



Midland Counties AA
THE BIRMINGHAM GAMES
5 & 6 February 2011 @ NIA, Birmingham

on track
TRACK RESULTS - DAY 1

T1 Senior Men's 800m (Heats)

05 February 2011 10.30

First 2 in each heat and 4 Fastest Losers to Semi Final T38

06 February 2011 12.20

Meeting Record: Eddie King, 1996 1:49.24

Heat 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	718	Mukhtar MOHAMMED	Sheffield RC	01:52.7	Q
	2	677	James MILLER	Cheltenham Harriers	01:57.1	Q
	3	688	Daniel POULTON	Stevenage & North Herts AC	01:58.4	q3
	4	649	Tom GUY	City of Stoke AC	01:58.8	
	5	601	Romain ADAM	University of Birmingham	02:02.1	
	6	520	John GARBER	Herne Hill Harriers	03:00.9	

Heat 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	629	Adam COTTON	Birchfield Harriers	01:53.8	Q
	2	635	Andrew DE-CAMPS	Gloucester AC	01:55.3	Q
	3	691	Max ROBERTS	Basingstoke & Mid Hants AC	01:56.5	q1
	4	689	Dave RAGAN	Basingstoke & Mid Hants AC	01:58.7	q4
	5	642	Matthew BAYLISS	Birmingham Running & Triathlon Club	02:00.2	
	6	641	Simon FRANKLIN	Corby AC	02:04.8	

Heat 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	602	Paul BRADSHAW	Blackburn Harriers & AC	01:55.7	Q
	2	637	Nick DUGGAN	Crawley AC	01:57.2	Q
	3	638	Daniel ECKERSLEY	Kingston AC & Poly Harriers	01:57.3	q2
	4	712	Lee WHITELEY	Sale Harriers Manchester	02:02.2	
	5	708	Peter WATKEYS	Basingstoke & Mid Hants AC	02:04.4	
	6	671	Darryl LOVELAND	RAF	02:12.6	

Heat 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	686	Sam PETTY	North Devon AC	01:59.8	Q
	2	695	Robbie SCHOFIELD	Newham & Essex Beagles AC	02:00.2	Q
	3	697	Luke SEBIT BERRIDGE	Birchfield Harriers	02:06.4	
	4	651	Jonathan HIORNS	Notts AC	02:07.4	
	5	552	Tom RICHMOND	Manx Harriers	02:08.9	
	6	692	Otis ROBINSON	Bermuda	02:19.0	

T2 U17 Women's 800m (Races)

05 February 2011 10.50

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	659	Emily JENKINSON	SOUTHAMPTON AC	02:15.2	
	2	452	Lucy MCDERMOTT	Stratford-upon-Avon AC	02:15.6	
	3	627	Lucy CAMPBELL	North Devon AC	02:26.7	
	4	653	Steise HODGSON	North Devon AC	02:31.8	
	5	663	Jessica BENNETT	North Devon AC	02:33.0	
	6	442	Kate DAVIES	Gloucester AC	02:33.8	



T3 U17 Men's 800m (Races)

05 February 2011 11.00

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	669	Kane LEE	Yate AC	02:01.9	
	2	680	Joe MORRIS	Oswestry Olympians	02:02.9	
	3	636	Jordan DRUMMOND	Birchfield Harriers	02:04.5	
	4	714	Camron WOOD	Birchfield Harriers	02:05.3	
	5	706	Nathan UDALL	Coventry Godiva H	02:14.8	
	6					

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	644	Michael GAUNT	North Devon AC	02:10.3	
	2	639	Remello EDWARDS	Sale Harriers Manchester	02:10.4	
	3	675	Daniel MCKEOWN	Coventry Godiva H	02:10.7	
	4	665	Sam LACEY	Birchfield Harriers	02:14.2	
	5					
	6					

T4 U15 Girls' 200m (Races)

05 February 2011 11.10

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	436	Amelia BENJAMIN	Birchfield Harriers	26.33	
	2	259	Kristie EDWARDS	City of Sheffield AC	27.06	
	3	252	Charlotte BAILEY	Wolverhampton & Bilston AC	27.53	
	4	253	Megan BARRETT	Cheltenham Harriers	27.65	
	5	256	Louisa COOPER	Charnwood AC	27.77	
	6					

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	268	Eleanor RAWSON	2Dash	26.90	
	2	262	Heidi JACKSON	City of Stoke AC	26.92	
	3	258	Alice CUNNINGHAM	Corby AC	26.98	
	4	444	Okot-Asi IKA-OQUA	Wolverhampton & Bilston AC	27.53	
	5	343	Ebony WAKE	Birchfield Harriers	27.63	
	6					

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	440	Tamika CAIN	Nuneaton Harriers	27.71	
	2	342	Annabelle PASK	Coventry Godiva H	27.74	
	3	441	Alexandra CROSS	Radley AC	28.10	
	4	445	Talitha WALKER WARNE	Cheltenham Harriers	29.32	
	5	257	Rebecca CROCKETT	Tamworth AC	29.51	
	6					

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	270	Louise WARD	Cheltenham Harriers	28.47	
	2	437	Charlotte BRAILEY	North Devon AC	29.95	
	3	263	Elinor JONES	Halesowen A & CC	30.50	
	4	261	Alexandra HALE	Halesowen A & CC	30.75	
	5					
	6					



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TRACK RESULTS - DAY 1

T5 **U15 Boys' 200m (Races)**

05 February 2011 11.30

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	176	Myles RICHARDSON	Basingstoke & Mid Hants AC	22.87		
	2	177	Owin SINCLAIR	Charnwood AC	23.46		
	3	175	Daniel ODERINDE	Marshall Milton Keynes AC	23.51		
	4						
	5						
	6						

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	179	Kaine WALKER	Nene Valley Harriers	24.45		
	2	164	Stefan ANDERSON	Royal Sutton Coldfield	24.68		
	3	168	David COUCH	City of Salisbury AC	27.70		
	4						
	5						
	6						



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TRACK RESULTS - DAY 1

T6 **U17 Women's 200m (Races)**

05 February 2011 11.40

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	450	Amy HILLYARD	Birchfield Harriers	26.44	
	2	409	Shaliece BENJAMIN	Wolverhampton & Bilston AC	27.18	
	3	240	Eleanor JOHNSTON	Stratford-upon-Avon AC	27.36	
	4	243	Jasmine OLIVER	Tamworth AC	28.93	
	5	439	Anna CASWELL	North Devon AC	29.90	
	6					

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	455	Katie STAINTON	Birchfield Harriers	25.90	
	2	241	Charlotte JONES	Birchfield Harriers	26.08	
	3	453	Kay OAKLEY	Wolverhampton & Bilston AC	27.11	
	4	248	Harriet SAWLE	Cheltenham Harriers	28.13	
	5	454	Emily SMYTH-ROBERTS	Yate AC	28.86	
	6					

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	247	Victoria REEVES	Charnwood AC	27.51	
	2	452	Lucy MCDERMOTT	Stratford-upon-Avon AC	28.03	
	3	438	Sarah BROOKES	Wolverhampton & Bilston AC	28.14	
	4	449	Sadie FORRESTER-HAYLES	Wolverhampton & Bilston AC	28.39	
	5					
	6					

