

TRACK RESULTS

SENIOR MEN 1500m

1	Harry	Carter	City of Portsmouth	4.03.83
2	Richard	de Camps	Gloucester AC	4.05.88
3	Josh	McHugh	Trafford AC	4.08.27
4	Michael	Batiste	Guernsey Island AAC	4.10.03
5	Andrew	Kaar	Birchfield H	4.11.04
6	Lee	Garland	Channel Island AAC	4.18.04
7	Peter	Watkeys	Basingstoke & MH	4.24.30
8	Otis	Robinson	Bermuda	4.40.61

U20 Women 200m Race 1

1	Ann	Ika-Oqua	Wolverhampton/Bilston	25.06
2	Jodie	Harrison	Wolverhampton/Bilston	25.29

Race 2

1	Mary-Ann	Okpoti	Coventry Godiva	26.47
2	Rianne	Ashitey-Dennis	NEB	26.58
3	Katrina	Walker	BRAT	28.79
4	Camika	Dias	Wolverhampton/Bilston	28.84

SNR Women 200m

Race 1

1	Jennie	Batten	Stroud & District	24.49
2	Ellena	Rudduck	R&N	24.67
3	Laura	Langowski	Coventry	24.77
4	Katie	Cundall	Thames Valley	25.38

Race 2

1	Sarah	Adams	Trafford	24.56
2	Michelle	Webster	Bedford	25.16
3	Samantha	Mills	W&B	26.37
4	Rebecca	Smith	Mansfield	27.51

Race 3

1	Louise	Webster	W&B	27.04
2	Becky	McLinden	Wirral	27.53
3	Anna	Smithson	Oxford	28.20
4	Yaasmine	Al-Daftyary	Bromsgrove	32.89

U20 Men 200m

Race 1

1	Alex	Pycock	Peterbrough	22.90
2	Shane	Henry	Birchfield	22.95
3	Jacob	Axtell	Nene Valley	23.10
4	Alex	Currie	Tamworth	23.39

Race 2

1	Nicholas	Pryce	R S C	22.33
2	Aaron	Bandoo	W&B	24.00
3	Thomas	Johnson	R&N	24.02
4	Zac	Hanley	Channel Islands	24.87
5	Samuel	Benfield	Witney Rd Runners	25.41

Senior Men 200m

Race 1

1	Sebastian	Tully-Middleton	Birchfield	21.70
2	Phillip	Doorgachurn	Cardiff	21.91
3	Darren	Scott	Trafford	22.23
4	Nick	Kanonik	Birchfield	22.26

Race 2

1	Gareth	Hopkins	Cardiff	21.71
2	Glyn	Hawkes	Cardiff	22.56
3	Mark	Berridge	Basingstoke	22.69
4	Jim	Tipper	Telford	22.81
5	Adam	Thomas	Birchfield	23.00

Race 3

TRACK RESULTS

1	Chris	Charlemagne	Netherlands	22.91
2	Matthew	Clark	Nuneaton	23.17
3	Matthew	Green	Doncaster	23.35
4	Daniel	Yellop	Ryston Runners	23.37
5	Jamie	Gifford	Halesowen	24.24

Race 4

1	Leon	Braithwaite	Bedford	23.42
2	Martin	White	Mansfield	24.04
3	Stefan	Wilcockson	Mansfield	24.22
4	David	Elderfield	Unattched	25.01
5	Michael	Smith	St Albans	25.18

Race 5

1	Brenton	Hardware	Birchfield	23.70
2	Russell	Hingley	Bromsgrove	24.35
3	Sanjia	Blake	Birchfield	24.73
4	Adam	Hughes	Birchfield	24.83

Race 6

1	Michael	Gardiner	Cheltenham	23.85
2	David	Mitchell	Nene Valley	24.29
3	Peter	Mould	Bromsgrove	26.78
4	Steven	Jeffers	Charnwood	27.93

U15 Girls 60m

Race 1

1	Maya	Bruney	Blackheath	8.23
2	Charlotte	Ogden	Dash	8.37
3	Laura	Pegler	Dash	8.55
4	Louise	Ward	Cheltenham	8.67
5	Alexis	Newton-French	Telford	8.74
6	Georgie	Park	Dash	8.82

