

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Under 13 Boys

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:11:00	127	John Howorth	TeamBath AC					
2	0:11:04	125	Robert Howorth	TeamBath AC					
3	0:11:05	124	Henry Dixon*	TeamBath AC					
4	0:11:07	145	Ryan Hodgkiss	Wolverhampton & Bilston A.C.					
5	0:11:15	15	Hugh Sadler	Bristol & West AC					
6	0:11:19	123	Themis Bower	TeamBath AC					
7	0:11:21	80	Connor Bentley	Newcastle Staffs AC					
8	0:11:25	24	Archie Banks	Charnwood A C					
9	0:11:29	67	Dan Wilkinson	Leamington Cycling & Athleti					
10	0:11:31	28	Thomas Gostelow	Charnwood A C					
11	0:11:36	20	Alec Stackhouse	Burton AC					
12	0:11:37	12	Kyle Haynes	Bristol & West AC					
13	0:11:40	68	Josh West	Leicester Coritanian AC					
14	0:11:42	64	Kieren Chahal	Leamington Cycling & Athleti					
15	0:11:43	1	Harry Purdell	4 Life Tri Club					
16	0:11:46	115	Marcus Rowland	Stilton Striders					
17	0:11:48	14	Anton Mills	Bristol & West AC					
18	0:11:48	57	Joshua Hier	Halesowen A & CC					
19	0:11:48	85	Cameron Van Onselen	Oswestry Olympians					
20	0:11:52	87	Kieran Mullis	Royal Sutton Coldfield					
21	0:11:54	54	Jack Downs	Halesowen A & CC					
22	0:12:00	17	Reuben Wimshurst	Bristol & West AC					
23	0:12:07	16	Tom Snell	Bristol & West AC					
24	0:12:08	60	Tom Bailey	Halesowen A & CC					
25	0:12:13	63	Jack Saxton	Heanor RC					
26	0:12:16	30	Finn Lydon	Charnwood A C					
27	0:12:19	76	Tom Evans*	Newark AC					
28	0:12:19	48	Jack Reidy	Coventry Godiva Harriers					
29	0:12:19	155	Chris Nealon	Wreake Runners					
30	0:12:21	97	Matthew Rushton	Rugby & Northampton					
31	0:12:23	114	Will Sammons	Stafford Harriers					
32	0:12:26	25	Euan Bell	Charnwood A C					
33	0:12:28	33	Alistair Wanstall	Charnwood A C					
34	0:12:29	27	Jack Douglas	Charnwood A C					
35	0:12:30	81	Jacob Droogmans	Newcastle Staffs AC					
36	0:12:32	58	Joseph Reynolds	Halesowen A & CC					
37	0:12:34	89	Finn Hutton	Rugby & Northampton					
38	0:12:39	86	Ben Horton	Royal Sutton Coldfield					
39	0:12:40	5	Tom Mansfield	Birchfield Harriers					
40	0:12:40	132	Ben Prince	Tipton Harriers					
41	0:12:41	91	Ethan Kent-Whitaker	Rugby & Northampton					
42	0:12:44	95	Joe Musgrove	Rugby & Northampton					
43	0:12:46	49	Lyle Sargent	Coventry Godiva Harriers					
44	0:12:47	152	Aidan Needham	Worksop Harriers					
45	0:12:48	134	Fraser Parsonage	Uttoxeter Road Runners					
46	0:12:52	52	Henry Armstrong	Halesowen A & CC					
47	0:12:53	4	Khalid Alidirie	Birchfield Harriers					
48	0:12:54	70	Will Barker	Mansfield Harriers					
49	0:12:56	120	Ben Minnican	Stroud & District AC					
50	0:12:59	90	Rhys James	Rugby & Northampton					
51	0:13:00	102	Fergus Stevens	Shrewsbury AC					
52	0:13:03	55	Isaac Elliott	Halesowen A & CC					
53	0:13:04	2	Blaine Carpenter	Banbury Harriers AC					
54	0:13:06	158	Danu Amaensena	City of Stoke AC					
55	0:13:07	45	Saul O'neil	Coventry Godiva Harriers					
56	0:13:08	153	Thomas Bowley	Wreake Runners					
57	0:13:12	159	Tom Wycherley	City of Stoke AC					
58	0:13:14	121	Leon Raath	Stroud & District AC					
59	0:13:16	53	Findlay Bridgewater	Halesowen A & CC					
60	0:13:16	151	Nathan Langley	Worksop Harriers					
61	0:13:16	6	Jack Rice	Birchfield Harriers					
62	0:13:19	149	Joshua Bentley	Worcester AC					
63	0:13:20	26	Adam Bowley	Charnwood A C					
64	0:13:23	56	Jacob Grainger	Halesowen A & CC					
65	0:13:24	117	Callum Davis	Stroud & District AC					
66	0:13:24	146	Reegan Mills	Wolverhampton & Bilston A.C.					
67	0:13:24	79	Jake Ludlam	Newark AC					
68	0:13:26	51	Drew Dixon	Forest of Dean AC					
69	0:13:27	112	Christopher Mcleod	Solihull & Small Heath Athleti					
70	0:13:28	3	Khadar Alidirie	Birchfield Harriers					
71	0:13:32	108	Daniel Adam	Solihull & Small Heath Athleti					
72	0:13:33	39	Conor Boyle	Coventry Godiva Harriers					
73	0:13:36	66	Gregory West	Leamington Cycling & Athleti					
74	0:13:37	92	James Kirk	Rugby & Northampton					
75	0:13:37	65	Toby Loveday	Leamington Cycling & Athleti					
76	0:13:42	31	Ciaran Moorland	Charnwood A C					
77	0:13:43	10	Luke Garner Greene	Bristol & West AC					
78	0:13:44	82	Adam Fradley	Newcastle Staffs AC					
79	0:13:45	42	James Lilly	Coventry Godiva Harriers					
80	0:13:53	105	Alfie Long	Silson Joggers AC					
81	0:13:55	11	Otis Harding Hill	Bristol & West AC					
82	0:13:56	111	Kiran Jhass	Solihull & Small Heath Athleti					
83	0:13:57	47	Oliver Puffett	Coventry Godiva Harriers					
84	0:13:59	113	Joshua Mort	Solihull & Small Heath Athleti					
85	0:14:03	147	Joe Morris	Wolverhampton & Bilston A.C.					
86	0:14:05	144	Harry Dvall	Wolverhampton & Bilston A.C.					
87	0:14:05	44	Joshua Madden	Coventry Godiva Harriers					
88	0:14:06	18	Thomas Benfield	Burton AC					
89	0:14:07	99	Archie Hale	Shrewsbury AC					
90	0:14:11	133	Zac Westbury	Tipton Harriers					
91	0:14:16	131	Kyle Pearson	Tipton Harriers					
92	0:14:28	160	Sam Wycherley	City of Stoke AC					
93	0:14:41	128	Adam Tatton	Telford AC					
94	0:15:25	104	Ben Hanson	Silson Joggers AC					
95	0:15:25	106	Michael Rapson	Silson Joggers AC					
96	0:15:27	93	Thomas Kirk	Rugby & Northampton					
97	0:15:32	103	Declan Cooper	Silson Joggers AC					
98	0:17:19	150	Joshua Charters	Worksop Harriers					