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	239	Lucy HATTON	Corby AC	25.37	
	2	451	Megan HUMPHREYS	Worcester AC	28.22	
	3	447	Molly FERGUSON	Notts AC	28.58	
	4	442	Kate DAVIES	Gloucester AC	28.66	
	5					
	6					

Race 5	Posn	Bib	Athlete	Club	Perf	Remarks
	1	456	Olivia WALKER	Cannock & Stafford AC	26.42	
	2	627	Lucy CAMPBELL	North Devon AC	28.05	
	3	663	Jessica BENNETT	North Devon AC	28.47	
	4	236	Amy CULLEN	Halesowen A & CC	28.61	
	5					
	6					



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TRACK RESULTS - DAY 1

T7 **U17 Men's 200m (Races)**

05 February 2011 12.00

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	154	Josh PLATT	Crewe & Nantwich AC	22.78	
	2	393	Luke HASTED	North Devon AC	23.17	
	3	133	Delano BROWN	Birchfield Harriers	23.74	
	4	161	Nick WILSON	Solihull & Small Heath AC	23.78	
	5	148	Jasper LARKEN	Marshall Milton Keynes AC	23.94	
	6					

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	147	Scott KENDALL	Corby AC	24.30	
	2	159	George WALMSLEY	Manx Harriers	24.66	
	3	134	Ryan COOPER	Cardiff AAC	24.68	
	4	152	Robert PAULSON	Cheltenham Harriers	24.78	
	5	153	Craig PIKE	North Devon AC	25.23	
	6					

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	158	Andrew SCULL	Cheltenham Harriers	23.49	
	2	139	Thomas HARRINGTON	Birchfield Harriers	24.83	
	3	131	Obuchinezia ANYANWU	Coventry Godiva H	26.41	
	4	162	Dan WINMILL	Doncaster AC	26.57	
	5	151	Brandon NGUYEN	Manx Harriers	27.48	
	6					

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	144	Matthew HUDSON-SMITH	Birchfield Harriers	22.91	
	2	156	Thomas PURTON	Marshall Milton Keynes AC	23.90	
	3	142	Jonathan HOBBS	Cardiff AAC	24.12	
	4	132	Jason BENNETT	Birchfield Harriers	25.02	
	5					
	6					

Race 5	Posn	Bib	Athlete	Club	Perf	Remarks
	1	149	Jack LAWRENCE	Halesowen A & CC	23.23	
	2	392	Matthew CONSTABLE	Ipswich Harriers	23.28	
	3	145	Alexander HULME	City of Stoke AC	24.36	
	4	137	Matthew GREGG	Notts AC	24.45	
	5	150	Anthony MOXHAM	Coventry Godiva H	25.86	
	6					



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TRACK RESULTS - DAY 1

T8 Senior Women's 400m (Heats)

05 February 2011 12.00

First 1 in each heat and 2 Fastest Losers to Final T28

05 February 2011 17.00

Meeting Record:

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	493	Shelayna OSKAN	Windsor Slough Eton & H	55.50	Q
	2	183	Sarah ADAMS	Trafford AC	55.64	
	3	480	Nisha DESAI	Trafford AC	56.68	
	4	491	Sara-Jane OGLESBY	Notts AC	57.25	
	5	495	Lucy SPRAY	Bedford	60.13	
	6	482	Rachael FRANKLIN	Manx Harriers	61.55	

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	494	Sara PETERSEN	Aarhus 1900 Denmark	55.01	Q
	2	488	Laura MADDOX	Team Bath AC	55.03	q1
	3	477	Claire BERGIN	Ireland	55.21	q2
	4	490	Fiona O'FRIEL	Dublin Striders AC	57.63	
	5	432	Louise WEBSTER	Wolverhampton & Bilston AC	61.08	
	6	425	Lauren LONGHURST	Chelmsford AC	62.54	

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	492	Marilyn OKORO	Shaftesbury Barnet Harriers	54.87	Q
	2	479	Melinda COOKSEY	Birchfield Harriers	56.52	
	3	496	Emma WILLIAMS	Coventry Godiva H	56.70	
	4	460	Rosie MARINO	City of Sheffield AC	58.78	
	5	418	Helen WATERS	Univ. of Birmingham	60.28	
	6	423	Sarah HALLIGAN NEE DOWLING	Manx Harriers	60.56	

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	486	Laura LANGOWSKI	Coventry Godiva H	54.71	Q
	2	430	Sanne VERSTEGEN	The Netherlands	56.04	
	3	400	Frederica FOSTER	Blackheath & Bromley AC	57.09	
	4	487	Rhiannon LININGTON-PAYNE	UWIC	60.64	
	5	485	Hannah JACKSON	Yate AC	61.13	
	6	422	Susan GIBLIN	Raheny Shamrocks	64.10	



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TRACK RESULTS - DAY 1

T9 **Senior Men's 400m (Heats)**

05 February 2011 12.45

18 Fastest to A B C Finals T29, T30, T31

05 February 2011 17.05

Meeting Record: Mark Richardson, 1994, 46.69 secs

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	562	Lloyd ZVASIYA	Birchfield Harriers	48.87	Q9	B
	2	558	Luke SMALLWOOD	Blackheath & Bromley AC	48.97	Q10	B
	3	557	Matt SINCLAIR	Crawley AC	50.07		
	4	505	Martin BROWNE	Birchfield harriers	51.88		
	5	362	Brenton HARDWARE	Birchfield Harriers	52.61		
	6						

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	369	Nick LEAVEY	Woodford Green & Essex L	47.57	Q2	A
	2	501	Lawrence BAIRD	Trafford AC	49.20	Q14	C
	3	540	Shem NELSON	Birchfield Harriers	50.38		
	4	398	Martin ASPLEY-DAVIS	Bromsgrove & Redditch AC	52.90		
	5	377	Ben RIEKSTINS	Bedford & County AC	55.13		
	6	520	John GARBER	Herne Hill Harriers	78.49		

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	531	Luke LENNON-FORD	Birchfield Harriers	48.03	Q3	A
	2	509	Martin COOK	Mansfield Harriers & AC	49.45		
	3	590	James MORONEY		50.54		
	4	347	Daniel BRAY	Woodford Green & Essex L	51.00		
	5	536	Alex MERRETT	Cheltenham Harriers	51.36		
	6	504	Lee BRAILEY	North Devon AC	56.54		

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	560	Patrick SWAN	Gateshead Harriers	49.38	Q19	C
	2	375	Sam PETERS	Exeter Harriers AC	50.33		
	3	713	Daniel WILLIAMS	Sale Harriers Manchester	50.98		
	4	533	Mark LINSKILL	North Devon AC	51.06		
	5	514	Thomas DORAN	Team Southampton	53.77		
	6	68	David MITCHELL	Nene Valley Harriers	53.85		

Race 5	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	511	Tim CROWE	Ireland	48.84	Q8	B
	2	553	Jacob RIIS	Denmark	49.23	Q15	C
	3	549	Patrick PHELAN	Ireland	49.35	Q17	C
	4	387	Chris WAKEFORD	Sale Harriers Manchester	50.14		
	5	555	Patrick SAUNDERS	Crusaders AC	52.52		
	6						

