



Total Scores

Pos	Team	Points
1	Notts AC A	390
2	Birchfield	362
3	Charnwood	329
4	Mansfield	319
5	City of Stoke	230
6	Bristol & West	229

Mens Scores

Pos	Team	Points
1	Notts AC A	198
2	Birchfield	189
3	Mansfield	154
4	Charnwood	142
5	City of Stoke	125
6	Bristol & West	112

Womens Scores

Pos	Team	Points
1	Notts AC A	177
2	Charnwood	172
3	Birchfield	158
4	Mansfield	150
5	Bristol & West	102
6	City of Stoke	90

Officials Points

Team Name	Points
Notts AC A	15
Birchfield	15
Charnwood	15
Mansfield	15
City of Stoke	15
Bristol & West	15

Match Position after 37 Events



Men 100m (A string)

Pos	Name	Club	Perf	Pts
1	Julian Thomas	Birchfield	10.7	9
2	Francesco Garzia	Notts AC A	10.8	7
3	Theo Campbell	Bristol & West	11.0	6
4	Aaron Aplin	Mansfield	11.1	5
5	Marcel Hodge	Charnwood	11.4	4

Men 100m (B string)

Pos	Name	Club	Perf	Pts
1	Jemaine Downie	Birchfield	11.0	7
2	Derek Morgan	Bristol & West	11.3	5
3	Adam Sansom	Mansfield	11.4	4
4	Scott Wilson	Charnwood	11.5	3

Men 200m (A string)

Pos	Name	Club	Perf	Pts
1	Julian Thomas	Birchfield	21.5	9
2	Theo Campbell	Bristol & West	22.2	7
3	Adam Sansom	Mansfield	22.3	6
4	ZACH KING	Notts AC A	22.6	5
5	Marcel Hodge	Charnwood	22.9	4

Men 200m (B string)

Pos	Name	Club	Perf	Pts
1	Scott Wilson	Charnwood	23.2	7
2	Aaron Aplin	Mansfield	23.3	5
3	Lewis Summer Rell	Notts AC A	23.5	4
4	Simon Park	Bristol & West	24.9	3

Men 400m (A string)

Pos	Name	Club	Perf	Pts
1	Jordon McGrath	Birchfield	47.9	9
2	James Baines	Notts AC A	48.0	7
3	Martin Cook	Mansfield	49.0	6
4	Abdillah Nassir	Charnwood	50.0	5
5	Martyn Morant	Bristol & West	52.1	4
6	Rob Cook	City of Stoke	57.1	3



Men 400m (B string)

Pos	Name	Club	Perf	Pts
1	Somto Eruchie	Birchfield	48.3	7
2	Tom Moakes	Notts AC A	49.7	5
3	Paul Wright	Mansfield	50.0	4
4	Callem Forde	Charnwood	51.3	3
5	Andrew Dean-Young	Bristol & West	52.0	2
6	Dave Lee	City of Stoke	62.1	1

Men 110m H (A string)

Pos	Name	Club	Perf	Pts
1	Edward Dunford	Birchfield	15.0	9
2	Yannick Budd	Bristol & West	15.5	7
3	Sam Stone	Notts AC A	15.6	6
4	Oliver Knight	Charnwood	15.9	5
5	Stefan Wilcockson	Mansfield	16.7	4

Men 110m H (B string)

Pos	Name	Club	Perf	Pts
1	Ingmar Vos	Birchfield	14.9	7
2	Tom Offler	Notts AC A	17.5	5
3	Jonathan Newell	Mansfield	18.0	4
4	James Paramore	Charnwood	26.5	3

Men 400m H (A string)

Pos	Name	Club	Perf	Pts
1	Tom Moakes	Notts AC A	52.9	9
2	Callem Forde	Charnwood	54.4	7
3	Stefan Wilcockson	Mansfield	56.5	6
4	Yannick Budd	Bristol & West	61.0	5

Men 400m H (B string)

Pos	Name	Club	Perf	Pts
1	Dan Everett	Notts AC A	56.5	7
2	Richard Adiyia	Charnwood	62.1	5
3	Jonathan Newell	Mansfield	63.9	4



Men 800m (A string)

