

SPONSORED BY UP AND RUNNING
MIDLAND TRACK AND FIELD LEAGUE 2012 RESULTS



01 Jul 2012 Division 2 Match 3 Venue: Stoke

Total Scores

Position	Team	Points
1	Charnwood AC	385
2	City of Stoke	356
3	Rugby/North	315
4	Cannock & Stafford	314
5	B.R.A.T.	297
6	Coventry Godiva	274

Mens Scores

Position	Team	Points
1	City of Stoke	188
2	Charnwood AC	186
3	B.R.A.T.	165
4	Cannock & Stafford	153
5	Rugby/North	152
6	Coventry Godiva	151

Womens Scores

Position	Team	Points
1	Charnwood AC	184
2	City of Stoke	153
2	Rugby/North	153
4	Cannock & Stafford	146
5	B.R.A.T.	117
6	Coventry Godiva	108

Officials Points

Team Name	Points
Charnwood AC	15
City of Stoke	15
Rugby/North	10
Cannock & Stafford	15
B.R.A.T.	15
Coventry Godiva	15

Match Position after 37 Events

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Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	David Lima	B.R.A.T.	10.8	9
2	Oliver Teale	Rugby/North	11.2	7
3	Oliver Knight	Charnwood AC	11.3	6
4	Omasirichukwu Anyanwu	Coventry Godiva	11.4	5
5	Adam Jones	City of Stoke	11.6	4
6	Alasdair Rigby	Cannock & Stafford	12.0	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Ciaran Wardle	Rugby/North	11.2	7
2	Akpovirdro Esiekpe	Coventry Godiva	11.4	5
3	Guy Mayer	Cannock & Stafford	11.8	4
4	Prince Ayeh	B.R.A.T.	11.9	3
5	Stephen Watson	Charnwood AC	11.9	2
6	Todd Welton	City of Stoke	12.5	1

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	David Lima	B.R.A.T.	22.1	9
2	Oliver Knight	Charnwood AC	22.5	7
3	Stewart Marshall	Coventry Godiva	22.9	6
4	Oliver Teale	Rugby/North	23.0	5
5	Adam Jones	City of Stoke	23.9	4
6	Guy Mayer	Cannock & Stafford	24.2	3

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Ciaran Wardle	Rugby/North	22.9	7
2	Hassan Hassan	Coventry Godiva	23.9	5
3	Matthew Mayne	Cannock & Stafford	24.1	4
4	James Colclough	B.R.A.T.	24.2	3
5	Stephen Watson	Charnwood AC	24.5	2
6	Kieran Lee	City of Stoke	25.3	1

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Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Romeo Sithole	Charnwood AC	51.1	9
2	Brian Darby	Coventry Godiva	52.3	7
3	Matthew Bayliss	B.R.A.T.	52.7	6
4	Matthew Mayne	Cannock & Stafford	53.2	5
5	Chris Harrison	City of Stoke	54.9	4
6	Daniel George	Rugby/North	55.5	3

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	David Lee	Coventry Godiva	52.6	7
2	James Griffith	B.R.A.T.	52.7	5
3	Aqeel Hassan	Charnwood AC	53.5	4
4	Kieran Lee	City of Stoke	54.2	3
5	Adam Smith	Cannock & Stafford	54.9	2
6	Thomas Johnson	Rugby/North	55.5	1

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Alasdair Rigby	Cannock & Stafford	16.7	9
2	Arnes Dongo Trotter-Smith	B.R.A.T.	16.8	7
3	Ryan Mcnamara	Charnwood AC	16.8	6
4	Charles Barker	Rugby/North	19.3	5
5	Manzu-Lyn Cain	City of Stoke	19.8	4
6	Karl Robbins	Coventry Godiva	21.5	3

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	John Gilding	Charnwood AC	17.2	7
2	Adam Smith	Cannock & Stafford	21.8	5
3	Nigel Gardner	City of Stoke	28.5	4
4	Ian Gidley	Rugby/North	dq	0
5	David Lima	B.R.A.T.	dq	0

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Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	John Gilding	Charnwood AC	57.1	9
2	Arnes Dongo Trotter-Smith	B.R.A.T.	59.3	7
3	Manzu-Lyn Cain	City of Stoke	61.4	6
4	Adam Smith	Cannock & Stafford	62.4	5
5	Charles Barker	Rugby/North	63.6	4
6	Karl Robbins	Coventry Godiva	73.5	3

