



T1 SW 400m Hurdles Heats

Next Round: T27 Final A & B

England Best: 52.74s Sally Gunnell, Stuttgart, 19.09.93

CBP: 58.04, Emily Parker, Epsom, 2011

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	780	Tracey DUNCAN	Woodford Green & Essex Ladies	Southern	59.50	Q
2	759	Samantha COLEBY	Durham City Harriers	Northern	59.62	Q
3	877	Emma PETERS	Cardiff AAC	Midlands	60.55	Q
4	832	Emma KOMOCKI	Notts AC	Midlands	62.75	Q
5	768	Rachel CULSHAW	Wigan & District Harriers	Northern	63.90	q
6	642	Hazel LE CORNU	Channel Islands AC	Southern	64.28	q
7	769	Karoline CURTIS	Belgrave Harriers	Southern	67.62	
8	864	Claire NETLEY	City of Portsmouth AC	Southern	68.78	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	853	Hayley MCLEAN	Chelmsford AC	Southern	59.90	Q
2	921	Megan SOUTHWART	Bath Uni/Blackheath	Southern	60.79	Q
3	947	Lizzie WESSELY	Taunton AC	Southern	61.58	Q
4	785	Jodie FAVELL	Belgrave Harriers	Southern	63.86	Q
5	891	Shona RICHARDS	Epsom	Southern	63.88	q
6	953	Stephanie WILLIAMS	Herts Phoenix AC	Southern	65.79	
7	896	Rachel ROBINSON	Blackheath & Bromley	Southern	66.15	
DNF	764	Frankie COURTNEY	Cheltenham Harriers	Midlands		

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	743	Emily BONNETT	Yeovil Olympiads AC	Southern	59.44	Q
2	773	Nisha DESAI	Trafford AC	Northern	60.95	Q
3	911	Jennifer SIMMONS	Sale Harriers Manchester	Northern	63.26	Q
4	732	Laura BASS	Cambridge & Coleridge AC	Southern	63.81	Q
5	854	Elise MCVICAR	City of York AC	Northern	64.24	q
6	890	Helen REEVES	Worcester AC	Midlands	66.25	
7	923	Lucy SPRAY	Bedford & County AC	Southern	67.44	
8	774	Megan DIXON	Wolverhampton	Midlands	68.79	



T2 SM 400m Hurdles Heats

Next Round: T20 Semi-Finals

England Best: 47.82s Kriss Akabusi, Barcelona, 06.08.92

CBP: 49.73, David Hughes, Sale Harriers, 2011

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	127	Lloyd GUMBS	Shaftesbury Barnet Harriers	Midlands	53.36	Q
2	129	Edward HARRISON	Blackheath & Bromley	Southern	53.60	Q
3	142	Tom MOAKES	Notts AC	Midlands	54.07	Q
4	150	Adam ROGERS	Sale Harriers Manchester	Northern	54.29	q
5	112	Jordan AROMASODU	Victoria Park H	Southern	54.45	
6	118	Jack COOPER	Brighton & Hove City AC	Southern	57.39	
7	133	David HENSHAW	Manchester H	Northern	57.68	
8	153	Russell WHITING	Cheltenham Harriers	Midlands	59.08	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	123	James FORMAN	Southampton AC	Southern	52.73	Q
2	146	Jacob PAUL	Windsor Slough Eton & Hounslow AC	Southern	52.74	Q
3	148	Oliver ROBINSON	Bingley Harriers	Northern	53.70	Q
4	145	Oliver PALMER	City of York AC	Northern	54.15	q
5	131	Michael HASLETT	Cardiff AAC	Northern	54.28	q
6	113	John BRIERLY	Bristol & West AC	Midlands	58.20	q
7	140	Chris LOWE	Macclesfield Harriers	Northern	58.39	
8	128	Brenton HARDWARE	Birchfield Harriers	Midlands	60.17	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	152	Chris WAKEFORD	Sale Harriers Manchester	Southern	53.64	Q
2	120	David DEMPSEY	Newcastle University	Northern	53.74	Q
3	116	Andy CLEMENTS	Windsor Slough Eton & Hounslow AC	Southern	54.25	Q
4	143	Gareth MORRIS	Ashford AC	Southern	54.67	
5	458	Simon DAVIES	Newcastle University	Northern	56.47	
6	141	Christopher MARSHALL	UWIC	Southern	57.14	
7	132	Reece HENDLEY	Oldham	Northern	59.66	
8	114	Manzu-Lyn CAIN	City of Stoke AC	Midlands	62.64	

Heat 4

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	115	Ben CARNE	Harrow AC	Southern	53.04	Q
2	149	Sebastian RODGER	Shaftesbury Barnet Harriers	Southern	53.09	Q
3	138	Cameron IRWIN	Colchester Harriers	Southern	53.26	Q
4	117	Alex COOKE	Trafford AC	Northern	54.35	q
5	124	Steven GARRETT	City of Sheffield AC	Southern	55.32	
6	134	Daniel HOLIDAY	Kingston Upon Hull AC	Northern	56.57	
7	121	Danny DRIVER	Southport Waterloo AC	Northern	60.74	



T3 SM 400m Heats

Next Round: T22 Semi-Finals

England Best: 44.37s Roger Black, Lausanne, 03.07.96

CBP: 46.50, Robert Tobin, Basingstoke & Mid Hants, 2011

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	200	George CADDICK	Sale Harriers Manchester	Northern	47.25	Q
2	197	Iain BRAY	Basingstoke	Southern	48.79	Q
3	189	Ross ALLEN	Rugby	Midlands	48.92	q
4	202	Matthew CONSTABLE	Ipswich Harriers	Southern	49.01	q
5	190	Wayne ASHALL	Liverpool Pembroke	Northern	49.22	q
6	162	Brian DARBY	Coventry Godiva H	Midlands	51.07	
7	192	Adam BARNES	Royal Sutton Coldfield	Midlands	52.02	
8	216	Mark GREAVES	Notts AC	Midlands	56.78	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	236	Sam PETERS	Exeter Harriers	Southern	49.17	Q
2	237	Peter PHILLIPS	Herne Hill Harriers	Southern	49.23	Q
3	218	Nathan HILTON	Liverpool Pembroke	Northern	49.35	q
4	280	Gus KENNEDY	Phoenix AC		49.98	
5	240	Ted ROMNEY	Blackpool Wyre	Northern	51.17	
6	227	Joe MELLOR	Notts AC	Midlands	51.62	
7	243	Chris SINCLAIR	Charnwood AC	Midlands	52.84	
SCR	198	James BUCK	City of York AC	Northern		

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	248	Michael WARNER	Notts AC	Midlands	47.49	Q
2	199	Christian BYRON	Birchfield Harriers	Midlands	48.55	Q
3	210	Luke EDWARDS	City of Sheffield AC	Northern	48.72	q
4	228	Ben MORRIS	Leicester Coritanian AC	Midlands	49.52	
5	217	Daniel HIGHAM	Liverpool Pembroke	Northern	49.68	
6	7	Thaddeus ANIM-SOMUAH	St Helens Sutton AC	Northern	50.05	
7	211	Michael FAIRFIELD	Liverpool Harriers	Northern	52.04	

Heat 4

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	229	Richard MORRISSEY	Havering Mayesbrook AC	Southern	48.65	Q
2	233	Efekemo OKORO	Birchfield Harriers	Southern	48.78	Q
3	250	Dale WILLIS	Corby AC	Midlands	49.47	
4	246	Chris TANDI	City of Portsmouth AC	Southern	49.50	
5	203	Martin COOK	Mansfield H	Midlands	50.36	
6	208	James ECCLES	Bolton Utd Harriers & AC	Northern	51.66	
7	209	Ross EDGLEY	Wolverhampton	Midlands	51.97	



Heat 5

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	222	Andrew KENDALL	Crawley AC	Southern	48.35	Q
2	158	Andrew BOUDRIE	Belgrave Harriers	Southern	48.47	Q
3	244	Matt SINCLAIR	Crawley AC	Southern	48.53	q
4	223	Zach KING	Notts AC	Midlands	48.84	q
5	215	Joe GAYNOR	Herts Phoenix AC	Southern	50.32	
6	168	Alex FIELDS	Bristol & West AC	Midlands	51.03	
7	193	Matthew BAYLISS	Birmingham Running	Midlands	51.38	

Heat 6

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	205	Harry DORAN	Liverpool Pembroke	Northern	48.27	Q
2	187	Mo ABDULLAHI	City of Portsmouth AC	Southern	48.60	Q
3	207	David EAMES	Loughborough Students AC	Midlands	49.53	
4	221	Paul JUDSON	Notts AC	Midlands	50.01	
5	155	Alex BALE	Blackpool Wyre	Northern	50.26	
6	181	Kevin SAMUELS	Wolverhampton	Midlands	52.30	
DNS	144	David MUNRO	Wolverhampton	Midlands		

Heat 7

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	195	Alex BOYCE	Liverpool Harriers	Northern	48.42	Q
2	253	Lloyd ZVASIYA	Birchfield Harriers	Midlands	48.93	Q
3	174	Nick KANONIK	Birchfield Harriers	Midlands	49.06	q
4	245	Benjamin STURGESS	Marshall Milton Keynes AC	Midlands	49.80	
5	230	David MOULD	Bromsgrove	Midlands	50.25	
6	177	Abdillah NASSIR	Charnwood AC	Midlands	50.75	
7	37	Harrison FOSTER	Bingley Harriers	Northern	51.75	

Heat 8

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	252	Lawrence WOOLDRIDGE	Kent AC	Southern	47.88	Q
2	191	Lawrence BAIRD	Trafford AC	Northern	48.59	Q
3	242	Paul SCANLAN	Woodford Green & Essex Ladies	Southern	49.48	
4	225	Stewart MARSHALL	Coventry Godiva H	Midlands	50.09	
5	226	Kieran MCKEEVER	Notts AC	Midlands	50.12	
6	156	Aaron BANDOO	Wolverhampton	Midlands	53.35	
DQ	234	Lolu OLUWOLE-OJO	Windsor Slough Eton & Hounslow AC	Southern		



