

MCAA 12 Stage Road Relay Championships at Sutton Park, Birmingham on Sunday 16th March 2014

- Womens 6 Stage Stage 1 — Final Results

Pos	Name	Club	Leg Time				
1	LauraJane Day	Notts Ac A	14:54	25	Claire Magee	Knowle&D	18:13
2	Gemma Hillier	Charnwood A	15:02	26	Sally Frapwell	Stroud &	18:15
3	Lisa Palmer	Heanor Ru A	15:04	27	Kahli Johnson	Mansfield	18:19
4	Katie Ingle	RoySutCol	15:09	28	Stef Lunn	Kenilwort B	18:38
5	Emily Waugh	Rugby & N	15:11	29	Wendy Goldthorp	Solihull	18:39
6	Ellie Stevens	Birchfiel A	15:16	30	Charlotte Ball	Brom&Redd B	18:50
7	Nicola Sykes	Bournvill A	15:18	31	Tara Tomson	Owis Ac L	19:06
8	Rowena Cole	Coventry	15:21	32	Juliet Hoad	Telford A B	19:17
9	Tessa Clarke	Wolverham A	15:57	33	Bethan Morgan	Birmingha B	19:19
10	Mel James	Birmingha A	16:10	34	Theresa Woolley	Centurion A	19:22
11	Helen Newberry	Bristol A	16:19	35	Tracy Miles	Worcester B	19:38
12	Michelle Clarke	Telford A A	16:32	36	Sarah Odell	Stratford	20:01
13	Amanda Deavy	Northbroo A	16:32	37	Abbie Leivers	Heanor Ru B	20:16
14	Molly Browne	Worcester A	16:51	38	Nicola Cumley	Bournvill B	20:28
15	Michelle Willcocks	Sutton In	16:53	39	Susan Gough	Sphinx Ac A	20:36
16	Nardia Poole	Kenilwort A	17:02	40	Liz Lister	Wolverham B	21:00
17	Rebecca Hall	CorbyAc A	17:04	41	Sarah Blencowe	Harboroug	21:04
18	Elizabeth Smith	Westbury A	17:16	42	Sally McConville	Dudley Ki	21:17
19	Josephine Wilkie	Clc Strid	17:23	43	Carol Jagpal	C.B'hamS	21:19
20	Tamara Ball	Brom&Redd A	17:39	44	Wendy Kane	Notts Ac B	21:32
21	Lisa Newing	Bristol B	17:50	45	Mandy Crust	Kenilwort C	22:08
22	Samantha Morton	Halesowen	17:56	46	Donna Howells	Wrekin Ro	22:52
23	Geraldine Taylor	Birchfiel B	18:00	47	Elizabeth Smith	Centurion B	23:42
24	Elaine Sherwin	Leamingto	18:01	48	Linda Richards	Northbroo B	24:23

- Womens 6 Stage Stage 2 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain					
1	Stacey Johnson	Birchfiel A	15:20	30:36	+ 5	30	Maria Bell	Owis Ac L	20:27	39:33 + 1
2	Frances Briscoe	Coventry	15:47	31:08	+ 6	31	Rita Fisher	Heanor Ru B	20:12	40:28 + 6
3	Louise Insley	Heanor Ru A	16:08	31:12	0	32	Rachael Chadwick	Mansfield	22:14	40:33 - 5
4	Megan McBrien	RoySutCol	16:19	31:28	0	33	Lucy McCann	Centurion A	21:51	41:13 + 1
5	Jenny Reed	Notts Ac A	16:37	31:31	- 4	34	Rachel Gibson	Wolverham B	20:24	41:24 + 6
6	Katie Lomas	Charnwood A	16:33	31:35	- 4	35	Monika Ciezarek	Sphinx Ac A	20:51	41:27 + 4
7	Jennifer Nesbitt	Worcester A	15:11	32:02	+ 7	36	Nicola Bugla	Harboroug	21:14	42:18 + 5
8	Anna Burton	Bristol A	15:45	32:04	+ 3	37	Emma Medina	Notts Ac B	20:47	42:19 + 7
9	C HarlanMarks	Bournvill A	17:13	32:31	- 2	38	Deborah Hodson	Worcester B	22:54	42:32 - 3
10	Hilary Agate	Clc Strid	16:11	33:34	+ 9	39	Lynn Sprague	Dudley Ki	21:18	42:35 + 3
11	Tilly Lea	Rugby & N	18:24	33:35	- 6	40	Kate Hickinbottom	Wrekin Ro	20:24	43:16 + 6
12	Eloise Lee	Birmingha A	17:31	33:41	- 2	41	Andrea Ramus	Kenilwort C	22:00	44:08 + 4
13	Sarah Evans	Kenilwort A	16:55	33:57	+ 3	42	Lesley Pymm	Bournvill B	23:41	44:09 - 4
14	Hayley Richards	Wolverham A	18:03	34:00	- 5	43	Abbe Humphreys	Northbroo B	23:56	48:19 + 5
15	Katie Elliot	Westbury A	16:56	34:12	+ 3	44	Lynn Waites	C.B'hamS	27:20	48:39 - 1
16	Sally Hogan	Brom&Redd A	16:39	34:18	+ 4	Fastest runners over stage 2:				
17	Frances Keenan	CorbyAc A	17:35	34:39	0	1	Jennifer Nesbitt	Worcester A	15:11	
18	Sharon McGarry	Solihull	17:26	36:05	+ 11	2	Stacey Johnson	Birchfiel A	15:20	
19	Lisa Blagden	Telford A A	19:53	36:25	- 7	3	Anna Burton	Bristol A	15:45	
20	Liz Pharoah	Northbroo A	19:55	36:27	- 7	4	Frances Briscoe	Coventry	15:47	
21	Alison Whittingham	Sutton In	19:35	36:28	- 6	5	Louise Insley	Heanor Ru A	16:08	
22	Sarah Hopcroft	Birchfiel B	18:31	36:31	+ 1	6	Hilary Agate	Clc Strid	16:11	
23	Jenny Jeeves	Leamingto	18:34	36:35	+ 1	7	Megan McBrien	RoySutCol	16:19	
24	Emma Davis	Telford A B	17:48	37:05	+ 8	8	Katie Lomas	Charnwood A	16:33	
25	Michelle Dale	Halesowen	19:19	37:15	- 3	9	Jenny Reed	Notts Ac A	16:37	
26	Sara Habib	Kenilwort B	19:19	37:57	+ 2	10	Sally Hogan	Brom&Redd A	16:39	
27	Gill Brook	Birmingha B	18:41	38:00	+ 6					
28	Emma Bexson	Stratford	18:09	38:10	+ 8					
29	Sarah Connors	Knowle&D	20:42	38:55	- 4					