Race 6	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	543	Will OYOWE	Belgium	48.40	Q4	A
	2	506	Timothy BURN	Richmond	49.11	Q12	B
	3	529	Kieran KELLY	Ireland	49.14	Q13	B
	4	522	Jamie GIFFORD	Halesowen A & CC	53.89		
	5	512	Nick DANIEL	North Devon AC	55.94		
	6	344	Alex BABB	Victoria Park H & Tower Hamlets	DNF		



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Race 7	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	526	Markus HUNT	Loughborough AC/Chelmsford AC	50.29		
	2	538	Tom MOAKES	Notts AC	51.25		
	3	372	Patrick NORTH	Sale Harriers Manchester	51.56		
	4	283	Leo RICE	Guernsey Island AAC	51.72		
	5	561	Simon TURNOCK	Nene Valley Harriers	52.86		
	6	63	Thomas MATTHEWS	Kendal AAC	53.33		

Race 8	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	524	Thomas GRANTHAM	City of Sheffield AC	49.73		
	2	395	Peter WOLTERS	Phanos The Netherlands	49.89		
	3	351	Thomas CORTEBEECK	Aarhus 1900 Denmark	50.16		
	4	554	Richard RUBENIS	Telford AC	51.95		
	5	523	Mark GILMER	RAF/Leeds City AC	54.58		
	6						

Race 9	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	515	Tom DRUCE	Channel Isles AC	49.05	Q11	B
	2	507	Ty CHAPMAN	Not Listed	49.37	Q18	C
	3	378	Hywel ROBINSON	Channel Island AAC	51.58		
	4	508	Matthew CLARK	Nuneaton Harriers	52.19		
	5	371	William MERRETT	Cheltenham Harriers	52.43		
	6	530	Andrew KIDD	Dundrum South Dublin	52.54		

Race 10	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	532	Dwayne LEWIS	Birchfield Harriers	48.79	Q6	A
	2	414	Cathal OWENS	Leevale AC	49.25	Q16	C
	3	527	Paul JUDSON	Notts AC	49.51		
	4	550	Matthew QUINE	City of Sheffield AC	50.00		
	5	528	Nick KANONIK	Birchfield Harriers	51.91		
	6						

Race 11	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	525	Jack GREEN	Kent AC	47.04		w/d
	2	534	Ross MCDONALD	Birchfield Harriers	48.71	Q5	A
	3	503	Andy BLOW	Basingstoke & Mid Hants AC	48.79	Q6	A
	4	382	Tim SAYERS	Yeovil	50.01		
	5	381	Zak SAUCEDE	Enfield & Haringey AC	51.21		
	6	510	Craig COX	Crawley AC	54.11		

T10 **U15 Boys' 400m (Races)**

05 February 2011 13.35

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks	
	1	179	Kaine WALKER	Nene Valley Harriers	53.84		
	2	303	Adam WRIGHT	Rugby & Northampton AC	57.57		
	3	474	Alexander CLEGG	Birmingham Running & Triathlon Club	67.88		
	4						
	5						
	6						



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TRACK RESULTS - DAY 1

T11 **Senior Women's 60m (Heats)**

05 February 2011 13.55

Sponsored by Microtrading

First 2 in each Heat and 8 Fastest to Semi-Finals T19

05 February 2011 15.40

Meeting Record: Joice Maduaka 7.31 secs

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	202	Ashleigh NELSON	Stoke AC	7.49	Q
	2	582	Kellie PROPER	Ferrybank AC	7.54	Q
	3	205	Tunrayo NUBI	Enfield & Haringey AC	7.75	q
	4	193	Emma HEATH	Bristol	7.88	q
	5	204	Mica NOTTINGHAM	Liverpool Harriers	7.91	
	6	216	Harriet THOMPSON	Cannock & Stafford AC	8.21	
	7	214	Emma STOKES	Middlesbrough AC (Mandale)	8.35	
	8	209	Lesley RICHARDSON	Enfield & Haringey AC	9.30	

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	190	Joey DUCK	Marshall Milton Keynes AC	7.59	Q
	2	219	Niamh WHELAN	Ireland	7.59	Q
	3	187	Chelsea COOPER	City of Stoke AC	7.69	q
	4	197	Aoife MACNEILL	Ireland	7.81	q
	5	203	Emily NEWTON	Team Southampton	7.93	q
	6	200	Kimi MONCRIEFFE	Birchfield Harriers	8.09	
	7	212	Sonia SANTOS	Kingston Upon Hull AC	8.48	
	8	222	Kate BIRKS	Leicester Coritanian AC	8.75	

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	328	Laura TURNER	Harrow AC	7.44	Q
	2	217	Abbi TYSON	Birchfield Harriers	7.75	Q
	3	580	Birsen ENGIN	Turkey	7.89	q
	4	213	Amanda SHAW	Barnsley Athletic Club	8.00	q
	5	198	Jor'Dan MCINTOSH	Charnwood AC	8.03	q
	6	208	Emma PATON	Birchfield Harriers	8.22	
	7	186	Emma CLULEY	Rugby & Northampton AC	8.89	
	8	199	Olivia MILWARD	Cambridge	8.98	

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	221	Bernice WILSON	Birchfield Harriers	7.33	Q
	2	218	Nikki VAN LEEUWEN	The Netherlands	7.75	Q
	3	210	Nicola ROBINSON	Coventry Godiva H	8.01	
	4	191	Deborah FLEMING	Bath University/Cornwall AC	8.02	
	5	192	Joanne FROST	Bromsgrove & Redditch AC	8.03	
	6	194	Megan HOULT	Kingston Upon Hull AC	8.09	
	7	188	Rebecca COURTENAY	Cheltenham Harriers	8.22	
	8					



T12 **Senior Men's 60m (Heats)**

05 February 2011 13.55

Sponsored by Microtrading

First 2 in each Heat and 8 Fastest to Semi-Finals T20

05 February 2011 15.40

Meeting Record: Dwain Chambers, 2008, 6.60 secs

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	58	Martin KRABBE	AK-Holstebro Denmark	6.90	Q
	2	48	Gareth HOPKINS	Cardiff AAC	7.04	Q
	3	31	Ryan FARRINGTON	Birchfield Harriers	7.07	
	4	40	Luke GIBLIN	Belgrave Harriers	7.11	
	5	62	Cj MASON	Birchfield Harriers	7.16	
	6	16	Alex BRADNICK	Worcester AC	7.23	
	7	23	Navid CHILDS	Thames Valley H	7.44	
	8	63	Thomas MATTHEWS	Kendal AAC	7.92	

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	74	Matic OSOVNIKAR	Not Listed	6.84	Q
	2	11	Stuart BENSON	Shaftesbury Barnet Harriers	7.03	Q
	3	83	Thomas RILEY	Manx Harriers	7.10	
	4	78	Bill PORTER	Loughborough Students AC	7.15	
	5	17	Leon BRAITHWAITE	Bedford & County AC	7.28	
	6	15	Amine BOUSLAMA	Oxford Brookes Running Club	8.00	
	7	89	Thomas SMITH	Cannock & Stafford AC	8.21	
	8					

