

U20 WOMEN 400m HURDLES FINAL

1 Helen Reeves	Worcester AC	66.31
2 Kathryn Smith	Royal Sutton Coldfield	70.26

SENIOR WOMEN 400m HURDLES FINAL

1 Ese Okoro	Birchfield H	59.39
2 Emma Peters	Cardiff	60.36
3 Jade Surman	Birchfield	61.06
4 Sian Davies	Swansea	65.96
5 Hannah Jackson	Yate	66.82

U20 Men 400m Hurdles Final

1 James Wright	Rugby & Northampton	57.17
2 Lewis Golledge	Notts AC	58.91
3 Scott Gregory	Birchfield	59.06
4 Phil Shotton	Telford AC	61.45
Luke Morbey	Birchfield	DNF

Senior Men 400m Hurdles FINAL

1 Callem Forde	Charnwood	54.36
2 Joe Lloyd	Cheltenham & Co	55.52
3 Jamie Horder	Cheltenham & Co	55.78
4 Tom Moakes	Notts AC	56.05
5 Stefan Wilcockson	Mansfield H	57.92
6 John Briely	Bristol & West	59.22
7 Russel Whiting	Cheltenham & Co	59.34
8 Ian Emery	BRAT	61.29

U20 Men 800m FINAL

1 Tom Curr	Stroud & D	1.52.63
2 Aaron Phelps	Stroud & D	1.59.02
3 Sean Bowden	Bromsgrove & Redditch	2.00.96
4 Jake Boat	Owls	2.02.42
5 Louis Wrigley	City of Stoke	2.04.26
6 Ryan Nimmons	Coventry Godiva	2.07.92

Senior Men 800m Heat 1

1 Andrew de-Camps	Gloucester	1.58.74
2 Nico Constanti	Gloucester	1.58.82
3 Jonathan Hiorns	Notts	1.58.85
4 Andrew Dean-Young	Bristol & West	1.59.77
5 Jamie Fletcher	Derby Ac	2.01.32
6 Clark Roberts	Coventry Godiva	2.08.16

Senior Men 800m Heat 2

1 Vitalij Gorlukovic	Wolverhampton & B	1.57.79
2 Richard de-Camps	Gloucester	1.58.19
3 Thomas Meakin	Owls	1.58.42
4 Paul Harmer	Charnwood	2.00.44
5 Simon Franklin	Corby	2.02.02
Sam Evans	Birchfield	DNS

Senior Men 800m Heat 3

1	Thomas Gayle	City of Stoke	1.57.02
2	Adam Watt	Birchfield	1.57.30
3	James Miller	Cheltenham & Co	1.57.58
4	Chris Lamb	Rugby & Northampton	1.57.61
5	Chris Smith	Notts AC	2.00.33
6	Stephen Long	Notts AC	2.03.70

U20 Women 100m FINAL

			w/s 2.4
1	Melisa Hanson	Birchfield	12.29s
2	Kirstie Overfield	DASH	12.58s
3	Milly Kellyman	Tamworth	12.84s
4	Hannah Oliver	Coventry Godiva	12.86s
5	Imogen Green	Birchfield	12.91s
6	Nardhia Kidd-Walker	Birchfield	12.92s

Senior Women 100m FINAL

			w/s 0.00
1	Jennie Batten	Stroud & D	11.93s
2	Abbi Tyson	Birchfield	12.00s
3	Ellena Ruddock	Rugby & Northampton	12.21s
4	Kylie Russell	Birchfield	12.28s
5	Jor'dan McIntosh	Charnwood	12.55s
6	Laura Creighton	Charnwood	12.88s
7	Kimi Moncrieffe	Birchfield	12.92s

U20 Men 100m Heat 1

			w/s -1.0
1	Judah Simpson	Derby	10.80s
2	Scott Bajere	Bristol & West	11.03s
3	Yannick Phippen	Kettering/Birchfield	11.04s
4	Shane Henry	Birchfield	11.40s
5	Andrew Lord	Cheltenham & Co	11.44s
6	Olutobi Ogundipe	Telford AC	11.57s
7	Mathias Francis	Birchfield	11.59s

U20 Men 100m Heat 2

			w/s 0.00
1	Dewi Hammond	Bromsgrove & Redditch	10.91s
2	Omasirichukwu Anywanu	Coventry Godiva	11.11s
3	Peter Watling	Wolverhampton & B	11.13s
4	Alex Bradnick	Worcester	11.16s
5	Alex Currie	Solihull & SH	11.44s
6	Peter Oliver	DASH	11.53s
7	Tom Johnson	Rugby & Northampton	11.79s

