

Women's 400H

1	Lyndsay	Pekin	Australia	59.29
2	Nisha	Desai	Trafford AC	59.58
3	Emily	Bonnett	Yeovil Oly	59.83
4	Megan	Southwart	Bath Uni/Blackheath	60.15

Men's 400H

1	Mowen	Boino	Papua New Guinea	51.20
2	Chris	Wakeford	Sale H	51.69
3	Cameron	Irwin	Colchester H	52.35
4	Darren	Lewis	Sale H	52.77
5	Tom	Moakes	Notts AC	53.39
6	Jamie	Horder	Cheltenham	55.06

Men's Triple Jump

					w/s
1	Julian	Golley	NEB	14.96	0.00
2	Michael	McKernan	Birchfield H	14.65	0.06
3	Joshua	Bones	Scunthorpe	14.30	0.00

Womens Pole Vault

1	Abi	Haywood	Sale	3.90
2	Anna	Massey	SB	3.80
3	Clara	Blättler	E & H	3.60
4	Bryony	Raine	Cardiff	3.60

Womens High Jump

1	Isobel	Pooley	AFD	1.85
2	Hayley	Pitman	Bristol & West	1.65

Women 100m

					w/s 0.0
1	Toea	Wisil	Papua New Guinea	11.61	
2	Helen	Pryer	WSEH	11.91	
3	Jennie	Batten	Stroud & D	12.16	
4	Kylie	Russell	Birchfield	12.16	
5	Ellana	Ruddock	Rugby & Nth	12.45	
6	Megan	Hoult	Kingston on Hull	12.51	

100m Men

					Race 1	w/s 0.00
1	Andrew	Wright	Medway	10.68		
2	Sebastian	Tully-Middleton	Birchfield	10.82		
3	David	Guest	Bridgend	10.93		
4	Nengi	Ossai	SB	10.95		
5	Matthew	Cross	Barnsley AC	10.98		
6	Samuel	Gordon	Cardiff	11.04		
7	Oluntobi	Ogundipe	Telford AC	11.15		

100m Men				Race 2	w/s1.4
1	David	Gain	Ox City	10.99	
2	Oliver	Knight	Charnwood	11.09	
3	Leroy	Phillips	Leicester C	11.17	
4	Peter	Shand	Tipton H	11.17	
5	Chris	Hill	Derby AC	11.19	
6	Nathan	Wade	Birchfield	11.23	
7	Omas	Anyanwu	Coventry G	11.41	

100m Men				Race 3	w/s 0.3
1	Scott	Bajere	Bristol & West	10.57	
2	Ryan	James	Birchfield	10.75	
3	Eldridge	Phiri	Tamworth	10.76	
4	Isaiah	Adekanmbi	E & H	11.01	
5	Santino	Dummett	Telford AC	11.04	
6	Mark	Hanson	E & H	11.04	
7	Shad-Marc	Aaron	Birchfield	11.78	

Women Long Jump					
1	Sarah	Wild	Bath Uni	5.81	w/s 0.2
2	Emma	Lyons	Sale	5.69	w/s 1.1

Men High Jump					
1	Matt	Roberts	NEB	2.10	
2=	Tom	Gardner	City of Sheffield	2.05	
2=	Mark	Brown	Coventry G	2.05	
4	Simon	Phelan	NEB	1.95	
5	Romeo	Sithole	Charnwood	1.90	
6	Stephen	Guest	Bridgend	1.90	
7	Cameron	Hollingshead	Birchfield	1.75	U17

Men Pole Vault					
1	Matthew	Cullen	Sale H	4.80	
2	Nicolas	Cole	Dearnside	4.45	

Women 400m					
1	Betty	Burua	Papua New Guinea	54.06	
2	Adelle	Tracey	Guildford	54.94	
3	Rhiannon	Linnington-Payne	Cardiff	56.26	
4	Melinda	Cooksey	Birchfield	56.62	
5	Rebecca	Williams	Swansea	57.19	
6	Joanne	Ryan	Loughton	57.53	

Mens 400m				Race 1	
1	Tom	Miller	Cardiff	48.75	
2	Christian	Byron	Birchfield	48.92	
3	Gareth	Hopkins	Cardiff	49.89	
4	Martin	Cook	Mansfield	50.53	
5	Ian	Barough	Cheltenham	52.88	
6	Stephan	Goreham	Hillingdon	55.00	