Race 2

1	Stephanie	Beardsmore	Cheltenham	8.47
2	Elinor	Winfield	Yate	8.48
3	Amy	Busby	Oxford	8.52
4	Sarah	Lee-Liggett	City of Sheffield AC	8.70
5	Millie	Skinner	City of Sheffield AC	8.79
6	Rebekah	Cope	City of Sheffield AC	8.85

Race 3

1	Stacie	Mulholland	Birchfield	8.62
2	Natasha	Brookes	W&B	8.75
3	Shannon	Parker	Banbury	8.85
4	Georgina	Williams	Worcester	8.96
5	Hannah	Rundle	Solihull	8.96
6	Sophie	Meritt	Southampton	9.02
7	Niamh	Hardy	City of Sheffield AC	9.18

U17 Women 60m

Race 1

1	Diani	Walker	Birchfield	8.03
2	Zoe	Carter	Team Southampton	8.40
3	Harriett	Sawle	Cheltenham	8.48
4	Sarah	Brookes	W&B	8.58
5	Amy	Cullen	Halesowen	8.59

Race 2

1	Alice	Ritchie	Marshall Milton Keynes	8.34
2	Isobel	Billau	Bromsgrove	8.35
3	Katy	Townsend	Cheltenham	8.39
4	Harriet	Hunter	Gloucester	8.66
5	Fiona	Clarke	BRAT	10.12

TRACK RESULTS

Race 3

1	Rhianne	Davies	Telford	8.25
2	Kay	Oakley	W&B	8.49
3	Gabrielle	Smallwood	Burton	8.51
4	Adela	Hussain	Oxford	8.55
5	Elize	Miezane	Sheffield	8.57
6	Anmarie	Morris	Birchfield	9.06

U15 Boys 60m

Race 1

1	Joe	Williamson	Marlborough	7.93
2	Joshua	Billington	Stoke	8.02
3	Christopher	Hewlett	Birchfield	8.09
4	Haydn	Francis	Birchfield	8.17
5	Nicholas	Holiday	Harbrough	8.70

Race 2

1	Aaron	Nettleford	Tipton	7.74
2	Benjamin	Clarke	Cheltenham	8.16
3	Harrison	Frost	Cannock	8.47
4	Edward	Bonehill	Birchfield	10.34

U17M 60m

Race 1

1	Jack	Lawrence	Halesowen	7.26
2	Daniel	Rhodes	Tamworth	7.49
3	Kevin	Samuels	W&B	7.55
4	Matthew	Holt	Bath	7.92
5	Doulton	Cain	Nuneaton	7.97

Race 2

1	Lee	Holmes	Tipton	7.60
2	Obuchinezia	Anyanwu	Coventry	7.83
3	Jason	Hull	Gurnesey	8.01
4	Robert	Pearsall	Tipton	8.21
5	James	Hoult	Halesowen	8.26

SEN/U20 WOMEN 800m

1	Sadie	Addlesse	Guernsey	Sen	2.29.53
2	Natalie	Whitty	Guernsey Is	Sen	2.30.02
3	Rebecca	Oakley	W&B		2.33.12
4	Nicole	Petit	Guernsey Is		2.34.38

Sen Men 800m

Race 1

1	Mark	Berridge	Basingstoke		1.50.66
2	Daniel	Eckersley	Kingston		1.55.07
3	Matthew	Fayers	Hillingdon	U20	1.55.29
4	Nicholas	Lyster	Coventry		1.55.40
5	Nick	Bates	Basingstoke		1.55.81
6	Ryan	Cox	Birchfield		1.57.68
7	Romain	Adam	B'ham Uni		1.58.23

Race 2

1	Max	Roberts	Basingstoke		1.56.91
2	Stewart	Davies	E.S.M		2.01.83
3	Marc	Turner	Halesowen		2.02.67
4	Mark	Oldham	Southend		2.04.29
5	Rose Anne	Galligan	Gloucester	SW	2.06.14
6	Iain	Bailey	Gurnesey		2.12.53
7	Otis	Robinson	Burmuda		2.17.33
8	Jeremy	Smith	Team Bath	U20	2.26.99
9	John	Garber	Herne Hill		2.58.65

