



T1 SW 400m Hurdles Heats

Next Round: T27 Final A & B

England Best: 52.74s Sally Gunnell, Stuttgart, 19.09.93

CBP: 58.04, Emily Parker, Epsom, 2011

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	780	Tracey DUNCAN	Woodford Green & Essex Ladies	Southern	59.50	Q
2	759	Samantha COLEBY	Durham City Harriers	Northern	59.62	Q
3	877	Emma PETERS	Cardiff AAC	Midlands	60.55	Q
4	832	Emma KOMOCKI	Notts AC	Midlands	62.75	Q
5	768	Rachel CULSHAW	Wigan & District Harriers	Northern	63.90	q
6	642	Hazel LE CORNU	Channel Islands AC	Southern	64.28	q
7	769	Karoline CURTIS	Belgrave Harriers	Southern	67.62	
8	864	Claire NETLEY	City of Portsmouth AC	Southern	68.78	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	853	Hayley MCLEAN	Chelmsford AC	Southern	59.90	Q
2	921	Megan SOUTHWART	Bath Uni/Blackheath	Southern	60.79	Q
3	947	Lizzie WESSELY	Taunton AC	Southern	61.58	Q
4	785	Jodie FAVELL	Belgrave Harriers	Southern	63.86	Q
5	891	Shona RICHARDS	Epsom	Southern	63.88	q
6	953	Stephanie WILLIAMS	Herts Phoenix AC	Southern	65.79	
7	896	Rachel ROBINSON	Blackheath & Bromley	Southern	66.15	
DNF	764	Frankie COURTNEY	Cheltenham Harriers	Midlands		

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	743	Emily BONNETT	Yeovil Olympiads AC	Southern	59.44	Q
2	773	Nisha DESAI	Trafford AC	Northern	60.95	Q
3	911	Jennifer SIMMONS	Sale Harriers Manchester	Northern	63.26	Q
4	732	Laura BASS	Cambridge & Coleridge AC	Southern	63.81	Q
5	854	Elise MCVICAR	City of York AC	Northern	64.24	q
6	890	Helen REEVES	Worcester AC	Midlands	66.25	
7	923	Lucy SPRAY	Bedford & County AC	Southern	67.44	
8	774	Megan DIXON	Wolverhampton	Midlands	68.79	



T2 SM 400m Hurdles Heats

Next Round: T20 Semi-Finals

England Best: 47.82s Kriss Akabusi, Barcelona, 06.08.92

CBP: 49.73, David Hughes, Sale Harriers, 2011

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	127	Lloyd GUMBS	Shaftesbury Barnet Harriers	Midlands	53.36	Q
2	129	Edward HARRISON	Blackheath & Bromley	Southern	53.60	Q
3	142	Tom MOAKES	Notts AC	Midlands	54.07	Q
4	150	Adam ROGERS	Sale Harriers Manchester	Northern	54.29	q
5	112	Jordan AROMASODU	Victoria Park H	Southern	54.45	
6	118	Jack COOPER	Brighton & Hove City AC	Southern	57.39	
7	133	David HENSHAW	Manchester H	Northern	57.68	
8	153	Russell WHITING	Cheltenham Harriers	Midlands	59.08	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	123	James FORMAN	Southampton AC	Southern	52.73	Q
2	146	Jacob PAUL	Windsor Slough Eton & Hounslow AC	Southern	52.74	Q
3	148	Oliver ROBINSON	Bingley Harriers	Northern	53.70	Q
4	145	Oliver PALMER	City of York AC	Northern	54.15	q
5	131	Michael HASLETT	Cardiff AAC	Northern	54.28	q
6	113	John BRIERLY	Bristol & West AC	Midlands	58.20	q
7	140	Chris LOWE	Macclesfield Harriers	Northern	58.39	
8	128	Brenton HARDWARE	Birchfield Harriers	Midlands	60.17	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	152	Chris WAKEFORD	Sale Harriers Manchester	Southern	53.64	Q
2	120	David DEMPSEY	Newcastle University	Northern	53.74	Q
3	116	Andy CLEMENTS	Windsor Slough Eton & Hounslow AC	Southern	54.25	Q
4	143	Gareth MORRIS	Ashford AC	Southern	54.67	
5	458	Simon DAVIES	Newcastle University	Northern	56.47	
6	141	Christopher MARSHALL	UWIC	Southern	57.14	
7	132	Reece HENDLEY	Oldham	Northern	59.66	
8	114	Manzu-Lyn CAIN	City of Stoke AC	Midlands	62.64	

Heat 4

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	115	Ben CARNE	Harrow AC	Southern	53.04	Q
2	149	Sebastian RODGER	Shaftesbury Barnet Harriers	Southern	53.09	Q
3	138	Cameron IRWIN	Colchester Harriers	Southern	53.26	Q
4	117	Alex COOKE	Trafford AC	Northern	54.35	q
5	124	Steven GARRETT	City of Sheffield AC	Southern	55.32	
6	134	Daniel HOLIDAY	Kinoston Union Hull AC	Northern	56.57	
7	121	Danny DRIVER		ern	60.74	





T3 SM 400m Heats

Next Round: T22 Semi-Finals

England Best: 44.37s Roger Black, Lausanne, 03.07.96

CBP: 46.50, Robert Tobin, Basingstoke & Mid Hants, 2011

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	200	George CADDICK	Sale Harriers Manchester	Northern	47.25	Q
2	197	Iain BRAY	Basingstoke	Southern	48.79	Q
3	189	Ross ALLEN	Rugby	Midlands	48.92	q
4	202	Matthew CONSTABLE	Ipswich Harriers	Southern	49.01	q
5	190	Wayne ASHALL	Liverpool Pembroke	Northern	49.22	q
6	162	Brian DARBY	Coventry Godiva H	Midlands	51.07	
7	192	Adam BARNES	Royal Sutton Coldfield	Midlands	52.02	
8	216	Mark GREAVES	Notts AC	Midlands	56.78	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	236	Sam PETERS	Exeter Harriers	Southern	49.17	Q
2	237	Peter PHILLIPS	Herne Hill Harriers	Southern	49.23	Q
3	218	Nathan HILTON	Liverpool Pembroke	Northern	49.35	q
4	280	Gus KENNEDY	Phoenix AC		49.98	
5	240	Ted ROMNEY	Blackpool Wyre	Northern	51.17	
6	227	Joe MELLOR	Notts AC	Midlands	51.62	
7	243	Chris SINCLAIR	Charnwood AC	Midlands	52.84	
SCR	198	James BUCK	City of York AC	Northern		

