

Version 1

**SPONSORED BY UP AND RUNNING
MIDLAND TRACK AND FIELD LEAGUE RESULTS**



3 Jul 2011 Division 6 Match 3 Venue: Worcester

Total Scores

Position	Team	Points
1	Worcester AC	388
2	Kidd. & Stourport	351
3	Abingdon Amblers	322
4	Sutton in Ashfield	286
5	Harborough	250
6	Hereford & County	209

Mens Scores

Position	Team	Points
1	Worcester AC	197
2	Abingdon Amblers	180
3	Kidd. & Stourport	146
4	Sutton in Ashfield	136
5	Harborough	131
6	Hereford & County	129

Womens Scores

Position	Team	Points
1	Kidd. & Stourport	190
2	Worcester AC	176
3	Abingdon Amblers	137
4	Sutton in Ashfield	135
5	Harborough	114
6	Hereford & County	65

Officials Points

Team Name	Points
Worcester AC	15
Kidd. & Stourport	15
Abingdon Amblers	5
Sutton in Ashfield	15
Harborough	5
Hereford & County	15

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Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Luke Chown	Abingdon Amblers	11.5	9
2	Ryan Upfield	Worcester AC	12.2	7
3	Roy Barber	Harborough	12.2	6
4	Joe Garden	Sutton in Ashfield	12.5	5
5	Bruce Khumalo	Hereford & County	12.6	4
6	Andrew Priest	Kidd. & Stourport	13.0	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Tom Connolly	Kidd. & Stourport	12.0	7
2	Jordan Mitchell	Sutton in Ashfield	12.4	5
3	Hugo Hickson	Worcester AC	12.6	4
4	Lewis Purbrick	Abingdon Amblers	12.6	3
5	Chris Brookes	Hereford & County	13.0	2

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Luke Chown	Abingdon Amblers	22.6	9
2	Paul Maguire	Worcester AC	23.5	7
3	Roy Barber	Harborough	24.6	6
4	Tom Sparks	Kidd. & Stourport	24.7	5
5	Joe Garden	Sutton in Ashfield	25.0	4
6	Bruce Khumalo	Hereford & County	25.5	3

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Andrew Kinney	Worcester AC	24.1	7
2	Joshua Smedley	Abingdon Amblers	24.3	5
3	Adrian James	Kidd. & Stourport	25.4	4
4	Tom Stokes	Hereford & County	26.1	3
5	Callum Goodyear	Sutton in Ashfield	26.5	2

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Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Luke Chown	Abingdon Amblers	51.5	9
2	Andrew Kinney	Worcester AC	53.3	7
3	Roy Barber	Harborough	55.2	6
4	Jake Lacey	Sutton in Ashfield	57.5	5
5	Tom Sparks	Kidd. & Stourport	59.1	4
6	Tom Stokes	Hereford & County	60.7	3

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Edwin Elmhirst	Worcester AC	52.9	7
2	Sam Hadley	Kidd. & Stourport	53.9	5
3	Joshua Smedley	Abingdon Amblers	57.2	4
4	Callum Goodyear	Sutton in Ashfield	60.7	3
5	Daniel Worley	Harborough	64.5	2
6	Kevin Barnes	Hereford & County	81.2	1

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Peter Barnshaw	Abingdon Amblers	17.4	9
2	Adrian James	Kidd. & Stourport	20.5	7
3	Daniel Taylor	Harborough	23.3	6

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Andrew Priest	Kidd. & Stourport	21.0	7
2	Pete Stepney	Abingdon Amblers	22.2	5
3	Daniel Worley	Harborough	24.2	4

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Peter Barnshaw	Abingdon Amblers	59.3	9
2	Richard White	Worcester AC	60.8	7
3	Callum Goodyear	Sutton in Ashfield	65.8	6
4	Daniel Worley	Harborough	68.7	5
5	Andrew Priest	Kidd. & Stourport	69.4	4

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Andrew Kinney	Worcester AC	64.6	7
2	Adrian James	Kidd. & Stourport	68.0	5
3	David Walters	Abingdon Amblers	69.8	4