TRACK RESULTS

U20W 60M

1	Kez	Ogden	Oswestry	8.03
2	Rianne	Ashitey-Dennis	N E B	8.15
3	Rebecca	Oakley	W&B	8.39
4	Mubarakat	Akinshipo	N E B	8.46
5	Shana	Parker	Banbury	8.48
6	Katrina	Walker	B'ham Running	8.53
7	Cameika	Dias	W&B	8.85

Snr Women 60m

Race 1

1	Bernice	Wilson	Birchfield	7.37
2	Gemma	Bennett	S B	7.62
3	Michelle	Webster	Bedford	7.74
4	Emma	Heath	Bristol	7.89
5	Nicola	Robinson	Coventry God	7.97

Race 2

1	Kimmi	Moncrieffe	Birchfield	8.07
2	Harriet	Thompson	Cannock	8.11
3	Rebecca	Smith	Mansfield	8.44
4	Becky	McLinden	Wirral	8.63

U20m 60m

Race 1

1	Ben	Shields	Rotherham	7.10
2	Ben	Lees	R&N	7.24
3	Andrew	Lord	Cheltenham	7.26
4	Shane	Henry	Birchfield	7.31
5	Alex	Currie	Tamworth	7.31

Race 2

1	Peter	Oliver	Dudley	7.40
2	Thomas	Johnson	R&N	7.71
3	Scott	Eburne	Coventry	7.78
4	Samuel	Benfield	Witney Rd Runners	7.88
5	Jack	Roughan	Birchfield	7.97
6	Luke	Kinsey	Worcester	8.03

Snr Men 60m

Race 1

1	Giami	Frankis	Newham	7.01
2	Cloron	Hylton	Birchfield	7.01
3	Dan	Wright	Stratford	7.10
4	Jason	Greenidge	Woodford Green	7.14
5	Adam	Thomas	Birchfield	7.14
6	Christopher	Charlemagne	Netherlands	7.19
7	Leon	Braithwaite	Bedford	7.32

Race 2

1	Mathew	Davies	Chelmsford	7.25
2	Darren	Scott	Sheffield	7.28
3	Matthew	Green	Doncaster	7.33
4	Jim	Tipper	Telford	7.34
5	Abayomi	Oladinni	LOUGHBROUGH	7.38
6	Guy	Mayer	Cannock	7.40
7	Adam	Hughes	BIRCHFIELD	7.52
8	Michael	Smith	St Albans	7.86

Race 3

1	Matthew	Clark	Nuneaton	7.35
2	Daniel	Yellop	Ryston	7.43
3	Oliver	Knight	Charnwood	7.45
4	Brenton	Hardware	Birchfield	7.52
5	Samuel	Grealy	M P	7.56
6	Richard	Westwood	Duddley	8.27
7	Steven	Jeffers	Charnwood	8.51

TRACK RESULTS

U15 Girls 200m

Race 1

1	Maya	Bruney	Blackheath	26.59
2	Tamika	Cain	Nuneaton	26.88
3	Elinor	Winfield	Yate	28.33
4	Louise	Ward	Cheltenham	28.65

Race 2

1	Amy	Busby	Oxford	27.70
2	Okot-asi	Ika-Oqua	W&B	27.89
3	Stephanie	Beardsmore	Cheltenham	28.62
4	Talitha	Walker-Warne	Cheltenham	29.82

Race 3

1	Millie	Skinner	Sheffield	28.41
2	Georgie	Park	Dash	28.85
3	Rebekah	Cope	Sheffield	29.88
4	Hannah	Rundle	Solihull	29.93

Race 4

1	Charlotte	Bailey	W&B	26.6	manually entered time
2	Charlotte	Ogden	Dash	27.63	
3	Laura	Pegler	Dash	28.94	
4	Niamh	Hardy	Sheffield	D N F	

U17W 200M

Race 1

1	Zoe	Carter	Team Southampton	27.10
2	Emma	Douras	W&B	27.20
3	Harriett	Sawle	Cheltenham	27.67
4	Sadie	Forester-Hayles	W&B	27.81

Race 2

1	Rhianne	Davies	Telford	27.54
2	Gabrielle	Smallwood	Burton	27.94
3	Adela	Hussain	Oxford	28.18
4	Amy	Cullen	Halesowen	28.57

