



### Total Scores

Position	Team	Points
1	Newport H	399
2	Burton AC	291
3	Hereford & C	268
4	Sutton in Ashfield	250
5	OWLS	246
6	Nuneaton	175

### Mens Scores

Position	Team	Points
1	Newport H	229
2	OWLS	194
3	Burton AC	167
4	Sutton in Ashfield	120
5	Hereford & C	114
6	Nuneaton	83

### Womens Scores

Position	Team	Points
1	Newport H	155
2	Hereford & C	139
3	Burton AC	119
4	Sutton in Ashfield	115
5	Nuneaton	77
6	OWLS	47

### Officials Points

Team Name	Points
Newport H	15
Burton AC	5
Hereford & C	15
Sutton in Ashfield	15
OWLS	5
Nuneaton	15



Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Oliver Edwards	Newport H	11.2	9
2	Luke Prior	OWLS	11.6	7
3	Matthew Clark	Nuneaton	11.8	6
4	David Staley	Burton AC	11.8	5
5	Daniel Stevens	Sutton in Ashfield	12.1	4
6	Anthony Mills	Hereford & C	15.4	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Tkachuk	OWLS	12.2	7
2	Connor Harte	Newport H	12.2	5
3	William Dimaline	Burton AC	12.7	4
4	Mark Treadwell	Nuneaton	13.5	3

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Carl McEwan	Newport H	23.0	9
2	Daniel Stevens	Sutton in Ashfield	24.1	7
3	David Staley	Burton AC	24.3	6
4	Edward Fletcher	Hereford & C	24.3	5
5	Tom Meakin	OWLS	25.0	4

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Oliver Edwards	Newport H	23.2	7
2	Alex Tkachuk	OWLS	24.7	5
3	William Dimaline	Burton AC	25.6	4
4	Frankie Thornley	Sutton in Ashfield	29.6	3
5	Anthony Mills	Hereford & C	dq	0

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Matthew Clark	Nuneaton	51.5	9
2	Carl McEwan	Newport H	52.5	7
3	Edward Fletcher	Hereford & C	53.4	6
4	Tom Meakin	OWLS	54.6	5
5	William Dimaline	Burton AC	59.8	4



Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Patrick Radley	OWLS	55.7	7
2	Craig Russell	Newport H	57.1	5
3	Daniel Mills	Nuneaton	61.6	4
4	Thomas Erskine	Burton AC	61.9	3
5	Kevin Barnes	Hereford & C	78.6	2

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Nick Fogg	OWLS	20.8	9
2	David Staley	Burton AC	21.5	7
3	Lloyd Clark	Newport H	22.5	6

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Keith Powell	Newport H	23.7	7

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Mills	Nuneaton	68.8	9
2	Lloyd Clark	Newport H	69.2	7
3	Thomas Erskine	Burton AC	70.6	6
4	Jordan Mitchell	Sutton in Ashfield	72.2	5
5	Jason Williams	OWLS	72.6	4

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Ben McEwan	Newport H	70.1	7
2	Niall McSharry	OWLS	75.4	5
3	Paul Smith	Burton AC	78.7	4

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Simon May	OWLS	2.02.6	9
2	Lee Richards	Newport H	2.04.1	7
3	Duncan Stewart	Burton AC	2.07.2	6
4	Joe Ashby	Nuneaton	2.11.3	5
5	Callum Goodyear	Sutton in Ashfield	2.20.7	4
6	Kevin Barnes	Hereford & C	2.47.9	3



Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Patrick Radley	OWLS	2.03.3	7
2	Curtis Goodger	Newport H	2.03.8	5
3	Michael Frison	Burton AC	2.10.8	4
4	Mark Treadwell	Nuneaton	2.13.7	3
5	Frankie Thornley	Sutton in Ashfield	2.42.1	2

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Geraint Davies	OWLS	4.06.8	9
2	Johnathan Morgan	Newport H	4.07.5	7
3	Andy Wetherill	Sutton in Ashfield	4.35.5	6
4	Duncan Stewart	Burton AC	4.37.2	5
5	Joe Ashby	Nuneaton	4.41.9	4
6	Kevin Barnes	Hereford & C	5.38.5	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Michael Frison	Burton AC	4.37.3	7
2	Lewis Smart	OWLS	4.40.3	5
3	Mark Treadwell	Nuneaton	4.47.5	4
4	Stuart Pearce	Newport H	4.53.6	3
5	Frankie Thornley	Sutton in Ashfield	5.29.3	2

Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Hallam	OWLS	15.46.9	9
2	Luke Mason	Hereford & C	16.04.6	7
3	Emrys Penny	Newport H	16.10.3	6
4	Andy Wetherill	Sutton in Ashfield	16.45.4	5
5	Daniel Mills	Nuneaton	17.52.4	4
6	Paul Mathie	Burton AC	20.15.2	3

Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Abdi Tulu	Newport H	16.10.4	7
2	Jason Williams	OWLS	16.16.4	5
3	Jon Barnes	Hereford & C	17.16.3	4



Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Emrys Penny	Newport H	6.27.8	9
2	Lewis Smart	OWLS	6.31.9	7
3	Jon Barnes	Hereford & C	6.54.8	6
4	Daniel Mills	Nuneaton	7.13.8	5
5	Callum Goodyear	Sutton in Ashfield	7.35.0	4
6	Gordon Smith	Burton AC	8.26.6	3

Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Jason Williams	OWLS	6.35.5	7
2	Terry Fowler	Newport H	7.34.5	5
3	Jonathan Kendall	Nuneaton	7.30.3	4
4	Kevin Barnes	Hereford & C	8.3.9	3

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Luke Prior	OWLS	6.39	9
2	David Staley	Burton AC	5.83	7
3	Tomas Morgan	Newport H	5.83	6
4	Matthew Clark	Nuneaton	5.65	5
5	Steven Chillingworth	Sutton in Ashfield	5.18	4
6	Kevin Barnes	Hereford & C	3.37	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Alex Tkachuk	OWLS	5.28	7
2	Malcolm John Medhurst	Newport H	4.86	5
3	William Dimaline	Burton AC	4.54	4
4	Daniel Stevens	Sutton in Ashfield	4.05	3

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Nick Fogg	OWLS	12.07	9
2	Callum Goodyear	Sutton in Ashfield	11.28	7
3	David Staley	Burton AC	11.36	6
4	Ben McEwan	Newport H	8.34	5



Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jordan Mitchell	Sutton in Ashfield	10.62	7
2	Jonathon Dumelow	Burton AC	10.12	5
3	Luke Prior	OWLS	8.64	4
4	Thomas Aviss	Newport H	7.04	3

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Tomas Morgan	Newport H	1.90	9
2	Chris Brookes	Hereford & C	1.70	7
3	Jonathon Dumelow	Burton AC	1.55	6
4	Jordan Mitchell	Sutton in Ashfield	1.55	5
5	Lewis Smart	OWLS	1.45	4

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	David Staley	Burton AC	1.45	7
2	Daniel Stevens	Sutton in Ashfield	1.40	5
3	Lloyd Clark	Newport H	1.40	4

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Keith Powell	Newport H	2.90	9
2	Jon Barnes	Hereford & C	2.80	7
3	Jonathon Dumelow	Burton AC	2.70	6

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Carl McEwan	Newport H	2.70	7
2	Paul Smith	Burton AC	2.40	5

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & C	11.84	9
2	Robert Eales	Newport H	11.06	7
3	Henry Clarke	Burton AC	10.37	6
4	Paul Gibson	Sutton in Ashfield	9.58	5
5	Nick Fogg	OWLS	8.52	4
6	Jonathan Kendall	Nuneaton	7.33	3



Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Steven Chillingworth	Sutton in Ashfield	9.16	7
2	Luke Prior	OWLS	8.50	5
3	Justin Williams	Hereford & C	8.13	4
4	Richard Catlin	Burton AC	7.50	3
5	Mark Boswell	Newport H	7.40	2

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & C	33.65	9
2	Paul Gibson	Sutton in Ashfield	30.34	7
3	Robert Eales	Newport H	28.16	6
4	Jonathon Dumelow	Burton AC	27.04	5
5	Luke Prior	OWLS	24.46	4
6	Barry Ewington	Nuneaton	11.96	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Thomas Aviss	Newport H	27.24	7
2	Henry Clarke	Burton AC	26.49	5
3	Steven Chillingworth	Sutton in Ashfield	25.41	4
4	Justin Williams	Hereford & C	24.84	3
5	Nick Fogg	OWLS	22.57	2

