

**TRACK****U15 Girls 200m****Heat 1**

1	Sharhnee	Skervin	Notts AC	25.79
2	Danielle	Smart	Birchfield	28.36
3	Clare	Richards	Telford	29.48
4	Ellie	England	Kidderminster	29.51
5	Georgia	Clarke	Leamington	30.43

**Heat 2**

1	Isabelle	Neville	Tamworth AC	27.11
2	Elle	Silvester	Burton AC	28.01
3	Donatella	Silva	Birchfield	28.16
4	Holly	Crump	Kidderminster	29.41

**Heat3**

1	Kaisha	Buchanan	Notts AC	26.08
2	Eleanor	Clarke	Stroud AC	28.05
3	Liberte	Taylor	Notts AC	28.97
4	Hannah	Morris	Leicester C	29.13
5	Ella	Dimambro	Kidderminster	29.16

**Heat4**

1	Emily	Madden Forman	Stratford	26.59
2	Jessica	Crook	Dudley & Stour	27.93
3	Ellie	Larkin	Wolves/Bilston	28.33
4	Millie	Shaw	Charnwood AC	29.64
5	Lauryn	Elliott	Halesowen	29.67

**Heat 5**

1	Josie	Oliarnyk	Halesowen	26.11
2	Molly	Jenks	Halesowen	26.94
3	Hannah	Tilley	Cheltenham	27.73
4	Melissa	Morris	Birchfield	28.24
5	Lauren	Butler	Birchfield	30.24

**Heat 6**

1	Jazzmin	Kiffin	Charnwood AC	27.57
2	Megan	Turton	Hereford	27.90
3	Ashleigh	Bailey	Solihull & SH	28.00
4	Georgina	Knott	Kidderminster	30.09

**Heat7**

1	Amy	Pye	Cannock & Staffs	26.70
2	Jess	Alexander	Swindon	27.00
3	Hannah	Cufflin	Saffron AC	28.59
4	Nicola	Fortune	Bristol and West	29.23

**U15 Boys 200m****Heat 1**

1	Aidan	Wardle	Rugby & North and No	25.17
2	Joshua	Richards	Cannock & Staffs	25.88
3	Samuel	Bott	Kettering Town	25.99
4	Samuel	Waddell	Swindon	26.77

**Heat 2**

1	Charles	Hilliard	Halesowen	23.48
2	Jack	Woodward	Leicester C	24.23
3	Jack	Reed	Kettering Town	25.91
4	Robert	Sharman	Stroud	27.06

**U17 Women 200m****Heat 1**

1	Charlotte	McLennaghan	Notts	26.30
2	Stephanie	Beardsmore	Cheltenham	27.20
3	Tia	Chandler	Wolves/Bilston	28.44
4	Courtney	Attwood	Kidderminster	29.26
5	Hannah	Ashe	Halesowen	29.53

**Heat 2**

1	Phoebe	White	Birchfield	26.32
2	Alisha	Stroud	BRAT	27.02
3	Natasha	Gilliam	Leicester C	27.07
4	Lia	White	Notts	27.82
5	Molly	Hanson	Worcester AC	28.69

**Heat 3**

1	Alex	Beardmore	Halesowen	25.29
2	Freya	Chapman	Cheltenham	27.29
3	Zoe	Mattacks	Team Bath	27.83
4	Alexandra	Regan	Birchfield	28.35
5	Harriet	Roberts	Charnwood	29.24

**Heat 4**

1	Emily	Belcher	Solihull & SH	25.96
2	Hannah	Malpass	Cannock & Staffs	27.10
3	Zoe	Steele	Bedford	27.85
4	Emily	Weaver	Worcester	28.91

**Heat 5**

1	Yvette	Westwood	Yate AC	26.48
2	Chloe	Lindop	Newcastle (Staffs)	26.66
3	Ella	Palmer	Kettering	27.58
4	Asha	Chakrabarti	Leamington	28.57
5	Gemma	Bailey	Cannock & Staffs	29.03

**U17 Men 200m****Heat 1**

1	Tomas	Goodman	Bristol & West	23.69
2	Ryan	Gorman	Notts	24.10
3	Hayden	Finn	Telford	24.60
4	Billy	Lowndes	Halesowen	24.80
5	Nathan	Light	Birchfield	25.70

**Heat 2**

1	Edmund	Ross	Birchfield	23.06
2	Christopher	Hewlett	Birchfield	24.17
3	Tom	Mann	Notts	24.52
4	Charles	Lego	Burton AC	24.64