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- Womens 6 Stage Stage 3 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Clare Grice	Birchfiel A	16:11	46:47	0	29	Anna Johannson	Knowle&D	21:37	1:00:32	0
2	Lisa Deacon	Notts Ac A	16:43	48:14	+ 3	30	Catherine Hough	Mansfield	20:55	1:01:28	+ 2
3	Vicky Callaway	Charnwood A	16:56	48:31	+ 3	31	Julie Lambourne	Notts Ac B	19:38	1:01:57	+ 6
4	Julia Belyavin	Bristol A	16:42	48:46	+ 4	32	Gemma Housley	Heanor Ru B	22:15	1:02:43	- 1
5	Amy Johnson	RoySutCol	17:27	48:55	- 1	33	Kate Russell	Owls Ac L	23:55	1:03:28	- 3
6	Jill Burke	Heanor Ru A	18:03	49:15	- 3	34	Newell Lisa J	Dudley Ki	20:58	1:03:33	+ 5
7	Zarinda Batstone	Coventry	18:22	49:30	- 5	35	Helen Elliott	Worcester B	21:08	1:03:40	+ 3
8	Jennifer Coxon	Birmingha A	17:07	50:48	+ 4	36	Lin Farrow	Harboroug	21:48	1:04:06	0
9	Amanda Steer	Clc Strid	17:37	51:11	+ 1	37	Marie Beddows	Wolverham B	23:34	1:04:58	- 3
10	Vicky Tester	Westbury A	17:00	51:12	+ 5	38	Tracey Higgins	Sphinx Ac A	25:30	1:06:57	- 3
11	Katy Anderson	Brom&Redd A	17:08	51:26	+ 5	39	Nicky Atherton	Kenilwort C	22:57	1:07:05	+ 2
12	Pamela Murray	Worcester A	19:40	51:42	- 5	40	Pauline Kesek	Wrekin Ro	23:54	1:07:10	0
13	Gemma Crow	Wolverham A	17:54	51:54	+ 1	41	Joan Kerr	C.B'hamS	23:08	1:11:47	+ 3
14	Laura Gale	Bournvill A	19:45	52:16	- 5	42	Lee Hill	Northbroo B	25:36	1:13:55	+ 1
15	Claire Goult	Kenilwort A	18:25	52:22	- 2	Fastest runners over stage 3:					
16	Amanda Davies	Telford A A	17:19	53:44	+ 3	1	Clare Grice	Birchfiel A	16:11		
17	Susie Tawney	Leamingto	17:39	54:14	+ 6	2	Julia Belyavin	Bristol A	16:42		
18	Sarah Baxby	Corby Ac A	20:03	54:42	- 1	3	Lisa Deacon	Notts Ac A	16:43		
19	Linda McDonald	Northbroo A	18:23	54:50	+ 1	4	Vicky Callaway	Charnwood A	16:56		
20	R Marshallsay	Birchfiel B	18:45	55:16	+ 2	5	Vicky Tester	Westbury A	17:00		
21	Gail Moore	Sutton In	19:02	55:30	0	6	Jennifer Coxon	Birmingha A	17:07		
22	Julia Gilbride	Solihull	19:36	55:41	- 4	7	Katy Anderson	Brom&Redd A	17:08		
23	Julie Dale	Halesowen	19:12	56:27	+ 2	8	Amanda Davies	Telford A A	17:19		
24	Rachel Simms	Telford A B	19:53	56:58	0	9	Amy Johnson	RoySutCol	17:27		
25	Emily Adams	Stratford	18:52	57:02	+ 3	10	Amanda Steer	Clc Strid	17:37		
26	Rebecca Smith	Kenilwort B	20:11	58:08	0						
27	Devkee Trivedi	Birmingha B	21:07	59:07	0						
28	Emma Donnelly	Centurion A	19:12	1:00:25	+ 5						

- Womens 6 Stage Stage 4 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Sian Kian	Birchfiel A	16:27	1:03:14	0	28	Lizi Snushall	Birmingha B	22:53	1:22:00	- 1
2	Kate Goodhead	Bristol A	15:15	1:04:01	+ 2	29	Frances Reed	Notts Ac B	20:13	1:22:10	+ 2
3	Hannah Robinson	Notts Ac A	17:12	1:05:26	- 1	30	Amanda Hardy	Mansfield	21:22	1:22:50	0
4	Claire Smith	Charnwood A	17:29	1:06:00	- 1	31	Lisa Hodgkins	Wolverham B	18:10	1:23:08	+ 6
5	Kate McBrien	RoySutCol	17:22	1:06:17	0	32	Gillian Jubb	Worcester B	20:24	1:24:04	+ 3
6	Wendy Mullineux	Heanor Ru A	17:52	1:07:07	0	33	Linda Whitehead	Knowle&D	24:06	1:24:38	- 4
7	Dannielle Bogue	Birmingha A	17:31	1:08:19	+ 1	34	Olivia Lopez	Owls Ac L	21:51	1:25:19	- 1
8	Kelly Winstone	Westbury A	18:05	1:09:17	+ 2	35	Heather Wesson	Heanor Ru B	23:44	1:26:27	- 3
9	Melanie Hepke	Brom&Redd A	18:41	1:10:07	+ 2	36	Charlotte Tonks	Dudley Ki	26:56	1:30:29	- 2
10	Amelia Mullins	Clc Strid	19:18	1:10:29	- 1	37	Sally Withington	Wrekin Ro	23:44	1:30:54	+ 3
11	Deborah Blakeman	Wolverham A	18:55	1:10:49	+ 2	38	Julie Bruce	Kenilwort C	24:15	1:31:20	+ 1
12	Danielle Mohacsi	Kenilwort A	18:30	1:10:52	+ 3	39	Helen King	Sphinx Ac A	24:46	1:31:43	- 1
13	Sandra Lane	Worcester A	19:22	1:11:04	- 1	40	Rebecca Swift	C.B'hamS	23:01	1:34:48	+ 1
14	Julie Kirby	Telford A A	17:46	1:11:30	+ 2	41	Claire Owen	Northbroo B	29:12	1:43:07	+ 1
15	Rachel Ward	Bournvill A	21:24	1:13:40	- 1	Fastest runners over stage 4:					
16	Sarah Wheeler	Stratford	16:41	1:13:43	+ 9	1	Kate Goodhead	Bristol A	15:15		
17	Rebecca Freeman	Solihull	18:29	1:14:10	+ 5	2	Sian Kian	Birchfiel A	16:27		
18	Sally Spencer	Halesowen	18:11	1:14:38	+ 5	3	Sarah Wheeler	Stratford	16:41		
19	Jemma Holt	Leamingto	20:53	1:15:07	- 2	4	Hannah Eveleigh	Harboroug	17:06		
20	Debra Galletta	Corby Ac A	20:39	1:15:21	- 2	5	Hannah Robinson	Notts Ac A	17:12		
21	Holly O'Meara	Birchfiel B	20:12	1:15:28	- 1	6	Kate McBrien	RoySutCol	17:22		
22	Sarah Tatton	Telford A B	19:07	1:16:05	+ 2	7	Claire Smith	Charnwood A	17:29		
23	Sarah McNaney	Northbroo A	22:51	1:17:41	- 4	8	Dannielle Bogue	Birmingha A	17:31		
24	Claire Dyer	Kenilwort B	20:16	1:18:24	+ 2	9	Julie Kirby	Telford A A	17:46		
25	Sue Lomas	Sutton In	23:28	1:18:58	- 4	10	Wendy Mullineux	Heanor Ru A	17:52		
26	Jeanette Robathan	Centurion A	19:46	1:20:11	+ 2						
27	Hannah Eveleigh	Harboroug	17:06	1:21:12	+ 9						