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	8	Leon BAPTISTE	Enfield & Haringey AC	6.79	Q
	2	34	Mark FINDLAY	Newham & Essex Beagles AC	6.94	Q
	3	80	Dan PUTNAM	Blackheath & Bromley AC	7.12	
	4	1	Nayef ABED	Sale Harriers Manchester	7.15	
	5	81	Sam RATCLIFFE	Havant AC	7.38	
	6	51	Michael HYNES	Raheny Shamrock	7.38	
	7	9	Robert BARKER-DAVIES	RAF/Coventry Godiva	7.51	
	8	5	Jonny ANDERSON	RAF/Cannock & Stafford AC	7.72	

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	91	Aidan SYERS	Newham & Essex Beagles AC	6.90	Q
	2	7	Eugene AYANFUL	Woodford Green & Essex L	6.97	Q
	3	86	Jaryd ROBINSON	Southampton AC	6.97	q2
	4	18	Jamie BROCK	Yate AC	7.06	q
	5	33	Michael FENNELL	Manchester H & AC	7.24	
	6	39	Mark GARDINER	Marshall Milton Keynes AC	7.29	
	7	93	Jamie VICKERY	Blackburn Harriers & AC	7.41	
	8	44	Steven HARRIS	Halesowen A & CC	7.43	

Race 5	Posn	Bib	Athlete	Club	Perf	Remarks
	1	20	Dwain CHAMBERS	Belgrave Harriers	6.83	Q
	2	87	Kieran SHOWLER-DAVIS	Basingstoke & Mid Hants AC	6.84	Q
	3	88	Ben SIMONS	Telford AC	6.91	q1
	4	27	Daniel DAVIS	Woodford Green & Essex L	7.04	q
	5	579	Malcolm GLEDHILL	Not Listed	7.35	
	6	54	Donovan JAMES	Wolverhampton & Bilston AC	7.39	
	7	13	Sanja BLAKE	Birchfield Harriers	7.63	
	8	419			8.30	



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Race 6	Posn	Bib	Athlete	Club	Perf	Remarks
	1	2	Harry AIKINES-ARYEETEY	Sutton & Dist AC	6.72	Q
	2	32	Joel FEARON	Birchfield Harriers	6.72	Q
	3	71	Adeseye OGUNLEWE	Cellbridge AC	6.97	q3
	4	70	Richard ODUMOSU	Shaftesbury Barnet Harriers	6.99	q
	5	61	Seun MARCUS	Belgrave Harriers	7.15	
	6	22	Seriashe CHILDS	Cardiff AAC	7.16	
	7	69	Alex NWENWU	Wolverhampton & Bilston AC	7.20	
	8	42	William GREEN	Derby AC	7.22	

Race 7	Posn	Bib	Athlete	Club	Perf	Remarks
	1	25	Allyn CONDON	Sale Harriers Manchester	6.97	Q
	2	82	Lloyd RICE	Birchfield Harriers	6.99	Q
	3	26	Charlie DACK	Loughborough/Thurrock Harriers AC	7.00	q
	4	43	Jason GREENIDGE	Woodford Green & Essex L	7.22	
	5	599	Rashid KAKOZZA	Newham & Essex Beagles AC	7.22	
	6	21	Chris CHARLEMAGNE	Phanos The Netherlands	7.23	
	7	12	Stuart BLACKLER	Unattached	7.63	
	8	29	Luke EMANUEL	Not Listed	7.66	

Race 8	Posn	Bib	Athlete	Club	Perf	Remarks
	1	41	Dwayne GRANT	Blackheath & Bromley AC	6.88	Q
	2	50	Cloron HYLTON	Birchfield Harriers	6.99	Q
	3	52	Antonio INFANTINO	Shaftesbury Barnet Harriers	7.02	q
	4	55	Daniel KAVANAGH	Eire (Ireland)	7.08	
	5	516	Richard RUBENIS	Telford AC	7.09	
	6	57	Gustav KLINGSTEDT	Bristol & West AC	7.45	
	7	19	Rez CAMERON	Thames Valley H	7.72	
	8	49	Adam HUGHES	Birchfield Harriers	7.74	

T13 **Senior Men's 1500m FINAL**

05 February 2011 14.30

Sponsored by Ron Hill Specials

Meeting Record: Eddie King, 1999, 3:44.05

Final	Posn	Bib	Athlete	Club	Perf	Remarks
	1	611	Stephen MITCHELL	Bristol & West AC	03:49.02	
	2	616	Nick SAMUELS	Sale Harriers Manchester	03:49.75	
	3	610	Patrick MCCARTAN	West limerick ac	03:51.44	
	4	606	Oliver HEEKS	Unattached	03:53.36	
	5	693	Niall ROBINSON	North Down AC	03:54.25	
	6	603	Tim DALTON	Severn AC	03:54.50	
	7	607	Andrew KAAR	Birchfield Harriers	04:13.49	
	8	692	Otis ROBINSON	Bermuda	04:52.19	



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T14 **U20 Women's 200m (Races)**

05 February 2011 14.45

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	225	Melisa HANSON	Birchfield Harriers	25.05	
	2	402	Ann IKA OQUA	Wolverhampton & Bilston AC	25.29	
	3	401	Jodie HARRISON	Wolverhampton & Bilston AC	25.36	
	4	400	Frederica FOSTER	Blackheath & Bromley AC	25.89	
	5	399	Abi FITZPATRICK	Sale Harriers Manchester	26.24	
	6					

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	224	Samantha GRIFFITHS	Cheltenham Harriers	26.66	
	2	404	Ciara MCDONNELL	Manx Harriers	27.36	
	3	405	Rebecca OAKLEY	Wolverhampton & Bilston AC	27.62	
	4	406	Katrina WALKER	Birmingham Running & Triathlon Club	29.45	
	5	435	Sophie BERRY	North Devon AC	30.15	
	6					

T15 **U20 Men's 200m (Races)**

05 February 2011 14.55

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	127	Dannish WALKER-KHAN	Birchfield Harriers	21.82	
	2	107	Thomas KNIGHT	Cardiff AAC	22.40	
	3	363	Lorcan O CATHAIN	Loughborough Students AC	22.44	
	4	413	James LELLIOTT	Bournemouth AC	23.26	
	5	95	Richard ADIYIA	Charnwood AC	24.07	
	6					

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	113	John LUTWYCHE	Birmingham Running & Triathlon Club	22.35	
	2	128	Peter WATLING	Wolverhampton & Bilston AC	22.45	
	3	124	Benjamin STURGESS	Marshall Milton Keynes AC	23.14	
	4	109	Ben LEES	Rugby & Northampton AC	23.76	
	5	121	Jack ROUGHAN	Birchfield Harriers	26.48	
	6					

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	98	Scott BAJERE	Bristol & West AC	22.51	
	2	125	Owen STYLER	Exeter Harriers AC	22.77	
	3	119	Yannick PHIPPEN	Kettering Town Harriers	23.41	
	4	126	Kota SUZUKI	Bromsgrove & Redditch AC	23.50	
	5	100	Alex CURRIE	Solihull & Small Heath AC	23.72	
	6					