**Heat 3**

1	Tom	Kennwright	Worcester	23.25
2	Jaskaran	Notta	Birchfield	23.76
3	Izak	Maynard	Wolves/Bilston	25.36
4	Daniel	Fitzhenry	Cannock & Staffs	26.42
5	Owen	Pittaway	Birchfield	26.70

**Heat 4**

1	Mustafa	Mahamuud	Birchfield	23.12
2	Romario	Antonio	Birchfield	23.23
3	Ben	Mattinson	Notts	23.89
4	Rio	Mitcham	Telford	24.66
5	Matthew	Bodenham	Solihull & SH	25.95

**Heat 5**

1	Ben	Clarke	Cheltenham	23.75
2	Louis	O'Connor	Notts	24.20
3	Pierce	Campbell-Drummond	Birchfield	24.24
4	Abudu	Ladi	Dudley & Stour	24.72
5	Hamaad	Hussain	Burton AC	25.53

**Heat 6**

1	Rico	Ewer	Rugby & North	22.98
2	Morgan	Amed	Coventry Godiva	23.85
3	Jordan	Lightfoot	City of Stoke AC	24.95
4	Dominic	Waddell	Swindon	25.01
5	Luke	Thompson	Leicester	25.13

**U20 Women 400m****Heat 1**

1	Amy	Hillyard	Birchfield	62.05
2	Bethan	Skuse	Cheltenham	65.10
3	Helen	Light	BRAT	66.44
4	Anna	Rooney	Wolves/Bilston	67.64
5	Charlotte	Newman	RSC	67.65

**Heat2**

1	Georgina	Greenwood	Worcester	60.71
2	Tammy	Saunders	Wolves/Bilston	61.69
3	Megan	Bishop	Cheltenham	62.00
4	Suzie	Freer	BRAT	64.70
5	Lucy-Nicole	Davies	Coventry Godiva	66.99

**U20 Men 400m****Heat 1**

1	Elliott	Powell	Leicester	50.66
2	Simeon	Clarence	Bromsgrove	50.88
3	Branden	Millward	City of Stoke	53.97
4	Bret	Mason	Rugby & North	54.07
5	Thomas	Hunter	Stroud	55.03

**Heat 2**

1	Scott	McIntyre	Corby AC	52.65
2	Travis	Christie	Wolves/Bilston	53.30
3	Nicholas	Walsh	Tipton	53.44
4	James	Hoult	Halesowen	54.69

**Heat 3**

1	Adam	Wright	Rugby & North	51.78
2	Luke	Flemming	RSC	53.05
3	Jordan	Spence	Corby	53.83
4	Harry	Young	Kettering	53.87

**Senior Women 400m****Heat 1**

1	Laura	Maddox	Swansea	54.68
2	Megan	Dixon	Wolves/Bilston	58.04
3	Lauren	Oswald	Cheltenham	62.32
4	Sadie	Forrester-Hayles	Wolves/Bilston	62.68
5	Anna	Smithson	Oxford City	64.28

**Heat 2**

1	Jodie	Harrison	Wolves/Bilston	59.31
2	Shelley	Brace	City of City of Stoke	60.27
3	Fiona	Palmer	Notts	65.52
4	Katrina	Walker	BRAT	65.68
5	Emily	Smith-Roberts	Yate	66.16
6	Rebecca	Metin	RAF	67.98

**Senior Men 400m****Heat 1**

1	Somto	Eruchie	Birchfield	48.66
2	Edward	Dawes	Telford	49.82
3	Kieran	McKeever	Notts	51.80
4	David	Lee	Coventry Godiva	53.41
5	Aaron	Badoo	Wolves/Bilston	56.00

**Heat 2**

1	Tom	Druce	Channel Isles	48.83
2	Stewart	Marshall	Coventry Godiva	49.06
3	Hayden	Carter	Basingstoke	49.61
4	Luke	Morbey	Birchfield	51.22
5	David	Mould	Bromsgrove	51.28

**Heat 3**

1	Christian	Byron	Birchfield	48.99
2	Thomas	Ajose	Notts	49.05
3	Martain	Cook	Mansfield	50.82
4	Michael	Gardiner	Cheltenham	51.23
5	Aaron	Mason	Thames Valley	54.22

**Heat 4**

1	Lloyd	Gumbs	Shaftesbury Barnet	49.04
2	Chris	Wakeford	Sale Harriers	50.06
3	Gary	Coleman	Bath Uni	51.45
4	Peter	Watling	Wolves/Bilston	53.29
5	David	Brooks	Rugby & North	54.73