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- Womens 6 Stage Stage 5 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Sara Treacy	Birchfiel A	14:33	1:17:47	0
2	Jessie Sanzo	Bristol A	15:03	1:19:04	0
3	Joanne Finch	Notts Ac A	16:19	1:21:45	0
4	Elsie Butler	Charnwood A	18:08	1:24:08	0
5	Rose Leivers	Heanor Ru A	18:24	1:25:31 + 1	
6	Nat Pullen	Birmingham A	18:52	1:27:11 + 1	
7	Tamsin Chick	Westbury A	18:02	1:27:19 + 1	
8	Imogen Peace	Kenilwort A	16:59	1:27:51 + 4	
9	Kelsey Smith	Clc Strid	19:12	1:29:41 + 1	
10	Caroline Hingley	Wolverham A	18:59	1:29:48 + 1	
11	Denise Sanders	Telford A A	18:33	1:30:03 + 3	
12	Orianna Ball	Brom&Redd A	20:12	1:30:19 - 3	
13	Anne O'Connell	Worcester A	19:30	1:30:34	0
14	Lisa Cartwright	Bournvill A	19:38	1:33:18 + 1	
15	Rebekha Loftus	Stratford	20:42	1:34:25 + 1	
16	Caroline Lambert	Halesowen	20:15	1:34:53 + 2	
17	Julie Rogers	Birchfiel B	20:04	1:35:32 + 4	
18	Jade Holt	Leamingto	20:36	1:35:43 + 1	
19	Amelia Reynolds	Telford A B	20:01	1:36:06 + 3	
20	Amy Burdis	Northbroo A	19:36	1:37:17 + 3	
21	Pennie Sandell	Kenilwort B	20:38	1:39:02 + 3	
22	Claire Goodall	Corby Ac A	24:05	1:39:26 - 2	
23	Michele Curran	Sutton In	20:56	1:39:54 + 2	
24	Mary Williams	Centurion A	21:29	1:41:40 + 2	
25	Sarah Hadfield	Birmingham B	20:41	1:42:41 + 3	
26	Marise Taylor	Harboroug	22:38	1:43:50 + 1	
27	Emma Kealey	Notts Ac B	22:32	1:44:42 + 2	
28	Denise Winfield	Mansfield	23:44	1:46:34 + 2	
29	Megan Warner	Owls Ac L	22:02	1:47:21 + 5	
30	Joanne Potter	Heanor Ru B	21:14	1:47:41 + 5	
31	Sarah Clements	Knowle&D	23:17	1:47:55 + 2	
32	Margaret Crosswell	Worcester B	24:56	1:49:00	0
33	Lyndsey Scragg	Wolverham B	26:26	1:49:34 - 2	
34	Carol Fisher	Dudley Ki	20:52	1:51:21 + 2	
35	Pauline Eccles	Wrekin Ro	21:44	1:52:38 + 2	
36	M Herranz Sanchez	Kenilwort C	21:37	1:52:57 + 2	
37	Kiran Devi	C.B'ham S	20:44	1:55:32 + 3	
38	Amy Frank	Sphinx Ac A	24:22	1:56:05 + 1	
39	Helen Morris	Northbroo B	22:14	2:05:21 + 2	

Fastest runners over stage 5:

1	Sara Treacy	Birchfiel A	14:33
2	Jessie Sanzo	Bristol A	15:03
3	Joanne Finch	Notts Ac A	16:19
4	Imogen Peace	Kenilwort A	16:59
5	Tamsin Chick	Westbury A	18:02
6	Elsie Butler	Charnwood A	18:08
7	Rose Leivers	Heanor Ru A	18:24
8	Denise Sanders	Telford A A	18:33
9	Nat Pullen	Birmingham A	18:52
10	Caroline Hingley	Wolverham A	18:59

