

U17 Men 400mH FINAL

1	Branden	Millward	Stoke AC	62.29
2	Romario	Ellis	Birchfield Harriers	63.37

U17 Women 300mH FINAL

1	Katie	Stainton	Birchfield Harriers	45.61
2	Isobel	Billau	Bromsgrove & Redditch AC	47.71
3	Emma	Douras	Wolverhampton & Bilston AC	48.04
4	Libby	Naylor	Shrewsbury AC	48.92
5	Elise	Williams	Halesowen A & CC	50.18
6	Bronte	Senior	Birchfield Harriers	50.32

U15 Boys 800m FINAL

1	Sam	Efiong	Halesowen A & CC	2.07.08
2	James	McCrane	Nene Valley Harriers	2.07.45
3	Adam	Wright	Rugby & Northampton AC	2.07.59
4	Jason	Glennerster	Shrewsbury AC	2.14.64
5	Sam	Edwards	Harborough AC	2.17.99
6	Scott	McIntyre	Corby AC	2.22.82
7	James	Owen	Leicester Cortianan AC	2.23.84
8	Nigel	Isherwood	Birchfield Harriers	2.24.90
9	Amrik	Gill	Leicester Cortianan AC	2.40.83

U17 Womens 800m FINAL

1	Loren	Bleaken	Team Bath AC	2.13.06
2	Georgie	Hartigan	Coventry Godiva H	2.17.69
3	Lucy	McDermot	Stratford-upon-Avon	2.18.03
4	Emma	Jessop	Newark AC	2.21.28
5	Sophia	DE	Birchfield Harriers	2.27.87
6	Ellie	Howat	Birchfield Harriers	2.34.85

U17 Mens 800m FINAL

1	Michael	McKeown	Coventry Godiva H	2.00.41
2	Theo	Blundell	Birchfield Harriers	2.00.84
3	Camron	Wood	Birchfield Harriers	2.01.13
4	Josh	Burrows	Telford AC	2.01.32
5	Edward	Cherry	Kettering Town Harriers	2.03.51
6	Matthew	Stewart	Kettering Town Harriers	2.05.00
7	Samuel	Nicholls	Cannock & Stafford AC	2.06.12
8	James	Lake	Cannock & Stafford AC	2.07.46
9	John	Jessop	Newark AC	2.13.19

U15 Girls 200m FINAL

				w/s = +0.3
1	Amy	Bowen	Telford AC	25.95
2	Sophie	Thomas	North Somerset AC	26.84
3	Elinor	Winfield	Yate AC	26.86
4	Ebony	Wake	Birchfield Harriers	27.08
5	Olivia	Woodward	Tamworth AC	27.31
6	Stephanie	Beardsmore	Cheltenham Harriers	27.90
7	Hazel	Varley	Notts AC	28.49
8	Ellie	Lambrou	Birchfield Harriers	28.80

