

T1		400H U20W		Final	
Posn	Name	Club	Perf		
1	Emma Komocki	Notts AC	63.66		pb
2	Hannah Jackson	Yate & D	66.03		
3	Laura Pacey	Wolves & Bilston	66.72		
4	Charlotte Bowling	Corby AC	67.28		
5	Rebecca Oakley	Wolves & Bilston	68.65		
6	Sophie Wright	Rugby & N	71.83		
7	Lucy Jennings	RSC	72.98		
T2		400mH SW		Final	
Posn	Name	Club	Perf		
1	Jade Surman	Birchfield H	60.74		
2	Nicola Robinson	Coventry Godiva	67.91		
3	Stephanie Childs	Leamington AC	69.38		
T3		400H U20M		Final	
Posn	Name	Club	Perf		
1	Richard Curl	Solihull & S H	56.55		
2	Lewis Gollledge	Notts AC	59.48		
3	Richard Adiyia	Charnwood AC	60.71		
T6		800m SM		Heat 1	
Posn	Name	Club	Perf		
1	Joe Brocklehurst	Stratford-on-Avon	1.55.97		
2	James Ansell	Newquay & Par	1.56.14		
3	James Miller	Cheltenham & C H	1.56.43		
4	Chris Lamb	Rugby & N	1.56.60		
5	Andrew Dean-Young	Bristol & West AC	1.58.00		
6	Frederic Tremblay	RSC	2.00.32		
7	Andy Poppleton	Worcester AC	2.04.12		
8	John Brierly	Bristol & West AC	2.06.89		
	Peter Whitehouse	Birchfield H	dns		
T6		800m SM		Heat 2	
Posn	Name	Club	Perf		
1	Adam Watt	Birchfield H	1.54.96		
2	Nico Constanti	Gloucester AC	1.55.23		
3	Ryan Cox	Birchfield H	1.55.37		pb
4	Martin Flook	Bristol & West AC	1.56.73		
5	Richard de-Camps	Gloucester AC	1.56.84		
6	Matthew Bayliss	B'ham Running & Tri	1.57.56		
7	Paul Harmer	Charnwood AC	1.58.26		
8	Dave Freeman	Coventry Godiva	2.04.45		pb
T9		100m U20M		Heat 1	
Posn	Name	Club	Perf		w/s-1.3
1	Judah Simpson	Derby AC	11.14		
2	Peter Watling	Wolves & Bilston	11.15		
3	Alex Nwenwu	Wolves & Bilston	11.21		
4	Kota Suzuki	Broms & Redd	11.22		
5	Shane Henry	Birchfield Harriers	11.54		
6	Chris Norman	Leicester Coritanian	11.62		
7	Andrew Lord	Cheltenham & C H	11.71		

T9		100m U20M		Heat 2	w/s 0.00
Posn	Name	Club	Perf		
1	Omasirichukwu Anyanwu	Coventry Godiva	11.19		
2	Yannick Phippen	Kettering Town	11.23		
3	Marcel Hodge	Charnwood AC	11.38		
4	Scott Bajere	Bristol & West AC	11.44		
5	Alex Currie	Solihull & S H	11.44		
6	Aqeel Hassan	Charnwood AC	11.59		
7	Aaron Bando	Wolves & Bilston	11.76		

T10		100m SM		Heat 1	w/s 1.3
Posn	Name	Club	Perf		
1	Cloron Hylton	Birchfield H	10.92		
2	Ryan Farrington	Birchfield H	10.95		
3	Ben Coghlan	Bristol & West AC	11.10		
4	Nathan Cockett	Birchfield H	11.22		
5	Paul Jones	Halesowen AC	11.47		
6	David Fraser	Rugby & N	11.64		
7	Alastair McDonald	Bedford & County	11.85		
8	Luke Emanuel	Nottingham Uni	12.11		

T10		100m SM		Heat 2	w/s -0.8
Posn	Name	Club	Perf		
1	Justin Thompson	Birchfield H	10.93		
2	Adam Thomas	Birchfield H	11.15		
3	Sean Vernon	Preston H	11.22		
4	Carl Mason	Birchfield H	11.49		
5	Donovan James	Wolves & Bilston	11.61		
6	Lewis Summer-Rell	Notts AC	11.65		
7	Adam Storer	City of Sheffield	11.82		
8	Dalton Powell	Notts AC	11.83		