**Heat 5**

1	Nik	Kanonik	Birchfield	48.93
2	Andrew	Smitherman	Cheltenham	49.53
3	James	Lynch	Birchfield	50.66
4	Sam	Martin	North Devon	54.60
5	Mathias	Francis	Birchfield	55.31

**U15 Girls 200m****SF 1**

1	Sharhnee	Skervin	Notts	25.79
2	Joise	Oliarnyk	Halesowen	25.83
3	Jazzmin	Kiffin	Charnwood	27.48
4	Ashleigh	Bailey	Solihull & SH	27.90
5	Megan	Turton	Hereford	27.92

**SF 2**

1	Emily	Madden Forman	Stratford	26.49
2	Isabelle	Neville	Tamworth	26.98
3	Molly	Jenks	Halesowen	27.09
4	Elle	Silvester	Burton	28.23
5	Jessica	Crook	Dudley & Stour	28.28

**SF 3**

1	Kaisha	Buchanan	Notts	26.28
2	Amy	Pye	Cannock & Staffs	27.33
3	Jess	Alexander	Swindon	27.51
4	Hannah	Tilley	Cheltenham	27.55
5	Eleanor	Clarke	Stroud	28.51

**U17 Women 200m****SF1**

1=	Charlotte	McLennaghan	Notts	26.19
1=	Emily	Belcher	Solihull & SH	26.19
3	Yvette	Westwood	Yate	26.76
4	Hannah	Malpass	Cannock & Staffs	27.76

**SF 2**

1	Alex	Beardmore	Halesowen	25.65
2	Pheobe	White	Birchfield	25.96
3	Chloe	Lindop	Newcastle (Staffs)	26.56
4	Alisha	Stroud	BRAT	27.16
5	Stephanie	Beardsmore	Cheltenham	27.65

**U17 Men 200m****SF 1**

1	Rico	Ewer	Rugby & North	22.63
2	Romario	Antonio	Birchfield	22.74
3	Tomas	Goodman	Bristol and West	23.59
4	Louis	O'Connor	Notts	24.40

**SF2**

1	Edmund	Ross	Birchfield	23.01
2	Ben	Clarke	Cheltenham	23.27
3	Jaskaran	Notta	Birchfield	23.67
4	Pierce	Campbell-Drummond	Birchfield	24.25

**SF3**

1	Tom	Kenwright	Worcester	22.91
2	Mustafa	Muhamuud	Birchfield	22.92
3	Ben	Mattinson	Notts	23.57
4	Morgan	Amed	Coventry Godiva	23.59
5	Tom	Mann	Notts	24.65

**U15 Girls 60m H****Heat 1**

1	Amy	Pye	Cannock & Staffs	9.37
2	Ellie	Wanklyn	Cheltenham	9.68
3	Emily	Madden Forman	Stratford	9.74
4	Nicola	Fortune	Bristol and West	10.11
5	Roseanna	Burton	Cannock & Staffs	10.19
6	Abigail	Gill	Worcester	10.20
7	Tania	Jansen-Van-Rensburg	Solihull & SH	10.49

**Heat 2**

1	Carly	Bates	Coventry Godiva	9.55
2	Sophie	Domingo	Harborough	9.96
3	Isabelle	Neville	Tamworth	9.97
4	Milan	Clues	Rugby & North	9.99
5	Lucy	Wytcherley	City of Stoke	10.33
6	Anousha	Salehi	Rugby & North	10.61
7	Lucy	Freer	BRAT	12.64

**Heat 3**

1	Anya	Bates	Solihull & SH	9.76
2	Shamila	Channer	Birchfield	9.77
3	Elisha	Walker	Cannock & Staffs	10.12
4	Rebecca	Sheffield	Burton	10.17
5	Ellie	Shaw	City of Stoke	10.51
6	Becky	Alexander	Swindon	10.57
7	Millie	Shaw	Charnwood	10.60

**Heat 4**

1	Charlotte	Jones	Derby AC	9.68
2	Victoria	Johnson	Charnwood	9.78
3	Donatella	Silva	Birchfield	9.95
4	Hannah	Tilley	Cheltenham	10.07
5	Georgia	Clarke	Leamington	10.86
6	Hannah	Morris	Leicester	11.00
7	Shivani	Sood	Leicester	11.46

**U17 Women 60m H****Heat 1**

1	Annabelle	Pask	Coventry Godiva	9.10
2	Brittany	Wood	Rugby & North	9.52
3	Danel	Jansen Van Rensburg	Solihull & SH	9.60
4	Esme	Vines	Saffron	9.67
5	Georgia	Parris	Nuneaton	9.78
6	Tara	Smyth	Stratford	9.94
7	Esther	Thomas	Rugby & North	10.44