Mens 400m				Race 2	
1	Nelson	Stone	Papua New Guinea	47.83	
2	Ross	Allen	Rugby & Nth	48.67	
3	Nick	Kanonik	Birchfield	49.10	
4	Dale	Willis	Corby	50.24	
5	Adam	Ricketts	Andover	50.57	
6	Ian	Jones	East Cheshire	52.69	T38
Mens 400m				Race 3	
1	Michael	Warner	Notts AC	46.82	
2	Efe	Okoro	Birchfield	48.37	
3	Andrew	Kendall	Crawley	49.45	
4	Tom	Moakes	Notts AC	49.53	
5	Chris	Wakeford	Sale	50.24	
6	Jamie	Horder	Cheltenham	50.71	
7	Gareth	Morris	Cardiff	51.06	
Women 100mH					
1	Ashley	Helsby	Liverpool H	13.56	
2	Megan	Southwart	Bath Uni/Blackheath	14.23	
Men 110mH					w/s 0.0
1	Joseph	Hylton	Birchfield	13.84	
2	Ben	Kelk	Cambridge	14.27	
3	Curtis	Holmes	Birchfield	14.69	
Mens 200m				Race 1	w/s 0.0
1	Nicholas	Pryce	RSC	21.83	
2	Peter	Shand	Tipton H	22.11	
3	Jonathan	Hornblow	Derby AC	22.18	
4	Oliver	Knight	Charnwood	22.32	
5	Samuel	Gordon	Cardiff	22.42	
6	Isaiah	Adekanmbi	E & H	22.63	
7	James	Whitehouse	Birchfield	22.86	
Mens 200m				Race 2	w/s 0.3
1	Andre	Wright	Medway	21.58	
2	David	Gain	Oxford City	21.62	
3	Eldridge	Phiri	Tamworth	21.78	
4	Scott	Bajere	Bristol & West	21.84	
5	Rhys	Knapman	Cardiff	21.86	
6	Nengi	Ossai	SB	22.37	
7	Gareth	Hopkins	Cardiff	22.51	
Women 200m					w/s -0.2
1	Melinda	Cooksey	Birchfield	24.76	
2	Jennie	Batten	Stroud & D	25.12	
3	Ellana	Ruddock	Rugby & Nth	25.45	
4	Rebecca	Williams	Swansea	25.50	

Men Long Jump

1	Ezekiel	Ewulo	WGEL	7.53	w/s 1.8
2	David	Guest	Bridgend	7.17	w/s 0.8
3	Luke	Pryor	Coventry G	7.14	w/s 0.1
4	Jordan	Kelly	Birchfield	6.33	w/s 1.1

Women Triple Jump

no wind speeds, track wind gauge broke and the field windgauge was used for the track

1	Sineade	Gutzmore	Birchfield	13.19
2	Karlene	Misiani	WSEH	13.10
3	Stephanie	Aneto	WGEL	12.75
4	Zara	Asante	Harrow	12.27
5	Anna	Kelly	Shrewsbury	12.19
6	Michelle	Robbins	Trafford	12.12
7	Claire	O'Reilly	Rugby & Nth	11.67
8	Claire	Linskill	Sale	11.66

The women's triple was run on the adjacent runway to the men's long jump which shows virtually no wind times as do the track races that were held at the same time.

U20 Women Discus

1	Alice	Grosjean	Mendip AC	34.65
2	Kimberley	Carter	Telford AC	30.90

U20 Men Shot

1	Alessandro	Dummett	Telford AC	11.72
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U20 Women Shot

1	Annabel	Sherry	Cheltenham	12.58
2	Alice	Grosjean	Mendip AC	10.21
3	Mary	Donaldson	Leamington	8.62
4	Kimberley	Carter	Telford AC	8.30

3000m Senior Men

1	Sam	Mitchell	Notts AC	8.39.48s
2	Stuart	Nelson	Rugby & Nth	8.59.93s

3000m U20 Men

1	Chris	Perrin	Cannock & S	8.51.58s
2	Alex	Brecker	City of Stoke	9.00.69s
3	Rory	Grant	Rugby & Nth	9.03.20s
4	Matthew	Williams	Notts AC	9.10.53s
5	Lewis	Roberts	Worcester	9.15.72
6	Jacob	Allen	Rugby & Nth	9.17.38