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	248	Michael WARNER	Notts AC	Midlands	47.49	Q
2	199	Christian BYRON	Birchfield Harriers	Midlands	48.55	Q
3	210	Luke EDWARDS	City of Sheffield AC	Northern	48.72	q
4	228	Ben MORRIS	Leicester Coritanian AC	Midlands	49.52	
5	217	Daniel HIGHAM	Liverpool Pembroke	Northern	49.68	
6	7	Thaddeus ANIM-SOMUAH	St Helens Sutton AC	Northern	50.05	
7	211	Michael FAIRFIELD	Liverpool Harriers	Northern	52.04	

Heat 4

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	229	Richard MORRISSEY	Havering Mayesbrook AC	Southern	48.65	Q
2	233	Efekemo OKORO	Birchfield Harriers	Southern	48.78	Q
3	250	Dale WILLIS	Corby AC	Midlands	49.47	
4	246	Chris TANDI	City of Portsmouth AC	Southern	49.50	
5	203	Martin COOK	Mansfield H	Midlands	50.36	
6	208	James ECCLES	Bolton Utd Harriers & AC	Northern	51.66	
7	209	Ross EDGLEY	Wolverhampton	Midlands	51.97	



Heat 5

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	222	Andrew KENDALL	Crawley AC	Southern	48.35	Q
2	158	Andrew BOUDRIE	Belgrave Harriers	Southern	48.47	Q
3	244	Matt SINCLAIR	Crawley AC	Southern	48.53	q
4	223	Zach KING	Notts AC	Midlands	48.84	q
5	215	Joe GAYNOR	Herts Phoenix AC	Southern	50.32	
6	168	Alex FIELDS	Bristol & West AC	Midlands	51.03	
7	193	Matthew BAYLISS	Birmingham Running	Midlands	51.38	

Heat 6

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	205	Harry DORAN	Liverpool Pembroke	Northern	48.27	Q
2	187	Mo ABDULLAHI	City of Portsmouth AC	Southern	48.60	Q
3	207	David EAMES	Loughborough Students AC	Midlands	49.53	
4	221	Paul JUDSON	Notts AC	Midlands	50.01	
5	155	Alex BALE	Blackpool Wyre	Northern	50.26	
6	181	Kevin SAMUELS	Wolverhampton	Midlands	52.30	
DNS	144	David MUNRO	Wolverhampton	Midlands		

Heat 7

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	195	Alex BOYCE	Liverpool Harriers	Northern	48.42	Q
2	253	Lloyd ZVASIYA	Birchfield Harriers	Midlands	48.93	Q
3	174	Nick KANONIK	Birchfield Harriers	Midlands	49.06	q
4	245	Benjamin STURGESS	Marshall Milton Keynes AC	Midlands	49.80	
5	230	David MOULD	Bromsgrove	Midlands	50.25	
6	177	Abdillah NASSIR	Charnwood AC	Midlands	50.75	
7	37	Harrison FOSTER	Bingley Harriers	Northern	51.75	

Heat 8

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	252	Lawrence WOOLDRIDGE	Kent AC	Southern	47.88	Q
2	191	Lawrence BAIRD	Trafford AC	Northern	48.59	Q
3	242	Paul SCANLAN	Woodford Green & Essex Ladies	Southern	49.48	
4	225	Stewart MARSHALL	Coventry Godiva H	Midlands	50.09	
5	226	Kieran MCKEEVER	Notts AC	Midlands	50.12	
6	156	Aaron BANDOO	Wolverhampton	Midlands	53.35	
DQ	234	Lolu OLUWOLE-OJO	Windsor Slough Eton & Hounslow AC	Southern		



T4 SW 400m Heats

Next Round: T23 Semi-Finals

England Best: 49.93s Kathy Cook, Los Angeles 06.08.84

CBP: 53.08, Nadine Okere, Birchfield Harriers, 2011

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	870	Lesley OWUSU	Windsor Slough Eton & Hounslow AC	Southern	55.46	Q
2	792	Donna FRASER	Croydon H	Southern	55.72	Q
3	869	Shelayna OSKAN-CLARKE	Windsor Slough Eton & Hounslow AC	Southern	56.46	Q
4	954	Deborah WILLIS	Herts Phoenix AC	Southern	57.15	Q
5	911	Jennifer SIMMONS	Sale Harriers Manchester	Northern	57.38	q
6	731	Leah BARROW	Windsor Slough Eton & Hounslow AC	Southern	57.71	q
7	747	Lauren BRENNAN	Sale Harriers Manchester	Northern	59.83	
8	969	Lisa DALEY	Blackpool Wyre & Fylde AC		66.48	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	825	Tara KAFKE	Radley AC	Southern	54.95	Q
2	884	Emma PULLEN	Cardiff AAC	Midlands	55.34	Q
3	740	Loren BLEAKEN	Team Bath AC	Midlands	55.43	Q
4	802	Jodie HARRISON	Wolverhampton	Midlands	56.15	Q
5	916	Rachael SMITH	Southampton AC	Southern	57.41	q
6	720	Yimika ADEWAKUN	Blackheath & Bromley	Southern	58.22	
7	901	Joanne RYAN	Loughton AC	Southern	58.36	
8	860	Wendy MORANT	Birchfield Harriers	Midlands	89.59	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	883	Harriet PRYKE	Manx Harriers	Northern	55.35	Q
2	818	Ann IKA OQUA	Wolverhampton	Midlands	55.49	Q
3	878	Becky PILE	Belgrave Harriers	Southern	56.34	Q
4	817	Dawn HUNT	Windsor Slough Eton & Hounslow AC	Southern	56.42	Q
5	793	Amy FREEMAN	Spensborough & Dist AC	Northern	56.44	q
6	945	Carley WENHAM	Crawley AC	Southern	57.77	
7	745	Chloe BRADLEY	Doncaster AC	Midlands	58.46	
8	766	Laura CREIGHTON	Charnwood AC	Midlands	60.55	



T5 SM 800m Heats

Next Round: T24 Semi-Finals

England Best: 1m 41.73s Sebastian Coe, Florence, 10.06.81

CBP: 1.49.58, Darren St Clair, 2010

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	342	Michael SALTER	Leeds City AC	Northern	01:54.64	Q
2	285	Niall MAGUIRE	Derby AC	Northern	01:54.95	Q
3	292	Andrew PROVOST	Aldershot, Farnham & Dist	Southern	01:55.05	Q
4	261	Andrew CONSTABLE	Birchfield Harriers	Midlands	01:55.36	Q
5	122	Daniel ECKERSLEY	Kingston Upon Hull AC	Northern	01:57.30	q
6	287	Thomas MEAKIN	OWLS AC	Midlands	01:59.05	
7	291	James PALMER	City of York AC	Northern	02:00.75	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	271	Harry FISHER	Southampton AC	Southern	01:54.59	Q
2	340	Thomas ATKINSON	Sale Harriers Manchester	Northern	01:54.71	Q
3	289	Luke MINNS	Blackpool Wyre	Northern	01:54.96	Q
4	267	Nick DUGGAN	Crawley AC	Southern	01:55.40	Q
5	301	Louis WALSHE	Herts Phoenix AC	Southern	01:57.60	q
6	281	Chris LAMB	Rugby	Midlands	01:58.32	q
7	144	David MUNRO	Wolverhampton	Midlands	02:04.50	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	157	Rory GRAHAM-WATSON	Windsor Slough Eton & Hounslow AC		01:56.76	Q
2	304	Mike WILSMORE	Bristol & West AC	Southern	01:56.78	Q
3	278	Jonathan HIORNS	Notts AC	Midlands	01:57.12	Q
4	262	Ryan COX	Birchfield Harriers	Midlands	01:58.24	Q
5	274	Toby GRIFFITHS	Loughborough Students AC	Midlands	01:59.10	
6	265	Jack DERHAM	City of York AC	Northern	02:01.89	
7	238	Clark ROBERTS	Coventry Godiva H	Midlands	02:04.91	