Team Results:

Pos	Points	Team / Club	Placings
1	12	TeamBath AC	(1 2 3 6)
2	56	Bristol & West AC	(5 12 17 22)
3	76	Charnwood A C	(8 10 26 32)
4	99	Halesowen A & CC	(18 21 24 36)
5	150	Rugby & Northampton	(30 37 41 42)
6	171	Leamington Cycling & Athletic Cl	(9 14 73 75)
7	198	Coventry Godiva Harriers	(28 43 55 72)
8	217	Birchfield Harriers	(39 47 61 70)
9	241	Wolverhampton & Bilston A.C.	(4 66 85 86)
10	306	Solihull & Small Heath Athletic Cl	(69 71 82 84)
11	366	Silson Joggers AC	(80 94 95 97)

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Under 20 Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:22:11	248	William Paulson	Stroud & District AC					
2	0:22:17	182	Rhys Park	Cheltenham and County Harr					
3	0:22:21	168	Rory Grant	Birchfield Harriers					
4	0:22:26	262	Doug Mussen	Notts AC					
5	0:22:45	176	Christopher Perrin	Cannock & Stafford AC					
6	0:22:48	247	Brett Haliwell	Stroud & District AC					
7	0:23:17	196	Joe Rainsford	Heanor RC					
8	0:23:20	181	Dan Owen	Cheltenham and County Harr					
9	0:23:36	249	Aaron Phelps	Stroud & District AC					
10	0:23:45	172	Kieran Young	Bristol & West AC					
11	0:23:50	195	Joe Donkin	Halesowen A & CC					
12	0:24:10	177	James Perrin	Cannock & Stafford AC					
13	0:24:12	263	Kyran Hale	Severn AC					
14	0:24:15	213	Harry Foster	Notts AC					
15	0:24:17	202	Jonny Monk	Leicester Coritanian AC					
16	0:24:25	242	Dan Rebeiro	Solihull & Small Heath Athleti					
17	0:24:34	214	Freddie Hessian	Notts AC					
18	0:24:38	215	Eyob Huruy	Notts AC					
19	0:24:40	194	Jack Villette	Coventry Godiva Harriers					
20	0:24:51	186	Tom Hendricken	City of Stoke AC					
21	0:24:55	261	Chris Parkes-Bowan	Wreake Runners					
22	0:24:57	183	Chris Perrett	Cheltenham and County Harr					
23	0:25:02	169	Camron Wood	Birchfield Harriers					
24	0:25:30	199	Callum Hanlon	Leamington Cycling & Athleti					
25	0:25:36	212	Joe Coleshaw	Notts AC					
26	0:25:40	197	Patrick Roddy	Kenilworth Runners					
27	0:25:54	174	Cory Parker	Burton AC					
28	0:25:58	200	George Loveday	Leamington Cycling & Athleti					
29	0:25:59	246	Jordan Frapwell	Stroud & District AC					
30	0:27:47	208	Daniel Barrie	Newark AC					
31	0:27:53	179	Matt Cox	Charnwood A C					
32	0:27:57	173	James Latham	Burton AC					
33	0:28:32	218	Philip Waring	Notts AC					
34	0:28:50	188	Kristian Washington	City of Stoke AC					
35	0:29:43	198	David Edwards	Kettering Town Harriers					
36	0:30:03	211	Ben Abbott	Notts AC					

Team Results:

Pos	Points	Team / Club	Placings
1	45	Stroud & District AC	(1 6 9 29)
2	53	Notts AC	(4 14 17 18)