T4 SW 400m Heats

Next Round: T23 Semi-Finals

England Best: 49.93s Kathy Cook, Los Angeles 06.08.84

CBP: 53.08, Nadine Okere, Birchfield Harriers, 2011

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	870	Lesley OWUSU	Windsor Slough Eton & Hounslow AC	Southern	55.46	Q
2	792	Donna FRASER	Croydon H	Southern	55.72	Q
3	869	Shelayna OSKAN-CLARKE	Windsor Slough Eton & Hounslow AC	Southern	56.46	Q
4	954	Deborah WILLIS	Herts Phoenix AC	Southern	57.15	Q
5	911	Jennifer SIMMONS	Sale Harriers Manchester	Northern	57.38	q
6	731	Leah BARROW	Windsor Slough Eton & Hounslow AC	Southern	57.71	q
7	747	Lauren BRENNAN	Sale Harriers Manchester	Northern	59.83	
8	969	Lisa DALEY	Blackpool Wyre & Fylde AC		66.48	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	825	Tara KAFKE	Radley AC	Southern	54.95	Q
2	884	Emma PULLEN	Cardiff AAC	Midlands	55.34	Q
3	740	Loren BLEAKEN	Team Bath AC	Midlands	55.43	Q
4	802	Jodie HARRISON	Wolverhampton	Midlands	56.15	Q
5	916	Rachael SMITH	Southampton AC	Southern	57.41	q
6	720	Yimika ADEWAKUN	Blackheath & Bromley	Southern	58.22	
7	901	Joanne RYAN	Loughton AC	Southern	58.36	
8	860	Wendy MORANT	Birchfield Harriers	Midlands	89.59	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	883	Harriet PRYKE	Manx Harriers	Northern	55.35	Q
2	818	Ann IKA OQUA	Wolverhampton	Midlands	55.49	Q
3	878	Becky PILE	Belgrave Harriers	Southern	56.34	Q
4	817	Dawn HUNT	Windsor Slough Eton & Hounslow AC	Southern	56.42	Q
5	793	Amy FREEMAN	Spensborough & Dist AC	Northern	56.44	q
6	945	Carley WENHAM	Crawley AC	Southern	57.77	
7	745	Chloe BRADLEY	Doncaster AC	Midlands	58.46	
8	766	Laura CREIGHTON	Charnwood AC	Midlands	60.55	



T5 SM 800m Heats

Next Round: T24 Semi-Finals

England Best: 1m 41.73s Sebastian Coe, Florence, 10.06.81

CBP: 1.49.58, Darren St Clair, 2010

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	342	Michael SALTER	Leeds City AC	Northern	01:54.64	Q
2	285	Niall MAGUIRE	Derby AC	Northern	01:54.95	Q
3	292	Andrew PROVOST	Aldershot, Farnham & Dist	Southern	01:55.05	Q
4	261	Andrew CONSTABLE	Birchfield Harriers	Midlands	01:55.36	Q
5	122	Daniel ECKERSLEY	Kingston Upon Hull AC	Northern	01:57.30	q
6	287	Thomas MEAKIN	OWLS AC	Midlands	01:59.05	
7	291	James PALMER	City of York AC	Northern	02:00.75	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	271	Harry FISHER	Southampton AC	Southern	01:54.59	Q
2	340	Thomas ATKINSON	Sale Harriers Manchester	Northern	01:54.71	Q
3	289	Luke MINNS	Blackpool Wyre	Northern	01:54.96	Q
4	267	Nick DUGGAN	Crawley AC	Southern	01:55.40	Q
5	301	Louis WALSH	Herts Phoenix AC	Southern	01:57.60	q
6	281	Chris LAMB	Rugby	Midlands	01:58.32	q
7	144	David MUNRO	Wolverhampton	Midlands	02:04.50	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	157	Rory GRAHAM-WATSON	Windsor Slough Eton & Hounslow AC		01:56.76	Q
2	304	Mike WILSMORE	Bristol & West AC	Southern	01:56.78	Q
3	278	Jonathan HIORNS	Notts AC	Midlands	01:57.12	Q
4	262	Ryan COX	Birchfield Harriers	Midlands	01:58.24	Q
5	274	Toby GRIFFITHS	Loughborough Students AC	Midlands	01:59.10	
6	265	Jack DERHAM	City of York AC	Northern	02:01.89	
7	238	Clark ROBERTS	Coventry Godiva H	Midlands	02:04.91	

Heat 4

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	196	Jordan BRANSBERG	Skyrac AC	Northern	01:55.40	Q
2	293	Dave RAGAN	Basingstoke	Southern	01:55.56	Q
3	258	Aaron BENNETT	Southampton AC / UWIC	Southern	01:55.76	Q
4	260	Hayden CARTER	Basingstoke	Southern	01:55.85	Q
5	290	Joshua OGUNTAYO	Sale Harriers Manchester	Northern	01:56.39	q
6	266	Ryan DRANSFIELD	Spenborough & Dist AC	Northern	02:03.35	
7	302	Peter WATKEYS	Basingstoke	Southern	02:07.30	

Heat 5

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	263	Andrew DEAN-YOUNG	Bristol & West AC	Midlands	01:56.82	Q
2	259	John BIRD	Ipswich Harriers	Southern	01:56.86	Q
3	286	Chris MATTHEWS	Blackburn Harriers	Northern	01:56.89	Q
4	296	Daniel STEPNEY	Phoenix AC	Southern	01:57.29	Q
5	288	James MILLER	Cheltenham Harriers	Midlands	01:58.59	
6	295	Adam SIMMS	Altrincham	Northern	01:59.07	
7	257	Aaron BARKER	Rossendale Harriers	Northern	01:59.34	



T6 SW 800m Heats

Next Round: T38 Final A & B

England Best: 1m 56.21s Kelly Holmes, Monaco, 08.09.95

CBP: 2.04.48, Stacey Smith, Gateshead H, 2010

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	828	Gemma KERSEY	Basildon AC	Southern	02:10.03	Q
2	680	Jenna HILL	Sale Harriers Manchester	Northern	02:10.81	Q
3	722	Chloe ANDERSON	UWIC	Southern	02:11.28	
4	842	Nicola MADDICK	Kingston Upon Hull AC	Northern	02:12.85	
5	935	Alexandra TURNER	Amber Valley AC	Northern	02:14.66	
6	914	Louise SMITH	Leeds Uni	Northern	02:24.86	
DNF	944	Katherine WELLAM	Sale Harriers Manchester	Northern		
DNS	860	Wendy MORANT	Birchfield Harriers	Midlands		

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	941	Jennifer WALSH	Spensborough & Dist AC	Northern	02:10.62	Q
2	934	Adelle TRACEY	Guildford	Southern	02:11.01	Q
3	824	Montana JONES	Aldershot, Farnham & Dist	Southern	02:11.44	
4	650	Charlotte ARTER	Cardiff AAC	Southern	02:11.96	
5	728	Madeleine AUSTIN	Guildford	Southern	02:13.22	
6	908	Natalie SHAW	Derby AC	Northern	02:14.98	
7	723	Nina ANDERSON	Shaftesbury Barnet Harriers	Southern	02:20.03	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	752	Claire BURGOYNE	Shrewsbury AC	Midlands	02:10.70	Q
2	850	Sarah MCDONALD	Jarrow & Hebburn	Northern	02:10.87	Q
3	734	Alexandra BELL	Pudsey	Northern	02:10.98	q
4	910	Catherine SIMMONDS	Notts AC	Midlands	02:11.22	q
5	733	Jenny BECKINGHAM	Southampton AC	Southern	02:12.05	
6	758	Dani COCKING	Cardiff AAC	Southern	02:13.42	
7	951	Emma WILLIAMS	Middlesbrough AC (Mandale)	Northern	02:19.09	



T7 SM 100m Heats

Next Round: T18 Semi-Finals

England Best: 9.87 (+0.3) Linford Christie, Stuttgart 15.08.93

CBP: 10.09w, Harry AIKINES-Aryeetey, 2011

Heat 1 Wind: +0.6 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	91	Andre WRIGHT	Medway	Southern	10.72	Q
2	41	Robert GRAHAM	Herne Hill Harriers	Southern	10.78	Q
3	70	Ricky REEVES	City of Sheffield AC	Northern	10.97	Q
4	57	Todd MARSHALL	City of Sheffield AC	Northern	11.09	
5	5	Jermaine ALEXANDER	Blackheath & Bromley	Southern	11.14	
6	46	Rick BEARDELL	City of Sheffield AC		11.20	
7	388	Jonathan PEACOCK	enfield & harringey		11.44	
8	44	Lewis HARRIS	Birchfield Harriers	Midlands	11.62	

Heat 2 Wind: -1.0 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	84	Oweka WANOGHO	Croydon H	Southern	10.94	Q
2	11	Scott BAJERE	Bristol & West AC	Midlands	10.96	Q
3	18	Jonathan BROWNE	Kent AC	Southern	10.99	Q
4	1	Nayef ABED	Sale Harriers Manchester	Northern	11.25	
5	77	Peter SHAND	Tipton H	Midlands	11.27	
6	85	Peter WATLING	Wolverhampton	Midlands	11.67	
7	43	Talent GUKWE	Cannock & Stafford AC	Midlands	11.83	
8	56	Jack ROUGHAN	Birchfield Harriers	Midlands	12.79	

Heat 3 Wind: -0.3 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	80	Joshua STREET	South London Harriers	Southern	10.76	Q
2	58	Andrew MATTHEWS	Windsor Slough Eton & Hounslow AC	Southern	10.89	Q
3	32	Carl DICKINSON	Sale Harriers Manchester	Northern	10.95	Q
4	67	Yannick PHIPPEN	Birchfield Harriers	Midlands	11.06	q
5	69	Elliott PRENDERGAST	Bristol & West AC	Midlands	11.42	
6	64	Graham PARSONS	Kendal AAC	Northern	11.43	
7	62	James O'DONOVAN	Newcastle University	Northern	11.74	
8	34	Kevin DZENGA	Tipton H	Midlands	11.92	

Heat 4 Wind: +0.4 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	78	Judah SIMPSON	Derby AC	Midlands	10.74	Q
2	39	Tremayne GILLING	Blackheath & Bromley	Southern	10.77	Q
3	14	Duayne BOVELL	Blackheath & Bromley	Southern	10.99	Q
4	42	Darren GREEN	Kent AC	Southern	10.99	q
5	25	Jason COMMISSIONG	Thames Valley H	Southern	11.14	
6	90	Joshua WOOD	Harrow AC	Southern	11.45	
7	6	Alex ANIMASHAUN	Harrow AC	Midlands	11.57	
8	37	Harrison FOSTER	Bingley Harriers	Northern	11.80	



Heat 5

Wind: +0.4 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	269	Deji TOBAIS	Windsor Slough Eton & H		10.84	Q
2	24	Lewis CLARKE	Dacorum	Southern	11.27	Q
3	8	Moses ARTHUR	Shaftesbury Barnet Harriers	Southern	11.32	Q
4	48	Donovan JAMES	Wolverhampton	Midlands	11.34	
5	72	Byron ROBINSON	Herne Hill Harriers	Southern	11.34	
6	30	Daniel DAVIS	Woodford Green & Essex Ladies	Southern	11.35	
7	52	George KENYON	Gateshead Harriers	Southern	11.45	
8	60	Jerome MCINTOSH	City of Sheffield AC	Northern	11.69	

Heat 6

Wind: -0.2 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	89	Simeon WILLIAMSON	Highgate Harriers AC	Southern	10.78	Q
2	88	James WILLIAMS	Wirral AC	Northern	10.89	Q
3	75	Sean SAFO-ANTWI	Enfield & Haringey AC	Southern	10.93	Q
4	31	William DE TORVY-BALLOU	Thames Valley H	Southern	11.02	q
5	54	Oliver KNIGHT	Charnwood AC	Midlands	11.39	
6	7	Thaddeus ANIM-SOMUAH	St Helens Sutton AC	Northern	11.57	
7	16	Andrew BOYD	Wirral AC	Northern	11.65	