Heat 4

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	196	Jordan BRANSBERG	Skyrac AC	Northern	01:55.40	Q
2	293	Dave RAGAN	Basingstoke	Southern	01:55.56	Q
3	258	Aaron BENNETT	Southampton AC / UWIC	Southern	01:55.76	Q
4	260	Hayden CARTER	Basingstoke	Southern	01:55.85	Q
5	290	Joshua OGUNTAYO	Sale Harriers Manchester	Northern	01:56.39	q
6	266	Ryan DRANSFIELD	Spenborough & Dist AC	Northern	02:03.35	
7	302	Peter WATKEYS	Basingstoke	Southern	02:07.30	



Heat 5

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	263	Andrew DEAN-YOUNG	Bristol & West AC	Midlands	01:56.82	Q
2	259	John BIRD	Ipswich Harriers	Southern	01:56.86	Q
3	286	Chris MATTHEWS	Blackburn Harriers	Northern	01:56.89	Q
4	296	Daniel STEPNEY	Phoenix AC	Southern	01:57.29	Q
5	288	James MILLER	Cheltenham Harriers	Midlands	01:58.59	
6	295	Adam SIMMS	Altrincham	Northern	01:59.07	
7	257	Aaron BARKER	Rossendale Harriers	Northern	01:59.34	

T6 SW 800m Heats

Next Round: T38 Final A & B

England Best: 1m 56.21s Kelly Holmes, Monaco, 08.09.95

CBP: 2.04.48, Stacey Smith ,Gateshead H, 2010

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	828	Gemma KERSEY	Basildon AC	Southern	02:10.03	Q
2	680	Jenna HILL	Sale Harriers Manchester	Northern	02:10.81	Q
3	722	Chloe ANDERSON	UWIC	Southern	02:11.28	
4	842	Nicola MADDICK	Kingston Upon Hull AC	Northern	02:12.85	
5	935	Alexandra TURNER	Amber Valley AC	Northern	02:14.66	
6	914	Louise SMITH	Leeds Uni	Northern	02:24.86	
DNF	944	Katherine WELLAM	Sale Harriers Manchester	Northern		
DNS	860	Wendy MORANT	Birchfield Harriers	Midlands		

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	941	Jennifer WALSH	Spensborough & Dist AC	Northern	02:10.62	Q
2	934	Adelle TRACEY	Guildford	Southern	02:11.01	Q
3	824	Montana JONES	Aldershot, Farnham & Dist	Southern	02:11.44	
4	650	Charlotte ARTER	Cardiff AAC	Southern	02:11.96	
5	728	Madeleine AUSTIN	Guildford	Southern	02:13.22	
6	908	Natalie SHAW	Derby AC	Northern	02:14.98	
7	723	Nina ANDERSON	Shaftesbury Barnet Harriers	Southern	02:20.03	

Heat 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	752	Claire BURGOYNE	Shrewsbury AC	Midlands	02:10.70	Q
2	850	Sarah MCDONALD	Jarrow & Hebburn	Northern	02:10.87	Q
3	734	Alexandra BELL	Pudsey	Northern	02:10.98	q
4	910	Catherine SIMMONDS	Notts AC	Midlands	02:11.22	q
5	733	Jenny BECKINGHAM	Southampton AC	Southern	02:12.05	
6	758	Dani COCKING	Cardiff AAC	Southern	02:13.42	
7	951	Emma WILLIAMS	Middlesbrough AC (Mandale)	Northern	02:19.09	



T7 SM 100m Heats

Next Round: T18 Semi-Finals

England Best: 9.87 (+0.3) Linford Christie, Stuttgart 15.08.93

CBP: 10.09w, Harry AIKINES-Aryeetey, 2011

Heat 1 Wind: +0.6 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	91	Andre WRIGHT	Medway	Southern	10.72	Q
2	41	Robert GRAHAM	Herne Hill Harriers	Southern	10.78	Q
3	70	Ricky REEVES	City of Sheffield AC	Northern	10.97	Q
4	57	Todd MARSHALL	City of Sheffield AC	Northern	11.09	
5	5	Jermaine ALEXANDER	Blackheath & Bromley	Southern	11.14	
6	46	Rick BEARDSSELL	City of Sheffield AC		11.20	
7	388	Jonathan PEACOCK	enfield & harringey		11.44	
8	44	Lewis HARRIS	Birchfield Harriers	Midlands	11.62	

Heat 2 Wind: -1.0 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	84	Owaka WANOGHO	Croydon H	Southern	10.94	Q
2	11	Scott BAJERE	Bristol & West AC	Midlands	10.96	Q
3	18	Jonathan BROWNE	Kent AC	Southern	10.99	Q
4	1	Nayef ABED	Sale Harriers Manchester	Northern	11.25	
5	77	Peter SHAND	Tipton H	Midlands	11.27	
6	85	Peter WATLING	Wolverhampton	Midlands	11.67	
7	43	Talent GUKWE	Cannock & Stafford AC	Midlands	11.83	
8	56	Jack ROUGHAN	Birchfield Harriers	Midlands	12.79	

Heat 3 Wind: -0.3 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	80	Joshua STREET	South London Harriers	Southern	10.76	Q
2	58	Andrew MATTHEWS	Windsor Slough Eton & Hounslow AC	Southern	10.89	Q
3	32	Carl DICKINSON	Sale Harriers Manchester	Northern	10.95	Q
4	67	Yannick PHIPPEN	Birchfield Harriers	Midlands	11.06	q
5	69	Elliott PRENDERGAST	Bristol & West AC	Midlands	11.42	
6	64	Graham PARSONS	Kendal AAC	Northern	11.43	
7	62	James O'DONOVAN	Newcastle University	Northern	11.74	
8	34	Kevin DZENGA	Tipton H	Midlands	11.92	