Senior Men 100m Heat 1

			w/s 2.3
1	Richard Odumosu	Shaftesbury Barnet H	10.85s
2	Philip Doorgachurn	Cardiff	10.96s
3	Santino Dummett	Telford	11.19s
4	Jamie Brock	Yate & D	11.22s
5	Chris Hill	Derby	11.23s
6	Carl Mason	Birchfield	11.42s
7	Adam Hughes	Birchfield	12.00s
8	Luke Emanuel	Notts Uni	12.10s

Senior Men 100m Heat 2			w/s 0.3
1	Ryan James	Birchfield	10.71s
2	David Lima	BRAT	10.78s
3	Ryan Farrington	Birchfield	11.06s
4	Alexander Animashaun	Harrow	11.36s
5	Lewis Summer-Rell	Notts	11.37s
6	Peter Hall	Notts	11.50s
7	Nuetey Ayeh	BRAT	11.91s
8	Rob Barker-Davies	Coventry Godiva	12.05s
9	Martin White	Mansfield	12.17s
U20 Women 100m Hurdles FINAL			w/s -1.3
1	Kez Ogden	Oswestry Olympians	15.16s
2	Karina Jakovenko	Birchfield	15.64s
3	Dionne Samuels	Birchfield	15.79s
	Rosie Kingston	DNF	
Senior Women 100m Hurdles FINAL			w/s -1.3
1	Lauren O'Reilly	Newport	14.53s
U20 Men 110m Hurdles FINAL			w/s -2.3
1	Andrew Pozzi	Stratford on Avon	13.61s
2	Jake Porter	Birchfield	14.40s
3	James Wright	Birchfield	14.84s
4	Toby Parkes	Oswestry Olympians	16.44s
5	Olutobi Ogundipe	Telford	18.75s
U20 Women 400m FINAL			
1	Jodie Harrison	Wolverhampton & B	56.55s
2	Ann Ika Oqua	Wolverhampton & B	56.57s
3	Katrina Walker	BRAT	65.38s
Senior Women 400m Heat 1			
1	Nadine Okyere	Birchfield	54.66s
2	Emma Pullen	Shrewsbury	54.92s
3	Emma Williams	Coventry Godiva	56.16s
4	Rowena Cole	Coventry Godiva	56.62s
5	Rebecca Smith	Mansfield H	61.17s
Senior Women 400m Heat 2			
1	Sarah Adams	Trafford	56.04s
2	Emma Paton	Birchfield	56.45s
3	Melinda Cooksey	Birchfield	57.23s
4	Louise Webster	Wolverhampton & B	63.47s
U20 Men 400m Heat 1			
1	Christian Byron	Birchfield	49.38s
2	Benjamin Sturgess	Marshall Milton Keynes	49.91s
3	Nichols Pryce	Royal Sutton Coldfield	50.16s
4	Jordan Smith	DASH	53.21s
5	Scott Eburne	Coventry Godiva	54.54s
U20 Men 400m Heat 2			
1	David Lagerberg	Mansfield	48.60s
2	Efekemo Okoro	Birchfield	49.31s
3	Jakob White	Yate & D	52.21s
4	Lewis Golledge	Notts	55.04s

Senior Men 400m Heat 1

1	Jordan McGrath	Birchfield	48.45s
2	Ross McDonald	Birchfield	49.35s
3	Jack Imray	Tipton	49.69s
4	Stewart Marshall	Coventry Godiva	50.45s
5	PaulWright	Mansfield	50.82s
6	Jonathan Biddle	Cannock & Stafford	51.89s
7	James Colclough	BRAT	52.03s
8	Chris Sinclair	Charnwood	52.46s

Senior Men 400m Heat 2

1	Ross Allen	Rugby & Northampton	48.82s
2	Sam Peters	Exeter H	49.50s
3	Shem Nelson	Birchfield	50.09s
4	Benjamin Morris	Leicester Coritanian	50.38s
5	Abdillah Nassir	Charnwood	50.47s
6	David Mould	Bromsgrove & Redditch	52.62s
7	Richard Rubenis	Telford	54.24s
	Darren Lewis	DNS	

Senior Men 400m Heat 3

1	Jonathan Hornblow	Derby	49.25s
2	Tim Sayers	Yeovil Olympiads	50.12s
3	Eldridge Phiri	Tamworth	50.52s
4	Tom Moakes	Notts	50.90s
5	Amardeep Sangha	Tipton	51.12s
6	Brian Darby	Coventry Godiva	51.29s
7	Alex Fields	Bristol & West	51.72s
8	Ian Barough	Cheltenham & Co	52.83s