Pos	Name	Club	Perf	Pts
1	Richard Hill	Notts AC A	1.50.2	9
2	Ryan Cox	Birchfield	55.3	7
3	Tom Gayle	City of Stoke	55.5	6
4	Andrew Dean-Young	Bristol & West	59.0	5
5	Ryan Childs	Mansfield	59.6	4
6	Ben Lacey	Charnwood	2.00.3	3

Men 800m (B string)

Pos	Name	Club	Perf	Pts
1	Christopher Brown (Monks)	Mansfield	1.58.7	7
2	James Lynch	Birchfield	1.59.1	5
3	Paul Harmer	Charnwood	2.01.0	4
4	Chris Smith	Notts AC A	2.01.5	3
5	Rob Cook	City of Stoke	2.06.1	2

Men 1500m (A string)

Pos	Name	Club	Perf	Pts
1	James Trollope	Birchfield	3.59.4	9
2	Tom Gayle	City of Stoke	3.59.5	7
3	Steve Mears	Charnwood	4.00.6	6
4	Richard Warburton	Notts AC A	4.03.2	5
5	Chris Brown	Mansfield	4.11.6	4

Men 1500m (B string)

Pos	Name	Club	Perf	Pts
1	Adam Watt	Birchfield	4.01.5	7
2	Jarratt Perkins	Notts AC A	4.15.9	5
3	Liam Hendricken	City of Stoke	4.19.9	4
4	Mark Croft	Charnwood	4.21.1	3
5	Ryan Childs	Mansfield	4.24.4	2

Men 5000m (A string)

Pos	Name	Club	Perf	Pts
1	Seb Duffy	City of Stoke	14.53.9	9
2	Martin Whitehouse	Notts AC A	14.58.4	7
3	Chris Dale	Mansfield	15.27.2	6
4	James Douglas	Charnwood	15.38.2	5
5		Bristol & West	16.11.2	4
6	Yousf Al-Lathaa	Birchfield	16.22.1	3



Men 5000m (B string)

Pos	Name	Club	Perf	Pts
1	Tim Hartley	Notts AC A	15.19.7	7
2	Alan Smith	Mansfield	15.45.4	5
3	Steve Bazell	City of Stoke	16.16.8	4
4	Scott Baxter	Charnwood	16.29.8	3

Men 2000m s/c (A string)

Pos	Name	Club	Perf	Pts
1	Sean Hazell	Bristol & West	6.27.3	9
2	Paul Thompson	Notts AC A	6.31.7	7
3	Mike Harding	City of Stoke	6.33.3	6
4	Steve Grainger	Mansfield	6.53.5	5
5	George Buttery	Charnwood	6.57.4	4

Men 2000m s/c (B string)

Pos	Name	Club	Perf	Pts
1	John Muddeman	Notts AC A	6.46.8	7
2	Joe Brome	City of Stoke	7.08.8	5
3	James Paramore	Charnwood	7.47.0	4

Men Long Jump (A string)

Pos	Name	Club	Perf	Pts
1	Edward Dunford	Birchfield	6.70	9
2	Reece Davies	City of Stoke	6.61	7
3	Donovan Davenport	Notts AC A	6.17	6
4	Adam Sansom	Mansfield	5.99	5
5	Oliver Knight	Charnwood	5.85	4
6	Scott Davie	Bristol & West	5.81	3

Men Long Jump (B string)

Pos	Name	Club	Perf	Pts
1	Jose Martin-Fullerton	Birchfield	6.31	7
2	Dave Mountford	City of Stoke	6.15	5
3	Tom Lilley	Charnwood	5.84	4
4	Oliver Zorko	Notts AC A	5.80	3
5	Matthew Woolley	Mansfield	4.68	2



Men Triple Jump (A string)

Pos	Name	Club	Perf	Pts
1	Konrad Katarzynski	Birchfield	13.82	9
2	Oliver Zorko	Notts AC A	12.68	7
3	Martin Bartholomew	City of Stoke	12.65	6
4	Martin Cook	Mansfield	12.60	5
5	James Paramore	Charnwood	12.28	4

Men Triple Jump (B string)

Pos	Name	Club	Perf	Pts
1	Jose Martin-Fullerton	Birchfield	13.12	7
2	Dave Mountford	City of Stoke	12.50	5
3	Donovan Davenport	Notts AC A	11.73	4
4	Thom Lilley	Charnwood	11.66	3
5	Stefan Wilcockson	Mansfield	11.15	2