U15 Boys 200m HEAT 1				w/s = +1.9	
1	Stefan	Anderson	Royal Sutton Coldfield	23.99	
2	Joshua	Billington	Stoke AC	24.62	
3	Thomas	Scammell	Yate AC	24.74	
4	Benjamin	Clarke	Cheltenham Harriers	25.34	
5	Jaskaran	Notta	Birchfield Harriers	25.40	
6	Danti	Richards	Birchfield Harriers	27.19	
7	Nahshon	Richards	Birchfield Harriers	28.47	
U15 Boys 200m HEAT 2				w/s = -2.4	
1	Ryan	Hampson	Stroud AC	24.64	
2	Jordan	Spence	Corby AC	24.65	
3	Max	Beeching	Telford AC	24.73	
4	Samuel	Hamilton	Halesowen A & CC	25.80	
5	Moses	Noxolo	Birchfield Harriers	26.19	
	Owin	Sinclair	Charnwood AC	DNS	
U17 Womens 200m HEAT 1				w/s = +1.6	
1	Amy	Hillyard	Birchfield Harriers	26.21	
2	Shaliece	Benjamin	Wolverhampton & Bilston AC	26.75	
3	Molly	Ferguson	Notts AC	26.85	
4	Hannah	Scales	Rugby & Northampton AC	27.34	
5	Sadie	Forrester-Hayles	Wolverhampton & Bilston AC	27.89	
6	Andrea	Barrow	Leicester Cortianan AC	28.56	
U17 Womens 200m HEAT 2				w/s = +1.5	
1	Katie	Stainton	Birchfield Harriers	25.97	
2	Zoe	Styles	Worcester AC	26.83	
3	Lauren	Oswald	Cheltenham Harriers	27.44	
4	Harriet	Sawle	Cheltenham Harriers	27.52	
5	Heather	Paton	Worcester AC	28.23	
U17 Mens 200m HEAT 1				w/s = +0.5	
1	Ciaran	Wardle	Rugby & Northampton AC	22.54	
2	Fabian	Batchelor	Birchfield Harriers	22.79	
3	Jack	Lawrence	Halesowen A & CC	22.85	
4	James	Taylor	City of Stoke AC	23.78	
5	Shaquille	Wulfenden	Birmingham Running	24.50	
6	James	Hoult	Halesowen A & CC	26.80	
U17 Mens 200m HEAT 2				w/s = +1.4	
1	Najee	Palmer	Birchfield Harriers	22.84	
2	Daniel	Trueman	Stroud AC	23.17	
3	Curtis	Bicknell	Leamington C & AC	23.60	
4	Jack	Goodband	Charnwood AC	23.62	
5	Kevin	Samuels	Wolverhampton & Bilston AC	24.13	
U17 Womens 3000m FINAL					
1	Becky	Straw	Cannock & Stafford AC	10.03.63	CBP
2	Katie	Ingle	Royal Sutton Coldfield	10.37.63	
3	Rachel	See	Cheltenham Harriers	12.43.05	

U15 Boys 3000m FINAL

1 Ellis	Cross	Tamworth AC	9.33.48
2 Charlie	Davis	Leamington C & AC	9.36.87
3 Alex	Burrows	Telford AC	9.54.78
4 Josh	Cara	Kettering Town Harriers	10.03.59
5 Jack	Hope	Kettering Town Harriers	10.18.37
6 Jacob	Pickering	Cheltenham Harriers	11.06.69
Sam	Johnson	Mansfield Harriers	DNF
Luke	Jones	Tamworth AC	DNF

U15 Girls 1500m FINAL

1 Mari	Smith	Leicester Cortianan AC	4.48.44
2 Katie	Grinyer	North Somerset AC	4.54.76
3 Molly	Johnson	Mansfield Harriers	4.55.45
4 Elmena	Saunders	Royal Sutton Coldfield	5.04.27
5 Ellie	Welch	Corby AC	5.07.18
6 Alice	Collier	Solihull & Small Heath AC	5.10.84
7 Jessica	Robins	Stroud AC	5.17.27
8 Alice	Porter	Leicester Cortianan AC	5.19.02

U17 Men 1500m S/C FINAL

1 Nathan	Udall	Coventry Godiva Harriers	4.59.74
2 Tom	Biegel	Banbury Harriers	5.05.13

U15 Boys 200m FINAL

1 Stefan	Anderson	Royal Sutton Coldfield	23.60
2 Ryan	Hampson	Stroud AC	24.19
3 Jordan	Spence	Corby AC	24.52
4 Max	Beeching	Telford AC	24.54
5 Joshua	Billington	Stoke AC	24.55
6 Thomas	Scammell	Yate AC	24.76
7 Benjamin	Clarke	Cheltenham Harriers	25.55
Jaskaran	Notta	Birchfield Harriers	DNS