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Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Abijo Gbenga	Abingdon Amblers	2:06.8	9
2	David Hall	Worcester AC	2:07.2	7
3	Jake Lacey	Sutton in Ashfield	2:09.1	6
4	Sam Lloyd-Perks	Kidd. & Stourport	2:18.3	5
5	Matthew Driver	Harborough	2:20.0	4
6	Tom Stokes	Hereford & County	2:27.2	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Thomas Stock	Worcester AC	2:07.6	7
2	Sam Hadley	Kidd. & Stourport	2:11.2	5
3	Daniel Worley	Harborough	2:14.9	4
4	Owen Stepney	Abingdon Amblers	2:15.4	3
5	Andy Wetherill	Sutton in Ashfield	2:31.7	2
6	Kevin Barnes	Hereford & County	3:00.2	1

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Lewis Roberts	Worcester AC	4:18.7	9
2	Sean Fenwick	Harborough	4:23.5	7
3	Abijo Gbenga	Abingdon Amblers	4:29.1	6
4	Andy Wetherill	Sutton in Ashfield	4:34.8	5
5	Sam Lloyd-Perks	Kidd. & Stourport	4:44.9	4
6	Kevin Barnes	Hereford & County	6:01.4	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Josh Carr	Worcester AC	4:21.4	7
2	Owen Stepney	Abingdon Amblers	4:29.7	5
3	Paul Whittingham	Sutton in Ashfield	4:49.1	4
4	Tom Sparks	Kidd. & Stourport	5:46.7	3
5	Matthew Taylor	Harborough	5:57.7	2

Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Andrew Robinson	Harborough	15:55.5	9
2	Daniel Hamilton	Abingdon Amblers	16:04.2	7
3	Luke Mason	Hereford & County	16:12.5	6
4	Andy Wetherill	Sutton in Ashfield	16:36.3	5
5	Warren Miles	Worcester AC	16:48.2	4
6	Benjamin Danvers	Kidd. & Stourport	17:13.8	3

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Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Sean Fenwick	Harborough	16:10.2	7
2	Jonathon Barnes	Hereford & County	16:15.3	5
3	Paul Whittingham	Sutton in Ashfield	17:37.2	4
4	Steve Smith	Kidd. & Stourport	17:58.9	3
5	Phill Bullock	Worcester AC	18:28.2	2
6	David Walters	Abingdon Amblers	19:28.4	1

Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Sean Fenwick	Harborough	6:42.6	9
2	David O'Brien	Worcester AC	7:37.7	7
3	David Walters	Abingdon Amblers	7:42.7	6
4	Kevin Barnes	Hereford & County	9:09.8	5

Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Matthew Driver	Harborough	8:12.7	7

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Tom Connolly	Kidd. & Stourport	6.12	9
2	Bruce Khumalo	Hereford & County	5.73	7
3	Edwin Elmhirst	Worcester AC	5.20	6
4	Lewis Purbick	Abingdon Amblers	4.71	5
5	Joe Garden	Sutton in Ashfield	4.67	4
6	Matthew Taylor	Harborough	4.18	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Andrew Kinney	Worcester AC	5.16	7
2	Adrian James	Kidd. & Stourport	5.00	5
3	Tom Stokes	Hereford & County	4.32	4
4	Jake Lacey	Sutton in Ashfield	4.29	3
5	Daniel Hamilton	Abingdon Amblers	4.06	2
6	David Ward	Harborough	3.83	1

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Tom Connolly	Kidd. & Stourport	12.68	9
2	Bruce Khumalo	Hereford & County	11.84	7
3	Jordan Mitchell	Sutton in Ashfield	11.58	6
4	Adam Higgins	Worcester AC	10.83	5
5	Joshua Smedley	Abingdon Amblers	10.43	4
6	Daniel Worley	Harborough	9.48	3

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Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Callum Goodyear	Sutton in Ashfield	11.04	7
2	Ryan Upfield	Worcester AC	10.03	5
3	Pete Stepney	Abingdon Amblers	9.85	4
4	Andrew Priest	Kidd. & Stourport	9.85	3

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Edwin Elmhirst	Worcester AC	1.80	9
2	Chris Brookes	Hereford & County	1.70	7
3	Peter Barnshaw	Abingdon Amblers	1.65	6
4	Jordan Mitchell	Sutton in Ashfield	1.60	5
5	Daniel Worley	Harborough	1.50	4
6	Andrew Priest	Kidd. & Stourport	1.45	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Adam Higgins	Worcester AC	1.50	7
2	Daniel Taylor	Harborough	1.45	5
3	Adrian James	Kidd. & Stourport	1.40	4