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Shaquille Wolfenden	B.R.A.T.	61.9	7
2	Christopher Sinclair	Charnwood AC	63.8	5
3	###Aidan Twomey	Coventry Godiva	69.4	4
4	Paul Edwards	Cannock & Stafford	71.1	3
5	David Lee	City of Stoke	73.3	2

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Christopher Harvey	Cannock & Stafford	2.00.6	9
2	Thomas Guy	City of Stoke	2.00.7	7
3	Harvey Speed	Coventry Godiva	2.01.5	6
4	Stephen Mears	Charnwood AC	2.01.7	5
5	Jack Gray	B.R.A.T.	2.01.8	4
6	Tom Charteress	Rugby/North	2.03.6	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	David Sheldon	City of Stoke	1.57.3	7
2	James Mccann	Cannock & Stafford	2.02.5	5
3	Clark Roberts	Coventry Godiva	2.04.3	4
4	Rob Andrew	B.R.A.T.	2.05.7	3
5	George Howick	Charnwood AC	2.07.9	2
6	Sebastian Palmer	Rugby/North	2.14.0	1

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Jack Gray	B.R.A.T.	4.01.1	9
2	Marc Hartley	City of Stoke	4.02.7	7
3	Chris Lamb	Rugby/North	4.07.1	6
4	Stephen Mears	Charnwood AC	4.09.8	5
5	Clark Roberts	Coventry Godiva	4.21.5	4
6	Samuel Nicholls	Cannock & Stafford	4.25.5	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Paul Thompson	B.R.A.T.	4.02.2	7
2	Alexander Brecker	City of Stoke	4.10.6	5
3	Rory Grant	Rugby/North	4.15.9	4
4	###James Parrott	Coventry Godiva	4.28.3	3
5	Aaron Houseman	Cannock & Stafford	4.39.5	2
6	George Howick	Charnwood AC	4.40.2	1

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Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Edward Banks	B.R.A.T.	15.32.8	9
2	Mark Couldwell	Charnwood AC	15.40.6	7
3	Jacob Allen	Rugby/North	16.02.6	6
4	Oliver Langford	City of Stoke	16.15.9	5
5	James Griggs	Coventry Godiva	16.28.0	4
6	Craig Pearson	Cannock & Stafford	16.47.8	3

Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Samuel Densham	Charnwood AC	15.49.9	7
2	Martin Matthews	B.R.A.T.	16.12.4	5
3	Steven Bazell	City of Stoke	16.29.7	4
4	Rory Grant	Rugby/North	16.57.5	3
5	Paul Lester	Cannock & Stafford	17.38.2	2

Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	James Griggs	Coventry Godiva	6.12.3	9
2	Paul Thompson	B.R.A.T.	6.14.5	7
3	Kristian Washington	City of Stoke	6.48.4	6
4	Charlie Howick	Charnwood AC	6.59.7	5
5	Sebastian Palmer	Rugby/North	7.12.4	4
6	Thomas Halloway	Cannock & Stafford	7.19.6	3

Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Sam Botham	City of Stoke	6.56.6	7
2	Michael Smith	Cannock & Stafford	7.35.6	5
3	Michael Peters	Coventry Godiva	8.23.4	4
4	Richard Carney	B.R.A.T.	9.46.5	3

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Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alasdair Rigby	Cannock & Stafford	6.52	9
2	James Gardner	City of Stoke	6.26	7
3	###Luke Prior	Coventry Godiva	6.24	6
4	Themba Luhana	Rugby/North	6.22	5
5	Christopher Sinclair	Charnwood AC	5.82	4
6	Prince Ayeh	B.R.A.T.	5.28	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Kieran Lee	City of Stoke	5.74	7
2	###Myles Lynch	Coventry Godiva	5.56	5
3	Oliver Knight	Charnwood AC	5.30	4
4	Gerson Ambalu	B.R.A.T.	5.21	3
5	Daniel George	Rugby/North	4.75	2
6	Guy Mayer	Cannock & Stafford	4.52	1

