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UP AND RUNNING MIDLAND TRACK AND FIELD LEAGUE RESULTS - DIVISION 3  
1 August 2010, at Dudley & Stourbridge *Second draft*

#### Total Scores

Position	Team	Points
1	Wolves & Bilston	408
2	Yate & District	366
3	Tamworth A	357
4	Kettering T H	324
5	Solihull & S H	274
6	DASH	216

#### Mens Scores

Position	Team	Points
1	Yate & District	217
2	Tamworth A	193
3	Wolves & Bilston	187
4	Kettering T H	166
5	Solihull & S H	121
6	DASH	106

#### Womens Scores

Position	Team	Points
1	Wolves & Bilston	206
2	Tamworth A	154
3	Kettering T H	143
4	Solihull & S H	138
5	Yate & District	134
6	DASH	95

#### Officials Points

Team Name	Points
Wolves & Bilston	15
Yate & District	15
Tamworth A	10
Kettering T H	15
Solihull & S H	15
DASH	15

Match Position after 37 Events

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Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Thomas Burton	Tamworth A	11.0	9
2	Jamie Brock	Yate & District	11.1	7
3	Peter Watling	Wolves & Bilston	11.3	6
4	Yannick Phippen	Kettering T H	11.3	5
5	Peter Oliver	DASH	11.6	4
6	Peter Wareing	Solihull & S H	11.9	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Alexander James Nwenwu	Wolves & Bilston	11.4	7
2	Daniel Cash	Tamworth A	11.7	5
3	Oliver Haines	Yate & District	12.0	4
4	Kevon Miller	Solihull & S H	12.2	3
5	Ashley Raybould	DASH	12.3	2
6	Justin Grant-Thompson	Kettering T H	12.4	1

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Jamie Brock	Yate & District	22.3	9
2	Peter Watling	Wolves & Bilston	22.4	7
3	Yannick Phippen	Kettering T H	22.7	6
4	Peter Oliver	DASH	23.2	5
5	Peter Wareing	Solihull & S H	23.2	4
6	Benjamin Horsley	Tamworth A	23.3	3

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Gary Coleman	Yate & District	23.0	7
2	Greg Richards	Tamworth A	23.4	5
3	Tyrone Mcdonald	Wolves & Bilston	23.8	4
4	Kevon Miller	Solihull & S H	24.7	3
5	Justin Grant-Thompson	Kettering T H	27.2	2

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Cash	Tamworth A	49.2	9
2	Gary Coleman	Yate & District	50.0	7
3	Alex Smit	Kettering T H	53.6	6
4	Richard Curl	Solihull & S H	53.9	5
5	Richard Jones	Wolves & Bilston	54.0	4
6	Neil Smallman	DASH	54.3	3

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1 August 2010, at Dudley & Stourbridge *Second draft*

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Jakob White	Yate & District	52.4	7
2	Greg Richards	Tamworth A	53.0	5
3	Matthew Stewart	Kettering T H	53.7	4
4	Aaron Bando	Wolves & Bilston	54.7	3
5	Elijah Burke	Solihull & S H	57.4	2

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Alexander James Nwenwu	Wolves & Bilston	14.9	9
2	Jamie Dean ( Milne)	Kettering T H	16.7	7
3	Adam Young	Tamworth A	17.8	6
4	Daniel White	Yate & District	18.1	5
5	Jamie Fitzpatrick	Solihull & S H	18.2	4
6	Philip Nation	DASH	18.8	3

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Matt Wright	Kettering T H	19.2	7
2	Adrian Dillon	Wolves & Bilston	19.2	5
3	Philip Mcdonald	Solihull & S H	19.8	4
4	Ricky Hallam	Tamworth A	20.4	3
5	Neil Smallman	DASH	21.1	2