T10		100m SM		Heat 3	w/s -0.3
Posn	Name	Club	Perf		
1	Joel Fearon	Birchfield H	10.65		
2	Ryan James	Birchfield H	10.76		
3	Edirin Okoro	Birchfield H	11.63		
4	Jamie Vickery	Blackburn H	11.68		
5	Samuel Stone	Notts AC	11.86		
6	Adam Hughes	Birchfield H	12.16		
	Jermaine Downie	Birchfield H	dns		

T11		3000m U20W		Final
Posn	Name	Club	Perf	
1	Dannii Johnson	Birchfield H	10.30.76	
2	Emily Waugh	Rugby & N	10.51.08	

T12		3000m U20M		Final
Posn	Name	Club	Perf	
1	Gregg Halliwell	Yate & D	9.12.86	
2	Liam Hendricken	City of Stoke	9.16.06	
3	Luke Robinson	Rugby & N	9.54.36	
4	David Edwards	Kettering Town	10.00.77	
5	Sam Taylor	Stratford-on-Avon	10.21.59	

T13		100H U20W		Final	w/s -1.2
Posn	Name	Club	Perf		
1	Emma Komocki	Notts AC	15.15		
2	Molly Bagworth	Coventry Godiva	15.24		
3	Charlotte Burrows	Rugby & N	16.22		pb
4	Francesca Courtney	Cheltenham & C H	16.23		
	Dionne Samuels	Birchfield H	DNF		

T14		100mH SW		Final	w/s -2.1
Posn	Name	Club	Perf		
1	Louise Hazel	Birchfield H	13.68		
2	Phyllis Agbo	Thames Valley H	13.89		
3	Gemma Werrett	Birchfield H	14.08		

T15		110H U20M		Final	w/s -1.8
Posn	Name	Club	Perf		
1	Curtis Holmes	Birchfield H	14.01		
2	Alex Nwenwu	Wolves & Bilston	14.40		
3	Themba Luhana	Rugby & N	14.55		
4	Yannick Budd	Bristol & West	14.89		
5	Ciaran Donnelly	Birchfield H	15.64		

T16		110mH SM		Final	w/s 0.4
Posn	Name	Club	Perf		
1=	Edirin Okoro	Birchfield H	14.27		
1=	Julian Adeniran	Shaftsbury Barnet	14.27		
3	Samuel Stone	Notts AC	15.52		
4	Oliver Knight	Charnwood AC	16.04		
	Joseph Hylton	Birchfield H	dnf		

T19		400m U20M		Heat 1
Posn	Name	Club	Perf	
1	Jarryd Dunn	Birchfield H	48.84	
2	Efekemo Okoro	Birchfield H	49.23	
3	Christian Byron	Birchfield H	49.36	
4	Joel Clutterbuck	Stroud & D	50.01	
5	Liam Tracey	City of Stoke	50.71	
6	David Lee	Coventry Godiva	53.03	
7	Adam Barnes	RSC	53.67	

T19		400m U20M		Heat 2
Posn	Name	Club	Perf	
1	Ben Sturgess	Bedford & County	49.09	
2	Zach King	Notts AC	49.38	
3	Ross Allen	Rugby & N	49.75	
4	Richard Curl	Solihull & S H	50.67	
5	Jamie Gifford	Halesowen AC	52.41	
	Toby Birtwhistle	Telford AC	dnf	