Heat 4 Wind: +0.4 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	78	Judah SIMPSON	Derby AC	Midlands	10.74	Q
2	39	Tremayne GILLING	Blackheath & Bromley	Southern	10.77	Q
3	14	Duayne BOVELL	Blackheath & Bromley	Southern	10.99	Q
4	42	Darren GREEN	Kent AC	Southern	10.99	q
5	25	Jason COMISSIONG	Thames Valley H	Southern	11.14	
6	90	Joshua WOOD	Harrow AC	Southern	11.45	
7	6	Alex ANIMASHAUN		nds	11.57	
8	37	Harrison FOSTER		ern	11.80	





Heat 5

Posn	BIB	ATHLETE	CLUB	Area	Perf	
						Wind: +0.4 m/s
1	269	Deji TOBAIS	Windsor Slough Eton & H		10.84	Q
2	24	Lewis CLARKE	Dacorum	Southern	11.27	Q
3	8	Moses ARTHUR	Shaftesbury Barnet Harriers	Southern	11.32	Q
4	48	Donovan JAMES	Wolverhampton	Midlands	11.34	
5	72	Byron ROBINSON	Herne Hill Harriers	Southern	11.34	
6	30	Daniel DAVIS	Woodford Green & Essex Ladies	Southern	11.35	
7	52	George KENYON	Gateshead Harriers	Southern	11.45	
8	60	Jerome MCINTOSH	City of Sheffield AC	Northern	11.69	

Heat 6

Posn	BIB	ATHLETE	CLUB	Area	Perf	
						Wind: -0.2 m/s
1	89	Simeon WILLIAMSON	Highgate Harriers AC	Southern	10.78	Q
2	88	James WILLIAMS	Wirral AC	Northern	10.89	Q
3	75	Sean SAFO-ANTWI	Enfield & Haringey AC	Southern	10.93	Q
4	31	William DE TORVY-BALLOU	Thames Valley H	Southern	11.02	q
5	54	Oliver KNIGHT	Charnwood AC	Midlands	11.39	
6	7	Thaddeus ANIM-SOMUAH	St Helens Sutton AC	Northern	11.57	
7	16	Andrew BOYD	Wirral AC	Northern	11.65	

Heat 7

Posn	BIB	ATHLETE	CLUB	Area	Perf	
						Wind: -0.2 m/s
1	21	Greg CACKETT	Belgrave Harriers	Southern	10.72	Q
2	49	Ryan JAMES	Birchfield Harriers	Midlands	10.87	Q
3	68	Eldridge PHIRI	Tamworth AC	Midlands	10.93	Q
4	55	Karl LEDINGTON	Birchfield Harriers	Midlands	11.12	
5	82	Jim TIPPER	Telford AC	Midlands	11.35	
6	279	Ola ABIDOGUN	Horwich RMI Harriers		11.50	
7	27	Matthew CROSS	Barnsley Athletic Club	Northern	43.57	





T8 SW 100m Heats

Next Round: T19 Semi-Finals

England Best: 11.05 Montell Douglas, Loughborough 17.07.08

CBP: 11.23, Laura Turner, Harrow AC, 2011

Heat 1 Wind: -1.4m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	622	Annabelle LEWIS	Kingston Upon Hull AC	Northern	11.74	Q
2	621	Jeanette KWAKYE	Woodford Green & Essex Ladies	Southern	12.02	Q
3	638	Steffi WILSON	Poole AC	Southern	12.07	Q
4	602	Jennie BATTEN	Stroud & Dist AC	Midlands	12.38	q
5	605	Shelley BOWEN	Reading AC	Southern	12.39	q
6	640	Libby CLEGG	Charnwood AC	Midlands	12.85	
7	612	Yehnine GAYLE	Blackheath & Bromley	Southern	12.88	

Heat 2 Wind: -0.9 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	636	Abbi TYSON	Birchfield Harriers	Midlands	11.85	Q
2	625	Ashleigh NELSON	City of Stoke AC	Southern	12.19	Q
3	611	Azaria FRANCIS	Woodford Green & Essex Ladies	Southern	12.41	Q
4	620	Megan HOULT	Kingston Upon Hull AC	Northern	12.43	q
5	616	Melisa HANSON	Birchfield Harriers	Midlands	12.49	
6	610	Temi ERINOSO	Newham & Essex Beagles	Southern	12.72	
7	623	Becky MCLINDEN	Wirral AC	Northern	13.28	

Heat 3 Wind: -0.3 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	628	Marilyn NWAUWULOR	Harrow AC	Southern	11.88	Q
2	609	Katherine ENDACOTT	City of Plymouth AC	Southern	12.01	Q
3	624	Daryll NEITA	Cambridge Harriers	Southern	12.12	Q
4	603	Abigail BISHELL	City of Sheffield AC	Northern	12.50	
5	630	Ellena RUDDOCK	Rugby	Midlands	12.76	
6	637	Michelle WATSON	Herne Hill Harriers	Southern	12.92	
7	635	Shireen TIMMIS	Lincoln Wellington AC	Northern	13.15	

Heat 4 Wind: -1.1 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	604	Louise BLOOR	Trafford AC	Northern	11.85	Q
2	634	Torema THOMPSON	Enfield & Haringey AC	Southern	12.03	Q
3	626	Tunrayo NUBI	Enfield & Haringey AC	Southern	12.28	Q
4	601	Emma BAILEY	Rugby	Midlands	12.34	q
5	629	Laura ROBSON	Wakefield & District H & AC	Northern	12.51	
DQ	606	Kadeena COX	Leeds City AC	Northern		



T9 SW 3000m S/Chase Straight Final

England Best: 9m 29.14s Helen Clitheroe, Beijing 15.08.08

CBP: 10.11.19, Tina Bown, 2010

Posn	BIB	ATHLETE	CLUB	RAZA	Perf
1	653	Carolyn BOOSEY	Vale of Aylesbury AC	Southern	10:59.51
2	938	Victoria WALKER	Shaftesbury Barnet Harriers	Southern	11:05.78
3	922	Kate SPILSBURY	Vale Royal AC	Northern	11:38.83

T10 SW 400m W/C

Posn	BIB	ATHLETE	CLUB	RAZA	Perf
1	983	Charlotte MOORE	Coventry Godiva Harriers	454	01:14.74
2	975	Kirsty GRANGE	Stockport Harriers	179	01:24.23

T11 SM 400m W/C

Posn	BIB	ATHLETE	CLUB	RAZA	Perf
1	337	Isaac TOWERS	Kirby	675	71.17
2	428	Ben ROWLINGS	Coventry Godiva Harriers	664	71.84
3	573	Stuart BLOOR	Stockport Harriers & AC	503	55.78
4	427	James PRICE	Unattached	148	91.05
5	581	James CULL	Coventry Godiva Harriers	141	70.33
DNF	588	Anthony GOTTS	Stockport		