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Thomas Burton	Tamworth A	53.2	9
2	Richard Curl	Solihull & S H	57.6	7
3	Matthew Mugeridge	Yate & District	58.0	6
4	Jamie Dean ( Milne)	Kettering T H	60.6	5
5	Philip Nation	DASH	63.3	4
6	Adrian Dillon	Wolves & Bilston	69.4	3

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Donovan James	Wolves & Bilston	61.5	7
2	Daniel White	Yate & District	62.3	5
3	Adam Young	Tamworth A	64.0	4
4	Elijah Burke	Solihull & S H	66.2	3
5	Jonathan Goringe	Kettering T H	73.7	2

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1 August 2010, at Dudley & Stourbridge *Second draft*

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Jonathan Goringe	Kettering T H	2.00.1	9
2	William Ganley	Wolves & Bilston	2.01.0	7
3	Tyrone James	Yate & District	2.03.5	6
4	Anthony Parkes	Tamworth A	2.05.7	5
5	David Nation	DASH	2.07.0	4
6	Luke Scarr	Solihull & S H	2.10.1	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Matthew Stewart	Kettering T H	2.05.9	7
2	Jacob Hughes	Tamworth A	2.08.8	5
3	Liam Williams	Wolves & Bilston	2.08.9	4
4	Ben Page	Solihull & S H	2.13.8	3
5	Alistair Robbins	Yate & District	2.33.1	2

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Jonathan Goringe	Kettering T H	4.21.8	9
2	Tyrone James	Yate & District	4.23.6	7
3	Tom Warrender	Wolves & Bilston	4.24.6	6
4	Andrew Wright	Tamworth A	4.27.8	5
5	David Nation	DASH	4.30.2	4
6	Simon Anetts	Solihull & S H	4.31.5	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	William Ganley	Wolves & Bilston	4.24.8	7
2	Jacob Hughes	Tamworth A	4.34.8	5
3	Daniel Rebeiro	Solihull & S H	4.49.3	4
4	Luke Lodge	Yate & District	5.14.1	3
5		DASH	5.22.7	2
6	Thomas Carvell	Kettering T H	5.58.5	1

Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Sam Dagleish	Yate & District	8.55.8	9
2	Lee Slater	DASH	8.58.8	7
3	Jake Waples	Kettering T H	9.21.1	6
4	Andrew Wright	Tamworth A	9.37.9	5
5	Dave smith	Wolves & Bilston	9.51.5	4
6	Simon Cook	Solihull & S H	10.43.8	3

SPONSORED BY



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1 August 2010, at Dudley & Stourbridge *Second draft*

Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Ian Furness	DASH	9.42.1	7
2	Howard Bush	Tamworth A	9.57.3	5
3	Nigel Share	Wolves & Bilston	10.01.5	4
4	Tony Jefferies	Yate & District	11.37.4	3
5	Paul Young	Kettering T H	12.06.6	2

Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	David Evans	Wolves & Bilston	10.09.5	9
2	Stephen Parkes	Tamworth A	10.25.8	7
3	Jonathan Goringe	Kettering T H	11.11.5	6
4	Simon Cook	Solihull & S H	11.32.7	5
5	Alistair Gamble	DASH	13.03.5	4
6	Graham Howell	Yate & District	13.37.5	3

Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Liam Williams	Wolves & Bilston	14.05.5	7
2	Alan Holloway	Yate & District	14.20.9	5
3	Pete Goringe	Kettering T H	14.25.4	4

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Feron Sayers	Wolves & Bilston	6.70	9
2	George Rumney Kenny	Yate & District	6.14	7
3	Philip Mcdonald	Solihull & S H	6.01	6
4	Adam Smith	Tamworth A	5.96	5
5	Jamie Dean ( Milne)	Kettering T H	5.93	4
6	Dheshan Pannala	DASH	5.28	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Travis Francis	Wolves & Bilston	6.26	7
2	Matthew Muggeridge	Yate & District	6.05	5
3	Matt Wright	Kettering T H	5.38	4
4	Richard Westwood	DASH	5.27	3
5	Robbie Jeffcott	Solihull & S H	5.25	2
6	Benjamin Horsley	Tamworth A	5.00	1

