



## Total Scores

Position	Team	Points
1	Newport H	387
2	Burton	340
3	Hereford & C	229.5
4	Sutton i A H	213.5
5	OWLS	209
6	Nuneaton	153

## Mens Scores

Position	Team	Points
1	Burton	209
2	Newport H	197
3	OWLS	164
4	Sutton i A H	116.5
5	Nuneaton	100
6	Hereford & C	96.5

## Womens Scores

Position	Team	Points
1	Newport H	175
2	Hereford & C	128
3	Burton	126
4	Sutton i A H	82
5	Nuneaton	38
6	OWLS	30

## Officials Points

Team Name	Points
Newport H	15
Burton	5
Hereford & C	5
Sutton i A H	15
OWLS	15
Nuneaton	15

## Match Position after 36 Events



## Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Carl McEwan	Newport H	11.6	9
2	David Staley	Burton	11.9	7
3	Frank Sackey	Nuneaton	12.3	6
4	D Stevens	Sutton i A H	12.6	5
5	Tom Meakin	OWLS	12.7	4

## Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Jonathon Hood	Burton	11.9	7
2	Paddy Radley	OWLS	13.0	5
3	F Thornley	Sutton i A H	14.4	4

## Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Carl McEwan	Newport H	23.5	9
2	David Staley	Burton	24.4	7
3	D Stevens	Sutton i A H	25.0	6
4	Tom Meakin	OWLS	25.3	5
5	Josh Gough	Nuneaton	26.4	4

## Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	William Dimaline	Burton	24.8	7
2	Oliver Edwards	Newport H	24.9	5
3	Frank Sackey	Nuneaton	25.1	4
4	Niall McSharry	OWLS	29.1	3
5	F Thornley	Sutton i A H	29.5	2

## Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Jonathon Hood	Burton	52.6	9
2	Tom Meakin	OWLS	52.8	7
3	Ed Lantz	Newport H	53.4	6
4	T Stokes	Hereford & C	59.4	5
5	A Mitchell	Sutton i A H	86.1	4

## Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Mark goodger	Newport H	54.8	7
2	William Dimaline	Burton	59.7	5
3	J Barnes	Hereford & C	63.6	4
4	Jay Williams	OWLS	64.2	3



## Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	David Staley	Burton	20.1	9
2	Lloyd Clark	Newport H	20.9	7
3	Josh Gough	Nuneaton	22.2	6
4	Jay Williams	OWLS	25.8	5

## Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Ash Chambers	OWLS	22.2	7
2	Tom Erskine	Burton	22.3	5
3	Andrew Hole	Newport H	23.7	4

## Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Ash Chambers	OWLS	63.1	9
2	Ben McEwan	Newport H	63.9	7
3	Tom Erskine	Burton	67.5	6
4	Jared Wilson	Nuneaton	69.1	5

## Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Paddy Radley	OWLS	65.4	7
2	Jonathon Hood	Burton	68.4	5
3	Lloyd Clark	Newport H	69.1	4

## Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Dave Goodger	Newport H	2.02.1	9
2	Geraint Davies	OWLS	2.05.8	7
3	Duncan Stewart	Burton	2.08.3	6
4	T Stokes	Hereford & C	2.12.6	5
5	Joe Ashby	Nuneaton	2.13.0	4
6	A Wetherill	Sutton i A H	2.24.0	3



## Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Lee Richards	Newport H	2.00.9	7
2	Danny Hallam	OWLS	2.01.5	5
3	Ashley Hurdman	Burton	2.17.2	4
4	Nick Wilson	Nuneaton	2.47.8	3
5	K Barnes	Hereford & C	2.56.7	2
6	A Mitchell	Sutton i A H	3.26.8	1

## Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Paddy Radley	OWLS	4.20.1	9
2	A Wetherill	Sutton i A H	4.35.0	7
3	Duncan Stewart	Burton	4.37.4	6
4	Joe Ashby	Nuneaton	4.47.0	5
5	Stuart Pearce	Newport H	4.49.0	4
6	K Barnes	Hereford & C	5.50.7	3

## Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Danny Hallam	OWLS	4.22.0	7
2	Jonathon Pearson	Newport H	4.51.4	5
3	Jared Wilson	Nuneaton	5.00.6	4
4	F Thornley	Sutton i A H	5.26.7	3

## Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Geraint Davies	OWLS	16.19.7	9
2	A Wetherill	Sutton i A H	16.29.2	7
3	Abdi Tulu	Newport H	16.29.5	6
4	Ashley Hurdman	Burton	16.32.5	5
5	L Mason	Hereford & C	16.39.3	4
6	Danny Mills	Nuneaton	17.53.9	3

## Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Ash Chambers	OWLS	16.56.5	7
2	J Barnes	Hereford & C	17.09.0	5
3	Gordon Smith	Burton	18.40.8	4
4	Jared Wilson	Nuneaton	18.40.9	3
5	Darryn McAtee	Newport H	19.50.4	2



## Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Danny Hallam	OWLS	6.30.3	9
2	J Barnes	Hereford & C	6.45.0	7
3	Danny Mills	Nuneaton	6.53.0	6
4	Ben McEwan	Newport H	6.57.8	5
5	Gordon Smith	Burton	7.41.4	4

## Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Jay Williams	OWLS	6.32.8	7
2	Tyrone Fowler	Newport H	7.31.3	5
3	Nick Chapman	Burton	8.36.7	4
4	K Barnes	Hereford & C	8.51.4	3
5	Nick Wilson	Nuneaton	9.18.5	2

## Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	David Staley	Burton	5.78	9
2	Frank Sackey	Nuneaton	5.16	7
3	J Mitchell	Sutton i A H	4.83	6
4	Keith Powell	Newport H	4.82	5
5	Ash Chambers	OWLS	4.76	4
6	J Barnes	Hereford & C	4.55	3

## Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jack Poxon	Burton	5.50	7
2	Malcolm Medhurst	Newport H	4.60	5
3	Joe Ashby	Nuneaton	4.34	4
4	Niall McSharry	OWLS	4.22	3
5	D Stevens	Sutton i A H	3.68	2
6	K Barnes	Hereford & C	2.90	1

## Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jack Poxon	Burton	10.93	9
2	J Mitchell	Sutton i A H	10.55	7
3	Danny Hallam	OWLS	9.86	6
4	Keith Powell	Newport H	9.65	5



## Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jonathon Dumelow	Burton	10.29	7
2	S Chillingworth	Sutton i A H	10.26	5
3	Malcolm Medhurst	Newport H	9.60	4
4	Niall McSharry	OWLS	9.31	3

## Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jonathon Dumelow	Burton	1.60	9
2	Lloyd Clark	Newport H	1.6	7
3	D Stevens	Sutton i A H	1.55	6
4	Ash Chambers	OWLS	1.40	5

## Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Dave Goodger	Newport H	1.5	7
2=	J Mitchell	Sutton i A H	1.45	4.5
2=	Tom Erskine	Burton	1.45	4.5

## Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Keith Powell	Newport H	2.90	9
2=	J barnes	Hereford & C	2.8	6.5
2=	Jonathon Dumelow	Burton	2.8	6.5

## Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Paul Smith	Burton	2.10	7

## Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	J Day	Hereford & C	12.41	9
2	Rob Eales	Newport H	11.40	7
3	S Chillingworth	Sutton i A H	10.33	6
4	Richard Catlin	Burton	9.05	5
5	Craig Mills	Nuneaton	9.01	4
6	Nick Fogg	OWLS	8.60	3

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## Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	P Gibson	Sutton i A H	9.97	7
2	J Williams	Hereford & C	8.08	5
3	Jonathon Dumelow	Burton	7.8	4
4	Steve Wadley	Newport H	7.32	3

## Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	S Chillingworth	Sutton i A H	30.86	9
2	J Day	Hereford & C	30.71	7
3	Rob Eales	Newport H	30.34	6
4	Jonathon Dumelow	Burton	27.32	5
5	Nick Fogg	OWLS	26.70	4
6	Graig Mills	Nuneaton	20.98	3

## Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	P Gibson	Sutton i A H	30.64	7
2	Tom Aviss	Newport H	29.63	5
3	J Williams	Hereford & C	25.00	4
4	Josh Gough	Nuneaton	20.05	3
5	Jonathon Hood	Burton	12.36	2
6	Niall McSharry	OWLS	11.08	1

## Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	J Day	Hereford & C	44.08	9
2	Nick Fogg	OWLS	41.78	7
3	Mark Boswell	Newport H	33.65	6
4	P Gibson	Sutton i A H	27.50	5
5	Richard Catlin	Burton	19.24	4
6	Craig Mills	Nuneaton	19.13	3

## Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Rob Eales	Newport H	29.72	7
2	J Williams	Hereford & C	29.16	5
3	A Mitchell	Sutton i A H	26.37	4
4	Jonathon Dumelow	Burton	18.02	3
5	Jay Williams	OWLS	15.39	2



## Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Richard Catlin	Burton	40.99	9
2	Craig Mills	Nuneaton	37.99	7
3	Dave Goodger	Newport H	34.87	6
4	J Day	Hereford & C	32.52	5
5	Nick Fogg	OWLS	31.98	4
6	P Gibson	Sutton i A H	30.30	3

## Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Josh Gough	Nuneaton	29.16	7
2	Keith Powell	Newport H	25.48	5
3	J Williams	Hereford & C	24.92	4
4	A Mitchell	Sutton i A H	24.33	3
5	Jonothon Dumelow	Burton	6.61	2
6	Sam Stabler	OWLS	3.59	1

## Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Burton	47.9	9
2		Nuneaton	50.9	7
3		Newport H	disc	0
4		Sutton i A H	disc	0
5		OWLS	dnf	0

## Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Newport H	3.27.0	9
2		Burton	3.42.6	7
3		OWLS	3.51.2	6

## Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Bethan Wakefield	Newport H	12.7	9
2	F Meakin	Sutton i A H	14.0	7
3	Isabell Parry	Burton	14.5	6
4	Ruth Wells	Hereford & C	15.4	5

## Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Emma Plow	Newport H	13.1	7
2	Nicola Long	Burton	14.8	5





## Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Emma Plow	Newport H	27.3	9
2	Clara Evans	Hereford & C	29.9	7
3	Simone Wilson	Nuneaton	35.3	6
4	L Knights	Sutton i A H	43.5	5

## Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Kirsty Crane	Newport H	28.9	7
2	Naomi Prosser	Hereford & C	31.5	5
3	S Alcock	Sutton i A H	40.3	4

## Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Williams	Newport H	56.8	9
2	Jade Williams	Hereford & C	73.4	7
3	Rachel Clarkson	Burton	76.2	6
4	S Alcock	Sutton i A H	1.50.9	5

## Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Kirsten Waring	Newport H	67.3	7
2	Nicola Long	Burton	77.4	5
3	Hannah Barnes	Hereford & C	1.46.4	4

## Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Rachel Clarkson	Burton	20.1	9
2	Lindsey Badman	Newport H	24.0	7

## Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Rachel Clarkson	Burton	83.7	9



## Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	F Meakin	Sutton i A H	2.25.3	9
2	Clara Evans	Hereford & C	2.26.2	7
3	Kirsten Waring	Newport H	2.38.7	6
4	Simone Wilson	Nuneaton	3.01.1	5

## Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Jade Williams	Hereford & C	2.57.1	7

## Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	F Meakin	Sutton i A H	5.05.1	9
2	Clara Evans	Hereford & C	5.08.2	7
3	Nicola Long	Burton	7.39.1	6

## Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	L Knights	Sutton i A H	5.12.9	7
2	Naomi Prosser	Hereford & C	5.51.5	5

## Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	L Knights	Sutton i A H	11.29.4	9
2	Naomi Prosser	Hereford & C	11.51.4	7
3	Simone Wilson	Nuneaton	12.44.0	6
4	Rhian Loudon	Newport H	13.21.4	5

## Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Sheryl Evans	Hereford & C	13.44.1	7

## Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Bethan Wakefield	Newport H	4.90	9
2	Isabelle Parry	Burton	3.86	7
3	F Meakin	Sutton i A H	3.67	6
4	Naomi Prosser	Hereford & C	3.52	5
5	Hannah Mills	Nuneaton	2.74	4

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## Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Rebecca Williams	Newport H	4.61	7
2	Nicola Long	Burton	3.16	5

## Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Shannon Golaub	Burton	9.31	9
2	Kirsten Waring	Newport H	8.69	7

## Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Juliette Parry	Burton	8.27	7

## Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Williams	Newport H	1.35	9
2	Rachel Clarkson	Burton	1.30	7

## Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Kirsten Waring	Newport H	1.30	7

## Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Maria Fogg	OWLS	9.83	9
2	Ruth Wells	Hereford & C	8.71	7
3	Lisa Boswell	Newport H	8.52	6
4	Hannah Mills	Nuneaton	7.19	5
5	Juliette Parry	Burton	7.05	4
6	S Alcock	Sutton i A H	6.92	3

## Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Kirsty Milne	Newport H	6.37	7
2	Di Harrison	Burton	5.94	5
3	Linda Fogg	OWLS	5.36	4



## Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Emma Crooke	Hereford & C	33.04	9
2	Maria Fogg	OWLS	25.24	7
3	Di Harrison	Burton	21.96	6
4	Kirsty Milne	Newport H	20.76	5
5	S Alcock	Sutton i A H	19.82	4
6	Hannah Mills	Nuneaton	18.19	3

## Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & C	26.45	7
2	Juliette Parry	Burton	20.00	5
3	Lisa Boswell	Newport H	18.74	4
4	Linda Fogg	OWLS	15.00	3

## Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Emma Crooke	Hereford & C	40.80	9
2	Lisa Boswell	Newport H	38.48	7
3	Nicola Long	Burton	26.30	6
4	Hannah Mills	Nuneaton	19.25	5
5	Linda Fogg	OWLS	18.94	4
6	S Alcock	Sutton i A H	16.07	3

## Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Kirsty Milne	Newport H	35.76	7
2	Hannah Barnes	Hereford & C	22.12	5
3	Di Harrison	Burton	13.25	4

## Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Lisa Boswell	Newport H	27.99	9
2	B Mitchell	Sutton i A H	27.80	7
3	Ruth Wells	Hereford & C	26.88	6
4	Shannon Golaub	Burton	18.89	5

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5	Hannah Mills	Nuneaton	14.00	4
6	Linda Fogg	OWLS	8.84	3

## Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Megan Coe	Newport H	26.82	7
2	Jade Williams	Hereford & C	22.65	5
3	S Alcock	Sutton i A H	14.96	4
4	Isabelle Parry	Burton	14.04	3

## Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Newport H	51.8	9
2		Burton	57.4	7

## Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Newport H	4.29.9	9
2		Hereford & C	4.59.1	7

**Guest Athletes**

SW 100M	Kirsty Waring	Newport H	14.1	
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