

provisional

SPONSORED BY UP AND RUNNING
MIDLAND TRACK AND FIELD LEAGUE RESULTS



14 Aug 2011

Division 1

Match 4

Venue: Nottingham

Total Scores

Position	Team	Points
1	Birchfield	379
2	Notts AC A	369
3	Cheltenham & CH	364.5
4	Bristol & West	301
5	Charnwood	296.5
6	Rugby/North	270

Mens Scores

Position	Team	Points
1	Birchfield	186
2	Cheltenham & CH	183
3	Bristol & West	169
4	Notts AC A	165
5	Charnwood	148
6	Rugby/North	114

Womens Scores

Position	Team	Points
1	Notts AC A	189
2	Birchfield	178
3	Cheltenham & CH	166.5
4	Rugby/North	141
5	Charnwood	133.5
6	Bristol & West	117

Officials Points

Team Name	Points
Birchfield	15
Notts AC A	15
Cheltenham & CH	15
Bristol & West	15
Charnwood	15
Rugby/North	15

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Men 100m (A string)

Wind Speed = -2.8 m/s

Posn	Name	Club	Perf	Pts
1	Scott Bajere	Bristol & West	11.4	9
2	Oliver Knight	Charnwood	11.6	7
3	Adam Thomas	Birchfield	11.7	6
4	Timmion Skervin	Notts AC A	11.9	5
5	Benjamin Lees	Rugby/North	11.9	4
6	Rupert Dickinson	Cheltenham & CH	12.4	3

Men 100m (B string)

Wind Speed = 0 m/s

Posn	Name	Club	Perf	Pts
1	Onajite Okoro	Birchfield	11.2	7
2	Lewis Summer Rell	Notts AC A	11.3	5
3	Theo Campbell	Bristol & West	11.3	4
4	Marcel Hodge	Charnwood	11.4	3
5	David Fraser	Rugby/North	11.5	2
6	Toby Haseler	Cheltenham & CH	11.9	1

Guests

Elijah Skervin	Notts AC	11.2
Makoye Kampengele	Notts AC	11.8
Brenton Hardware	Birchfield	12.0
Adam Hughes	Birchfield	12.1
Dalton Powell	Notts AC	12.2

Men 200m (A string)

Wind Speed = -2.3 m/s

Posn	Name	Club	Perf	Pts
1	Nicholas Kanonik	Birchfield	22.7	9
2	Theo Campbell	Bristol & West	23.2	7
3	Aqeel Hassan	Charnwood	23.4	6
4	Jamie Horder	Cheltenham & CH	23.4	5
5	David Fraser	Rugby/North	23.9	4
6	Charlie Waterhouse	Notts AC A	24.6	3

Men 200m (B string)

Wind Speed = -1.1 m/s

Posn	Name	Club	Perf	Pts
1	Oliver Knight	Charnwood	22.8	7
2	Michael Gardiner	Cheltenham & CH	23.8	5
3	Makoye Kampengck	Notts AC A	23.9	4
4	Luke Baker	Birchfield	24.0	3
5	John Brierly	Bristol & West	24.8	2
6	Andrew Reeves	Rugby/North	25.4	1

Guests

Marcel Hodge	Charnwood	23.0
Justin Grimes	Birchfield	23.6

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Efekemo Okoro	Birchfield	49.0	9
2	Arran Smith	Notts AC A	49.7	7
3	Casper Eliot	Bristol & West	49.9	6
4	Aqeel Hassan	Charnwood	50.8	5
5	Ian Barough	Cheltenham & CH	51.3	4
6	Charles Barker	Rugby/North	51.4	3

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Peter Whitehouse	Birchfield	50.3	7
2	Alex Fields	Bristol & West	51.8	5
3	Scott Douglas	Charnwood	52.0	4
4	Jarrold Skervin	Notts AC A	52.4	3
5	Joseph See	Cheltenham & CH	53.9	2
6	Liam Ratcliffe	Rugby/North	54.6	1

Guest

Lee Groenewegen	Cheltenham & CH	52.2
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Men 110m H (A string)

Wind Speed = -1.9 m/s

Posn	Name	Club	Perf	Pts
1	Edirin Okoro	Birchfield	15.0	9
2	Charles Barker	Rugby/North	16.9	7
3	Jamie Courtenay	Cheltenham & CH	16.9	6
4	John Gilding	Charnwood	17.1	5
5	Perry Offler	Notts AC A	19.8	4
6	Steve West	Bristol & West	22.5	3