T12 SW 1500m Heats

Next Round: T48 Final A & B

England Best: 3m 57.90s Kelly Holmes, Athens, 28.08.04

CBP: 4.20.93, Stevie Stockton , 2010

Heat 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	702	Stacey JOHNSON	Cannock & Stafford AC	Midlands	04:25.08	Q
2	651	Philippa AUKETT	Shaftesbury Barnet Harriers	Southern	04:25.84	Q
3	671	Kate AVERY	Shildon R	Northern	04:27.26	Q
4	741	Catherine BLEW	Taunton AC	Southern	04:30.17	Q
5	688	Ellie STEVENS	Birchfield Harriers	Northern	04:31.00	
6	667	Pippa WOOLVEN	Wycombe Phoenix H	Southern	04:32.06	
7	659	Elaine MURTY	Blackheath & Bromley	Southern	04:33.35	
8	666	Louise WEBB	Southampton AC	Southern	04:35.73	
9	689	Michelle STONE	Kingston Upon Hull AC	Northern	04:38.61	
10	681	Samantha JOHNSON	Rotherham Harriers	Northern	04:40.88	
11	674	Emily BEEDHAM	Sale Harriers Manchester	Northern	04:46.00	
12	700	Rebecca HALL	Corby AC	Midlands	04:48.39	
13	703	Rebecca PIERCE	Team Bath AC	Midlands	04:50.57	
14	701	Dannii JOHNSON	Birchfield Harriers	Midlands	04:52.01	
15	656	Yasmin GOATER	Guildford	Southern	04:56.56	

Heat 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	676	Jacqueline FAIRCHILD	Trafford AC	Northern	04:25.62	Q
2	682	Rebecca LINNEY	Liverpool Harriers	Northern	04:25.81	Q
3	673	Racheal BAMFORD	Otley AC	Northern	04:26.25	Q
4	662	Carolyn PLATEAU	Loughborough Students AC	Southern	04:26.66	Q
5	652	Danielle BARNES	Newquay	Southern	04:28.08	q
6	654	Melissa COURTNEY	Shaftesbury Barnet Harriers	Southern	04:29.73	q
7	675	Claire DUCK	Leeds City AC	Northern	04:29.83	q
8	705	Chloe RICHARDSON	Birchfield Harriers	Midlands	04:30.33	q
9	706	Katherine TURNER	Team Bath AC	Midlands	04:33.69	
10	670	Jade ALLEN	Rotherham Harriers	Northern	04:35.47	
11	677	Rachael FRANKLIN	Manx Harriers	Northern	04:37.01	
12	683	Rebecca MIDDLETON	Rotherham Harriers	Northern	04:43.33	
13	655	Monique DAVIS	Herne Hill Harriers	Southern	04:53.18	
DNF	660	Lily PARTRIDGE	Aldershot, Farnham & Dist	Southern		



T13 SM 1500m Heats

Next Round: T49 Final A & B

England Best: 3m 29.67s Steve Cram, Nice, 16.07.85

CBP: 3.42.67, Nick McCormick, 2010

Heat 1						
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	401	Stephen MITCHELL	Bristol & West AC	Midlands	03:50.80	Q
2	311	Thomas ANDERSON	Winchester	Southern	03:51.99	Q
3	351	Mathew JACKSON	Liverpool Harriers	Northern	03:52.20	Q
4	394	Thomas GAYLE	Newham & Essex Beagles	Midlands	03:52.44	q
5	323	James POOLE	Blackheath & Bromley	Southern	03:55.96	
6	327	Daniel WOODGATE	Luton AC	Southern	03:58.94	
7	358	Jordan WILDRIANNE	Team Derby Runner	Northern	03:59.49	
8	392	Tom CROWLEY	Notts AC	Midlands	03:59.93	
9	321	Steve PHILLIPS	Southampton AC	Southern	04:02.35	
10	347	Dean CRANGLE	Northumbria Uni	Northern	04:17.01	
DNF	398	Tom MAHON	OWLS AC	Midlands		

Heat 2						
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	349	Harry HARPER	Liverpool Harriers	Northern	03:51.54	Q
2	313	Alex CORNWELL	Woodford Green & Essex Ladies	Southern	03:51.54	Q
3	312	Daniel CLORLEY	Luton AC	Southern	03:51.54	Q
4	409	James TROLLOPE	Coventry Godiva H	Midlands	03:53.06	q
5	316	Niall FLEMING	Shaftesbury Barnet Harriers	Southern	03:55.08	q
6	404	Chris PERRIN	Cannock & Stafford AC	Midlands	03:56.37	
7	406	Ben SHARMAN	Birchfield Harriers	Midlands	03:56.56	
8	391	Joe BROCKLEHURST	Shrewsbury AC	Midlands	03:58.02	
9	344	James BLEAKLEY	Trafford AC	Northern	04:03.33	
10	407	Alistair SMITH	Coventry Godiva H	Midlands	04:05.07	
11	352	Ben MARTIN	Trafford AC	Northern	04:10.96	
12	402	Luke MONTGOMERY	Corby AC	Midlands	04:13.24	

Heat 3						
Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	357	Richard WEIR	Derby AC	Northern	03:55.10	Q
2	359	Dale WORTON	Leeds City AC	Northern	03:55.46	Q
3	354	Nick SAMUELS	Sale Harriers Manchester	Northern	03:55.60	Q Re-instated
4	400	Sam MITCHELL	Notts AC	Midlands	03:55.76	Q
5	320	Andrew MARIANI	Woodford Green & Essex Ladies	Southern	03:58.87	
6	319	Stuart KING	Mansfield H	Midlands	03:59.88	
7	399	Chris MCGURK	Notts AC	Midlands	04:02.02	
8	393	Richard DE-CAMPS	Gloucester AC	Midlands	04:04.87	
9	341	Max KAYE	Holmfirth Harriers AC	Northern	04:12.62	
10	396	Thomas HALLOWAY	Staffordshire Moorlands AC	Midlands	04:22.87	
DNF	345	Ryan BUCK		ern		





T14 SW 100m Ambulant

Posn	BIB	ATHLETE	CLUB	Points	Perf	Wind
1	996	Sophia WARNER	worthing harriers	1037	17.39	Wind: -1.2 m/s
2	978	Katrina HART	Birchfield Harriers	873	14.85	Wind: -0.1 m/s
3	383	Bethany WOODWARD	Southampton	866	14.90	Wind: -1.2 m/s
4	992	Hazel ROBSON	Jarrow & Hebburn AC	796	15.91	Wind: -1.2 m/s
5	967	Olivia BREEN	Portsmouth	768	14.50	Wind: -1.2 m/s
6	994	Shannon WALLACE	Unattached	724	20.02	Wind: -0.1 m/s
7	982	Selina LITT	Charndwood AC	693	14.61	Wind: -1.2 m/s
8	980	Kelly HUTCHINS	team bath	689	16.07	Wind: -1.2 m/s
9	995	Amy WAREING	Stevenage & North Herts AC	627	15.21	Wind: -1.2 m/s
10	979	Eleanor HUBBERT	Witney Road Runners	548	18.94	Wind: -0.1 m/s
10	974	Natalie GOWER	Harlow AC	548	21.76	Wind: -0.1 m/s

