

T1 10:15 T1 U20 Women 60m Hurdles Heats					
	RACE 1	BIB	ATHLETE	CLUB	PERF
1	1	66	Molly BARNETT	Rugby & Northampton AC	9.02
	2	208	Annabelle PASK	Coventry Godiva H	9.04
	3	207	Georgia PARRIS	Nuneaton Harriers	9.37
	4	204	Millie BARKER	Wolverhampton & Bilston AC	10.03
	5	209	Jessica ROBINS	Stroud AC	11.53
2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	80	Sophie YORKE	Cheltenham Harriers	8.99
	2	70	Gabi BURTON	Cannock & Stafford AC	9.17
	3	205	Sofia FEREDAY	Wolverhampton & Bilston AC	9.87
	4	211	Cara TRIVETT	Birchfield Harriers	10.00
T2 10:25 T2 U15 Girls 60m Heats					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	184	Lauryn WALKER	Birchfield Harriers	8.02
	2	163	Erin HEALY	Kettering Town Harriers	8.25
	3	177	Rebecca SHEFFIELD	Burton Athletics AC	8.29
	4	167	Lucy LAIGHT	Rugby & Northampton AC	8.46
	5	181	Holly TILL	Cannock & Stafford AC	8.55
	6	155	Adele BLENKINSOP	Rugby & Northampton AC	8.77
	7	169	Lois MASSEY	City of Stoke AC	8.86
2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	157	Katie DANIEL	Nuneaton Harriers	8.22
	2	168	Lily-May LAWRENCE	Notts AC	8.34
	3	183	Elizabeth TRUSLOVE	Rugby & Northampton AC	8.68
	4	165	Lemeyah ISAAC	Birchfield Harriers	8.70
	5	156	Emily COOPER	Rugby & Northampton AC	8.74
	6	179	Flora SKINNER	Birchfield Harriers	8.88
3	RACE 3	BIB	ATHLETE	CLUB	PERF
	1	173	Iris OLIARNYK	Halesowen A & CC	8.24
	2	153	Laurone AGER	Rugby & Northampton AC	8.36
	3	171	Heidi NORRGROVE	Saffron Ac	8.43
	4	178	Atiyah SKEETE	Birchfield Harriers	8.71
	5	159	Tamlin DWYER	Nuneaton Harriers	9.12
	6	154	Aneeka BASSI	Birchfield Harriers	9.23
4	RACE 4	BIB	ATHLETE	CLUB	PERF
	1	174	Katie PRINT	Rugby & Northampton AC	8.22
	2	182	Amy TIVEY	Notts AC	8.33
	3	180	Liberte TAYLOR	Notts AC	8.68
	4	161	Abigail GILL	Worcester AC	8.76
	5	162	Nicole HARRIS	City of Stoke AC	8.82
	6	170	Victoria MERREY	Rugby & Northampton AC	9.47
T3 10:35 T3 U15 Boys 60m Heats					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	146	Niall PRICE	Wolverhampton & Bilston AC	7.62
	2	143	Jaime NALUS	Rugby & Northampton AC	7.74
	3	144	Alfie ORPWOOD-COLTON	Notts AC	7.93
	4	136	Taran BRISSETT	Halesowen A & CC	7.95
	5	137	Josh DAVIES	Tavistock AC	8.04
	6	148	Jordan RICKETTS	Birchfield Harriers	8.36
	7	138	Will DEAN	Rugby & Northampton AC	9.10

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	145	Joshua PEARSON	Bromsgrove & Redditch AC	7.54
	2	140	Oliver LAMBERT	Rugby & Northampton AC	7.60
	3	139	Kieran HODSON	Halesowen A & CC	7.64
	4	147	Brandon REES	Halesowen A & CC	8.00
	5	150	Amara THAKKER	Saffron Ac	8.12
	6	135	Joshua ANDERSON	Saffron Ac	8.53
	7	149	Thomas TAYLOR	Worcester AC	8.66

T4 10:45 T4 U17 Women 60m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	100	Gina AKPE-MOSES	Birchfield Harriers	7.63
	2	134	Hollie WILLIAMSON	Shrewsbury AC	7.95
	3	131	Megan TURTON	Hereford & County AC	8.17
	4	121	Zoë MATTACKS	Team Bath AC	8.17
	5	108	Mollie DARROCK	Royal Sutton Coldfield	8.19
	6	117	Stephanie HOUSTON	Swindon Harriers	8.33
	7	116	Caitlin HARDING	Leicester Coritanian AC	8.36
	8	111	Ally EMANUEL	Birchfield Harriers	8.41