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Under 13 Girls

Pos	Time	No	Name	Club
1	0:11:28	345	Jordan Waine	Leicester Coritanian AC
2	0:11:49	407	Holly Bankes	Stroud & District AC
3	0:11:49	299	Jess Rattray	Charnwood A C
4	0:11:58	295	Eleanor Here	Charnwood A C
5	0:11:58	426	Eva Wade	Telford AC
6	0:12:03	337	Tabatha Walford	Kettering Town Harriers
7	0:12:13	300	Hannah Seager	Charnwood A C
8	0:12:17	415	Grace Knapp	Stroud & District AC
9	0:12:17	323	Abigail Saker	Halesowen A & CC
10	0:12:21	342	Fran Green	Leicester Coritanian AC
11	0:12:23	445	Rosie Allen	Westbury Harriers
12	0:12:24	321	Eleanor Childs	Halesowen A & CC
13	0:12:32	301	Amber Stevens	Charnwood A C
14	0:12:34	448	Hannah Hobbs	Westbury Harriers
15	0:12:37	322	Lily Higgins	Halesowen A & CC
16	0:12:42	324	Katrina Simpson	Halesowen A & CC
17	0:12:43	449	Sophie Reed	Westbury Harriers
18	0:12:44	307	Tiarna Guest	City of Stoke AC
19	0:12:46	454	Ashleigh Miles	Wolverhampton & Bilston A.C
20	0:12:46	341	Alison Curtis	Leicester Coritanian AC
21	0:12:48	465	Maddie MacLaine-Freeman	Wreake Runners
22	0:12:50	315	Bethan Hinett	Coventry Godiva Harriers
23	0:12:51	343	Neve Grimes	Leicester Coritanian AC
24	0:12:51	333	Danielle Smith	Heanor RC
25	0:12:54	339	Molly Gibbins	Leamington Cycling & Athleti
26	0:12:56	276	Tia Williams	Banbury Harriers AC
27	0:12:57	277	Eloise Browne	Bristol & West AC
28	0:12:58	431	Rosa Lewis	Tipton Harriers
29	0:12:59	417	Victoria Price	Stroud & District AC
30	0:13:04	390	Megan Potts	Shrewsbury AC
31	0:13:05	404	Georgina Mitchell	Stratford Upon Avon AC
32	0:13:06	330	NIAMH WATSON	HARBOROUGH A.C.
33	0:13:07	291	Molly Shermer	Cannock & Stafford AC
34	0:13:08	340	Catrin Treharne	Leamington Cycling & Athleti
35	0:13:10	364	Bella Reed	Notts AC
36	0:13:11	329	MOLLIE WATSON	HARBOROUGH A.C.
37	0:13:11	314	Lauryn Churchill	Coventry Godiva Harriers
38	0:13:12	287	Mollie O'Hanlon	Burton AC
39	0:13:13	387	Emer Wintsch	Rugby & Northampton
40	0:13:15	365	Florence Reed	Notts AC
41	0:13:17	455	Amelia Samuels	Wolverhampton & Bilston A.C
42	0:13:18	406	Rebecca Winn	Stratford Upon Avon AC
43	0:13:18	457	Lucy Harrop	Worksop Harriers
44	0:13:20	377	Poppy Carmichael	Rugby & Northampton
45	0:13:21	335	Rebecca Hughes	Kettering Town Harriers
46	0:13:22	347	Ellen Wikeley	Malvern Joggers
47	0:13:23	375	Grace Stirland	Royal Sutton Coldfield
48	0:13:25	372	Ellen Humphreston	Royal Sutton Coldfield
49	0:13:26	272	Rose Lord	Banbury Harriers AC
50	0:13:26	336	Sophie Moss	Kettering Town Harriers
51	0:13:27	290	Rachael Jones	Cannock & Stafford AC
52	0:13:28	275	Emily Thompson	Banbury Harriers AC
53	0:13:30	286	Olivia Worth	Bromsgrove & Redditch
54	0:13:32	376	Lois West	Royal Sutton Coldfield
55	0:13:33	284	Megan Nicod	Bromsgrove & Redditch
56	0:13:34	374	Lucy Ollerenshaw	Royal Sutton Coldfield
57	0:13:34	306	Loxi Abbott	City of Stoke AC
58	0:13:36	412	Amelia Errington	Stroud & District AC
59	0:13:38	450	Abi Robson	Westbury Harriers
60	0:13:40	327	CHARLOTTE EDWARDS	HARBOROUGH A.C.
61	0:13:41	278	Olivia Croft	Bristol & West AC
62	0:13:42	271	Flora Ayres	Banbury Harriers AC
63	0:13:44	369	Melissa Adkins	Royal Sutton Coldfield
64	0:13:44	302	Jasmine Stevens	Charnwood A C
65	0:13:44	279	Isobel Leeming	Bristol & West AC
66	0:13:45	418	Molly Wells	Stroud & District AC
67	0:13:46	433	Megan Moore	Tipton Harriers
68	0:13:46	461	Fern Harrison	Wreake Runners
69	0:13:47	396	Frances Austin	Solihull & Small Heath Athleti
70	0:13:47	274	Isobel Pougatch	Banbury Harriers AC
71	0:13:48	303	Paige Stevenson	Charnwood A C
72	0:13:49	386	Georgia Willix	Rugby & Northampton
73	0:13:50	317	Ellie Minshull	Coventry Godiva Harriers
74	0:13:50	363	Tara Pigott	Notts AC
75	0:13:53	280	Emily Moore	Bristol & West AC
76	0:13:58	310	Elizabeth Stanyer	City of Stoke AC
77	0:13:59	283	Amy Mijovic-Cauldwell	Bromsgrove & Redditch
78	0:14:03	398	Grace Dowse	Solihull & Small Heath Athleti
79	0:14:03	308	Dani Maddox	City of Stoke AC
80	0:14:07	338	Georgia Clarke	Leamington Cycling & Athleti
81	0:14:09	397	Evie Cyprus	Solihull & Small Heath Athleti
82	0:14:16	462	Jess Hazel	Wreake Runners
83	0:14:19	384	Olivia White	Rugby & Northampton
84	0:14:20	405	Harriet Smith	Stratford Upon Avon AC
85	0:14:21	296	Ashleigh Howells	Charnwood A C
86	0:14:22	344	Connie-May Roper	Leicester Coritanian AC
87	0:14:22	346	Anna Yapp	Ludlow Runners
88	0:14:23	366	Emma Williams	Notts AC
89	0:14:23	318	Alicia Roberts	Coventry Godiva Harriers
90	0:14:23	416	Hester Miles	Stroud & District AC
91	0:14:26	319	Grace Russell	Coventry Godiva Harriers
92	0:14:31	456	Bethany Tabor	Wolverhampton & Bilston A.C
93	0:14:32	429	Katie Farnell	Tipton Harriers
94	0:14:32	410	Verity Butler	Stroud & District AC
95	0:14:34	453	Lucy Evans	Wolverhampton & Bilston A.C
96	0:14:36	439	Bethany Walker	Tipton Harriers
97	0:14:43	403	Hannah Bexson	Stratford Upon Avon AC
98	0:14:45	348	Katherine Flisher	Mansfield Harriers
99	0:14:46	294	Katie Farndon	Charnwood A C
100	0:14:47	320	Jessica Southwell	Coventry Godiva Harriers

Pos	Time	No	Name	Club
101	0:14:47	395	Neave Wray	Silson Joggers AC
102	0:14:52	356	Lauren Mills	Newark AC
103	0:14:54	463	Ellie-Mae Healey	Wreake Runners
104	0:14:55	382	Charlotte Valentine	Rugby & Northampton
105	0:14:56	438	Kate Southern	Tipton Harriers
106	0:14:58	391	Rhiannon Thomas	Shrewsbury AC
107	0:15:03	446	Phoebe Gould	Westbury Harriers
108	0:15:05	285	Amy Tongue	Bromsgrove & Redditch
109	0:15:05	440	Chloe Walker	Tipton Harriers
110	0:15:07	370	Libby Dunne	Royal Sutton Coldfield
111	0:15:09	435	Rae Nicholls	Tipton Harriers
112	0:15:10	316	Laura Mcternan	Coventry Godiva Harriers
113	0:15:12	428	Isabel Cartwright	Tipton Harriers
114	0:15:12	331	Ellie Baker	Heanor RC
115	0:15:15	380	Millie Mason	Rugby & Northampton
116	0:15:19	442	Demi Neville	Wellingborough & District AC
117	0:15:19	400	Taylor Maggs	Solihull & Small Heath Athleti
118	0:15:19	361	Alex Oakley	Newcastle Staffs AC
119	0:15:24	459	Emma Bowley	Wreake Runners
120	0:15:27	394	Alice Lyon	Silson Joggers AC
121	0:15:29	378	Niamh Chippington	Rugby & Northampton
122	0:15:37	432	Holly Mason	Tipton Harriers
123	0:15:45	436	Tia Nicholls	Tipton Harriers
124	0:15:47	373	Amy Marshall	Royal Sutton Coldfield
125	0:15:53	392	O Reilly Anabel	Silson Joggers AC
126	0:16:13	393	Amy Jelley	Silson Joggers AC
127	0:16:26	357	Terren-Jay Moody	Newark AC
128	0:16:45	355	Eleanor Miller	Newark AC

Team Results:

Pos	Points	Team / Club	Placings
1	27	Charnwood A C	(3 4 7 13)
2	52	Halesowen A & CC	(9 12 15 16)
3	54	Leicester Coritanian AC	(1 10 20 23)
4	97	Stroud & District AC	(2 8 29 58)
5	101	Westbury Harriers	(11 14 17 59)
6	189	Banbury Harriers AC	(26 49 52 62)
7	205	Royal Sutton Coldfield	(47 48 54 56)
8	221	Coventry Godiva Harriers	(22 37 73 89)
9	228	Bristol & West AC	(27 61 65 75)
10	230	City of Stoke AC	(18 57 76 79)
11	237	Notts AC	(35 40 74 88)
12	238	Rugby & Northampton	(39 44 72 83)
13	247	Wolverhampton & Bilston A.C.	(19 41 92 95)
14	254	Stratford Upon Avon AC	(31 42 84 97)
15	274	Wreake Runners	(21 68 82 103)
16	284	Tipton Harriers	(28 67 93 96)
17	293	Bromsgrove & Redditch	(53 55 77 108)
18	345	Solihull & Small Heath Athletic Cl	(69 78 81 117)
19	472	Silson Joggers AC	(101 120 125 126)