Heat 7

Wind: -0.2 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	21	Greg CACKETT	Belgrave Harriers	Southern	10.72	Q
2	49	Ryan JAMES	Birchfield Harriers	Midlands	10.87	Q
3	68	Eldridge PHIRI	Tamworth AC	Midlands	10.93	Q
4	55	Karl LEDINGTON	Birchfield Harriers	Midlands	11.12	
5	82	Jim TIPPER	Telford AC	Midlands	11.35	
6	279	Ola ABIDOGUN	Horwich RMI Harriers		11.50	
7	27	Matthew CROSS	Barnsley Athletic Club	Northern	43.57	



T8 SW 100m Heats

Next Round: T19 Semi-Finals

England Best: 11.05 Montell Douglas, Loughborough 17.07.08

CBP: 11.23, Laura Turner, Harrow AC, 2011

Heat 1						Wind: -1.4m/s
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	622	Annabelle LEWIS	Kingston Upon Hull AC	Northern	11.74	Q
2	621	Jeanette KWAKYE	Woodford Green & Essex Ladies	Southern	12.02	Q
3	638	Steffi WILSON	Poole AC	Southern	12.07	Q
4	602	Jennie BATTEN	Stroud & Dist AC	Midlands	12.38	q
5	605	Shelley BOWEN	Reading AC	Southern	12.39	q
6	640	Libby CLEGG	Charnwood AC	Midlands	12.85	
7	612	Yehnine GAYLE	Blackheath & Bromley	Southern	12.88	

Heat 2						Wind: -0.9 m/s
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	636	Abbi TYSON	Birchfield Harriers	Midlands	11.85	Q
2	625	Ashleigh NELSON	City of Stoke AC	Southern	12.19	Q
3	611	Azaria FRANCIS	Woodford Green & Essex Ladies	Southern	12.41	Q
4	620	Megan HOULT	Kingston Upon Hull AC	Northern	12.43	q
5	616	Melisa HANSON	Birchfield Harriers	Midlands	12.49	
6	610	Temi ERINOSO	Newham & Essex Beagles	Southern	12.72	
7	623	Becky MCLINDEN	Wirral AC	Northern	13.28	

Heat 3						Wind: -0.3 m/s
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	628	Marilyn NAWAWULOR	Harrow AC	Southern	11.88	Q
2	609	Katherine ENDACOTT	City of Plymouth AC	Southern	12.01	Q
3	624	Daryll NEITA	Cambridge Harriers	Southern	12.12	Q
4	603	Abigail BISHELL	City of Sheffield AC	Northern	12.50	
5	630	Ellena RUDDOCK	Rugby	Midlands	12.76	
6	637	Michelle WATSON	Herne Hill Harriers	Southern	12.92	
7	635	Shireen TIMMIS	Lincoln Wellington AC	Northern	13.15	

Heat 4						Wind: -1.1 m/s
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	604	Louise BLOOR	Trafford AC	Northern	11.85	Q
2	634	Torema THOMPSON	Enfield & Haringey AC	Southern	12.03	Q
3	626	Tunrayo NUBI	Enfield & Haringey AC	Southern	12.28	Q
4	601	Emma BAILEY	Rugby	Midlands	12.34	q
5	629	Laura ROBSON	Wakefield & District H & AC	Northern	12.51	
DQ	606	Kadeena COX	Leeds City AC	Northern		



T9 SW 3000m S/Chase Straight Final

England Best: 9m 29.14s Helen Clitheroe, Beijing 15.08.08

CBP: 10.11.19, Tina Bown, 2010

Posn	BIB	ATHLETE	CLUB	RAZA	Perf
1	653	Carolyn BOOSEY	Vale of Aylesbury AC	Southern	10:59.51
2	938	Victoria WALKER	Shaftesbury Barnet Harriers	Southern	11:05.78
3	922	Kate SPILSBURY	Vale Royal AC	Northern	11:38.83

T10 SW 400m W/C

Posn	BIB	ATHLETE	CLUB	RAZA	Perf
1	983	Charlotte MOORE	Coventry Godiva Harriers	454	01:14.74
2	975	Kirsty GRANGE	Stockport Harriers	179	01:24.23

T11 SM 400m W/C

Posn	BIB	ATHLETE	CLUB	RAZA	Perf
1	337	Isaac TOWERS	Kirby	675	71.17
2	428	Ben ROWLINGS	Coventry Godiva Harriers	664	71.84
3	573	Stuart BLOOR	Stockport Harriers & AC	503	55.78
4	427	James PRICE	Unattached	148	91.05
5	581	James CULL	Coventry Godiva Harriers	141	70.33
DNF	588	Anthony GOTTS	Stockport		



T12 SW 1500m Heats

Next Round: T48 Final A & B

England Best: 3m 57.90s Kelly Holmes, Athens, 28.08.04

CBP: 4.20.93, Stevie Stockton, 2010

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	702	Stacey JOHNSON	Cannock & Stafford AC	Midlands	04:25.08	Q
2	651	Philippa AUKETT	Shaftesbury Barnet Harriers	Southern	04:25.84	Q
3	671	Kate AVERY	Shildon R	Northern	04:27.26	Q
4	741	Catherine BLEW	Taunton AC	Southern	04:30.17	Q
5	688	Ellie STEVENS	Birchfield Harriers	Northern	04:31.00	
6	667	Pippa WOOLVEN	Wycombe Phoenix H	Southern	04:32.06	
7	659	Elaine MURTY	Blackheath & Bromley	Southern	04:33.35	
8	666	Louise WEBB	Southampton AC	Southern	04:35.73	
9	689	Michelle STONE	Kingston Upon Hull AC	Northern	04:38.61	
10	681	Samantha JOHNSON	Rotherham Harriers	Northern	04:40.88	
11	674	Emily BEEDHAM	Sale Harriers Manchester	Northern	04:46.00	
12	700	Rebecca HALL	Corby AC	Midlands	04:48.39	
13	703	Rebecca PIERCE	Team Bath AC	Midlands	04:50.57	
14	701	Dannii JOHNSON	Birchfield Harriers	Midlands	04:52.01	
15	656	Yasmin GOATER	Guildford	Southern	04:56.56	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	676	Jacqueline FAIRCHILD	Trafford AC	Northern	04:25.62	Q
2	682	Rebecca LINNEY	Liverpool Harriers	Northern	04:25.81	Q
3	673	Racheal BAMFORD	Otley AC	Northern	04:26.25	Q
4	662	Carolyn PLATEAU	Loughborough Students AC	Southern	04:26.66	Q
5	652	Danielle BARNES	Newquay	Southern	04:28.08	q
6	654	Melissa COURTNEY	Shaftesbury Barnet Harriers	Southern	04:29.73	q
7	675	Claire DUCK	Leeds City AC	Northern	04:29.83	q
8	705	Chloe RICHARDSON	Birchfield Harriers	Midlands	04:30.33	q
9	706	Katherine TURNER	Team Bath AC	Midlands	04:33.69	
10	670	Jade ALLEN	Rotherham Harriers	Northern	04:35.47	
11	677	Rachael FRANKLIN	Manx Harriers	Northern	04:37.01	
12	683	Rebecca MIDDLETON	Rotherham Harriers	Northern	04:43.33	
13	655	Monique DAVIS	Herne Hill Harriers	Southern	04:53.18	
DNF	660	Lily PARTRIDGE	Aldershot, Farnham & Dist	Southern		



T13 SM 1500m Heats

Next Round: T49 Final A & B

England Best: 3m 29.67s Steve Cram, Nice, 16.07.85

CBP: 3.42.67, Nick McCormick, 2010

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	401	Stephen MITCHELL	Bristol & West AC	Midlands	03:50.80	Q
2	311	Thomas ANDERSON	Winchester	Southern	03:51.99	Q
3	351	Mathew JACKSON	Liverpool Harriers	Northern	03:52.20	Q
4	394	Thomas GAYLE	Newham & Essex Beagles	Midlands	03:52.44	q
5	323	James POOLE	Blackheath & Bromley	Southern	03:55.96	
6	327	Daniel WOODGATE	Luton AC	Southern	03:58.94	
7	358	Jordan WILDRIANNE	Team Derby Runner	Northern	03:59.49	
8	392	Tom CROWLEY	Notts AC	Midlands	03:59.93	
9	321	Steve PHILLIPS	Southampton AC	Southern	04:02.35	
10	347	Dean CRANGLE	Northumbria Uni	Northern	04:17.01	
DNF	398	Tom MAHON	OWLS AC	Midlands		

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	349	Harry HARPER	Liverpool Harriers	Northern	03:51.54	Q
2	313	Alex CORNWELL	Woodford Green & Essex Ladies	Southern	03:51.54	Q
3	312	Daniel CLORLEY	Luton AC	Southern	03:51.54	Q
4	409	James TROLLOPE	Coventry Godiva H	Midlands	03:53.06	q
5	316	Niall FLEMING	Shaftesbury Barnet Harriers	Southern	03:55.08	q
6	404	Chris PERRIN	Cannock & Stafford AC	Midlands	03:56.37	
7	406	Ben SHARMAN	Birchfield Harriers	Midlands	03:56.56	
8	391	Joe BROCKLEHURST	Shrewsbury AC	Midlands	03:58.02	
9	344	James BLEAKLEY	Trafford AC	Northern	04:03.33	
10	407	Alistair SMITH	Coventry Godiva H	Midlands	04:05.07	
11	352	Ben MARTIN	Trafford AC	Northern	04:10.96	
12	402	Luke MONTGOMERY	Corby AC	Midlands	04:13.24	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	357	Richard WEIR	Derby AC	Northern	03:55.10	Q
2	359	Dale WORTON	Leeds City AC	Northern	03:55.46	Q
3	354	Nick SAMUELS	Sale Harriers Manchester	Northern	03:55.60	Q Re-instated
4	400	Sam MITCHELL	Notts AC	Midlands	03:55.76	Q
5	320	Andrew MARIANI	Woodford Green & Essex Ladies	Southern	03:58.87	
6	319	Stuart KING	Mansfield H	Midlands	03:59.88	
7	399	Chris MCGURK	Notts AC	Midlands	04:02.02	
8	393	Richard DE-CAMPS	Gloucester AC	Midlands	04:04.87	
9	341	Max KAYE	Holmfirth Harriers AC	Northern	04:12.62	
10	396	Thomas HALLOWAY	Staffordshire Moorlands AC	Midlands	04:22.87	
DNF	345	Ryan BUCK	City of York AC	Northern		



T14 SW 100m Ambulant

Posn	BIB	ATHLETE	CLUB	Points	Perf	
1	996	Sophia WARNER	worthing harriers	1037	17.39	Wind: -1.2 m/s
2	978	Katrina HART	Birchfield Harriers	873	14.85	Wind: -0.1 m/s
3	383	Bethany WOODWARD	Southampton	866	14.90	Wind: -1.2 m/s
4	992	Hazel ROBSON	Jarrow & Hebburn AC	796	15.91	Wind: -1.2 m/s
5	967	Olivia BREEN	Portsmouth	768	14.50	Wind: -1.2 m/s
6	994	Shannon WALLACE	Unattached	724	20.02	Wind: -0.1 m/s
7	982	Selina LITT	Charndwood AC	693	14.61	Wind: -1.2 m/s
8	980	Kelly HUTCHINS	team bath	689	16.07	Wind: -1.2 m/s
9	995	Amy WAREING	Stevenage & North Herts AC	627	15.21	Wind: -1.2 m/s
10	979	Eleanor HUBBERT	Witney Road Runners	548	18.94	Wind: -0.1 m/s
10	974	Natalie GOWER	Harlow AC	548	21.76	Wind: -0.1 m/s