**Heat 2**

1	Felicity	Bee	Birchfield	9.31
2	Chloe	Burns	City of Stoke	9.52
3	Adina	Bailey	Solihull & SH	9.54
4	Harriet	Roberts	Charnwood	10.11
5	Molly	Hanson	Worcester	10.51

**Heat 3**

1	Sophie	Yorke	Cheltenham	9.23
2	Lois	Nimako	Wolves/Bilston	9.58
3	Cliona	Perkins	Wolves/Bilston	9.76
4	Maddison	Illsley	Leamington	9.90
5	Jane	Horder	Cheltenham	10.07
6	Zoe	Mattacks	Team Bath	10.08

**U17 Men 60m H****Heat 1**

1	Rory	Dwyer	Stratford	8.23
2	Lloyd	Ellis	Leamington	9.34
3	Ben	Clarke	Worcester	9.46
4	Charles	Lego	Burton	9.51
5	Faheem	Ilyas	Wolves/Bilston	9.91
6	Johan	Warensjo	Swindon	9.96

**Heat 2**

1	Reuben	Esien	Solihull SH	8.62
2	Steven	Thompson	Cannock & Staffs	8.83

3	Donald	Brown	RSC	9.12
4	Dominic	Gregory	City of Stoke	9.39
5	William	Goodwin	Worcester	9.73
6	Alexander	Clegg	BRAT	9.81
7	Hamaad	Hussain	Burton	10.17

**U20 Men 60m****Heat 1**

1	Jack	Lawrence	Birchfield	7.06
2	Theadore	Reeve	Wolves/Bilston	7.10
3	Kane	Howitt	RSC	7.35
4	Devonte	Mullholland	Birchfield	7.44
5	Shaqiem	Aaron	Birchfield	7.52
6	Jonathon	Benjamin	Birchfield	7.73
7	Kundainashe	Mutukwa	Dudley & Stour	7.73
8	Robert	Pearsall	Tipton	7.93

**Heat 2**

1	Kyle	De Escofet	Birchfield	7.09
2	Myles	Richardson	Tamworth	7.16
3	Joshua	Billington	City of Stoke	7.33
4	Edward	Fussi	Kidderminster	7.38
5	Jordan	Wilson	Nene Valley	7.41
6	Sean	McGregor	RAF	7.47
7	Ross	Tonks	Nuneaton	7.60
8	Samuel	Mason	Halesowen	7.75

**Heat 3**

1	Caleb	Downes	Rugby & North	7.07
2	Elliott	Prendergast	Bristol & West	7.07
3	Fabian	Batchelor	Birchfield	7.15
4	Clinton	Osoba-George	Rugby & North	7.22
5	Toby	Melville	Nuneaton	7.32
6	Oliver	Sawyers	City of Stoke	7.47
7	Daniel	Hughes	Halesowen	7.49
8	Mohammed	Sufian	Coventry Godiva	7.62

**Senior Men 60M****Heat 1**

1	Elijah	Skervin	Notts	6.96
2	Peter	Oliver	Uni Bath	7.05
3	Timmion	Skervin	Notts	7.18
4	Romaine	Hyman	Bristol & West	7.19
5	Jamie	Brock	Yate	7.27
6	Andrew	Cousins	Birchfield	7.32
7	Martin	White	Mansfield	7.79



**Heat 2**

1	David	Lima	BRAT	6.92
2	Hassan	Hassan	Coventry Godiva	7.06
3	Jamie	Vickery	Blackburn	7.35
4	Talent	Gukwe	Cannock & Staffs	7.35
5	Derek	Morgan	Bristol & West	7.75
6	Donald	Brown	RSC	7.80

**Heat 3**

1	Eldridge	Phiri	Tamworth	7.04
2	Ryan	Farrington	Birchfield	7.15
3	Dieks	Anthony	Coventry Godiva	7.22
4	Richard	Rubenis	Telford	7.28
5	Antony	Mattis	Bristol & West	7.54
6	Scott	Eburne	Coventry Godiva	7.55
7	Matty	Lattibeaudiere	Bristol & West	7.92

**Heat 4**

1	Alex	Nwenwu	Wolves/Bilston	7.05
2	Yannick	Phippen	Birchfield	7.18
3	Alistair	McDonald	Bedford	7.25
4	Hoshaine	Gabidon	Wolves/Bilston	7.54
5	Jak	Carpenter	Cannock & Staffs	7.72
6	Kirtley	Robbins	Tipton	9.08