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	123	Emmanuel STEPHENS	Thurrock Harriers AC	21.85	
	2	380	Leon REID	Bristol	22.09	
	3	115	Alexander MCNALLY	Peterborough AC	23.12	
	4	129	Ashley WATSON	Peterborough AC	23.15	
	5	102	Kwame FORDWOR	Bristol	23.55	
	6					



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Race 5	Posn	Bib	Athlete	Club	Perf	Remarks
	1	111	Andrew LORD	Cheltenham Harriers	22.86	
	2	368	Efekemo OKORO	Birchfield Harriers	22.90	
	3	120	Alex PYCOCK	Peterborough AC	23.14	
	4	97	Jacob AXTELL	Nene Valley Harriers	23.56	
	5	389	Charlie WATERHOUSE	Notts AC	24.07	
	6					

Race 6	Posn	Bib	Athlete	Club	Perf	Remarks
	1	106	Shane HENRY	Birchfield Harriers	23.50	
	2	117	Olutobi OGUNDIPE	Telford AC	23.86	
	3	108	David LEE	Coventry Godiva H	23.97	
	4	357	Zac HANLEY	Channel Isles AC	24.96	
	5					
	6					

Race 7	Posn	Bib	Athlete	Club	Perf	Remarks
	1	390	Nicrolio WILLIAMS	Marshall Milton Keynes AC	23.93	
	2	360	Sam MARTIN	North Devon AC	24.04	
	3	114	Lloyd MARTIN	Marshall Milton Keynes AC	24.72	
	4	383	Shane TICKELL	Halesowen A & CC	25.26	
	5	135	Alex FERGUSON	Notts AC	25.31	
	6					

T16 **U20 Women's 800m (Races)**

05 February 2011 15.15

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	628	Rowena COLE	Coventry Godiva H	02:07.63	
	2	710	Tyra WATSON	Sale Harriers Manchester	02:18.74	
	3	705	Katherine TURNER	Team Bath AC	02:19.38	
	4	634	Andrew DEAN-YOUNG	Bristol & West AC	02:19.61	
	5	565	Liliane SUTTON	Birchfield Harriers	02:30.18	
	6					

T17 **U15 Boys 60m (Races)**

05 February 2011 15.25

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	177	Owin SINCLAIR	Charnwood AC	7.28	
	2	175	Daniel ODERINDE	Marshall Milton Keynes AC	7.36	
	3	174	Norton MASSAMBA	Birchfield Harriers	7.42	
	4	412	Kayin GEORGE	Birchfield Harriers	7.73	
	5	173	Timothy KERR CHIN	Rugby & Northampton AC	8.05	
	6	163	Matthew ALLCOCK	Sutton in Ashfield Harriers	8.50	
	7	181	James WILLIAMSON	Charnwood AC	9.66	
	8	165	Edward BONEHILL	Birchfield Harriers	10.64	

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	176	Myles RICHARDSON	Basingstoke & Mid Hants AC	7.20	
	2	172	William KENNEDY	Team Bath AC	7.77	
	3	164	Stefan ANDERSON	Royal Sutton Coldfield	7.78	
	4	169	Haydn FRANCIS	Birchfield Harriers	8.20	
	5	167	Joseph COOPER	Kingston Upon Hull AC	8.41	
	6	168	David COUCH	City of Salisbury AC	8.41	
	7	182	Rio YEARWOOD	Birchfield Harriers	8.59	



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T18 **U15 Girls 60m (Races)**

05 February 2011 15.30

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	259	Kristie EDWARDS	City of Sheffield AC	8.14	
	2	253	Megan BARRETT	Cheltenham Harriers	8.55	
	3	252	Charlotte BAILEY	Wolverhampton & Bilston AC	8.56	
	4	261	Alexandra HALE	Halesowen A & CC	9.14	
	5					
	6					

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	262	Heidi JACKSON	City of Stoke AC	8.34	
	2	268	Eleanor RAWSON	2Dash	8.45	
	3	255	Gemma BROOMFIELD	Charnwood AC	8.50	
	4	263	Elinor JONES	Halesowen A & CC	8.93	
	5	266	Emily NEWCOMBE	Bridgnorth AC	9.06	
	6	251	Emetie ALMOND	Worcester AC	9.12	
	7					

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	258	Alice CUNNINGHAM	Corby AC	8.38	
	2	256	Louisa COOPER	Charnwood AC	8.46	
	3	270	Louise WARD	Cheltenham Harriers	8.85	
	4	271	Georgia WILLIAMS	Worcester AC	9.00	
	5	257	Rebecca CROCKETT	Tamworth AC	9.03	
	6					

T19 **Senior Women's 60m Semi Finals**

05 February 2011 15.40

First 2 in each heat and 2 Fastest Losers to Final T32

[05 February 2011 17.20](#)

Meeting Record: Joice Maduaka, 2000, 7.31 secs

Semi 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	202	Ashleigh NELSON	Stoke AC	7.35	Q
	2	328	Laura TURNER	Harrow AC	7.37	Q
	3	219	Niamh WHELAN	Ireland	7.59	q2
	4	205	Tunrayo NUBI	Enfield & Haringey AC	7.68	q3
	5	197	Aoife MACNEILL	Ireland	7.85	
	6	204	Mica NOTTINGHAM	Liverpool Harriers	7.90	
	7	218	Nikki VAN LEEUWEN	The Netherlands	7.91	
	8	203	Emily NEWTON	Team Southampton	8.01	

Semi 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	221	Bernice WILSON	Birchfield Harriers	7.31	Q
	2	187	Chelsea COOPER	City of Stoke AC	7.58	Q
	3	190	Joey DUCK	Marshall Milton Keynes AC	7.58	q1
	4	217	Abbi TYSON	Birchfield Harriers	7.68	q3
	5	198	Jor'Dan MCINTOSH	Charnwood AC	7.87	
	6	193	Emma HEATH	Bristol	7.87	
	7	213	Amanda SHAW	Barnsley Athletic Club	8.02	
	8	582	Kellie PROPER	Ferrybank AC	DNS	



T20 **Senior Men's 60m Semi Finals**

05 February 2011 15.40

First 2 in each heat and 2 Fastest Losers to Final T33

05 February 2011 17.20

Meeting Record: Dwain Chambers, 2008, 6.60 secs

Semi 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	2	Harry AIKINES-ARYEETEY	Sutton & Dist AC	6.71	Q
	2	91	Aidan SYERS	Newham & Essex Beagles AC	6.79	Q
	3	34	Mark FINDLAY	Newham & Essex Beagles AC	6.84	q2
	4	7	Eugene AYANFUL	Woodford Green & Essex L	6.86	
	5	58	Martin KRABBE	AK-Holstebro Denmark	6.87	
	6	88	Ben SIMONS	Telford AC	6.94	
	7	27	Daniel DAVIS	Woodford Green & Essex L	6.99	
	8	18	Jamie BROCK	Yate AC	7.04	