T15 SM 100m Ambulant

Posn	BIB	ATHLETE	CLUB	Points	Perf	
1	305	Ben RUSHGROVE	Team Bath	859	13.02	Wind: -1.2 m/s
2	429	Sam RUDDOCK	Loughborough Students AC	767	14.10	Wind: -1.1 m/s
3	576	Michael CHURM	Chorley AC	734	12.98	Wind: -1.2 m/s
4	595	Stephen KEELING	City of Stoke AC	721	13.05	Wind: -1.2 m/s
5	593	Daniel HOOKER	Oxford University AC	698	13.17	Wind: -1.2 m/s
6	596	Kushal LIMBU	Ashford AC	580	12.72	Wind: -1.2 m/s
7	56	Jack ROUGHAN	Birchfield Harriers	571	12.59	Wind: -1.1 m/s
8	592	Chris HONESS	Southport & Waterloo	562	13.46	Wind: -1.2 m/s
9	594	Scott JONES	Cheltenham & County Harriers	524	14.16	Wind: -1.1 m/s
10	59	Daniel MAYNE	Jarrow & Hebburn	382	13.73	Wind: -1.1 m/s
11	307	Wynston Berice STAFFORD	Halfax	327	13.05	Wind: -1.2 m/s
12	336	Joshua TAYLOR	Invicta East Kent AC	275	14.81	Wind: -1.1 m/s
13	574	Anthony BRYAN	Herts Phoenix	227	16.36	Wind: -1.1 m/s

T16 SW 100m W/C

Posn	BIB	ATHLETE	CLUB	Points	Perf	Wind: -2.4 m/s
1	988	Mel NICHOLLS	Coventry Godiva Harriers	630	23.67	
2	966	Vicki BELL	Exeter Harriers	370	28.20	
3	983	Charlotte MOORE	Coventry Godiva Harriers	272	22.78	
4	975	Kirsty GRANGE	Stockport Harriers	265	22.83	

T17 SM 100m W/C

Posn	BIB	ATHLETE	CLUB	Points	Perf	Wind: -1.6 m/s
1	428	Ben ROWLINGS	Coventry Godiva Harriers	774	20.49	
2	337	Isaac TOWERS	Kirby	765	20.65	
3	573	Stuart BLOOR	Stockport Harriers & AC	605	16.94	
4	427	James PRICE	Unattached	354	22.97	
5	581	James CULL	Coventry Godiva Harriers	331	19.66	
6	588	Anthony GOTTS	Stockport	318	19.81	



T18 SM 100m Semi-Finals

Next Round: T26 Final A & B

England Best: 9.87 (+0.3) Linford Christie, Stuttgart 15.08.93

CBP: 10.09w, Harry AIKINES-Aryeetey, 2011

Semi 1 Wind: +0.1 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	269	Deji TOBAIS	Windsor Slough Eton & H		10.64	Q
2	91	Andre WRIGHT	Medway	Southern	10.69	Q
3	11	Scott BAJERE	Bristol & West AC	Midlands	10.74	
4	18	Jonathan BROWNE	Kent AC	Southern	10.74	
5	84	Oweka WANOGHO	Croydon H	Southern	10.75	
6	88	James WILLIAMS	Wirral AC	Northern	10.82	
7	70	Ricky REEVES	City of Sheffield AC	Northern	10.90	
8	67	Yannick PHIPPEN	Birchfield Harriers	Midlands	11.10	

Semi 2 Wind: -1.4 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	89	Simeon WILLIAMSON	Highgate Harriers AC	Southern	10.58	Q
2	39	Tremayne GILLING	Blackheath & Bromley	Southern	10.59	Q
3	21	Greg CACKETT	Belgrave Harriers	Southern	10.64	q
4	58	Andrew MATTHEWS	Windsor Slough Eton & Hounslow AC	Southern	10.89	
5	31	William DE TORVY-BALLOU	Thames Valley H	Southern	10.91	
6	14	Duayne BOVELL	Blackheath & Bromley	Southern	11.00	
7	24	Lewis CLARKE	Dacorum	Southern	11.54	
DNS	32	Carl DICKINSON	Sale Harriers Manchester	Northern		

Semi 3 Wind: -0.4 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	75	Sean SAFO-ANTWI	Enfield & Haringey AC	Southern	10.62	Q
2	80	Joshua STREET	South London Harriers	Southern	10.66	Q
3	78	Judah SIMPSON	Derby AC	Midlands	10.68	q
4	41	Robert GRAHAM	Herne Hill Harriers	Southern	10.80	
5	68	Eldridge PHIRI	Tamworth AC	Midlands	10.86	
6	49	Ryan JAMES	Birchfield Harriers	Midlands	10.98	
7	8	Moses ARTHUR	Shaftesbury Barnet Harriers	Southern	11.10	
8	42	Darren GREEN	Kent AC	Southern	11.13	



T19 SW 100m Semi-Finals

Next Round: T25 Final A & B

England Best: 11.05 Montell Douglas, Loughborough 17.07.08

CBP: 11.23, Laura Turner, Harrow AC, 2011

Semi 1

Wind: -0.9 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	622	Annabelle LEWIS	Kingston Upon Hull AC	Northern	11.72	Q
2	625	Ashleigh NELSON	City of Stoke AC	Southern	11.75	Q
3	628	Marilyn NAWAWULOR	Harrow AC	Southern	11.80	Q
4	638	Steffi WILSON	Poole AC	Southern	11.98	Q
5	601	Emma BAILEY	Rugby	Midlands	12.43	q
6	620	Megan HOULT	Kingston Upon Hull AC	Northern	12.46	q
7	611	Azaria FRANCIS	Woodford Green & Essex Ladies	Southern	12.53	q
DNS	609	Katherine ENDACOTT	City of Plymouth AC	Southern		

Semi 2

Wind: -1.3 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	604	Louise BLOOR	Trafford AC	Northern	11.74	Q
2	621	Jeanette KWAKYE	Woodford Green & Essex Ladies	Southern	11.75	Q
3	636	Abbi TYSON	Birchfield Harriers	Midlands	11.84	Q
4	624	Daryll NEITA	Cambridge Harriers	Southern	12.01	Q
5	634	Torema THOMPSON	Enfield & Haringey AC	Southern	12.02	q
6	605	Shelley BOWEN	Reading AC	Southern	12.27	q
7	626	Tunrayo NUBI	Enfield & Haringey AC	Southern	12.38	q
8	602	Jennie BATTEN	Stroud & Dist AC	Midlands	12.40	q



T20 SM 400m Hurdles Semi-Finals

Next Round: T28 Final A & B

England Best: 47.82s Kriss Akabusi, Barcelona, 06.08.92

CBP: 49.73, David Hughes, Sale Harriers, 2011

Semi 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	123	James FORMAN	Southampton AC	Southern	50.54	Q
2	152	Chris WAKEFORD	Sale Harriers Manchester	Southern	52.17	Q
3	146	Jacob PAUL	Windsor Slough Eton & Hounslow AC	Southern	52.26	Q
4	120	David DEMPSEY	Newcastle University	Northern	53.00	q
5	138	Cameron IRWIN	Colchester Harriers	Southern	53.35	q
6	145	Oliver PALMER	City of York AC	Northern	54.19	
7	117	Alex COOKE	Trafford AC	Northern	54.31	
DNS	116	Andy CLEMENTS	Windsor Slough Eton & Hounslow AC	Southern		

Semi 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	115	Ben CARNE	Harrow AC	Southern	52.11	Q
2	149	Sebastian RODGER	Shaftesbury Barnet Harriers	Southern	52.18	Q
3	129	Edward HARRISON	Blackheath & Bromley	Southern	53.25	Q
4	148	Oliver ROBINSON	Bingley Harriers	Northern	53.57	
5	142	Tom MOAKES	Notts AC	Midlands	53.74	
6	131	Michael HASLETT	Cardiff AAC	Northern	54.48	
7	150	Adam ROGERS	Sale Harriers Manchester	Northern	55.63	
DNF	127	Lloyd GUMBS	Shaftesbury Barnet Harriers	Midlands		



T21 SM 5000m Straight Final A & B

England Best: 13m 00.41s David Moorcroft, Oslo, 07.07.82

CBP: 14.06.51, Mark Draper, Bedford & County, 2010

Final A

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	416	Matthew CLOWES	Staffordshire Moorlands AC	Midlands	14:28.95
2	348	Dan GARBUTT	Durham City Harriers	Northern	14:31.90
3	375	Peter NEWTON	Morpeth Harriers	Northern	14:35.12
4	413	Chris BANNON	Coventry Godiva H	Midlands	14:37.57
5	361	Tim EGERTON	Trafford AC	Northern	14:41.58
6	381	Andy WARD	Clowne Road Runners	Northern	14:45.33
7	362	Russ BEST	New Marske	Northern	14:46.21
8	419	Adrian HOLLIDAY	Tipton H	Midlands	14:49.15
9	364	Daniel CLIFFE	Liverpool Harriers	Northern	14:49.73
10	333	Josh GUILMANT	Phoenix AC	Southern	14:50.75
11	363	Andrew WILES	New Marske	Northern	14:54.87
12	330	Steven CONNOR	Aldershot, Farnham & Dist	Southern	14:56.43
13	378	Peter STREET	Preston Harriers	Northern	15:04.73
14	321	Steve PHILLIPS	Southampton AC	Southern	15:07.66
15	379	Josh TIGHE	Blackburn Harriers	Northern	15:24.77

Final B

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	373	Kevin LOUNDES	Manx Harriers	Northern	15:00.77
2	380	Joseph TOWNSEND	Leeds City AC	Northern	15:05.63
3	412	Mathew ALMOND	Birchfield Harriers	Midlands	15:13.41
4	368	Joe GRATTON	Hallamshire Harriers Sheffield	Northern	15:15.56
5	420	Ryan HOLROYD	Staffordshire Moorlands AC	Midlands	15:20.40
6	422	Gordon LEE	Leicester Coritania AC	Midlands	15:26.72
7	372	Tom JENKINS	Hallamshire Harriers Sheffield	Northern	15:28.81
8	367	Grant CUNLIFFE	Rossendale Harriers	Northern	15:32.50
9	423	Stuart NELSON	Rugby	Midlands	15:34.63
10	424	Jarratt PERKINS	Notts AC	Midlands	15:37.94
11	329	Edward BLAKE	St Albans Striders	Southern	15:44.53
12	331	Benjamin CORFIELD	Leighton Buzzard	Southern	16:09.17
13	370	Matthew HOBBS	Hallamshire Harriers Sheffield	Northern	16:10.57
14	366	Alan CORLETT	Manx Harriers	Northern	16:12.73
DNF	365	Matthew CLOUGH	Leeds City AC	Northern	