Men High Jump (A string)

Pos	Name	Club	Perf	Pts
1	Phinehas Stewart	Birchfield	2.09	9
2	Romeo Silithole	Charnwood	1.95	7
3	Donovan Davenport	Notts AC A	1.70	6
4	Luke Bailey	Bristol & West	1.70	5

Men High Jump (B string)

Pos	Name	Club	Perf	Pts
1	Ryan Bailey	Charnwood	1.85	7
2	Oliver Zorko	Notts AC A	1.60	5

Men Pole Vault (A string)

Pos	Name	Club	Perf	Pts
1	Scott Davie	Bristol & West	4.01	9
2	Tom Lyons	Notts AC A	3.70	7
3	Connor McHale	Mansfield	3.10	6

Men Pole Vault (B string)

Pos	Name	Club	Perf	Pts
1	Adam Lyons	Notts AC A	3.50	7



Men Shot Putt (A string)

Pos	Name	Club	Perf	Pts
1	Martin Bartholomew	City of Stoke	14.82	9
2	Edward Dunford	Birchfield	14.60	7
3	James Preston	Bristol & West	13.29	6
4	Richard Woolley	Mansfield	12.41	5
5	Chris Shorthouse	Notts AC A	11.05	4
6	Oliver Knight	Charnwood	9.70	3

Men Shot Putt (B string)

Pos	Name	Club	Perf	Pts
1	Ingmar Vos	Birchfield	14.11	7
2	Greg Nixon	City of Stoke	13.67	5
3	Matthew Woolley	Mansfield	11.86	4
4	J Daly	Bristol & West	11.44	3
5	Kevin MacPherson	Notts AC A	9.64	2
6	Jim Pearson	Charnwood	6.40	1

Men Discus (A string)

Pos	Name	Club	Perf	Pts
1	Edward Dunford	Birchfield	45.18	9
2	Martin Bartholomew	City of Stoke	43.12	7
3	J Daly	Bristol & West	38.00	6
4	Matthew Woolley	Mansfield	33.19	5
5	Oliver Knight	Charnwood	28.44	4
6	Clem Bartley	Notts AC A	25.69	3

Men Discus (B string)

Pos	Name	Club	Perf	Pts
1	Greg Nixon	City of Stoke	42.72	7
2	Ingmar Vos	Birchfield	41.53	5
3	Richard Woolley	Mansfield	32.15	4
4	James Preston	Bristol & West	28.27	3
5	Kevin MacPherson	Notts AC A	22.36	2
6	Jim Pearson	Charnwood	20.44	1



Men Hammer (A string)

Pos	Name	Club	Perf	Pts
1	Chris Shorthouse	Notts AC A	65.71	9
2	John Pearson	Charnwood	60.34	7
3	Matt Bell	Birchfield	58.28	6
4	Greg Nixon	City of Stoke	42.31	5
5	Paul Gair	Mansfield	41.79	4
6	James Preston	Bristol & West	34.02	3

Men Hammer (B string)

Pos	Name	Club	Perf	Pts
1	Matt Sutton	Birchfield	56.18	7
2	Martin Bartholomew	City of Stoke	36.55	5
3	Richard Woolley	Mansfield	35.13	4
4	Kevin MacPherson	Notts AC A	22.56	3
5	Bill Kingston	Bristol & West	21.09	2
6	Jim Pearson	Charnwood	19.05	1

Men Javelin (A string)

Pos	Name	Club	Perf	Pts
1	Brett Byrd	City of Stoke	67.38	9
2	Charles Stocks	Charnwood	57.39	7
3	Lee Peters	Mansfield	56.11	6
4	J Daly	Bristol & West	43.98	5
5	Clem Bartley	Notts AC A	43.98	4
6	William Dunford	Birchfield	43.34	3

Men Javelin (B string)

Pos	Name	Club	Perf	Pts
1	Greg Millar	Mansfield	53.98	7
2	greg Nixon	City of Stoke	35.77	5
3	Konrad Katarzynski	Birchfield	34.84	4
4	Kevin MacPherson	Notts AC A	29.39	3
5	Scott Douglas	Charnwood	23.17	2
6	James Preston	Bristol & West	20.79	1