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	James Gardner	City of Stoke	13.03	9
2	Christopher Sinclair	Charnwood AC	12.63	7
3	Alasdair Rigby	Cannock & Stafford	12.49	6
4	Prince Ayeh	B.R.A.T.	12.46	5
5	Hassan Hassan	Coventry Godiva	11.78	4
6	Charles Barker	Rugby/North	11.02	3

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Romeo Sithole	Charnwood AC	11.56	7
2	Kieran Lee	City of Stoke	11.06	5
3	Ian Gidley	Rugby/North	10.98	4
4	Eden Fahy	B.R.A.T.	10.70	3
5	Adam Smith	Cannock & Stafford	9.63	2

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Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1=	Romeo Sithole	Charnwood AC	1.86	8
1=	Alasdair Rigby	Cannock & Stafford	1.86	8
3	Karl Robbins	Coventry Godiva	1.86	6
4	Ian Gidley	Rugby/North	1.65	5
5	Deo Milandu	City of Stoke	1.65	4
6	Stephen Wilkinson	B.R.A.T.	1.55	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Cyril Okpoti	Coventry Godiva	1.70	7
2	James Taylor	Charnwood AC	1.70	5
3	Themba Luhana	Rugby/North	1.60	4
4	Gerson Ambalu	B.R.A.T.	1.50	3
5	Nigel Gardner	City of Stoke	1.50	2
6	George Tyson	Cannock & Stafford	1.40	1

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Ethan Walsh	Charnwood AC	3.90	9
2	Deo Milandu	City of Stoke	3.50	7
3	Alasdair Rigby	Cannock & Stafford	2.70	6
4	Arnes Dongo Trotter-Smith	B.R.A.T.	2.40	5
5	Ian Gidley	Rugby/North	2.40	4

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Adam Cooper	City of Stoke	3.00	7
2	George Tyson	Cannock & Stafford	2.60	5
3	James Griffith	B.R.A.T.	2.40	4

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Morris Fox	City of Stoke	14.07	9
2	Will Suart	Coventry Godiva	11.71	7
3	Thomas Pearson	Charnwood AC	11.10	6
4	John Moreland	Rugby/North	10.29	5
5	Prince Ayeh	B.R.A.T.	10.28	4
6	Philip Stanley	Cannock & Stafford	9.53	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Deo Milandu	City of Stoke	10.62	7
2	###Joseph Okpoti	Coventry Godiva	10.42	5
3	Christian Czerniak	Charnwood AC	10.13	4
4	Craig Murch	Rugby/North	9.86	3
5	Graham Middleton	Cannock & Stafford	8.38	2
6	James Griffith	B.R.A.T.	7.91	1

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Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Glyn Hollingworth	Rugby/North	39.74	9
2	Marc Williams	City of Stoke	36.37	7
3	Thomas Pearson	Charnwood AC	32.38	6
4	Graham Middleton	Cannock & Stafford	30.99	5
5	Prince Ayeh	B.R.A.T.	27.38	4
6	Will Suart	Coventry Godiva	25.76	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	John Moreland	Rugby/North	37.51	7
2	Morris Fox	City of Stoke	35.11	5
3	Philip Stanley	Cannock & Stafford	27.63	4
4	Adam Rubery	Charnwood AC	23.12	3
5	###Myles Lynch	Coventry Godiva	16.64	2
6	James Griffith	B.R.A.T.	13.29	1

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	John Pearson	Charnwood AC	58.74	9
2	Craig Murch	Rugby/North	57.72	7
3	Martin Roberts	Cannock & Stafford	41.69	6
4	Morris Fox	City of Stoke	36.60	5
5	###Joseph Okpoti	Coventry Godiva	21.65	4
6	Nigel Clegg	B.R.A.T.	16.31	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Thomas Pearson	Charnwood AC	43.71	7
2	Graham Middleton	Cannock & Stafford	35.93	5
3	John Moreland	Rugby/North	34.12	4
4	Marc Williams	City of Stoke	23.82	3
5	###Aidan Twomey	Coventry Godiva	19.60	2
6	Eden Fahy	B.R.A.T.	13.26	1