T22 SM 400m Semi-Finals

Next Round: T29 Final A & B

England Best: 44.37s Roger Black, Lausanne, 03.07.96

CBP: 46.50, Robert Tobin, Basingstoke & Mid Hants, 2011

Semi 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	200	George CADDICK	Sale Harriers Manchester	Northern	47.62	Q
2	229	Richard MORRISSEY	Havering Mayesbrook AC	Southern	48.02	Q
3	195	Alex BOYCE	Liverpool Harriers	Northern	48.02	q
4	233	Efekemo OKORO	Birchfield Harriers	Southern	48.16	q
5	187	Mo ABDULLAHI	City of Portsmouth AC	Southern	48.86	
6	223	Zach KING	Notts AC	Midlands	49.19	
7	210	Luke EDWARDS	City of Sheffield AC	Northern	49.21	
8	218	Nathan HILTON	Liverpool Pembroke	Northern	49.57	

Semi 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	248	Michael WARNER	Notts AC	Midlands	47.82	Q
2	244	Matt SINCLAIR	Crawley AC	Southern	48.75	Q
3	222	Andrew KENDALL	Crawley AC	Southern	48.77	
4	197	Iain BRAY	Basingstoke	Southern	49.25	
5	236	Sam PETERS	Exeter Harriers	Southern	49.74	
6	189	Ross ALLEN	Rugby	Midlands	49.75	
7	190	Wayne ASHALL	Liverpool Pembroke	Northern	50.02	
DNS	191	Lawrence BAIRD	Trafford AC	Northern		

Semi 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	205	Harry DORAN	Liverpool Pembroke	Northern	48.03	Q
2	252	Lawrence WOOLDRIDGE	Kent AC	Southern	48.68	Q
3	237	Peter PHILLIPS	Herne Hill Harriers	Southern	49.01	
4	199	Christian BYRON	Birchfield Harriers	Midlands	49.20	
5	158	Andrew BOUDRIE	Belgrave Harriers	Southern	49.57	
6	202	Matthew CONSTABLE	Ipswich Harriers	Southern	50.10	
7	174	Nick KANONIK	Birchfield Harriers	Midlands	50.76	
DNS	253	Lloyd ZVASIYA	Birchfield Harriers	Midlands		



T23 SW 400m Semi-Finals

Next Round: T30 Final A & B

England Best: 49.93s Kathy Cook, Los Angeles 06.08.84

CBP: 53.08, Nadine Okere, Birchfield Harriers, 2011

Final A

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	884	Emma PULLEN	Cardiff AAC	Midlands	54.79
2	825	Tara KAFKE	Radley AC	Southern	55.10
3	883	Harriet PRYKE	Manx Harriers	Northern	55.24
4	818	Ann IKA OQUA	Wolverhampton	Midlands	55.41
5	740	Loren BLEAKEN	Team Bath AC	Midlands	55.51
6	792	Donna FRASER	Croydon H	Southern	55.62
7	870	Lesley OWUSU	Windsor Slough Eton & Hounslow AC	Southern	55.85
8	802	Jodie HARRISON	Wolverhampton	Midlands	57.13

Final B

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	869	Shelayna OSKAN-CLARKE	Windsor Slough Eton & Hounslow AC	Southern	56.02
2	878	Becky PILE	Belgrave Harriers	Southern	56.36
3	793	Amy FREEMAN	Spensborough & Dist AC	Northern	56.74
4	731	Leah BARROW	Windsor Slough Eton & Hounslow AC	Southern	56.78
5	954	Deborah WILLIS	Herts Phoenix AC	Southern	57.26
6	916	Rachael SMITH	Southampton AC	Southern	57.66
7	911	Jennifer SIMMONS	Sale Harriers Manchester	Northern	58.18
DNS	817	Dawn HUNT	Windsor Slough Eton & Hounslow AC	Southern	



T24 SM 800m Semi-Finals

Next Round: T37 Final A & B

England Best: 1m 41.73s Sebastian Coe, Florence, 10.06.81

CBP: 1.49.58, Darren St Clair, 2010

Semi 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	340	Thomas ATKINSON	Sale Harriers Manchester	Northern	01:55.14	Q
2	296	Daniel STEPNEY	Phoenix AC	Southern	01:55.17	Q
3	271	Harry FISHER	Southampton AC	Southern	01:55.18	
4	285	Niall MAGUIRE	Derby AC	Northern	01:55.38	
5	258	Aaron BENNETT	Southampton AC / UWIC	Southern	01:56.20	
6	292	Andrew PROVOST	Aldershot, Farnham & Dist	Southern	01:56.27	
7	260	Hayden CARTER	Basingstoke	Southern	01:57.77	
8	281	Chris LAMB	Rugby	Midlands	01:58.58	

Semi 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	289	Luke MINNS	Blackpool Wyre	Northern	01:54.04	Q
2	342	Michael SALTER	Leeds City AC	Northern	01:54.35	Q
3	286	Chris MATTHEWS	Blackburn Harriers	Northern	01:54.78	
4	263	Andrew DEAN-YOUNG	Bristol & West AC	Midlands	01:57.82	
5	301	Louis WALSHE	Herts Phoenix AC	Southern	01:58.07	
6	293	Dave RAGAN	Basingstoke	Southern	01:58.47	
7	262	Ryan COX	Birchfield Harriers	Midlands	01:59.95	
DNS	267	Nick DUGGAN	Crawley AC	Southern		

Semi 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	304	Mike WILSMORE	Bristol & West AC	Southern	01:51.48	Q
2	157	Rory GRAHAM-WATSON	Windsor Slough Eton & Hounslow AC		01:51.90	Q
3	259	John BIRD	Ipswich Harriers	Southern	01:52.19	q
4	196	Jordan BRANSBERG	Skyrac AC	Northern	01:52.94	q
5	290	Joshua OGUNTAYO	Sale Harriers Manchester	Northern	01:54.10	
6	278	Jonathan HIORNS	Notts AC	Midlands	01:55.77	
7	122	Daniel ECKERSLEY	Kingston Upon Hull AC	Northern	01:57.41	
DNS	261	Andrew CONSTABLE	Birchfield Harriers	Midlands	01:58.55	



T25 SW 100m Final A & B

England Best: 11.05 Montell Douglas, Loughborough 17.07.08

CBP: 11.23, Laura Turner, Harrow AC, 2011

Final A

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	604	Louise BLOOR	Trafford AC	Northern	11.69
2	622	Annabelle LEWIS	Kingston Upon Hull AC	Northern	11.80
3	628	Marilyn NAWAWULOR	Harrow AC	Southern	11.92
4	636	Abbi TYSON	Birchfield Harriers	Midlands	11.96
5	624	Daryll NEITA	Cambridge Harriers	Southern	12.07
6	638	Steffi WILSON	Poole AC	Southern	12.14
DNS	621	Jeanette KWAKYE	Woodford Green & Essex Ladies	Southern	
DNS	625	Ashleigh NELSON	City of Stoke AC	Southern	

Wind: +0.8 m/s

Final B

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	634	Torema THOMPSON	Enfield & Haringey AC	Southern	11.90
2	605	Shelley BOWEN	Reading AC	Southern	12.20
3	602	Jennie BATTEN	Stroud & Dist AC	Midlands	12.27
4	611	Azaria FRANCIS	Woodford Green & Essex Ladies	Southern	12.38
5	620	Megan HOULT	Kingston Upon Hull AC	Northern	12.46
6	626	Tunrayo NUBI	Enfield & Haringey AC	Southern	12.47
DNS	601	Emma BAILEY	Rugby	Midlands	

Wind: +0.0 m/s



T26 SM 100m Final A & B

England Best: 9.87 (+0.3) Linford Christie, Stuttgart 15.08.93
CBP: 10.09w, Harry AIKINES-Aryeetey, 2011

Final B				Wind: +0.2 m/s	
Posn	BIB	ATHLETE	CLUB	Area	Perf
1	11	Scott BAJERE	Bristol & West AC	Midlands	10.80
2	84	Oweka WANOGHO	Croydon H	Southern	10.82
3	88	James WILLIAMS	Wirral AC	Northern	10.85
4	41	Robert GRAHAM	Herne Hill Harriers	Southern	10.85
5	58	Andrew MATTHEWS	Windsor Slough Eton & Hounslow AC	Southern	10.92
DNS	68	Eldridge PHIRI	Tamworth AC	Midlands	
DNS	18	Jonathan BROWNE	Kent AC	Southern	
DNS	70	Ricky REEVES	City of Sheffield AC	Northern	

Final A				Wind: -1.0 m/s	
Posn	BIB	ATHLETE	CLUB	Area	Perf
1	269	Deji TOBAIS	Windsor Slough Eton & H		10.60
2	39	Tremayne GILLING	Blackheath & Bromley	Southern	10.61
3	91	Andre WRIGHT	Medway	Southern	10.64
4	21	Greg CACKETT	Belgrave Harriers	Southern	10.65
5	78	Judah SIMPSON	Derby AC	Midlands	10.72
6	75	Sean SAFO-ANTWI	Enfield & Haringey AC	Southern	10.72
7	80	Joshua STREET	South London Harriers	Southern	10.75
DNS	89	Simeon WILLIAMSON	Highgate Harriers AC	Southern	

T27 SW 400m Hurdles Final A & B

England Best: 52.74s Sally Gunnell, Stuttgart, 19.09.93
CBP: 58.04, Emily Parker, Epsom, 2011

Final A					
Posn	BIB	ATHLETE	CLUB	Area	Perf
1	743	Emily BONNETT	Yeovil Olympiads AC	Southern	59.15
2	853	Hayley MCLEAN	Chelmsford AC	Southern	59.32
3	773	Nisha DESAI	Trafford AC	Northern	59.64
4	759	Samantha COLEBY	Durham City Harriers	Northern	60.13
5	921	Megan SOUTHWART	Bath Uni/Blackheath	Southern	61.21
6	877	Emma PETERS	Cardiff AAC	Midlands	61.45
7	947	Lizzie WESSELY	Taunton AC	Southern	61.83
DNF	780	Tracey DUNCAN	Woodford Green & Essex Ladies	Southern	

Final A					
Posn	BIB	ATHLETE	CLUB	Area	Perf
1	891	Shona RICHARDS	Epsom	Southern	61.27
2	768	Rachel CULSHAW	Wigan & District Harriers	Northern	62.70
3	832	Emma KOMOCKI	Notts AC	Midlands	63.02
4	911	Jennifer SIMMONS	Sale Harriers Manchester	Northern	63.76
5	785	Jodie FAVELL	Belgrave Harriers	Southern	63.82
6	854	Elise MCVICAR	City of York AC	Northern	64.03
7	642	Hazel LE CORNU		rn	65.00
8	732	Laura BASS		rn	70.26





T28 SM 400m Hurdles Final A & B

England Best: 47.82s Kriss Akabusi, Barcelona, 06.08.92

CBP: Edwin Moses, USA, 48.58, 1979

Final B

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	148	Oliver ROBINSON	Bingley Harriers	Northern	53.86
2	117	Alex COOKE	Trafford AC	Northern	54.46
3	131	Michael HASLETT	Cardiff AAC	Northern	59.62
DNS	150	Adam ROGERS	Sale Harriers Manchester	Northern	
DNS	145	Oliver PALMER	City of York AC	Northern	
DNS	142	Tom MOAKES	Notts AC	Midlands	