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1 August 2010, at Dudley & Stourbridge *Second draft*

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Adam Smith	Tamworth A	13.08	9
2	Matthew Muggeridge	Yate & District	13.07	7
3	Richard Westwood	DASH	12.08	6
4	Donovan James	Wolves & Bilston	12.03	5
5	Philip Mcdonald	Solihull & S H	11.71	4
6	Jamie Dean ( Milne)	Kettering T H	11.68	3

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jakob White	Yate & District	11.81	7
2	Matt Wright	Kettering T H	11.48	5
3	Dheshan Pannala	DASH	10.99	4
4	Gavin Showell	Tamworth A	10.73	3
5	Robbie Jeffcott	Solihull & S H	10.67	2
6	Travis Francis	Wolves & Bilston	9.98	1

Men High Jump (A string)

1	Adam Wall	Yate & District	1.90	9
2	Feron Sayers	Wolves & Bilston	1.90	7
3	Jamie Fitzpatrick	Solihull & S H	1.80	6
4	Jamie Milne	Kettering T H	1.80	5
4	Adam Young	Tamworth A	1.75	4
6	Philip Nation	DASH	1.50	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Christopher Watson	Solihull & S H	1.75	7
2	Daniel White	Yate & District	1.70	5
3	Matt Wright	Kettering T H	1.65	4
4	Adam Smith	Tamworth A	1.60	3
5	Adrian Dillon	Wolves & Bilston	1.50	2

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Gavin Showell	Tamworth A	4.05	9
2	Daniel White	Yate & District	3.40	7
3	Adrian Dillon	Wolves & Bilston	3.00	6
4	Jonathan Goringe	Kettering T H	2.40	5
5	Philip Nation	DASH	2.10	4

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Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Ricky Hallam	Tamworth A	3.80	7
2	Alan Holloway	Yate & District	3.20	5

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Alexander Berrow	Tamworth A	11.90	9
2	Mathew Peleszok	Kettering T H	11.33	7
3	Christopher Bevan	Yate & District	10.79	6
4	Richard Taylor	Solihull & S H	9.57	5
5	Joe Smith	DASH	9.53	4
6	Jake Clowsley	Wolves & Bilston	8.63	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Pete Jackson	Yate & District	10.08	7
2	Andy Mills	Kettering T H	9.70	5
3	Michael Travers	DASH	8.96	4
4	Gavin Showell	Tamworth A	8.70	3
5	Adrian Dillon	Wolves & Bilston	8.42	2
6	Simon Cook	Solihull & S H	6.80	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Benjamin Pearson	Wolves & Bilston	38.72	9
2	Andy Mills	Kettering T H	35.70	7
3	Alan Holloway	Yate & District	34.63	6
4	Alexander Berrow	Tamworth A	26.80	5
5	Joe Smith	DASH	26.54	4
6	Richard Taylor	Solihull & S H	21.15	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Christopher Bevan	Yate & District	34.17	7
2	Mathew Peleszok	Kettering T H	32.17	5
3	Jake Clowsley	Wolves & Bilston	23.64	4
4	Gavin Showell	Tamworth A	23.09	3
5	Michael Travers	DASH	21.25	2
6	Jamie Fitzpatrick	Solihull & S H	15.39	1

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Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Alexander Berrow	Tamworth A	50.82	9
2	Ashley Jones	Yate & District	34.58	7
3	Richard Taylor	Solihull & S H	31.87	6
4	Andy Mills	Kettering T H	25.00	5
5	Michael Travers	DASH	24.84	4
6	Jake Clowsley	Wolves & Bilston	21.58	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Mark Lodge	Yate & District	30.90	7
2	Gavin Showell	Tamworth A	25.03	5
3	Joe Smith	DASH	24.47	4
4	Mathew Peleszok	Kettering T H	21.86	3
5	Adrian Dillon	Wolves & Bilston	16.56	2
6	Michael Dolby	Solihull & S H	14.49	1