Men 110m H (B string)

Wind Speed = -1.2 m/s

Posn	Name	Club	Perf	Pts
1	Onajite Okoro	Birchfield	16.2	7
2	Benjamin Lees	Rugby/North	17.5	5
3	Russell Whiting	Cheltenham & CH	18.5	4
4	Paul Harmer	Charnwood	20.1	3

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Jamie Horder	Cheltenham & CH	55.9	9
2	John Gilding	Charnwood	56.2	7
3	Perry Offler	Notts AC A	57.7	6
4	Brenton Hardware	Birchfield	59.2	5
5	John Brierly	Bristol & West	60.8	4

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Casper Eliot	Bristol & West	58.8	7
2	Scott Gregory	Birchfield	59.1	5
3	Paul Harmer	Charnwood	59.2	4
4	Russell Whiting	Cheltenham & CH	59.4	3
5	Martyn Gibbons	Notts AC A	67.1	2

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Elliot Giles	Birchfield	1.56.7	9
2	Stephen Mears	Charnwood	1.57.4	7
3	Jonathan Hiorns	Notts AC A	1.57.6	6
4	Chris Lamb	Rugby/North	1.58.5	5
5	Andrew Dean-Young	Bristol & West	2.00.8	4
6	Carsten Adams	Cheltenham & CH	2.09.7	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Luke Sebit-Berridge	Birchfield	2.00.5	7
2	Andrew Van Kints	Cheltenham & CH	2.01.1	5
3	Liam Ratcliffe	Rugby/North	2.01.7	4
4	Steve Long	Notts AC A	2.02.9	3
5	Paul Harmer	Charnwood	2.12.3	2
6	James Taylor	Bristol & West	2.30.2	1

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Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Tom Graves	Birchfield	3.58.5	9
2	Robert Needham	Notts AC A	4.01.5	7
3	Jeremy Bradley	Cheltenham & CH	4.03.6	6
4	Rhys Park	Bristol & West	4.05.1	5
5	Stephen Mears	Charnwood	4.06.0	4
6	Rory Grant	Rugby/North	4.09.7	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	George Buttery	Charnwood	4.06.9	7
2	Joseph Coleshaw	Notts AC A	4.15.0	5
3	Zak Tobias	Bristol & West	4.18.5	4
4	Theo Blundell	Birchfield	4.20.9	3
5	Andrew Kaighin	Cheltenham & CH	4.29.3	2
6	Robert Male	Rugby/North	4.56.1	1

Guests

Mark Thompson	Notts AC	4.10.5
George Howick	Charnwood	4.35.4

Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Jeremy Bradley	Cheltenham & CH	8.46.6	9
2	Shaun Antell	Bristol & West	8.47.3	7
3	James Douglas	Charnwood	8.48.7	6
4	Kevin Farrow	Notts AC A	8.49.2	5
5	Elliot Giles	Birchfield	8.59.6	4
6	Chris Lamb	Rugby/North	9.32.0	3

Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Dave Roper	Cheltenham & CH	8.48.0	7
2	Stephen Francis	Bristol & West	8.54.8	5
3	Jarrat Perkins	Notts AC A	8.59.9	4
4	Samuel Densham	Charnwood	9.11.4	3
5	Ryan Linton	Birchfield	9.59.1	2

Guests

Michael Griffiths	Charnwood	9.26.9	
Gerald Grech	Charnwood	9.48.8	
Charlie Howick	Charnwood	9.51.3	
David Oxland	Notts AC	10.02.8	British Record
Ben Lacey	Charnwood	10.47.0	
Ben Norris	Notts AC	DSQ	

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Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Owen	Cheltenham & CH	9.54.0	9
2	Douglas Musson	Notts AC A	10.17.9	7
3	Ryan Linton	Birchfield	11.18.4	6

Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Carsten Adams	Cheltenham & CH	11.42.1	7
2	Martyn Gibbons	Notts AC A	12.20.8	5

Guest

Gerald Grech	Charnwood	10.44.6
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Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Ding Yang	Bristol & West	6.64	9
2	Jose Martin-Fullerton	Birchfield	6.40	7
3	Stuart Street	Notts AC A	6.19	6
4	Charles Barker	Rugby/North	5.98	5
5	Oliver Knight	Charnwood	5.96	4
6	Jamie Courtenay	Cheltenham & CH	5.92	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jamal Nesbitt	Birchfield	6.21	7
2	Fraser Kesteven	Notts AC A	6.14	5
3	Theo Campbell	Bristol & West	5.93	4
4	Benjamin Lees	Rugby/North	5.91	3
5	Ian Moore	Cheltenham & CH	5.82	2
6	Aqeel Hassan	Charnwood	5.04	1