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Jonathon Barnes	Hereford & County	3.10	9
2	Marc Flannery	Worcester AC	2.70	7
3	Pete Stepney	Abingdon Amblers	2.40	6

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & County	12.34	9
2	Steven Chillingworth	Sutton in Ashfield	11.52	7
3	Adrian James	Kidd. & Stourport	9.88	6
4	Steve Pomeroy	Abingdon Amblers	9.72	5
5	Marc Flannery	Worcester AC	8.51	4
6	Matthew Taylor	Harborough	5.85	3

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Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Paul Gibson	Sutton in Ashfield	9.94	7
2	Tom Clarke	Abingdon Amblers	8.84	5
3	Mark Bell-Humphreys	Kidd. & Stourport	8.00	4
4	Peter Stewart	Worcester AC	8.00	3
5	Justin Williams	Hereford & County	7.91	2
6	John Thompson	Harborough	4.46	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & County	33.18	9
2	Steven Chillingworth	Sutton in Ashfield	32.74	7
3	Nicholas Daniel	Worcester AC	28.10	6
4	Steve Pomeroy	Abingdon Amblers	26.70	5
5	Sam Hadley	Kidd. & Stourport	19.87	4
6	Daniel Taylor	Harborough	16.91	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Marc Flannery	Worcester AC	26.39	7
2	Tom Clarke	Abingdon Amblers	24.65	5
3	Justin Williams	Hereford & County	24.33	4
4	Andy Mitchell	Sutton in Ashfield	21.45	3
5	Andrew Priest	Kidd. & Stourport	17.21	2
6	John Thompson	Harborough	15.31	1

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & County	43.64	9
2	Nicholas Daniel	Worcester AC	29.11	7
3	Andy Mitchell	Sutton in Ashfield	28.75	6
4	Steve Pomeroy	Abingdon Amblers	22.80	5
5	Mark Bell-Humphreys	Kidd. & Stourport	22.20	4
6	Daniel Taylor	Harborough	13.21	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Justin Williams	Hereford & County	27.07	7
2	Paul Gibson	Sutton in Ashfield	23.04	5
3	Peter Stewart	Worcester AC	16.66	4
4	Tom Clarke	Abingdon Amblers	16.10	3
5	Sam Hadley	Kidd. & Stourport	14.49	2
6	David Ward	Harborough	13.09	1

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Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & County	36.60	9
2	Matthew Taylor	Harborough	32.89	7
3	Quentin Elmhirst	Worcester AC	31.59	6
4	Steve Pomeroy	Abingdon Amblers	31.32	5
5	Andy Mitchell	Sutton in Ashfield	31.00	4
6	Andrew Priest	Kidd. & Stourport	23.49	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Jonathon Barnes	Hereford & County	31.38	7
2	Paul Gibson	Sutton in Ashfield	30.12	5
3	Joshua Smedley	Abingdon Amblers	29.01	4
4	John Thompson	Harborough	28.36	3
5	Andrew Kinney	Worcester AC	25.80	2
6	Mark Bell-Humphreys	Kidd. & Stourport	22.10	1

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Worcester AC	46.6	9
2		Kidd. & Stourport	48.4	7
3		Sutton in Ashfield	50.1	6
4		Harborough	53.5	5
5		Abingdon Amblers	55.4	4

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Abingdon Amblers	3:40.6	9
2		Worcester AC	3:41.4	7
3		Kidd. & Stourport	3:51.2	6
4		Sutton in Ashfield	4:01.6	5
5		Harborough	4:46.3	4

Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Paige Salisbury	Worcester AC	13.6	9
2	Charlotte Salt	Abingdon Amblers	13.7	7
3	Francesca Meakin	Sutton in Ashfield	14.3	6
4	Catherine Murdoch	Kidd. & Stourport	14.7	5
5	Marise Taylor	Harborough	15.4	4

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Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Emma Hill	Worcester AC	13.7	7
2	Athena Bolton	Abingdon Amblers	13.9	5
3	Annie Ratcliffe	Sutton in Ashfield	14.5	4
4	Amy Riley	Kidd. & Stourport	15.1	3
5	Lianne Brooks	Harborough	16.2	2

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Paige Salisbury	Worcester AC	27.8	9
2	Charlotte Salt	Abingdon Amblers	28.3	7
3	Emily Taylor	Harborough	28.6	6
4	Francesca Meakin	Sutton in Ashfield	30.1	5
5	Catherine Murdoch	Kidd. & Stourport	30.9	4