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Josh Day	Hereford & C	43.70	9
2	Nick Fogg	OWLS	40.89	7
3	Mark Boswell	Newport H	33.85	6
4	Andy Mitchell	Sutton in Ashfield	29.59	5
5	Henry Clarke	Burton AC	23.35	4
6	Barry Ewington	Nuneaton	18.06	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Justin Williams	Hereford & C	29.03	7
2	Robert Eales	Newport H	28.03	5
3	Paul Gibson	Sutton in Ashfield	23.11	4
4	Jonathon Dumelow	Burton AC	17.06	3
5	Jason Williams	OWLS	15.75	2



Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Tomas Morgan	Newport H	44.60	9
2	Richard Catlin	Burton AC	37.22	7
3	Paul Miles	OWLS	34.07	6
4	Josh Day	Hereford & C	32.40	5
5	Andy Mitchell	Sutton in Ashfield	26.70	4
6	Joe Ashby	Nuneaton	25.59	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Nick Fogg	OWLS	29.18	7
2	Jon Barnes	Hereford & C	28.93	5
3	Henry Clarke	Burton AC	26.76	4
4	Lloyd Clark	Newport H	25.36	3
5	Andy Wetherill	Sutton in Ashfield	22.65	2
6	Jonathan Kendall	Nuneaton	11.55	1

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Newport H	48.2	9
2		Burton AC	49.7	7
3		OWLS	51.2	6
4		Sutton in Ashfield	52.6	5
5		Hereford & C	53.1	4

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Newport H	3.36.5	9
2		OWLS	3.42.9	7
3		Burton AC	3.49.2	6
4		Nuneaton	3.54.4	5
5		Sutton in Ashfield	4.16.6	4

Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Emma Plow	Newport H	13.1	9
2	Anne La Frenais	Hereford & C	13.2	7
3	Lean Hyde	Burton AC	13.9	6
4	Francesca Meakin	Sutton in Ashfield	14.2	5
5	Chloe Thomas	Nuneaton	14.8	4
6	Kinga Zajac	OWLS	15.1	3





Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Isabelle Parry	Burton AC	14.0	7
2	Kirstie Deacon	Nuneaton	14.1	5
3	Lindsay Badman	Newport H	14.5	4
4	Nikita Pembleton	Sutton in Ashfield	14.9	3
5	Becca Hallan	OWLS	24.1	2

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Emma Plow	Newport H	27.1	9
2	Anne La Frenais	Hereford & C	27.8	7
3	Lean Hyde	Burton AC	29.2	6
4	Kirstie Deacon	Nuneaton	29.3	5
5	Kinga Zajac	OWLS	30.6	4

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Megan Ridsdale	Hereford & C	27.3	7
2	Lindsay Badman	Newport H	28.2	5
3	Holly Tinning	Nuneaton	29.1	4
4	Shannon Golaub	Burton AC	30.2	3

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Antonia Yorkshire	Newport H	67.9	9
2	Kinga Zajac	OWLS	73.6	7
3	Jade Williams	Hereford & C	74.0	6
4	Lisa Knights	Sutton in Ashfield	75.9	5
5	Nicola Long	Burton AC	79.8	4

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Becca Hallan	OWLS	88.6	7
2	Sue Withnall	Burton AC	1.49.5	5

Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Antonia Yorkshire	Newport H	18.3	9
2	Kirstie Deacon	Nuneaton	20.6	7
3	Kinga Zajac	OWLS	22.3	6
4	Sue Withnall	Burton AC	23.9	5



Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Lindsay Badman	Newport H	21.5	7

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Antonia Yorkshire	Newport H	73.4	9
2	Holly Tinning	Nuneaton	78.2	7
3	Sue Withnall	Burton AC	1.45.8	6

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Kirstie Deacon	Nuneaton	79.20	7

