

Total Scores

Position	Team	Points
1	Solihull S H	411
2	DASH	339
3	RSC	300
4	Banbury	286
5	Worcester AC	258
6	Corby	247

Mens Scores

Position	Team	Points
1	Solihull S H	201
2	DASH	163
3	Banbury	148
4	Worcester AC	136
5	Corby	125
6	RSC	124

Womens Scores

Position	Team	Points
1	Solihull S H	195
2	DASH	161
2	RSC	161
4	Banbury	123
5	Corby	107
5	Worcester AC	107

Officials Points

Team Name	Points
Solihull S H	15
DASH	15
RSC	15
Banbury	15
Worcester AC	15
Corby	15

Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Andrew Brookes	DASH	11.1	9
2	Hamish Pitkeathly	RSC	11.4	7
3	Alex Bradnick	Worcester AC	11.4	6
4	Gabriel Gennuso	Solihull S H	11.5	5
5	Rory MacGregor	Corby	12.0	4
6	Daniel Brown	Banbury	12.6	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Nicholas Pryce	RSC	11.5	7
2	Paul Webster	Corby	11.8	5
3	Jonathan Price	Solihull S H	11.9	4
4	Alex Betteridge	Worcester AC	12.1	3
5	Alex Woolgar	DASH	12.2	2
6	Tom Ashworth	Banbury	12.9	1

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Andrew Brookes	DASH	22.7	9
2	Alex Bradnick	Worcester AC	22.8	7
3	Hamish Pitkeathly	RSC	23.3	6
4	Alex Currie	Solihull S H	23.8	5
5	Rory MacGregor	Corby	24.3	4
6	Daniel Brown	Banbury	24.6	3

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Alistair Gamble	DASH	24.1	7
2	Alex Betteridge	Worcester AC	24.2	5
3	Jonathan Price	Solihull S H	24.3	4
4	Donald Brown	RSC	25.4	3
5	Tom Ashworth	Banbury	25.9	2
6	Wilson Paterson	Corby	27.2	1

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Richard Curl	Solihull S H	51.3	9
2	Luke Gibson	RSC	51.8	7
3	Daniel Brown	Banbury	53.0	6
4	Jordan Smith	DASH	53.4	5
5	Ross Davies	Corby	53.5	4
6	Andrew Poppleton	Worcester AC	54.3	3

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Lewis Albutt	Solihull S H	53.2	7
2	Adam Barnes	RSC	54.1	5
3	Richard SCOTT	Banbury	54.6	4
4	Nathan Graham	Corby	54.8	3
5	Alistair Gamble	DASH	57.1	2
6	Richard White	Worcester AC	61.0	1

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Philip Nation	DASH	19.4	9
2	Philip McDonald	Solihull S H	19.4	7
3	Ian ROBINSON	Banbury	21.0	6
4	Richard White	Worcester AC	21.2	5
5	Tony Wells	Corby	21.4	4

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Timothy Payne	Solihull S H	19.9	7
2	Neil Smallman	DASH	19.9	5
3	Adam CROFTS	Banbury	21.1	4
4	Luke Montgomery	Corby	26.0	3

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Richard Curl	Solihull S H	59.7	9
2	Philip Nation	DASH	62.9	7
3	Richard White	Worcester AC	65.2	6
4	Adam CROFTS	Banbury	69.0	5
5	Tony Wells	Corby	76.4	4

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Damon Wong	Solihull S H	61.4	7
2	Neil Smallman	DASH	65.5	5
3	Steve Walton	Banbury	69.9	4

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Frederic Tremblay	RSC	2.00.0	9
2	Jonathan Simpkins	Solihull S H	2.01.2	7
3	Lee Slater	DASH	2.01.6	6
4	Jacob SIMMONS	Banbury	2.02.2	5
5	Simon Franklin	Corby	2.04.3	4
6	David Hall	Worcester AC	2.05.6	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Sebastien Goodall	Corby	2.05.9	7
2	David Nation	DASH	2.09.9	5
3	Simon Cook	Solihull S H	2.12.7	4
4	Paul Terlesly	RSC	2.13.7	3
5	Ian ROBINSON	Banbury	2.19.1	2

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Nicholas Lyster	Solihull S H	4.06.6	9
2	Lee Slater	DASH	4.08.6	7
3	Jacob SIMMONS	Banbury	4.16.6	6
4	Frederic Tremblay	RSC	4.20.6	5
5	Rory Johnson	Worcester AC	4.21.1	4
6	Alistair Fowler	Corby	4.31.4	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Toby Spencer	Solihull S H	4.09.4	7
2	David Hall	Worcester AC	4.29.2	5
3	David Nation	DASH	4.40.7	4
4	Paul Terlesly	RSC	4.42.9	3
5	Stephen Broom	Corby	4.44.0	2
6	Mike HAWKINS	Banbury	5.07.4	1

Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Sam Mitchell	Worcester AC	9.08.8	9
2	Thomas Graves	Solihull S H	9.15.0	7
3	Chris Curtis	Corby	9.22.8	6
4	Matt Raden	DASH	9.31.2	5
5	Tim WRIGHT	Banbury	9.42.8	4
6	Russell Simpson	RSC	9.45.4	3

Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Andrew Kaar	Solihull S H	9.29.7	7
2	Daniel Keating	Corby	9.30.3	5
3	Paul Waby	DASH	9.47.4	4
4	Steve Walton	Banbury	9.57.3	3

Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Edward Stiles	Solihull S H	10.43.5	9
2	Luke Montgomery	Corby	11.28.7	7
3	Simon Ralph	RSC	11.42.5	6
4	Phil Bullock	Worcester AC	11.54.8	5
5	Mike HAWKINS	Banbury	12.06.0	4

Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Simon Cook	Solihull S H	11.48.1	7

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Sebastian Wilson Dyer	Corby	6.59	9
2	Sean Linnie	Worcester AC	6.35	7
3	Philip McDonald	Solihull S H	6.06	6
4	Richard SCOTT	Banbury	5.72	5
5	Hamish Pitkeathly	RSC	5.57	4
6	Alistair Gamble	DASH	5.47	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Max Clayton	Worcester AC	5.63	7
2	Donald Brown	RSC	5.51	5
3	Lee Czornyj	Corby	5.46	4
4	Jonathan Price	Solihull S H	5.20	3
5	Tim WRIGHT	Banbury	4.72	2
6	Philip Nation	DASH	4.69	1

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Philip McDonald	Solihull S H	12.92	9
2	Sebastian Wilson Dyer	Corby	12.65	7
3	Sean Linnie	Worcester AC	12.14	6
4	Richard SCOTT	Banbury	10.63	5
5	Alex Woolgar	DASH	10.24	4
6	Frederic Tremblay	RSC	10.01	3

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Dylan Orumwense	Solihull S H	12.09	7
2	Ian ROBINSON	Banbury	10.32	5
3	Adam Barnes	RSC	9.64	4
4	Mike Bennett	Worcester AC	9.62	3

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Max Clayton	Worcester AC	1.90	9
2	Timothy Payne	Solihull S H	1.85	7
3	Harry Hollis	Corby	1.65	6
4	Steve Walton	Banbury	1.65	5
5	Philip Nation	DASH	1.45	4

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Lee Czornyj	Corby	1.60	7
2	Timothy Payne	Solihull S H	1.55	5
3	Rashid OLUBAJI	Banbury	1.40	4

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Richard Woodhall	DASH	12.67	9
2	Perris WILKINS	Banbury	12.14	7
3	Kevin Brown	RSC	11.73	6
4	Sam Orgee	Worcester AC	10.35	5
5	Richard Taylor	Solihull S H	8.95	4
6	Gary Wong	Corby	6.89	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Gary JENNINGS	Banbury	10.30	7
2	Donald Brown	RSC	10.11	5
3	Joe Smith	DASH	9.07	4
4	Mike Bennett	Worcester AC	6.57	3
5	Rory MacGregor	Corby	6.30	2
6	Simon Cook	Solihull S H	5.54	1

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Kevin Brown	RSC	52.93	9
2	Perris WILKINS	Banbury	50.02	7
3	Richard Woodhall	DASH	37.20	6
4	Sam Orgee	Worcester AC	33.39	5
5	Richard Taylor	Solihull S H	22.98	4
6	Paul Webster	Corby	18.75	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Gary JENNINGS	Banbury	33.69	7
2	Joe Smith	DASH	21.25	5
3	Mike Bennett	Worcester AC	19.98	4
4	Damon Wong	Solihull S H	15.96	3
5	Sebastian Wilson Dyer	Corby	12.31	2

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Gary JENNINGS	Banbury	44.87	9
2	Richard Woodhall	DASH	38.75	7
3	Sam Orgee	Worcester AC	19.22	6
4	Timothy Payne	Solihull S H	18.54	5
5	Graham Felton	RSC	18.41	4

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Perris WILKINS	Banbury	33.01	7
2	David Nation	DASH	14.38	5
3	Michael Dolby	Solihull S H	14.01	4

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Richard Woodhall	DASH	50.58	9
2	Harry Hollis	Corby	47.24	7
3	Richard Taylor	Solihull S H	44.52	6
4	Sam Orgee	Worcester AC	38.69	5
5	Simon Lees	RSC	34.42	4
6	Rashid OLUBAJI	Banbury	32.52	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Lewis Albutt	Solihull S H	41.10	7
2	Joe Smith	DASH	35.23	5
3	Gary JENNINGS	Banbury	28.29	4
4	Lee Czornyj	Corby	22.52	3
5	Alex Bradnick	Worcester AC	4.32	2