T20		400m SM		Heat 1	
Posn	Name	Club	Perf		
1	Daniel Cash	Tamworth AC	49.29		
2	Michael Warner	Notts AC	49.31		
3	Sam Peters	Erme Valley H	49.67		
4	Alex Fields	Bristol & West AC	50.76	pb	
5	Abdillah Nassir	Charnwood AC	51.20		
6	Jon Biddle	Cannock & Stafford	51.86		
7	James Whitehouse	Birchfield H	52.14		
8	Amardeep Sangha	Tipton Harriers	52.35		
T20		400m SM		Heat 2	
Posn	Name	Club	Perf		
1	Paul Judson	Notts AC	47.88	pb	
2	Patrick Palmer	Birchfield H	48.61	pb	
3	Jonathan Hornblow	Derby AC	48.62		
4	Martin Cook	Mansfield H	49.50		
5	James Lynch	Birchfield H	49.57	pb	
6	James Colclough	Kidd/Stourport	51.15		
7	Michael Gardiner	Cheltenham & C H	52.05		
8	Joe Mellor	Notts AC	53.14		
T21		2000m s/c U20M		Final	
Posn	Name	Club	Perf		
1	Nicholas Hardy	Birchfield H	6.24.24		
2	Sebastien Goodall	Corby AC	6.32.45		
3	Daniel Hillman	Coventry Godiva	6.51.87		
4	Joe Broome	City of Stoke	6.54.38		
5	Jonathan Barnes	Hereford & County	7.06.94		
6	George Cardwell	Rugby & N	7.17.94		
T22		100m U20W		Final	
Posn	Name	Club	Perf		w/s 1.1
1	Jennie Batten	Stroud & D	12.05		
2	Laura Haslam	Charnwood AC	12.40		
3	Laura Samuel	Leicester Coritanian	12.60		
4	Charlotte Burrows	Rugby & N	12.73	pb	
5	Nardhia Kidd-Walker	Birchfield H	12.88	pb	
6	Chelsea Alagoa-Oliver	Birchfield H	12.92		
7	Milly Kellyman	Tamworth AC	13.00		
8	Alice Hale	Stratford-on-Avon	14.23		
T23		100m SW		Final	
Posn	Name	Club	Perf		w/s -1.3
1	Kylie Russell	Team Bath	12.13		
2	Abbi Tyson	Birchfield H	12.19	pb	
3	Charlotte Allee	Rugby & N	12.46		
4	Danielle Norville	B'ham Running & Tri	12.64		
5	Emma Heath	Bristol & West AC	12.65		
6	Joanne Frost	Broms & Redd	12.76		
7	Shelley Went	Leamington AC	12.83		
8	Jor'dan McIntosh	Charnwood AC	12.98		
9	Emma Cluley	Rugby & N	13.49		

T24		100m U20M		Final	w/s 1.4
Posn	Name	Club	Perf		
1	Judah Simpson	Derby AC	10.91		pb
2	Peter Watling	Wolves & Bilston	10.92		
3	Kota Suzuki	Broms & Redd	11.05		pb
4	Alex Nwenwu	Wolves & Bilston	11.08		
5	Yannick Phippen	Kettering Town	11.15		
6	Omasirichukw Anyanwu	Coventry Godiva	11.29		
7	Scott Bajere	Bristol & West AC	11.41		
8	Marcel Hodge	Charnwood AC	11.42		
9	Alex Currie	Solihull & S H	11.54		

T25		100m SM		Final	w/s -1.9
Posn	Name	Club	Perf		
1	Ryan James	Birchfield H	10.67		
2	Ryan Farrington	Birchfield H	10.89		
3	Cloron Hylton	Birchfield H	11.00		
4	Justin Thompson	Birchfield H	11.09		
5	Adam Thomas	Birchfield H	11.14		pb
6	Ben Coghlan	Bristol & West AC	11.22		
7	Sean Vernon	Preston H	11.28		
	Joel Fearon	Birchfield H	dns		
	Nathan Cockett	Birchfield H	dns		

T28		400mH SM		Final	
Posn	Name	Club	Perf		
1	Simon Merrill	Team Bath	53.09		pb
2	Tom Moakes	Notts AC	53.18		
3	Callem Forde	Charnwood AC	53.83		
4	Brenton Hardware	Birchfield H	55.65		
5	Jonathan Newell	Mansfield H	61.37		
6	Adam Smith	Cannock & Stafford	62.67		

T29		800m U20W		Final	
Posn	Name	Club	Perf		
1	Briony Bendle	Charnwood AC	2.14.71		pb
2	Rachel Atherton	Cannock & Stafford	2.19.22		
3	Amy Johnson	RSC	2.21.31		
4	Briony Banks	Rugby & N	2.26.39		
5	Megan Stratford	RSC	2.27.27		
6	Sarah Ward	Harborough AC	2.33.31		

