

Total Scores

Position	Team	Points
1	Charnwood	421
2	Notts 'A'	386
3	Gloucester/Severn	310
4	Tamworth 'A'	307
5	Cheltenham & Co	303
6	Kettering	275

Mens Scores

Position	Team	Points
1	Charnwood	191
2	Notts 'A'	187
3	Gloucester/Severn	171
4	Cheltenham & Co	163
4	Tamworth 'A'	163
6	Kettering	125

Womens Scores

Position	Team	Points
1	Charnwood	215
2	Notts 'A'	184
3	Kettering	135
4	Cheltenham & Co	130
5	Tamworth 'A'	129
6	Gloucester/Severn	124

Officials Points

Team Name	Points
Charnwood	15
Notts 'A'	15
Gloucester/Severn	15
Tamworth 'A'	15
Cheltenham & Co	10
Kettering	15

Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Elijah Skervin	Notts 'A'	11.4	9
2	Ashley Hill	Cheltenham & Co	11.6	7
3	Marcel Hodge	Charnwood	11.8	6
4	Yannick Phippen	Kettering	12.0	5
5	Adam Smith	Tamworth 'A'	12.2	4
6	David Hoskins	Gloucester/Severn	14.1	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Scott Wilson	Charnwood	11.9	7
2	Grant Ward	Notts 'A'	11.9	5
3	David Hudson	Tamworth 'A'	12.0	4
4	Joe Marston	Kettering	12.2	3
5	Russell Whiting	Cheltenham & Co	12.5	2
6	Richard Blackwell	Gloucester/Severn	16.1	1

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Cash	Tamworth 'A'	22.6	9
2	Aaron Aplin	Notts 'A'	22.9	7
3	Marcel Hodge	Charnwood	22.9	6
4	Yannick Phippen	Kettering	23.8	5
5	Ashley Hill	Cheltenham & Co	23.8	4
6	Lloyd Andrews	Gloucester/Severn	27.1	3

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	John Merrett	Cheltenham & Co	22.6	7
2	Abdilla Nassir	Charnwood	23.3	5
3	Adam Goulding	Notts 'A'	23.5	4
4	David Hudson	Tamworth 'A'	24.0	3
5	Andy Barber	Kettering	24.2	2
6	David Hoskins	Gloucester/Severn	28.3	1

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Cash	Tamworth 'A'	49.3	9
2	Philip Berners	Charnwood	50.1	7
3	John Merrett	Cheltenham & Co	50.8	6
4	Andy Barber	Kettering	51.5	5
5	Andrew De-Camps	Gloucester/Severn	52.5	4
6	Luis Alves	Notts 'A'	55.1	3

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Abdilla Nassir	Charnwood	50.1	7
2	Adam Goulding	Notts 'A'	51.8	5
3	Ian Barough	Cheltenham & Co	52.4	4
4	Yannick Phippen	Kettering	53.9	3
5	Richard De-Camps	Gloucester/Severn	54.3	2
6	Greg Richards	Tamworth 'A'	55.4	1

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Oliver Knight	Charnwood	16.3	9
2	Neil Crossley	Cheltenham & Co	16.4	7
3	Jamie Dean (Milne)	Kettering	18.6	6
4	Matthew James	Tamworth 'A'	19.6	5
5	Stephen Millward	Gloucester/Severn	19.7	4

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Russell Whiting	Cheltenham & Co	18.3	7
2	Ricky Hallam	Tamworth 'A'	20.8	5
3	James Paramore	Charnwood	21.2	4
4	Peter Mills	Kettering	21.7	3
5	David Hoskins	Gloucester/Severn	23.3	2

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Thomas Burton	Tamworth 'A'	53.1	9
2	Callem Forde	Charnwood	55.2	7
3	Ashley Hill	Cheltenham & Co	56.3	6
4	Stephen Millward	Gloucester/Severn	62.1	5
5	Jamie Dean (Milne)	Kettering	64.7	4
6	John Muddeman	Notts 'A'	82.7	3