T15 SM 100m Ambulant

Posn	BIB	ATHLETE	CLUB	Points	Perf	Wind
1	305	Ben RUSHGROVE	Team Bath	859	13.02	Wind: -1.2 m/s
2	429	Sam RUDDOCK	Loughborough Students AC	767	14.10	Wind: -1.1 m/s
3	576	Michael CHURM	Chorley AC	734	12.98	Wind: -1.2 m/s
4	595	Stephen KEELING	City of Stoke AC	721	13.05	Wind: -1.2 m/s
5	593	Daniel HOOKER	Oxford University AC	698	13.17	Wind: -1.2 m/s
6	596	Kushal LIMBU	Ashford AC	580	12.72	Wind: -1.2 m/s
7	56	Jack ROUGHAN	Birchfield Harriers	571	12.59	Wind: -1.1 m/s
8	592	Chris HONESS	Southport & waterloo	562	13.46	Wind: -1.2 m/s
9	594	Scott JONES	Cheltenham & County Harriers	524	14.16	Wind: -1.1 m/s
10	59	Daniel MAYNE	Jarrow & Hebburn	382	13.73	Wind: -1.1 m/s
11	307	Wynston Berice STAFFORD	Halfax	327	13.05	Wind: -1.2 m/s
12	336	Joshua TAYLOR	Invicta East Kent AC	275	14.81	Wind: -1.1 m/s
13	574	Anthony BRYAN	Herts Phoenix	227	16.36	Wind: -1.1 m/s

T16 SW 100m W/C

Posn	BIB	ATHLETE	CLUB	Points	Perf	Wind
1	988	Mel NICHOLLS	Coventry Godiva Harriers	630	23.67	Wind: -2.4 m/s
2	966	Vicki BELL	Exeter Harriers	370	28.20	
3	983	Charlotte MOORE	Coventry Godiva Harriers	272	22.78	
4	975	Kirsty GRANGE	Stockport Harriers	265	22.83	

T17 SM 100m W/C

Posn	BIB	ATHLETE	CLUB	Points	Perf	Wind
1	428	Ben ROWLINGS	Coventry Godiva Harriers	774	20.49	Wind: -1.6 m/s
2	337	Isaac TOWERS	Kirby	765	20.65	
3	573	Stuart BLOOR	Stockport Harriers & AC	605	16.94	
4	427	James PRICE		54	22.97	
5	581	James CULL		31	19.66	
6	588	Anthony GOTT		18	19.81	





T18 SM 100m Semi-Finals

Next Round: T26 Final A & B

England Best: 9.87 (+0.3) Linford Christie, Stuttgart 15.08.93

CBP: 10.09w, Harry AIKINES-Aryeetey, 2011

Semi 1 Wind: +0.1 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	269	Deji TOBAIS	Windsor Slough Eton & H		10.64	Q
2	91	Andre WRIGHT	Medway	Southern	10.69	Q
3	11	Scott BAJERE	Bristol & West AC	Midlands	10.74	
4	18	Jonathan BROWNE	Kent AC	Southern	10.74	
5	84	Oweka WANOGHO	Croydon H	Southern	10.75	
6	88	James WILLIAMS	Wirral AC	Northern	10.82	
7	70	Ricky REEVES	City of Sheffield AC	Northern	10.90	
8	67	Yannick PHIPPEN	Birchfield Harriers	Midlands	11.10	

Semi 2 Wind: -1.4 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	89	Simeon WILLIAMSON	Highgate Harriers AC	Southern	10.58	Q
2	39	Tremayne GILLING	Blackheath & Bromley	Southern	10.59	Q
3	21	Greg CACKETT	Belgrave Harriers	Southern	10.64	q
4	58	Andrew MATTHEWS	Windsor Slough Eton & Hounslow AC	Southern	10.89	
5	31	William DE TORVY-BALLOU	Thames Valley H	Southern	10.91	
6	14	Duayne BOVELL	Blackheath & Bromley	Southern	11.00	
7	24	Lewis CLARKE	Dacorum	Southern	11.54	
DNS	32	Carl DICKINSON	Sale Harriers Manchester	Northern		

Semi 3 Wind: -0.4 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	75	Sean SAFO-ANTWI	Enfield & Haringey AC	Southern	10.62	Q
2	80	Joshua STREET	South London Harriers	Southern	10.66	Q
3	78	Judah SIMPSON	Derby AC	Midlands	10.68	q
4	41	Robert GRAHAM	Herne Hill Harriers	Southern	10.80	
5	68	Eldridge PHIRI	Tamworth AC	Midlands	10.86	
6	49	Ryan JAMES	Birchfield Harriers	Midlands	10.98	
7	8	Moses ARTHUR	Shaftesbury Barnet Harriers	Southern	11.10	
8	42	Darren GREEN	Kent AC	Southern	11.13	



T19 SW 100m Semi-Finals

Next Round: T25 Final A & B

England Best: 11.05 Montell Douglas, Loughborough 17.07.08

CBP: 11.23, Laura Turner, Harrow AC, 2011

Semi 1

Wind: -0.9 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	622	Annabelle LEWIS	Kingston Upon Hull AC	Northern	11.72	Q
2	625	Ashleigh NELSON	City of Stoke AC	Southern	11.75	Q
3	628	Marilyn NWAUWULOR	Harrow AC	Southern	11.80	Q
4	638	Steffi WILSON	Poole AC	Southern	11.98	Q
5	601	Emma BAILEY	Rugby	Midlands	12.43	q
6	620	Megan HOULT	Kingston Upon Hull AC	Northern	12.46	q
7	611	Azaria FRANCIS	Woodford Green & Essex Ladies	Southern	12.53	q
DNS	609	Katherine ENDACOTT	City of Plymouth AC	Southern		

Semi 2

Wind: -1.3 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	604	Louise BLOOR	Trafford AC	Northern	11.74	Q
2	621	Jeanette KWAKYE	Woodford Green & Essex Ladies	Southern	11.75	Q
3	636	Abbi TYSON	Birchfield Harriers	Midlands	11.84	Q
4	624	Daryll NEITA	Cambridge Harriers	Southern	12.01	Q
5	634	Torema THOMPSON	Enfield & Haringey AC	Southern	12.02	q
6	605	Shelley BOWEN	Reading AC	Southern	12.27	q
7	626	Tunrayo NUBI	Enfield & Haringey AC	Southern	12.38	q
8	602	Jennie BATTEN	Stroud & Dist AC	Midlands	12.40	q