- Womens 6 Stage Stage 6 — Final Results

Pos	Name	Club	Leg Time	Cum Time	Gain
1	Catherine Blew	Birchfiel A	14:34	1:32:21	0
2	Helen Sharpe	Bristol A	15:46	1:34:50	0
3	Margot Gibson	Notts Ac A	15:06	1:36:51	0
4	Leila Armoush	Charnwood A	17:36	1:41:44	0
5	Wendy Roethenbaugh	Heanor Ru A	17:35	1:43:06	0
6	Emma Journeaux	Westbury A	15:51	1:43:10 + 1	
7	Helena Eastham	Birmingham A	17:29	1:44:40 - 1	
8	Wendy Daniels	Kenilwort A	17:16	1:45:07	0
9	Victoria Lewis	Clc Strid	17:51	1:47:32	0
10	Rachel Coupe	Telford A A	18:05	1:48:08 + 1	
11	Vicki Ormsby	Wolverham A	18:42	1:48:30 - 1	
12	Karen Matthews	Worcester A	19:16	1:49:50 + 1	
13	Jane Anderson	Brom&Redd A	20:11	1:50:30 - 1	
14	Jude Glynn	Bournvill A	20:30	1:53:48	0
15	Emma Roberts	Leamingto	20:46	1:56:29 + 3	
16	Sharon Clayton	Telford A B	20:40	1:56:46 + 3	
17	Kimberley Thomas	Birchfiel B	21:32	1:57:04	0
18	Clare Rowntree	Northbroo A	19:59	1:57:16 + 2	
19	Helen Attwood	Halesowen	22:31	1:57:24 - 3	
20	Isabelle Haigh	Kenilwort B	18:24	1:57:26 + 1	
21	Victoria Jeffs	Stratford	26:04	2:00:29 - 6	
22	Sharon Davies	Centurion A	19:46	2:01:26 + 2	
23	Rachel Brown	Birmingham B	19:21	2:02:02 + 2	
24	Melanie Hodson	Sutton In	23:34	2:03:28 - 1	
25	Helen Jones	Mansfield	20:00	2:06:34 + 3	
26	Emma Arrowsmith	Owls Ac L	19:52	2:07:13 + 3	
27	Rachel Whelan	Notts Ac B	22:36	2:07:18	0
28	Marie Mann	Heanor Ru B	21:23	2:09:04 + 2	
29	Kerry Whitehill	Knowle&D	23:16	2:11:11 + 2	
30	Esther Whitten	Wrekin Ro	20:49	2:13:27 + 5	
31	Laura Gould	Kenilwort C	20:44	2:13:41 + 5	
32	Jan Brookes	Wolverham B	24:21	2:13:55 + 1	
33	Alison Whitehouse	Dudley Ki	22:44	2:14:05 + 1	
34	Chloe Jagpal	C.B'ham S	20:31	2:16:03 + 3	
35	Fiona Quinn	Sphinx Ac A	26:18	2:22:23 + 3	
36	Lisa Wells	Northbroo B	26:58	2:32:19 + 3	

Fastest runners over stage 6:

1	Catherine Blew	Birchfiel A	14:34
2	Margot Gibson	Notts Ac A	15:06
3	Helen Sharpe	Bristol A	15:46
4	Emma Journeaux	Westbury A	15:51
5	Wendy Daniels	Kenilwort A	17:16
6	Helena Eastham	Birmingham A	17:29
7	Wendy Roethenbaugh	Heanor Ru A	17:35
8	Leila Armoush	Charnwood A	17:36
9	Victoria Lewis	Clc Strid	17:51
10	Rachel Coupe	Telford A A	18:05

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Womens 6 Stage — Team Results — Final (nn) is team position after the appropriate stage.