U15 BOYS 200m

Race 1

1	Kain	Walker	Nene Valley	24.32
2	Kayin	George	Birchfield	24.81
3	Joshua	Billington	Stoke	26.11
4	Bemjamin	Clarke	Cheltenham	26.51
5	Harrison	Frost	Cannock	27.62

Race 2

1	Aaron	Nettleford	Tipton	24.82
2	Nicholas	Holiday	Harborough	27.75
3	Christopher	Hewlett	Birchfield	27.96
4	Joseph	Hobson	Sheffield	28.66
5	Alexander	Clegg	BRAT	30.85

U17M 200m

Race 1

1	Jack	Lawrence	Halesowen	23.20
2	Kevin	Samuels	W&B	24.22
3	Eban	Marsh	Guernsey	24.99
4	Robert	Pearsall	Tipton	26.20

Race 2

1	Lee	Holmes	Tipton	24.12
2	Jason	Hull	Guernsey	25.49
3	Romelle	McKintosh	Birchfield	25.71
4	Matthew	Holt	Team Bath	26.67

Race Walking 3K Mixed

1	Mark	WILLIAMS	Tamworth	SM	14.05.35	
2	Ann	Wheeler	Leicester WC	V55	16.21.23	V55 record
3	Jasmin	Nichols	Leicester WC	U17	16.39.86	
4	John	Constandinou	Birchfield H	VM	16.41.99	

TRACK RESULTS

U15 G 60m H

1	Alicia	Barrett	Chesterfield	9.55
2	Alexis	Newton-French	Telford	9.72
3	Mollie	Courtney	Cheltenham	9.73
4	Adele	Nicoll	Birchfield	9.97
5	Felicity	Bee	Stratford	10.33
6	Sarah	Lee-Liggett	Sheffield	10.39
7	Stacie	Mulholland	Birchfield	10.64

U17W 60m H

1	Emma	Douras	W&B	9.14
2	Rebecca	Davies	M.M Keynes	9.75
3	Danielle	Anderson	Wakefield	10.29

U15 BOYS 60mH

1	Oliver	Sawers	Stoke	9.42
2	Jason	Williams	Birchfield	9.50
3	Joe	WILLIAMSON	Marlborough JNRS	9.73
4	Joseph	Hobson	Sheffield	11.33

Snr/U20W 60H

1	Gemma	BENNETT	SHAFTSBURY	Sen	8.20
2	Gemma	WERRET	Birchfield	Sen	8.52
3	Harriet	THOMPSON	Cannock	Sen	9.03
4	Lauren	O'REILLY	Newport	Sen	9.10
5	Megan	Dixon	W&B	U20	9.25
6	Francesca	Courtney	Cheltenham	U20	9.63
7	Sarah	Lutkevitch	Bury	U20	9.73
8	Kez	Ogden	Oswestry	U20	9.73

U17m 60Mh

1	Thomas	Wallett	Mansfield	8.57
2	Matthew	Lee	Birchfield	9.49

U20m/SnrM 60H

1	Gianni	Frankis	Newham	SM	7.82
2	Johnathon	Pengle	Netherlands	SM	8.23
3	Stefan	Wilcockson	Mansfield	SM	9.32

1	Marko	Djurovic	Epsom	U20	8.20
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U17W 300m

Race 1					
1	Amy	Hillyard	Birchfield	41.61	
2	Kay	Oakley	W&B	42.50	
3	Isobel	Billau	Bromsgrove	43.41	
4	Sarah	Brookes	W&B	45.52	
Race 2					
1	Katie	White	Tonbridge	43.80	
2	Sarah	Stuart-Smith	Kiddeminster	44.12	
3	Ellie	Johnson	W&B	47.57	
4	Anmarie	Morris	Birchfield	48.29	
Race 3					
1	Katy	Townsend	Cheltenham	43.96	
2	Talitha	Walker Warne	Cheltenham	47.70	
3	Zoe	Webber	Oxford	48.57	
4	Amelia	Ridgway	Cannock	48.62	

