



Results 1 August 2010 - MCAA Track & Field League
at Nottingham Division One, Match 4 Final

Total Scores

Position	Team	Points
1	Bristol & West	388.5
2	Notts AC A	344.5
3	Charnwood	330
4	City of Stoke	323
5	Birchfield	306
6	Mansfield	205

Mens Scores

Position	Team	Points
1	Bristol & West	185
2	City of Stoke	180
3	Birchfield	168
4	Notts AC A	165
5	Charnwood	146
6	Mansfield	114

Womens Scores

Position	Team	Points
1	Bristol & West	188.5
2	Charnwood	169
3	Notts AC A	164.5
4	City of Stoke	133
5	Birchfield	123
6	Mansfield	81

Officials Points

Team Name	Points
Bristol & West	15
Notts AC A	15
Charnwood	15
City of Stoke	10
Birchfield	15
Mansfield	10

Match Position after 37 Events



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Men 100m (A string)

Wind Speed = -1 m/s

Posn	Name	Club	Perf	Pts
1	Francesca Garcia	Notts AC A	10.9	9
2	Ryan Farrington	Birchfield	11.0	7
3	Leon Reid	Bristol & West	11.2	6
4	Marcel Hodge	Charnwood	11.4	5
5	Aaron Aplin	Mansfield	11.7	4
6	James Gardner	City of Stoke	11.9	3

Men 100m (B string)

Wind Speed = -1.1 m/s

Posn	Name	Club	Perf	Pts
1	Scott Bajere	Bristol & West	11.3	7
2	Carl Mason	Birchfield	11.5	5
3	Tafadzwa Kadere	City of Stoke	11.6	4
4	Zach King	Notts AC A	11.7	3
5	Dale Jacob	Mansfield	11.7	2

Men 200m (A string)

Wind Speed = -0.8 m/s

Posn	Name	Club	Perf	Pts
1	Leon Reid	Bristol & West	22.5	9
2	Marcel Hodge	Charnwood	22.6	7
3	James Whitehouse	Birchfield	22.9	6
4	Zach King	Notts AC A	23.0	5
5	Aaron Aplin	Mansfield	23.2	4
6	Liam Tracey	City of Stoke	23.9	3

Men 200m (B string)

Wind Speed = -1.1 m/s

Posn	Name	Club	Perf	Pts
1	Joseph Hylton	Birchfield	22.2	7
2	Michael Warner	Notts AC A	22.3	5
3	Dale Jacob	Mansfield	23.6	4
4	Tafadzwa Kadere	City of Stoke	23.7	3
5	Geovaughn Burey	Bristol & West	23.9	2
6	Scott Wilson	Charnwood	24.4	1

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	David Lagerberg	Mansfield	48.3	9
2	Christian Byron	Birchfield	49.4	7
3	Joshua Moody	Notts AC A	50.5	6
4	Alex Fields	Bristol & West	51.1	5
5	Liam Tracey	City of Stoke	51.4	4
6	Calum Hutchman	Charnwood	53.8	3



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Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Chris Brown	Mansfield	49.3	7
2	Andrew Dean-Young	Bristol & West	50.7	5
3	Aqeel Hassan	Charnwood	52.1	4
4	Joe Mellor	Notts AC A	52.5	3
5	Brenton Hardware	Birchfield	52.7	2
6	Deo Milandu	City of Stoke	58.4	1

Men 110m H (A string)

Wind Speed = -1.5 m/s

Posn	Name	Club	Perf	Pts
1	Joseph Hylton	Birchfield	14.9	9
2	Yannick Budd	Bristol & West	15.6	7
3	Callem Forde	Charnwood	15.8	6
4	Stefan Wilcockson	Mansfield	16.3	5
5	Lee James Rowley	Notts AC A	18.6	4
6	Nigel Gardner	City of Stoke	24.2	3

Men 110m H (B string)