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Ashley Hill	Cheltenham & Co	56.2	7
2	Callem Forde	Charnwood	59.6	5
3	Stephen Millward	Gloucester/Severn	68.5	4
4	Jamie Dean (Milne)	Kettering	70.2	3
5	Thomas Burton	Tamworth 'A'	70.6	2

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Andrew De-Camps	Gloucester/Severn	1.59	9
2	Bob Needham	Notts 'A'	1.59.2	7
3	Andy Prophet	Cheltenham & Co	1.59.8	6
4	Luke Roughley	Tamworth 'A'	2.04.4	5
5	Paul Harmer	Charnwood	2.04.4	4
6	Jake Waples	Kettering	2.05.5	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Richard De-Camps	Gloucester/Severn	2.00	7
2	Ben Lacey	Charnwood	2.01.5	5
3	Jonathan Weedon	Cheltenham & Co	2.03.3	4
4	John Jenkins	Tamworth 'A'	2.05.1	3
5	Blayne Pick	Notts 'A'	2.08.4	2
6	Jonathen Goringe	Kettering	3.17.8	1

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Christopher McGurk	Notts 'A'	4.00	9
2	Josh Lilly	Gloucester/Severn	4.01.9	7
3	Stephen Mears	Charnwood	4.02.5	6
4	Stephen Parkes	Tamworth 'A'	4.09.1	5
5	Corin Hughes	Cheltenham & Co	4.16.8	4
6	Daniel Thompson	Kettering	4.51.3	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Marc Tillotson	Notts 'A'	4.02.9	7
2	Tim Dalton	Gloucester/Severn	4.03.1	5
3	Andy Prophet	Cheltenham & Co	4.21.8	4
4	Tom Whitmore	Charnwood	4.29.7	3
5	Matthew James	Tamworth 'A'	4.42.4	2
6	David Edwards	Kettering	4.45.0	1

Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Josh Lilly	Gloucester/Severn	8.44.1	9
2	Tim Hartley	Notts 'A'	8.53.7	7
3	James Douglas	Charnwood	8.56.9	6
4	Sebastian Foy	Cheltenham & Co	9.01.2	5
5	David Stevens	Tamworth 'A'	9.18.0	4
6	Jonathen Goringe	Kettering	10.19.6	3

Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Gary Hope	Gloucester/Severn	9.09.4	7
2	Mark Thompson	Notts 'A'	9.11.8	5
3	Michael Brind	Charnwood	9.37.7	4
4	Elliot Prince	Cheltenham & Co	9.43.6	3
5	Howard Bush	Tamworth 'A'	10.14.0	2
6	Martyn Winstone	Kettering	11.03.9	1

Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Stephen Millward	Gloucester/Severn	9.41.5	9
2	Jonathon Goringe	Kettering	9.59.1	7
3	Paul Thompson	Notts 'A'	10.28.5	6
4	Howard Bush	Tamworth 'A'	11.15.8	5
5	Jonathan Weedon	Cheltenham & Co	11.59.9	4
6	James Paramore	Charnwood	12.00.6	3

Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	John Muddeman	Notts 'A'	10.42.6	7
2	Martyn Naunton	Tamworth 'A'	11.27.0	5
3	Jeremy Mower	Gloucester/Severn	11.34.1	4
4	Russell Whiting	Cheltenham & Co	12.00.6	3
5	Shane Smith	Kettering	dnf	0

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Kevin Hibbins	Notts 'A'	6.40	9
2	Curtley Phillips	Gloucester/Severn	6.31	7
3	Adam Smith	Tamworth 'A'	6.09	6
4	Christian Baxter	Charnwood	5.82	5
5	Alex Poad	Cheltenham & Co	5.57	4
6	Joe Marston	Kettering	5.36	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Matthew Madden	Notts 'A'	6.14	7
2	Lloyd Andrews	Gloucester/Severn	5.72	5
3	Oliver Knight	Charnwood	5.64	4
4	Nikita Shelyakin	Tamworth 'A'	5.51	3
5	Neil Crossley	Cheltenham & Co	5.47	2
6	Jamie Dean (Milne)	Kettering	5.36	1