Final A

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	123	James FORMAN	Southampton AC	Southern	50.71
2	152	Chris WAKEFORD	Sale Harriers Manchester	Southern	51.16
3	149	Sebastian RODGER	Shaftesbury Barnet Harriers	Southern	51.81
4	129	Edward HARRISON	Blackheath & Bromley	Southern	52.09
5	146	Jacob PAUL	Windsor Slough Eton & Hounslow AC	Southern	52.11
6	115	Ben CARNE	Harrow AC	Southern	52.20
7	120	David DEMPSEY	Newcastle University	Northern	53.55
8	138	Cameron IRWIN	Colchester Harriers	Southern	53.75

T29 SM 400m Final A & B

England Best: 44.37s Roger Black, Lausanne, 03.07.96

CBP: 49.73, David Hughes, Sale Harriers, 2011

Final A

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	252	Lawrence WOOLDRIDGE	Kent AC	Southern	47.43
2	248	Michael WARNER	Notts AC	Midlands	47.54
3	195	Alex BOYCE	Liverpool Harriers	Northern	48.22
4	233	Efekemo OKORO	Birchfield Harriers	Southern	48.28
5	244	Matt SINCLAIR	Crawley AC	Southern	48.95
6	205	Harry DORAN	Liverpool Pembroke	Northern	49.12
DQ - R163	229	Richard MORRISSEY	Havering Mayesbrook AC	Southern	
DNS	200	George CADDICK	Sale Harriers Manchester	Northern	

Final B

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	199	Christian BYRON	Birchfield Harriers	Midlands	48.46
2	210	Luke EDWARDS	City of Sheffield AC	Northern	48.71
3	187	Mo ABDULLAHI	City of Portsmouth AC	Southern	48.90
4	237	Peter PHILLIPS	Herne Hill Harriers	Southern	49.02
5	223	Zach KING	Notts AC	Midlands	49.08
6	222	Andrew KENDALL	Crawley AC	Southern	49.13
7	218	Nathan HILTON	Liverpool Pembroke	Northern	49.52
8	197	Iain BRAY	Basingstoke	Southern	49.64



T31 SM 400m Ambulant

England Best: -

CBP: -

Final A

Posn	BIB	ATHLETE	CLUB	Points	Perf	
2	572	Paul BLAKE	Dorchester Ac	805	59.12	T36
1	426	Kyle POWELL	St Mary's Richmond AC	591	54.07	T45
3	597	Nicholas MARSH	North Somerset	455	63.65	T38



T32 SM 200m Heats

Next Round: T42 Semi-Finals

England Best: 19.94s John Regis, Stuttgart, 20.08.93

CBP: 20.74, Luke Fagan, Enfield & Haringey AC, 2011

HEAT 1				Wind: -1.0 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	175	David LIMA	Birmingham Running	Midlands	21.68	Q
2	84	Oweka WANOGHO	Croydon H	Southern	21.84	Q
3	78	Judah SIMPSON	Derby AC	Midlands	22.12	Q
4	77	Peter SHAND	Tipton H	Midlands	22.35	q
5	185	James WHITEHOUSE	Birchfield Harriers	Midlands	22.84	
6	167	Jordan FAIRCLOUGH	Notts AC	Midlands	22.98	
7	6	Alex ANIMASHAUN	Harrow AC	Midlands	23.82	
HEAT 2				Wind: +0.0 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	165	Somto ERUCHIE	Birchfield Harriers	Midlands	21.99	Q
2	169	Samuel GORDON	Kettering Town Harriers	Midlands	22.03	Q
3	160	Lawrence CROLL MENSAH	Herne Hill Harriers	Southern	22.18	Q
4	67	Yannick PHIPPEN	Birchfield Harriers	Midlands	22.33	q
5	5	Jermaine ALEXANDER	Blackheath & Bromley	Southern	22.69	
6	74	David SADKIN	windsor Slough Eton & Hounslow AC	Southern	23.06	
DNF	31	William DE TORVY-BALLOU	Thames Valley H	Southern		
HEAT 3				Wind: -0.4 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	214	Jeffrey LAWAL-BALOGUN	Kent AC		21.68	Q
2	173	Antonio INFANTINO	Shaftesbury Barnet Harriers	Southern	21.96	Q
3	174	Nick KANONIK	Birchfield Harriers	Midlands	22.09	Q
4	85	Peter WATLING	Wolverhampton	Midlands	22.90	
5	178	Set OSHO	Belgrave Harriers	Southern	22.97	
6	16	Andrew BOYD	Wirral AC	Northern	23.18	
7	156	Aaron BANDO	Wolverhampton	Midlands	24.01	
HEAT 4				Wind: -1.4 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	18	Jonathan BROWNE	Kent AC	Southern	21.85	Q
2	29	Kieran DALY	Blackheath & Bromley	Southern	22.25	Q
3	8	Moses ARTHUR	Shaftesbury Barnet Harriers	Southern	22.37	Q
4	46	Rick BEARSELL	City of Sheffield AC		22.51	q
5	26	Rian CORBIN	Reading AC	Southern	23.14	
6	279	Ola ABIDOGUN	Horwich RMI Harriers		23.19	
7	181	Kevin SAMUELS	Wolverhampton	Midlands	23.50	



HEAT 5

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	71	Leon REID	Bristol & West AC	Midlands	21.70	Q
2	172	Jason HUSSAIN	Crawley AC	Southern	21.86	Q
3	159	Liam CLOWES	Crewe	Northern	21.93	Q
4	73	Nicholas PRYCE	Royal Sutton Coldfield		22.36	q
5	57	Todd MARSHALL	City of Sheffield AC	Northern	22.39	q
6	182	Luke SARGEANT	Crawley AC	Southern	23.19	
7	162	Brian DARBY	Coventry Godiva H	Midlands	23.65	

Wind: -1.4 m/s

HEAT 6

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	154	Edmond AMANING	Thames Valley H	Southern	21.73	Q
2	72	Byron ROBINSON	Herne Hill Harriers	Southern	22.46	Q
3	22	Christian CARSON	GATESHEAD HARRIERS	Northern	22.48	Q
4	54	Oliver KNIGHT	Charnwood AC	Midlands	22.67	q
5	82	Jim TIPPER	Telford AC	Midlands	23.04	
6	62	James O'DONOVAN	Newcastle University	Northern	23.79	
DQ 163.3	166	Luke EVANS	Blackburn Harriers	Northern		

Wind: -2.1 m/s



T33 SW 200m Heats

Next Round: T41 Final A & B

England Best: 22.10s (-0.1) Kathy Cook, Los Angeles, 09.08.84

CBP: 23.47, Laura Turner, Harrow AC, 2011

HEAT 1				Wind: -0.6 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	873	Sophie PAPPS	Windsor Slough Eton & Hounslow AC	Southern	23.98	Q
2	606	Kadeena COX	Leeds City AC	Northern	24.81	q
3	883	Harriet PRYKE	Manx Harriers	Northern	24.93	
4	806	Kanisha HECTOR	Royal Sutton Coldfield	Midlands	25.10	
5	630	Ellena RUDDOCK	Rugby	Midlands	25.90	
6	637	Michelle WATSON	Herne Hill Harriers	Southern	26.33	
7	872	Emma PAPPS	Windsor Slough Eton & Hounslow AC	Southern	26.76	

HEAT 2				Wind: -0.1 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	622	Annabelle LEWIS	Kingston Upon Hull AC	Northern	23.99	Q
2	638	Steffi WILSON	Poole AC	Southern	24.64	q
3	792	Donna FRASER	Croydon H	Southern	24.89	q
4	602	Jennie BATTEN	Stroud & Dist AC	Midlands	25.10	
5	610	Temi ERINOSO	Newham & Essex Beagles	Southern	25.95	
6	770	Tania-Cyrena CYRUS	Ealing Southall	Southern	26.22	
7	892	Charmaine RILEY	Royal Sutton Coldfield	Midlands	26.37	
8	788	Sadie FORRESTER-HAYLES	wolverhampton	Midlands	27.98	

HEAT 3				Wind: -0.6 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	643	Shana COX	Woodford Green & Essex Ladies		24.27	Q
2	730	Susanna BANJO	Newham & Essex Beagles	Southern	24.92	q
3	619	Twinelle HOPESON	Croydon H	Southern	25.10	
4	611	Azaria FRANCIS	Woodford Green & Essex Ladies	Southern	25.55	
5	870	Lesley OWUSU	Windsor Slough Eton & Hounslow AC	Southern	25.63	
6	766	Laura CREIGHTON	Charnwood AC	Midlands	26.27	
7	640	Libby CLEGG	Charnwood AC	Midlands	26.55	

HEAT 4				Wind: -0.5 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	609	Katherine ENDACOTT	City of Plymouth AC	Southern	24.97	Q
2	913	Katherine SKELDING	Woodford Green & Essex Ladies	Southern	25.83	
3	869	Shelayna OSKAN-CLARKE	Windsor Slough Eton & Hounslow AC	Southern	25.94	
4	844	Lucy MANSFIELD	Blackpool Wyre	Northern	25.99	
5	616	Melisa HANSON	Birchfield Harriers	Midlands	26.05	
6	800	Seemita GUMBS	Birchfield Harriers	Midlands	26.64	



T34 SW 5000m Straight Final

England Best: 14.29.11 Paula Radcliffe, Bydgoszcz, 20.06.2004

CBP: 15.58.54, Justina Hestlop, Clapham Chasers, 2011

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	691	Jessica COULSON	Stockport Harriers	Northern	16:45.6
2	668	Natasha DOEL	Aldershot, Farnham & Dist	Southern	16:54.0
3	708	Hannah ALDERSON	Yate AC	Midlands	17:07.0
4	693	Sarah KEMSHALL	Scunthorpe	Northern	17:12.2
5	991	Gemma PRESCOTT	BWAA		17:20.6
6	687	Alex SNOOK	Jarrow & Hebburn	Northern	17:35.2
7	709	Laura-Jane DAY	Notts AC	Midlands	18:05.7
8	692	Sophie COWPER	Lincoln Wellington AC	Northern	18:07.5
9	696	Emma WILLITS	City of York AC	Northern	18:43.6
DNS	663	Claire PRING	City of Norwich AC	Southern	

T35 SM 110m Hurdles Heats

Next Round: T47 Final

England Best: 13.00 (+0.5) Tony Jarrett, Stuttgart 20.08.93

CBP: 13.81, Nick Gayle, Sale Harriers, 2011

HEAT 1

Wind: +0.9 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	101	Joseph HYLTON	Birchfield Harriers	Southern	14.00	Q
2	100	Matt HUDSON	City of Sheffield AC	Northern	14.06	Q
3	103	Ben KELK	Cambridge & Coleridge AC	Southern	14.36	Q
4	30	Daniel DAVIS	Woodford Green & Essex Ladies	Southern	14.69	q
5	99	Curtis HOLMES	Birchfield Harriers	Midlands	14.70	q
6	105	Daniel NEEDHAM	Sale Harriers Manchester	Northern	14.88	B
7	106	Alex NWENWU	Wolverhampton	Midlands	14.96	B