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Alan Holloway	Yate & District	48.98	9
2	Richard Taylor	Solihull & S H	45.68	7
3	Joe Smith	DASH	39.96	6
4	Jake Clowsley	Wolves & Bilston	39.96	5
5	Adam Young	Tamworth A	38.04	4
6	Mathew Peleszok	Kettering T H	35.22	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Daniel White	Yate & District	43.95	7
2	Adrian Dillon	Wolves & Bilston	36.86	5
3	Gavin Showell	Tamworth A	33.64	4
4	Andy Mills	Kettering T H	30.14	3
5	Elijah Burke	Solihull & S H	23.24	2

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Wolves & Bilston	43.5	9
2		Yate & District	43.9	7
3		Tamworth A	44.8	6
4		Solihull & S H	46.8	5
5		DASH	47.1	4
6		Kettering T H	47.3	3



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Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Tamworth A	3.24.0	9
2		Yate & District	3.35.1	7
3		Kettering T H	3.36.2	6
4		Wolves & Bilston	3.43.9	5
5		Solihull & S H	4.02.4	4

Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Ann Ika Oqua	Wolves & Bilston	12.4	9
2	Kirstie Overfield	DASH	12.9	7
3	Alice Chapman	Kettering T H	13.2	6
4	Karis Jones	Yate & District	13.4	5
5	Amy Frith	Tamworth A	13.6	4
6	Talisa Free	Solihull & S H	15.5	3

Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Niamh Bailey	Kettering T H	13.0	7
2	Rachel Timothy	DASH	13.2	5
3	Hannah Keight	Tamworth A	13.6	4
4	Shalice Benjamin	Wolves & Bilston	13.6	3
5	Joanna Eaton	Yate & District	14.0	2
6	Alix Pitcher	Solihull & S H	14.6	1

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Ann Ika Oqua	Wolves & Bilston	25.4	9
2	Kirstie Overfield	DASH	26.2	7
3	Sophie Taylor	Tamworth A	26.7	6
4	Alice Chapman	Kettering T H	26.9	5
5	Sophie Wells	Yate & District	27.5	4
6	Hannah Owen	Solihull & S H	31.3	3

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Gemma Elliott	Kettering T H	26.9	7
2	Rachel Timothy	DASH	26.9	5
3	Karis Jones	Yate & District	27.1	4
4	Hannah Keight	Tamworth A	27.3	3
5	Shalice Benjamin	Wolves & Bilston	27.7	2
6	Alix Pitcher	Solihull & S H	33.7	1

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1 August 2010, at Dudley & Stourbridge *Second draft*

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Jodie Harrison	Wolves & Bilston	58.0	9
2	Sophie Taylor	Tamworth A	59.6	7
3	Michelle Jones	DASH	60.6	6
4	Gemma Elliott	Kettering T H	62.9	5
5	Sadie Hambly	Solihull & S H	63.1	4
6	Hayley Smith	Yate & District	67.7	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Checkley	Tamworth A	61.8	7
2	Louise Webster	Wolves & Bilston	62.2	5
3	Alex Keyworth	Kettering T H	63.9	4
4	Emily Fitzhugh	Yate & District	67.5	3

Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Megan Dixon	Wolves & Bilston	16.4	9
2	Hannah Sargeant	Tamworth A	16.8	7
3	Joanna Eaton	Yate & District	19.3	6
4	Talisa Free	Solihull & S H	20.6	5
5	Sophie Munn	Kettering T H	23.1	4

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Emma Douras	Wolves & Bilston	15.8	7
2	Elizabeth Checkley	Tamworth A	19.7	5
3	Alix Pitcher	Solihull & S H	20.6	4

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Jodie Harrison	Wolves & Bilston	67.8	9
2	Hannah Sargeant	Tamworth A	70.2	7
3	Alix Pitcher	Solihull & S H	76.7	6
4	Sophie Munn	Kettering T H	81.7	5