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Under 15 Boys

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:15:03	543	Ben Dijkstra	Leicester Coritanian AC	Team Results:				
2	0:15:04	488	Will Richardson	Birchfield Harriers	Pos	Points	Team / Club	Placings	
3	0:15:20	481	Tom Dodd	Birchfield Harriers	1	31	Leicester Coritanian AC	(1 6 11 13)	
4	0:15:54	609	Alex Burrows	Telford AC	2	86	Birchfield Harriers	(2 3 37 44)	
5	0:15:55	512	Isaac Akers	Corby AC	3	109	Coventry Godiva Harriers	(7 15 18 69)	
6	0:15:55	553	Alfie Thompson	Leicester Coritanian AC	4	138	Halesowen A & CC	(10 26 48 54)	
7	0:16:24	517	Ben Goldie	Coventry Godiva Harriers	5	158	Bristol & West AC	(29 32 34 63)	
8	0:16:30	555	Matthew Yapp	Ludlow Runners	6	165	Wolverhampton & Bilston A.C.	(19 42 43 61)	
9	0:16:31	605	Jack Turner	Stroud & District AC	7	200	Solihull & Small Heath Athletic Cl	(20 35 71 74)	
10	0:16:33	529	Joshua Timmins	Halesowen A & CC					
11	0:16:33	554	Luke Beeby	Leicester Coritanian AC					
12	0:16:39	536	Jack Hope	Kettering Town Harriers					
13	0:16:42	550	Cameron Smith	Leicester Coritanian AC					
14	0:16:45	542	Pascal Bouttler-Butler	Leicester Coritanian AC					
15	0:16:45	520	Seb Jones	Coventry Godiva Harriers					
16	0:16:50	499	Ryan Ashforth	Cannock & Stafford AC					
17	0:16:52	628	Daniel Stock	Worcester AC					
18	0:16:54	519	Cameron Innes	Coventry Godiva Harriers					
19	0:16:55	626	Jamie Ward	Wolverhampton & Bilston A.C					
20	0:16:57	592	Tom Hudson	Solihull & Small Heath Athleti					
21	0:16:57	559	Archie Raynor	Mansfield Harriers					
22	0:17:07	541	George Bell	Leicester Coritanian AC					
23	0:17:19	604	Tom Mortimer	Stroud & District AC					
24	0:17:23	514	Harry Freeman	Corby AC					
25	0:17:27	546	Amrik Gill	Leicester Coritanian AC					
26	0:17:30	525	Hiall Geraghty	Halesowen A & CC					
27	0:17:30	556	Sam Barker	Mansfield Harriers					
28	0:17:31	549	James Owen	Leicester Coritanian AC					
29	0:17:32	494	Corey Haynes	Bristol & West AC					
30	0:17:33	585	Ross Kirby	Shrewsbury AC					
31	0:17:33	574	Jerome Austin	Royal Sutton Coldfield					
32	0:17:34	491	Kieron Dunkley	Bristol & West AC					
33	0:17:35	635	Sam Stevens	Wreake Runners					
34	0:17:35	495	Oliver Hines	Bristol & West AC					
35	0:17:35	590	Niall Carney	Solihull & Small Heath Athleti					
36	0:17:36	631	James Lonsdale	Worksop Harriers					
37	0:17:50	478	Ben Poulter	Birchfield Harriers					
38	0:18:00	505	Zach Meakin	Charnwood A C					
39	0:18:04	568	James Fradley	Newcastle Staffs AC					
40	0:18:05	636	Josh Weavers	Wreake Runners					
41	0:18:05	601	Oliver Sadler	Staffs Moorlands AC					
42	0:18:06	623	Harry Halford	Wolverhampton & Bilston A.C					
43	0:18:08	622	Harry Creswell	Wolverhampton & Bilston A.C					
44	0:18:10	486	Jake Smith	Birchfield Harriers					
45	0:18:12	540	Sam Wadsworth	Leamington Cycling & Athleti					
46	0:18:14	502	George Burnett	Charnwood A C					
47	0:18:21	537	Ethan Mehmet	Kettering Town Harriers					
48	0:18:25	526	Jack Holman	Halesowen A & CC					
49	0:18:26	603	Max Wainwright	Staffs Moorlands AC					
50	0:18:28	571	Peter Mumford	Notts AC					
51	0:18:30	612	Chris Davies	Tipton Harriers					
52	0:18:34	577	Joel Kirsten	Royal Sutton Coldfield					
53	0:18:35	513	David Blakestone	Corby AC					
54	0:18:36	532	Joe Rogers	Halesowen A & CC					
55	0:18:38	637	Alfie Mead	Sphinx AC					
56	0:18:39	479	Reis Brooke	Birchfield Harriers					
57	0:18:39	487	Joseph Strafford	Birchfield Harriers					
58	0:18:47	531	Ben Willetts	Halesowen A & CC					
59	0:18:52	534	Kevin Wilkes	Kettering Town Harriers					
60	0:18:53	630	George Earle	Worksop Harriers					
61	0:18:54	625	Alex Reiss	Wolverhampton & Bilston A.C					
62	0:18:55	602	Joe Smith	Stafford Harriers					
63	0:18:57	489	Billy Cochrane	Bristol & West AC					
64	0:19:00	477	Gregor Kelling*	Banbury Harriers AC					
65	0:19:02	575	Alex Blackham	Royal Sutton Coldfield					
66	0:19:06	578	Haydn Arnell	Rugby & Northampton					
67	0:19:09	599	Jack Hodkinson	Stafford Harriers					
68	0:19:13	565	Tyler Ludlam	Newark AC					
69	0:19:15	516	Matt Crisp	Coventry Godiva Harriers					
70	0:19:22	518	Sam Harris	Coventry Godiva Harriers					
71	0:19:23	591	Harry Cyprus	Solihull & Small Heath Athleti					
72	0:19:24	545	Oliver Freer	Leicester Coritanian AC					
73	0:19:29	480	Yahye Dirir	Birchfield Harriers					
74	0:19:31	593	Matthew Mansfield	Solihull & Small Heath Athleti					
75	0:19:33	583	Stuart Duff	Shrewsbury AC					
76	0:19:34	482	Philip Gamston	Birchfield Harriers					
77	0:19:40	606	Jonathan West	Tamworth AC					
78	0:19:44	594	Joseph Mcleod	Solihull & Small Heath Athleti					
79	0:19:51	600	Darren Morrey	Staffs Moorlands AC					
80	0:19:52	633	Finn Miskin-Young	Wreake Runners					
81	0:19:54	621	Harry Archer	Wolverhampton & Bilston A.C					
82	0:19:59	627	Tom Bentley	Worcester AC					
83	0:19:59	573	Adam Ward	Notts AC					
84	0:20:19	548	Alfie Lowe	Leicester Coritanian AC					
85	0:20:25	615	Duncan Parsonage	Uttoxeter Road Runners					
86	0:20:31	552	Edward Thomas	Leicester Coritanian AC					
87	0:20:45	539	Freddie Loveday	Leamington Cycling & Athleti					
88	0:20:57	500	Ashley Daniel	Cannock & Stafford AC					
89	0:21:20	572	Joseph Tuffin	Notts AC					
90	0:21:50	624	Jannik Poole	Wolverhampton & Bilston A.C					
91	0:24:44	629	Thomas Carratt	Worksop Harriers					

