

2016 Midland Womens 4 Stage Road Relays

Saturday 24th September 2016
Sutton Park, Sutton Coldfield
Womens 4 Stage Road Relay
Road relay route @ 4.33km

Jamboree Stone
Turn point

Timetable

- 10-45 am Under 13 Boys.
- 10-50 am Under 13 Girls.
- 11-35 am Under 15 Boys
- 11-40 am Under 15 Girls
- 12-25 pm Under 17 Men
- 12-30 pm Under 17 Women
- 1-15 pm Senior Men & Masters
- 1-40 pm Senior Women



THE DERBY RUNNER
TRAINING FOR TRAINERS