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Checkley	Tamworth A	69.4	7
2	Rebecca Oakley	Wolves & Bilston	69.8	5
3	Talisa Free	Solihull & S H	77.9	4
4	Yvonne Elliott	Kettering T H	2.00.8	3

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1 August 2010, at Dudley & Stourbridge *Second draft*

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Claire Tarplee	Solihull & S H	2.17.2	9
2	Amy Frith	Tamworth A	2.21.5	7
3	Hayley Munn	Kettering T H	2.22.6	6
4	Emily Fitzhugh	Yate & District	2.28.4	5
5	Hayley Richards	Wolves & Bilston	2.31.9	4

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Sadie Hambly	Solihull & S H	2.29.6	7
2	Jennifer Wilson	Wolves & Bilston	2.32.4	5
3	Hayley Smith	Yate & District	2.39.3	4
4	Sophie Munn	Kettering T H	2.39.6	3

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Claire Tarplee	Solihull & S H	4.37.7	9
2	Hayley Munn	Kettering T H	4.45.4	7
3	Floren Scrafton	Yate & District	4.49.8	6
4	Hayley Richards	Wolves & Bilston	5.06.3	5
5	Rebecca Smith	Tamworth A	5.12.9	4
6	Nancy Hitchmough	DASH	5.19.2	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Sian Edwards	Kettering T H	5.08.7	7
2	Amy Frith	Tamworth A	5.15.0	5
3	Jennifer Wilson	Wolves & Bilston	5.17.7	4
4	Robyn Brailey	Yate & District	5.25.5	3
5	Amanda Dipple	DASH	5.33.0	2
6	Rebecca Freeman	Solihull & S H	5.36.1	1

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Hannah Alderson	Yate & District	9.56.0	9
2	Sian Edwards	Kettering T H	10.36.5	7
3	Jenni Ward	Solihull & S H	10.45.3	6
4	Rebecca Smith	Tamworth A	10.55.8	5
5	Audrey Wilson	Wolves & Bilston	10.59.2	4
6	Amanda Dipple	DASH	11.21.0	3

SPONSORED BY



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1 August 2010, at Dudley & Stourbridge *Second draft*

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Tess Parkinson	Wolves & Bilston	11.10.8	7
2	Helen Rollins	Kettering T H	11.11.9	5
3	Rebecca Freeman	Solihull & S H	11.32.3	4
4	Sarah Bush	Tamworth A	16.58.4	3

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Molly Eales	Solihull & S H	5.09	9
2	Sarah Douras	Wolves & Bilston	4.97	7
3	Hannah Sargeant	Tamworth A	4.89	6
4	Sophie Wells	Yate & District	4.83	5
5	Alice Chapman	Kettering T H	4.66	4
6	Frances Lacey	DASH	4.42	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Rebecca Oakley	Wolves & Bilston	4.84	7
2	Isaura Collyer	Kettering T H	4.48	5
3	Hannah Keight	Tamworth A	4.48	4
4	Alix Pitcher	Solihull & S H	4.26	3
5	Rachel Spooner	Yate & District	4.18	2
6	Charlotte Whitcombe	DASH	3.14	1

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Tannika Burgess	Wolves & Bilston	11.29	9
2	Molly Eales	Solihull & S H	10.62	7
3	Sophie Wells	Yate & District	10.48	6
4	Niamh Bailey	Kettering T H	9.55	5
5	Frances Lacey	DASH	8.92	4

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Sarah Douras	Wolves & Bilston	10.15	7
2	Rachel Spooner	Yate & District	8.76	5
3	Isaura Collyer	Kettering T H	8.71	4
4	Hannah Owen	Solihull & S H	8.44	3

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1 August 2010, at Dudley & Stourbridge *Second draft*

