

Provisional

SPONSORED BY UP AND RUNNING  
MIDLAND TRACK AND FIELD LEAGUE RESULTS  
Division 4 Match 4 Venue: Banbury



14 Aug 2011

Position	Team	Points
1	Stratford upon Avon	379.5
2	Banbury H	343
3	Shrewsbury AC	329
4	Telford AC	316
5	Solihull & S H	288
6	DASH	186.5

Mens Scores

Position	Team	Points
1	Telford AC	190
2	Stratford upon Avon	179.5
3	Banbury H	174
4	Shrewsbury AC	143
5	DASH	142.5
6	Solihull & S H	142

Womens Scores

Position	Team	Points
1	Stratford upon Avon	185
2	Shrewsbury AC	181
3	Banbury H	154
4	Solihull & S H	141
5	Telford AC	121
6	DASH	44

Officials Points

Team Name	Points
Stratford upon Avon	15
Banbury H	15
Shrewsbury AC	5
Telford AC	5
Solihull & S H	5
DASH	



### Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Andrew Pozzi	Stratford upon Avon	10.9	9
2	Tino Dummett	Telford AC	11.2	7
3	Kyle Ennis	Banbury H	11.3	6
4	Peter Oliver	DASH	11.4	5
5	Samuel Edwards	Shrewsbury AC	12.1	4
6	Elijah Burke	Solihull & S H	12.4	3

### Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Vincent Adiamah	Telford AC	11.2	7
2	Lee Watson	Banbury H	11.3	5
3	Sam Mason-Brown	Stratford upon Avon	12.0	4
4	Jordan Smith	DASH	12.2	3
5	George O'Hanlon	Solihull & S H	12.4	2
6	Ryan Kelly	Shrewsbury AC	14.5	1

### Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Kyle Ennis	Banbury H	22.8	9
2	Peter Oliver	DASH	23.0	7
3	Howard Stringer	Shrewsbury AC	23.5	6
4	Neil Hawkins	Stratford upon Avon	23.7	5
5	Kieran Brown	Solihull & S H	24.1	4
6	Peter Whitehouse	Telford AC	24.8	3

### Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Lee Watson	Banbury H	22.6	7
2	Bryn Stretton	Stratford upon Avon	23.5	5
3	Michael Dickens	Telford AC	23.8	4
4	Samuel Edwards	Shrewsbury AC	24.1	3
5	Jordan Smith	DASH	24.4	2



### Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Richard Rubenis	Telford AC	50.5	9
2	Howard Stringer	Shrewsbury AC	51.1	7
3	Alex Currie	Solihull & S H	52.2	6
4	Neil Hawkins	Stratford upon Avon	53.0	5
5	Albert Rowett	Banbury H	53.5	4
6	Jordan Smith	DASH	54.5	3

### Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Peter Arnold	Telford AC	53.3	7
2	James Allen	Banbury H	53.7	5
3	Kieran Brown	Solihull & S H	54.8	4
4	Andrew Beeston	Shrewsbury AC	55.6	3
5	Frazer Jackson	Stratford upon Avon	56.1	2
6	Luke Stevens	DASH	57.4	1

### Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Andrew Pozzi	Stratford upon Avon	14.2	9
2	Malcolm Dawes	Telford AC	16.5	7
3	Andrew Beeston	Shrewsbury AC	17.9	6
4	Jamie Fitzpatrick	Solihull & S H	18.2	5
5	Ian Robinson	Banbury H	23.3	4
6	David Nation	DASH	24.0	3

### Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Elijah Burke	Solihull & S H	20.2	7
2	Iain Moody	Telford AC	20.3	5
3	Matthew Brown	Shrewsbury AC	21.5	4
4	Adam Crofts	Banbury H	21.6	3
5	Robert Minton	Stratford upon Avon	22.2	2

### Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Malcolm Dawes	Telford AC	59.9	9
2	Andrew Beeston	Shrewsbury AC	61.2	7
3	Albert Rowett	Banbury H	61.7	6
4	Robert Minton	Stratford upon Avon	66.9	5
5	Elijah Burke	Solihull & S H	67.0	4



### Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Matthew Brown	Shrewsbury AC	64.3	7
2	Ian Robinson	Banbury H	64.6	5
3	Iain Moody	Telford AC	65.2	4
4	Simon Cook	Solihull & S H	70.6	3
5	Joe Donaghue	Stratford upon Avon	70.8	2

### Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Jack McMullen	Stratford upon Avon	2.02.1	9
2	Christopher Pickering	Solihull & S H	2.02.3	7
3	Josh Burrows	Telford AC	2.04.4	6
4	David Nation	DASH	2.06.4	5
5	Lewis Dorman	Banbury H	2.09.2	4
6	Timothy Pillow	Shrewsbury AC	2.16.0	3

### Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Jamie Davies	Telford AC	2.10.1	7
2	David Ratcliffe	DASH	2.11.3	5
3	Tom Biegel	Banbury H	2.11.8	4
4	Liam Cole	Stratford upon Avon	2.16.2	3
5	George O'Hanlon	Solihull & S H	2.19.0	2
6	Jason Howes	Shrewsbury AC	2.49.8	1

### Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Lee Slater	DASH	4.18.4	9
2	Guy Gregory	Telford AC	4.21.4	7
3	Jack McMullen	Stratford upon Avon	4.34.2	6
4	Christopher Pickering	Solihull & S H	4.37.4	5
5	Lewis Dorman	Banbury H	4.38.6	4
6	Matthew Brown	Shrewsbury AC	5.42.0	3



### Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	David Nation	DASH	4.29.2	7
2	Dale Wilkinson	Telford AC	4.29.7	5
3	Sam Taylor	Stratford upon Avon	4.58.0	4
4	Simon Cook	Solihull & S H	5.00.1	3
5	Jason Howes	Shrewsbury AC	5.42.5	2
6	Warren Harrison	Banbury H	5.55.8	1

### Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Ryan Heath	Telford AC	9.35.5	9
2	Danny Tolhurst	Stratford upon Avon	9.53.8	7
3	David Ratcliffe	DASH	9.57.9	6
4	Timothy Pillow	Shrewsbury AC	10.03.7	5
5	David Rose	Banbury H	10.09.3	4
6	Simon Cook	Solihull & S H	11.08.1	3

### Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Martin Turnock	Telford AC	9.38.7	7
2	Andrew Cockerill	Stratford upon Avon	10.18.8	5
3	Tom Biegel	Banbury H	10.45.0	4
4	Luke Stevens	DASH	11.06.8	3
5	Andrew Beeston	Shrewsbury AC	12.05.8	2
6	Joshuah Hill	Solihull & S H	12.47.4	1

### Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Robert Minton	Stratford upon Avon	10.43.5	9
2	Daniel Rebeiro	Solihull & S H	11.33.4	7
3	Adam Crofts	Banbury H	13.39.1	6

### Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Simon Cook	Solihull & S H	12.25.7	7
2	Paul Hawkins	Stratford upon Avon	13.58.2	5



### Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Samuel Edwards	Shrewsbury AC	6.27	9
2	Danish Mirza	Solihull & S H	6.02	7
3	Bryn Stretton	Stratford upon Avon	6.01	6
4	Alex Brown	Banbury H	5.48	5
5	Richard Westwood	DASH	5.24	4
6	Peter Whitehouse	Telford AC	5.10	3

### Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Christopher Bartlett	Stratford upon Avon	5.48	7
2	Ryan Kelly	Shrewsbury AC	5.42	5
3	Jamie Fitzpatrick	Solihull & S H	5.38	4
4	Luke Jones	DASH	5.18	3
5	Kyle Ennis	Banbury H	4.92	2
6	Dale Wilkinson	Telford AC	4.20	1

### Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Samuel Edwards	Shrewsbury AC	14.53	9
2	Luke Jones	DASH	11.96	7
3	Danish Mirza	Solihull & S H	11.78	6
4	Aidan Reynolds	Telford AC	11.46	5
5	Alex Brown	Banbury H	11.42	4
6	Bryn Stretton	Stratford upon Avon	11.39	3

### Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Richard Westwood	DASH	11.94	7
2	Jamie Fitzpatrick	Solihull & S H	11.77	5
3	Joe Donaghue	Stratford upon Avon	10.65	4
4	Adam Crofts	Banbury H	10.54	3
5	Ryan Kelly	Shrewsbury AC	10.49	2
6	Malcolm Dawes	Telford AC	9.86	1



### Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Joshuah Hill	Solihull & S H	1.95	9
2	Malcolm Dawes	Telford AC	1.85	7
3	Andrew Beeston	Shrewsbury AC	1.75	6
4	Christopher Bartlett	Stratford upon Avon	1.75	5
5	Richard Westwood	DASH	1.65	4
6	Albert Rowett	Banbury H	1.45	3

### Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jamie Fitzpatrick	Solihull & S H	1.80	7
2	Aidan Reynolds	Telford AC	1.80	5
3	Matthew Brown	Shrewsbury AC	1.55	4
4=	Joe Donaghue	Stratford upon Avon	1.50	2.5
4=	Luke Stevens	DASH	1.50	2.5
6	Ian Robinson	Banbury H	1.40	1

### Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	John Bradley	Telford AC	3.00	9
2	Ian Robinson	Banbury H	2.60	7
3	Joe Donaghue	Stratford upon Avon	2.50	6

### Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Aidan Reynolds	Telford AC	2.80	7
2	Adam Crofts	Banbury H	2.20	5
3	Robert Minton	Stratford upon Avon	2.20	4

### Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Richard Woodhall	DASH	11.70	9
2	Simon Brown	Shrewsbury AC	10.75	7
3	Perris Wilkins	Banbury H	10.51	6
4	Alessandro Dummett	Telford AC	9.78	5
5	James Chamberlain	Stratford upon Avon	8.64	4
6	Christopher Watson	Solihull & S H	7.92	3



### Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Joe Smith	DASH	10.76	7
2	Gary Jennings	Banbury H	9.93	5
3	Anthony Evans	Shrewsbury AC	7.48	4
4	Simon Cook	Solihull & S H	6.98	3
5	Henry Lowry	Stratford upon Avon	6.87	2
6	John Bradley	Telford AC	6.75	1

### Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Perris Wilkins	Banbury H	48.96	9
2	Richard Woodhall	DASH	38.97	7
3	Simon Brown	Shrewsbury AC	36.61	6
4	James Chamberlain	Stratford upon Avon	27.42	5
5	Aidan Reynolds	Telford AC	24.04	4
6	Christopher Watson	Solihull & S H	18.47	3

### Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Joe Smith	DASH	31.26	7
2	Gary Jennings	Banbury H	30.76	5
3	Joe Donaghue	Stratford upon Avon	21.91	4
4	Anthony Evans	Shrewsbury AC	19.04	3
5	Jamie Fitzpatrick	Solihull & S H	17.12	2
6	Alessandro Dummett	Telford AC	15.15	1

### Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Gary Jennings	Banbury H	41.15	9
2	Richard Woodhall	DASH	40.27	7
3	Peter Duckers	Shrewsbury AC	21.28	6
4	Henry Lowry	Stratford upon Avon	16.76	5
5	Elijah Burke	Solihull & S H	16.23	4
6	John Bradley	Telford AC	16.16	3





### Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Perris Wilkins	Banbury H	31.00	7
2	Geof Fullwood	DASH	30.99	5
3	Matthew Brown	Shrewsbury AC	19.66	4
4	Michael Dolby	Solihull & S H	14.42	3
5	Paul Hawkins	Stratford upon Avon	11.37	2
6	Ryan Heath	Telford AC	5.91	1

### Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	James Bell	Telford AC	55.99	9
2	Richard Woodhall	DASH	52.85	7
3	James Chamberlain	Stratford upon Avon	49.02	6
4	Rashid Olubaji	Banbury H	41.46	5
5	Simon Brown	Shrewsbury AC	34.86	4
6	Christopher Watson	Solihull & S H	25.54	3

### Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Aidan Reynolds	Telford AC	49.93	7
2	Alex Brown	Banbury H	36.03	5
3	Patrick Taylor	Stratford upon Avon	32.55	4
4	Samuel Edwards	Shrewsbury AC	31.52	3
5	Joe Smith	DASH	28.3	2
6	Daniel Rebelro	Solihull & S H	16.88	1

### Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Telford AC	43.6	9
2		Stratford upon Avon	45.4	7
3		Banbury H	45.5	6
4		Solihull & S H	50.1	5
5		Shrewsbury AC	59.4	4

### Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Telford AC	3.37.9	9
2		Stratford upon Avon	3.40.1	7
3		Banbury H	3.52.7	6
4		DASH	3.54.9	5
5		Solihull & S H	3.56.2	4
6		Shrewsbury AC	3.57.6	3



### Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Emma Pullen	Shrewsbury AC	12.6	9
2	Kirstie Overfield	DASH	12.7	7
3	Danielle Georgiou	Solihull & S H	13.1	6
4	Sinead Johnson	Telford AC	13.3	5
5	Heidi Brooke-Little	Banbury H	13.4	4
6	Hannah Taylor	Stratford upon Avon	13.5	3

### Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Rachel Timothy	DASH	13.5	7
2	Shana Parker	Banbury H	13.6	5
3	Aimi Whitehouse	Telford AC	13.7	4
4	Georgie Evans	Stratford upon Avon	14.2	3
5	Sophia Georgiou	Solihull & S H	14.7	2
6	Kirsten Brown	Shrewsbury AC	15.4	1

### Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Kirstie Overfield	DASH	26.2	9
2	Hannah Taylor	Stratford upon Avon	27.2	7
3	Danielle Georgiou	Solihull & S H	27.4	6
4	Heidi Brooke-Little	Banbury H	27.8	5
5	Aimi Whitehouse	Telford AC	28.2	4
6	Hannah Bridgwater	Shrewsbury AC	29.7	3

### Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Rachel Timothy	DASH	27.1	7
2	Joanne Brooke	Shrewsbury AC	27.9	5
3	Sarah Biegel	Banbury H	28.4	4
4	Sophia Georgiou	Solihull & S H	30.6	3
5	Georgie Evans	Stratford upon Avon	31.9	2



### Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Claire Tarplee	Solihull & S H	57.9	9
2	Lucy Mcdermott	Stratford upon Avon	61.7	7
3	Sarah Biegel	Banbury H	64.6	6
4	Libby Naylor	Shrewsbury AC	68.0	5

### Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Joanne Brooke	Shrewsbury AC	69.9	7
2	Sarah Bland	Stratford upon Avon	72.6	5
3	Rosie Kingston	Banbury H	75.3	4

### Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Amanda Evans	Stratford upon Avon	17.1	9
2	Rosie Kingston	Banbury H	17.2	7
3	Adele Reynolds	DASH	19.9	6
4	Anna Kelly	Shrewsbury AC	21.0	5
5	Kim Davies	Telford AC	23.0	4

### Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Claire Burgoyne	Shrewsbury AC	20.0	7
2	Sarah Bland	Stratford upon Avon	21.4	5
3	Zoe Davies	Telford AC	23.2	4
4	Claire Goodwin	Banbury H	dnf	0

### Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Connie Mcmillan	Banbury H	65.0	9
2	Claire Burgoyne	Shrewsbury AC	69.1	7
3	Sarah Bland	Stratford upon Avon	80.2	6

### Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Libby Naylor	Shrewsbury AC	74.1	7
2	Rosalind Kelling	Banbury H	74.5	5
3	Emma Bexson	Stratford upon Avon	85.6	4

### Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Claire Tarplee	Solihull & S H	2.09.8	9
2	Lucy Mcdermott	Stratford upon Avon	2.24.1	7
3	Emma Pullen	Shrewsbury AC	2.37.3	6
4	Rosalind Kelling	Banbury H	2.39.2	5
5	Emma Davis	Telford AC	2.46.4	4



### Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Jenni Ward	Solihull & S H	2.30.8	7
2	Georgina Newell	Banbury H	2.37.5	5
3	Becky Houston	Shrewsbury AC	2.43.9	4
4	Catherine Clifford	Stratford upon Avon	2.45.8	3
5	Amelia Reynolds	Telford AC	3.02.6	2

### Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Connie Mcmillan	Banbury H	4.56.7	9
2	Zoe Chandler	Stratford upon Avon	5.01.6	7
3	Claire Burgoyne	Shrewsbury AC	5.03.2	6
4	Jenni Ward	Solihull & S H	5.15.4	5

### Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Eloise Du Luart	Stratford upon Avon	5.07.3	7
2	Rebecca Freeman	Solihull & S H	5.38.0	5
3	Georgina Newell	Banbury H	5.50.8	4
4	Emma Pullen	Shrewsbury AC	7.29.6	3

### Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Eloise Du Luart	Stratford upon Avon	11.09.2	9
2	Claire Burgoyne	Shrewsbury AC	11.20.0	7
3	Rosalind Kelling	Banbury H	11.28.3	6
4	Rebecca Freeman	Solihull & S H	11.46.0	5
5	Emma Davis	Telford AC	12.44.0	4



### Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Catherine Clifford	Stratford upon Avon	11.24.9	7
2	Samantha Barrett	Solihull & S H	12.34.9	5
3	Amelia Reynolds	Telford AC	12.48.0	4
4	Rebecca Houston	Shrewsbury AC	12.53.4	3
5	Rebecca Biegel	Banbury H	12.56.9	2

### Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Anna Kelly	Shrewsbury AC	5.38	9
2	Molly Eales	Solihull & S H	4.88	7
3	Amanda Evans	Stratford upon Avon	4.83	6
4	Rosie Kingston	Banbury H	4.55	5
5	Naomi Farquharson	Telford AC	4.41	4
6	Frances Lacey	DASH	4.36	3

### Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Hannah Bridgwater	Shrewsbury AC	4.57	7
2	Shana Parker	Banbury H	4.41	5
3	Georgie Evans	Stratford upon Avon	4.34	4
4	Kim Davies	Telford AC	3.86	3
5	Zoe Eales	Solihull & S H	3.65	2

### Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Anna Kelly	Shrewsbury AC	11.88	9
2	Shana Parker	Banbury H	10.75	7
3	Amanda Evans	Stratford upon Avon	10.60	6
4	Frances Lacey	DASH	9.59	5
5	Naomi Farquharson	Telford AC	9.49	4
6	Zoe Eales	Solihull & S H	8.32	3



### Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Rosie Kingston	Banbury H	9.75	7
2	Hannah Taylor	Stratford upon Avon	8.72	5
3	Zoe Davies	Telford AC	7.86	4
4	Danielle Georgiou	Solihull & S H	7.66	3
5	Joanne Brooke	Shrewsbury AC	7.61	2

### Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1=	Amanda Evans	Stratford upon Avon	1.50	8
1=	Anna Kelly	Shrewsbury AC	1.50	8
3	Connie Mcmillan	Banbury H	1.50	6
4	Zoe Eales	Solihull & S H	1.40	5
5	Aimi Whitehouse	Telford AC	1.30	4

### Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1=	Eloise Du Luart	Stratford upon Avon	1.35	6
1=	Rebecca Houston	Shrewsbury AC	1.35	6
3	Molly Eales	Solihull & S H	1.30	4
4	Amelia Reynolds	Telford AC	1.25	3

### Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Sarah Bland	Stratford upon Avon	1.70	9

### Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Kimberley Carter	Telford AC	9.11	9
2	Kate Whiston	Solihull & S H	7.17	7
3	Claire Usher	Stratford upon Avon	6.91	6
4	Kirsten Brown	Shrewsbury AC	6.79	5
5	Alicia Workman	Banbury H	6.02	4



### Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Danielle Lloyd	Telford AC	8.23	7
2	Jill Turner	Solihull & S H	6.59	5
3	Zoe Green	Shrewsbury AC	6.29	4
4	Georgina Newell	Banbury H	5.96	3

### Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Danielle Lloyd	Telford AC	33.25	9
2	Kate Whiston	Solihull & S H	29.65	7
3	Zoe Green	Shrewsbury AC	25.60	6
4	Claire Usher	Stratford upon Avon	19.72	5
5	Margaret Coombe	Banbury H	14.33	4

### Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Kimberley Carter	Telford AC	22.71	7
2	Jill Turner	Solihull & S H	20.11	5
3	Sarah Bland	Stratford upon Avon	15.90	4
4	Patricia Higgins	Shrewsbury AC	14.01	3
5	Alicia Workman	Banbury H	13.10	2

### Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Kate Whiston	Solihull & S H	28.30	9
2	Patricia Higgins	Shrewsbury AC	24.04	7
3	Alicia Workman	Banbury H	22.53	6
4	Sarah Bland	Stratford upon Avon	20.97	5
5	Zoe Davies	Telford AC	17.93	4

### Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Elaine Jebb	Shrewsbury AC	18.80	7
2	Claire Usher	Stratford upon Avon	18.14	5
3	Kim Davies	Telford AC	16.52	4
4	Margaret Coombe	Banbury H	15.84	3
5	Jill Turner	Solihull & S H	14.60	2

### Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Amelia Reynolds	Telford AC	23.78	9
2	Anna Kelly	Shrewsbury AC	23.60	7
3	Georgie Evans	Stratford upon Avon	21.70	6
4	Danielle Georgiou	Solihull & S H	21.40	5
5	Margaret Coombe	Banbury H	19.49	4



### Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Claire Goodwin	Banbury H	17.02	7
2	Lisa Williams	Telford AC	16.77	5
3	Claire Usher	Stratford upon Avon	16.35	4
4	Kate Whiston	Solihull & S H	14.27	3
5	Patricia Higgins	Shrewsbury AC	13.69	2

### Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Stratford upon Avon	53.3	9
2		Solihull & S H	55.2	7
3		Telford AC	56.1	6
4		Shrewsbury AC	56.2	5
5		Banbury H	57.3	4

### Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Shrewsbury AC	4.16.3	9
2		Banbury H	4.20.5	7
3		Stratford upon Avon	4.23.4	6
4		Solihull & S H	4.51.2	5
5		Telford AC	5.16.3	4