T20 SM 400m Hurdles Semi-Finals

Next Round: T28 Final A & B

England Best: 47.82s Kriss Akabusi, Barcelona, 06.08.92

CBP: 49.73, David Hughes, Sale Harriers, 2011

Semi 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	123	James FORMAN	Southampton AC	Southern	50.54	Q
2	152	Chris WAKEFORD	Sale Harriers Manchester	Southern	52.17	Q
3	146	Jacob PAUL	Windsor Slough Eton & Hounslow AC	Southern	52.26	Q
4	120	David DEMPSEY	Newcastle University	Northern	53.00	q
5	138	Cameron IRWIN	Colchester Harriers	Southern	53.35	q
6	145	Oliver PALMER	City of York AC	Northern	54.19	
7	117	Alex COOKE	Trafford AC	Northern	54.31	
DNS	116	Andy CLEMENTS	Windsor Slough Eton & Hounslow AC	Southern		

Semi 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	115	Ben CARNE	Harrow AC	Southern	52.11	Q
2	149	Sebastian RODGER	Shaftesbury Barnet Harriers	Southern	52.18	Q
3	129	Edward HARRISON	Blackheath & Bromley	Southern	53.25	Q
4	148	Oliver ROBINSON	Bingley Harriers	Northern	53.57	
5	142	Tom MOAKES	Notts AC	Midlands	53.74	
6	131	Michael HASLETT	Cardiff AAC	Northern	54.48	
7	150	Adam ROGERS	Sale Harriers Manchester	Northern	55.63	
DNF	127	Lloyd GUMBS	Shaftesbury Barnet Harriers	Midlands		



T21 SM 5000m Straight Final A & B

England Best: 13m 00.41s David Moorcroft, Oslo, 07.07.82

CBP: 14.06.51, Mark Draper, Bedford & County, 2010

Final A

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	416	Matthew CLOWES	Staffordshire Moorlands AC	Midlands	14:28.95
2	348	Dan GARBUTT	Durham City Harriers	Northern	14:31.90
3	375	Peter NEWTON	Morpeth Harriers	Northern	14:35.12
4	413	Chris BANNON	Coventry Godiva H	Midlands	14:37.57
5	361	Tim EGERTON	Trafford AC	Northern	14:41.58
6	381	Andy WARD	Clowne Road Runners	Northern	14:45.33
7	362	Russ BEST	New Marske	Northern	14:46.21
8	419	Adrian HOLLIDAY	Tipton H	Midlands	14:49.15
9	364	Daniel CLIFFE	Liverpool Harriers	Northern	14:49.73
10	333	Josh GUILMANT	Phoenix AC	Southern	14:50.75
11	363	Andrew WILES	New Marske	Northern	14:54.87
12	330	Steven CONNOR	Aldershot, Farnham & Dist	Southern	14:56.43
13	378	Peter STREET	Preston Harriers	Northern	15:04.73
14	321	Steve PHILLIPS	Southampton AC	Southern	15:07.66
15	379	Josh TIGHE	Blackburn Harriers	Northern	15:24.77

Final B

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	373	Kevin LOUNDES	Manx Harriers	Northern	15:00.77
2	380	Joseph TOWNSEND	Leeds City AC	Northern	15:05.63
3	412	Mathew ALMOND	Birchfield Harriers	Midlands	15:13.41
4	368	Joe GRATTON	Hallamshire Harriers Sheffield	Northern	15:15.56
5	420	Ryan HOLROYD	Staffordshire Moorlands AC	Midlands	15:20.40
6	422	Gordon LEE	Leicester Coritanian AC	Midlands	15:26.72
7	372	Tom JENKINS	Hallamshire Harriers Sheffield	Northern	15:28.81
8	367	Grant CUNLIFFE	Rosendale Harriers	Northern	15:32.50
9	423	Stuart NELSON	Rugby	Midlands	15:34.63
10	424	Jarratt PERKINS	Notts AC	Midlands	15:37.94
11	329	Edward BLAKE	St Albans Striders	Southern	15:44.53
12	331	Benjamin CORFIELD	Leighton Buzzard	Southern	16:09.17
13	370	Matthew HOBBS	Hallamshire Harriers Sheffield	Northern	16:10.57
14	366	Alan CORLETT	Manx Harriers	Northern	16:12.73
DNF	365	Matthew CLOUGH	Leeds City AC	Northern	



T22 SM 400m Semi-Finals

Next Round: T29 Final A & B

England Best: 44.37s Roger Black, Lausanne, 03.07.96

CBP: 46.50, Robert Tobin, Basingstoke & Mid Hants, 2011

Semi 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	200	George CADDICK	Sale Harriers Manchester	Northern	47.62	Q
2	229	Richard MORRISSEY	Havering Mayesbrook AC	Southern	48.02	Q
3	195	Alex BOYCE	Liverpool Harriers	Northern	48.02	q
4	233	Efekemo OKORO	Birchfield Harriers	Southern	48.16	q
5	187	Mo ABDULLAHI	City of Portsmouth AC	Southern	48.86	
6	223	Zach KING	Notts AC	Midlands	49.19	
7	210	Luke EDWARDS	City of Sheffield AC	Northern	49.21	
8	218	Nathan HILTON	Liverpool Pembroke	Northern	49.57	

Semi 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	248	Michael WARNER	Notts AC	Midlands	47.82	Q
2	244	Matt SINCLAIR	Crawley AC	Southern	48.75	Q
3	222	Andrew KENDALL	Crawley AC	Southern	48.77	
4	197	Iain BRAY	Basingstoke	Southern	49.25	
5	236	Sam PETERS	Exeter Harriers	Southern	49.74	
6	189	Ross ALLEN	Rugby	Midlands	49.75	
7	190	Wayne ASHALL	Liverpool Pembroke	Northern	50.02	
DNS	191	Lawrence BAIRD	Trafford AC	Northern		

Semi 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	205	Harry DORAN	Liverpool Pembroke	Northern	48.03	Q
2	252	Lawrence WOOLDRIDGE	Kent AC	Southern	48.68	Q
3	237	Peter PHILLIPS	Herne Hill Harriers	Southern	49.01	
4	199	Christian BYRON	Birchfield Harriers	Midlands	49.20	
5	158	Andrew BOUDRIE	Belgrave Harriers	Southern	49.57	
6	202	Matthew CONSTABLE	Ipswich Harriers	Southern	50.10	
7	174	Nick KANONIK	Birchfield Harriers	Midlands	50.76	
DNS	253	Lloyd ZVASIYA	Birchfield Harriers	Midlands		