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Hannah Sargeant	Tamworth A	1.60	9
2	Molly Eales	Solihull & S H	1.55	7
3	Emma Douras	Wolves & Bilston	1.55	6
4	Rachel Spooner	Yate & District	1.50	5
5	Niamh Bailey	Kettering T H	1.50	4
6	Elizabeth Paskin	DASH	1.40	3

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Hannah Keight	Tamworth A	1.55	7
2	Megan Dixon	Wolves & Bilston	1.50	5
3	Isaura Collyer	Kettering T H	1.45	4
4	Ashley Frost	Yate & District	1.25	3

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Checkley	Tamworth A	2.00	9

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Rachel Perry	DASH	9.32	9
2	Joanna Eaton	Yate & District	8.09	7
3	Jennifer Cooper	Wolves & Bilston	7.83	6
4	Louise Granger	Kettering T H	7.49	5
5	Jill Turner	Solihull & S H	7.27	4
6	Sophie Taylor	Tamworth A	7.25	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Ann-Marie Walton	DASH	8.75	7
2	Sara Bobash	Wolves & Bilston	7.63	5
3	Ashley Frost	Yate & District	7.31	4
4	Kate Whiston	Solihull & S H	7.16	3
5	Elizabeth Checkley	Tamworth A	7.14	2
6	Gemma Elliott	Kettering T H	7.05	1

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Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Kate Whiston	Solihull & S H	32.79	9
2	Jennifer Cooper	Wolves & Bilston	32.32	7
3	Rachel Perry	DASH	31.52	6
4	Louise Granger	Kettering T H	25.98	5
5	Lucy Blunt	Yate & District	19.74	4
6	Sophie Allen	Tamworth A	14.64	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Sara Bobash	Wolves & Bilston	23.13	7
2	Jill Turner	Solihull & S H	20.57	5
3	Gemma Elliott	Kettering T H	19.40	4
4	Bethany Jones	Yate & District	18.08	3
5	Ann-Marie Walton	DASH	15.51	2
6	Kelly KING	Tamworth A	10.33	1

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Bethany Jones	Yate & District	36.73	9
2	Sophie Allen	Tamworth A	32.50	7
3	Jennifer Cooper	Wolves & Bilston	31.99	6
4	Kate Whiston	Solihull & S H	25.91	5
5	Louise Granger	Kettering T H	22.53	4
6	Rachel Perry	DASH	22.43	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Lucy Blunt	Yate & District	30.69	7
2	Ann-Marie Walton	DASH	23.16	5
3	Mary Harding	Wolves & Bilston	19.90	4
4	Jill Turner	Solihull & S H	18.46	3
5	Kelly KING	Tamworth A	15.12	2
6	Gemma Elliott	Kettering T H	13.62	1

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Sara Bobash	Wolves & Bilston	31.43	9
2	Ann-Marie Walton	DASH	26.35	7
3	Maria Townsend	Yate & District	25.29	6
4	Jill Turner	Solihull & S H	18.57	5
5	Sophie Allen	Tamworth A	17.36	4
6	Sophie Munn	Kettering T H	15.35	3

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Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Karen Addis	Wolves & Bilston	28.10	7
2	Ashley Frost	Yate & District	23.81	5
3	Kate Whiston	Solihull & S H	17.44	4
4	Kelly KING	Tamworth A	15.76	3
5	Louise Granger	Kettering T H	13.34	2

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Wolves & Bilston	51.2	9
2		DASH	52.1	7
3		Tamworth A	53.2	6
4		Kettering T H	53.2	5
5		Yate & District	54.5	4

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Wolves & Bilston	4.00.6	9
2		Tamworth A	4.07.6	7
3		Kettering T H	4.18.8	6
4		Yate & District	4.20.2	5
5		Solihull & S H	4.25.1	4

Womens 4x400m

Posn	Name	Club	Perf
1		Wolves & Bilston	4.00.6
2		Tamworth A	4.07.6
3		Kettering T H	4.18.8
4		Yate & District	4.20.2
5		Solihull & S H	4.25.1