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	128	Sharhnee SKERVIN	Notts AC	7.72
	2	124	Kayleigh MURRAY	Birchfield Harriers	8.16
	3	539	Suffiah MCANUFF	Birchfield Harriers	8.32
	4	114	Maisie GUDMUNSEN	Team Bath AC	8.38
	5	123	Melissa MORRIS	Birchfield Harriers	8.41
	6	105	Shamilla CHANNER	Birchfield Harriers	8.48
	7	219	Rhea LESTER-JAMES	Halesowen A & CC	8.84
	8	112	Olivia FOSTER	Rugby & Northampton AC	9.08

3	RACE 3	BIB	ATHLETE	CLUB	PERF
	1	125	Josie OLIARNYK	Halesowen A & CC	7.83
	2	101	Emily BELCHER	Solihull & Small Heath AC	7.89
	3	126	Ruby PHELPS	Cheltenham Harriers	8.27
	4	104	Chloe BURNS	City of Stoke AC	8.35
	5	110	Lauryn ELLIOTT	Halesowen A & CC	8.45
	6	119	Hannah KENWRIGHT	Worcester AC	8.56
	7	115	Molly HANSON	Worcester AC	8.65
	8	132	Olivia WARD	Birchfield Harriers	8.66

4	RACE 4	BIB	ATHLETE	CLUB	PERF
	1	129	Kia STEWART-MORRISON	Birchfield Harriers	7.86
	2	118	Molly JENKS	Halesowen A & CC	7.96
	3	106	Mayah CHARLES	Notts AC	8.32
	4	120	Chloe LINDOP	Newcastle (Staffs) AC	8.39
	5	122	Kiona MCLENNON	Rugby & Northampton AC	8.45
	6=	127	Bethan REES	Cannock & Stafford AC	8.77
	6=	130	Maiya TODD	Swindon Harriers	8.77

T5 11:00 T5 U17 Men 60m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	84	Kaie CHAMBERS-BROWN	Birchfield Harriers	7.22
	2	96	James TAYLOR	Cannock & Stafford AC	7.42
	3	85	Evan CORBETT	Halesowen A & CC	7.44
	4	87	Stefan DUPEY-WHYTE	Birchfield Harriers	7.52
	5	91	Jordan LIGHTFOOT	City of Stoke AC	7.57
	6	86	Robert DAKIN	Yate AC	7.93

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	92	Bret OKEKE	City of Stoke AC	7.16
	2	98	Tyrell WILLIAMSON-GREENE	Birchfield Harriers	7.39
	3	97	Tré THOMAS	Charnwood AC	7.40
	4	93	Sam OWUSU	Rugby & Northampton AC	7.51
	5	83	Samuel BOTT	Kettering Town Harriers	7.80
	6	94	Tvane RAPIER	Birchfield Harriers	7.96

3	RACE 3	BIB	ATHLETE	CLUB	PERF
	1	89	Charles HILLIARD	Halesowen A & CC	7.27
	2	95	Davian STEWERD	Wolverhampton & Bilston AC	7.36
	3	538	Franklin FENNING	Rugby & Northampton AC	7.45
	4	90	Sergio HYLAND	Birmingham Running & Triathlon C	7.64
	5	82	Ross BEALE	Birchfield Harriers	7.97

T6 11:10 T6 U20 Women 200m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	262	Emily WRIGHT	Bristol & West AC	25.02
	2	71	Tia CLUES	Rugby & Northampton AC	26.76
	3	259	Olivia LEA	Rugby & Northampton AC	28.80

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	261	Phoebe WHITE	Birchfield Harriers	25.70
	2	260	Taysharne SMITH	Birchfield Harriers	26.93
	3	68	Ashleigh BEAVEN	Bromsgrove & Redditch AC	27.75

T7 11:15 T7 U20 Men 200m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	57	Nick PRENTICE	Birchfield Harriers	22.51
	2	59	Oliver SAWYERS	City of Stoke AC	23.77
	3	63	Mohammed SUFIAN	Coventry Godiva H	24.66
	4	274	Quincy OKEKE	Birchfield Harriers	25.08

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	64	Theodore ZAKE	Charnwood AC	22.29
	2	271	Tom KENWRIGHT	Worcester AC	22.73
	3	273	Jaskaran NOTTA	Birchfield Harriers	23.16
	4	48	Haydn FINN	Telford AC	24.17

3	RACE 3	BIB	ATHLETE	CLUB	PERF
	1	55	Devonte MULHOLLAND	Birchfield Harriers	22.97
	2	269	Tor BENNETT-WILLIAMS	Wolverhampton & Bilston AC	23.32
	3	54	Makun MADAR	Leamington C & AC	24.48
	4	51	Mitchell HUNTER	Kettering Town Harriers	24.73
	5	272	Christopher MAYNE	Cannock & Stafford AC	24.76