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jose Martin-Fullerton	Birchfield	13.75	9
2	Montel Nevers	Notts AC A	13.73	7
3	Ding Yang	Bristol & West	12.84	6
4	Romeo Sithole	Charnwood	12.53	5
5	Charles Barker	Rugby/North	12.45	4
6	Ian Moore	Cheltenham & CH	12.28	3

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jamal Nesbitt	Birchfield	13.17	7
2	Oliver Zorko	Notts AC A	12.87	5
3	Paul Weston	Bristol & West	12.58	4
4	Thomas Stubbs	Cheltenham & CH	10.74	3
5	David Fraser	Rugby/North	10.44	2
6	Aqeel Hassan	Charnwood	10.40	1

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Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Phinehas Stewart	Birchfield	2.05	9
2	Romeo Sithole	Charnwood	2.00	7
3	Matt Ashley	Notts AC A	1.95	6
4	Rupert Dickinson	Cheltenham & CH	1.80	5
5	Andrew Reeves	Rugby/North	1.75	4
6	Scott Davie	Bristol & West	1.70	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Neil Crossley	Cheltenham & CH	1.80	7
2	Mark Logan	Birchfield	1.80	5
3	Donovan Davenport	Notts AC A	1.70	4
4	Luke Bailey	Bristol & West	1.65	3

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Luke Bailey	Bristol & West	4.20	9
2	Adam Lyons	Notts AC A	3.70	7
3	Martin Vincent	Rugby/North	3.00	6
4	Thomas Stubbs	Cheltenham & CH	3.00	5

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Scott Davie	Bristol & West	4.00	7
2	Rupert Dickinson	Cheltenham & CH	2.60	5
3	Kevin Murch	Rugby/North	2.30	4

Guest

Steve West Bristol & West 3.20

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Ben Roberts	Birchfield	15.26	9
2	James Preston	Bristol & West	14.26	7
3	Toby Haseler	Cheltenham & CH	14.09	6
4	Luke Hyland	Rugby/North	11.00	5
5	Thomas Pearson	Charnwood	10.84	4
6	Chris Shorthouse	Notts AC A	10.58	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Jamie Courtenay	Cheltenham & CH	11.23	7
2	James Taylor	Bristol & West	10.22	5
3	Dalton Powell	Notts AC A	10.04	4
4	Charles Barker	Rugby/North	10.04	3
5	Adam Rubery	Charnwood	9.02	2
6	Michael Tommey	Birchfield	8.64	1

Guest

Rhys Llewellyn Eaton Bristol & West 8.61

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Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	James Preston	Bristol & West	35.15	9
2	Neil Crossley	Cheltenham & CH	33.57	7
3	Thomas Pearson	Charnwood	32.74	6
4	Kevin Murch	Rugby/North	26.08	5
5	Adam Lyons	Notts AC A	21.00	4
6	Luke Baker	Birchfield	19.31	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Jamie Courtenay	Cheltenham & CH	31.78	7
2	Rhys Llewellyn-Eaton	Bristol & West	31.64	5
3	Luke Hyland	Rugby/North	23.91	4
4	Andrew Windley	Charnwood	21.29	3
5	Ryan O'Donnell	Notts AC A	20.76	2
6	Onajite Okoro	Birchfield	18.09	1

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Chris Shorthouse	Notts AC A	61.38	9
2	John Pearson	Charnwood	56.92	7
3	Luke Hyland	Rugby/North	48.05	6
4	Michael Tommy	Birchfield	47.59	5
5	Jamie Courtenay	Cheltenham & CH	26.79	4
6	Bill Kingston	Bristol & West	19.11	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Thomas Pearson	Charnwood	44.81	7
2	Kevin Murch	Rugby/North	29.89	5
3	Adrian Courtenay	Cheltenham & CH	20.70	4