Mens 4x100m

Pos	Name	Club	Perf	Pts
1		Notts AC A	42.8	9
2		Mansfield	43.9	7
3		Birchfield	44.4	6
4		Charnwood	44.6	5
5		Bristol & West	44.8	4



Mens 4x400m

Pos	Name	Club	Perf	Pts
1		Notts AC A	3.17.6	9
2		Mansfield	3.18.8	7
3		Birchfield	3.25.7	6
4		Bristol & West	3.30.5	5
5		Charnwood	3.31.9	4
6		City of Stoke	3.48.5	3

Women 100m (A string)

Pos	Name	Club	Perf	Pts
1	Chelsea Cooper	City of Stoke	11.8	9
2	E Heath	Bristol & West	12.2	7
3	Laura Haslam	Charnwood	12.4	6
4	Claudia Rogers	Mansfield	12.6	5
5	Effie Asmah	Birchfield	12.6	4
6	Laura Mason	Notts AC A	13.1	3

Women 100m (B string)

Pos	Name	Club	Perf	Pts
1	Michelle Robbins	City of Stoke	12.9	7
2	Laura Bennett	Mansfield	12.9	5
3	Dionne Samuels	Birchfield	13.2	4
4	Emily Wardle	Charnwood	13.3	3
5	Alessia Valente	Notts AC A	13.4	2

Women 200m (A string)

Pos	Name	Club	Perf	Pts
1	Chelsea Cooper	City of Stoke	24.4	9
2	Louise Hazel	Birchfield	24.5	7
3	Laura Haslam	Charnwood	25.5	6
4	Claudia Rogers	Mansfield	25.9	5
5	Hannah Stevenson	Notts AC A	26.1	4

Women 200m (B string)

Pos	Name	Club	Perf	Pts
1	Jade Surman	Birchfield	25.6	7
2	Laura Mason	Notts AC A	26.5	5
3	Laura Bennett	Mansfield	26.7	4
4	Emily Wardle	Charnwood	27.6	3



Women 400m (A string)

Pos	Name	Club	Perf	Pts
1	Melinda Cooksey	Birchfield	55.1	9
2	Sarah Jane Oglesby	Notts AC A	58.6	7
3	Lilly Owsley	Bristol & West	59.8	6
4	Rebecca Smith	Mansfield	60.6	5
5	Briony Bendle	Charnwood	62.4	4

Women 400m (B string)

Pos	Name	Club	Perf	Pts
1	Christie Childs	Mansfield	61.0	7
2	Emma Hourd	Notts AC A	61.5	5
3	Vicky King	Birchfield	64.1	4
4	Clare Mensley	Charnwood	64.2	3
5	Billie Williams	Bristol & West	66.7	2

Women 100m H (A string)

Pos	Name	Club	Perf	Pts
1	EMMA KOMOCKI	Notts AC A	15.4	9
2	Amber Burdet	Charnwood	16.5	7
3	Laura Bennett	Mansfield	16.5	6
4	Samantha Moore	Bristol & West	17.2	5
5	Dionne Samuels	Birchfield	17.4	4

Women 100m H (B string)

Pos	Name	Club	Perf	Pts
1	Alice Knight	Charnwood	19.3	7
2	Selina Walters	Notts AC A	2.4	5
3	Amy Porter	Mansfield	21.9	4
4	Ruby Juan	Bristol & West	24.3	3

Women 400m H (A string)

Pos	Name	Club	Perf	Pts
1	EMMA KOMOCKI	Notts AC A	65.1	9
2	Sophia Howard	Charnwood	1.28.4	7

Women 400m H (B string)

Pos	Name	Club	Perf	Pts
1	Emily Campbell	Notts AC A	1.26.3	7
2	Dorothy Orr	Charnwood	1.34.6	5



Women 800m (A string)

Pos	Name	Club	Perf	Pts
1	Anna Simmonds	Notts AC A	2.11.0	9
2	Katie Holt	City of Stoke	2.11.5	7
3	Lilly Owsley	Bristol & West	2.15.0	6
4	Clare Mensley	Charnwood	2.18.9	5
5	Hanifa Greenwood	Birchfield	2.22.3	4
6	Christie Childs	Mansfield	2.28.4	3

Women 800m (B string)