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		RSC	45.5	9
2		Worcester AC	46.1	7
3		DASH	46.3	6
4		Banbury	49.0	5

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Solihull S H	3.34.8	9
2		RSC	3.35.6	7
3		Corby	3.38.2	6
4		Worcester AC	3.41.5	5
5		DASH	3.42.2	4
6		Banbury	3.54.5	3

Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Charmaine Riley	RSC	12.8	9
2	Katie Barry	Corby	12.8	7
3	SHANA PARKER	Banbury	13.4	6
4	Rachel Timothy	DASH	13.5	5
5	Tabitha Griffiths	Worcester AC	13.5	4
6	Danielle Georgiou	Solihull S H	13.8	3

Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Michelle Jones	DASH	13.3	7
2	Ami Rutter	Solihull S H	13.4	5
3	Kamille Vessell	RSC	13.6	4
4	Olivia Merry	Worcester AC	13.9	3
5	CAROLINE WADDELL	Banbury	14.2	2
6	Judith Hodson	Corby	15.3	1

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Charmaine Riley	RSC	26.4	9
2	Katie Barry	Corby	27.0	7
3	Ami Rutter	Solihull S H	27.3	6
4	Amber Griffiths	Worcester AC	27.4	5
5	Emma Goulding	DASH	27.8	4
6	CAROLINE WADDELL	Banbury	28.9	3

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Rachel Timothy	DASH	27.6	7
2	SHANA PARKER	Banbury	27.9	5
3	Danielle Georgiou	Solihull S H	28.2	4
4	Tabitha Griffiths	Worcester AC	28.3	3
5	Kamille Vessell	RSC	28.9	2
6	Judith Hodson	Corby	32.9	1

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Karen Harewood	Corby	56.8	9
2	Sadie Hambly	Solihull S H	62.9	7
3	Emma Goulding	DASH	64.3	6
4	Helen Reeves	Worcester AC	64.9	5
5	Amy Goodall	RSC	65.9	4
6	ANNA MCGOVERN	Banbury	76.3	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Michelle Jones	DASH	61.5	7
2	Kirsty Zammit	Solihull S H	65.1	5
3	Sophie McClenaghan	RSC	68.6	4
4	Timea Latinovics	Corby	70.3	3
5	Samantha Hodson	Worcester AC	72.5	2
6	Julie Dixon	Banbury	75.6	1

Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Katie Jacks	Solihull S H	17.5	9
2	Lauren Boyd	Corby	18.8	7
3	Megan Evans	RSC	20.1	6
4	Adele Reynolds	DASH	28.5	5

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Alexandra Pitcher	Solihull S H	19.6	7
2	Emma Overy	RSC	21.2	5

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Alexandra Pitcher	Solihull S H	74.3	9
2	ROS KELLING	Banbury	74.8	7
3	Emma Overy	RSC	77.3	6
4	Adele Reynolds	DASH	77.8	5
5	Camilla Barnes	Worcester AC	80.5	4

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Katie Jacks	Solihull S H	74.9	7
2	Charlotte Whitcombe	DASH	1.31.6	5

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Flanner	Solihull S H	2.20.1	9
2	Sally Evans	DASH	2.27.9	7
3	Charlotte Cotter	Corby	2.28.9	6
4	Helen Reeves	Worcester AC	2.30.4	5
5	Emily Cosgrove	RSC	2.30.8	4
6	ANNA MCGOVERN	Banbury	2.56.6	3

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Sadie Hambly	Solihull S H	2.25.5	7
2	Caitlin Bradley	Banbury	2.29.6	5
3	Lucy Jennings	RSC	2.31.1	4
4	Nancy Hitchmough	DASH	2.35.2	3
5	Timea Latinovics	Corby	2.39.8	2
6	Samantha Hodson	Worcester AC	2.50.6	1

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Flanner	Solihull S H	4.41.8	9
2	Jodie Ledger	Worcester AC	4.51.4	7
3	Lana-Marie Partridge	RSC	5.12.7	6
4	Caitlin Bradley	Banbury	5.14.0	5
5	Amanda Dipple	DASH	5.17.2	4
6	Charlotte Cotter	Corby	5.19.3	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	ROS KELLING	Banbury	5.24.1	7
2	Lucy Jennings	RSC	5.25.4	5
3	Mairead Roche	Corby	5.26.3	4
4	Helen Finch	Solihull S H	5.35.9	3
5	Nicola Davies	DASH	5.40.4	2

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	ROS KELLING	Banbury	10.53.8	9
2	Joanne Finch	Solihull S H	10.55.3	7
3	Mairead Roche	Corby	11.00.5	6
4	Amanda Dipple	DASH	11.02.9	5
5	Lizzie Farrow	RSC	12.13.8	4
6	Deborah Hodson	Worcester AC	13.52.3	3