Semi 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	8	Leon BAPTISTE	Enfield & Haringey AC	6.75	Q
	2	41	Dwayne GRANT	Blackheath & Bromley AC	6.86	Q
	3	71	Adeseye OGUNLEWE	Cellbridge AC	6.96	
	4	50	Cloron HYLTON	Birchfield Harriers	6.98	
	5	48	Gareth HOPKINS	Cardiff AAC	7.01	
	6	52	Antonio INFANTINO	Shaftesbury Barnet Harriers	7.02	
	7	87	Kieran SHOWLER-DAVIS	Basingstoke & Mid Hants AC	DQ	
	8					

Semi 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	32	Joel FEARON	Birchfield Harriers	6.68	Q
	2	20	Dwain CHAMBERS	Belgrave Harriers	6.72	Q
	3	74	Matic OSOVNIKAR	Not Listed	6.77	q1
	4	82	Lloyd RICE	Birchfield Harriers	6.94	
	5	70	Richard ODUMOSU	Shaftesbury Barnet Harriers	6.95	
	6	26	Charlie DACK	Loughborough/Thurrock Harriers AC	6.99	
	7	86	Jaryd ROBINSON	Southampton AC	7.00	
	8	11	Stuart BENSON	Shaftesbury Barnet Harriers	7.05	

T21 **U20 Men's 800m (Races)**

05 February 2011 15.50

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	613	Jordan BRANSBERG	Skyrac AC	01:56.45	
	2	645	Elliot GILES	Birchfield Harriers	01:56.63	
	3	463	Richard REED	Nene Valley Harriers	01:57.77	
	4	547	Andrew CONSTABLE	Birchfield Harriers	01:58.22	
	5	682	Joshua OGUNTAYO	Sale Harriers Manchester	01:59.69	
	6	656	Jack HUTCHENS	North Devon AC	02:01.24	
	7	666	Joshua LACEY	Birchfield Harriers	02:05.62	

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	652	Nick BENNETT	North Devon AC	02:04.45	
	2	703	Oscar TULLY	North Devon AC	02:04.78	
	3	643	Olly FRIEND	North Devon AC	02:06.35	
	4	707	Richard BOWMAN	Coventry Godiva H	02:11.16	
	5	683	Robert OVERNEY	North Devon AC	02:12.70	
	6	725			02:16.99	
	7					



T22 **Senior Women's 1500m FINAL**

05 February 2011 16.05

Sponsored by Ron Hill Specials

Meeting Record: Natalie Lewis, 4:18.99, 2005

Final	Posn	Bib	Athlete	Club	Perf	Remarks
	1	619	Ellie STEVENS	Birchfield Harriers	04:33.04	
	2	482	Rachael FRANKLIN	Manx Harriers	04:36.96	
	3	617	Tina SHERRATT	Wigan & District AC	04:38.37	
	4	620	June SWIFT	Peterborough AC	05:02.16	
	5	612	Wendy MORANT	Birchfield Harriers	07:57.79	
	6					

T23 **Senior Men's 1500m FINAL**

05 February 2011 16.10

Race held at Heats time see T13

T24 **U17 Women's 60m (Races)**

05 February 2011 16.15

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	244	Lauren POWELL	Spensborough	7.90	
	2	241	Charlotte JONES	Birchfield Harriers	8.10	
	3	240	Eleanor JOHNSTON	Stratford-upon-Avon AC	8.29	
	4	248	Harriet SAWLE	Cheltenham Harriers	8.59	
	5	231	Natasha BARNES	Coventry Godiva H	8.69	
	6	237	Abi DAVIES	Team Bath AC	DNS	

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	232	Remy BARRETT	Sparkhill Harriers	8.04	
	2	250	Zoe STYLES	Worcester AC	8.13	
	3	238	Rhiann DAVIES	Telford AC	8.33	
	4	247	Victoria REEVES	Charnwood AC	8.47	
	5	236	Amy CULLEN	Halesowen A & CC	8.67	
	6	447	Molly FERGUSON	Notts AC	8.79	
	7	243	Jasmine OLIVER	Tamworth AC	8.92	



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T25 **U17 Men's 60m (Races)**

05 February 2011 16.25

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	144	Matthew HUDSON-SMITH	Birchfield Harriers	7.24	
	2	157	Simbarashe RWAMBIWA	Birchfield Harriers	7.28	
	3	154	Josh PLATT	Crewe & Nantwich AC	7.31	
	4	156	Thomas PURTON	Marshall Milton Keynes AC	7.67	
	5	131	Obuchinezia ANYANWU	Coventry Godiva H	7.88	
	6	143	Matthew HOLT	Team Bath AC	7.95	

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	136	Nicholas FREER	Bromsgrove & Redditch AC	7.52	
	2	139	Thomas HARRINGTON	Birchfield Harriers	7.64	
	3	137	Matthew GREGG	Notts AC	7.67	
	4	147	Scott KENDALL	Corby AC	7.79	
	5	132	Jason BENNETT	Birchfield Harriers	7.84	
	6					

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	148	Jasper LARKEN	Marshall Milton Keynes AC	7.56	
	2	142	Jonathan HOBBS	Cardiff AAC	7.67	
	3	152	Robert PAULSON	Cheltenham Harriers	7.75	
	4	146	Elliott JONES	Tamworth AC	7.95	
	5	153	Craig PIKE	North Devon AC	8.61	
	6					

Race 5	Posn	Bib	Athlete	Club	Perf	Remarks
	1	149	Jack LAWRENCE	Halesowen A & CC	7.19	
	2	138	Joel GRENFELL	Peterborough AC	7.31	
	3	145	Alexander HULME	City of Stoke AC	7.51	
	4	724			7.95	
	5	150	Anthony MOXHAM	Coventry Godiva H	8.14	
	6	151	Brandon NGUYEN	Manx Harriers	8.26	

T26 **U20 Women's 60m Races**

05 February 2011 16.35

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	225	Melisa HANSON	Birchfield Harriers	7.73	
	2	229	Frances SLATER	Herts Phoenix AC	7.89	
	3	230	Kirsty WARLAND	Oxford City AC	8.13	
	4	224	Samantha GRIFFITHS	Cheltenham Harriers	8.20	
	5	226	Emma JACKSON	Kingston Upon Hull AC	8.31	
	6	223	Emma DAVIES	Worcester AC	8.68	



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T27 **U20 Men's 60m Races**

05 February 2011 16.40

Race 1	Posn	Bib	Athlete	Club	Perf	Remarks
	1	123	Emmanuel STEPHENS	Thurrock Harriers AC	6.87	
	2	127	Dannish WALKER-KHAN	Birchfield Harriers	6.88	
	3	122	Thomas SCRASE	Not Listed	6.95	
	4	98	Scott BAJERE	Bristol & West AC	7.00	
	5	107	Thomas KNIGHT	Cardiff AAC	7.10	
	6	128	Peter WATLING	Wolverhampton & Bilston AC	7.14	
	7	126	Kota SUZUKI	Bromsgrove & Redditch AC	7.22	
	8	109	Ben LEES	Rugby & Northampton AC	7.26	

Race 2	Posn	Bib	Athlete	Club	Perf	Remarks
	1	413	James LELLIOTT	Bournemouth AC	7.27	
	2	111	Andrew LORD	Cheltenham Harriers	7.33	
	3	129	Ashley WATSON	Peterborough AC	7.38	
	4	100	Alex CURRIE	Solihull & Small Heath AC	7.41	
	5	118	Peter OLIVER	Dudley & Stourbridge H	7.46	
	6					
	7					