HEAT 2

Wind: -1.3 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	107	Edirin OKORO	Birchfield Harriers	Midlands	14.27	Q
2	97	Nicholas GAYLE	Sale Harriers Manchester	Southern	14.36	Q
3	102	Ashley JOHNSON	radley ac	Southern	14.82	Q
4	94	Andy BLOW	Basingstoke	Southern	14.91	B
5	111	Gary WILSON	Belgrave Harriers	Southern	15.51	B
6	110	Ashley WILSON	Victoria Park H	Southern	16.04	B
7	108	Thomas RILEY	Manx Harriers	Northern	27.06	B
DNF	98	Adrian HEMERY	Swindon Harriers	Southern		



T36 SW 100m Hurdles Heats

Next Round: T46 Final

England Best: 12.80s (+0.7) Angela Thorp, Atlanta, 31.07.96

CBP: 13.12, Angelita Broadbelt-Blake, Thames Valley H, 2011

HEAT 1

						Wind: +0.0 m/s	
Posn	BIB	ATHLETE	CLUB	Area	Perf		
1	721	Phyllis AGBO	Thames Valley H	Southern	13.94	Q	
2	779	Karla DREW	City Of Sheffield AC	Northern	14.29	Q	
3	835	Rebecca LIDDELL	Gateshead Harriers	Northern	14.56	q	
4	756	Kelly CLARK	City of Sheffield AC	Northern	15.12	B	
5	774	Megan DIXON	Wolverhampton	Midlands	15.50	B	
6	926	Lauren Jayne STORR	Holmfirth Harriers AC	Northern	15.72		
7	845	Eleanor MARKENDALE	Pendle AC	Northern	15.95		
DQ	748	Angelita BROADBELT-BLAKE	Thames Valley H	Southern			

HEAT 2

						Wind: -1.2 m/s	
Posn	BIB	ATHLETE	CLUB	Area	Perf		
1	920	Serita SOLOMON	Blackheath & Bromley	Southern	14.19	Q	
2	856	Yasmin MILLER	Derby AC	Northern	14.39	Q	
3	927	Jade SURMAN	Birchfield Harriers	Midlands	14.57	q	
4	749	Rebecca BROWN	Exeter Harriers	Midlands	14.70	B	
5	933	Lauren THOMPSON	University of Portsmouth	Southern	14.89	B	
6	851	Danielle MCGIFFORD	Wigan & District Harriers	Northern	15.17	B	
7	820	Hannah JACKSON	Yate AC	Midlands	15.69	B	
8	875	Emily PASCOE	Cheltenham Harriers	Midlands	16.39		

HEAT 3

						Wind: -3.2 m/s	
Posn	BIB	ATHLETE	CLUB	Area	Perf		
1	628	Marilyn NAWAWULOR	Harrow AC	Southern	14.55	Q	
2	813	Zara HOHN	Wakefield & District H & AC	Northern	14.89	Q	
3	641	Gabriella ADE-ONJOBI	Cambridge Harriers	Southern	15.24	B	
4	898	Danielle ROONEY	Sale Harriers Manchester	Northern	15.24	B	
5	830	Rosie KINGSTON	Banbury Harriers	Midlands	16.33		
6	839	Jenny LUMLEY	Leeds City AC	Northern	16.43		
DNF	946	Gemma WERRETT	Birchfield Harriers	Midlands			
DQ	893	Hannah RILEY	Manx Harriers	Northern			



T37 SM 800m Final A & B

England Best: 1m 41.73s Sebastian Coe, Florence, 10.06.81

CBP: 1.49.58, Darren St Clair, 2010

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	259	John BIRD	Ipswich Harriers	Southern	01:53.09
2	304	Mike WILSMORE	Bristol & West AC	Southern	01:53.33
3	196	Jordan BRANSBERG	Skyrac AC	Northern	01:53.36
4	157	Rory GRAHAM-WATSON	Windsor Slough Eton & Hounslow AC		01:53.45
5	296	Daniel STEPNEY	Phoenix AC	Southern	01:54.25
6	289	Luke MINNS	Blackpool Wyre	Northern	01:55.35
7	340	Thomas ATKINSON	Sale Harriers Manchester	Northern	01:56.67
8	342	Michael SALTER	Leeds City AC	Northern	01:57.58
9	278	Jonathan HIORNS	Notts AC	Midlands	01:58.39
10	122	Daniel ECKERSLEY	Kingston Upon Hull AC	Northern	01:59.82



T38 SW 800m Final A & B

England Best: 1m 56.21s Kelly Holmes, Monaco, 08.09.95

CBP: 2.04.48, Stacey Smith ,Gateshead H, 2010

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	941	Jennifer WALSH	Spensborough & Dist AC	Northern	02:09.24
2	934	Adelle TRACEY	Guildford	Southern	02:09.54
3	828	Gemma KERSEY	Basildon AC	Southern	02:10.77
4	734	Alexandra BELL	Pudsey	Northern	02:11.82
5	752	Claire BURGOYNE	Shrewsbury AC	Midlands	02:11.99
6	728	Madeleine AUSTIN	Guildford	Southern	02:12.06
7	910	Catherine SIMMONDS	Notts AC	Midlands	02:12.10
8	680	Jenna HILL	Sale Harriers Manchester	Northern	02:12.32
9	850	Sarah MCDONALD	Jarrow & Hebburn	Northern	02:12.35
10	733	Jenny BECKINGHAM	Southampton AC	Southern	02:15.86
11	758	Dani COCKING	Cardiff AAC	Southern	02:16.86

T39 SW 200m Ambulant

Posn	BIB	ATHLETE	CLUB	Points	Perf	Wind
1	996	Sophia WARNER	worthing harriers	956	36.60	Wind: -3.2 m/s
2	383	Bethany WOODWARD	Southampton	864	30.42	Wind: +1.2 m/s
3	992	Hazel ROBSON	Jarrow & Hebburn AC	830	33.65	Wind: -3.2 m/s
4	967	Olivia BREEN	Portsmouth	787	30.37	Wind: +1.2 m/s
5	978	Katrina HART	Birchfield Harriers	764	31.40	Wind: +1.2 m/s
6	979	Eleanor HUBBERT	Witney Road Runners	652	39.20	Wind: -3.2 m/s
7	974	Natalie GOWER	Harlow AC	637	46.89	Wind: -3.2 m/s
8	995	Amy WAREING	Stevenage & North Herts AC	632	32.28	Wind: +1.2 m/s
9	980	Kelly HUTCHINS	team bath	549	33.79	Wind: +1.2 m/s
10	997	Natalie WILLIAMS	SNHAC	202	38.91	Wind: -3.2 m/s
11	970	Sanjana Rachel EMMANUEL	Reading Athletics Club	159	34.22	Wind: -3.2 m/s

T40 SM 200m Ambulant

Posn	BIB	ATHLETE	CLUB	Points	Perf	Wind
2	305	Ben RUSHGROVE	Team Bath	878	26.09	Wind: +1.2 m/s
2	429	Sam RUDDOCK	Loughborough Students AC	810	29.51	Wind: -2.0 m/s
1	576	Michael CHURM	Chorley AC	744	26.06	Wind: +1.2 m/s
3	595	Stephen KEELING	City of Stoke AC	676	26.70	Wind: +1.2 m/s
5	597	Nicholas MARSH	North Somerset	348	29.96	Wind: +1.2 m/s
3	336	Joshua TAYLOR	Invicta East Kent AC	315	30.43	Wind: -2.0 m/s
4	307	Wynston Berice STAFFORD	Halfax	236	27.13	Wind: +1.2 m/s
1	59	Daniel MAYNE	Jarrow & Hebburn	162	28.25	Wind: -2.0 m/s
4	574	Anthony BRYAN	Herts Phoenix	130	34.44	Wind: -2.0 m/s



T42 SM 200m Semi-Finals

Next Round: T51 Final A & B

England Best: 19.94s John Regis, Stuttgart, 20.08.93

CBP: 20.74, Luke Fagan, Enfield & Haringey AC, 2011

SEMI 1				Wind: -0.5 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	175	David LIMA	Birmingham Running	Midlands	21.49	Q
2	84	Oweka WANOGHO	Croydon H	Southern	21.59	Q
3	159	Liam CLOWES	Crewe	Northern	21.69	q
4	8	Moses ARTHUR	Shaftesbury Barnet Harriers	Southern	21.81	B
5	29	Kieran DALY	Blackheath & Bromley	Southern	21.93	B
6	54	Oliver KNIGHT	Charnwood AC	Midlands	22.68	
7	67	Yannick PHIPPEN	Birchfield Harriers	Midlands	27.38	
DNS	165	Somto ERUCHIE	Birchfield Harriers	Midlands		
SEMI 2				Wind: -3.3 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	18	Jonathan BROWNE	Kent AC	Southern	21.81	Q
2	214	Jeffrey LAWAL-BALOGUN	Kent AC		22.05	Q
3	169	Samuel GORDON	Kettering Town Harriers	Midlands	22.33	B
4	172	Jason HUSSAIN	Crawley AC	Southern	22.37	B
5	160	Lawrence CROLL MENSAH	Herne Hill Harriers	Southern	22.40	B
6	174	Nick KANONIK	Birchfield Harriers	Midlands	22.46	B
7	77	Peter SHAND	Tipton H	Midlands	22.48	B
8	46	Rick BEARSELL	City of Sheffield AC		22.68	
SEMI 3				Wind: -0.0 m/s		
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	154	Edmond AMANING	Thames Valley H	Southern	21.33	Q
2	71	Leon REID	Bristol & West AC	Midlands	21.64	Q
3	78	Judah SIMPSON	Derby AC	Midlands	21.72	q
4	73	Nicholas PRYCE	Royal Sutton Coldfield		22.34	B
5	57	Todd MARSHALL	City of Sheffield AC	Northern	22.53	
6	72	Byron ROBINSON	Herne Hill Harriers	Southern	22.55	
DNS	173	Antonio INFANTINO	Shaftesbury Barnet Harriers	Southern		
DNS	22	Christian CARSON	GATESHEAD HARRIERS	Northern		



T41 SW 200m Final A & B

Next Round: T50 Final A & B

England Best: 22.10s (-0.1) Kathy Cook, Los Angeles, 09.08.84

CBP: 23.47, Laura Turner, Harrow AC, 2011

Final B

				Wind: +0.4 m/s	
Posn	BIB	ATHLETE	CLUB	Area	Perf
1	883	Harriet PRYKE	Manx Harriers	Northern	24.71
2	619	Twinelle HOPESON	Croydon H	Southern	24.78
3	806	Kanisha HECTOR	Royal Sutton Coldfield	Midlands	24.97
4	602	Jennie BATTEN	Stroud & Dist AC	Midlands	25.19
5	630	Ellena RUDDOCK	Rugby	Midlands	25.50
6	913	Katherine SKELDING	Woodford Green & Essex Ladies	Southern	25.50
DQ	870	Lesley OWUSU	Windsor Slough Eton & Hounslow AC	Southern	
DNS	611	Azaria FRANCIS	Woodford Green & Essex Ladies	Southern	

Final A

				Wind: -0.6 m/s	
Posn	BIB	ATHLETE	CLUB	Area	Perf
1	873	Sophie PAPPS	Windsor Slough Eton & Hounslow AC	Southern	23.75
2	643	Shana COX	Woodford Green & Essex Ladies		23.94
3	609	Katherine ENDACOTT	City of Plymouth AC	Southern	24.50
4	638	Steffi WILSON	Poole AC	Southern	24.52
5	606	Kadeena COX	Leeds City AC	Northern	24.68
6	792	Donna FRASER	Croydon H	Southern	25.20
7	730	Susanna BANJO	Newham & Essex Beagles	Southern	25.54
DNS	622	Annabelle LEWIS	Kingston Upon Hull AC	Northern	