T30		800m SW		Final	
Posn	Name	Club	Perf		
1	Laura Langowski	Coventry Godiva	2.11.03		
2	Anouska McConnell	Birchfield H	2.11.76		
3	Rhianna Parker-Simpson	Halesowen AC	2.12.04		
4	Ruth Mitchell	Bristol & West AC	2.12.23		
5	Rebecca Hall	Kettering Town	2.19.63		
6	Emma Day	Leamington AC	2.22.79		
7	Sally Olorenshaw	Coventry Godiva	2.23.43		
8	Kellie Bewick	Birchfield H	2.25.45		

T31		800m U20M		Final	
Posn	Name	Club	Perf		
1	Toby Griffiths	Oswestry O	1.57.11	pb	
2	Paddy Radley	OWLS AC	1.59.43		
3	Jake Waples	Kettering Town	2.00.38		
4	Tom Graves	Birchfield H	2.00.94		
5	Joshua Lacey	Birchfield H	2.01.67		
6	Toby Birtwhistle	Telford AC	2.02.26		
7	William Ganley	Wolves & Bilston	2.04.56		

T32		800m SM		Final	
Posn	Name	Club	Perf		
1	Joe Brocklehurst	Stratford-on-Avon	1.52.57		
2	Nico Constanti	Gloucester AC	1.53.98		
3	Martin Flook	Bristol & West AC	1.54.01	pb	
4	Adam Watt	Birchfield H	1.54.36		
5	James Ansell	Newquay & Par	1.55.01		
6	Chris Lamb	Rugby & N	1.56.33		
7	Ryan Cox	Birchfield H	1.56.41		
8	James Miller	Cheltenham & C H	1.56.67		

T33		200m U20W		Heat 1		w/s -0.5
Posn	Name	Club	Perf			
1	Jennie Batten	Stroud & D	24.9			
2	Hannah Stevenson	Notts AC	26.2			
3	Nardhia Kidd-Walker	Birchfield H	26.5			
4	Natasha Lewis	Team Bath	26.6			
5	Laura Pacey	Wolves & Bilston	27.4			
6	Chelsea Alagoa-Oliver	Birchfield H	29.8			

T33		200m U20W		Heat 2		w/s -0.8
Posn	Name	Club	Perf			
1	Laura Haslam	Charnwood AC	25.7			
2	Sophie Taylor	Tamworth AC	26.4			
3	Kirstie Overfield	Dudley & S'bridge	26.5			
4	Sophie Wright	Rugby & N	26.7			
5	Rebecca Oakley	Wolves & Bilston	27.4			
6	Alice Hale	Stratford-on-Avon	29.1	pb		

T34		200m SW		Heat 1		w/s -0.7
Posn	Name	Club	Perf			
1	Kylie Russell	Team Bath	24.81			
2	Emma Williams	Coventry Godiva	25.24			
3	Kayo Titiloye	Birchfield H	25.58			
4	Charmaine Riley	RSC	25.85			
5	Jor'dan McIntosh	Charnwood AC	26.01			
	Danielle Norville	B'ham Running & Tri	dnf			

T34		200m SW		Heat 2		w/s -0.3
Posn	Name	Club	Perf			
1	Nadine Okyere	Birchfield H	24.80			
2	Melinda Cooksey	Birchfield H	24.83			
3	Abbi Tyson	Birchfield H	25.22			
4	Charlotte Allee	Rugby & N	25.23			
5	Leah Paulley	Newquay & Par	26.13			
6	Louise Webster	Wolves & Bilston	28.53			

T35		200m U20M		Heat 1	w/s 0.5
Posn	Name	Club	Perf		
1	Benjamin Morris	Leicester Coritanian	22.65		
2	Aqeel Hassan	Charnwood AC	23.03		
3	Kota Suzuki	Broms & Redd	23.15		
4	Thomas Johnson	Rugby & N	23.91		
	Alex Currie	Solihull & S H	DNS		

T35		200m U20M		Heat 2	w/s -1.3
Posn	Name	Club	Perf		
1	Peter Watling	Wolves & Bilston	22.33		
2	Nicholas Pryce	RSC	22.89		
3	Shane Henry	Birchfield Harriers	22.96		
4	Peter Shand	Tipton Harriers	23.15		
5	Andrew Lord	Cheltenham & C H	23.20		
6	Aaron Bando	Wolves & Bilston	24.10		

