



ALEXANDER STADIUM
WALSALL ROAD
PERRY BARR
BIRMINGHAM
B42 2LR

TEL: 0121 - 344 - 4201

MIDLAND ROAD RELAYS

24th SEPTEMBER 2016

SENIOR MEN'S and MASTERS 6 STAGE

LADIES 4 STAGE and YOUNG ATHLETES 3 STAGE

Please note:

Change of times for Senior Men/Masters & Senior Women
(this is a change from 2015)

Timetable

10-45 am	Under 13 Boys.
10-50 am	Under 13 Girls.
11-35 am	Under 15 Boys
11-40 am	Under15 Girls
12-25 pm	Under17 Men
12-30 pm	Under17 Women
1-15 pm	Senior Men & Masters
1-40 pm	Senior Ladies



THE DERBY RUNNER
SPECIALIST RUNNING EQUIPMENT