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Julie Dixon	Banbury	11.00.2	7
2	Rebecca Freeman	Solihull S H	11.08.1	5
3	Nicola Davies	DASH	11.45.9	4
4	Margaret Mulholland	Corby	12.21.2	3
5	Emily Cosgrove	RSC	13.52.2	2

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Connie James	Solihull S H	4.99	9
2	Megan Evans	RSC	4.71	7
3	Emma Goulding	DASH	4.64	6
4	SHANA PARKER	Banbury	4.54	5
5	Katie Barry	Corby	4.29	4
6	Helen Reeves	Worcester AC	4.13	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Katie Jacks	Solihull S H	4.27	7
2	Olivia Merry	Worcester AC	4.11	5
3	Francis Lacey	DASH	3.71	4
4	Lucy Jennings	RSC	3.21	3
5	MARGARET COOMBE	Banbury	2.90	2

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Megan Evans	RSC	10.20	9
2	Molly Browne	Worcester AC	9.70	7
3	Connie James	Solihull S H	9.68	6
4	AMY PEACOCK	Banbury	8.39	5
5	Francis Lacey	DASH	8.36	4

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Lucie Brazier	Worcester AC	8.75	7
2	Lana-Marie Partridge	RSC	7.11	5

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Sophie Rayner	Solihull S H	1.50	9
2	Lauren Boyd	Corby	1.40	7
3	Becky Donnelly	Worcester AC	1.40	6
4	Megan Evans	RSC	1.35	5
5	Rachel Timothy	DASH	1.30	4
6	ROS KELLING	Banbury	1.20	3

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Ami Rutter	Solihull S H	1.45	7
2	Katie Barry	Corby	1.25	5
3	Amy Goodall	RSC	1.25	4
4	Adele Reynolds	DASH	1.25	3

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Lauren Boyd	Corby	10.20	9
2	Alison Tolley	DASH	9.87	7
3	HANNAH BRYAN	Banbury	8.52	6
4	Charlotte Gimson	RSC	7.72	5
5	Katie Martin	Worcester AC	7.63	4
6	Kate Whiston	Solihull S H	6.91	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Ann-Marie Walton	DASH	8.49	7
2	Jill Turner	Solihull S H	6.86	5
3	JACKIE CUNNINGHAM	Banbury	6.26	4
4	Elizabeth Sliwa	Worcester AC	6.23	3
5	Katie Barry	Corby	6.15	2
6	Fiona Smith	RSC	5.73	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Kate Whiston	Solihull S H	31.73	9
2	Alison Tolley	DASH	25.98	7
3	Elizabeth Sliwa	Worcester AC	26.65	6
4	Charlotte Gimson	RSC	19.68	5
5	HANNAH BRYAN	Banbury	18.71	4
6	Charlotte Cotter	Corby	12.82	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Jill Turner	Solihull S H	22.69	7
2	Gemma Williams	DASH	18.59	5
3	Claire White	Worcester AC	17.64	4
4	Sophie McClenaghan	RSC	16.88	3
5	Mairead Roche	Corby	10.49	2

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Gemma Williams	DASH	29.97	9
2	Lynda Jennings	Banbury	24.38	7
3	Sharon Ralph	RSC	23.89	6
4	Kate Whiston	Solihull S H	20.56	5
5	Claire White	Worcester AC	17.42	4

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Ann-Marie Walton	DASH	34.09	7
2	JACKIE CUNNINGHAM	Banbury	23.38	5
3	Fiona Smith	RSC	21.88	4
4	Anna Hart	Solihull S H	17.28	3
5	Elizabeth Sliwa	Worcester AC	16.26	2

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Charlotte Gimson	RSC	40.26	9
2	AMY PEACOCK	Banbury	31.89	7
3	Lauren Boyd	Corby	31.68	6
4	Ann-Marie Walton	DASH	24.16	5
5	Kate Whiston	Solihull S H	19.94	4
6	Becky Donnelly	Worcester AC	16.17	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Anna Price	RSC	35.73	7
2	HANNAH BRYAN	Banbury	29.08	5
3	Anna Hart	Solihull S H	19.28	4
4	Judith Hodson	Corby	16.68	3
5	Alison Tolley	DASH	16.67	2
6	Katie Martin	Worcester AC	15.03	1

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		DASH	52.8	9
2		RSC	53.1	7
3		Solihull S H	54.4	6
4		Worcester AC	54.8	5
5		Banbury	55.8	4
6		Corby	56.0	3

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Solihull S H	4.20.0	9
2		RSC	4.26.0	7
3		DASH	4.28.7	6
4		Worcester AC	4.33.4	5
5		Corby	4.45.5	4
6		Banbury	4.46.6	3