Race 3	Posn	Bib	Athlete	Club	Perf	Remarks
	1	119	Yannick PHIPPEN	Kettering Town Harriers	7.25	
	2	125	Owen STYLER	Exeter Harriers AC	7.31	
	3	117	Olutobi OGUNDIPE	Telford AC	7.38	
	4	108	David LEE	Coventry Godiva H	7.48	
	5	95	Richard ADIYIA	Charnwood AC	7.77	
	6	348	Aaron BANDO	Wolverhampton & Bilston AC	7.80	
	7	135	Alex FERGUSON	Notts AC	7.89	

Race 4	Posn	Bib	Athlete	Club	Perf	Remarks
	1	99	William COUCH	Charnwood AC	7.18	
	2	113	John LUTWYCHE	Birmingham Running & Triathlon Club	7.19	
	3	110	Giziel LIMA	Birmingham Running & Triathlon Club	7.39	
	4	103	Mathias FRANCIS	Birchfield Harriers	7.42	
	5	101	Eden FAHY	Birmingham Running & Triathlon Club	7.92	
	6	121	Jack ROUGHAN	Birchfield Harriers	7.95	
	7					

Race 5	Posn	Bib	Athlete	Club	Perf	Remarks
	1	115	Alexander MCNALLY	Peterborough AC	7.20	
	2	124	Benjamin STURGESS	Marshall Milton Keynes AC	7.31	
	3	102	Kwame FORDWOR	Bristol	7.32	
	4	106	Shane HENRY	Birchfield Harriers	7.38	
	5	114	Lloyd MARTIN	Marshall Milton Keynes AC	7.86	
	6					
	7					



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T28 **Senior Women's 400m FINAL**

05 February 2011 17.00

Meeting Record:

Final	Posn	Bib	Athlete	Club	Perf	Remarks
	1	492	Marilyn OKORO	Shaftesbury Barnet Harriers	53.61	
	2	486	Laura LANGOWSKI	Coventry Godiva H	54.78	
	3	493	Shelayna OSKAN	Windsor Slough Eton & H	54.98	
	4	477	Claire BERGIN	Ireland	55.11	
	5	488	Laura MADDOX	Team Bath AC	56.96	
	6	494	Sara PETERSEN	Aarhus 1900 Denmark	DNS	

T29 **Senior Men's 400m C FINAL**

05 February 2011 17.05

Meeting Record: Mark Richardson, 46.69 secs, 1994

Final	Posn	Bib	Athlete	Club	Perf	Remarks
	1	501	Lawrence BAIRD	Trafford AC	48.71	
	2	560	Patrick SWAN	Gateshead Harriers	49.01	
	3	549	Patrick PHELAN	Ireland	49.07	
	4	507	Ty CHAPMAN	Not Listed	49.28	
	5	414	Cathal OWENS	Leevale AC	50.76	
	6	553	Jacob RIIS	Denmark	DNS	

T30 **Senior Men's 400m B FINAL**

05 February 2011 17.10

Meeting Record: Mark Richardson, 46.69 secs, 1994

Final	Posn	Bib	Athlete	Club	Perf	Remarks
	1	511	Tim CROWE	Ireland	47.96	
	2	558	Luke SMALLWOOD	Blackheath & Bromley AC	48.31	
	3	515	Tom DRUCE	Channel Isles AC	48.43	
	4	529	Kieran KELLY	Ireland	48.87	
	5	506	Timothy BURN	Richmond	49.55	
	6	562	Lloyd ZVASIYA	Birchfield Harriers	DNS	

T31 **Senior Men's 400m A FINAL**

05 February 2011 17.15

Meeting Record: Mark Richardson, 46.69 secs, 1994

Final	Posn	Bib	Athlete	Club	Perf	Remarks
	1	531	Luke LENNON-FORD	Birchfield Harriers	47.28	
	2	369	Nick LEAVEY	Woodford Green & Essex L	47.43	
	3	532	Dwayne LEWIS	Birchfield Harriers	48.44	
	4	534	Ross MCDONALD	Birchfield Harriers	48.73	
	5	503	Andy BLOW	Basingstoke & Mid Hants AC	48.81	
	6	543	Will OYOWE	Belgium	DQ	



T32 **Senior Women's 60m FINAL**

05 February 2011 17.20

Sponsored by Microtrading

Meeting Record: Joice Maduaka, 2000, 7.31 secs

Final	Posn	Bib	Athlete	Club	Perf	Remarks
	1	221	Bernice WILSON	Birchfield Harriers	7.26	
	2	328	Laura TURNER	Harrow AC	7.33	
	3	202	Ashleigh NELSON	Stoke AC	7.34	
	4	219	Niamh WHELAN	Ireland	7.61	
	5	190	Joey DUCK	Marshall Milton Keynes AC	7.63	
	6	217	Abbi TYSON	Birchfield Harriers	7.65	
	7	187	Chelsea COOPER	City of Stoke AC	7.67	
	8	205	Tunrayo NUBI	Enfield & Haringey AC	7.67	

T33 **Senior Men's 60m FINAL**

05 February 2011 17.25

Sponsored by Microtrading

Meeting Record: Dwain Chambers, 2008, 6.60 secs

Final	Posn	Bib	Athlete	Club	Perf	Remarks
	1	32	Joel FEARON	Birchfield Harriers	6.63	
	2	2	Harry AIKINES-ARYEETEY	Sutton & Dist AC	6.68	
	3	8	Leon BAPTISTE	Enfield & Haringey AC	6.75	
	4	74	Matic OSOVNIKAR	Not Listed	6.78	
	5	34	Mark FINDLAY	Newham & Essex Beagles AC	6.85	
	6	91	Aidan SYERS	Newham & Essex Beagles AC	DNS	
	7	20	Dwain CHAMBERS	Belgrave Harriers	DNS	
	8	41	Dwayne GRANT	Blackheath & Bromley AC	DNS	



F1 **Senior Women's Shot**

05 February 2011 10.30

Meeting Record: Maggie Lynes, 1993, 15.71m

Posn	Bib	Athlete	Club	Perf	Remarks
1	F56	LOUISE HAZEL	BIRCHFIELD HARRIERS	11.76	
2	F106	LAURA RADBURN	BIRCHFIELD HARRIERS	8.12	
3	F58	SARA HENDERSON	BRACKNELL AC	7.07	
4	F2	SUSAN ALLCOCK	SUTTON IN ASHFIELD HARRIERS	7.02	
5					
6					

F2 **Senior Men's Shot**

05 February 2011 10.30

Meeting Record: Paul Edwards, 1992, 18.84m

Posn	Bib	Athlete	Club	Perf	Remarks
1	F111	BEN ROBERTS	BIRCHFIELD HARRIERS	16.08	
2	F84	GARRY NEWTON	TEAM SOUTHAMPTON	13.98	
3	292	INGMAR VOS	BIRCHFIELD HARRIERS	13.76	
4	F94	TOM PEARSON	CHARWOOD AC	12.17	
5					
6					