U20 Men 2000m S/C FINAL

1	Nick Hardy	Birchfield	6.28.06
2	Alex Brecker	City of Stoke	6.29.74s
3	Douglas Musson	Notts	6.32.25s
4	Jonathan Barnes	Hereford & Co/Wye Valley	6.48.10s
5	Daniel Hillman	Coventry Godiva	6.50.17s
6	Conor Hills	Rugby & Northampton	6.54.04s
7	Russell Adams	Telford	7.08.13s

Senior Men 3000m S/C FINAL

1	Steve Millward	Gloucester	9.37.55s
2	James Griggs	Coventry Godiva	9.41.63s
3	Jonathan Goringe	Kettering T H	9.49.82s
4	Sean Hazell	Bristol & West AC	10.28.4s

Senior Women 2000m S/C FINAL

1	Sally Hogan	Bromsgrove & Redditch	7.51.37s
2	Amber Magee	Charnwood	7.54.99s
3	Becky Ellis	Charnwood	8.01.24s
4	Gemma Collier	Gloucester	8.11.74s
5	Becky Summers	Gloucester	8.46.5s manually entered time

U20 Men 100m FINAL			w/s -0.1
1	Judah Simpson	Derby	10.74s
2	Yannick Phippen	Kettering/Birchfield	10.92s
3	Scott Bajere	Bristol & West	10.96s
4	Dewi Hammond	Bromsgrove & Redditch	11.01s
5	Omasirichukwu Anywanu	Coventry Godiva	11.19s
6	Alex Bradnick	Worcester	11.20s
7	Peter Watling	Wolverhampton & B	11.27s
8	Shane Henry	Birchfield	11.33s

Senior Men 100m FINAL			w/s 1.4
1	Ryan James	Birchfield	10.71s
2	David Lima	Birchfield	10.79s
3	Richard Odumosu	Shaftesbury Barnet H	10.80s
4	Phillip Doorgachurn	Cardiff	10.90s
5	Chris Hill	Derby	11.09s
6	Ryan Farrington	Birchfield	11.09s
7	Jamie Brock	Yate & D	11.33s
8	Santino Dummett	Telford	11.33s

U20 Men 1500m FINAL			
1	Thomas Purnell	Stroud & D	4.06.84s
2	Daniel Studley	Yate & D	4.07.88s
3	Chris Perrin	Cannock & Stafford	4.08.76s
4	Rory Grant	Rugby & Northampton	4.10.91s
5	Matthew Rose	Coventry Godiva	4.12.25s
6	Kyle Fowler	Staffs Moorlands	4.14.47s
7	Freddie Hessian	Notts	4.17.59s
8	Lewis Roberts	Worcester	4.21.14s
9	Guy Gregory	Telford	4.28.87s
10	Stephen Broom	Corby	4.44.11s

Senior Men 1500m FINAL			
1	James Trollope	Birchfield	3.54.28s
2	Tim Dalton	Severn AC	3.55.09s
3	Benjamin Coldray	Stroud & D	3.55.58s
4	Sam Mitchell	Notts	3.55.68s
5	Ben Sharman	Birchfield	3.55.91s
6	Ander Russell	Stroud & D	3.56.13s
7	Tom Mahon	Owls	3.56.57s
8	James Walsh	Leeds City	3.56.88s
9	Tom Crowley	Notts	4.01.70s
10	Stephen Mears	Charnwood	4.05.39s
11	Josh Norman	Owls	4.08.56s
12	Philip Wilson	Tipton	4.21.23s

U20 Women 800m FINAL			
1	Miranda Sadler	Bristol & West	2.13.22s
2	Katherine Turner	Team Bath	2.14.59s
3	Jourdanna Beresford-Smith	Birchfield	2.22.46s

Senior Women 800m FINAL			
1	Claire Burgoyne	Shrewsbury	2.12.32s
2	Rhianna Parker-Simpson	Halesowen	2.14.91s
3	Anouska Carter	Birchfield	2.15.12s

Senior Men 800m FINAL

1 Andrew de - Camps	Gloucester	2.00.33s
2 Thoms Gayle	City of Stoke	2.00.44s
3 James Miller	Cheltenham & Co	2.00.95s
4 Chris Kamb	Rugby & Northampton	2.01.05s
5 Adam Watt	Birchfield	2.01.38s
6 Vitali Gorlukovic	Wolverhampton & B	2.01.38s
7 Nico Constanti	Gloucester	2.01.91s
8 Richard de-Camps	Gloucester	2.04.61s