w/s = -0.1

U17 Mens 200m FINAL

1 Fabian	Batchelor	Birchfield Harriers	22.50
2 Najee	Palmer	Birchfield Harriers	22.57
3 Ciaran	Wardle	Rugby & Northampton AC	22.74
4 Daniel	Trueman	Stroud AC	23.02
5 Jack	Lawrence	Halesowen A & CC	23.26
6 James	Taylor	City of Stoke AC	23.86
7 Curtis	Bicknell	Leamington C & AC	24.03
Jack	Goodband	Charnwood AC	DNS

w/s = -1.2

U17 Womens 200m FINAL

1 Amy	Hillyard	Birchfield Harriers	25.62
2 Shaliece	Benjamin	Wolverhampton & Bilston AC	26.55
3 Zoe	Styles	Worcester AC	26.65
4 Molly	Ferguson	Notts AC	26.97
5 Hannah	Scales	Rugby & Northampton AC	27.16
6 Lauren	Oswald	Cheltenham Harriers	27.47
7 Harriet	Sawle	Cheltenham Harriers	27.60
Katie	Stainton	Birchfield Harriers	DNS

w/s = +0.5

U15 Boys 200m FINAL

1 Stefan	Anderson	Royal Sutton Coldfield	23.60
2 Ryan	Hampson	Stroud AC	24.19
3 Jordan	Spence	Corby AC	24.52
4 Max	Beeching	Telford AC	24.54
5 Joshua	Billington	Stoke AC	24.55
6 Thomas	Scammell	Yate AC	24.76
7 Benjamin	Clarke	Cheltenham Harriers	25.55
Jaskaran	Notta	Birchfield Harriers	DNS

w/s -0.1

U15 Girls Hammer

1 Ellen	Thrall	Gloucester AC	35.48
2 Jessica	Williams	Hereford	33.27
3 Lucy	Humphreys	Gloucester AC	30.53
4 Gemma	Scales	Rugby & Northampton	22.85

U17 Womens Hammer

1 Charlotte	Stallard	Gloucester AC	38.57
2 Annabelle	Palmer	Notts AC	38.04
Samantha	Lawton	Tamworth AC	NTR

U15 Boys High Jump

1 Linton	Gardiner	Cheltenham	1.65
2 Matthew	Allcock	Sutton in Ashfield Harriers & AC	1.60
3 Jordan	Spence	Corby AC	1.55

U15 Boys Discus

1 Linton	Gardiner	Cheltenham Harriers	27.29
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U17 Mens Discus

1 Forrest	Francis	Leicester Cortianan AC	44.44
2 Niklas	Aarre	Daventry AC	39.98
3 Matthew	Lee	Birchfield Harriers	32.85
4 Thomas	Baskeyfield	City of Stoke	30.28
5 Cameron	Hollingshead	Birchfield Harriers	18.06

U17 Mens Long Jump

				w/s
1 Stuart	Street	Notts AC	6.46	-0.8
2 Rhondell	Stabana	Leicester Cortianan AC	6.05	0.3
3 Forrest	Francis	Leicester Cortianan AC	5.81	1.9
4 Cameron	Hollingshead	Birchfield Harriers	5.56	1.4
5 Matthew	Lee	Birchfield Harriers	5.53	0.5
6 Thomas	Baskeyfield	City of Stoke	5.09	2.9
7 Romario	Ellis	Birchfield Harriers	5.04	-0.7

U17 Mens Shot

1 Jake	Hunt	Oswestry Olympians	11.73
2 Thomas	Baskeyfield	City of Stoke AC	10.63
3 Matthew	Lee	Birchfield Harriers	10.07

U17 Mens Triple Jump

				w/s
1 George	Drake	Leicester Cortianan AC	13.30	-0.4
2 Alexander	MacDonald	Doncaster AC	13.01	0.4
3 Rhondell	Stabana	Leicester Cortianan AC	12.41	-1.7
4 Hakim	Shepherd	Worcester AC	12.20	-1.6
5 Kieran	Lee	City of Stoke	12.10	0.00
6 Oliver	Ward	Birchfield Harriers	11.30	-2.4