U20 Women Javelin

1	Kerry	Murch	Rugby & Nth	42.57
2	Alice	Knight	Charnwood	32.71
3	Isobel	Billau	Bromsgove & R	32.43
4	Mary	Donaldson	Leamington	29.08

Men 800m Wheelchair Final

1	Stuart	Bloor	Stockport H	1.54.55	T54
2	Daniel	Cook	Poole AC	2.09.24	T54
3	Jamie	Carter	King George V	2.14.76	T34
4	James	Cull	Coventry G	2.25.56	T54
5	Isaac	Towers	Kirkby	2.27.01	T34
6	Rob	Smith	Coventry G	2.29.59	T52

Women 800m Wheelchair Final

1	Meggan	Dawson-Farrel	Red Star AC	2.27.95	T54
2	Samantha	Kinghorn	Red Star AC	2.28.06	T54

Men 800m Ambulant

1	George	Bull-McLean	AndoverAC	4.23.15s	T36
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Women Ambulant Javelin

1	Hollie	Arnold	DSW	33.27	F46
2	Ashley	Stevens	Bracknell	9.78	F36

Men Ambulant Javelin

1	Kyron	Duke	DSW	31.74	F40
2	Darren	Stafford	East Cheshire H	20.32	F42

Men Ambulant 100m

				Race 1	w/s 0.2
1	Rhys	Jones	DSW	12.25	T37
2	Daniel	Mayne	Jarrow & H	13.50	T43
3	Sam	Ruddock	Lough St	14.00	T35
4	Joshua	Taylor	Invicta EK	14.10	T38
5	Anthony	Bryan	Herts Ph	16.29	T37
6	Ian	McKechnie	Portsmouth	18.48	T37

Men Ambulant 100m

				Race 2	w/s 0.0
1	James	Arnott	City Of Plymouth	12.55	T46
2	Tony	Mills	DSW	12.74	T44
3	Daniel	Hooker	Ox Uni	12.79	T37
4	Stephen	Keeling	City of Stoke	13.07	T37
5	Chris	Honess	Southport W	13.09	T38
6	Wynston	Stafford	Halifax H	13.23	T13
7	Jordan	Howe	DSW	13.40	T35
8	Owen	Fennell-Rutherford	Southport W	13.42	T37

Men Ambulant 100m

				Race 3	w/s 0.3
1	Kyle	Powell	St Mary's Richmond	11.89	T45
2	Lee	Whiteley	Sale H	12.30	T35
3	Jack	Roughan	Birchfield H	12.52	T12
4	Michael	Churm	Chorley	12.89	T37
5	James	Ball	DSW	13.00	T13
6	Ben	Rushgrove	U/A	13.02	T36
7	Jonas	Zimnickas	E & H	13.55	T44