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Under 17 Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:19:47	686	Mari Smith	Leicester Coritanian AC					
2	0:20:41	680	Amy Griffiths	Leicester Coritanian AC					
3	0:20:42	668	Sian Rainsley	Coventry Godiva Harriers					
4	0:20:42	683	Caelidh Ross	Leicester Coritanian AC					
5	0:20:46	685	Ella Shirley	Leicester Coritanian AC					
6	0:20:52	662	Lucy Holt	City of Stoke AC					
7	0:21:23	657	Hannah Nuttall	Charnwood A C					
8	0:21:56	734	Tory Mobley	Banbury Harriers AC					
9	0:22:09	723	Isabel Bradley	Telford AC					
10	0:22:15	669	Phoebe Dodd	Halesowen A & CC					
11	0:22:32	663	Tasha Stone	City of Stoke AC					
12	0:22:35	674	Claudia Kelsall	Kettering Town Harriers					
13	0:22:46	732	Jenny Klein	Worcester AC					
14	0:23:21	665	Helena Keenan	Corby AC					
15	0:23:25	667	Penny Oliver	Coventry Godiva Harriers					
16	0:23:46	656	Emily Hollis	Charnwood A C					
17	0:23:48	672	Abigail Coleman	Kettering Town Harriers					
18	0:23:52	661	Jessica Heath	City of Stoke AC					
19	0:23:53	729	Hannah Champion	Wolverhampton & Bilston A.C					
20	0:23:57	690	Megan Turner	Ludlow Runners					
21	0:24:12	706	Zoey Garlick	Rugby & Northampton					
22	0:24:13	659	Rachel See	Cheltenham and County Harriers					
23	0:24:17	647	Aimee Hopcroft	Birchfield Harriers					
24	0:24:20	679	Rachel Borrows	Leicester Coritanian AC					
25	0:24:25	655	Georgia Gartside	Charnwood A C					
26	0:24:26	673	Jess Gordon	Kettering Town Harriers					
27	0:24:43	716	Siobhan Taylor	Solihull & Small Heath Athleti					
28	0:24:49	654	Orianna Ball	Bromsgrove & Redditch					
29	0:25:01	703	Seraina Ummel	Royal Sutton Coldfield					
30	0:25:12	675	Lauren Mehmet	Kettering Town Harriers					
31	0:25:19	671	Fran Ashworth	Kettering Town Harriers					
32	0:25:22	702	Molly Rees	Royal Sutton Coldfield					
33	0:25:33	688	Eilish Gilbert	Ludlow Runners					
34	0:25:49	660	Natasha Clowes	City of Stoke AC					
35	0:25:49	691	Chevelle Baxter	Mansfield Harriers					
36	0:25:58	711	Genevieve Roberts	Rugby & Northampton					
37	0:26:13	712	Emily Valentine	Rugby & Northampton					
38	0:26:43	713	Sian Williams	Rugby & Northampton					
39	0:26:46	710	Tilly Lea	Rugby & Northampton					
40	0:26:52	684	Lucille Rostron	Leicester Coritanian AC					
41	0:26:55	697	Charlotte Peach	Newark AC					
42	0:27:15	646	Riara Woodley*	Banbury Harriers AC					
43	0:27:15	701	Hannah Hickling	Royal Sutton Coldfield					
44	0:27:20	724	Eleanor Bryan	Telford AC					
45	0:27:26	725	Sarah Tatton	Telford AC					
46	0:28:06	714	Katie Williamson	Rugby & Northampton					
47	0:28:09	700	Louisa Berglund	Royal Sutton Coldfield					
48	0:28:15	726	Rebekah Gatling	Westbury Harriers					
49	0:28:28	727	Zoe Gould	Westbury Harriers					
50	0:29:54	707	Annabel Hinde	Rugby & Northampton					

Team Results:

Pos	Points	Team / Club	Placings
1	7	Leicester Coritanian AC	(1 2 4)
2	35	City of Stoke AC	(6 11 18)
3	48	Charnwood A C	(7 16 25)
4	55	Kettering Town Harriers	(12 17 26)
5	94	Rugby & Northampton	(21 36 37)
6	98	Telford AC	(9 44 45)
7	104	Royal Sutton Coldfield	(29 32 43)

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Under 20 Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:18:52	748	Annabel Gummow	Bristol & West AC					
2	0:20:05	745	Chloe Richardson	Birchfield Harriers					
3	0:20:18	778	Katie Ingle	Royal Sutton Coldfield					
4	0:20:35	789	Eloise Du Luart	Stratford Upon Avon AC					
5	0:20:51	779	Megan McBrien	Royal Sutton Coldfield					
6	0:21:11	785	Emily Waugh	Rugby & Northampton					
7	0:21:29	756	Lucy Hayes	City of Stoke AC					
8	0:21:30	780	Rebecca Robinson	Royal Sutton Coldfield					
9	0:21:32	744	Jessica Freeman	Birchfield Harriers					
10	0:21:39	747	Anna Burton	Bristol & West AC					
11	0:21:40	749	Sally Hogan	Bromsgrove & Redditch					
12	0:22:20	792	Zoe Barber	Westbury Harriers					
13	0:22:37	761	Clara Evans	Hereford & County AC					
14	0:22:44	754	Tiffany Kelleway	Charnwood A C					
15	0:23:04	783	Sarah Bennett*	Rugby & Northampton					
16	0:23:08	782	Miranda Stoddart	Royal Sutton Coldfield					
17	0:23:41	784	Clarissa Blake	Rugby & Northampton					
18	0:23:41	753	Grace Hobbs	Charnwood A C					
19	0:24:01	798	Molly Browne	Worcester AC					
20	0:24:06	755	Beth Wynn	Cheltenham and County Harr					
21	0:24:52	787	Sophie Edge	Sphinx AC					
22	0:26:32	768	Demi Jakymelen	Mansfield Harriers					
23	0:27:12	777	Charlotte Saunders	Notts AC					

Team Results:

Pos	Points	Team / Club	Placings
1	16	Royal Sutton Coldfield	(3 5 8)
2	38	Rugby & Northampton	(6 15 17)