**Heat 5**

1	Donovan	James	Wolves/Bilston	7.05
2	Shad-Marc	Aaron	Birchfield	7.17
3	Matthew	Hudson-Smith	Birchfield	7.18
4	Oliver	Knight	Charnwood	7.28
5	Chris	Norman	Leicester	7.36
6	Andy	Flint	Telford	7.66

**U20 Women 60m****Heat 1**

1	Remy	Barrett	Solihull SH	7.82
2	Catherine	Smith	Tamworth	7.94
3	Abbie	Chaundy	Swindon	7.97
4	Abi	Davies	Team Bath	7.99
5	Heidi	Brooke-Little	Banbury	8.33
6	Amreen	Chaudhary	Leicester	9.53
7	Kelly	Hutchins	Team Bath	9.82

**Heat 2**

1	Charlotte	Jones	Birchfield	7.75
2	Rachel	Norris	Notts	7.83
3	Robyn	Zammit	Malta	8.14
4	Petra	Bediako	BRAT	8.16
5	Amiyah	Forrest	RSC	8.21
6	Sophie	Kamlish	Bath Uni	8.86

**Heat3**

1	Amelia	Benjamin	Birchfield	7.78
2	Gabbi	Burton	Cannock & Staffs	7.86
3	Amy	Bowen	Telford	8.01
4	Louisa	Cooper	Charnwood	8.20
5	Tia	Alexander	BRAT	8.34
6	Charlotte	Newman	RSC	8.77

**Senior Women 60M****Heat 1**

1	Emma	Heath	Bristol & West	8.01
2	Seemita	Gumbs	Birchfield	8.23
3	Giare	Skervin	Notts	8.25
4	Fiona	Ellis	RSC	8.41
5	Cameika	Dias	Wolves/Bilston	8.51
6	Katrina	Hart	Birchfield	9.46

**Heat 2**

1	Kylie	Russell	Birchfield	7.93
2	Ellena	Ruddock	Rugby & North	8.01
3	Dionne	Samuels	Birchfield	8.09
4	Hannah	Hogben	Birmingham Uni	8.15
5	Naomi	Farquharson	Telford	8.66
6	Danielle	Flemming	Birchfield	8.79

**U15 Girls 200M****Final**

1	Sharhnee	Skervin	Notts	25.63
2	Kaisha	Buchanan	Notts	25.82
3	Josie	Oliarnyk	Halesowen	26.31
4	Emily	Madden Forman	Stratford	26.98
5	Isobella	Neville	Tamworth	27.30

**U15 200m****Final**

1	Charles	Billiard	Halesowen	23.46
2	Jack	Woodward	Leicester	24.22
3	Aidan	Wardle	Rugby & North	24.88
4	Jack	Reed	Kettering	26.06
5	Joshua	Richards	Cannock & Staffs	26.41

**U17 Women 200m****Final**

1	Charlotte	McLennaghan	Notts	24.54
2	Alex	Beardmore	Halesowen	25.46
3	Emily	Belcher	Solihull SH	25.74
4	Phoebe	White	Birchfield	26.15
5	Chloe	Lindop	Newcastle (Staffs)	26.63

**U17 Men 200m****Final**

1	Rico	Ewer	Rugby & North	22.43
2	Romario	Antonio	Birchfield	22.64
3	Tom	Kenwright	Worcester	22.68
4	Edmund	Ross	Birchfield	22.77
5	Mustafa	Mohamuud	Birchfield	23.40

**Senior Men 60M****Semi Final 1**

1	David	Lima	BRAT	6.85
2	Elijah	Skervin	Notts	6.86
3	Alex	Nwenwu	Wolves/Bilston	7.01
4	Peter	Oliver	Uni Bath	7.04
5	Ryan	Farrington	Birchfield	7.06
6	Dieks	Anthony	Coventry Godiva	7.12
7	Jamie	Brock	Yate	7.34
8	Yannick	Phippen	Birchfield	7.64

**Semi Final 2**

1	Donovan	James	Wolves/Bilston	6.99
2	Eldridge	Phiri	Tamworth	7.10
3	Hassan	Hassan	Coventry Godiva	7.12
4	Shad-Marc	Aaron	Birchfield	7.16
5	Alastair	McDonald	Bedford	7.20

**U15 Girls 60m H****Final**

1	Amy	Pye	Cannock & Staffs	9.31
2	Carly	Bates	Coventry Godiva	9.47
3	Charlotte	Jones	Derby	9.59
4	Shamilla	Channer	Birchfield	9.66
5	Anya	Bates	Solihull SH	9.78
6	Ellie	Wanklyn	Cheltenham	9.79
7	Victoria	Johnson	Charnwood	10.02