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Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Brett Byrd	City of Stoke	66.03	9
2	Glyn Hollingworth	Rugby/North	52.26	7
3	Richard Stanley	Cannock & Stafford	43.90	6
4	Adam Rubery	Charnwood AC	33.30	5
5	James Colclough	B.R.A.T.	30.14	4
6	###Aidan Twomey	Coventry Godiva	26.39	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Kevin Murch	Rugby/North	49.52	7
2	Robert Eggleton	City of Stoke	49.35	5
3	Oliver Knight	Charnwood AC	33.06	4
4	Shaquille Wolfenden	B.R.A.T.	29.37	3
5	Stewart Marshall	Coventry Godiva	25.79	2

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Coventry Godiva	44.7	9
2		Rugby/North	45.1	7
3		B.R.A.T.	45.2	6
4		Cannock & Stafford	47.1	5
5		City of Stoke	47.2	4
6		Charnwood AC	dq	0

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Charnwood AC	3.28.2	9
2		Coventry Godiva	3.28.7	7
3		B.R.A.T.	3.32.6	6
4		City of Stoke	3.34.0	5
5		Cannock & Stafford	3.38.3	4
6		Rugby/North	3.46.8	3

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Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Ellena Ruddock	Rugby/North	12.1	9
2	Jaydene Thompson	City of Stoke	12.6	7
3	Tamarah Miller	B.R.A.T.	12.6	6
4	Laura Langowski	Coventry Godiva	12.7	5
5	Laura Haslam	Charnwood AC	12.7	4
6	Emily Fowler-Parkes	Cannock & Stafford	13.4	3

Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Olivia Walker	Cannock & Stafford	13.1	7
2	Eden Gibson	City of Stoke	13.4	5
3	Petra Bediako	B.R.A.T.	13.7	4
4	Louise Oliver	Charnwood AC	13.7	3
5	Yasmin Webb	Rugby/North	13.9	2

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Ellena Ruddock	Rugby/North	25.4	9
2	Chelsea Cooper	City of Stoke	25.6	7
3	Laura Haslam	Charnwood AC	26.2	6
4	Emily Fowler-Parkes	Cannock & Stafford	28.9	5
5	Katrina Walker	B.R.A.T.	29.2	4

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Victoria Reeves	Charnwood AC	26.9	7
2	Eleanor Proud	Cannock & Stafford	27.1	5
3	Grace Adeyinka	Rugby/North	27.3	4
4	Emily Moore	City of Stoke	27.5	3
5	Petra Bediako	B.R.A.T.	28.6	2

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Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Laura Langowski	Coventry Godiva	55.6	9
2	Emma Jackson	City of Stoke	57.0	7
3	Laura Creighton	Charnwood AC	59.8	6
4	Rachel Pearce	Rugby/North	61.9	5
5	Rachel Atherton	Cannock & Stafford	62.1	4
6	Katrina Walker	B.R.A.T.	70.7	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Kathryn Anderson	City of Stoke	61.2	7
2	Hannah Godrich	Charnwood AC	62.9	5
3	Sophie Wright	Rugby/North	67.8	4
4	Sian Harrison	B.R.A.T.	74.3	3
5	Susan Kneill-Boxley	Cannock & Stafford	79.3	2

Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Chelsea Cooper	City of Stoke	15.0	9
2	Olivia Walker	Cannock & Stafford	15.0	7
3	Katie Rowe	Rugby/North	16.5	6
4	Katy-Louise Payne	Charnwood AC	17.1	5
5	Suzie Freer	B.R.A.T.	19.5	4

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Asia Ercan	Rugby/North	18.5	7
2	Patricee Henry	B.R.A.T.	19.7	5
3	Louise Oliver	Charnwood AC	20.2	4
4	Natalie Ainge	Cannock & Stafford	21.3	3

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Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Natalie Ainge	Cannock & Stafford	72.8	9
2	Emma Nutt	Charnwood AC	75.0	7
3	Suzie Freer	B.R.A.T.	75.7	6
4	Zarinda Batstone	Coventry Godiva	78.4	5

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Amber-Sian Magee	Charnwood AC	75.1	7

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Katie Holt	City of Stoke	2.08.8	9
2	Sophie Coldwell	Charnwood AC	2.18.4	7
3	Rachel Atherton	Cannock & Stafford	2.23.7	6
4	Emily Waugh	Rugby/North	2.27.4	5
5	Zara Hyde Peters	Coventry Godiva	2.30.7	4
6	Sian Harrison	B.R.A.T.	2.44.8	3