T43 SW 200m W/C

				Wind: -0.5 m/s		
Posn	BIB	ATHLETE	CLUB	Points	Perf	
1	988	Mel NICHOLLS	Coventry Godiva Harriers	561	40.31	T34
2	983	Charlotte MOORE	Coventry Godiva Harriers	307	39.48	T53
3	975	Kirsty GRANGE	Stockport Harriers	225	41.65	T54
4	966	Vicki BELL	Exeter Harriers	173	49.88	T34

T44 SM 200m W/C

				Wind: -2.0 m/s		
Posn	BIB	ATHLETE	CLUB	Points	Perf	
1	337	Isaac TOWERS	Kirby	719	38.07	T34
2	428	Ben ROWLINGS	Coventry Godiva Harriers	545	44.31	T34
3	573	Stuart BLOOR	Stockport Harriers & AC	480	29.89	T54
4	581	James CULL	Coventry Godiva Harriers	169	36.74	T54



T45 SM 3000m S/Chase Final

England Best: 8m 07.96s Mark Rowland, Seoul, 30.09.88

CBP: 8.35.79, Stuart Stockes, Sale Harriers, 2010

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	294	Glen WATTS	Shaftesbury Barnet Harriers		09:20.99
2	563	Eliot WINTER	Milton Keynes AC	Southern	09:47.48
3	532	James PERRIN	Cannock & Stafford AC	Midlands	09:48.02
4	490	Nick HARDY	Birchfield Harriers	Midlands	10:09.01
5	376	Christopher PRICE	Wakefield & District H & AC	Northern	10:10.19
6	436	Lee ATHERSMITH	Bingley Harriers	Northern	10:11.51
7	447	Tom BOWERMAN	Aldershot, Farnham & Dist	Southern	10:14.97
8	552	Daniel THORNE	Reading AC	Southern	10:17.74
9	562	Philip WILSON	Tipton H	Midlands	10:44.54



T46 SW 100m Hurdles Final

England Best: 12.80s (+0.7) Angela Thorp, Atlanta, 31.07.96

CBP: 13.12, Angelita Broadbelt-Blake, Thames Valley H, 2011

Manual Times

Final B

Wind: -0.3 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	749	Rebecca BROWN	Exeter Harriers	Midlands	14.30
2	933	Lauren THOMPSON	University of Portsmouth	Southern	14.50
3	641	Gabriella ADE-ONOJOBI	Cambridge Harriers	Southern	14.70
4	898	Danielle ROONEY	Sale Harriers Manchester	Northern	14.70
5	851	Danielle MCGIFFORD	Wigan & District Harriers	Northern	14.90
6	756	Kelly CLARK	City of Sheffield AC	Northern	14.90
7	820	Hannah JACKSON	Yate AC	Midlands	15.00
8	774	Megan DIXON	Wolverhampton	Midlands	15.80

Final A

Manual Times

Wind: +1.3 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	920	Serita SOLOMON	Blackheath & Bromley	Southern	13.62
2	721	Phyllis AGBO	Thames Valley H	Southern	13.91
3	628	Marilyn NAWAWULOR	Harrow AC	Southern	13.96
4	856	Yasmin MILLER	Derby AC	Northern	14.09
5	779	Karla DREW	City Of Sheffield AC	Northern	14.13
6	927	Jade SURMAN	Birchfield Harriers	Midlands	14.13
7	813	Zara HOHN	Wakefield & District H & AC	Northern	14.14
8	835	Rebecca LIDDELL	Gateshead Harriers	Northern	14.16



T47 SM 110m Hurdles Final

England Best: 13.00 (+0.5) Tony Jarrett, Stuttgart 20.08.93

CBP: 13.81, Nick Gayle, Sale Harriers, 2011

Final B				Manual	Wind: -1.1 m/s
Posn	BIB	ATHLETE	CLUB	Area	Perf
1	94	Andy BLOW	Basingstoke	Southern	14.90
2	110	Ashley WILSON	Victoria Park H	Southern	15.30
3	111	Gary WILSON	Belgrave Harriers	Southern	15.30
4	108	Thomas RILEY	Manx Harriers	Northern	17.10
DNS	106	Alex NWENWU	Wolverhampton	Midlands	
DNS	105	Daniel NEEDHAM	Sale Harriers Manchester	Northern	

Final A				Manual	Wind: -0.3 m/s
Posn	BIB	ATHLETE	CLUB	Area	Perf
1	100	Matt HUDSON	City of Sheffield AC	Northern	13.90
2	97	Nicholas GAYLE	Sale Harriers Manchester	Southern	14.00
3	101	Joseph HYLTON	Birchfield Harriers	Southern	14.10
4	103	Ben KELK	Cambridge & Coleridge AC	Southern	14.20
5	107	Edirin OKORO	Birchfield Harriers	Midlands	14.20
6	30	Daniel DAVIS	Woodford Green & Essex Ladies	Southern	14.20
7	99	Curtis HOLMES	Birchfield Harriers	Midlands	14.70
8	102	Ashley JOHNSON	radley ac	Southern	15.10



T48 SW 1500m Final A & B

England Best: 3m 57.90s Kelly Holmes, Athens, 28.08.04

CBP: 4.20.93, Stevie Stockton , 2010

Manual					
Final B	BIB	ATHLETE	CLUB	Area	Perf
1	667	Pippa WOOLVEN	Wycombe Phoenix H	Southern	04:33.9
2	670	Jade ALLEN	Rotherham Harriers	Northern	04:36.9
3	681	Samantha JOHNSON	Rotherham Harriers	Northern	04:40.6
4	688	Ellie STEVENS	Birchfield Harriers	Northern	04:41.1
5	683	Rebecca MIDDLETON	Rotherham Harriers	Northern	04:47.4
6	700	Rebecca HALL	Corby AC	Midlands	04:49.6
7	674	Emily BEEDHAM	Sale Harriers Manchester	Northern	04:50.0
DNS	706	Katherine TURNER	Team Bath AC	Midlands	
DNS	689	Michelle STONE	Kingston Upon Hull AC	Northern	
DNS	677	Rachael FRANKLIN	Manx Harriers	Northern	
DNS	666	Louise WEBB	Southampton AC	Southern	
DNS	659	Elaine MURTY	Blackheath & Bromley	Southern	

Manual					
Final A	BIB	ATHLETE	CLUB	Area	Perf
1	671	Kate AVERY	Shildon R	Northern	04:20.0
2	673	Racheal BAMFORD	Otley AC	Northern	04:24.5
3	702	Stacey JOHNSON	Cannock & Stafford AC	Midlands	04:25.3
4	676	Jacqueline FAIRCHILD	Trafford AC	Northern	04:29.3
5	662	Carolyn PLATEAU	Loughborough Students AC	Southern	04:30.3
6	682	Rebecca LINNEY	Liverpool Harriers	Northern	04:30.4
7	654	Melissa COURTNEY	Shaftesbury Barnet Harriers	Southern	04:30.8
8	705	Chloe RICHARDSON	Birchfield Harriers	Midlands	04:30.9
9	652	Danielle BARNES	Newquay	Southern	04:33.5
10	675	Claire DUCK	Leeds City AC	Northern	04:34.0
11	651	Philippa AUKETT	Shaftesbury Barnet Harriers	Southern	04:36.9
12	741	Catherine BLEW	Taunton AC	Southern	04:41.2



T49 SM 1500m Final A & B

England Best: 3m 29.67s Steve Cram, Nice, 16.07.85

CBP: 3.42.67, Nick McCormick, 2010

Final B	BIB	ATHLETE	CLUB	Area	Perf
1	401	Stephen MITCHELL	Bristol & West AC	Midlands	03:50.8
2	349	Harry HARPER	Liverpool Harriers	Northern	03:51.60
3	312	Daniel CLORLEY	Luton AC	Southern	03:51.70
4	357	Richard WEIR	Derby AC	Northern	03:52.20
5	359	Dale WORTON	Leeds City AC	Northern	03:52.80
6	409	James TROLLOPE	Coventry Godiva H	Midlands	03:54.60
7	313	Alex CORNWELL	Woodford Green & Essex Ladies	Southern	03:54.90
8	311	Thomas ANDERSON	Winchester	Southern	03:54.90
9	354	Nick SAMUELS	Sale Harriers Manchester	Northern	03:55.60
10	316	Niall FLEMING	Shaftesbury Barnet Harriers	Southern	03:56.60
11	400	Sam MITCHELL	Notts AC	Midlands	03:57.30
12	394	Thomas GAYLE	Newham & Essex Beagles	Midlands	03:57.60
13	319	Stuart KING	Mansfield H	Midlands	04:01.00
14	323	James POOLE	Blackheath & Bromley	Southern	04:01.20
15	327	Daniel WOODGATE	Luton AC	Southern	04:04.20
16	406	Ben SHARMAN	Birchfield Harriers	Midlands	04:04.50
17	351	Mathew JACKSON	Liverpool Harriers	Northern	04:07.80
18	344	James BLEAKLEY	Trafford AC	Northern	



T51 SM 200m Final A & B

England Best: 19.94s John Regis, Stuttgart, 20.08.93

CBP: 20.74, Luke Fagan, Enfield & Haringey AC, 2011

Final B				Manual	Wind: -0.1 m/s	
Posn	BIB	ATHLETE	CLUB		Area	Perf
1	8	Moses ARTHUR	Shaftesbury Barnet Harriers		Southern	21.8
2	160	Lawrence CROLL MENSAH	Herne Hill Harriers		Southern	21.9
3	77	Peter SHAND	Tipton H		Midlands	22.0
4	29	Kieran DALY	Blackheath & Bromley		Southern	22.1
5	73	Nicholas PRYCE	Royal Sutton Coldfield			22.3
DNF	172	Jason HUSSAIN	Crawley AC		Southern	
DNS	169	Samuel GORDON	Kettering Town Harriers		Midlands	
DNS	174	Nick KANONIK	Birchfield Harriers		Midlands	

Final A				Manual	Wind: +0.2 m/s	
Posn	BIB	ATHLETE	CLUB		Area	Perf
1	154	Edmond AMANING	Thames Valley H		Southern	21.3
2	175	David LIMA	Birmingham Running		Midlands	21.4
3	18	Jonathan BROWNE	Kent AC		Southern	21.4
4	214	Jeffrey LAWAL-BALOGUN	Kent AC			21.4
5	84	Oweka WANOGHO	Croydon H		Southern	21.6
6	71	Leon REID	Bristol & West AC		Midlands	21.7
7	159	Liam CLOWES	Crewe		Northern	21.7
8	78	Judah SIMPSON	Derby AC		Midlands	21.8



T52 800m W/C Men

		Manual		
	BIB	ATHLETE	CLUB	Points Perf
1	337	Isaac TOWERS	Kirby	02:39.3 T34
2	428	Ben ROWLINGS	Coventry Godiva Harriers	02:43.1 T34
3	573	Stuart BLOOR	Stockport Harriers & AC	02:57.5 T54