Wind Speed = -0.7 m/s

Posn	Name	Club	Perf	Pts
1	Curtis Holmes	Birchfield	14.8	7
2	Oliver Knight	Charnwood	16.3	5
3	Matthew Madden	Notts AC A	17.7	4
4	Jonathan Newell	Mansfield	18.3	3
5	Martin Bartholomew	City of Stoke	20.4	2
6	Steve West	Bristol & West	22.1	1

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Callem Forde	Charnwood	56.5	9
2	Brenton Hardware	Birchfield	57.5	7
3	John Brierly	Bristol & West	57.7	6
4	Jonathan Newell	Mansfield	60.6	5
5	Andy Dobson	City of Stoke	60.7	4
6	Simon Burton	Notts AC A	67.1	3

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Chris Brown	Mansfield	57.3	7
2	Leon Simpson	Birchfield	57.7	5
3	Alex Fields	Bristol & West	60.2	4
4	Oliver Knight	Charnwood	63.8	3
5	Adam Lyons	Notts AC A	71.1	2
6	Nigel Gardner	City of Stoke	76.1	1



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Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	MICHAEL WILSMORE	Bristol & West	1.53.5	9
2	Thomas Gayle	City of Stoke	1.54.1	7
3	James Lynch	Birchfield	1.54.8	6
4	Paul Harmer	Charnwood	1.56.8	5
5	Chris Smith	Notts AC A	2.03.5	4

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Andrew Dean-Young	Bristol & West	1.59.2	7
2	Michael Harding	City of Stoke	2.00.7	5
3	Richard O'Donnell	Birchfield	2.01.0	4
4	Steve Long	Notts AC A	2.01.2	3
5	Richard Brown	Charnwood	2.05.5	2

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Tom Russell	Bristol & West	3.57.0	9
2	Stephen Mears	Charnwood	3.57.2	7
3	Thomas Gayle	City of Stoke	3.59.2	6
4	Blayne Pick	Notts AC A	4.01.8	5
5	Stuart King	Mansfield	4.15.5	4
6	Greg Divall	Birchfield	4.19.7	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Harry Webb	Bristol & West	3.58.2	7
2	Tom Collins	Notts AC A	4.03.1	5
3	Joseph Broome	City of Stoke	4.21.4	4
4	Ben Lacey	Charnwood	4.28.6	3

Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Tom Russell	Bristol & West	8.35.8	9
2	Martin Whitehouse	Notts AC A	8.36.9	7
3	Sebastian Duffy	City of Stoke	8.43.6	6
4	James Douglas	Charnwood	8.50.6	5



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Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Rob Kiel	Notts AC A	8.58.9	7
2	Liam Hendricken	City of Stoke	9.16.5	5
3	Stephen Francis	Bristol & West	9.19.5	4
4	Mark Crofts	Charnwood	9.29.8	3

Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Sean Hazell	Bristol & West	10.11.4	9
2	Steven Bazell	City of Stoke	10.21.5	7
3	Richard Brown	Charnwood	11.06.9	6

Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	David Lee	City of Stoke	11.07.1	7
2	Glenn North	Charnwood	13.07.5	5

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Benjamin Williams	City of Stoke	6.99	9
2	Jose Martin-Fullerton	Birchfield	6.39	7
3	Matthew Madden	Notts AC A	6.17	6
4	Leon Reid	Bristol & West	5.76	5
5	Oliver Knight	Charnwood	5.67	4
6	Greg Millar	Mansfield	4.95	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	James Gardner	City of Stoke	6.47	7
2	Donovan Davenport	Notts AC A	6.06	5
3	Rhys Jones	Birchfield	5.45	4
4	James Diamond	Bristol & West	5.41	3
5	Aqeel Hassan	Charnwood	5.35	2
6	Chris Ashmore	Mansfield	4.78	1