T36		200m SM		Heat 1	w/s -1.9
Posn	Name	Club	Perf		
1	Luke Lennon-Ford	Birchfield H	22.06		
2	Matthew Green	Doncaster AC	22.61		
3	Aaron Aplin	Mansfield H	22.76		
4	Lewis Summer-Rell	Notts AC	23.66		
5	David Fraser	Rugby & N	23.76		
6	Brenton Hardware	Birchfield H	24.17		
7	Adam Hughes	Birchfield H	24.35		

T36		200m SM		Heat 2	w/s -0.8
Posn	Name	Club	Perf		
1	Jim Tipper	Telford AC	22.36		
2	Ryan Farrington	Birchfield H	22.50		
3	Sean Vernon	Preston H	22.87		
4	Adam Storer	City of Sheffield	23.50		
5	Donovan James	Wolves & Bilston	23.58		
6	Oliver Knight	Charnwood AC	23.71		
	Jamie Vickery	Blackburn H	DNS		

T36		200m SM		Heat 3	w/s -1.3
Posn	Name	Club	Perf		
1	Joseph Hylton	Birchfield H	22.04		
2	Phillip Doorgachurn	Cardiff AAC	22.09		
3	Ben Coghlan	Bristol & West AC	22.50		
4	Adam Thomas	Birchfield H	22.52		
5	Justin Thompson	Birchfield H	23.37		
6	Dalton Powell	Notts AC	23.97		
7	Luke Emanuel	Nottingham Uni	24.52		
8	Aleskey Tkachuk	OWLS AC	25.05		

T37		5000m SW		Final
Posn	Name	Club	Perf	
1	Alison Lavender	Oswestry O	17.54.25	
2	Sally Gray	Stafford Harriers	18.07.30	
3	Wendy Morant	Birchfield H	27.08.57	

T38		5000m SM		Final	
Posn	Name	Club	Perf		
1	James Walsh	Leeds City AC	14.24.41		
2	Sebastian Duffy	City of Stoke	14.42.53		
3	Paul Thompson	B'ham Running & tri	14.48.80		
4	Yousef Al-Lathaa	Birchfield H	15.10.25		
5	Toby Spencer	Coventry Godiva	15.23.03		
6	Stuart Nelson	Rugby & N	15.50.66		
T39		400m U20W		Final	
Posn	Name	Club	Perf		
1	Lauren Downing	Coventry Godiva	56.77	pb	
2	Sophie Taylor	Tamworth AC	57.59		
3	Chloe Bradley	Doncaster AC	58.12		
4	Cally Read	Birchfield H	58.26		
5	Hanifa Greenwood	Birchfield H	58.86		
6	Sophie Clark	Birchfield H	60.56		
7	Briony Banks	Rugby & N	62.34		
8	Shauni Warner	Stratford-on-Avon	68.26		
T40		400m SW		Final	
Posn	Name	Club	Perf		
1	Melinda Cooksey	Birchfield H	55.11		
2	Claire Burgoyne	Shrewsbury AC	56.20		
3	Sara-Jane Oglesby	Notts AC	57.18		
4	Amy Frith	Tamworth AC	59.46		
5	Rebecca Smith	Mansfield H	60.77		
6	Louise Webster	Wolves & Bilston	62.39		
7	Aimee Booth	Birchfield H	64.05		
T41		400m U20M		Final	
Posn	Name	Club	Perf		
1	Zach King	Notts AC	48.76		
2	Jarryd Dunn	Birchfield H	48.96		
3	Efekemo Okoro	Birchfield H	49.32		
4	Ben Sturgess	Bedford & County	49.98		
5	Ross Allen	Rugby & N	50.25		
6	Richard Curl	Solihull & S H	51.50		
	Christian Byron	Birchfield H	dnf		
	Joel Clutterbuck	Stroud & D	dns		
T42		400m SM		Final	
Posn	Name	Club	Perf		
1	Paul Judson	Notts AC	48.58		
2	Sam Peters	Erme Valley H	48.88	pb	
3	Daniel Cash	Tamworth AC	48.90		
4	Patrick Palmer	Birchfield H	48.93	pb	
5	Jonathan Hornblow	Derby AC	49.01		
6	James Lynch	Birchfield H	49.92		
7	Martin Cook	Mansfield H	50.53		
	Michael Warner	Notts AC	dns		