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Adam Smith	Tamworth 'A'	13.19	9
2	Wayne Wright	Charnwood	13.18	7
3	Matthew Madden	Notts 'A'	12.82	6
4	Curtley Phillips	Gloucester/Severn	12.23	5
5	Alex Poad	Cheltenham & Co	11.99	4
6	Jamie Dean (Milne)	Kettering	11.48	3

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Ollie Zoro	Notts 'A'	12.06	7
2	Nikita Shelyakin	Tamworth 'A'	11.76	5
3	Jamie Staniforth	Charnwood	11.22	4
4	Lloyd Andrews	Gloucester/Severn	11.02	3
5	Tony Noel	Cheltenham & Co	10.04	2
6	Andrew Mills	Kettering	9.16	1

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jonathan Broom-Edwards	Charnwood	2.03	9
2	matt Ashley	Notts 'A'	1.95	7
3	Ashley Barker	Cheltenham & Co	1.90	6
4	Jamie Dean (Milne)	Kettering	1.70	5
5	Adam Smith	Tamworth 'A'	1.65	4
6	Stephen Millward	Gloucester/Severn	1.55	3

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Lee Tomlinson	Charnwood	1.95	7
2	Matthew Madden	Notts 'A'	1.75	5
3	Peter Mills	Kettering	1.65	4
4	Gavin Showell	Tamworth 'A'	1.60	3
5	Ben Wilkinson	Cheltenham & Co	1.50	2
6	David Hoskins	Gloucester/Severn	1.40	1

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Gavin Showell	Tamworth 'A'	3.20	9
2	Thomas Lyons	Notts 'A'	2.90	7
3	Nick Walker	Gloucester/Severn	2.80	6
4	Oliver Knight	Charnwood	2.50	5
5	Jonathen Goringe	Kettering	2.20	4

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Ricky Hallam	Tamworth 'A'	2.50	7
2	Peter Mills	Kettering	2.50	5
3	James Hayden	Notts 'A'	2.10	4

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Neil Crossley	Cheltenham & Co	12.72	9
2	Gareth Winter	Gloucester/Severn	12.46	7
3	Tom Pearson	Charnwood	11.65	6
4	Mathew Peleszok	Kettering	10.97	5
5	Alexander Berrow	Tamworth 'A'	10.93	4
6	Christopher Shorthouse	Notts 'A'	10.06	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Justin Syum	Gloucester/Severn	11.51	7
2	Andrew Mills	Kettering	9.56	5
3	Gavin Showell	Tamworth 'A'	8.59	4
4	Adam Rubery	Charnwood	8.04	3
5	Alexander Warner	Cheltenham & Co	7.50	2

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Justin Syum	Gloucester/Severn	38.46	9
2	Andrew Mills	Kettering	34.44	7
3	Tom Pearson	Charnwood	34.42	6
4	Alexander Berrow	Tamworth 'A'	29.23	5
5	Neil Crossley	Cheltenham & Co	28.48	4
6	Yves McKenzie	Notts 'A'	23.32	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Gareth Winter	Gloucester/Severn	37.86	7
2	Mathew Peleszok	Kettering	30.81	5
3	Adam Rubery	Charnwood	21.53	4
4	Wayne Purchase	Notts 'A'	19.36	3
5	Alexander Warner	Cheltenham & Co	19.21	2