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Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Benjamin Williams	City of Stoke	14.58	9
2	Jose Martin-Fullerton	Birchfield	14.57	7
3	Donovan Davenport	Notts AC A	12.70	6
4	Paul Weston	Bristol & West	12.18	5
5	Marcel Hodge	Charnwood	11.75	4
6	Chris Ashmore	Mansfield	10.98	3

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Martin Bartholomew	City of Stoke	12.14	7
2	Jamie Staniforth	Charnwood	11.08	5
3	James Diamond	Bristol & West	11.02	4
4	Thomas Abdy	Notts AC A	10.71	3
5	Rhys Jones	Birchfield	10.49	2
6	Jonathan Newell	Mansfield	9.94	1

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Phinehas Stewart	Birchfield	2.02	9
2	Romeo Sithole	Charnwood	1.99	7
3	Matthew Madden	Notts AC A	1.75	6
4	Deo Milandu	City of Stoke	1.70	5
5	Will Marshall	Mansfield	1.70	4
6	Yannick Budd	Bristol & West	1.65	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jose Martin-Fullerton	Birchfield	1.75	7
2	Donovan Davenport	Notts AC A	1.70	5
3	Joshua Barard	City of Stoke	1.70	4
4	Luke Bailey	Bristol & West	1.60	3
5	Chris Ashmore	Mansfield	1.45	2



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Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Tony Hillier	Bristol & West	4.50	9
2	Adam Lyons	Notts AC A	3.25	7
3	Joshua Barard	City of Stoke	3.60	6
4	Connor McHale	Mansfield	3.00	5

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Thomas Abdy	Notts AC A	3.45	7
2	Steve West	Bristol & West	3.00	5

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Martin Bartholomew	City of Stoke	14.84	9
2	Ben Roberts	Birchfield	14.27	7
3	James Preston	Bristol & West	13.20	6
4	Chris Shorthouse	Notts AC A	11.10	5
5	Thomas Pearson	Charnwood	10.93	4
6	David Locke	Mansfield	10.93	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Edward Dunford	Birchfield	14.12	7
2	Greg Nixon	City of Stoke	13.62	5
3	Kevin MacPherson	Notts AC A	10.45	4
4	Steven Woolley	Mansfield	9.69	3
5	Max Cresswell	Bristol & West	8.38	2
6	Oliver Knight	Charnwood	8.26	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Greg Nixon	City of Stoke	46.93	9
2	Edward Dunford	Birchfield	42.17	7
3	James Preston	Bristol & West	37.94	6
4	Thomas Pearson	Charnwood	34.36	5
5	Thomas Abdy	Notts AC A	29.65	4
6	Steven Woolley	Mansfield	28.57	3



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Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Martin Bartholomew	City of Stoke	42.67	7
2	Oliver Knight	Charnwood	29.34	5
3	Kevin MacPherson	Notts AC A	29.19	4
4	Bill Kingston	Bristol & West	23.79	3
5	Leon Simpson	Birchfield	13.25	2

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Chris Shorthouse	Notts AC A	61.19	9
2	Matthew Bell	Birchfield	60.45	7
3	Andrew Windley	Charnwood	45.47	6
4	Greg Nixon	City of Stoke	42.78	5
5	Paul Gair	Mansfield	40.07	4
6	James Preston	Bristol & West	28.99	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Matthew Sutton	Birchfield	55.33	7
2	Thomas Pearson	Charnwood	38.00	5
3	Martin Bartholomew	City of Stoke	37.41	4
4	Steven Woolley	Mansfield	29.42	3
5	Kevin MacPherson	Notts AC A	25.15	2
6	Bill Kingston	Bristol & West	19.15	1

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Greg Millar	Mansfield	54.89	9
2	Charles Stocks	Charnwood	51.58	7
3	William Dunford	Birchfield	46.64	6
4	James Preston	Bristol & West	45.29	5
5	Clem Bartley	Notts AC A	42.79	4
6	Greg Nixon	City of Stoke	40.56	3