U15 Girls Javelin

1	Alexandra	Hale	Halesowen A & CC	33.82
2	Megan	Exley	Rugby & Northampton	29.60
3	Bethany	Jones	Birchfield Harriers	26.35
4	Felicity	Bee	Stratford-upon-Avon AC	25.08
5	Elizabeth	Chinn	Wolverhampton & Bilston AC	24.87
6	Annabelle	Pask	Coventry Godiva Harriers	20.26
7	Daisy	Gilbert	Kettering Town Harriers	18.01
8	Ebony	Evans	Birchfield Harriers	15.68
9	Hannah	Walker	Birchfield Harriers	14.89
	Ebony	Wake	Birchfield Harriers	NTR

U15 Girls High Jump

1	Anna	Martin	Cheltenham Harriers	1.55
2	Sofia	Fereday	Wolverhampton & Bilston AC	1.50
3	Anna	Gamble	Stratford-upon-Avon	1.40
4	Annabelle	Pask	Coventry Godiva Harriers	1.35
5	Hazel	Varley	Notts AC	1.25
	Daisy	Gilbert	Kettering Town Harriers	NHC

U17 Women Javelin

1	Kerry	Murch	Rugby & Northampton	40.01
2	Kate	Morley	Birchfield H	34.86
3	Charlotte	Tongue	Bromsgrove & Redditch	18.42

U15 Boys Triple Jump

				w/s	
1	Elliot	Henry	Amber Valley	13.02	0.1
2	Matthew	Allcock	SIAH	11.91	-0.3
3	Daniel	Smith	Coventry Godiva	11.39	0.0
4	Charlie	Bartlett	Shrewsbury AC	10.04	0.4
	Norton	Massamba	Birchfield H	NJR	

U17 Women Triple Jump

				w/s	
1	Sarah	Douras	Wolverhampton & Bilston	11.01	-2.7
2	Isobel	Billau	Bromsgrove & Redditch	10.37	1.4
3	Andrea	Barrow	Leicester Coritanian	10.02	-2.0
4	Georgina	Greenwood	Worcester AC	9.86	0.0
5	Elise	Williams	Halesowen A & CC	9.32	-1.9

Name	Club	LONG JUMP		HIGH JUMP		SHOT		100m			FINAL Points Total	FINAL Position
		Performance(m)	Points	Performance(m)	Points	Performance(m)	Points	Performance(s)	W/S	Points		
James Woolley	Tamworth AC	5.18	417	1.40	317	7.58	341	13.11	-2.5	449	1524	1
Ben Clarke	Worcester AC	4.35	264	1.40	317	5.97	247	14.50	-2.5	245	1073	2
K-Ryan Hinds	Leicester Coritanian	4.32	259	1.34	276	5.24	205	14.53	-2.5	241	981	3
Joseph Gilkes	Sphinx AC	4.44	280	1.37	297	4.81	180	14.79	-2.5	209	966	4
Robert Lester	Leamington C & AC	3.73	164	1.22	200	6.89	301	14.90	-2.5	197	862	5
Aidan Wardle	Rugby & Nth	3.84	181	1.16	165	5.94	245	14.58	-1.6	235	826	6
Harry Freeman	Corby AC	3.79	173	1.31	257	4.05	137	14.74	-1.6	215	782	7
Joe Stewart	Daventry AAC	3.87	185	1.19	182	3.75	120	14.29	-1.6	272	759	8
Harry May	Worcester AC	4.05	214	1.19	182	5.05	194	15.74	-1.6	111	701	9
Travis Bowley	Kettering TH	3.73	164	1.13	148	5.99	248	15.53	-1.6	130	690	10
David Allcock	SIAH	4.16	232	1.13	148	3.99	133	16.05	-1.6	85	598	11