F3 **Senior Women's High Jump**

05 February 2011 10.30

Sponsored by Bromsgrove & Redditch Trophies

Meeting Record: Lea Haggett, 1.90m, 1992

Posn	Bib	Athlete	Club	Perf	Remarks
1	F86	Jayne NISBET	Edinburgh AC	1.75	
2	F62	Pamela HUGHES	University of Birmingham	1.75	
3	F98	Zoey PHILLIPS	Birchfield Harriers	1.70	
4	F119	Frances SMITHSON	Windsor Slough Eton & H	1.65	
5	415	Line SKRIVER	Denmark	1.65	
6	228	Hannah OLIVER	Coventry Godiva H	1.60	
7	F43	Hannah FRITH	Bedford	1.60	
8	F4	Gemma ARMORGIE	Herts Phoenix AC	1.60	
9	F16	Helen BUCKLEY	Reading AC	1.60	
10					

F4 **Senior Men's Long Jump**

05 February 2011 10.30

Meeting Record: Barrington Williams, 1992, 7.75m

Posn	Bib	Athlete	Club	Perf	Remarks
1	F21	DAVID COOK	KINGSTON AC & POLY HARRIERS	6.96	
2	F73	MARLON LEWIS	BIRMINGHAM RUNNING & TRIATHLON CLUB	6.90	
3	F6	RIO BAILEY	CITY OF STOKE AC	6.88	
4	F54	DAVID HARVEY	WINDSOR SLOUGH ETON & H	6.68	
5	413	James LELLIOTT	BOURNEMOUTH AC	6.66	
6	F60	MARK HOLLOWAY	WINDSOR SLOUGH ETON & H	6.27	
7	355	TRAVIS FRANCIS	WOLVERHAMPTON & BILSTON AC	6.24	
8	F110	PHIL RILEY	MANX HARRIERS	5.56	
9	357	ZAC HANLEY	CHANNEL ISLES AC	5.28	
10	F128	ASHLEY WREN	SCUNTHORPE & DISTRICT AC	4.37	



Midland Counties AA
THE BIRMINGHAM GAMES
5 & 6 February 2011 @ NIA, Birmingham

on track
FIELD RESULT - DAY 1

F5 **Senior Men's Pole Vault**

05 February 2011 12.00

Sponsored by Ron Hill Specials

Meeting Record: Tim Thomas, 2001, 5.33m

Posn	Bib	Athlete	Club	Perf	Remarks
1	F133	Gregor MACLEAN	Shaftesbury Barnet Harriers	5.11	
2	F132	Douglas CURWEN-REED	Shaftesbury Barnet Harriers	5.00	
3	F134	Michael HOLDEN	Colchester Harriers	5.00	
4	F105	Ned QUINEY	Blackheath & Bromley AC	5.00	
5	292	Ingmar VOS	Birchfield Harriers	4.70	
6	F25	Matthew CULLEN	Sale Harriers Manchester	4.60	
7	416	Connell MACQUSITEN	Univ. of Bath	4.40	
8	F82	Laurie NEEDHAM	Blackpool Wyre & Fylde AC	4.40	
9					
10					

F6 **U20 Men's Pole Vault**

05 February 2011 12.00

Posn	Bib	Athlete	Club	Perf	Remarks
1	F99	Jack PHIPPS	Woking AC	4.40	
2	F117	George SHARP	Preston Harriers	4.40	
3	F22	Mark COOPER	Stoke AC	4.20	
4	F95	Nathan PENTIN	Chesterfield & District AC	3.90	
5	116	Deo MILANDU	City of Stoke AC	3.80	
6	F7	Samuel BAKER	Corby AC	3.70	
7					
8					

F7 **U15 Girls' High Jump**

05 February 2011 12.30

Posn	Bib	Athlete	Club	Perf	Remarks
1	F5	Laura ARMORGIE	Herts Phoenix AC	1.50	
2	264	Anna MARTIN	Cheltenham Harriers	1.50	
3	441	Alexandra CROSS	Radley AC	1.45	
3	337	Siobhan GLOVER	Worcester AC	1.45	
4	672	Phoebe MCCLENAGHAN	Royal Sutton Coldfield	1.40	
6	271	Georgia WILLIAMS	Worcester AC	1.35	
7	342	Annabelle PASK	Coventry Godiva H	1.30	
8					

F8 **U17 Men's Long Jump**

05 February 2011 12.30

Posn	Bib	Athlete	Club	Perf	Remarks
1	138	JOEL GRENFELL	PETERBOROUGH AC	6.62	
2	F71	KIERAN LEE	CITY OF STOKE AC	6.12	
3	F35	ROMARIO ELLIS	BIRCHFIELD HARRIERS	5.56	
4	133	DELANO BROWN	BIRCHFIELD HARRIERS	5.54	
5	139	THOMAS HARRINGTON	BIRCHFIELD HARRIERS	5.54	
6	147	SCOTT KENDALL	CORBY AC	5.39	
7	132	JASON BENNETT	BIRCHFIELD HARRIERS	4.97	
8					



Midland Counties AA
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FIELD RESULT - DAY 1

F9 **Senior Women's Long Jump**

05 February 2011 10.30

Sponsored by Bromsgrove & Redditch Trophies

Meeting Record: Joanne Wise, 6.36m, 1997

Posn	Bib	Athlete	Club	Perf	Remarks
1	427	KIM MURRAY	WOODFORD GREEN & ESSEX L	5.86	
2	F104	KELLY PROPER	IRELAND	5.85	
3	192	JOANNE FROST	BROMSGROVE & REDDITCH AC	5.27	
4	408	SOPHIE WORRALL	TELFORD AC	5.14	
5	F36	CHLOE ELPHICK	MANSFIELD HARRIERS & AC	5.02	
6	314	MEGAN DIXON	WOLVERHAMPTON & BILSTON AC	4.67	
7	F9	CHARLOTTE BERRINGTON	BIRCHFIELD HARRIERS	4.56	
8	F63	SHALAYNA HUTCHINSON	WORCESTER AC	4.37	

F10 **U15 Boys' High Jump**

05 February 2011 12.30

Posn	Bib	Athlete	Club	Perf	Remarks
1	F61	Alex HUGHES	Tipton H	1.75	
2	F31	Rory DWYER	Stratford-upon-Avon AC	1.70	
3	F20	Joshua CONROY	Bedford	1.65	
4	163	Matthew ALLCOCK	Sutton in Ashfield Harriers	1.55	
5	299	Linton GARDINER	Cheltenham Harriers	1.55	
6	F37	Reuben ESSEN	Solihull & Small Heath AC	1.50	
7	F64	Nigel ISHERWOOD	Birchfield Harriers	1.45	
8					

F11 **U15 Boys' Long Jump**

05 February 2011 12.30

Posn	Bib	Athlete	Club	Perf	Remarks
1	178	CAMERON SKINNER	HALESOWEN A & CC	5.35	
2	169	HAYDN FRANCIS	BIRCHFIELD HARRIERS	5.05	
3	163	MATTHEW ALLCOCK	SUTTON IN ASHFIELD HARRIERS	4.85	
4	299	LINTON GARDINER	CHELTENHAM HARRIERS	4.79	
5	182	RIO YEARWOOD	BIRCHFIELD HARRIERS	4.18	
6					