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Under 15 Girls

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:17:25	858	Lucy Jones	Charnwood A C					
2	0:18:03	876	Isobel Davis	Leamington Cycling & Athleti					
3	0:18:07	856	Hannah Cox	Charnwood A C					
4	0:18:35	929	Zoe Wassell	Stroud & District AC					
5	0:18:38	837	Kirsty Goddard	Rugby & Northampton					
6	0:18:43	862	Aimee Seager	Charnwood A C					
7	0:18:47	859	Laura Mullin	Charnwood A C					
8	0:19:00	835	Ella Bromley	Rugby & Northampton					
9	0:19:00	884	Caitlin Roper	Leicester Coritanian AC					
10	0:19:21	860	Elizabeth Mulvaney	Charnwood A C					
11	0:19:23	853	Remi Flavell	Birchfield Harriers					
12	0:19:27	823	Ellie Brazil	Notts AC					
13	0:19:29	854	Katie Ryder	Birchfield Harriers					
14	0:19:34	931	Fian Sweeney	Telford AC					
15	0:19:35	825	Georgia Clarke	Notts AC					
16	0:19:47	812	Georgia Rafferty	City of Stoke AC					
17	0:19:50	821	Milly Newton	Heanor RC					
18	0:19:52	851	Hannah-Mai Amory	Birchfield Harriers					
19	0:19:54	832	Laura Richardson	Royal Sutton Coldfield					
20	0:20:05	836	Lily Carmichael	Rugby & Northampton					
21	0:20:09	883	Alice Porter	Leicester Coritanian AC					
22	0:20:10	881	Mikela Gilmore	Leicester Coritanian AC					
23	0:20:13	907	Sophie Goodfellow	Newcastle Staffs AC					
24	0:20:15	843	Emma Jones	Westbury Harriers					
25	0:20:17	885	Georgia Smith	Leicester Coritanian AC					
26	0:20:19	920	Abigail Nolan	Solihull & Small Heath Athleti					
27	0:20:19	809	Katie Finney	City of Stoke AC					
28	0:20:22	915	Nicole Beard	Solihull & Small Heath Athleti					
29	0:20:37	926	Emily Moss	Stroud & District AC					
30	0:20:41	935	Isher Mander	Tipton Harriers					
31	0:20:42	861	Harriet Roberts	Charnwood A C					
32	0:20:47	908	Lucy Matthews	Newcastle Staffs AC					
33	0:20:47	840	Charlotte Murphy	Rugby & Northampton					
34	0:20:48	829	Elizabeth Pennington	Notts AC					
35	0:20:53	873	Gemma Vaughan	Kettering Town Harriers					
36	0:21:09	917	Danel Jansen Van Rensburg	Solihull & Small Heath Athleti					
37	0:21:16	906	Charli Egan	Newcastle Staffs AC					
38	0:21:24	872	Beth Gordon	Kettering Town Harriers					
39	0:21:28	863	Saskia Sharpe	Charnwood A C					
40	0:21:34	857	Alice Daniel	Charnwood A C					
41	0:21:36	870	Tara Sladen	Forest of Dean AC					
42	0:21:36	902	Charlotte Ripley*	Newark AC					
43	0:21:38	921	Louisa Webber	Solihull & Small Heath Athleti					
44	0:21:39	882	Serena Moore	Leicester Coritanian AC					
45	0:21:45	901	Asia Moody	Newark AC					
46	0:21:51	839	Ciara Moore	Rugby & Northampton					
47	0:21:51	903	Molly Ripley*	Newark AC					
48	0:21:52	927	Elizabeth Sutton	Stroud & District AC					
49	0:21:55	918	Caitlin Mcdonald	Solihull & Small Heath Athleti					
50	0:22:08	830	Erin Benbow	Royal Sutton Coldfield					
51	0:22:08	855	Alex Abell	Charnwood A C					
52	0:22:13	898	Bethany Williams	Mansfield Harriers					
53	0:22:21	924	Caroline Furey	Stratford Upon Avon AC					
54	0:22:30	871	Nevett Claudia	Kettering Town Harriers					
55	0:22:31	933	Katie Dolan	Tipton Harriers					
56	0:22:34	817	Chloe Chapman	Halesowen A & CC					
57	0:22:40	879	Chloe Foster	Leicester Coritanian AC					
58	0:22:40	877	Rebecca Lord	Leamington Cycling & Athleti					
59	0:23:08	808	Emelia Berrisford	City of Stoke AC					
60	0:23:17	828	Abi Jacobs	Notts AC					
61	0:23:20	891	Emma Beeson	Mansfield Harriers					
62	0:23:27	938	Helen Jubb	Worcester AC					
63	0:23:32	826	Sarah Dance	Notts AC					
64	0:23:35	834	Georgia Batchelor	Royal Sutton Coldfield					
65	0:23:37	838	Natalie Goddard	Rugby & Northampton					
66	0:23:37	842	Rhian Williams	Rugby & Northampton					
67	0:23:40	880	Emily Foster	Leicester Coritanian AC					
68	0:24:08	811	Molly Keighley	City of Stoke AC					
69	0:24:10	848	Rebecca Darby	Wolverhampton & Bilston A.C					
70	0:24:27	819	Isbel Hall	Halesowen A & CC					
71	0:24:42	923	Amy Oliver	Stafford Harriers					
72	0:24:43	875	Asha Chakrabarti	Leamington Cycling & Athleti					
73	0:25:03	831	Georgia Delaney	Royal Sutton Coldfield					
74	0:25:05	928	Cailin Tootell	Stroud & District AC					
75	0:25:23	864	Daisy Tyers	Charnwood A C					
76	0:25:30	850	Leah Rutter	Wolverhampton & Bilston A.C					
77	0:26:35	939	Bethan Dennis	Worksop Harriers					

Team Results:

Pos	Points	Team / Club	Placings
1	17	Charnwood A C	(1 3 6 7)
2	66	Rugby & Northampton	(5 8 20 33)
3	77	Leicester Coritanian AC	(9 21 22 25)
4	121	Notts AC	(12 15 34 60)
5	133	Solihull & Small Heath Athletic Cl	(26 28 36 43)
6	155	Stroud & District AC	(4 29 48 74)
7	170	City of Stoke AC	(16 27 59 68)
8	206	Royal Sutton Coldfield	(19 50 64 73)