Women Ambulant 100m				Race 1	w/s 1.4
1	Kelly	Hutchins	Team Bath	15.54	T37
2	Maria	Lyle	Dunbar RC	15.68	T35
3	Louise	Brett	Perth Strathtay H	17.55	T37
4	Eleanor	Hubbert	Witney RR	18.29	T36
5	Poppy Jean	Howell	U/A	18.53	T35
6	Serenity	Howell	U/A	18.72	T35
7	Shannon	Wallace	U/A	20.18	T35
Women Ambulant 100m				Race 2	w/s 0.4
1	Olivia	Breen	City of Portsmouth	14.13	T38
2	Jenny	McLoughlin	Cardiff Uni	14.76	T37
3	Polly	Maton	Devizes M	14.91	T46
4	Amy	Wareing	Stevenage & NH	15.14	T38
5	Hazel	Robson	Jarrow & H	15.68	T36
6	Selina	Litt	Charnwood	25.91	T11
Women Ambulant 100m				Race 3	w/s 0.00
1	Sally	Brown	Springwell RC	13.49	T46
2	Tracey	Hinton	DSW	13.59	T11
3	Hasna	Hakim	Birchfield	14.18	T46
4	Sophie	Kamlish	Team Bath	14.22	T44
5	Natasha	Mead	Exeter H	14.39	T13
Mens Wheelchair 100m				Race 1	w/s 1.1
1	Ronnie	Harris	U/A	22.08	T53
2	Joe	Brazier	Harlow	22.53	T34
3	Adam	Goldspink-Burgess	Harlow	24.39	T34
4	Dan	Bramall	Stockport	25.31	T33
Mens Wheelchair 100m				Race 2	w/s 0.0
1	Stuart	Bloor	Stockport	16.91	T54
2	Daniel	Cook	Poole AC	17.09	T54
3	James	Cull	Coventry G	18.67	T54
4	Jamie	Carter	King George V	18.99	T34
5	Isaac	Towers	Kirkby	19.52	T34
6	Ben	Rowlings	Coventry G	19.89	T34
7	Rob	Smith	Coventry G	20.43	T52
8	James	Price	U/A	21.12	T52
Women Wheelchair 100m					w/s 0.0
1	Georgina	Oliver	Halifax H	18.51	T54
2	Samantha	Kinghorn	Red Star	19.88	T54
3	Charlotte	Moore	Coventry G	21.15	T53
4	Kirsty	Grange	Stockport H	22.46	T54
5	Mel	Nicholls	Coventry G	22.51	T34

Women Ambulant Shot

1	Sophie	Hancock	Leigh H	7.03	F40
2	Alana	Walker	Leeds City	6.52	F37
3	Anna	Nicholson	U/A	4.83	F36

Men Ambulant Shot

1	Josh	Clark	DSW	10.56	F37
2	Kyron	Duke	DSW	10.45	F40
3	Lee	Cupit	Grantham	9.69	F38
4	Joshua	Bain	U/A	8.94	F37
5	Darren	Stafford	East Cheshire	8.66	F42
6	Michael	Pope	St Albans	7.82	F40
7	Thoma	Burton	Sale	7.75	F40
8	David	Neilsen	Chelmsford	7.14	F37

Women Ambulant Long Jump

1	Hasna	Hakim	Birchfield	4.09	T46
2	Chloe	Knight	East Cheshire	3.78	F20
3	Fiona	Clarke	Birchfield	3.65	F38
4	Polly	Maton	Devizes M	3.44	F46

Men Ambulant 400m

1	Tom	Minchington	Yeovil Oly	70.95	T36
2	George	Bull-McLean	Andover	125.03	T37

Women Ambulant 400m

1	Lisa	Daley	Blackpool W & F	64.88	T13
2	Jenny	McLoughlin	Cardiff Uni	72.21	T37

Men Ambulant Long Jump

1	James	Ledger	Swansea	5.52	w/s 0.0
2	Daniel	Hooker	Oxford Uni	4.95	w/s 0.0
3	Anthony	Bryan	Herts PH	3.39	w/s 0.0

Men Wheelchair 400m

				Race 1	
1	Ronnie	Harris		81.63	T53
2	Joe	Brazier	Harlow	85.19	T34
3	Dan	Bramall	Stockport H	95.19	T33
4	Adam	Goldspink-Burgess	Harlow	100.13	T34

Men Wheelchair 400m

				Race 2	
1	Stuart	Bloor	Stockport	56.51	T54
2	Daniel	Cook	Poole AC	63.21	T54
3	Jamie	Carter	King George V	66.16	T34
4	James	Cull	Coventry G	69.18	T54
5	Isaac	Towers	Kirkby	69.59	T34
6	Ben	Rowlings	Coventry G	71.94	T34
7	Rob	Smith	Coventry G	73.79	T52

Women Wheelchair 400m

1	Georgina	Oliver	Halifax H	65.45	T54
2	Samantha	Kinghorn	Red Star	68.88	T54
3	Nikki	Emerson	BWRA	70.03	T53
4	Charlotte	Moore	Coventry G	73.36	T53
5	Meggan	Dawson-Farrel	Red Star	73.47	T54
6	Mel	Nicholls	Coventry G	76.82	T34
7	Kirsty	Grange	Stockport H	85.6	T54

Women Ambulant Discus

1	Holly	Neill	Yeovil Oly	21.33	F40
2	Sophie	Hancock	Leigh H	19.07	F40
3	Anna	Nicholson	U/A	18.98	F36
4	Vicky	Silk	DSW	18.48	F40
5	Alana	Walker	Leeds City	18.44	F37

