



Total Scores

Position	Team	Points
1	Newport H	382
2	Burton	296
3	Hereford & C	270
4	OWLS	267
5	Sutton i A H	265
6	Nuneaton	211

Mens Scores

Position	Team	Points
1	Newport H	197
1	OWLS	197
3	Burton	172
4	Nuneaton	114
5	Hereford & C	112
6	Sutton i A H	108

Womens Scores

Position	Team	Points
1	Newport H	170
2	Hereford & C	153
3	Sutton i A H	144
4	Burton	114
5	Nuneaton	82
6	OWLS	53

Officials Points

Team Name	Points
Newport H	15
Burton	10
Hereford & C	5
OWLS	15
Sutton i A H	15
Nuneaton	15

Match Position after 37 Events



Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Lemarl Freckleton	Newport H	11.6	9
2	Luke Prior	OWLS	12.0	7
3	Matthew Clark	Nuneaton	12.1	6
4	David Staley	Burton	12.3	5
5	Connor Bailey	Sutton i A H	13.7	4
6	Adam Morgan	Hereford & C	14.1	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	William Dimaline	Burton	11.8	7
2	Connor Harte	Newport H	12.0	5
3	Alex Tkachuk	OWLS	12.2	4
4	Moshin Takolia	Nuneaton	12.4	3
5	Josh Day	Hereford & C	13.7	2

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Carl McEwan	Newport H	23.2	9
2	David Staley	Burton	24.0	7
3	Alex Tkachuk	OWLS	24.9	6
4	Moshin Takolia	Nuneaton	25.5	5
5	Connor Bailey	Sutton i A H	27.6	4
6	Adam Morgan	Hereford & C	29.2	3

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Lemarl Freckleton	Newport H	23.2	7
2	Tom Meakin	OWLS	24.4	5
3	William Dimaline	Burton	24.6	4
4	Josh Gough	Nuneaton	26.2	3
5	Justin Williams	Hereford & C	31.9	2

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Matthew Clark	Nuneaton	51.0	9
2	Carl McEwan	Newport H	51.3	7
3	Jonathan Hood	Burton	52.1	6
4	Tom Meakin	OWLS	52.3	5
5	Connor Bailey	Sutton i A H	60.9	4
6	Kevin Barnes	Hereford & C	84.7	3



Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Ash Chambers	OWLS	55.8	7
2	William Dimaline	Burton	56.5	5
3	Craig Russell	Newport H	57.9	4
4	Jared Wilson	Nuneaton	59.1	3

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Luke Prior	OWLS	20.3	9
2	David Staley	Burton	20.9	7
3	Lloyd Clark	Newport H	22.2	6

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Thomas Erskine	Burton	23.1	7
2	Ben McEwan	Newport H	23.8	5

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Lloyd Clark	Newport H	69.0	9
2	Thomas Erskine	Burton	69.4	7
3	Daniel Mills	Nuneaton	70.9	6
4	Jordan Mitchell	Sutton i A H	71.4	5
5	Paul Miles	OWLS	74.9	4

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Patrick Radley	OWLS	65.1	7
2	Ben McEwan	Newport H	65.1	5
3	Jared Wilson	Nuneaton	66.3	4
4	Paul Smith	Burton	84.2	3



Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Paul Miles	OWLS	2.001.1	9
2	Curtis Goodger	Newport H	2.02.1	7
3	Edward Fletcher	Hereford & C	2.06.1	6
4	Joe Ashby	Nuneaton	2.16.0	5

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Patrick Radley	OWLS	2.01.8	7
2	David Goodger	Newport H	2.02.7	5
3	Gary Hambridge	Nuneaton	2.32.5	4
4	Kevin Barnes	Hereford & C	2.52.8	3

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Hallam	OWLS	4.05.6	9
2	David Goodger	Newport H	4.08.6	7
3	Andy Wetherill	Sutton i A H	4.38.6	6
4	Joe Ashby	Nuneaton	4.40.9	5
5	Paul Smith	Burton	5.54.1	4
6	Kevin Barnes	Hereford & C	5.58.4	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Lewis Smart	OWLS	4.13.3	7
2	Stuart Pearce	Newport H	4.50.8	5
3	Brian Bailey	Sutton i A H	5.18.4	4
4	Gary Hambridge	Nuneaton	5.33.8	3
5	Paul Mathie	Burton	6.45.1	2

Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Paul Miles	OWLS	9.03.2	9
2	Abdi Tulu	Newport H	9.08.5	7
3	Ashley Hurdman	Burton	9.36.7	6
4	Daniel Mills	Nuneaton	9.44.0	5
5	Andy Wetherill	Sutton i A H	9.44.3	4
6	Kevin Barnes	Hereford & C	12.29.9	3



Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Jason Williams	OWLS	9.11.7	7
2	Tyrone Fowler	Newport H	10.16.0	5
3	Brian Bailey	Sutton i A H	11.22.0	4
4	Richard Hawksworth	Burton	11.51.3	3
5	Nicholas Wilson	Nuneaton	12.01.6	2

Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Emrys Penny	Newport H	10.18.6	9
2	Ash Chambers	OWLS	10.30.7	7
3	Daniel Mills	Nuneaton	11.06.3	6
4	Kevin Barnes	Hereford & C	13.55.1	5

Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Matt Hallam	OWLS	12.15.4	7

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	David Staley	Burton	6.12	9
2	Matthew Clark	Nuneaton	5.74	7
3	Tomas Morgan	Newport H	5.56	6
4	Luke Prior	OWLS	5.24	5
5	Jordan Mitchell	Sutton i A H	5.08	4
6	Adam Morgan	Hereford & C	4.07	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jack Poxon	Burton	5.39	7
2	Moshin Takolia	Nuneaton	5.12	5
3	Connor Bailey	Sutton i A H	4.91	4
4	Malcolm John Medhurst	Newport H	4.72	3
5	Ash Chambers	OWLS	4.71	2
6	Kevin Barnes	Hereford & C	3.34	1

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jack Poxon	Burton	11.22	9
2	Jordan Mitchell	Sutton i A H	10.82	7
3	Patrick Radley	OWLS	10.38	6
4	Connor Harte	Newport H	10.27	5
5	Jon Barnes	Hereford & C	8.77	4



Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Steven Chillingworth	Sutton i A H	10.49	7
2	Jonathon Dumelow	Burton	9.33	5
3	Malcolm John Medhurs	Newport H	9.05	4
4	Nick Fogg	OWLS	8.26	3

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Tomas Morgan	Newport H	1.83	9
2	Chris Brookes	Hereford & C	1.80	7
3	Jonathon Dumelow	Burton	1.55	6
4	Ash Chambers	OWLS	1.45	5

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Thomas Erskine	Burton	1.50	7
2	Lewis Smart	OWLS	1.40	5

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Jon Barnes	Hereford & C	2.70	9
2	Keith Powell	Newport H	2.70	7
3	Jonathon Dumelow	Burton	2.50	6

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Paul Smith	Burton	2.30	7

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & C	12.55	9
2	Robert Eales	Newport H	11.88	7
3	Ben Wells	OWLS	11.30	6
4	Paul Gibson	Sutton i A H	10.25	5
5	Craig Mills	Nuneaton	9.07	4
6	Richard Catlin	Burton	8.57	3



Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Steven Chillingworth	Sutton i A H	10.10	7
2	Nick Fogg	OWLS	8.76	5
3	Justin Williams	Hereford & C	8.13	4
4	Jonathon Dumelow	Burton	8.10	3
5	Keith Powell	Newport H	7.83	2
6	Terry Selway	Nuneaton	6.60	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & C	34.44	9
2	Paul Gibson	Sutton i A H	30.98	7
3	Ben Wells	OWLS	29.33	6
4	Robert Eales	Newport H	27.91	5
5	Jonathon Dumelow	Burton	27.53	4
6	Josh Gough	Nuneaton	22.02	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Steven Chillingworth	Sutton i A H	27.35	7
2	Justin Williams	Hereford & C	24.55	5
3	Luke Prior	OWLS	22.50	4
4	Terry Selway	Nuneaton	16.15	3
5	Darryn McAtee	Newport H	14.40	2
6	Jonathan Hood	Burton	12.52	1