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Under 17 Men

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:17:15	950	Abdi Abdi	Birchfield Harriers					
2	0:17:28	982	Alex George	Gloucester AC					
3	0:17:43	1044	Ellis Cross	Tamworth AC					
4	0:17:43	1003	Harry Thompson	Leicester Coritanian AC					
5	0:17:55	1066	Declan Mcmanus	Worcester AC					
6	0:17:57	1040	Matthew Doyle	Stroud & District AC					
7	0:18:00	1025	George Goodwin	Rugby & Northampton					
8	0:18:03	962	Alex Benfield	Burton AC					
9	0:18:15	969	Euan Makepeace	Charnwood A C					
10	0:18:19	957	Ben Topley	Birchfield Harriers					
11	0:18:28	1042	Danny Stuart	Stroud & District AC					
12	0:18:39	954	Cameron Shankly	Birchfield Harriers					
13	0:18:47	997	Tom Loring	Leicester Coritanian AC					
14	0:18:55	1035	Zack Nolan	Solihull & Small Heath Athleti					
15	0:18:58	995	James Hatton	Leicester Coritanian AC					
16	0:19:02	949	Josh Greaves	4 Life Tri Club					
17	0:19:02	1017	Corey Plewinski	Notts AC					
18	0:19:05	1010	James Mccrae	Nene Valley Harriers					
19	0:19:07	1047	Josh Burrows	Telford AC					
20	0:19:10	1057	Luke Vine	Tipton Harriers					
21	0:19:14	987	Liam Kirk	Tresham College					
22	0:19:16	1070	Harry Bishop	Severn AC					
23	0:19:19	963	William Monaghan	Burton AC					
24	0:19:20	1069	Jordan-Lee Stamp	Wrekin Road Runners					
25	0:19:22	1032	Eoin Corr	Solihull & Small Heath Athleti					
26	0:19:22	1014	Paddy Clark	Notts AC					
27	0:19:29	1037	Nathan Sabin	Stafford Harriers					
28	0:19:29	1036	Oliver Paulin	Solihull & Small Heath Athleti					
29	0:19:31	994	Cameron Hart	Leicester Coritanian AC					
30	0:19:32	986	Josh Coles	Kettering Town Harriers					
31	0:19:34	1011	Aaron Burns	Newark AC					
32	0:19:35	1022	Tyler Selway	Nuneaton Harriers					
33	0:19:36	951	Theo Blundell	Birchfield Harriers					
34	0:19:38	955	Robert Stroud	Birchfield Harriers					
35	0:19:41	1024	Alfie McBrien	Royal Sutton Coldfield					
36	0:19:41	1028	Jack Murphy	Rugby & Northampton					
37	0:19:45	1059	Arthur Charlesworth	Wenlock Olympians					
38	0:19:49	998	Phillip Maddocks	Leicester Coritanian AC					
39	0:19:52	1001	Harry Short	Leicester Coritanian AC					
40	0:19:58	1034	Daniel Mladenovic	Solihull & Small Heath Athleti					
41	0:20:01	1021	Greg Jones	Nuneaton Harriers					
42	0:20:02	1051	Jacob Anson	Tipton Harriers					
43	0:20:04	1050	Matthew Giles	Telford AC					
44	0:20:05	1026	Harry Hughes	Rugby & Northampton					
45	0:20:06	1067	Oliver Roberts	Worcester AC					
46	0:20:12	1054	Joe Fairfax	Tipton Harriers					
47	0:20:15	996	Connor Haywood	Leicester Coritanian AC					
48	0:20:24	981	Daniel Villette	Coventry Godiva Harriers					
49	0:20:26	1046	George Chapman*	TeamBath AC					
50	0:20:31	1000	William Rawlinson	Leicester Coritanian AC					
51	0:20:35	1013	Paul Fradley	Newcastle Staffs AC					
52	0:20:38	975	Tom Cox	Coventry Godiva Harriers					
53	0:20:44	992	Jack Savage	Leamington Cycling & Athleti					
54	0:20:54	1016	Sam Godwin	Notts AC					
55	0:21:03	1068	Rowam Thompson	Wreake Runners					
56	0:21:06	1055	Tom Hatcher	Tipton Harriers					
57	0:21:09	1063	Jack Bonser	Wolverhampton & Bilston A.C					
58	0:21:19	1058	Edward Frain	Wellingborough & District AC					
59	0:21:20	988	Johnathan Brown	Leamington Cycling & Athleti					
60	0:21:21	1004	Connor Jones	Ludlow Runners					
61	0:21:26	970	Conor Moorland	Charnwood A C					
62	0:21:45	1033	Andrew Mcdonald	Solihull & Small Heath Athleti					
63	0:22:00	1065	Daniel Watling	Wolverhampton & Bilston A.C					
64	0:22:16	990	Bryn Morgan	Leamington Cycling & Athleti					
65	0:22:31	993	Tristan Warren	Leamington Cycling & Athleti					
66	0:23:23	1029	Edward Wise	Rugby & Northampton					
67	0:23:50	1027	Oliver Munns	Rugby & Northampton					

Team Results:

Pos	Points	Team / Club	Placings
1	56	Birchfield Harriers	(1 10 12 33)
2	61	Leicester Coritanian AC	(4 13 15 29)
3	107	Solihull & Small Heath Athletic Cl	(14 25 28 40)
4	153	Rugby & Northampton	(7 36 44 66)
5	164	Tipton Harriers	(20 42 46 56)
6	241	Leamington Cycling & Athletic Cl	(53 59 64 65)