1 Birchfield Harriers		'A' 1:32:21		14 Bournville Harriers		'A' 1:53:48					
1	EllieStevens (6)	15:16	2	StaceyJohnson (1)	15:20	1	NicolaSykes (7)	15:18	2	CHarlanMarks (9)	17:13
3	ClareGrice (1)	16:11	4	SianKian (1)	16:27	3	LauraGale (14)	19:45	4	RachelWard (15)	21:24
5	SaraTreacy (1)	14:33	6	CatherineBlew (1)	14:34	5	LisaCartwright (14)	19:38	6	JudeGlynn (14)	20:30
2 Bristol & West Ac (Est. 1882)		'A' 1:34:50		15 Leamington Cycling & Athletic		1:56:29					
1	HelenNewbery (11)	16:19	2	AnnaBurton (8)	15:45	1	ElaineSherwin (24)	18:01	2	JennyJeeves (23)	18:34
3	JuliaBelyavin (4)	16:42	4	KateGoodhead (2)	15:15	3	SusieTawney (17)	17:39	4	JemmaHolt (19)	20:53
5	JessieSanzo (2)	15:03	6	HelenSharpe (2)	15:46	5	JadeHolt (18)	20:36	6	EmmaRoberts (15)	20:46
3 Notts Ac		'A' 1:36:51		16 Telford Ac		'B' 1:56:46					
1	LauraJaneDay (1)	14:54	2	JennyReed (5)	16:37	1	JulietHoad (32)	19:17	2	EmmaDavis (24)	17:48
3	LisaDeacon (2)	16:43	4	HannahRobinson (3)	17:12	3	RachelSimms (24)	19:53	4	SarahTatton (22)	19:07
5	JoanneFinch (3)	16:19	6	MargotGibson (3)	15:06	5	AmeliaReynolds (19)	20:01	6	SharonClayton (16)	20:40
4 Charnwood A C		'A' 1:41:44		17 Birchfield Harriers		'B' 1:57:04					
1	GemmaHillier (2)	15:02	2	KatieLomas (6)	16:33	1	GeraldineTaylor (23)	18:00	2	SarahHopcroft (22)	18:31
3	VickyCallaway (3)	16:56	4	ClaireSmith (4)	17:29	3	RMarshallsay (20)	18:45	4	HollyO'Meara (21)	20:12
5	ElsieButler (4)	18:08	6	LeilaArmoush (4)	17:36	5	JulieRogers (17)	20:04	6	KimberleyThomas (17)	21:32
5 Heanor Running Club		'A' 1:43:06		18 Northbrook Athletic Club		'A' 1:57:16					
1	LisaPalmer (3)	15:04	2	LouiseInsley (3)	16:08	1	AmandaDeavy (13)	16:32	2	LizPharoah (20)	19:55
3	JillBurke (6)	18:03	4	WendyMullineux (6)	17:52	3	LindaMcDonald (19)	18:23	4	SarahMcNaney (23)	22:51
5	RoseLeivers (5)	18:24	6	WendyRoethenbaugh (5)	17:35	5	AmyBurdiss (20)	19:36	6	ClareRowntree (18)	19:59
6 Westbury Harriers		'A' 1:43:10		19 Halesowen Acc		1:57:24					
1	ElizabethSmith (18)	17:16	2	KatieElliot (15)	16:56	1	SamanthaMorton (22)	17:56	2	MichelleDale (25)	19:19
3	VickyTester (10)	17:00	4	KellyWinstone (8)	18:05	3	JulieDale (23)	19:12	4	SallySpencer (18)	18:11
5	TamsinChick (7)	18:02	6	EmmaJouneaux (6)	15:51	5	CarolineLambert (16)	20:15	6	HelenAttwood (19)	22:31
7 Birmingham Running Athletics		'A' 1:44:40		20 Kenilworth Runners		'B' 1:57:26					
1	MelJames (10)	16:10	2	EloiseLee (12)	17:31	1	StefLunn (28)	18:38	2	SaraHabib (26)	19:19
3	JenniferCoxon (8)	17:07	4	DannielleBogue (7)	17:31	3	RebeccaSmith (26)	20:11	4	ClaireDyer (24)	20:16
5	NatPullen (6)	18:52	6	HelenaEastham (7)	17:29	5	PennieSandell (21)	20:38	6	IsabelleHaigh (20)	18:24
8 Kenilworth Runners		'A' 1:45:07		21 Stratford Upon Avon Ac		2:00:29					
1	NardiaPoole (16)	17:02	2	SarahEvans (13)	16:55	1	SarahOdell (36)	20:01	2	EmmaBexson (28)	18:09
3	ClaireGoult (15)	18:25	4	DanielleMohacs (12)	18:30	3	EmilyAdams (25)	18:52	4	SarahWheeler (16)	16:41
5	ImogenPeace (8)	16:59	6	WendyDaniels (8)	17:16	5	RebekhaLoftus (15)	20:42	6	VictoriaJeffs (21)	26:04
9 Clc Striders		1:47:32		22 Centurion Rc		'A' 2:01:26					
1	JosephineWilkie (19)	17:23	2	HilaryAgate (10)	16:11	1	TheresaWoolley (34)	19:22	2	LucyMcCann (33)	21:51
3	AmandaSteer (9)	17:37	4	AmeliaMullins (10)	19:18	3	EmmaDonnelly (28)	19:12	4	JeanetteRobathan (26)	19:46
5	KelseySmith (9)	19:12	6	VictoriaLewis (9)	17:51	5	MaryWilliams (24)	21:29	6	SharonDavies (22)	19:46
10 Telford Ac		'A' 1:48:08		23 Birmingham Running Athletics		'B' 2:02:02					
1	MichelleClarke (12)	16:32	2	LisaBlagden (19)	19:53	1	BethanMorgan (33)	19:19	2	GillBrook (27)	18:41
3	AmandaDavies (16)	17:19	4	JulieKirby (14)	17:46	3	DevkeeTrivedi (27)	21:07	4	LiziSnushall (28)	22:53
5	DeniseSanders (11)	18:33	6	RachelCoupe (10)	18:05	5	SarahHadfield (25)	20:41	6	RachelBrown (23)	19:21
11 Wolverhampton & Bilston		'A' 1:48:30		24 Sutton In Ashfield Harriers &		2:03:28					
1	TessaClarke (9)	15:57	2	HayleyRichards (14)	18:03	1	MichelleWillcocks (15)	16:53	2	AlisonWhittingham (21)	19:35
3	GemmaCrow (13)	17:54	4	DeborahBlakeman (11)	18:55	3	GailMoore (21)	19:02	4	SueLomas (25)	23:28
5	CarolineHingley (10)	18:59	6	VickiOrnsby (11)	18:42	5	MicheleCurran (23)	20:56	6	MelanieHodson (24)	23:34
12 Worcester Ac		'A' 1:49:50		25 Mansfield Harriers & Ac		2:06:34					
1	MollyBrowne (14)	16:51	2	JenniferNesbitt (7)	15:11	1	KahliJohnson (27)	18:19	2	RachaelChadwick (32)	22:14
3	PamelaMurray (12)	19:40	4	SandraLane (13)	19:22	3	CatherineHough (30)	20:55	4	AmandaHardy (30)	21:22
5	AnneO'Connell (13)	19:30	6	KarenMatthews (12)	19:16	5	DeniseWinfield (28)	23:44	6	HelenJones (25)	20:00
13 Bromsgrove & Redditch		'A' 1:50:30		26 Owls Ac Leicester		2:07:13					
1	TamaraBall (20)	17:39	2	SallyHogan (16)	16:39	1	TaraTomson (31)	19:06	2	MariaBell (30)	20:27
3	KatyAnderson (11)	17:08	4	MelanieHepke (9)	18:41	3	KateRussell (33)	23:55	4	OliviaLopez (34)	21:51
5	OriannaBall (12)	20:12	6	JaneAnderson (13)	20:11	5	MeganWarner (29)	22:02	6	EmmaArrowsmith (26)	19:52

