12	124	112	Steve Brown	Beeston AC	51:21
45	292	Rob Hawley	Wolverhampton & Bilston AC	41:27	125	239	Richard Morris	Redhill Road Runners	51:22
46	136	Tim Kelly	Cannock & Stafford	41:29	126	162	Andrew Weaver	Dudley Kingswinford RC	51:25
47	289	Rob Cartwright	Wolverhampton & Bilston AC	41:31	127	233	Paul Gibson	Redhill Road Runners	51:28
48	241	Paul Newton	Redhill Road Runners	41:42	128	204	Richard O Shea	Northbrook AC	51:40
49	220	Colin Palmer	Notts AC	41:45	129	154	Andy Rea	Centurion RR	51:54
50	103	Aaron Chetwynd	Badgers	41:49	130	226	Andrew Williams	Notts AC	52:04
51	217	James Moroney	Notts AC	41:53	131	113	Richard Eadsforth	Beeston AC	52:16
52	249	Lewis Cherry	Rugby & Northampton AC	41:59	132	104	David Earp	Badgers	52:24
53	293	James Lewis	Wolverhampton & Bilston AC	42:06	133	161	Richard Jones	Dudley Kingswinford RC	52:39
54	291	Harry Cresswell	Wolverhampton & Bilston AC	42:06	134	201	Martin McHugh	Northbrook AC	52:46
55	126	Stuart Pearson	Bournville Harriers	42:07	135	256	Craig Hinks	Sparkhill Harriers	52:58
56	250	John Gercs	Rugby & Northampton AC	42:09	136	259	Rob Mills	Sparkhill Harriers	53:46
57	251	Jon Taylor	Rugby & Northampton AC	42:12	137	271	Paul Dolan	Tipton Harriers	54:02
58	182	Duncan Shorthose	Hermitage Harriers RC	42:13	138	146	Kevin Ferncombe	Centurion RR	54:18
59	194	Richard Dixon	Knowle & Dorridge RC	42:15	139	156	Leonard Wallace	Centurion RR	54:19
60	247	Paul Birch	Rugby & Northampton AC	42:16	140	125	Guy Marston	Bournville Harriers	54:27
61	275	Zabie Hassan	Tipton Harriers	42:19	141	147	Martin Henderson	Centurion RR	54:28
62	108	Jason Molloy	Badgers	42:21	142	145	Paul Cooper	Centurion RR	54:37
63	209	Sam Godwin	Notts AC	42:22	143	236	Clive Hayward	Redhill Road Runners	54:56
64	114	Phil Herd	Beeston AC	42:31	144	205	Phillipe Rawson	Northbrook AC	55:20
65	168	David Lewis	Halesowen AC	42:54	145	207	Nicholas Clarke	Notts AC	55:24
66	206	Anthony Carbutt	Notts AC	42:57	146	158	Adam Rathbone	City of Birmingham Striders	55:56
67	294	Ben Pilsbury	Wolverhampton & Bilston AC	43:05	147	198	John Davies	Northbrook AC	56:19
68	283	Matt Whitehouse	Tipton Harriers	43:08	148	120	Stewart Crowton	Bournville Harriers	56:31
69	190	James Read	Ilkeston RC	43:21	149	130	Paul Samuels	Bournville Harriers	56:46
70	203	Liam Mills	Northbrook AC	43:32	150	174	Jamie Sircom	Halesowen AC	58:18
71	248	Johnathan Burke	Rugby & Northampton AC	43:35	151	148	James Houghton	Centurion RR	59:06
72	173	Phill Scarr	Halesowen AC	43:43	152	152	Adrian Lloyd	Centurion RR	01:01:41
73	131	Simeon Whiting	Bournville Harriers	43:52	153	192	Tom Dable	Kenilworth runners	01:05:23
74	254	Patrick Finnegan	Sparkhill Harriers	43:59					
75	196	David Carbutt	Knowle & Dorridge RC	44:09					
76	287	Clark Woodhall	Tipton Harriers	44:10					
77	185	Darren Weston	Hermitage Harriers RC	44:31					
78	106	David Jackson	Badgers	44:41					
79	117	Daniel Rawson	Beeston AC	44:43					
80	240	Simon Nash	Redhill Road Runners	44:51					