Men Ambulant Discus

1	Daniel	Greaves	Charnwood	57.83	F44
2	Aled	Davies	DSW	43.24	F42
3	Joshua	Bain	U/A	36.53	F37
4	Scott	Jones	Cheltenham	35.79	F37
5	Josh	Clark	DSW	33.74	F37
6	Sean	Clare	Leigh H	30.14	F40
7	Keith	Gardner	Red Star	27.24	F36
8	Michael	Pope	St Albans	23.67	F40
9	Darren	Stafford	East Cheshire	22.77	F42
10	David	Neilsen	Chelmsford	22.64	F37
11	Thomas	Burton	Sale	22.38	F40
12	Ian	McKechnie	Portsmouth AC	18.69	F37

Men Wheelchair 200m

				Race 1	w/s 0.8
1	Ronnie	Harris		40.84	T53
2	Joe	Brazier	Harlow	42.18	T34
3	Dan	Bramall	Stockport H	45.31	T33
4	Adam	Goldspink-Burgess	Harlow	46.98	T34

Men Wheelchair 200m

				Race 2	w/s 0.0
1	Daniel	Cook	Poole AC	31.74	T54
2	Jamie	Carter	King George V	33.18	T34
3	James	Cull	Coventry G	34.62	T54
4	Isaac	Towers	Kirkby	35.14	T34
5	Ben	Rowlings	Coventry G	35.39	T34
6	Rob	Smith	Coventry G	36.67	T52
7	James	Price	U/A	39.19	T52

Men Ambulant 200m

				Race 1	w/s 0.0
1	Joshua	Taylor	Invicta EK	29.14	T38
2	Chris	Garey	U/A	32.58	T16
3	Anthony	Bryan	Herts Ph	33.29	T37
4	George	Bull-McLean	Andover	56.02	T36

Men Ambulant 200m				Race 2	w/s 0.0
1	Chris	Honess	Southport W	27.48	T38
2	Stafford	Wynston	Halifax H	27.50	T13
3	Daniel	Mayne	Jarrow & H	28.06	T43
4	Owen	Fennell-Rutherford	Southport W	28.34	T37
5	Sam	Ruddock	Lough St	29.42	T35

Men Ambulant 200m				Race 3	w/s 0.0
1	Kyle	Powell	St Mary's Richmond	23.94	T45
2	Lee	Whiteley	Sale H	25.23	T35
3	Rhys	Jones	DSW	25.36	T37
4	James	Arnott	City of Plymouth	25.95	T46
5	Ben	Dushgrove	U/A	26.45	T36
6	Michael	Churm	Chorley	26.69	T37
7	Stephen	Keeling	City of Stoke	26.96	T37

Women Ambulant 200m				Race 1	w/s 1.2
1	Maria	Lyle	Dunbar	32.37	T35
2	Luise	Brett	Perth Strathay	36.75	T37
3	Poppy Jean	Howell	U/A	38.36	T35
4	Eleanor	Hubbert	Witney RR	39.22	T36

Women Ambulant 200m				Race 2	w/s -1.0
1	Polly	Maton	Devizes M	31.08	T46
2	Amy	Wareing	Stevnage & Nth Herts	32.09	T38
3	Hazel	Robson	Jarroe & H	33.26	T36
4	Kelly	Hutchins	Team Bath	33.86	T37

Women Ambulant 200m				Race 3	w/s -0.9
1	Tracey	Hinton	DSW	27.72	T11
2	Saly	Brown	Springwell RC	27.78	T46
3	Natasha	Mead	Exeter H	29.78	T13
4	Olivia	Breen	City of Portsmouth	29.96	T38
5	Sophie	Kamlish	Team Bath	30.23	T44
6	Bethany	Woodward	Team Southampton	30.28	T37
7	Hasna	Hakim	Birchfield	31.95	T46

Women Wheelchair 1500m					
1	Mel	Nichols	Coventry G	4.42.97	T34
2	Meggan	Dawson-Farrrel	Red Star	4.50.49	T54