MCAA 12 Stage Road Relay Championships

at Sutton Park, Birmingham on Sunday 16th March 2014

<p>27 Notts Ac 'B' 2:07:18</p> <table border="0" style="width: 100%;"> <tr> <td>1 WendyKane (44) 21:32</td> <td>2 EmmaMedina (37) 20:47</td> </tr> <tr> <td>3 JulieLambourne (31) 19:38</td> <td>4 FrancesReed (29) 20:13</td> </tr> <tr> <td>5 EmmaKealey (27) 22:32</td> <td>6 RachelWhelan (27) 22:36</td> </tr> </table> <p>28 Heanor Running Club 'B' 2:09:04</p> <table border="0" style="width: 100%;"> <tr> <td>1 AbbieLeivers (37) 20:16</td> <td>2 RitaFisher (31) 20:12</td> </tr> <tr> <td>3 GemmaHousley (32) 22:15</td> <td>4 HeatherWesson (35) 23:44</td> </tr> <tr> <td>5 JoannePotter (30) 21:14</td> <td>6 MarieMann (28) 21:23</td> </tr> </table> <p>29 Knowle & Dorridge Rc 2:11:11</p> <table border="0" style="width: 100%;"> <tr> <td>1 ClaireMagee (25) 18:13</td> <td>2 SarahConnors (29) 20:42</td> </tr> <tr> <td>3 AnnaJohannson (29) 21:37</td> <td>4 LindaWhitehead (33) 24:06</td> </tr> <tr> <td>5 SarahClements (31) 23:17</td> <td>6 KerryWhitehill (29) 23:16</td> </tr> </table> <p>30 Wrekin Road Runners 2:13:27</p> <table border="0" style="width: 100%;"> <tr> <td>1 DonnaHowells (46) 22:52</td> <td>2 KateHickinbottom (40) 20:24</td> </tr> <tr> <td>3 PaulineKesek (40) 23:54</td> <td>4 SallyWithington (37) 23:44</td> </tr> <tr> <td>5 PaulineEccles (35) 21:44</td> <td>6 EstherWhitten (30) 20:49</td> </tr> </table> <p>31 Kenilworth Runners 'C' 2:13:41</p> <table border="0" style="width: 100%;"> <tr> <td>1 MandyCrust (45) 22:08</td> <td>2 AndreaRamus (41) 22:00</td> </tr> <tr> <td>3 NickyAtherton (39) 22:57</td> <td>4 JulieBruce (38) 24:15</td> </tr> <tr> <td>5 MHerranzSanchez (36) 21:37</td> <td>6 LauraGould (31) 20:44</td> </tr> </table> <p>32 Wolverhampton & Bilston 'B' 2:13:55</p> <table border="0" style="width: 100%;"> <tr> <td>1 LizLister (40) 21:00</td> <td>2 RachelGibson (34) 20:24</td> </tr> <tr> <td>3 MarieBeddows (37) 23:34</td> <td>4 LisaHodgkins (31) 18:10</td> </tr> <tr> <td>5 LyndseyScragg (33) 26:26</td> <td>6 JanBrookes (32) 24:21</td> </tr> </table> <p>33 Dudley Kingswinford Rc 2:14:05</p> <table border="0" style="width: 100%;"> <tr> <td>1 SallyMcConville (42) 21:17</td> <td>2 LynnSprague (39) 21:18</td> </tr> <tr> <td>3 NewellLisaJ (34) 20:58</td> <td>4 CharlotteTonks (36) 26:56</td> </tr> <tr> <td>5 CarolFisher (34) 20:52</td> <td>6 AlisonWhitehouse (33) 22:44</td> </tr> </table> <p>34 City Of Birmingham Striders 2:16:03</p> <table border="0" style="width: 100%;"> <tr> <td>1 CarolJagpal (43) 21:19</td> <td>2 LynnWaites (44) 27:20</td> </tr> <tr> <td>3 JoanKerr (41) 23:08</td> <td>4 RebeccaSwift (40) 23:01</td> </tr> <tr> <td>5 KiranDevi (37) 20:44</td> <td>6 ChloeJagpal (34) 20:31</td> </tr> </table> <p>35 Sphinx Ac 'A' 2:22:23</p> <table border="0" style="width: 100%;"> <tr> <td>1 SusanGough (39) 20:36</td> <td>2 MonikaCiezarek (35) 20:51</td> </tr> <tr> <td>3 TraceyHiggins (38) 25:30</td> <td>4 HelenKing (39) 24:46</td> </tr> <tr> <td>5 AmyFrank (38) 24:22</td> <td>6 FionaQuinn (35) 26:18</td> </tr> </table>	1 WendyKane (44) 21:32	2 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Small Heath Athlet</p> <table border="0" style="width: 100%;"> <tr> <td>1 WendyGoldthorp (29) 18:39</td> <td>2 SharonMcGarry (18) 17:26</td> </tr> <tr> <td>3 JuliaGilbride (22) 19:36</td> <td>4 RebeccaFreeman (17) 18:29</td> </tr> </table> <p style="text-align: center;">Coventry Godiva Harriers</p> <table border="0" style="width: 100%;"> <tr> <td>1 RowenaCole (8) 15:21</td> <td>2 FrancesBriscoe (2) 15:47</td> </tr> <tr> <td>3 ZarindaBatstone (7) 18:22</td> <td></td> </tr> </table> <p style="text-align: center;">Rugby & Northampton Ac</p> <table border="0" style="width: 100%;"> <tr> <td>1 EmilyWaugh (5) 15:11</td> <td>2 TillyLea (11) 18:24</td> </tr> </table> <p style="text-align: center;">Bournville Harriers 'B'</p> <table border="0" style="width: 100%;"> <tr> <td>1 NicolaCumley (38) 20:28</td> <td>2 LesleyPymm (42) 23:41</td> </tr> </table> <p style="text-align: center;">Bristol & West Ac (Est. 1882) 'B'</p> <table border="0" style="width: 100%;"> <tr> <td>1 LisaNewing (21) 17:50</td> <td></td> </tr> </table> <p style="text-align: center;">Stroud & District Ac</p> <table border="0" style="width: 100%;"> <tr> <td>1 SallyFrapwell (26) 18:15</td> <td></td> </tr> </table> <p style="text-align: center;">Bromsgrove & Redditch 'B'</p> <table border="0" style="width: 100%;"> <tr> <td>1 CharlotteBall (30) 18:50</td> <td></td> </tr> </table> <p style="text-align: center;">Centurion Rc 'B'</p> <table border="0" style="width: 100%;"> <tr> <td>1 ElizabethSmith (47) 23:42</td> <td></td> </tr> </table>	1 LindaRichards (48) 24:23	2 AbbeHumphreys (43) 23:56	3 LeeHill (42) 25:36	4 ClaireOwen (41) 29:12	5 HelenMorris (39) 22:14	6 LisaWells (36) 26:58	1 RebeccaHall (17) 17:04	2 FrancesKeenan (17) 17:35	3 SarahBaxby (18) 20:03	4 DebraGalletta (20) 20:39	5 ClaireGoodall (22) 24:05		1 SarahBlencowe (41) 21:04	2 NicolaBugla (36) 21:14	3 LinFarrow (36) 21:48	4 HannahEveleigh (27) 17:06	5 MariseTaylor (26) 22:38		1 TracyMiles (35) 19:38	2 DeborahHodson (38) 22:54	3 HelenElliott (35) 21:08	4 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at Sutton Park, Birmingham on Sunday 16th March 2014