T8 11:25 T8 Senior Women 200m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	251	Seemita GUMBS	Birchfield Harriers	25.99
	2	31	Samantha GRIFFITHS	Cheltenham Harriers	26.31
	3	203	Dionne SAMUELS	Birchfield Harriers	26.59
	4	250	Megan DIXON	Wolverhampton & Bilston AC	26.94
	5	252	Jessica HULL	Rugby & Northampton AC	28.25

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	249	Niamh BAILEY	Corby AC	25.51
	2	255	Lauren OSWALD	Cheltenham Harriers	27.02
	3	36	Gia SKERVIN	Notts AC	27.26
	4	40	Michelle THOMAS	Birchfield Harriers	27.48
	5	30	Eden GIBSON	City of Stoke	28.39

3	RACE 3	BIB	ATHLETE	CLUB	PERF
	1	35	Ellena RUDDOCK	Rugby & Northampton AC	25.56
	2	254	Rebecca JONES	Birmingham Running & Triathlon C	27.89
	3	257	Hannah SCALES	Rugby & Northampton AC	28.69
	4	256	Caroline POWELL	Bristol & West AC	29.50

T9 11:35 T9 Senior Men 200m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	23	Nicholas PRYCE	Royal Sutton Coldfield	22.44
	2	16	Romaine HYMAN	Bristol & West AC	22.48
	3	27	Timmion SKERVIN	Notts AC	22.95
	4	17	Myles LYNCH	Coventry Godiva H	23.26
	5	240	Martin ASPLEY-DAVIS	Bromsgrove & Redditch AC	24.29

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	21	Yannick PHIPPEN	Birchfield Harriers	22.17
	2	241	Fabian BATCHELOR	Birchfield Harriers	22.45
	3	14	Hassan HASSAN	Coventry Godiva H	22.56
	4	248	Jamie VICKERY	Blackburn Harriers & AC	23.80
	5	243	Sam MEYLER	Birchfield Harriers	24.27

3	RACE 3	BIB	ATHLETE	CLUB	PERF
	1	7	Jeremy DRACKETT	Cheltenham Harriers	22.82
	2	242	Steven CALLISTER	Trafford AC	23.95
	3	244	Matthew MUGGERIDGE	Yate AC	24.02
	4	20	Robert PEARSALL	Tipton H	26.64 T20

T10 11:45 T10 U17 Women 300m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	107	Harriet COOPER	Charnwood AC	42.58
	2	348	Mia RUDMAN	Rugby & Northampton AC	43.70
	3	343	Jazzmin KIFFIN	Charnwood AC	44.09
	4	115	Molly HANSON	Worcester AC	44.94
	5	277	Tania JANSEN-VAN-RENSBURG	Solihull & Small Heath AC	44.97

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	340	Megan DAVIES	Cannock & Stafford AC	42.17
	2	276	Charlotte HALL	Cannock & Stafford AC	45.03
	3	278	Alexandra REGAN	Birchfield Harriers	46.75
	4	351	Emily WEAVER	Worcester AC	46.76

3	RACE 3	BIB	ATHLETE	CLUB	PERF
	1	345	Tara PIGOTT	Notts AC	43.50
	2	342	Danel JANSEN-VAN-RENSBURG	Solihull & Small Heath AC	43.99
	3	113	Alice GROCOTT	Rugby & Northampton AC	47.02
	4	349	Anna STEPHENS	Worcester AC	48.97

4	RACE 4	BIB	ATHLETE	CLUB	PERF
	1	350	Alisha STROUD	Birmingham Running & Triathlon C	42.92
	2	339	Chloe CHAPMAN	Halesowen A & CC	43.94
	3	341	Jordan HALL	Shrewsbury AC	43.98
	4	338	Lauren BUTLER	Birchfield Harriers	44.81

T11 12:00 T11 U13 Girls 60m Races Quadrathlon

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	439	Helena SHANNON	Cheltenham Harriers	8.66
	2	430	Megan BURGE	Rugby & Northampton AC	9.15
	3	442	Amelia TUTT	Rugby & Northampton AC	9.23
	4	434	Zoe GARDNER	Rugby & Northampton AC	9.34
	5	433	Harriet DRAKE-LEE	Kettering Town Harriers	9.66
	6	441	Natasha STATHAM	North Somerset AC	10.11

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	438	Hannah SAHOTA	Halesowen A & CC	8.76
	2	436	Freya LIDDINGTON	Royal Sutton Coldfield	9.37
	3	437	Shanice MCLENNON	Rugby & Northampton AC	9.44
	4	443	Ella WATFORD	Rugby & Northampton AC	9.52
	5	444	Millie WATFORD	Rugby & Northampton AC	9.60
	6	440	Isabel SPRAGG	Rugby & Northampton AC	9.79