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Emma Hill	Worcester AC	28.3	7
2	Athena Bolton	Abingdon Amblers	29.5	5
3	Kerry Diubek	Kidd. & Stourport	29.8	4
4	Jacqueline Kind	Sutton in Ashfield	31.2	3
5	Marise Taylor	Harborough	31.9	2

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Sarah Stuart-Smith	Kidd. & Stourport	62.2	9
2	Emily Taylor	Harborough	63.5	7
3	Claire Fabes	Abingdon Amblers	68.0	6
4	Jacqueline Kind	Sutton in Ashfield	68.1	5
5	Jade Williams	Hereford & County	75.9	4
6	Clare Jones	Worcester AC	81.4	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Laura Brown	Kidd. & Stourport	66.5	7
2	Olivia Deehan	Worcester AC	66.6	5
3	Sarah Ward	Harborough	67.6	4
4	Ellie Wilkins	Abingdon Amblers	74.2	3
5	Lisa Knights	Sutton in Ashfield	80.3	2

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Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Jill Turner	Kidd. & Stourport	20.0	9
2	Camilla Barnes	Worcester AC	20.9	7
3	Sarah Ward	Harborough	21.7	6

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Chantelle Reah	Kidd. & Stourport	20.6	7
2	Lianne Brooks	Harborough	24.3	5

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Emily Taylor	Harborough	75.9	9
2	Kerry Diubek	Kidd. & Stourport	79.2	7

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Chantelle Reah	Kidd. & Stourport	85.8	7
2	Lianne Brooks	Harborough	87.4	5

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Nikita Pembleton	Sutton in Ashfield	2:18.9	9
2	Cordelia Parker	Abingdon Amblers	2:28.4	7
3	Sarah Stuart-Smith	Kidd. & Stourport	2:30.4	6
4	Olivia Deehan	Worcester AC	2:35.5	5
5	Sarah Ward	Harborough	2:37.3	4
6	Sheryl Evans	Hereford & County	3:19.6	3

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Hannah Button	Worcester AC	2:35.4	7
2	Annie Ratcliffe	Sutton in Ashfield	2:36.8	5
3	Karen Brooks	Harborough	2:45.6	4
4	Ellie Wilkins	Abingdon Amblers	2:52.8	3
5	Caroline Cresswell	Kidd. & Stourport	2:56.5	2

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Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Nikita Pembleton	Sutton in Ashfield	4:56.3	9
2	Camilla Barnes	Worcester AC	5:03.7	7
3	Cordelia Parker	Abingdon Amblers	5:18.7	6
4	Jacqui Phillips	Kidd. & Stourport	5:20.4	5
5	Karen Brooks	Harborough	5:43.3	4
6	Sheryl Evans	Hereford & County	6:50.5	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Francesca Meakin	Sutton in Ashfield	5:15.2	7
2	Adrienne Hopkins	Abingdon Amblers	5:30.2	5
3	Tracy Miles	Worcester AC	5:50.4	4
4	Caroline Cresswell	Kidd. & Stourport	5:57.2	3

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Lisa Knights	Sutton in Ashfield	11:05.2	9
2	Jacqui Phillips	Kidd. & Stourport	11:07.5	7
3	Adrienne Hopkins	Abingdon Amblers	11:09.6	6
4	Karen Brooks	Harborough	11:49.5	5
5	Molly Browne	Worcester AC	12:47.0	4
6	Sheryl Evans	Hereford & County	14:24.8	3

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Michelle Wilcocks	Sutton in Ashfield	11:20.5	7
2	Emma Hornby	Kidd. & Stourport	12:01.7	5
3	Elizabeth Purbrick	Abingdon Amblers	12:09.5	4
4	Clare Jones	Worcester AC	13:12.3	3

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Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jill Turner	Kidd. & Stourport	4.77	9
2	Shalayna Hutchinson	Worcester AC	4.64	7
3	Claire Fabes	Abingdon Amblers	4.22	6
4	Sarah Jones	Hereford & County	4.05	5
5	Annie Ratcliffe	Sutton in Ashfield	3.99	4
6	Sarah Ward	Harborough	3.90	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Melanie Garland	Worcester AC	4.27	7
2	Amy Riley	Kidd. & Stourport	3.83	5
3	Elizabeth Purbrick	Abingdon Amblers	3.75	4
4	Marise Taylor	Harborough	3.55	3