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Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Joshua Barard	City of Stoke	39.46	7
2	Rhys Jones	Birchfield	34.80	5
3	Chris Ashmore	Mansfield	29.39	4
4	Max Cresswell	Bristol & West	28.13	3
5	Kevin MacPherson	Notts AC A	25.16	2
6	Aqeel Hassan	Charnwood	9.71	1

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Birchfield	43.7	9
2		Bristol & West	43.8	7
3		Charnwood	45.0	6
4		City of Stoke	45.4	5
5		Notts AC A	46.6	4
6		Mansfield	47.6	3

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Mansfield	3.20.7	9
2		Notts AC A	3.26.0	7
3		Bristol & West	3.26.0	6
4		Charnwood	3.26.8	5
5		City of Stoke	3.34.4	4



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Women 100m (A string)

Wind Speed = -1.5 m/s

Posn	Name	Club	Perf	Pts
1	Bernice Wilson	Birchfield	11.8	9
2	Emily Diamond	Bristol & West	11.9	7
3	Jor'Dan McIntosh	Charnwood	12.9	6
4	Claudia Rogers	Mansfield	13.0	5
5	Michelle Robbins	City of Stoke	13.1	4
6	Laura Mason	Notts AC A	13.2	3

Women 100m (B string)

Wind Speed = -2.6 m/s

Posn	Name	Club	Perf	Pts
1	Emma Hourd	Notts AC A	13.4	7
2	Dionne Samuels	Birchfield	13.6	5
3	Valentina Santo-Fullerton	Bristol & West	13.7	4
4	Shelley Brace	City of Stoke	14.4	3
5	Donna Aplin	Mansfield	14.6	2
6	Laura Johnson	Charnwood	14.9	1

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Emily Diamond	Bristol & West	24.0	9
2	Bernice Wilson	Birchfield	24.1	7
3	Jor'Dan McIntosh	Charnwood	26.2	6
4	Claudia Rogers	Mansfield	26.5	5
5	Laura Mason	Notts AC A	26.6	4
6	Kathryn Anderson	City of Stoke	27.3	3

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Nardhia Kidd-Walker	Birchfield	26.9	7
2	Emma Komocki	Notts AC A	27.0	5
3	Valentina Santo-Fullerton	Bristol & West	28.1	4
4	Shelley Brace	City of Stoke	28.7	3
5	Laura Johnson	Charnwood	29.7	2



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Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Sara Oglesby	Notts AC A	57.7	9
2	Ruth Mitchell	Bristol & West	58.3	7
3	Rebecca Smith	Mansfield	58.8	6
4	Kathryn Anderson	City of Stoke	61.1	5
5	Briony Bendle	Charnwood	62.1	4
6	Nardhia Kidd-Walker	Birchfield	64.9	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Shelley Brace	City of Stoke	61.7	7
2	Emma Hourd	Notts AC A	61.8	5
3	Jane Potter	Charnwood	62.0	4
4	Emma Reed	Bristol & West	64.8	3
5	Charlotte Berrington	Birchfield	69.2	2

Women 100m H (A string)

Wind Speed = -0.4 m/s

Posn	Name	Club	Perf	Pts
1	Emma Komocki	Notts AC A	15.5	9
2	Dionne Samuels	Birchfield	16.4	7
3	Amber Burdett	Charnwood	16.6	6
4	Evie Tanner	Bristol & West	16.9	5

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Katie Louise-Payne	Charnwood	16.8	7
2	Andrea Lock	Bristol & West	21.1	5

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Emma Komocki	Notts AC A	65.4	9
2	Tara Krzywicki	Charnwood	69.9	7
3	Andrea Lock	Bristol & West	82.5	6

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Sara Oglesby	Notts AC A	66.9	7
2	Ruby Juan	Bristol & West	98.6	5