T12 12:05 T12 U15 Girls 60m Semi Finals

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	184	Lauryn WALKER	Birchfield Harriers	8.11
	2	177	Rebecca SHEFFIELD	Burton Athletics AC	8.20
	3	173	Iris OLIARNYK	Halesowen A & CC	8.27
	4	153	Laurone AGER	Rugby & Northampton AC	8.33
	5	182	Amy TIVEY	Notts AC	8.34
	6	181	Holly TILL	Cannock & Stafford AC	8.64
	7	178	Atiyah SKEETE	Birchfield Harriers	8.73
	8	183	Elizabeth TRUSLOVE	Rugby & Northampton AC	8.80

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	174	Katie PRINT	Rugby & Northampton AC	8.21
	2	157	Katie DANIEL	Nuneaton Harriers	8.22
	3	168	Lily-May LAWRENCE	Notts AC	8.30
	4	163	Erin HEALY	Kettering Town Harriers	8.33
	5	167	Lucy LAIGHT	Rugby & Northampton AC	8.48
	6	171	Heidi NORGROVE	Saffron Ac	8.49
	7	180	Liberte TAYLOR	Notts AC	8.64
	8	165	Lemeyah ISAAC	Birchfield Harriers	8.68

T13 12:15 T13 U17 Women 60m Semi Finals

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	100	Gina AKPE-MOSES	Birchfield Harriers	7.68
	2	129	Kia STEWART-MORRISON	Birchfield Harriers	7.79
	3	101	Emily BELCHER	Solihull & Small Heath AC	7.96
	4	124	Kayleigh MURRAY	Birchfield Harriers	8.14
	5	131	Megan TURTON	Hereford & County AC	8.17
	6	539	Suffiah MCANUFF	Birchfield Harriers	8.29
	7	126	Ruby PHELPS	Cheltenham Harriers	8.34
	8	104	Chloe BURNS	City of Stoke AC	8.38

2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	128	Sharhnee SKERVIN	Notts AC	7.65
	2	125	Josie OLIARNYK	Halesowen A & CC	7.78
	3	118	Molly JENKS	Halesowen A & CC	7.98
	4	134	Hollie WILLIAMSON	Shrewsbury AC	8.03
	5	121	Zoë MATTACKS	Team Bath AC	8.23
	6	108	Mollie DARROCK	Royal Sutton Coldfield	8.33
	7	106	Mayah CHARLES	Notts AC	8.42
	8	117	Stephanie HOUSTON	Swindon Harriers	8.42

T29 14:30 T29 U20 Men 800m Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	391	Adam WRIGHT	Rugby & Northampton AC	1.53.64
	2	388	James MCCRAE	Nene Valley Harriers	1.56.03
	3	387	Joel MANN	City of Stoke AC	1.57.40
	4	307	Jeremy BARNES	Coventry Godiva H	1.57.85
	5	385	Niall GERAGHTY	Halesowen A & CC	1.58.48
	6	390	Bradley STOKES	Birchfield Harriers	2.02.36
	7	386	Jack LONGMORE	Cannock & Stafford AC	2.04.07

T15 12:35 T15 Senior Men 800m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF	
	1	364	Richard DE-CAMPS	Gloucester AC	1.58.02	
	2	374	Ben TOPLEY	Birchfield Harriers	1.58.18	
	3	296	Kane LEE	Yate AC	1.58.29	
	4	375	Marc TURNER	Halesowen A & CC	2.03.44	
	5	360	Craig BRIDGES	Team Bath AC	2.04.93	
	6	371	Graham MOFFATT	Holme Pierrepont RC	2.08.63	
	7	376	Richard WHITE	Worcester AC	2.13.93	Master
2	RACE 2	BIB	ATHLETE	CLUB	PERF	
	1	362	Aaron BROWN	Cannock & Stafford AC	1.58.30	
	2	370	James MILLER	Cheltenham Harriers	1.58.60	
	3	368	Tom HOLDEN	Tipton H	1.58.73	
	4	369	Kieran LEE	City of Stoke AC	1.59.53	
	5	359	Steve BEARDWELL	University of Birmingham	2.11.47	
	6	373	Paul TASKER	Tamworth AC	2.15.55	
	7	372	David MUNRO	Wolverhampton & Bilston AC	2.18.52	

T16 12:50 T16 U20 Women 60m Hurdles Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	66	Molly BARNETT	Rugby & Northampton AC	8.97
	2	70	Gabi BURTON	Cannock & Stafford AC	8.97
	3	80	Sophie YORKE	Cheltenham Harriers	9.04
	4	207	Georgia PARRIS	Nuneaton Harriers	9.31
	5	211	Cara TRIVETT	Birchfield Harriers	9.88
	6	205	Sofia FEREDAY	Wolverhampton & Bilston AC	9.89
	7	204	Millie BARKER	Wolverhampton & Bilston AC	10.12