Pos	Name	Club	Perf	Pts
1	Deborah Niccol	Bristol & West	2.17.2	7
2	Gemma Steele	Charnwood	2.17.5	5
3	Lori Marshall	Notts AC A	2.20.2	4
4	Georgia Milton	Mansfield	2.26.0	3
5	Sophie Clark	Birchfield	2.29.7	2
6	Clare Booker	City of Stoke	2.40.0	1

Women 1500m (A string)

Pos	Name	Club	Perf	Pts
1	Sarah Bull	Notts AC A	4.40.3	9
2	Katie Holt	City of Stoke	4.41.4	7
3	Tara Krzywicki	Charnwood	4.42.6	6
4	Emily Merrick	Bristol & West	4.48.9	5
5	Georgia Milton	Mansfield	5.14.4	4

Women 1500m (B string)

Pos	Name	Club	Perf	Pts
1	Gemma Steel	Charnwood	4.44.8	7
2	Sammey Daley-Davies	City of Stoke	5.03.1	5
3	Jessica Marriot	Notts AC A	5.14.9	4
4	Jacqueline Massey	Mansfield	5.24.8	3

Women 3000m (A string)

Pos	Name	Club	Perf	Pts
1	Jane Potter	Charnwood	9.38.4	9
2	Danielle Johnson	Birchfield	10.47.0	7
3	Jacqueline Massey	Mansfield	11.01.3	6
4	Jenny Reed	Notts AC A	11.14.9	5
5	Clare Booker	City of Stoke	11.38.8	4
6	Suzanne Richards	Bristol & West	11.41.3	3



Women 3000m (B string)

Pos	Name	Club	Perf	Pts
1	Amber magee	Charnwood	10.55.2	7
2	Lisa Mason	Notts AC A	11.32.5	5
3	Kate Raynor	Mansfield	12.07.9	4
4	Victoria Greenwood	Birchfield	12.09.3	3

Women Long Jump (A string)

Pos	Name	Club	Perf	Pts
1	Sineade Gutzmore	Birchfield	5.45	9
2	Alessia Valente	Notts AC A	5.42	7
3	Laura Bennett	Mansfield	4.92	6
4	Hannah Walsh	Charnwood	4.86	5
5	Samantha Moore	Bristol & West	4.38	4

Women Long Jump (B string)

Pos	Name	Club	Perf	Pts
1	Shannel Hutchinson	Birchfield	5.17	7
2	Chloe Elphick	Mansfield	4.92	5
3	Kirsty Marshall	Notts AC A	4.02	4

Women Triple Jump (A string)

Pos	Name	Club	Perf	Pts
1	Sineade Gutzmore	Birchfield	12.36	9
2	Alessia Valente	Notts AC A	11.66	7
3	Michelle Robbins	City of Stoke	11.46	6
4	Nicola Breaks	Bristol & West	11.08	5
5	Hannah Walsh	Charnwood	10.79	4
6	Chloe Elphick	Mansfield	10.58	3

Women Triple Jump (B string)

Pos	Name	Club	Perf	Pts
1	Amy Porter	Mansfield	8.95	7
2	Maria Goodwin	Charnwood	8.94	5
3	Kirsty Marshall	Notts AC A	8.44	4

Women High Jump (A string)

Pos	Name	Club	Perf	Pts
1	Louise Hazel	Birchfield	1.65	9
2	Alessia Valente	Notts AC A	1.58	7
3	Hannah Connolly	Charnwood	1.35	6
4	Rebecca Smith	Mansfield	1.25	5



Women High Jump (B string)

Pos	Name	Club	Perf	Pts
1	Laura Mason	Notts AC A	1.35	7
2	Louise Oliver	Charnwood	1.30	5

Women Pole Vault (A string)

Pos	Name	Club	Perf	Pts
1	Helen Orr	Charnwood	2.30	9
2	Ruby Juan	Bristol & West	2.20	7
3	Rebecca Smith	Mansfield	2.10	6
4	Selina Walters	Notts AC A	2.00	5

Women Pole Vault (B string)

Pos	Name	Club	Perf	Pts
1	Chloe Elphick	Mansfield	2.00	7

Women Shot Putt (A string)