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Shelley Brace	City of Stoke	2.20.5	7
2	Lucy Arkinstall	Charnwood AC	2.28.4	5
3	Eloise Lee	B.R.A.T.	2.31.1	4
4	Clarissa Blake	Rugby/North	2.35.9	3
5	Myshola Kirkham	Coventry Godiva	2.45.1	2
6	Susan Kneill-Boxley	Cannock & Stafford	2.53.6	1

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Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Hayes	City of Stoke	4.39.1	9
2	Sophie Coldwell	Charnwood AC	4.41.7	7
3	Naomi Richardson	Coventry Godiva	4.56.1	6
4	Emily Waugh	Rugby/North	5.03.5	5
5	Eloise Lee	B.R.A.T.	5.20.0	4
6	Rebecca Bray	Cannock & Stafford	5.27.3	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Lucy Holt	City of Stoke	4.44.9	7
2	Amber-Sian Magee	Charnwood AC	5.09.5	5
3	Joanna Pulsford	Rugby/North	5.18.7	4
4	Myshola Kirkham	Coventry Godiva	5.26.6	3
5	Jessica Hendon	B.R.A.T.	5.46.5	2
6	Natalie Ainge	Cannock & Stafford	5.58.5	1

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Katie Holt	City of Stoke	10.29.8	9
2	Kate Ramsey	Charnwood AC	10.47.9	7
3	Joanna Pulsford	Rugby/North	11.04.3	6
4	Zara Hyde Peters	Coventry Godiva	11.08.1	5
5	Rebecca Bray	Cannock & Stafford	11.37.4	4

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Myshola Kirkham	Coventry Godiva	11.51.3	7
2	Jessica Heath	City of Stoke	12.01.5	5
3	Holly Smith	Charnwood AC	12.07.4	4
4	Susan Kneill-Boxley	Cannock & Stafford	12.26.5	3
5	Catherine Williams	Rugby/North	12.39.4	2

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Gemma Smith	Cannock & Stafford	5.02	9
2	Tamarah Miller	B.R.A.T.	4.76	7
3	Paige Machin	City of Stoke	4.60	6
4	Yasmin Webb	Rugby/North	4.40	5
5	Louise Oliver	Charnwood AC	4.39	4
6	Zarinda Batstone	Coventry Godiva	3.84	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jessica Leek	Cannock & Stafford	5.00	7
2	Patricee Henry	B.R.A.T.	4.75	5
3	Holly Drake	Charnwood AC	4.36	4
4	Asia Ercan	Rugby/North	4.04	3

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MIDLAND TRACK AND FIELD LEAGUE 2012 RESULTS



01 Jul 2012 Division 2 Match 3 Venue: Stoke

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Claire O'Reilly	Rugby/North	11.06	9
2	Gemma Smith	Cannock & Stafford	10.96	7
3	Holly Drake	Charnwood AC	9.73	6
4	Eden Gibson	City of Stoke	9.32	5
5	Katrina Walker	B.R.A.T.	9.05	4

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Chloe Boulter	Cannock & Stafford	10.09	7
2	Katie Rowe	Rugby/North	10.03	5
3	Emma Nutt	Charnwood AC	9.35	4
4	Paige Machin	City of Stoke	9.15	3
5	Jenny Scott	B.R.A.T.	8.31	2

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Chloe Boulter	Cannock & Stafford	1.60	9
2	Saadia Hassan	Charnwood AC	1.50	7
3	Asia Ercan	Rugby/North	1.45	6
4	Jenny Scott	B.R.A.T.	1.40	5

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Gemma Smith	Cannock & Stafford	1.50	7
2	Danielle Stanley	Charnwood AC	1.45	5
3	Patricee Henry	B.R.A.T.	1.35	4

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Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Harriet Copeland	Charnwood AC	2.40	9
2	Katie Rowe	Rugby/North	1.80	7
3	Jenny Scott	B.R.A.T.	1.70	6