T17 12:55 T17 Senior Women 60m Hurdles Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	202	Hannah JACKSON	Bristol & West AC	9.20
	2	203	Dionne SAMUELS	Birchfield Harriers	9.25

T18 13:00 T18 U20 Men 60m Hurdles Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	199	William RITCHIE-MOULIN	Birchfield Harriers	8.26
	2	198	Imran QURESHI	Cheltenham Harriers	8.30
	3	197	Alex GRANT	Stratford-upon-Avon AC	8.67

T19 13:05 T19 Senior Men 60m Hurdles Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF	
	1	99	Luke TOWNSEND	Rugby & Northampton AC	8.60	
	2	25	Kirtley ROBBINS	Tipton H	10.90	Master

T20 13:15 T20 U15 Girls 60m Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	184	Lauryn WALKER	Birchfield Harriers	8.04
	2	157	Katie DANIEL	Nuneaton Harriers	8.12
	3	177	Rebecca SHEFFIELD	Burton Athletics AC	8.21
	4	174	Katie PRINT	Rugby & Northampton AC	8.22
	5	163	Erin HEALY	Kettering Town Harriers	8.22
	6	173	Iris OLIARNYK	Halesowen A & CC	8.29
	7	153	Laurone AGER	Rugby & Northampton AC	8.33
	8	168	Lily-May LAWRENCE	Notts AC	8.36

T21 13:20 T21 U15 Boys 60m Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF	
	1	146	Niall PRICE	Wolverhampton & Bilston AC	7.5	manual times
	2	145	Joshua PEARSON	Bromsgrove & Redditch AC	7.6	
	3	140	Oliver LAMBERT	Rugby & Northampton AC	7.6	
	4	139	Kieran HODSON	Halesowen A & CC	7.7	
	5	143	Jaime NALUS	Rugby & Northampton AC	7.7	
	6	144	Alfie ORPWOOD-COLTON	Notts AC	8.0	
	7	136	Taran BRISSETT	Halesowen A & CC	8.0	
	8	147	Brandon REES	Halesowen A & CC	8.1	

T22 13:25 T22 U17 Women 60m Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	100	Gina AKPE-MOSES	Birchfield Harriers	7.62
	2	128	Sharnee SKERVIN	Notts AC	7.71
	3	125	Josie OLIARNYK	Halesowen A & CC	7.75
	4	129	Kia STEWART-MORRISON	Birchfield Harriers	7.83
	5	101	Emily BELCHER	Solihull & Small Heath AC	7.91
	6	134	Hollie WILLIAMSON	Shrewsbury AC	8.01
	7	118	Molly JENKS	Halesowen A & CC	8.05

T23 13:30 T23 U17 Men 60m Final

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	92	Bret OKEKE	City of Stoke AC	7.12
	2	84	Kaie CHAMBERS-BROWN	Birchfield Harriers	7.16
	3	89	Charles HILLIARD	Halesowen A & CC	7.23
	4	96	James TAYLOR	Cannock & Stafford AC	7.34
	5	98	Tyrell WILLIAMSON-GREENE	Birchfield Harriers	7.36
	6	97	Tré THOMAS	Charnwood AC	7.40
	7	95	Davian STEWERD	Wolverhampton & Bilston AC	7.41
	8	85	Evan CORBETT	Halesowen A & CC	7.43

T24 13:55 T24 U17 Women 300m Semi Finals

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	340	Megan DAVIES	Cannock & Stafford AC	41.82
	2	341	Jordan HALL	Shrewsbury AC	43.09
	3	345	Tara PIGOTT	Notts AC	43.23
	4	276	Charlotte HALL	Cannock & Stafford AC	44.30
	5	348	Mia RUDMAN	Rugby & Northampton AC	45.78
2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	107	Harriet COOPER	Charnwood AC	42.05
	2	350	Alisha STROUD	Birmingham Running & Triathlon C	42.63
	3	342	Danel JANSEN-VAN-RENSBUR	Solihull & Small Heath AC	43.39
	4	339	Chloe CHAPMAN	Halesowen A & CC	44.38
	5	343	Jazzmin KIFFIN	Charnwood AC	46.04

T25 14:05 T25 U17 Men 400m Heats

1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	329	Matt HILL	Worcester AC	52.07
	2	328	Alistair FINLAY	Leicester Coritanian AC	52.61
	3	332	Joss MOFFATT	Rushcliffe AC	53.47
	4	331	Matthew MANSFIELD	Solihull & Small Heath AC	53.63
	5	86	Robert DAKIN	Yate AC	55.75
2	RACE 2	BIB	ATHLETE	CLUB	PERF
	1	334	Psaln ROBERTS-NASH	Wolverhampton & Bilston AC	52.20
	2	333	Morgan REEVES	Leamington C & AC	53.14
	3	335	Jack WOODWARD	Leicester Coritanian AC	53.41
	4	265	Aidan LEESON	Rugby & Northampton AC	53.63
	5	267	Matthew PATERSON	Corby AC	54.18