U20 Women 200m FINAL

		w/s 0.1
1 Melisa Hanson	Birchfield	25.15s
2 Ann Ika Oqua	Wolverhampton & B	25.59s
3 Jodie Harrison	Wolverhampton & B	25.66s
4 Kirstie Overfield	DASH	26.23s
5 Katie Platts	Notts	26.85s
Kez Ogden	Oswestry Olympians	DNS

Senior Women 200m FINAL

		w/s 0.4
1 Jennie Batten	Stroud & D	24.47s
2 Ellena Ruddock	Rugby & Northampton	25.12s
3 Laura Langowski	Coventry Godiva	25.31s
4 Jor'dan McIntosh	Charnwood	25.56s
5 Louise Webster	Wolverhampton & B	28.31s
6 Wendy Morant	Birchfield	32.09s
Charmaine Riley	Royal Sutton Coldfield	DQ
Laura Creighton	Charnwood	DNS

U20 Men 200m Heat 1

		w/s 0.7
1 Jarryd Dunn	Birchfield	22.28s
2 Scott Bajere	Bristol & West	22.55s
3 Andrew Lord	Cheltenham & Co	22.73s
4 John Lutwyche	BRAT	22.76s
5 David Edwards	Telford	22.97s
6 Howard Stringer	Shrewsbury	23.32s
7 Jakob White	Yate & D	24.02s
Peter Watling	Wolverhampton & B	DNS

U20 Men 200m Heat 2

		w/s 1.3
1 Yannick Phippen	Kettering TH/Birchfield	21.97s
2 Judah Simpson	Derby	22.33s
3 Alex Bradnick	Worcester	22.42s
4 Shane Henry	Birchfield	22.65s
5 Tom Johnson	Rugby & Northampton	23.39s
6 Alex Currie	Solihull & SH	23.53s
Peter Oliver	DASH	DNS

Senior Men 200m Heat 1

		w/s 0.2
1 Ryan Farrington	Birchfield	22.45s
2 James Whitehouse	Birchfield	22.53s
3 Oliver Knight	Charnwood	22.96s
4 Lewis Summer- Rell	Notts	23.21s
5 Luke Emanuel	Notts Uni	24.47s
Luke Lennon Ford	Birchfield	DNF

Senior Men 200m Heat 2			w/s 0.1
1 Phillip Doorgachurn	Cardiff		22.15s
2 Peter Shand	Tipton		22.31s
3 Nick Kanonik	Birchfield		22.44s
4 Alexander Animashaun	Harrow		23.62s
5 Martin White	Mansfield		24.35s
Justin Grimes	Birchfield		DNS
Senior Men 200m Heat 3			w/s 2.1
1 David Lima	BRAT		21.26s
2 Samuel Cordin	Mansfield		21.80s
3 Chris Hill	Derby		22.70s
4 Jamie Brock	Yate & D		22.72s
5 Peter Hall	Notts		23.43s
John Timmins	Tipton		DNF
Senior Men 5000m FINAL			
1 Biniam Ande	Birchfield		14.56.51s
2 Gordon Lee	Leicester Coritanian		15.01.24s
3 Sebastian Duffy	City of Stoke		15.06.12s
4 James Douglas	Charnwood		15.25.46s
5 Jarratt Perkins	Notts		15.38.24s
6 Mark Appleton	Bromsgrove & Redditch		18.31.46s
Senior Women 5000m FINAL			
1 Sarah Johnson	Trentham/Leicester C		17.38.88s
Joanna Pulsford			DNF
Senior Women 400m FINAL			
1 Nadine Okyere	Birchfield		53.57s
2 Emma Pullen	Shrewsbury		54.07s
3 Sarah Adams	Trafford		54.56s
4 Emma Williams	Coventry Godiva		54.89s
5 Rowena Cole	Coventry Godiva		55.83s
6 Emma Paton	Birchfield		56.87s
7 Melinda Cooksey	Birchfield		58.12s
Rebecca Smith	Mansfield		DNS
U20 Men 400m FINAL			
1 David Lagerberg	Mansfield		48.41s
2 Efekomo Okoro	Birchfield		48.49s
3 Christian Byron	Birchfield		49.36s
4 Nicholas Pryce	Royal Sutton Coldfield		50.15s
5 Benjamin Sturgess	Marshall Milton Keynes		50.67s
6 Scott Eburne	Coventry Godiva		54.20s
Jordan Smith	DASH		DNS
Jakob White	Yate & D		DNS
Senior Men 400m A FINAL			
1 Jordan McGrath	Birchfield		48.43s
2 Ross McDonald	Birchfield		48.97s
3 Jonathan Hornblow	Derby		49.07s
4 Ross Allen	Rugby & Northampton		49.27s
5 Jack Imray	Tipton		50.07s
6 Shem Nelson	Birchfield		50.16s
7 Sam Peters	Exeter		50.48s
Tim Sayers	Yeovil Olympiads		DNS