Guests

Andy Windley	Cheltenham & CH	43.47
Liam Downer	Cheltenham & CH	22.17

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Neil Crossley	Cheltenham & CH	63.17	9
2	Kevin Murch	Rugby/North	54.10	7
3	Rhys Llewellyn-Eaton	Bristol & West	52.36	6
4	John Gilding	Charnwood	43.65	5
5	Clem Bartley	Notts AC A	41.75	4
6	Edirin Okoro	Birchfield	40.63	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Liam Downer	Cheltenham & CH	58.08	7
2	Ryan O'Donnell	Notts AC A	36.51	5
3	Adam Rubery	Charnwood	32.19	4
4	John Gercs	Rugby/North	32.17	3
5	James Preston	Bristol & West	29.66	2
6	Efekemo Okoro	Birchfield	25.37	1

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Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Notts AC A	43.2	9
2		Bristol & West	44.1	7
3		Charnwood	44.4	6
4		Rugby/North	45.7	5
5		Cheltenham & CH	46.4	4
6		Birchfield	48.0	3

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Birchfield	3.22.7	9
2		Bristol & West	3.24.9	7
3		Charnwood	3.25.4	6
4		Cheltenham & CH	3.29.3	5
5		Notts AC A	3.31.2	4

Guest

Birchfield B 3.30.0

Women 100m (A string)

Wind Speed = -2.3 m/s

Posn	Name	Club	Perf	Pts
1	Jennie Batten	Cheltenham & CH	12.1	9
2	Emma Bailey	Rugby/North	12.3	7
3	Melinda Cooksey	Birchfield	12.4	6
4	Laura Creighton	Charnwood	13.4	5
5	Laura Mason	Notts AC A	13.8	4
6	Caroline Powell	Bristol & West	14.4	3

Women 100m (B string)

Wind Speed = -2.3 m/s

Posn	Name	Club	Perf	Pts
1	Melisa Hanson	Birchfield	12.4	7
2	Ellena Ruddock	Rugby/North	12.7	5
3	Harriet Sawle	Cheltenham & CH	13.4	4
4	Giare Skervin	Notts AC A	13.5	3
5	Louise Oliver	Charnwood	13.6	2
6	Isabel Hatch	Bristol & West	14.6	1

Guest

Selina Lit Charnwood 15.4

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Women 200m (A string)

Wind Speed = -1.6 m/s

Posn	Name	Club	Perf	Pts
1	Jennie Batten	Cheltenham & CH	24.6	9
2	Melinda Cooksey	Birchfield	24.9	7
3	Ellena Ruddock	Rugby/North	25.7	6
4	Chantelle Robinson	Notts AC A	26.2	5
5	Laura Creighton	Charnwood	27.5	4
6	Caroline Powell	Bristol & West	28.5	3

Women 200m (B string)

Wind Speed = -3 m/s

Posn	Name	Club	Perf	Pts
1	Jade Surman	Birchfield	26.9	7
2	Harriet Sawle	Cheltenham & CH	27.5	5
3	Kerry Murch	Rugby/North	27.8	4
4	Kate Platts	Notts AC A	28.2	3
5	Emma Nutt	Charnwood	30.9	2

Guest

Selina Lit	Charnwood	33.4
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Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Chantelle Robinson	Notts AC A	57.9	9
2	Melisa Hanson	Birchfield	60.5	7
3	Savannah Devillez	Cheltenham & CH	62.0	6
4	Briony Bendle	Charnwood	62.2	5
5	Caroline Powell	Bristol & West	62.3	4
6	Megan Love	Rugby/North	66.7	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Melinda Cooksey	Birchfield	59.0	7
2	Emma Komocki	Notts AC A	60.2	5
3	Laura Creighton	Charnwood	65.2	4
4	Lauren Oswald	Cheltenham & CH	65.4	3
5	Clarissa Blake	Rugby/North	66.3	2

Women 100m H (A string)

Wind Speed = 0.3 m/s

Posn	Name	Club	Perf	Pts
1	Imogen Green	Birchfield	15.5	9
2	Jenny Robbins	Notts AC A	16.2	7
3	Francesca Courtney	Cheltenham & CH	16.6	6
4	Charlotte Burrows	Rugby/North	17.4	5
5	Emma Nutt	Charnwood	22.2	4

Women 100m H (B string)

Wind Speed = -1.4 m/s

Posn	Name	Club	Perf	Pts
1	Emma Komocki	Notts AC A	15.4	7
2	Dionne Samuels	Birchfield	16.0	5
3	Katie Rowe	Rugby/North	16.2	4
4	Savannah Devillez	Cheltenham & CH	18.0	3
5	Sophia Howard	Charnwood	24.2	2