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Tania White	Nuneaton	2.24.0	9
2	Francesca Meakin	Sutton in Ashfield	2.25.1	7
3	Jade Williams	Hereford & C	2.55.9	6

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Nikita Pembleton	Sutton in Ashfield	2.33.2	7
2	Sheryl Evans	Hereford & C	3.20.4	5

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Francesca Meakin	Sutton in Ashfield	5.13.2	9
2	Georgie Parnell	Newport H	5.19.7	7
3	Rachel Chard	Nuneaton	6.09.4	6
4	Sheryl Evans	Hereford & C	6.37.3	5
5	Nicola Long	Burton AC	7.57.1	4

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Nikita Pembleton	Sutton in Ashfield	5.22.6	7



Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Lisa Knights	Sutton in Ashfield	10.56.8	9
2	Clara Evans	Hereford & C	11.02.1	7

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Sheryl Evans	Hereford & C	14.06.9	7

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Melissa Arthur	Newport H	4.80	9
2	Sarah Jones	Hereford & C	4.39	7
3	Isabelle Parry	Burton AC	4.03	6
4	Bethany Mitchell	Sutton in Ashfield	4.00	5

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Lindsay Badman	Newport H	4.19	7
2	Francesca Meakin	Sutton in Ashfield	3.62	5
3	Sue Withnall	Burton AC	3.49	4

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Juliette Parry	Burton AC	8.23	9

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Melissa Arthur	Newport H	1.37	9
2	Shannon Golaub	Burton AC	1.37	7

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Sarah Jones	Hereford & C	2.50	9



Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Stefanie McNally	Hereford & C	11.15	9
2	Bethany Mitchell	Sutton in Ashfield	8.41	7
3	Lisa Boswell	Newport H	8.27	6
4	Juliette Parry	Burton AC	7.11	5
5	Linda Fogg	OWLS	5.66	4
6	Vivienne Kirkland	Nuneaton	5.23	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & C	8.76	7
2	Susan Allcock	Sutton in Ashfield	7.06	5
3	Diane Harrison	Burton AC	6.67	4
4	Emma Plow	Newport H	4.91	3
5	Chloe Thomas	Nuneaton	4.63	2

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Emma Croke	Hereford & C	36.14	9
2	Sian Jordan	Newport H	25.18	7
3	Diane Harrison	Burton AC	20.66	6
4	Susan Allcock	Sutton in Ashfield	18.42	5
5	Linda Fogg	OWLS	14.60	4
6	Vivienne Kirkland	Nuneaton	12.35	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Ruth Wells	Hereford & C	26.37	7
2	Lisa Boswell	Newport H	17.27	5
3	Juliette Parry	Burton AC	16.08	4
4	Becca Hallan	OWLS	7.27	3

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Mitchell	Sutton in Ashfield	44.20	9
2	Emma Croke	Hereford & C	40.15	7
3	Lisa Boswell	Newport H	34.92	6
4	Nicola Long	Burton AC	26.49	5
5	Linda Fogg	OWLS	20.58	4
6	Vivienne Kirkland	Nuneaton	16.85	3



Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Hannah Barnes	Hereford & C	20.53	7
2	Sian Jordan	Newport H	17.42	5
3	Susan Allcock	Sutton in Ashfield	16.92	4
4	Diana Harrison	Burton AC	15.30	3

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Mitchell	Sutton in Ashfield	33.29	9
2	Melissa Arthur	Newport H	33.09	7
3	Ruth Wells	Hereford & C	27.19	6
4	Holly Tinning	Nuneaton	25.54	5
5	Nicola Long	Burton AC	13.00	4
6	Linda Fogg	OWLS	10.96	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Lisa Boswell	Newport H	28.12	7
2	Jade Williams	Hereford & C	22.43	5
3	Isabelle Parry	Burton AC	16.94	4
4	Susan Allcock	Sutton in Ashfield	15.82	3
5	Kirstie Deacon	Nuneaton	11.81	2

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Hereford & C	55.1	9
2		Newport H	55.9	7
3		Burton AC	56.2	6
4		Nuneaton	60.2	5
5		Sutton in Ashfield	65.4	4

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Newport H	4.42.2	9
2		Sutton in Ashfield	4.45.1	7
3		Burton AC	5.42.9	6