TRACK RESULTS

U17M 400

Race 1

1	MATTHEW	CONSTABLE	IPSWICH	51.27
2	ADRIANO	RITCHIE	STRATFORD	52.79
3	TOM	PONTIN	YATE	53.05
4	KAINE	WALKER	NENE VALLEY	54.33
5	PATRICK	SEKINGER	CHELTENHAM	54.45

Race 2

1	JOSEPH	KINSEY	WORCESTER	52.38
2	EBAN	MARSH	Guernsey	53.02
3	JAMES	LAKE	CANNOCK	57.55
4	JAMIE	PRATT	W&B	59.67
5	ELLIS	SABIN	TIPTON	61.42

U20W 400

Race 1

1	GEORGIE	IVENS	NENE VALLEY	58.29
2	LEAH	BARROW	W S E H	58.39
3	ALEX	KEYWORTH	KETTERING	63.13

Race 2

1	LAURA	GOODWIN	SHEFFIELD	59.72
2	Mubarakat	AKINSHIPO	N E B	59.88
3	LUCY	WALLETT	HALESOWEN	63.48

U20M 400

1	ADAM	BARNES	R S C	51.81
2	DAVID	LEE	COVENTRY	52.45
3	JON-SHAY	HO-SHING	BIRCHFIELD	52.87
4	ALEX	PYCOCK	PETERBROUGH	53.21
5	JACOB	AXTELL	NENE VALLEY	53.66
6	SHANE	TICKELL	HALESOWEN	54.69

SNR W 400

1	EMMA	WILLIAMS	COVENTRY	56.35
2	MELINDA	COOKSEY	BIRCHFIELD	56.71
3	LYNDSEY	FAIRWEATHER	HARROW	57.09
4	LOUISE	WEBSTER	W&B	60.01
5	ELLIE	DOEL	BRIGHTON	60.50
6	WENDY	MORANT	BIRCHFIELD	92.29

SNR M 400M

Race 1

1	RICHARD	BUCK	YORK	46.38
2	TOM	DRUCE	CHANNEL ISLES	48.08
3	JOERI	MOERMAN	NETHERLANDS	48.16
4	DWAYNE	LEWIS	BIRCHFIELD	48.43
5	LUKE	SMALLWOOD	BLACKHEATH & B	49.13

Race 2

1	Glyn	Hawkes	Cardiff	48.28
2	GARETH	HOPKINS	CARDIFF	48.99
3	PAUL	JUDSON	NOTTS	49.53
4	TOM	MOAKES	NOTTS	49.62
5	DAVID	RILEY	GATES HEAD	51.76

Race 3

1	JACK	IMRAY	TIPTON	50.06
2	RICHARD	RUBENIS	TELFORD	50.74
3	ALEX	FIELDS	BRISTOL	50.80
4	MARTIN	ASPLEY-DAVIS	BROMSGROVE	52.40
5	DAVID	ELDERFIELD	UNNATTACHED	54.91

TRACK RESULTS

Race 4

1	DANIEL	DELL	CARDIFF	51.01
2	SAMUEL	GREALY	M P	52.51
3	DANIEL	WRIGHT	STRATFORD	52.99
4	LEX	MERRETT	CHELTENHAM	55.09

Race 5

1	JOHNATHON	BIDDLE	C&S	52.08
2	OLIVER	KNIGHT	CHARNWOOD	52.20
3	DAVID	MITCHELL	NENE VALLEY	54.72
4	TONY	NOEL	CHELTENHAM	56.24
5	JOHN	GARBER	HERNE HILL	81.93

FIELD RESULTS

U20 Women LJ

1	Shana	Parker	Banbury	4.88
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U20 Men LJ

1	Ben	Lees	Rugby/Nth	6.00
2	Fraser	Kesterven	Notts AC	5.83
3	Rhys	Jones	Birchfield	5.76
4	Zac	Hanley	Channel Is	5.25

Senior Men

1	John	Bradley	Telford AC	3.00
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U15B PV

1	Adam	Hague	Dearnside AC	3.70
2	Jack	Hollingsworth	Dearnside AC	2.20

U15G PV

1	Caitlin	Baker	Dearnside AC	2.40
2	Danni	Langdale	Telford AC	2.40
3	Francesca	Waters	Cornwall	2.20

U15B HJ

1	Jason	Williams	BIRCHFIELD	1.50
2	Christopher	Hewlett	BIRCHFIELD	1.45
3	Nigel	Isherwood	BIRCHFIELD	1.40
4	Alexander	Clegg	BRAT	1.30