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Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Emma Bailey	Rugby/North	67.2	9
2	Francesca Courtney	Cheltenham & CH	67.7	7
3	Chloe Worts	Notts AC A	69.4	6
4	Bronte Senior	Birchfield	72.6	5
5	Emma Nutt	Charnwood	76.1	4

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Jane Horder	Cheltenham & CH	69.9	7
2	Laura Mason	Notts AC A	75.8	5
3	Charlotte Davies	Rugby/North	76.8	4
4	Amber-Sian Magee	Charnwood	77.6	3

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Anna Simmonds	Notts AC A	2.16.0	9
2	Briony Bendle	Charnwood	2.17.9	7
3	Eleanor Wimshurst	Bristol & West	2.23.2	6
4	Beth Hawling	Cheltenham & CH	2.24.1	5
5	Megan Love	Rugby/North	2.32.3	4

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Sarah Gaunt	Charnwood	2.23.3	7
2	Anna Rainey	Notts AC A	2.26.7	5
3	Clarissa Blake	Rugby/North	2.28.7	4
4	Shannon Carroll	Cheltenham & CH	2.33.6	3

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Juliet Doyle	Charnwood	4.33.1	9
2	Sarah Bull	Notts AC A	4.39.0	7
3	Imogen Ainsworth	Bristol & West	4.40.6	6
4	Danielle Johnson	Birchfield	4.43.0	5
5	Joanna Pulsford	Rugby/North	5.14.7	4
6	Shannon Carroll	Cheltenham & CH	5.48.7	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Sarah Gaunt	Charnwood	4.41.2	7
2	Eleanor Wimshurst	Bristol & West	4.46.7	5
3	Jessica Marriot	Notts AC A	5.15.2	4
4	Eleanor Barnes	Rugby/North	5.40.9	3
5	Jo Wilkie	Cheltenham & CH	5.55.0	2

Guest

Jane Pidgeon	Notts AC	5.08.4
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Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Juliet Doyle	Charnwood	9.32.4	9
2	Imogen Ainsworth	Bristol & West	9.55.1	7
3	Joanna Pulsford	Rugby/North	10.30.5	6
4	Jenny Reed	Notts AC A	11.03.9	5
5	Laura Muth	Birchfield	11.03.9	4
6	Laura Backhouse	Cheltenham & CH	11.28.2	3

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Jane Potter	Charnwood	9.53.0	7
2	Annasley Park	Bristol & West	11.02.4	5
3	Sarah Hemington	Notts AC A	11.19.5	4
4	Beth Hawling	Cheltenham & CH	11.33.2	3
5	Holly Climo	Birchfield	11.36.7	2
6	Genevieve Roberts	Rugby/North	12.08.6	1

Guest

Amber Magee	Charnwood	11.18.4
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Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alessia Valente	Notts AC A	5.49	9
2	Imogen Green	Birchfield	5.36	7
3	Kerry Murch	Rugby/North	5.01	6
4	Nicola Breaks	Bristol & West	4.81	5
5	Rebecca Courtenay	Cheltenham & CH	4.69	4
6	Louise Oliver	Charnwood	4.65	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jade Perry	Birchfield	5.11	7
2	Chloe Worts	Notts AC A	4.73	5
3	Jessica Collins	Cheltenham & CH	4.61	4
4	Saadia Hassan	Charnwood	4.50	3
5	Rebecca Davies	Rugby/North	3.37	2

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MIDLAND TRACK AND FIELD LEAGUE RESULTS



14 Aug 2011

Division 1

Match 4

Venue: Nottingham

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alessia Valente	Notts AC A	12.09	9
2	Nicola Breaks	Bristol & West	11.31	7
3	Katie Rowe	Rugby/North	10.93	6
4	Shannel Hutchinson	Birchfield	9.65	5
5	Maria Goodwin	Charnwood	9.48	4
6	Savannah Devillez	Cheltenham & CH	9.06	3

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jenny Robbins	Notts AC A	10.15	7
2	Rebecca Davies	Rugby/North	9.91	5
3	Jade Perry	Birchfield	9.07	4
4	Beth Hawling	Cheltenham & CH	8.30	3
5	Saadia Hassan	Charnwood	7.79	2

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Bryan	Bristol & West	1.61	9
2	Alessia Valente	Notts AC A	1.61	7
3	Jade Perry	Birchfield	1.55	6
4=	Danielle Stanley	Charnwood	1.50	4.5
4=	Francesca Courtney	Cheltenham & CH	1.50	4.5
6	Katie Rowe	Rugby/North	1.45	3