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jill Turner	Kidd. & Stourport	9.99	9
2	Shalayna Hutchinson	Worcester AC	9.96	7
3	Sarah Ward	Harborough	8.33	6
4	Elizabeth Purbrick	Abingdon Amblers	8.26	5

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Laura Brown	Kidd. & Stourport	9.13	7
2	Olivia Deehan	Worcester AC	8.15	5
3	Katherine Mitchell	Abingdon Amblers	7.92	4

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Sarah Ward	Harborough	1.40	9
2	Becky Donnelly	Worcester AC	1.40	7
3	Jill Turner	Kidd. & Stourport	1.35	6
4	Elizabeth Purbrick	Abingdon Amblers	1.30	5

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Shalayna Hutchinson	Worcester AC	1.30	7
2	Sarah Stuart-Smith	Kidd. & Stourport	1.30	5
3	Katherine Mitchell	Abingdon Amblers	1.25	4

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Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Becky Donnelly	Worcester AC	2.40	9
2	Lianne Brooks	Harborough	2.20	7

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Stefanie Mcnally	Hereford & County	11.35	9
2	Lynette Mckeown	Kidd. & Stourport	9.67	7
3	Bethany Mitchell	Sutton in Ashfield	9.11	6
4	Katherine Mitchell	Abingdon Amblers	8.57	5
5	Katie Martin	Worcester AC	7.31	4
6	Marise Taylor	Harborough	5.93	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & County	9.01	7
2	Anna Smith	Kidd. & Stourport	7.79	5
3	Susan Allcock	Sutton in Ashfield	6.98	4
4	Melanie Garland	Worcester AC	6.20	3
5	Athena Bolton	Abingdon Amblers	5.72	2

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Lynette Mckeown	Kidd. & Stourport	31.22	9
2	Bethany Mitchell	Sutton in Ashfield	29.85	7
3	Ruth Wells	Hereford & County	27.44	6
4	Melanie Garland	Worcester AC	23.66	5
5	Katherine Mitchell	Abingdon Amblers	16.31	4
6	Marise Taylor	Harborough	15.61	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Susan Allcock	Sutton in Ashfield	19.55	7
2	Katie Martin	Worcester AC	19.49	5
3	Anna Smith	Kidd. & Stourport	17.61	4
4	Hannah Barnes	Hereford & County	15.88	3
5	Athena Bolton	Abingdon Amblers	13.54	2

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Mitchell	Sutton in Ashfield	46.19	9
2	Lynette Mckeown	Kidd. & Stourport	36.93	7
3	Stefanie Mcnally	Hereford & County	27.09	6
4	Katherine Mitchell	Abingdon Amblers	19.92	5
5	Katie Martin	Worcester AC	18.80	4

Version 1

SPONSORED BY UP AND RUNNING
MIDLAND TRACK AND FIELD LEAGUE RESULTS



3 Jul 2011 Division 6 Match 3 Venue: Worcester

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Anna Smith	Kidd. & Stourport	32.80	7
2	Hannah Barnes	Hereford & County	24.65	5
3	Melanie Garland	Worcester AC	18.35	4
4	Susan Allcock	Sutton in Ashfield	16.72	3
5	Noel Blatchford	Abingdon Amblers	14.56	2

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Katherine Mitchell	Abingdon Amblers	32.52	9
2	Bethany Mitchell	Sutton in Ashfield	30.70	7
3	Ruth Wells	Hereford & County	25.82	6
4	Katie Martin	Worcester AC	22.60	5
5	Lynette Mckeown	Kidd. & Stourport	17.16	4
6	Marise Taylor	Harborough	12.36	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Claire Fabes	Abingdon Amblers	18.99	7
2	Jade Williams	Hereford & County	17.86	5
3	Melanie Garland	Worcester AC	15.86	4
4	Kerry Diubek	Kidd. & Stourport	14.72	3
5	Susan Allcock	Sutton in Ashfield	13.10	2
6	Emily Taylor	Harborough	11.33	1

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Worcester AC	54.1	9
2		Kidd. & Stourport	58.4	7
3		Sutton in Ashfield	58.7	6
4		Harborough	60.0	5
5		Abingdon Amblers	70.6	4

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Sutton in Ashfield	4:25.8	9
2		Worcester AC	4:33.9	7
3		Kidd. & Stourport	4:40.2	6
4		Abingdon Amblers	4:46.2	5
5		Harborough	4:56.2	4