T43 1500m U20W

Posn	Name	Club	Perf
1	Lucy Farnell	Birchfield H	4.42.31
2	Sarah Hopcroft	Birchfield H	4.47.15
3	Nicole Roberts	Bishop Stopford Sc	4.53.90
	Siobhan Harrison	Aldershot FD	dns

Final

T44 1500m SW

Posn	Name	Club	Perf
1	Debbie Niccol	Bristol & West AC	4.38.60
2	Hayley Munn	Kettering Town	4.42.67

Final

T45 1500m U20M

Posn	Name	Club	Perf
1	Ben Coldray	Stroud & D	3.55.64
2	Tom Curr	Stroud & D	3.55.73
3	Jelle Verwer	Tipton Harriers	3.56.06
4	Jack Gray	B'ham Running & Tri	3.57.59
5	Brett Halliwell	Yate & D	3.59.13
6	Chris Perrin	Cannock & Stafford	4.02.69
7	Sean Bowden	Broms & Redd	4.05.11
8	James Perrin	Cannock & Stafford	4.07.97
9	Rory Grant	Rugby & N	4.12.43
10	Blayne Pick	Notts AC	4.16.01
11	Liam Phelan	Leicester Coritanian	4.25.41
12	Thomas Pillow	Shrewsbury AC	4.29.53
13	Elliott Hart	Leicester Coritanian	4.32.08
14	Tom Delaney	Sphinx AC	4.34.69

Final

T46 1500m SM

Posn	Name	Club	Perf
1	Tim Dalton	Severn AC	3.54.62
2	Thomas Gayle	City of Stoke	3.55.91
3	Sam Evans	Birchfield H	3.56.57
4	Stephen Emery	Coventry Godiva	3.57.21
5	Chris Carter	Telford AC	3.58.17
6	Tom Russell	Bristol & West AC	3.59.30
7	Ander Russell	Stroud & D	3.59.68
8	Ben Sharman	Birchfield H	4.00.95
9	Matthew Withey	Stroud & D	4.01.37
10	Joseph Dagleish	Yate & D	4.03.68
11	Steve Millward	Gloucester AC	4.04.12

Final

T47 200m U20W

Posn	Name	Club	Perf
1	Jennie Batten	Stroud & D	24.46
2	Laura Haslam	Charnwood AC	25.74
3	Sophie Taylor	Tamworth AC	26.14
4	Hannah Stevenson	Notts AC	26.15
5	Kirstie Overfield	Dudley & S'bridge	26.59
6	Sophie Wright	Rugby & N	26.69
	Nardhia Kidd-Walker	Birchfield H	DNS
	Natasha Lewis	Team Bath	DNS

Final

w/s -0.4

T48		200m SW		Final	w/s 0.6
Posn	Name	Club	Perf		
1	Melinda Cooksey	Birchfield H	24.44		
2	Nadine Okyere	Birchfield H	24.45		
3	Emma Williams	Coventry Godiva	25.01		
4	Charlotte Allee	Rugby & N	25.04		
5	Kayo Titiloye	Birchfield H	25.64		
6	Charmaine Riley	RSC	25.95		
	Kylie Russell	Team Bath	DNS		
	Abbi Tyson	Birchfield H	DNS		

5		200m U20M		Final	w/s 1.5
Posn	Name	Club	Perf		
1	Peter Watling	Wolves & Bilston	22.34		
2	Benjamin Morris	Leicester Coritanian	22.35		
3	Kota Suzuki	Broms & Redd	22.66		pb
4	Shane Henry	Birchfield Harriers	22.72		
5	Peter Shand	Tipton Harriers	22.87		
6	Aqeel Hassan	Charnwood AC	22.98		
7	Nicholas Pryce	RSC	23.01		
8	Andrew Lord	Cheltenham & C H	23.20		

T50		200m SM		Final	w/s 1.5
Posn	Name	Club	Perf		
1	Luke Lennon-Ford	Birchfield H	21.75		
2	Phillip Doorgachurn	Cardiff AAC	21.91		
3	Joseph Hylton	Birchfield H	22.06		pb
4	Ryan Farrington	Birchfield H	22.32		
5	Jim Tipper	Telford AC	22.38		
6	Ben Coghlan	Bristol & West AC	22.44		
7	Matthew Green	Doncaster AC	22.79		
	Adam Thomas	Birchfield H	DNS		