T26 14:15 T26 U15 Girls 800m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	418	Poppy CARMICHAEL	Rugby & Northampton AC	2.23.66
	2	419	Harriet EMERY	North Somerset AC	2.23.80
	3	356	Ellie MINSHULL	Coventry Godiva H	2.26.49
	4	421	Alidia VAILE	Gloucester AC	2.29.82
	5	234	Beth LLOYD	Birchfield Harriers	2.33.56
	6	541	Lucy ELCOCK	Bridgnorth AC	2.40.32
T27 14:20 T27 U20 Women 800m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	394	Megan COGAN	City of Stoke AC	2.26.16
	2	397	Sophia SHIPLEY	Tamworth AC	2.38.04
T28 14:25 T28 Senior Women 800m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	383	Helen WATERS	West Suffolk AC	2.17.17
	2	379	Gabrielle COVENEY	Loughborough Students AC	2.17.96
	3	378	Shelley BRACE	City of Stoke AC	2.22.11
	4	380	Amy JOHNSON	Royal Sutton Coldfield	2.28.10
T30 14:35 T30 Senior Men 800m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	370	James MILLER	Cheltenham Harriers	1.57.40
	2	364	Richard DE-CAMPS	Gloucester AC	1.57.57
	3	374	Ben TOPLEY	Birchfield Harriers	1.57.59
	4	296	Kane LEE	Yate AC	1.58.20
	5	362	Aaron BROWN	Cannock & Stafford AC	1.59.97
	6	368	Tom HOLDEN	Tipton H	2.01.37
T31 14:45 T31 U20 Women 200m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	262	Emily WRIGHT	Bristol & West AC	25.00
	2	261	Phoebe WHITE	Birchfield Harriers	25.48
	3	71	Tia CLUES	Rugby & Northampton AC	26.59
	4	260	Taysharne SMITH	Birchfield Harriers	26.88
	5	68	Ashleigh BEAVEN	Bromsgrove & Redditch AC	28.24
T32 14:50 T32 U20 Men 200m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	64	Theodore ZAKE	Charnwood AC	22.20
	2	271	Tom KENWRIGHT	Worcester AC	22.69
	3	55	Devonte MULHOLLAND	Birchfield Harriers	23.07
T33 15:00 T33 U15 Girls 300m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	228	Georgia CLARKE	Leamington C & AC	44.44
	2	355	Jenny MILBURN	Tavistock AC	44.75
	3	357	Charlie PETERS	Cannock & Stafford AC	45.00
	4	358	Sophie SMALES	Leamington C & AC	46.38
	5	356	Ellie MINSHULL	Coventry Godiva H	47.58
T34 15:05 T34 U15 Boys 300m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	145	Joshua PEARSON	Bromsgrove & Redditch AC	38.32
	2	352	Jack FINN	Telford AC	38.74
	3	137	Josh DAVIES	Tavistock AC	39.51
	4	284	Edward SHEFFIELD	Burton Athletics AC	39.93

T35 15:10 T35 U17 Women 300m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	340	Megan DAVIES	Cannock & Stafford AC	40.45
	2	107	Harriet COOPER	Charnwood AC	40.69
	3	341	Jordan HALL	Shrewsbury AC	42.85
	4	342	Danel JANSEN-VAN-RENSBURG	Solihull & Small Heath AC	43.35
	5	345	Tara PIGOTT	Notts AC	43.65
T36 15:20 T36 U17 Men 400m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	334	Psalm ROBERTS-NASH	Wolverhampton & Bilston AC	50.63
	2	329	Matt HILL	Worcester AC	51.24
	3	328	Alistair FINLAY	Leicester Coritanian AC	52.54
	4	333	Morgan REEVES	Leamington C & AC	53.30
	5	332	Joss MOFFATT	Rushcliffe AC	53.72
	6	335	Jack WOODWARD	Leicester Coritanian AC	54.64
T37 15:25 T37 Senior Women 200m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	35	Ellena RUDDOCK	Rugby & Northampton AC	25.30
	2	249	Niamh BAILEY	Corby AC	25.57
	3	251	Seemita GUMBS	Birchfield Harriers	25.73
	4	31	Samantha GRIFFITHS	Cheltenham Harriers	26.11
	5	203	Dionne SAMUELS	Birchfield Harriers	26.97
T38 15:30 T38 Senior Men 200m Final					
1	RACE 1	BIB	ATHLETE	CLUB	PERF
	1	21	Yannick PHIPPEN	Birchfield Harriers	21.91
	2	23	Nicholas PRYCE	Royal Sutton Coldfield	21.98
	3	7	Jeremy DRACKETT	Cheltenham Harriers	22.51
	4	241	Fabian BATCHELOR	Birchfield Harriers	22.61
	5	16	Romaine HYMAN	Bristol & West AC	22.69