T23 SW 400m Semi-Finals

Next Round: T30 Final A & B

England Best: 49.93s Kathy Cook, Los Angeles 06.08.84

CBP: 53.08, Nadine Okere, Birchfield Harriers, 2011

Final A

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	884	Emma PULLEN	Cardiff AAC	Midlands	54.79
2	825	Tara KAFKE	Radley AC	Southern	55.10
3	883	Harriet PRYKE	Manx Harriers	Northern	55.24
4	818	Ann IKA OQUA	Wolverhampton	Midlands	55.41
5	740	Loren BLEAKEN	Team Bath AC	Midlands	55.51
6	792	Donna FRASER	Croydon H	Southern	55.62
7	870	Lesley OWUSU	Windsor Slough Eton & Hounslow AC	Southern	55.85
8	802	Jodie HARRISON	Wolverhampton	Midlands	57.13

Final B

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	869	Shelayna OSKAN-CLARKE	Windsor Slough Eton & Hounslow AC	Southern	56.02
2	878	Becky PILE	Belgrave Harriers	Southern	56.36
3	793	Amy FREEMAN	Spensborough & Dist AC	Northern	56.74
4	731	Leah BARROW	Windsor Slough Eton & Hounslow AC	Southern	56.78
5	954	Deborah WILLIS	Herts Phoenix AC	Southern	57.26
6	916	Rachael SMITH	Southampton AC	Southern	57.66
7	911	Jennifer SIMMONS	Sale Harriers Manchester	Northern	58.18
DNS	817	Dawn HUNT	Windsor Slough Eton & Hounslow AC	Southern	





T24 SM 800m Semi-Finals

Next Round: T37 Final A & B

England Best: 1m 41.73s Sebastian Coe, Florence, 10.06.81

CBP: 1.49.58, Darren St Clair, 2010

Semi 1

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	340	Thomas ATKINSON	Sale Harriers Manchester	Northern	01:55.14	Q
2	296	Daniel STEPNEY	Phoenix AC	Southern	01:55.17	Q
3	271	Harry FISHER	Southampton AC	Southern	01:55.18	
4	285	Niall MAGUIRE	Derby AC	Northern	01:55.38	
5	258	Aaron BENNETT	Southampton AC / UWIC	Southern	01:56.20	
6	292	Andrew PROVOST	Aldershot, Farnham & Dist	Southern	01:56.27	
7	260	Hayden CARTER	Basingstoke	Southern	01:57.77	
8	281	Chris LAMB	Rugby	Midlands	01:58.58	

Semi 2

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	289	Luke MINNS	Blackpool Wyre	Northern	01:54.04	Q
2	342	Michael SALTER	Leeds City AC	Northern	01:54.35	Q
3	286	Chris MATTHEWS	Blackburn Harriers	Northern	01:54.78	
4	263	Andrew DEAN-YOUNG	Bristol & West AC	Midlands	01:57.82	
5	301	Louis WALSHE	Herts Phoenix AC	Southern	01:58.07	
6	293	Dave RAGAN	Basingstoke	Southern	01:58.47	
7	262	Ryan COX	Birchfield Harriers	Midlands	01:59.95	
DNS	267	Nick DUGGAN	Crawley AC	Southern		

Semi 3

Posn	BIB	ATHLETE	CLUB	Area	Perf	
1	304	Mike WILSMORE	Bristol & West AC	Southern	01:51.48	Q
2	157	Rory GRAHAM-WATSON	Windsor Slough Eton & Hounslow AC		01:51.90	Q
3	259	John BIRD	Ipswich Harriers	Southern	01:52.19	q
4	196	Jordan BRANSBERG	Skyrac AC	Northern	01:52.94	q
5	290	Joshua OGUNTAYO	Sale Harriers Manchester	Northern	01:54.10	
6	278	Jonathan HIORNS	Notts AC	Midlands	01:55.77	
7	122	Daniel ECKERSLEY	Kingston Upon Hull AC	Northern	01:57.41	
DNS	261	Andrew CONSTABLE	Birchfield Harriers	Midlands	01:58.55	



T25 SW 100m Final A & B

England Best: 11.05 Montell Douglas, Loughborough 17.07.08

CBP: 11.23, Laura Turner, Harrow AC, 2011

Final A

Wind: +0.8 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	604	Louise BLOOR	Trafford AC	Northern	11.69
2	622	Annabelle LEWIS	Kingston Upon Hull AC	Northern	11.80
3	628	Marilyn NAWAWULOR	Harrow AC	Southern	11.92
4	636	Abbi TYSON	Birchfield Harriers	Midlands	11.96
5	624	Daryll NEITA	Cambridge Harriers	Southern	12.07
6	638	Steffi WILSON	Poole AC	Southern	12.14
DNS	621	Jeanette KWAKYE	Woodford Green & Essex Ladies	Southern	
DNS	625	Ashleigh NELSON	City of Stoke AC	Southern	

Final B

Wind: +0.0 m/s

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	634	Torema THOMPSON	Enfield & Haringey AC	Southern	11.90
2	605	Shelley BOWEN	Reading AC	Southern	12.20
3	602	Jennie BATTEN	Stroud & Dist AC	Midlands	12.27
4	611	Azaria FRANCIS	Woodford Green & Essex Ladies	Southern	12.38
5	620	Megan HOULT	Kingston Upon Hull AC	Northern	12.46
6	626	Tunrayo NUBI	Enfield & Haringey AC	Southern	12.47
DNS	601	Emma BAILEY	Rugby	Midlands	





T26 SM 100m Final A & B

England Best: 9.87 (+0.3) Linford Christie, Stuttgart 15.08.93

CBP: 10.09w, Harry AIKINES-Aryeetey, 2011

Final B

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	11	Scott BAJERE	Bristol & West AC	Midlands	10.80
2	84	Oweka WANOGHO	Croydon H	Southern	10.82
3	88	James WILLIAMS	Wirral AC	Northern	10.85
4	41	Robert GRAHAM	Herne Hill Harriers	Southern	10.85
5	58	Andrew MATTHEWS	Windsor Slough Eton & Hounslow AC	Southern	10.92
DNS	68	Eldridge PHIRI	Tamworth AC	Midlands	
DNS	18	Jonathan BROWNE	Kent AC	Southern	
DNS	70	Ricky REEVES	City of Sheffield AC	Northern	

Wind: +0.2 m/s

Final A

Posn	BIB	ATHLETE	CLUB	Area	Perf
1	269	Deji TOBAIS	Windsor Slough Eton & H		10.60
2	39	Tremayne GILLING	Blackheath & Bromley	Southern	10.61
3	91	Andre WRIGHT	Medway	Southern	10.64
4	21	Greg CACKETT	Belgrave Harriers	Southern	10.65
5	78	Judah SIMPSON	Derby AC	Midlands	10.72
6	75	Sean SAFO-ANTWI	Enfield & Haringey AC	Southern	10.72
7	80	Joshua STREET	South London Harriers	Southern	10.75
DNS	89	Simeon WILLIAMSON	Highgate Harriers AC	Southern	

Wind: -1.0 m/s