F01		Hammer SW		Final	
Posn	Name	Club	Perf		
1	Zoe Derham	Birchfield H	66.89		CBP
2	Rachel Gair	Trafford AC	59.48		
3	Sarah Holt	Sale Harriers	58.32		
4	Hayley Murray	Birchfield H	50.91		
5	Christina Jones	Bristol & West AC	49.94		
6	Lucy Marshall	Woodford G & EL	48.81		
7	Kate Yhnell	Gloucester AC	46.88		
8	Bethany Mitchell	Sutton-in-Ashfield H	46.32		
9	Beth Sewell	Cardiff AAC	43.95		
10	Hayley Green	Bristol & West AC	41.62		
11	Anna Robertson	Gloucester AC	39.57		
12	Selina Walters	Notts AC	38.45		pb
13	Claire Beaumont	Mansfield H	36.00		
14	Jenny Cooper	Wolves & Bilston	32.53		
15	Catherine Dempsey	Halesowen AC	32.03		

F02		Long Jump SW		Final	
Posn	Name	Club	Perf		
1	Phyllis Agbo	Thames Valley H	6.07		w/s 1.0

F03 Long Jump U20W

Posn	Name	Club	Perf	
1	Laura Samuel	Leicester Coritanian	5.66	w/s 0.0
2	Natasha Lewis	Team Bath	5.30	w/s1.2
0	Natasha Zebroski	Swindon Harriers	4.96	w/s 0.0

F04 High Jump SM

Posn	Name	Club	Perf
1	Matt Roberts	Newham & Essex B	2.15
2	Phinehas Stewart	Birchfield H	2.10
3	Simon Phelan	Newham & Essex B	2.05
4	Romeo Sithole	Charnwood AC	1.95
5	Mitchell Simms	Tipton Harriers	1.90
6	Mark Brown	Coventry Godiva	1.85
7	Edwin Elmhirst	Worcester AC	1.85
8	Andrew Reeves	Rugby & N	1.80

F05 High Jump U20M

Posn	Name	Club	Perf
1	Adam Wall	Yate & D	1.90
2	Max Clayton	Worcester AC	1.85
3	Alasdair Rigby	Cannock & Stafford	1.85
4	Jamie Fitzpatrick	Solihull & S H	1.80

F08 Long Jump SM

Posn	Name	Club	Perf		
1	Nathan Morgan	Birchfield H	7.59	w/s 1.70	
2	Leigh Smith	Birchfield H	7.46	w/s 2.40	7.23m w/s 1.4
3	Jamie Blundell	Coventry Godiva	7.38	w/s 1.60	
4	Andrew Jones	Shrewsbury AC	7.15	w/s 2.50	7.06m w/s 1.2
5	Luke Pryor	OWLS AC	6.46	w/s 1.50	
6	Ben Cocker	Telford AC	6.44	w/s 1.50	

F09 Long Jump U20M

Posn	Name	Club	Perf		
1	Declan Moore	Birchfield H	7.09	w/s 1.40	
2	Michael Fenn	Daventry AAC	6.84	w/s 0.00	
3	Sam Edwards	Shrewsbury AC	6.29	w/s 1.40	
4	Bryn Stretton	Stratford-on-Avon	6.20	w/s 3.00	5.98m w/s 0.80
5	Travis Francis	Wolves & Bilston	5.80	w/s 1.90	

F10 Hammer SM

Posn	Name	Club	Perf
1	Matthew Bell	Birchfield H	63.23
2	Justin Sysum	Gloucester AC	60.92
3	Chris Shorthouse	Notts AC	60.44
4	Matthew Sutton	Birchfield H	57.29
5	Michael Tommey	Birchfield H	43.58

F11 Discus SW

Posn	Name	Club	Perf
1	Eden Francis	Birchfield H	50.18
2	Jade Moore	Birchfield H	42.44
3	Rachel Backhouse	Corby AC	39.25
4	Hayley Green	Bristol & West AC	33.48
5	Hayley Clowes	City of Stoke	32.62
6	Jenny Cooper	Wolves & Bilston	31.71