F01 10:00 F01 U13 Girls High Jump

	BIB	ATHLETE	CLUB	PERF
1	433	Harriet DRAKE-LEE	Kettering Town Harriers	1.28
2	439	Helena SHANNON	Cheltenham Harriers	1.25
3	443	Ella WATFORD	Rugby & Northampton AC	1.25
4	442	Amelia TUTT	Rugby & Northampton AC	1.25
5	434	Zoe GARDNER	Rugby & Northampton AC	1.22
6	444	Millie WATFORD	Rugby & Northampton AC	1.22
7	438	Hannah SAHOTA	Halesowen A & CC	1.22
8	441	Natasha STATHAM	North Somerset AC	1.19
9	430	Megan BURGE	Rugby & Northampton AC	1.19
10	437	Shanice MCLENNON	Rugby & Northampton AC	1.13
11	440	Isabel SPRAGG	Rugby & Northampton AC	1.10
12	436	Freya LIDDINGTON	Royal Sutton Coldfield	1.07

F02 10:30 F02 Senior Men Long Jump

	BIB	ATHLETE	CLUB	PERF
1	466	Matthew MADDEN	Notts AC	6.73
2	465	Fraser KESTEVEN	Notts AC	6.37
3	240	Martin ASPLEY-DAVIS	Bromsgrove & Redditch AC	4.99
4	20	Robert PEARSALL	Tipton H	4.83

F20

F03 10:30 F03 U20 Men Long Jump

	BIB	ATHLETE	CLUB	PERF
1	473	Samuel KHOGALI	Worcester AC	6.87
2	475	Stuart STREET	Notts AC	6.74
3	474	Toby PENTREATH	Team Bath AC	6.17
4	472	Haydn FRANCIS	Birchfield Harriers	6.16
5	471	Jordan FOLEY	Birmingham Running & Triathlon	5.89
6	469	Aaron BISHOP	Swindon Harriers	5.70
7	476	Elliott WALKER	Royal Sutton Coldfield	5.69

F04 11:00 F04 Senior Women Pole Vault

	BIB	ATHLETE	CLUB	PERF
1	509	Becky DONNELLY	Worcester AC	3.60
2	513	Hayley RUBERY	Telford AC	3.60
3	511	Sam MORRISON	Woking AC	3.50
4	512	Bethany ROBERTS	Birchfield Harriers	2.80

F05 11:00 F05 U20/U17 Women Pole Vault

	BIB	ATHLETE	CLUB	PERF
1	515	Danni LANGDALE	Telford AC	3.00
1	516	Imogen SMITH	Birchfield Harriers	2.90

U20

U17

F06 12:00 F06 U20/U17 Women High Jump

	BIB	ATHLETE	CLUB	PERF	
1	448	Amelia HEMPLEMAN	Bristol & West AC	1.60	Senior
1	207	Georgia PARRIS	Nuneaton Harriers	1.65	U20
2	204	Millie BARKER	Wolverhampton & Bilston AC	1.50	U20
3	449	Gabrielle MCNEELANCE	Charnwood AC	1.45	U20

F07 13:00 F07 U17 Women Triple Jump

	BIB	ATHLETE	CLUB	PERF
1	458	Charlotte JONES	Derby AC	11.49
2	502	Katie ROWE	Amber Valley AC	11.43
3	116	Caitlin HARDING	Leicester Coritanian AC	10.44

F08 13:00 F08 U17 Men Triple Jump

	BIB	ATHLETE	CLUB	PERF
1	501	Jordan LLOYD	Birchfield Harriers	12.04
2	480	Joseph GILKES	Coventry Godiva H	11.93
3	93	Sam OWUSU	Rugby & Northampton AC	11.88

F09 14:00 F09 Senior Men Pole Vault

	BIB	ATHLETE	CLUB	PERF	
1	504	Derek HATELEY	Nuneaton Harriers	3.30	
2	503	John BRADLEY	Telford AC	2.60	Master

F10 14:00 F10 U20 Men Pole Vault

	BIB	ATHLETE	CLUB	PERF
1	53	Joel LEON BENITEZ	Notts AC	4.85
2	507	Robert PALMER	Notts AC	3.80
3	506	Joshua ILYK	Notts AC	3.80