U15G HJ

1	Grace	Dempsey	BIRCHFIELD	1.40
2	Fran	Waters	CORNWALL	1.40
2	Shannon	Parker	BANBURY	1.40
4	Georgia	Williams	WORCESTER	1.40

U17M LJ

1	Feron	Sayers	W&B	6.87
2	Myles	Durrant-Sutherland	BIRCHFIELD	6.33
3	Adam	Lubin	BIRCHFIELD	5.82
4	Ebon	Marsh	Guernsey	5.66
5	Sam	Edwards	BANBURY	5.63
6	Ramario	Ellis	BIRCHFIELD	5.55
7	Cameron	Hollingshead	BIRCHFIELD	5.55
8	Adam	Higgins	WORCESTER	5.40
9	Oliver	Ward	BIRCHFIELD	5.27
10	Matthew	Holt	BATH	4.73

U20M HJ

1	Jordan	Roach	TAMWORTH	1.95
2	Nathan	Petch	COVENTRY	1.95

FIELD RESULTS

U17 M PV

1	Rowan	May	BIRCHFIELD	4.91	Age group best?
2	Joe	Chesterman	BIRCHFIELD	4.10	
3	Edward	Selvey	CHESTERFIELD	3.60	
4	Lee	Lloyd	DEARNESIDE	3.20	

U20M PV

1	Sam	Baker	CORBLY	3.90
2	Lewis	Billam	DEARNESIDE	3.80

SNR W PV

1	Stephanie	Smith	CRAWLEY	3.70
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U17W LJ

1	Lisa	James	CREWE	5.40
2	Sarah	Douras	W&B	5.03
3	Rhianne	Davies	TELFORD	4.67
4	Bethany	Roberts	BIRCHFIELD	4.66
5	Harriet	Hunter	GLOUCESTER	4.58
6	Elize	Miezane	SHEFFIELD	4.48
7	Dannielle	Anderson	WAKEFIELD	4.30
8	Sarah	Wood	DASH	4.17

SNR M HJ

1	Phinehas	Stewart	BIRCHFIELD	2.14
2	Andrew	Reeves	R&N	1.80
3	Shaun	Gregeen	MANX	1.75

SNR W HJ

1	Frances	Smithson	W S E H	1.65
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U20W HJ

1	Sian	Swanson	MALDWYN	1.60
2	Gemma	Armorgie	PHEONIX	1.60
3	Megan	Dixon	W&B	1.55
4	Frankie	Courtney	CHELTENHAM	1.55
5	Katie	Roe	R&N	1.50
6	Kez	Ogden	W&B	1.50

U17W HJ

1	Emma	Douras	W&B	1.65
2	Cosima	Berry	LEAMINGTON	1.60

U17M HJ

1	Mitchel	Field	W S E H	1.85
2	Luke	Quinn	W S E H	1.75
3	Russell	Waterson	W S E H	1.75
4	Alex	Hughes	TIPTON	1.70
5	Sam	Edwards	BANBURY	1.70
6	Matthew	Lee	BIRCHFIELD	1.65
7	Adam	Lubin	BIRCHFIELD	1.60
8	Alex	Wyer	HALESOWEN	1.60
9	Cameron	Hollingshead	BIRCHFIELD	1.55
10	Adam	Higgins	WORCESTER	1.55

FIELD RESULTS

U15G Shot

1	Adele	Nicoll	Birchfield H	13.35
2	Sophie	Merritt	Southampton AC	12.33
3	Olivia	Woodward	Tamworth AC	8.84
4	Sarah	Lee-Liggett	City of Sheffield	7.94
5	Rebecca	Cope	City of Sheffield	6.55
6	Niamh	Harding	City of Sheffield	5.45
7	Hannah	Rundle	Solihull & Small H	5.30

U15B Shot

1	Jon	Briggs	BRAT	8.46
2	Joseph	Hobson	City of Sheffield	8.05
3	Alex	Clegg	BRAT	6.30