F12		Discus SM		Final			
Posn	Name	Club	Perf				
1	Sam Herrington	Birchfield H	49.99				
2	Martin Bartholomew	City of Stoke	47.60				
3	Gregg Nixon	City of Stoke	42.57				
4	Ingmar Vos	Birchfield H	39.06				
5	Adam Henley	Kettering Town	15.09				
F13		Pole Vault SM		Final			
Posn	Name	Club	Perf				
1	Steve West	Bristol & West AC	3.50				
F14		Pole Vault U20M		Final			
Posn	Name	Club	Perf				
1	Cameron Walker-Shepherd	Birchfield H	4.80				
2	Connell MacQuisten	Team Bath	4.60	pb			
3	Mark Cooper	City of Stoke	4.10				
4	Luke Bailey	Bristol & West AC	3.90				
F15		High Jump SW		Final			
Posn	Name	Club	Perf				
1	Louise Hazel	Birchfield H	1.60				
2	Charlotte Berrington	Birchfield H	1.50				
F16		High Jump U20W		Final			
Posn	Name	Club	Perf				
1	Zoey Phillips	Birchfield H	1.70				
2	Chloe Boulter	Cannock & Stafford	1.60				
3	Daniella Hankins	Bedford & County	1.60	pb			
4	Elizabeth Parry	Birchfield H	1.55				
F17		Triple Jump SW		Final			
Posn	Name	Club	Perf				
1	Denae Matthew	Birchfield H	12.33	w/s 3.0	12.06m	w/s 0.3	
2	Hannah Walsh	Charnwood AC	10.82	w/s 2.3	10.73m	w/s 1.2	
F18		Triple Jump U20W		Final			
Posn	Name	Club	Perf				
1	Laura Samuel	Leicester Coritanian	12.48	w/s 0.6	=CBP		
2	Gemma Smith	Cannock & Stafford	11.19	w/s 1.0			
F19		Javelin SM		Final			
Posn	Name	Club	Perf				
1	Brett Byrd	City of Stoke	62.83				
2	Glyn Hollingworth	Coventry Godiva	60.99				
3	Ingmar Vos	Birchfield H	60.23				
4	Neil Crossley	Cheltenham & C H	57.37				
5	Benjamin Wilkinson	Cheltenham & C H	53.50				
F20		Javelin SW		Final			
Posn	Name	Club	Perf				
1	Samantha Cullinane	Rugby & N	42.79				
2	Amber Burdett	Charnwood AC	40.93				
3	Simone Huggins-Ward	Coventry Godiva	40.03				
4	Sophie Thomas	Birchfield H	39.74				
5	Bev Hawkins	Birchfield H	32.31				
6	Heidi Jarosinska	Halesowen	26.33				
7	Laura Radburn	Birchfield H	24.20				
8	Charlotte Berrington	Birchfield H	23.80				

F21 Shot SM		Final	
Posn	Name	Club	Perf
1	Sam Herrington	Birchfield H	15.44
2	Martin Bartholomew	City of Stoke	14.14
3	Gregg Nixon	City of Stoke	12.89
4	Adam Henley	Kettering Town	6.09

F22 Shot SW		Final	
Posn	Name	Club	Perf
1	Eden Francis	Birchfield H	15.28
2	Rebecca Peake	Sale Harriers	14.98
3	Ros Gonse	Bedford & County	12.61
4	Louise Hazel	Birchfield H	11.48
5	Selina Walters	Notts AC	9.30
6	Lucy Marshall	Woodford G & EL	9.25
7	Hayley Clowes	City of Stoke	8.23
8	Laura Radburn	Birchfield H	8.01

F23 Triple Jump SM		Final	
Posn	Name	Club	Perf
1	Nathan Douglas	Oxford City	15.85 w/s 0.00
2	Lawrence Harvey	Trafford AC	14.66 w/s 1.00
3	Michael McKernan	Birchfield H	14.36 w/s 1.60
4	Konrad Katarzynski	Birchfield H	14.09 w/s 1.90
5	Richard Westwood	Dudley & S'bridge	12.09 w/s 0.10

F24 Triple Jump U20M		Final	
Posn	Name	Club	Perf
1	Jose Martin-Fullerton	Birchfield H	14.21 w/s 0.70
2	Sam Edwards	Shrewsbury AC	13.83 w/s 0.30