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Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Annie Holmes	City of Stoke	2.12.1	9
2	Ruth Mitchell	Bristol & West	2.12.6	7
3	Sarah Bull	Notts AC A	2.13.4	6
4	Jane Potter	Charnwood	2.15.1	5

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Briony Bendle	Charnwood	2.16.9	7
2	Emma Reed	Bristol & West	2.22.3	5
3	Lucy Hayes	City of Stoke	2.28.9	4
4	Joanne Birtwistle	Notts AC A	2.43.5	3

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Emma Jackson	City of Stoke	4.15.3	9
2	Katie Knowles	Bristol & West	4.34.3	7
3	Sarah Bull	Notts AC A	4.42.7	6
4	Tara Krzywicki	Charnwood	4.47.6	5
5	Danielle Johnson	Birchfield	4.56.4	4
6	Amie Grainger	Mansfield	5.10.3	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Katie Holt	City of Stoke	4.31.3	7
2	Deborah Niccol	Bristol & West	4.37.1	5
3	Clare Mensley	Charnwood	5.03.3	4
4	Jenny Reed	Notts AC A	5.10.3	3
5	Jacqueline Massey	Mansfield	5.48.1	2

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Imogen Ainsworth	Bristol & West	9.51.1	9
2	Tara Krzywicki	Charnwood	9.52.7	7
3	Jacqueline Massey	Mansfield	11.01.0	6
4	Joanne Birtwistle	Notts AC A	11.08.2	5
5	Clare Booker	City of Stoke	11.16.9	4
6	Nicola Woods	Birchfield	11.28.1	3



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Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Clare Mensley	Charnwood	9.58.4	7
2	Jessica Marriot	Notts AC A	11.18.0	5
3	Sammey Daley-Davies	City of Stoke	11.29.8	4
4	Rachel Brandham	Mansfield	12.13.3	3

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alessia Valente	Notts AC A	5.38	9
2	Nicola Breaks	Bristol & West	4.90	7
3	Sammey Daley-Davies	City of Stoke	4.49	6
4	Charlotte Berrington	Birchfield	4.22	5
5	Kirsty Douglas	Charnwood	4.01	4
6	Rebecca Woolley	Mansfield	4.01	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Katie Holt	City of Stoke	4.22	7
2	Imogen Ainsworth	Bristol & West	3.70	5
3	Rachel Brandham	Mansfield	3.45	4
4	Sophie McDonnell	Charnwood	3.01	3

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Michelle Robbins	City of Stoke	11.90	9
2	Alessia Valente	Notts AC A	11.78	7
3	Nicola Breaks	Bristol & West	11.12	6
4	Sophie McDonnell	Charnwood	9.61	5
5	Shalayna Hutchinson	Birchfield	8.66	4

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Sara Oglesby	Notts AC A	9.32	7
2	Louise Oliver	Charnwood	8.34	5
3	Dionne Samuels	Birchfield	8.25	4
4	Andrea Lock	Bristol & West	7.90	3

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alessia Valente	Notts AC A	1.55	9
2	Danielle Stanley	Charnwood	1.55	7
3	Nicola Breaks	Bristol & West	1.55	6
4	Charlotte Berrington	Birchfield	1.45	5
5	Claudia Rogers	Mansfield	1.30	4



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Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Louise Oliver	Charnwood	1.40	7
2=	Laura Mason	Notts AC A	1.35	4.5
2=	Evie Tanner	Bristol & West	1.35	4.5
4	Rebecca Smith	Mansfield	1.25	3

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Andrea Lock	Bristol & West	2.45	9
2	Selina Walters	Notts AC A	1.90	7
3	Rebecca Smith	Mansfield	1.70	6

Women Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Ruby Juan	Bristol & West	2.00	7