Fastest of all legs

1	Sara Treacy	Birchfiel	A	14:33	65	Amanda Steer	Clc Strid		17:37
2	Catherine Blew	Birchfiel	A	14:34	66	Tamara Ball	Brom&Redd	A	17:39
3	LauraJane Day	Notts Ac	A	14:54	=	Susie Tawney	Leamington		17:39
4	Gemma Hillier	Charnwood	A	15:02	68	Julie Kirby	Telford A	A	17:46
5	Jessie Sanzo	Bristol	A	15:03	69	Emma Davis	Telford A	B	17:48
6	Lisa Palmer	Heanor Ru	A	15:04	70	Lisa Newing	Bristol	B	17:50
7	Margot Gibson	Notts Ac	A	15:06	71	Victoria Lewis	Clc Strid		17:51
8	Katie Ingle	RoySutCol		15:09	72	Wendy Mullineux	Heanor Ru	A	17:52
9	Jennifer Nesbitt	Worcester	A	15:11	73	Gemma Crow	Wolverham	A	17:54
=	Emily Waugh	Rugby & N		15:11	74	Samantha Morton	Halesowen		17:56
11	Kate Goodhead	Bristol	A	15:15	75	Geraldine Taylor	Birchfiel	B	18:00
12	Ellie Stevens	Birchfiel	A	15:16	76	Elaine Sherwin	Leamington		18:01
13	Nicola Sykes	Bournvill	A	15:18	77	Tamsin Chick	Westbury	A	18:02
14	Stacey Johnson	Birchfiel	A	15:20	78	Hayley Richards	Wolverham	A	18:03
15	Rowena Cole	Coventry		15:21	=	Jill Burke	Heanor Ru	A	18:03
16	Anna Burton	Bristol	A	15:45	80	Rachel Coupe	Telford A	A	18:05
17	Helen Sharpe	Bristol	A	15:46	=	Kelly Winstone	Westbury	A	18:05
18	Frances Briscoe	Coventry		15:47	82	Elsie Butler	Charnwood	A	18:08
19	Emma Journeau	Westbury	A	15:51	83	Emma Bexson	Stratford		18:09
20	Tessa Clarke	Wolverham	A	15:57	84	Lisa Hodgkins	Wolverham	B	18:10
21	Louise Insley	Heanor Ru	A	16:08	85	Sally Spencer	Halesowen		18:11
22	Mel James	Birmingha	A	16:10	86	Claire Magee	Knowle&D		18:13
23	Hilary Agate	Clc Strid		16:11	87	Sally Frapwell	Stroud &		18:15
=	Clare Grice	Birchfiel	A	16:11	88	Kahli Johnson	Mansfield		18:19
25	Joanne Finch	Notts Ac	A	16:19	89	Zarinda Batstone	Coventry		18:22
=	Helen Newberry	Bristol	A	16:19	90	Linda McDonald	Northbroo	A	18:23
=	Megan McBrien	RoySutCol		16:19	91	Rose Leivers	Heanor Ru	A	18:24
28	Sian Kian	Birchfiel	A	16:27	=	Isabelle Haigh	Kenilwort	B	18:24
29	Amanda Deavy	Northbroo	A	16:32	=	Tilly Lea	Rugby & N		18:24
=	Michelle Clarke	Telford A	A	16:32	94	Claire Goult	Kenilwort	A	18:25
31	Katie Lomas	Charnwood	A	16:33	95	Rebecca Freeman	Solihull		18:29
32	Jenny Reed	Notts Ac	A	16:37	96	Danielle Mohacsi	Kenilwort	A	18:30
33	Sally Hogan	Brom&Redd	A	16:39	97	Sarah Hopcroft	Birchfiel	B	18:31
34	Sarah Wheeler	Stratford		16:41	98	Denise Sanders	Telford A	A	18:33
35	Julia Belyavin	Bristol	A	16:42	99	Jenny Jeeves	Leamington		18:34
36	Lisa Deacon	Notts Ac	A	16:43	100	Stef Lunn	Kenilwort	B	18:38
37	Molly Browne	Worcester	A	16:51	101	Wendy Goldthorp	Solihull		18:39
38	Michelle Willcocks	Sutton In		16:53	102	Gill Brook	Birmingha	B	18:41
39	Sarah Evans	Kenilwort	A	16:55	=	Melanie Hepke	Brom&Redd	A	18:41
40	Vicky Callaway	Charnwood	A	16:56	104	Vicki Ornsby	Wolverham	A	18:42
=	Katie Elliot	Westbury	A	16:56	105	R Marshallsay	Birchfiel	B	18:45
42	Imogen Peace	Kenilwort	A	16:59	106	Charlotte Ball	Brom&Redd	B	18:50
43	Vicky Tester	Westbury	A	17:00	107	Nat Pullen	Birmingha	A	18:52
44	Nardia Poole	Kenilwort	A	17:02	=	Emily Adams	Stratford		18:52
45	Rebecca Hall	CorbyAc	A	17:04	109	Deborah Blakeman	Wolverham	A	18:55
46	Hannah Eveleigh	Harboroug		17:06	110	Caroline Hingley	Wolverham	A	18:59
47	Jennifer Coxon	Birmingha	A	17:07	111	Gail Moore	Sutton In		19:02
48	Katy Anderson	Brom&Redd	A	17:08	112	Tara Tomson	Owls Ac L		19:06
49	Hannah Robinson	Notts Ac	A	17:12	113	Sarah Tatton	Telford A	B	19:07
50	C HarlanMarks	Bournvill	A	17:13	114	Kelsey Smith	Clc Strid		19:12
51	Elizabeth Smith	Westbury	A	17:16	=	Emma Donnelly	Centurion	A	19:12
=	Wendy Daniels	Kenilwort	A	17:16	=	Julie Dale	Halesowen		19:12
53	Amanda Davies	Telford A	A	17:19	117	Karen Matthews	Worcester	A	19:16
54	Kate McBrien	RoySutCol		17:22	118	Nat Hoad	Telford A	B	19:17
55	Josephine Wilkie	Clc Strid		17:23	119	Amelia Mullins	Clc Strid		19:18
56	Sharon McGarry	Solihull		17:26	120	Michelle Dale	Halesowen		19:19
57	Amy Johnson	RoySutCol		17:27	=	Bethan Morgan	Birmingha	B	19:19
58	Helena Eastham	Birmingha	A	17:29	=	Sara Habib	Kenilwort	B	19:19
=	Claire Smith	Charnwood	A	17:29	123	Rachel Brown	Birmingha	B	19:21
60	Eloise Lee	Birmingha	A	17:31	124	Sandra Lane	Worcester	A	19:22
=	Dannielle Bogue	Birmingha	A	17:31	=	Theresa Woolley	Centurion	A	19:22
62	Frances Keenan	CorbyAc	A	17:35	126	Anne O'Connell	Worcester	A	19:30
=	Wendy Roethenbaugh	Heanor Ru	A	17:35	127	Alison Whittingham	Sutton In		19:35
64	Leila Armoush	Charnwood	A	17:36	128	Julia Gilbride	Solihull		19:36
					=	Amy Burdis	Northbroo	A	19:36