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Carol Parker	Coventry Godiva	12.11	9
2	Jade Weston	City of Stoke	10.93	7
3	Louise Oliver	Charnwood AC	10.79	6
4	Jenny Scott	B.R.A.T.	7.90	5
5	Debbie Murch	Rugby/North	7.83	4
6	Beth Denning	Cannock & Stafford	7.20	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Lucy Smith	Coventry Godiva	11.61	7
2	Katie Gardner	City of Stoke	7.54	5
3	Alice Knight	Charnwood AC	7.40	4
4	Gemma Scales	Rugby/North	7.22	3
5	Tia Alexander	B.R.A.T.	7.21	2
6	Carol Denning	Cannock & Stafford	6.06	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Katy-Louise Payne	Charnwood AC	34.20	9
2	Jenny Scott	B.R.A.T.	33.27	7
3	Carol Parker	Coventry Godiva	32.07	6
4	Gemma Scales	Rugby/North	24.19	5
5	Beth Denning	Cannock & Stafford	21.40	4
6	Katie Gardner	City of Stoke	11.44	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Simone Huggins-Ward	Coventry Godiva	24.09	7
2	Danielle Stanley	Charnwood AC	22.50	5
3	Debbie Murch	Rugby/North	20.31	4
4	Suzie Freer	B.R.A.T.	18.36	3
5	Carol Denning	Cannock & Stafford	14.12	2

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Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Carol Parker	Coventry Godiva	27.96	9
2	Gemma Scales	Rugby/North	26.17	7
3	Dorothy Rubery	Charnwood AC	24.10	6
4	Jenny Scott	B.R.A.T.	21.72	5
5	Jade Weston	City of Stoke	21.44	4
6	Alison George	Cannock & Stafford	20.18	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Carol Denning	Cannock & Stafford	19.54	7
2	Katherine Mcbeth	Coventry Godiva	19.26	5
3	Tia Alexander	B.R.A.T.	18.83	4
4	Linda Fogg	Charnwood AC	17.89	3
5	Debbie Murch	Rugby/North	17.14	2
6	Katie Gardner	City of Stoke	11.23	1

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Simone Huggins-Ward	Coventry Godiva	42.16	9
2	Olga Kotmilosi	City of Stoke	40.97	7
3	Kerry Murch	Rugby/North	33.99	6
4	Amber Burdett	Charnwood AC	33.92	5
5	Lucy Heap	Cannock & Stafford	33.18	4
6	Jenny Scott	B.R.A.T.	29.26	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Katherine Mcbeth	Coventry Godiva	33.38	7
2	Megan Exley	Rugby/North	29.76	5
3	Alice Knight	Charnwood AC	28.60	4
4	Katie Gardner	City of Stoke	27.36	3
5	Rebecca Bray	Cannock & Stafford	15.17	2
6	Patricee Henry	B.R.A.T.	14.69	1

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		City of Stoke	49.6	9
2		Charnwood AC	50.4	7
3		Cannock & Stafford	51.8	6
4		Rugby/North	52.7	5
5		B.R.A.T.	dq	0

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Womens 4x400m

Posn	Name	Club	Perf	Pts
1		City of Stoke	3.58.2	9
2		Charnwood AC	4.20.0	7
3		Rugby/North	4.31.2	6
4		Cannock & Stafford	4.36.2	5
5		B.R.A.T.	4.49.4	4

GUEST RESULTS

Men	800m	Corey Blanch-Hallett	City of Stoke	2.01.9
Men	200m	A K Esiekpe	Coventry Godiva	24.0
		Myles Lynch	Coventry Godiva	24.7
		Andrew Bedson	City of Stoke	25.5
		Mohammed Sufian	Coventry Godiva	25.6
		Todd Welton	City of Stoke	25.7
Men	s/c	Dave Lee	City of Stoke	7.44.4
Men	400m	Jamie Graham	Cannock & Stafford	58.9
		Paul Edwards	Cannock & Stafford	59.9
Men	1500m	Rob Cook	City of Stoke	4.22.5
		Liam Hendricken	City of Stoke	4.24.8
		Tim Carter	B.R.A.T.	4.29.9
		Tom Hendricken	City of Stoke	4.44.8
Men	100m	Luke Pryor	Coventry Godiva	11.5
		Dave Fraser	Rugby/North	11.8
		Miles Lynch	Coventry Godiva	12.1
		Mo Sufian	Coventry Godiva	12.2
		Andrew Bedson	City of Stoke	12.2
		Shaun Ainge	Cannock & Stafford	13.2
		Paul Edwards	Cannock & Stafford	13.2
		Jamie Graham	Cannock & Stafford	13.3
Men	5000m	Mark Ince		17:03.4