SAUCONY MIDLAND CROSS COUNTRY CHAMPIONSHIPS, STAFFORD COMMON, 26 JANUARY 2013 - Senior Men

Pos	Time	No	Name	Club
201	0:46:59	1570	Paul Caruana	Leamington Cycling & Athleti
202	0:47:02	1745	Pete Walters	Stourbridge RC
203	0:47:04	1520	James Atkins	Halesowen ACC
204	0:47:09	1752	Stephan Meier	Stratford Upon Avon AC
205	0:47:12	1762	Alan Every*	TeamBath AC
206	0:47:23	1523	John Hill	Halesowen ACC
207	0:47:24	1704	Patrick Finnegan	Sparkhill Harriers
208	0:47:25	1424	Anthony Warner	Bromsgrove & Redditch
209	0:47:27	1454	Peter Mensley	Charnwood A C
210	0:47:32	1394	Martin Ludford	BRAT
211	0:47:39	1511	Darren Thompson	Dudley Kingswinford RC
212	0:47:51	1800	James Berry	Wellingborough & District AC
213	0:47:56	1696	Andy Kirk	Silson Joggers AC
214	0:47:57	1512	Steve Wood	Dudley Kingswinford RC
215	0:47:58	1855	Rob Roper	Worksop Harriers
216	0:48:02	1815	Richard Powell	West Bomwich Harriers
217	0:48:10	1604	Howard Leek	Newark AC
218	0:48:11	1749	James Deacon	Stratford Upon Avon AC
219	0:48:14	1579	Peter Taylor	Leamington Cycling & Athleti
220	0:48:22	1509	Robert Sannwald	Dudley Kingswinford RC
221	0:48:23	1768	Ian Hopkins	Telford AC
222	0:48:23	1819	Andy Hunt	West Bomwich Harriers
223	0:48:24	1439	Chris Mccann	Centurion Running Club
224	0:48:35	1507	Mark Homer	Dudley Kingswinford RC
225	0:48:36	1525	Alex Morgan	Halesowen ACC
226	0:48:37	1360	Mark Shaw*	Aldridge Running Club
227	0:48:45	1608	Neil Gerrity	Newcastle Staffs AC
228	0:48:55	1776	Lee Abrahams	Tipton Harriers
229	0:49:04	1754	Andrew Speechly	Stratford Upon Avon AC
230	0:49:14	1441	Wayne Muddiman	Centurion Running Club
231	0:49:15	1457	Mark Whitmore	Charnwood A C
232	0:49:20	1552	Richard Charlesworth	Heanor RC
233	0:49:45	1465	Phillip Heathcote	Cheadle Running Club
234	0:49:45	1414	Jamie Dancyger	Bromsgrove & Redditch
235	0:49:48	1443	Andy Rea	Centurion Running Club
236	0:49:50	1359	Paul Lucas*	Aldridge Running Club
237	0:49:51	1751	Paul Hawkins	Stratford Upon Avon AC
238	0:49:55	1461	Ian Hassal	Cheadle Running Club
239	0:49:55	1807	Andrew Redden	Wellingborough & District AC
240	0:49:58	1723	Ian Hodgkinson	Stafford Harriers
241	0:50:06	1467	Mick Beadmore	Cheadle Running Club
242	0:50:08	1518	Liam Scanlon	Great Western Runners
243	0:50:32	1707	Rob Mills	Sparkhill Harriers
244	0:50:41	1464	Daz Ward	Cheadle Running Club
245	0:50:43	1811	Paul Jakeways	West Bomwich Harriers
246	0:50:43	1813	David Jones	West Bomwich Harriers
247	0:50:45	1446	Ed Wallace	Centurion Running Club
248	0:50:56	1816	Paul Stevens	West Bomwich Harriers
249	0:51:01	1429	Eamon O'Hanlon	Burton AC
250	0:51:02	1853	David Havenhand	Worksop Harriers
251	0:51:04	1714	Wayne Broadbent	Sphinx AC
252	0:51:10	1517	John Hargreaves	Great Western Runners
253	0:51:13	1556	Kevin Barnes	Hereford Couriers
254	0:51:14	1649	Chris Hamer-Hodges	Nuneaton Harriers
255	0:51:24	1842	Paul Thacker	Wolverhampton & Bilston A.1
256	0:51:54	1818	Gary Woodhouse	West Bomwich Harriers
257	0:52:06	1463	Neil Corby	Cheadle Running Club
258	0:52:25	1447	Len Wallace	Centurion Running Club
259	0:52:37	1430	Robert Sharratt	Burton AC
260	0:52:42	1845	Sam Warrender	Wolverhampton & Bilston A.1
261	0:52:49	1810	David Gould	West Bomwich Harriers
262	0:52:50	1795	Felix Ng	Uttoxeter Road Runners
263	0:52:51	1805	Keith Lok	Wellingborough & District AC
264	0:53:02	1576	Graham Roberts	Leamington Cycling & Athleti
265	0:53:06	1445	Gary Turner	Centurion Running Club
266	0:53:10	1834	Andy Moorhouse	Wolverhampton & Bilston A.1
267	0:53:23	1792	Graham Cope	Uttoxeter Road Runners
268	0:53:33	1438	Andy Matthews	Centurion Running Club
269	0:53:43	1648	Peter Greenfield	Nuneaton Harriers
270	0:53:54	238	Duncan Rose	Shrewsbury AC
271	0:54:03	1358	Richard Lodge*	Aldridge Running Club
272	0:54:25	1695	David Jarrett	Silson Joggers AC
273	0:54:26	1727	Mark Bentley	Stafford Harriers
274	0:54:29	1766	Daron Fincham	Telford AC
275	0:54:32	1705	John Goulding	Sparkhill Harriers
276	0:54:39	1832	Ian Harris	Wolverhampton & Bilston A.1
277	0:55:02	1380	Mark Doudican	Bournville Harriers
278	0:55:13	1605	Rob Orgill	Newark AC
279	0:55:14	1503	Clint Carnegie-Dean	Desford Striders
280	0:55:26	1362	Martin Wall*	Aldridge Running Club
281	0:55:53	1725	Eddie Smith	Stafford Harriers
282	0:55:56	1746	Mike Barrie	Stratford Upon Avon AC
283	0:56:12	1817	Chris Thompson	West Bomwich Harriers
284	0:56:22	1794	Brian Mackey	Uttoxeter Road Runners
285	0:56:26	1724	Darren Mattocks	Stafford Harriers
286	0:56:30	1412	Phillip Anderson	Bromsgrove & Redditch
287	0:56:43	1428	Paul Mathie	Burton AC
288	0:56:51	1713	Bern Blundell	Sphinx AC
289	0:56:53	1731	Roy Clay	Stafford Harriers
290	0:56:58	1748	Larry Coltman	Stratford Upon Avon AC
291	0:57:02	1513	Edward Barrow	Great Western Runners
292	0:57:31	1744	Colin Downey	Stourbridge RC
293	0:57:58	1830	Neil Grey	Wolverhampton & Bilston A.1
294	0:58:30	1717	Dave Kelly	Sphinx AC
295	0:58:54	1772	Nigel Tatton	Telford AC
296	0:59:27	1558	Tom Dable	Kenilworth Runners
297	0:59:40	1693	Lock Allan	Silson Joggers AC
298	0:59:52	1730	Bill Chidlow	Stafford Harriers
299	1:00:44	1357	Jason Lee*	Aldridge Running Club
300	1:00:58	1437	Adrian Lloyd	Centurion Running Club

Team Results:

Pos	Points	Team / Club	Placings
1	66	Notts AC Senior Men	(2 5 7 16 17 19)
2	164	Coventry Godiva Harriers	(6 12 21 25 48 52)
3	173	Owls AC	(4 8 20 36 50 55)
4	329	Tipton Harriers	(11 13 24 47 91 143)
5	409	Charnwood A C	(18 27 33 57 117 157)
6	431	Bournville Harriers	(44 63 68 73 88 95)
7	460	Heanor RC	(29 32 65 71 123 140)
8	585	Leamington Cycling & Athletic Cl	(26 42 85 121 139 172)
9	599	Bromsgrove & Redditch	(70 86 104 106 111 122)
10	621	BRAT	(45 80 99 128 134 135)
11	641	Kenilworth Runners	(22 61 108 136 150 164)
12	642	Wolverhampton & Bilston A.C.	(81 82 102 109 119 149)
13	644	Halesowen ACC	(51 64 74 94 158 203)
14	731	Rugby & Northampton	(38 107 112 124 153 197)
15	760	Telford AC	(14 28 103 120 221 274)
16	935	Stratford Upon Avon AC	(87 116 137 173 204 218)
17	1009	Centurion Running Club	(97 133 159 167 223 230)
18	1048	Sphinx AC	(66 92 168 183 251 288)
19	1063	Wellingborough & District AC	(118 147 155 192 212 239)
20	1070	Cheadle Running Club	(101 125 132 233 238 241)
21	1158	Dudley Kingswinford RC	(98 191 211 214 220 224)
22	1277	West Bomwich Harriers	(100 216 222 245 246 248)
23	1512	Aldridge Running Club	(200 226 236 271 280 299)
24	1548	Stafford Harriers	(180 240 273 281 285 289)