Pos	Name	Club	Perf	Pts
1	Eden Francis	Birchfield	15.27	9
2	Christina Jones	Bristol & West	11.47	7
3	Olga Kotmilosi	City of Stoke	9.59	6
4	Selina Walters	Notts AC A	9.48	5
5	Amber Burdett	Charnwood	9.04	4
6	Laura Bennett	Mansfield	8.74	3

Women Shot Putt (B string)

Pos	Name	Club	Perf	Pts
1	Louise Hazel	Birchfield	12.40	7
2	A Gossjean	Bristol & West	9.26	5
3	Louise Oliver	Charnwood	8.94	4
4	Becky wooley	Mansfield	8.69	3
5	Emily Campbell	Notts AC A	7.95	2
6	Clare Booker	City of Stoke	4.41	1

Women Discus (A string)

Pos	Name	Club	Perf	Pts
1	Eden Francis	Birchfield	52.98	9
2	Charlotte Gair	Mansfield	39.48	7
3	A Gossjean	Bristol & West	30.08	6
4	Clare Booker	City of Stoke	27.94	5
5	Emily Campbell	Notts AC A	27.08	4
6	Amber Burdett	Charnwood	25.62	3



Women Discus (B string)

Pos	Name	Club	Perf	Pts
1	Jade Moore	Birchfield	43.02	7
2	Selina Walters	Notts AC A	22.85	5
3	Christina Jones	Bristol & West	22.58	4
4	Alice Knight	Charnwood	18.39	3
5	Claire Beaumont	Mansfield	18.36	2
6	Olga Kotmilosi	City of Stoke	8.33	1

Women Hammer (A string)

Pos	Name	Club	Perf	Pts
1	Hayley Murray	Birchfield	50.10	9
2	Christina Jones	Bristol & West	50.05	7
3	Kirsty Douglas	Charnwood	43.92	6
4	Selina Walters	Notts AC A	34.20	5
5	Claire Beaumont	Mansfield	31.67	4

Women Hammer (B string)

Pos	Name	Club	Perf	Pts
1	Charlotte Gair	Mansfield	30.80	7
2	Emily Campbell	Notts AC A	22.47	5
3	Karen Davies	Birchfield	22.32	4
4	Dorothy Rubery	Charnwood	22.05	3
5	Ruby Juan	Bristol & West	9.32	2

Women Javelin (A string)

Pos	Name	Club	Perf	Pts
1	Amber Burdett	Charnwood	43.87	9
2	Olga Kotmilosi	City of Stoke	38.29	7
3	Lucy Banner	Mansfield	32.24	6
4	Christina Jones	Bristol & West	31.99	5
5	Laura Radburn	Birchfield	24.55	4
6	EMMA KOMOCKI	Notts AC A	11.88	3

Women Javelin (B string)

Pos	Name	Club	Perf	Pts
1	Chelsea Cooper	City of Stoke	34.55	7
2	Becky wooley	Mansfield	31.22	5
3	Alice Knight	Charnwood	29.88	4
4	Nicola Breaks	Bristol & West	27.47	3
5	Lyn Orbell	Birchfield	16.46	2
6	Kirsty Marshall	Notts AC A	6.46	1



Womens 4x100m

Pos	Name	Club	Perf	Pts
1		Birchfield	50.8	9
2		Notts AC A	51.3	7
3		Charnwood	51.4	6
4		Mansfield	51.7	5
5		City of Stoke	55.0	4
6		Bristol & West	55.9	3

Womens 4x400m

Pos	Name	Club	Perf	Pts
1		Birchfield	3.53.6	9
2		Notts AC A	4.00.9	7
3		Charnwood	4.12.1	6
4		Mansfield	4.16.5	5
5		City of Stoke	4.19.0	4

Guest competitors

100m MEN

Mark Dunwell	Notts	11.2
Carl Mason	Birchfield	11.5
Richard Adiyia	Charnwood	11.6
Lewis Summer-Rell	Notts	11.8
Martin White	Mansfield	12.0
Simon Park	Bristol & West	12.1

100m WOMEN

Jor'Dan McIntosh	Charnwood	13.1
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200m MEN

Scott Douglas	Charnwood	23.9
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400m MEN

Scott Douglas	Charnwood	52.9
James Paramore	Charnwood	56.2

Pole Vault MEN

Martin Davies	Bristol & West	3m10
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