**U17 Women 60m H****Final**

1	Sophie	Yorke	Cheltenham	9.07
2	Felicity	Bee	Birchfield	9.33
3	Adina	Bailey	Solihull SH	9.38
4	Chloe	Burns	City of Stoke	9.46
5	Brittany	Wood	Rugby & North	9.51
6	Lois	Nimako	Wolves/Bilston	9.57
7	Danel	Jansen Van Rensburg	Solihull SH	9.58

**U15 Boys 60m H****Final**

1	Ellis	Greatex	Wolves/Bilston	8.82	
2	Jack	Sumners	Stratford	9.52	
3	Dan	Boydan	Leicester	9.93	
4	Tony	Wells	Corby AC	10.25	<b>Master</b>
5	Ben	Higgins	Charnwood	10.33	
6	David	Allcock	SIAH	10.74	

**U17 Men 60m H****Final**

1	Rory	Dywer	Stratford	8.11
2	Rebuen	Esien	Solihull SH	8.51
3	Steven	Thompson	Cannock & Staffs	8.92
4	Dominc	Gregory	City of Stoke	9.35
5	Ben	Clarke	Worcester	9.39
6	Lloyd	Ellis	Leamington	9.45
7	William	Goodwin	Worcester	9.70
8	Charles	Lego	Burton	9.86

**U15 Boys 800m****Final**

1	Jack	Simpson	Burton	2.11.39
2	Reuben	Wilmshurst	Bristol	2.12.83
3	Fergus	McAuliffe	Charnwood	2.18.33
4	Alex	Cunningham	Corby	2.18.85

**U17 Men 800m****Final**

1	Niall	Geraghty	Halesowen	2.03.83
2	Luke	Sherlock	Banbury	2.06.35
3	Sebastian	Jones	Coventry Godiva	2.07.37
4	Nourique	Samadi	Wolves/Bilston	2.09.63
5	Wais	Kaire	Leicester	2.18.36
6	David	Blakeston	Corby	2.20.28
7	Yahye	Dirir	Birchfield	2.22.14
8	Pratik	Moholkar	Bromsgrove	2.34.00

**U17 Women 800m****Final**

1	Lily	Carmichael	Rugby & North	2.21.51
2	Isobel	Cotham	Wolves/Bilston	2.22.95
3	Rosie	Marshall	Nene Valley	2.32.13
4	Pippa	Nock	Cannock & Staffs	2.33.30
5	Annie	Lewis	Yate	2.33.45
6	Alice	Collier	Solihull SH	2.37.29
7	Angharad	Conant	Corby	2.40.16

**U20 Women 400m****Final**

1	Amy	Hillyard	Birchfield	58.24
2	Georgina	Greenwood	Worcester	59.80
3	Tammy	Saunders	Wolves/Bilston	60.48
4	Megan	Bishop	Cheltenham	60.54
5	Suzie	Freer	BRAT	64.59
6	Bethan	Skuse	Cheltenham	64.64

**Under 20 Men 400m****Final**

1	Elliott	Powell	Leicester	49.72
2	Simeon	Clarence	Bromsgrove	50.16
3	Adam	Wright	Rugby & North	51.25
4	Scott	Mcintyre	Corby	52.21
5	Travis	Christie	Wolves/Bilston	53.83

**Senior Women 400m****Final**

1	Laura	Maddox	Swansea	54.77
2	Jody	Harrison	Wolves/Bilston	56.27
3	Megan	Dixon	Wolves/Bilston	57.79
4	Shelley	Brace	City of Stoke	60.20
5	Lauren	Oswald	Cheltenham	62.50
6	Sadie	Forrest-Hayles	Wolves/Bilston	65.59

**Senior Men 400m****Final**

1	Tom	Druce	Channel Isles	47.95
2	Nik	Kanonik	Birchfield	48.33
3	Christian	Byron	Birchfield	48.35
4	Tomas	Ajose	Notts	49.16
5	Lloyd	Gumbs	Shaftesbury	50.60

**U20 Women 60m****Final**

1	Amelia	Benjamin	Birchfield	7.67
2	Charlotte	Jones	Birchfield	7.76
3	Rachel	Norris	Notts	7.85
4	Remy	Barrett	Solihull SH	7.90
5	Gabbi	Burton	Cannock & Staffs	7.91
6	Abi	Davies	Team Bath	7.92
7	Catherine	Smith	Tamworth	7.93
8	Abbi	Chaundy	Swindon	7.95