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Navdeep Dhaliwal	Birchfield	12.59	9
2	Jade Weston	City of Stoke	11.64	7
3	Christina Jones	Bristol & West	11.03	6
4	Danielle Stanley	Charnwood	9.57	5
5	Selina Walters	Notts AC A	9.09	4
6	Rebecca Woolley	Mansfield	8.82	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Louise Oliver	Charnwood	9.44	7
2	Alice Grossjean	Bristol & West	8.64	5
3	Hayley Clowes	City of Stoke	8.30	4
4	Laura Radburn	Birchfield	8.18	3
5	Anna Simmonds	Notts AC A	5.71	2
6	Donna Aplin	Mansfield	5.38	1



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Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Navdeep Dhaliwal	Birchfield	48.47	9
2	Amber Burdett	Charnwood	38.61	7
3	Hayley Clowes	City of Stoke	34.0	6
4	Charlotte Gair	Mansfield	33.70	5
5	Alice Grossjean	Bristol & West	25.24	4
6	Selina Walters	Notts AC A	25.01	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Jade Moore	Birchfield	42.56	7
2	Jade Weston	City of Stoke	28.94	5
3	Katie Louise-Payne	Charnwood	26.08	4
4	Christina Jones	Bristol & West	20.07	3
5	Emma Hourd	Notts AC A	13.50	2

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Zoe Derham	Birchfield	64.0	9
2	Christina Jones	Bristol & West	47.54	7
3	Kirsty Douglas	Charnwood	42.80	6
4	Selina Walters	Notts AC A	36.81	5
5	Charlotte Gair	Mansfield	31.44	4
6	Jade Weston	City of Stoke	29.91	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Hayley Murray	Birchfield	49.52	7
2	Danielle Stanley	Charnwood	20.72	5
3	Rebecca Smith	Mansfield	17.97	4
4	Hayley Clowes	City of Stoke	17.79	3
5	Ruby Juan	Bristol & West	15.64	2
6	Emma Hourd	Notts AC A	14.68	1

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Amber Burdett	Charnwood	43.63	9
2	Olga Kotmilosi	City of Stoke	39.75	7
3	Christina Jones	Bristol & West	27.49	6
4	Rebecca Woolley	Mansfield	27.03	5
5	Laura Radburn	Birchfield	25.45	4
6	Selina Walters	Notts AC A	20.75	3



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Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Danielle Stanley	Charnwood	33.32	7
2	Nicola Breaks	Bristol & West	26.33	5
3	Charlotte Berrington	Birchfield	25.14	4
4	Charlotte Gair	Mansfield	18.12	3
5		City of Stoke	17.08	2
6	Emma Komocki	Notts AC A	15.22	1

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Bristol & West	50.2	9
2		Notts AC A	50.6	7
3		Birchfield	51.4	6
4		Charnwood	53.3	5
5		Mansfield	53.5	4
6		City of Stoke	55.1	3

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		City of Stoke	3.56.3	9
2		Notts AC A	4.06.6	7
3		Bristol & West	4.13.5	6
4		Charnwood	4.17.6	5

EVENT**GUEST RESULTS**

100m	Shane Henry	Birchfield	11.5
100m	Geovaughan Burey	Bristol	11.9
100m	Oliver Knight	Charnwood	11.7
100m	Dominic Friend	Charnwood	11.6
200m	Luke Baxter	Birchfield	23.1
200m	Ryan Farrington	Birchfield	22.8
200m	Aqeel Hassan	Charnwood	23.3
200m	Dominic Friend	Charnwood	23.7
200m	Rob Lee	Stoke	26.9
3000m	Mike Benford	Notts AC	9.47.6
3000m	Dave Lee	Stoke	9.58.3
Hammer	Rachel Gair	Mansfield	to follow
Long Jump	Josh Barard	Stoke	to follow
Pole Vault	Martin Davies	Bristol	to follow
Pole Vault	Steve West	Bristol	to follow
Pole Vault	Nigel Gardner	Stoke	to follow
Triple jump	Montel Nevers	Notts AC	to follow