Senior Men 400m B FINAL

1 Stewart Marshall	Coventry Godiva	50.29s
2 Benjamin Morris	Leicester Coritanian	50.46s
3 Abdillah Nassir	Charnwood	50.54s
4 Paul Wright	Mansfield	51.07s
5 Brian Darby	Coventry Godiva	51.16s
6 Amardeep Sangha	Tipton	52.51s
Tom Moakes	Notts	DNS
Eldridge Phiri	Tamworth	DNS

U20 Women 1500m FINAL

1 Olivia Sadler	Bristol & West	4.28.91
2 Chloe Richardson	Birchfield	4.33.14s
3 Lucy Crookes	Leicester	4.44.34s
4 Nicole Roberts	Birchfield	4.51.46s
5 Emily Waugh	Rugby & Northampton	4.57.31s
6 Laura Muth	Birchfield	4.59.15s
7 Clara Evans	Hereford & Co	5.01.42s
8 Charlotte Inwood	Rugby & Northampton	5.04.98s
9 Amy Johnson	Royal Sutton Coldfield	5.05.48s
10 Gabriella Moriarty	Rugby & Northampton	5.08.50s

Senior Women 1500m FINAL

1 Karen Harewood	Corby	4.23.88s
2 Stacey Johnson	Cannock & Stafford	4.32.41s
3 Rebecca Pierce	Team Bath	4.55.69s
4 Sarah Mackness	Telford	5.10.98s
Laura Davenport	Charnwood	DNS

U20 Men 200m FINAL

		w/s 0.5
1 Judah Simpson	Derby	21.69s
2 Yannick Phippen	Kettering TH/Birchfield	21.97s
3 Jarryd Dunn	Birchfield	22.08s
4 John Lutwyche	BRAT	22.37s
5 Shane Henry	Birchfield	22.66s
6 Alex Bradnick	Worcester	23.05s
7 Andrew Lord	Cheltenham & Co	23.09s
Scott Bajere	Bristol & West	DNS

Senior Men 200m FINAL

		w/s 1.5
1 David Lima	BRAT	21.41s
2 Phillip Doorgachurn	Cardiff	21.77s
3 Samuel Cordin	Mansfield	21.88s
4 Peter Shand	Tipton	21.98s
5 Nick Kanonik	Birchfield	22.21s
6 James Whitehouse	Birchfield	22.42s
7 Ryan Farrington	Birchfield	22.45s
8 Chris Hill	Derby	22.92s



U20 Women Hammer

1 Bethany Mitchell	SIAH	45.79m
2 Claire Beaumont	Mansfield	40.51m
3 Emily Campbell	Notts	37.21m
4 Sophie Allen	Tamworth	33.98m
5 Vivian Salo	Birchfield	28.92m

Senior Women Long Jump

1 Emma Lyons	Notts	5.88m	w/s 1.4
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U20 Women Long Jump

1 Kez Ogden	Oswestry Olympians	5.50m	w/s1.5
2 Imogen Green	Birchfield	5.33m	w/s1.4
3 Ella Gibbons	Worcester	5.15m	w/s -0.3
4 Jade Perry	Birchfield	5.03m	w/s 0.3
5 Olivia Merry	Worcester	4.76m	w/s 0.6

Senior Men High Jump

1 Robbie Grabarz	NEB	2.25m
2 Romeo Sithole	Charnwood	2.05m
3 Phinehas Stewart	Birchfield	2.05m
4 Mark Brown	Coventry Godiva	1.95m
5 Ingmart Vos	Birchfield	1.95m
6 Edwin Elmhirst	Worcester	1.80m
7 Andy Reeves	Rugby & Northampton	1.80m