Men Wheelchair 1500m					
1	Stuart	Bloor	Stockport H	3.44.71	T54
2	Daniel	Cook	Poole AC	4.13.92	T54
3	Ben	Rowlings	Coventry G	4.42.08	T34
4	James	Cull	Coventry G	4.48.90	T54
5	Isaac	Towers	Kirkby	4.51.33	T34
6	Ronnie	Harris		5.26.07	T53

Men Ambulant 1500m					
1	Owen	Miller	Dunfermline & WF	4.11.81	T20
2	Dean	Miller	Barrow & F	4.21.38	T37

U15 Boys Quadrathlon

100m				w/s 2.2m/s
1	Joe	Stewart	Daventry	14.05s
2	Finn	Hutton	Rugby & N'th	14.44s
3	Daniel	Burton	Birchfield H	14.98s
4	Marcus	Harvey	Leicester C	15.75s
Shot				
1	Daniel	Burton	Birchfield H	6.46
2	Finn	Hutton	Rugby & Nth	6.11
3	Joe	Stewart	Daventry	5.28
4	Marcus	Harvey	Leicester C	4.19
Long Jump				
1	Finn	Hutton	Rugby & Nth	4.42
2	Joe	Stewart	Daventry	3.98
3	Daniel	Burton	Birchfield H	3.93
4	Marcus	Harvey	Leicester C	3.45
High Jump				
1	Finn	Hutton	Rugby & Nth	1.36
2	Joe	Stewart	Daventry	1.26
3	Daniel	Burton	Birchfield	1.20
4	Marcus	Harvey	Leicester C	1.08
Overall Scores				
1	Finn	Hutton	Rugby & Nth	1074pts
2	Joe	Stewart	Daventry	940pts
3	Daniel	Burton	Birchfield H	847pts
4	Marcus	Harvey	Leicester C	499pts

QUADRATHLON RESULTS

U15 Girls Quadrathlon

100m				w/s 0.1m/s
1	Megan	Turton	Hereford & Co	13.70s
2	Donachae	Williams	Birchfield H	14.01s
3	Nichole	Birmingham	Birchfield H	14.44s
4	Banita	Samra	Tipton H	14.53s
5	Hannah	Cufflin	Leicester C	14.59s
6	Charlotte	Jones	Derby AC	14.82s
7	Grace	Coleman	Leicester C	14.91s
8	Rhiannon	Turton	Hereford & Co	14.99s

Shot

1	Nichole	Birmingham	Birchfield H	7.59
2	Charlotte	Jones	Derby AC	7.16
3	Donachae	Williams	Birchfield H	6.99
4	Megan	Turton	Hereford & Co	6.97
5	Hannah	Cufflin	Leicester C	4.85
6	Banita	Samra	Tipton H	4.74
7	Rhiannon	Turton	Hereford & Co	4.64
8	Grace	Coleman	Leicester C	4.00

Long Jump

1	Banita	Samara	Tipton H	4.55
2	Charlotte	Jones	Derby AC	4.26
3	Donachae	Williams	Birchfield H	4.08
4	Megan	Turton	Hereford & Co	3.92
5	Nichole	Birmingham	Birchfield H	3.87
6	Hannah	Cufflin	Leicester C	3.78
7	Grace	Coleman	Leicester C	3.70
8	Rhiannon	Turton	Hereford & Co	3.14

High Jump

1	Nichole	Birmingham	Birchfield H	1.35
2=	Grace	Coleman	Leicester C	1.26
2=	Charlotte	Jones	Derby	1.26
4	Banita	Samra	Tipton	1.23
5=	Donachae	Williams	Birchfield H	1.20
5=	Megan	Turton	Hereford & Co	1.20
5=	Hannah	Cufflin	Leicester C	1.20
8	Rhiannon	Turton	Hereford & Co	0.99

Overall Scores

1	Nichole	Birmingham	Birchfield H	1365pts
2	Megan	Turton	Hereford & Co	1291pts
3	Charlotte	Jones	Derby AC	1289pts
4	Donachae	Williams	Birchfield H	1283pts
5	Banita	Samra	Tipton H	1214pts
6	Hannah	Cufflin	Leicester C	1004pts
7	Grace	Coleman	Leicester C	972pts
8	Rhiannon	Turton	Hereford & Co	636pts