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1=	Kate Platts	Notts AC A	1.50	6
1=	Nicola Breaks	Bristol & West	1.50	6
3	Imogen Green	Birchfield	1.50	4
4	Saadia Hassan	Charnwood	1.50	3
5	Savannah Devillez	Cheltenham & CH	1.40	2
6	Asia Ercan	Rugby/North	1.40	1

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Bryan	Bristol & West	3.80	9
2	Sophie Cook	Birchfield	3.20	7
3	Selina Walters	Notts AC A	2.00	6
4	Katie Rowe	Rugby/North	1.90	5
5	Jessica Collins	Cheltenham & CH	1.90	4

Women Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Isabel Hatch	Bristol & West	2.80	7
2	Ruth (Catherine) Bird	Cheltenham & CH	1.70	5

Guest

Georgie Pearce	Bristol & West	3.20
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Match 4

Venue: Nottingham

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Annabel Sherry	Cheltenham & CH	13.38	9
2	Sophie Thomas	Birchfield	12.66	7
3	Christina Jones	Bristol & West	10.24	6
4	Helen Gill	Notts AC A	10.07	5
5	Louise Oliver	Charnwood	9.97	4
6	Kerry Murch	Rugby/North	9.25	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Louise Hazel	Birchfield	11.40	7
2	Millie Wood	Cheltenham & CH	9.65	5
3	Selina Walters	Notts AC A	9.56	4
4	Nicola Breaks	Bristol & West	8.77	3
5	Rebecca Davies	Rugby/North	8.27	2
6	Danielle Stanley	Charnwood	8.08	1

Guests

Emily Campbell	Notts	9.64
Ruth Bird	Cheltenham & CH	8.65
Charlotte Lawson	Cheltenham & CH	8.03

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Annabel Sherry	Cheltenham & CH	34.71	9
2	Emily Campbell	Notts AC A	34.21	7
3	Hayley Green	Bristol & West	31.31	6
4	Jane Bourne	Birchfield	27.08	5
5	Kathryn Reynolds	Rugby/North	24.87	4
6	Dorothy Rubery	Charnwood	14.71	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Laura Radburn	Birchfield	24.06	7
2	Charlotte Lawson	Cheltenham & CH	23.73	5
3	Christina Jones	Bristol & West	22.82	4
4	Mia Gell	Notts AC A	21.87	3
5	Rebecca Davies	Rugby/North	13.58	2
6	Sophia Howard	Charnwood	12.99	1

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Christina Jones	Bristol & West	53.37	9
2	Hayley Murray	Birchfield	53.05	7
3	Emily Campbell	Notts AC A	41.25	6
4	Annabel Sherry	Cheltenham & CH	32.90	5
5	Debbie Murch	Rugby/North	26.23	4
6	Dorothy Rubery	Charnwood	22.96	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Annabelle Palmer	Notts AC A	35.42	7
2	Ruth (Catherine) Bird	Cheltenham & CH	28.23	5
3	Jane Bourne	Birchfield	26.34	4
4	Charlotte Davies	Rugby/North	21.75	3
5	Danielle Stanley	Charnwood	18.71	2

Guest

Selina Walters	Notts AC A	35.56
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Division 1

Match 4

Venue: Nottingham

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Sophie Thomas	Birchfield	41.96	9
2	Issy Bailey	Cheltenham & CH	33.76	7
3	Charlotte Burrows	Rugby/North	32.51	6
4	Danielle Stanley	Charnwood	32.18	5
5	Jessica Adcock	Notts AC A	30.56	4
6	Alyta Norman	Bristol & West	25.61	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Louise Hazel	Birchfield	39.23	7
2	Kathryn Reynolds	Rugby/North	29.87	5
3	Louise Oliver	Charnwood	25.40	4
4	Linsey Hutchins	Cheltenham & CH	24.73	3
5	Selina Walters	Notts AC A	21.69	2

Guests

Laura Radburn	Birchfield	26.74
Sophia Howard	Charnwood	14.55

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Rugby/North	49.10	9
2		Birchfield	49.8	7
3		Cheltenham & CH	49.9	6
4		Notts AC A	52.3	5
5		Charnwood	53.6	4

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Notts AC A	3.58.5	9
2		Birchfield	4.05.8	7
3		Charnwood	4.16.3	6
4		Cheltenham & CH	4.21.3	5
5		Rugby/North	4.22.5	4
6		Bristol & West	4.23.0	3