**U20 Men 60m****Final**

1	Caleb	Downes	Rugby & North	6.95
2	Theadore	Reeve	Wolves/Bilston	7.06
3	Elliott	Prendergast	Bristol & West	7.07
4	Kyle	De Escofet	Birchfield	7.13
5	Fabian	Batchelor	Birchfield	7.17
6	Clinton	Osoba-George	Rugby & North	7.18
7	Myles	Richardson	Tamworth	7.20

**Senior Women 60m****Final**

1	Kylie	Russell	Birchfield	7.83
2	Ellena	Ruddock	Rugby & North	7.91
3	Emma	Heath	Bristol & West	7.94
4	Dionne	Samuels	Birchfield	8.02
5	Hannah	Hogben	Birmingham Uni	8.15
6	Giare	Skervin	Notts	8.20
7	Fiona	Ellis	RSC	8.29
8	Seemita	Gumbs	Birchfield	8.58

**Senior Men 60m****Final**

1	David	Lima	BRAT	6.85
2	Elijah	Skervin	Notts	6.87
3	Eldridge	Phiri	Tamworth	6.93
4	Alex	Nwenwu	Wolves/Bilston	6.96
5	Donovan	James	Wolves/Bilston	7.00
6	Hassan	Hassan	Coventry Godiva	7.03
7	Peter	Oliver	Uni Bath	7.09
8	Shad-Marc	Aaron	Birchfield	7.28

**F I E L D****U17 Women High Jump**

1	Ada'Ora	Chigbo	North Somerset	1.70
2	Hannah	Tapley	Worcs AC	1.65
3	Georgia	Parris	Nuneaton	1.60
4	Gabrielle	McNeelance	Wreake Runners	1.45
5	Saffiyah	Khan	Solihull & SH	1.40
6=	Amy	Shaw	Charnwood	1.40
6=	Rachel	Iliffe	RSC	1.40
8	Sian	Wyn-Jones	Solihull & SH	1.35

**U17 Women Shot**

1	Emily	Ball	West Cheshire	10.78
2	Lauren	Richards	Severn AC	10.38
3	Kiona	McLennon	Rugby & North	10.31
4	Adina	Bailey	Solihull & SH	9.88
5	Emma	Rathbone	City of Stoke	9.43
6	Candy	Lockett	Worcs	9.14
7	Felicity	Bee	Birchfield	8.35

**U17 Men Shot**

1	Daniel	Cartwright	Birchfield	15.02
2	Julian	Kay	Solihull & SH	10.88
3	Alexander	Clegg	BRAT	9.29
4	Ben	Clarke	Worcs	8.68

**U17 Women Pole Vault**

1	Danni	Langdale	Telford	3.10
2	Bethany	Newton	Notts AC	2.95
3	Natasha	Gilliam	Leics	2.35

**U15 Girls Pole Vault**

1	Imogen	Smith	Birchfield	2.65
2	Georgia	Wray	Cheltenham	2.20

**U17 Men Long Jump**

1	Reuben	Esien	Solihull & SH	6.38
2	Iquan	Silcott	Leicester	6.20
3	Imran	Qureshi	Cheltenham	6.15
4	Rowan	Powell	Leicester	5.66
5	James	Woolley	Tamworth	5.59
6	Charles	Lego	Burton AC	5.51

7	Ben	Clarke	Worcester	5.46
8	Gamuchirai	Dumbutshena	Swindon	5.15
9	Abudu	Ladi	Dudley & Stour	5.00
10	Zac	Boddington	Birchfield	4.89
11	Faheem	Ilyas	Wolves/Bilston	4.77
12	Alexander	Clegg	BRAT	4.67
13	Aleksander	Kosmaczewski	Saffron	4.64

**U15 Boys Long Jump**

1	Joshua	Richards	Cannock & Staffs	5.17
2	Jack	Sumners	Stratford	4.88
3	Ben	Higgins	Charnwood	4.56
4	David	Allcock	SIAH	4.39

**U15 Girls High Jump**

1	Natasha	Smith	Stroud	1.67
2	Emily	Madden-Forman	Stratford	1.60
3	Abiba	Grant	Notts	1.45
4	Macy	Birch	Coventry Godiva	1.45
5	Sophie	Domingo	Harborough	1.40
6	Emma	Dakin	Retford	1.40
7	Anya	Bates	Solihull & SH	1.35
8	Grace	Coleman	Saffron	1.35
9	Lottie	Isles	Rugby & North	1.35
10	Elouise	Aitchison	Rugby & North	1.30
11	Eleanor	Carter	Kidderminster	1.25