MCAA 12 Stage Road Relay Championships

at Sutton Park, Birmingham on Sunday 16th March 2014

130	Lisa Cartwright	Bournvill	A	19:38	191	Amanda Hardy	Mansfield		21:22
=	Julie Lambourne	Notts Ac	B	19:38	192	Marie Mann	Heanor Ru	B	21:23
=	Tracy Miles	Worcester	B	19:38	193	Rachel Ward	Bournvill	A	21:24
133	Pamela Murray	Worcester	A	19:40	194	Mary Williams	Centurion	A	21:29
134	Laura Gale	Bournvill	A	19:45	195	Kimberley Thomas	Birchfiel	B	21:32
135	Jeanette Robathan	Centurion	A	19:46	=	Wendy Kane	Notts Ac	B	21:32
=	Sharon Davies	Centurion	A	19:46	197	M HerranzSanchez	Kenilwort	C	21:37
137	Emma Arrowsmith	Owls Ac L		19:52	=	Anna Johannson	Knowle&D		21:37
138	Rachel Simms	Telford A	B	19:53	199	Pauline Eccles	Wrekin Ro		21:44
=	Lisa Blagden	Telford A	A	19:53	200	Lin Farrow	Harboroug		21:48
140	Liz Pharoah	Northbroo	A	19:55	201	Lucy McCann	Centurion	A	21:51
141	Clare Rowntree	Northbroo	A	19:59	=	Olivia Lopez	Owls Ac L		21:51
142	Helen Jones	Mansfield		20:00	203	Andrea Ramus	Kenilwort	C	22:00
143	Amelia Reynolds	Telford A	B	20:01	204	Megan Warner	Owls Ac L		22:02
=	Sarah Odell	Stratford		20:01	205	Mandy Crust	Kenilwort	C	22:08
145	Sarah Baxby	Corby Ac	A	20:03	206	Helen Morris	Northbroo	B	22:14
146	Julie Rogers	Birchfiel	B	20:04	=	Rachael Chadwick	Mansfield		22:14
147	Rebecca Smith	Kenilwort	B	20:11	208	Gemma Housley	Heanor Ru	B	22:15
=	Jane Anderson	Brom&Redd	A	20:11	209	Helen Attwood	Halesowen		22:31
149	Orianna Ball	Brom&Redd	A	20:12	210	Emma Kealey	Notts Ac	B	22:32
=	Holly O'Meara	Birchfiel	B	20:12	211	Rachel Whelan	Notts Ac	B	22:36
=	Rita Fisher	Heanor Ru	B	20:12	212	Marise Taylor	Harboroug		22:38
152	Frances Reed	Notts Ac	B	20:13	213	Alison Whitehouse	Dudley Ki		22:44
153	Caroline Lambert	Halesowen		20:15	214	Sarah McNaney	Northbroo	A	22:51
154	Abbie Leivers	Heanor Ru	B	20:16	215	Donna Howells	Wrekin Ro		22:52
=	Claire Dyer	Kenilwort	B	20:16	216	Lizi Snushall	Birmingham	B	22:53
156	Gillian Jubb	Worcester	B	20:24	217	Deborah Hodson	Worcester	B	22:54
=	Kate Hickinbottom	Wrekin Ro		20:24	218	Nicky Atherton	Kenilwort	C	22:57
=	Rachel Gibson	Wolverham	B	20:24	219	Rebecca Swift	C.B'hamS		23:01
159	Maria Bell	Owls Ac L		20:27	220	Joan Kerr	C.B'hamS		23:08
160	Nicola Cumley	Bournvill	B	20:28	221	Kerry Whitehill	Knowle&D		23:16
161	Jude Glynn	Bournvill	A	20:30	222	Sarah Clements	Knowle&D		23:17
162	Chloe Jagpal	C.B'hamS		20:31	223	Sue Lomas	Sutton In		23:28
163	Jade Holt	Leamingto		20:36	224	Melanie Hodson	Sutton In		23:34
=	Susan Gough	Sphinx Ac	A	20:36	=	Marie Beddows	Wolverham	B	23:34
165	Pennie Sandell	Kenilwort	B	20:38	226	Lesley Pymm	Bournvill	B	23:41
166	Debra Galletta	Corby Ac	A	20:39	227	Elizabeth Smith	Centurion	B	23:42
167	Sharon Clayton	Telford A	B	20:40	228	Heather Wesson	Heanor Ru	B	23:44
168	Sarah Hadfield	Birmingham	B	20:41	=	Sally Withington	Wrekin Ro		23:44
169	Sarah Connors	Knowle&D		20:42	=	Denise Winfield	Mansfield		23:44
=	Rebekha Loftus	Stratford		20:42	231	Pauline Kesek	Wrekin Ro		23:54
171	Kiran Devi	C.B'hamS		20:44	232	Kate Russell	Owls Ac L		23:55
=	Laura Gould	Kenilwort	C	20:44	233	Abbe Humphreys	Northbroo	B	23:56
173	Emma Roberts	Leamingto		20:46	234	Claire Goodall	Corby Ac	A	24:05
174	Emma Medina	Notts Ac	B	20:47	235	Linda Whitehead	Knowle&D		24:06
175	Esther Whitten	Wrekin Ro		20:49	236	Julie Bruce	Kenilwort	C	24:15
176	Monika Ciezarek	Sphinx Ac	A	20:51	237	Jan Brookes	Wolverham	B	24:21
177	Carol Fisher	Dudley Ki		20:52	238	Amy Frank	Sphinx Ac	A	24:22
178	Jemma Holt	Leamingto		20:53	239	Linda Richards	Northbroo	B	24:23
179	Catherine Hough	Mansfield		20:55	240	Helen King	Sphinx Ac	A	24:46
180	Michele Curran	Sutton In		20:56	241	Margaret Crosswell	Worcester	B	24:56
181	Newell Lisa J	Dudley Ki		20:58	242	Tracey Higgins	Sphinx Ac	A	25:30
182	Liz Lister	Wolverham	B	21:00	243	Lee Hill	Northbroo	B	25:36
183	Sarah Blencowe	Harboroug		21:04	244	Victoria Jeffs	Stratford		26:04
184	Devkee Trivedi	Birmingham	B	21:07	245	Fiona Quinn	Sphinx Ac	A	26:18
185	Helen Elliott	Worcester	B	21:08	246	Lyndsey Scragg	Wolverham	B	26:26
186	Joanne Potter	Heanor Ru	B	21:14	247	Charlotte Tonks	Dudley Ki		26:56
=	Nicola Bugla	Harboroug		21:14	248	Lisa Wells	Northbroo	B	26:58
188	Sally McConville	Dudley Ki		21:17	249	Lynn Waites	C.B'hamS		27:20
189	Lynn Sprague	Dudley Ki		21:18	250	Claire Owen	Northbroo	B	29:12
190	Carol Jagpal	C.B'hamS		21:19					