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & C	44.14	9
2	Nick Fogg	OWLS	40.45	7
3	Robert Eales	Newport H	33.10	6
4	Andy Mitchell	Sutton i A H	26.23	5
5	Craig Mills	Nuneaton	19.00	4
6	Jonathan Hood	Burton	18.00	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Paul Gibson	Sutton i A H	25.74	7
2	Justin Williams	Hereford & C	25.62	5
3	Richard Catlin	Burton	16.73	4
4	Craig Russell	Newport H	15.60	3
5	Barry Ewington	Nuneaton	14.55	2
6	Jason Williams	OWLS	13.67	1



Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Richard Catlin	Burton	37.35	9
2	Josh Day	Hereford & C	36.53	7
3	Paul Miles	OWLS	35.96	6
4	Craig Mills	Nuneaton	32.75	5
5	David Goodger	Newport H	32.46	4
6	Andy Mitchell	Sutton i A H	25.40	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Wayne Walker	OWLS	32.38	7
2	Keith Powell	Newport H	26.64	5
3	Jon Barnes	Hereford & C	25.86	4
4	Paul Smith	Burton	25.62	3
5	Andy Wetherill	Sutton i A H	23.72	2
6	Joe Ashby	Nuneaton	20.19	1

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Newport H	47.6	9
2		Burton	48.2	7
3		OWLS	48.3	6
4		Nuneaton	49.6	5
5		Sutton i A H	54.9	4
6		Hereford & C	57.3	3

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Newport H	3.37.1	9
2		OWLS	3.45.5	7
3		Burton	3.54.5	6
4		Nuneaton	3.57.5	5
5		Sutton i A H	4.03.2	4

Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Olivia Wilding	Hereford & C	13.0	9
2	Aimee Louise Newton	OWLS	13.0	7
3	Emma Plow	Newport H	13.5	6
4	Tania White	Nuneaton	14.0	5
5	Francesca Meakin	Sutton i A H	14.2	4
6	Shannon Golaub	Burton	14.4	3



Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Anne La Frenais	Hereford & C	13.0	7
2	Kirsty Crane	Newport H	14.1	5
3	Isabelle Parry	Burton	14.5	4
4	Amy Fearn	OWLS	15.5	3
5	Vivienne Kirkland	Nuneaton	16.1	2
6	Nikita Pembleton	Sutton i A H	16.7	1

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Olivia Wilding	Hereford & C	26.5	9
2	Emma Plow	Newport H	27.3	7
3	Emma Worley	Burton	29.3	6
4	Susan Allcock	Sutton i A H	39.5	5

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Anne La Frenais	Hereford & C	26.7	7
2	Zoe Llewellyn	Newport H	28.1	5
3	Judith Kelsall	Burton	36.9	4

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Hannah Griffiths	Newport H	62.7	9
2	Megan Ridsdale	Hereford & C	70.1	7
3	Rachel Chard	Nuneaton	70.2	6
4	Hannah Mitchell	Sutton i A H	72.5	5
5	Nicola Long	Burton	96.0	4

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Antonia Yorkshire	Newport H	67.5	7
2	Nikita Pembleton	Sutton i A H	70.6	5
3	Mary Hall	Nuneaton	72.4	4
4	Jade Williams	Hereford & C	76.7	3



Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Antonia Yorkshire	Newport H	20.2	9
2	Hannah Mitchell	Sutton i A H	20.8	7
3	Helen Armitage	Burton	24.6	6

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Lindsay Badman	Newport H	21.9	7

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Antonia Yorkshire	Newport H	74.4	9

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Tania White	Nuneaton	2.25.5	9
2	Nikita Pembleton	Sutton i A H	2.28.9	7
3	Ann Saxena	Newport H	2.52.3	6
4	Jade Williams	Hereford & C	3.00.1	5
5	Nicola Long	Burton	3.38.6	4

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Megan Ridsdale	Hereford & C	2.46.8	7
2	Katie Hughes	Nuneaton	3.01.8	5
3	Kirsty Crane	Newport H	3.11.2	4

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Francesca Meakin	Sutton i A H	5.05.5	9
2	Tania White	Nuneaton	5.12.5	7
3	Clara Evans	Hereford & C	5.13.5	6
4	Ann Saxena	Newport H	5.59.6	5
5	Amy Fearn	OWLS	6.29.7	4

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Lisa Knights	Sutton i A H	5.15.2	7
2	Rachel Chard	Nuneaton	6.16.0	5
3	Sheryl Evans	Hereford & C	6.39.2	4



Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Clara Evans	Hereford & C	11.02.3	9
2	Francesca Meakin	Sutton i A H	11.13.6	7
3	Mary Hall	Nuneaton	11.42.3	6
4	Ann Saxena	Newport H	12.25.8	5
5	Amy Fearn	OWLS	13.37.3	4
6	Nicola Long	Burton	16.36.6	3

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Lisa Knights	Sutton i A H	11.21.9	7
2	Simone Wilson	Nuneaton	12.48.5	5
3	Sheryl Evans	Hereford & C	13.44.2	4

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Shannon Golaub	Burton	4.78	9
2	Melissa Arthur	Newport H	4.53	7
3	Sarah Jones	Hereford & C	4.48	6
4	Aimee Louise Newton	OWLS	4.37	5
5	Bethany Mitchell	Sutton i A H	3.92	4

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Olivia Wilding	Hereford & C	4.32	7
2	Isabelle Parry	Burton	3.97	5
3	Lindsay Badman	Newport H	3.91	4
4	Nikita Pembleton	Sutton i A H	2.20	3

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Shannon Golaub	Burton	10.72	9
2	Hannah Mitchell	Sutton i A H	9.20	7
3	Zoe Llewellyn	Newport H	7.79	6

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Juliette Parry	Burton	8.69	7



Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Emma Worley	Burton	1.47	9
2	Melissa Arthur	Newport H	1.40	7
3	Sarah Jones	Hereford & C	1.30	6

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Sarah Jones	Hereford & C	2.50	9

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Maria Fogg	OWLS	10.31	9
2	Hannah Mitchell	Sutton i A H	8.84	7
3	Emma Crooke	Hereford & C	8.58	6
4	Lisa Boswell	Newport H	8.07	5
5	Juliette Parry	Burton	7.48	4
6	Simone Wilson	Nuneaton	7.00	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Susan Allcock	Sutton i A H	6.96	7
2	Hannah Mills	Nuneaton	6.50	5
3	Diane Harrison	Burton	6.10	4
4	Linda Fogg	OWLS	5.60	3
5	Emma Plow	Newport H	5.08	2
6	Hannah Barnes	Hereford & C	5.04	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Emma Crooke	Hereford & C	31.99	9
2	Bethany Mitchell	Sutton i A H	26.16	7
3	Diane Harrison	Burton	21.96	6
4	Lisa Boswell	Newport H	18.72	5
5	Hannah Mills	Nuneaton	17.81	4
6	Maria Fogg	OWLS	16.03	3



Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Susan Allcock	Sutton i A H	19.26	7
2	Juliette Parry	Burton	18.83	5
3	Kirstie Milne	Newport H	17.91	4
4	Hannah Barnes	Hereford & C	15.63	3
5	Vivienne Kirkland	Nuneaton	12.96	2

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Mitchell	Sutton i A H	42.82	9
2	Lisa Boswell	Newport H	39.56	7
3	Emma Crooke	Hereford & C	35.88	6
4	Nicola Long	Burton	28.25	5
5	Linda Fogg	OWLS	19.74	4
6	Vivienne Kirkland	Nuneaton	17.68	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Kirstie Milne	Newport H	34.79	7
2	Susan Allcock	Sutton i A H	17.87	5
3	Diane Harrison	Burton	15.78	4
4	Hannah Barnes	Hereford & C	15.24	3
5	Amy Fearn	OWLS	12.95	2

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Mitchell	Sutton i A H	34.34	9
2	Melissa Arthur	Newport H	32.29	7
3	Maria Fogg	OWLS	28.38	6
4	Jade Williams	Hereford & C	20.35	5
5	Hannah Mills	Nuneaton	16.49	4
6	Isabelle Parry	Burton	15.45	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Zoe Llewellyn	Newport H	19.89	7
2	Susan Allcock	Sutton i A H	15.34	5
3	Helen Armitage	Burton	14.33	4
4	Linda Fogg	OWLS	10.81	3
5	Vivienne Kirkland	Nuneaton	9.33	2
6	Clara Evans	Hereford & C	7.22	1



Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Newport H	53.2	9
2		Hereford & C	53.6	7
3		Burton	58.3	6
4		Nuneaton	60.7	5
5		Sutton i A H	63.9	4

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Newport H	4.36.5	9
2		Hereford & C	4.47.8	7
3		Sutton i A H	5.21.2	6