**U17 Women Long Jump**

1	Simone	Ager	Rugby & North	5.07
2	Natasha	Gilliam	Leicester	4.98
3	Felicity	Bee	Birchfield	4.93
4	Mia	Tomlinson	Wolves/Bilston	4.88
5	Samatha	Barrett	Bristol and West	4.86
6	Tia	Clues	Rugby & North	4.78
7	Mollie	Darock	RSC	4.70
8	Caitlin	Harding	Leicester	4.64
9	Abby	Miles	Swindon	4.54
10	Eloise	Spears	Notts	4.39
11	Annie	Lewis	Yate	4.34
12	Adina	Bailey	Solihull & SH	4.32
13	Ella	Palmer	Kettering	4.30
14	Gemma	Stennett	Wolves/Bilston	4.28
15	Courtney	Attwood	Kidderminster	4.19
16	Elganor	Izzard	Kettering	4.04
17	Casey	Whittingham	Wolves/Bilston	4.00
18	Heather	Knight	Bromsgrove	3.70

**U17 Men High Jump**

1	Rory	Dwyer	Stratford	2.12
2	Adam	Brooks	Yate	1.75
3	Ben	Clarke	Worcester	1.75
4	Jonah	Hughes	Solihull & SH	1.65
5	Jonah	Warensjo	Swindon	1.60
6	Daniel	Fitzhenry	Cannock & Staffs	1.60
7	Christopher	Mayne	Cannock & Staffs	1.60

**U15 Boys High Jump**

1	Joe	Khan	Worcester	1.65
2	George	Adams	Team Bath	1.55

**U15 Girls Shot**

1	Emma	Dakin	Retford	10.71
2	Nicole	Birmingham	Birchfield	9.92
3	Takudzwa	Dirikwe	Leicester	9.71
4	Ellie	Wanklyn	Cheltenham	9.54
5	Ashleigh	Bailey	Solihull & SH	9.44
6	Kristy	Finlay	Leicester	8.48
7	Charlotte	Jones	Derby	8.20
8	Melissa	Morris	Birchfield	8.18
9	Jess	Hedley	Saffron	5.68
10	Eleanor	Carter	Kidderminster	5.44

**U15 Boys Shot**

1	David	Alcock	SIAH	6.60
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**U17 Men Pole Vault**

1	Joel Leon	Benitez	Notts	4.60
2	Joshua	Ilyk	Notts	3.70
3	Robert	Palmer	Notts	3.30

**U15 Boys Pole Vault**

1	Kurt	Cameron	Bristol and West	3.00
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**U20 Women Triple Jump**

1	Grace	Adeyinka	Rugby & North	11.50
2	Beth	Mortiboy	Mansfield	11.21
3	Lydia	Rogers	Swindon	9.87

**Senior Women Triple Jump**

1	Sarah	Barry-Wheeler	Brecon	11.81
2	Tannika	Burgess	Wolves/Bilston	11.34
3	Sophie	Worrall	Wolves/Bilston	11.00

**U20 Men Triple Jump**

1	Toby	Melville	Nuneaton	13.40
2	Toby	Pentreath	Team Bath	13.31
3	Matthew	Allcock	SIAH	11.89

**Senior Men Triple Jump**

1	Alasdair	Strange	WGEL	14.53
2	Chuko	Cribb	Coventry Godiva	14.48
3	Mitchell	Kirby	Leicester	14.06
4	Mark	Sivy	City of Stoke	12.93
5	Ryan	Farrington	Birchfield	12.02

**U15 Girls Long Jump**

1	Kitty	Joseph Blackler	Saffron	5.12
2	Josie	Oliarynk	Halesowen	5.09
3	Molly	Jenks	Halesowen	4.98
4	Ashleigh	Bailey	Solihull SH	4.91
5	Nichole	Birmingham	Birchfield	4.87
6	Ellie	Silvester	Burton	4.50



7	Georgina	Knott	Kidderminster	4.46
8	Milan	Clues	Rugby & North	4.39
9	Megan	Turton	Hereford	4.35
10	Claire	Richards	Telford	4.34
11	Ellie	England	Kidderminster	4.25
12	Jessica	Crook	DASH	4.13
13	Ella	Dimambro	Kidderminster	3.98
14	Phoebe	Naismith-White	Leamington	3.95
15	Jess	Hedley	Saffron	3.65
16	Tabitha	Woolhouse	Charnwood	3.62
17	Eanna	Johnson	Saffron	3.49
18	Holly	Crump	Kidderminster	3.49