F11 14:30 F11 U13 Girls Long Jump Quadrathlon

	BIB	ATHLETE	CLUB	PERF
1	439	Helena SHANNON	Cheltenham Harriers	3.97
2	436	Freya LIDDINGTON	Royal Sutton Coldfield	3.94
3	442	Amelia TUTT	Rugby & Northampton AC	3.92
4	443	Ella WATFORD	Rugby & Northampton AC	3.90
5	434	Zoe GARDNER	Rugby & Northampton AC	3.81
6	438	Hannah SAHOTA	Halesowen A & CC	3.78
7	444	Millie WATFORD	Rugby & Northampton AC	3.77
8	430	Megan BURGE	Rugby & Northampton AC	3.63
9	433	Harriet DRAKE-LEE	Kettering Town Harriers	3.57
10	440	Isabel SPRAGG	Rugby & Northampton AC	3.48
11	441	Natasha STATHAM	North Somerset AC	3.44
12	437	Shanice MCLENNON	Rugby & Northampton AC	2.87

F12 14:30 F12 U20 Women Shot

	BIB	ATHLETE	CLUB	PERF
1	525	Emily BALL	West Cheshire AC	11.54
2	208	Annabelle PASK	Coventry Godiva H	10.83
3	211	Cara TRIVETT	Birchfield Harriers	9.11
4	205	Sofia FEREDAY	Wolverhampton & Bilston AC	7.73

F13 14:30 F13 Senior Women Shot

	BIB	ATHLETE	CLUB	PERF
1	523	Mary DONALDSON	Leamington C & AC	9.87
2	524	Laura RADBURN	Birchfield Harriers	8.59

F14 14:30 F14 Senior Men Shot

	BIB	ATHLETE	CLUB	PERF	
1	518	Morris FOX	City of Stoke AC	13.56	
2	4	Jak CARPENTER	Cannock & Stafford AC	13.25	
3	520	Chris MEE	Charnwood AC	11.74	
4	517	Sam CATER	Bromsgrove & Redditch AC	10.92	
5	521	Tyrone WILLIAMS	Birchfield Harriers	9.30	F37
6	519	Jack JOHNSON	Saffron Ac	7.35	F37

F15 14:30 F15 U20 Men Shot

	BIB	ATHLETE	CLUB	PERF	
1	526	Daniel CARTWRIGHT	Birchfield Harriers	16.12	U17
2	522	Jonathan BRIGGS	Birmingham Running & Triathlon	12.65	
3	470	Alexander CLEGG	Birmingham Running & Triathlon	9.88	

F16 15:00 F16 Senior Men High Jump

	BIB	ATHLETE	CLUB	PERF
1	243	Sam MEYLER	Birchfield Harriers	1.90
2	301	Alasdair RIGBY	Cannock & Stafford AC	1.85
3	445	Martin CHERRINGTON	Tipton H	1.85

F18 15:45 F18 Senior Women Long Jump

	BIB	ATHLETE	CLUB	PERF	
1	249	Niamh BAILEY	Corby AC	5.17	
2	468	Megan EVANS	Royal Sutton Coldfield	4.97	
3	467	Fiona CLARKE	Birchfield Harriers	3.74	F

F19 15:45 F19 U20 Women Long Jump

	BIB	ATHLETE	CLUB	PERF
1	208	Annabelle PASK	Coventry Godiva H	5.36
2	79	Mia TOMLINSON	Wolverhampton & Bilston AC	5.24
3	65	Simone AGER	Rugby & Northampton AC	5.15
4	71	Tia CLUES	Rugby & Northampton AC	5.00
5	205	Sofia FEREDAY	Wolverhampton & Bilston AC	4.91
6	209	Jessica ROBINS	Stroud AC	4.74
7	204	Millie BARKER	Wolverhampton & Bilston AC	4.61
8	68	Ashleigh BEAVEN	Bromsgrove & Redditch AC	4.41

F20 16:00 F20 U13 Girls Shot Quadrathlon

	BIB	ATHLETE	CLUB	PERF
1	433	Harriet DRAKE-LEE	Kettering Town Harriers	7.19
2	442	Amelia TUTT	Rugby & Northampton AC	6.74
3	439	Helena SHANNON	Cheltenham Harriers	6.74
4	438	Hannah SAHOTA	Halesowen A & CC	6.00
5	441	Natasha STATHAM	North Somerset AC	6.43
6	443	Ella WATFORD	Rugby & Northampton AC	5.91
7	437	Shanice MCLENNON	Rugby & Northampton AC	5.80
8	436	Freya LIDDINGTON	Royal Sutton Coldfield	5.46
9	444	Millie WATFORD	Rugby & Northampton AC	5.31
10	434	Zoe GARDNER	Rugby & Northampton AC	4.92
11	440	Isabel SPRAGG	Rugby & Northampton AC	4.88
12	430	Megan BURGE	Rugby & Northampton AC	4.47