U20 Men High Jump

1 Dan Mirza	Solihull & SH	1.85m
2 Josuah Hill	Solihull & SH	1.85m
3 Chris Brookes	Hereford & Co	1.75m

Senior Women Pole Vault

1 Katherine Ogden	Milton Keynes	3.35m
2 Emma Lyons	Notts	3.25m

U20 Women Pole Vault

1 Hannah Grubb	Team Bath	3.35m	
2 Hayley Rubery	Telford	3.15m	
3 Sophie Cook	Birchfield	3.05m	U17
4 Katie James	Yeovil Olympiads	2.85m	

Senior Men Triple Jump

1 Mike Mckernan	Birchfield	15.32m	w/s-1.0
2 Gary White	Cardiff	15.24m	w/s -0.2
3 Lawrence Harvey	Trafford	14.72m	w/s 1.1
4 Matthew Madden	Notts	14.04m	w/s 0.0

U20 Men Triple Jump

1 José Martin-Fullerton	Birchfield	14.74m	w/s 0.1
2 Sam Edwards	Shrewsbury	14.69m	w/s 0.1
3 Jamal Nesbitt	Birchfield	13.42m	w/s -0.2
4 Armani James	Leicester Coritanian	13.40m	w/s 0.0

U20 Men Hammer

1 Craig Murch	Rugby & Northampton	59.52m
2 Samuel Foster	Corby	52.32m
3 Robert Wallace	Cheltenham & Co	49.95m

U20 Women Discus

1 Hayley Rubery	Telford	33.86m
2 Emily Campbell	Notts	31.87m
3 Vivian Salo	Birchfield	29.56m
4 Jane Bourne	Birchfield	26.50m

U20 Men Discus

1 Najee Fox	Birchfield	51.05m
2 Gareth Winter	Gloucester	50.26m
3 Benji Pearson	Wolverhampton & B	46.99m
4 Daniel Power	Neath	43.01m
5 Douglas Stark	Tamworth	40.30m

Senior Men Pole Vault

1 Nick Cruchley	Halesowen	5.35m	=CBP
2 Andy Marsh	Birchfield	5.00m	
3 Christian North	WGEL	4.90m	
4 Gavin Showell	Tamworth	4.10m	
5 Jamie Courtenay	Cheltenham & Co	4.00m	

U20 Men Pole Vault

1 Mark Cooper	City of Stoke	4.40m
2 Connor McHale	Mansfield	3.50m
3 Adam Cooper	City of Stoke	3.20m

Senior Women High Jump

1 Jayne Nisbet	Edinburgh	1.83m
2 Pamela Hughes	Birmingham Uni	1.75m
3 Adele Lassu	Sale	1.70m
4 Bethan Partridge	Birchfield	1.65m
5 Chloe Boulter	Cannock & Stafford	1.65m

U20 Women High Jump

1 Daniella Hankins	Bedford & Co	1.65m
2 Hannah Oliver	Coventry Godiva	1.55m
3 Georgina Evans	Stratford on Avon	1.55m

Senior Women Triple Jump

1	Laura Samuel	Birchfield	12.91m	w/s 0.15
2	Sineade Gutzmore	Birchfield	12.73m	w/s -0.39
3	Zainab Ceesay	WGEL	12.25m	w/s -0.30
4	Hannah Walsh	Charnwood	11.06m	w/s 0.28
5	Amanda Evans	Stratford on Avon	10.62m	w/s 0.92

U20 Women Triple Jump

1	Shannel Hutchinson	Birchfield	11.26m	w/s -0.28
2	Katrina Walker	BRAT	9.63m	w/s 0.89

U20 Men Javelin

1	Travelle Morris-Reid	Leicester Coritanian	56.90m
2	James Bell	Telford	55.52m
3	Craig Murch	Rugby & Northampton	51.16m
4	Jonah Boyce	Birchfield	47.11m

U20 Women Javelin

1	Jade Perry	Birchfield	34.88m
2	Imogen Green	Birchfield	31.77m
3	Mary Donaldson	Leamington	24.07m

U20 Men Shot

1	Gareth Winter	Gloucester	16.47m
2	Douglas Stark	Tamworth	12.33m

U20 Women Shot

1	Jade Perry	Birchfield	10.78m
2	Jane Bourne	Birchfield	8.46m
3	Mary Donaldson	Leamington	7.85m

Senior Men Long Jump

1	Leigh Smith	Birchfield	7.21m	w/s 2.01
2	Marlon Lewis	BRAT	7.20m	w/s -0.8
3	Michael Fenn	Daventy	6.88m	w/s 1.7

U20 Men Long Jump

1	Toby Parkes	Oswestry Olympians	6.25m	w/s 1.6
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