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Christopher Shorthouse	Notts 'A'	59.60	9
2	Justin Sysum	Gloucester/Severn	59.39	7
3	John Pearson	Charnwood	56.69	6
4	Alexander Warner	Cheltenham & Co	55.11	5
5	Alexander Berrow	Tamworth 'A'	46.58	4
6	Andrew Mills	Kettering	9.47	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Robert Careless	Notts 'A'	53.03	7
2	Tom Pearson	Charnwood	40.88	5
3	Michael Tommey	Gloucester/Severn	37.23	4
4	Martin Gurr	Cheltenham & Co	27.06	3
5	Mathew Peleszok	Kettering	21.05	2
6	Gavin Showell	Tamworth 'A'	20.98	1

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Neil Crossley	Cheltenham & Co	59.16	9
2	Christopher Eden	Notts 'A'	55.93	7
3	Charles Stocks	Charnwood	49.87	6
4	Justin Sysum	Gloucester/Severn	43.85	5
5	Peter Mills	Kettering	38.65	4
6	Alexander Berrow	Tamworth 'A'	27.06	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Ben Wilkinson	Cheltenham & Co	47.59	7
2	Clement Bartley	Notts 'A'	42.29	5
3	Ken Churchill	Charnwood	37.22	4
4	Mathew Peleszok	Kettering	35.39	3
5	Gareth Winter	Gloucester/Severn	28.63	2

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Tamworth 'A'	44.5	9
2		Charnwood	45.1	7
3		Notts 'A'	45.4	6
4		Cheltenham & Co	45.6	5
5		Kettering	47.6	4
6		Gloucester/Severn	50.6	3

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Charnwood	3.26.5	9
2		Cheltenham & Co	3.27.8	7
3		Notts 'A'	3.32.6	6
4		Tamworth 'A'	3.36.5	5
5		Gloucester/Severn	3.37.8	4
6		Kettering	3.38.2	3

Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Laura Haslam	Charnwood	12.7	9
2	Giare Skervin	Notts 'A'	13.0	7
3	Samantha Griffiths	Cheltenham & Co	13.1	6
4	Denise Barclay	Kettering	13.2	5
5	Hannah Keight	Tamworth 'A'	13.4	4
6	Cleo Lambert	Gloucester/Severn	13.6	3

Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Emily Wardle	Charnwood	13.1	7
2	Alice Hillyer	Notts 'A'	13.2	5
3	Alice Chapman	Kettering	13.4	4
4	Chloe Saunders	Tamworth 'A'	13.4	3
5	Kathryn Purcell	Gloucester/Severn	13.8	2
6	Savannah Devillez	Cheltenham & Co	14.0	1

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Gemma Elliott	Kettering	25.9	9
2	Sara-Jane Oglesby	Notts 'A'	26.4	7
3	Jor'dan McIntosh	Charnwood	26.5	6
4	Hollie Owen	Tamworth 'A'	26.7	5
5	Jessica Lawro	Cheltenham & Co	27.1	4
6	Cleo Lambert	Gloucester/Severn	27.8	3

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Kate Platts	Notts 'A'	26.4	7
2	Lauren Saunders	Tamworth 'A'	27.1	5
3	Alex Keyworth	Kettering	27.3	4
4	Francesca Keeble	Cheltenham & Co	27.3	3
5	Kathryn Purcell	Gloucester/Severn	27.8	2
6	Lauren Quenby	Charnwood	28.1	1

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Gemma Elliott	Kettering	58.2	9
2	Hannah Stevenson	Notts 'A'	60.5	7
3	Jessica Lawro	Cheltenham & Co	62.3	6
4	Hannah Godrich	Charnwood	62.8	5
5	Kathryn Purcell	Gloucester/Severn	67.2	4

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Keyworth	Kettering	60.5	7
2	Laura Mason	Notts 'A'	60.7	5
3	Emily milodowski	Charnwood	64.1	4
4	Alexandra Purcell	Gloucester/Severn	65.6	3
5	Issy Bailey	Cheltenham & Co	75.5	2

Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Emma Komocki	Notts 'A'	15.6	9
2	Hannah Gladstone	Charnwood	17.2	7
3	Hannah Sargeant	Tamworth 'A'	17.4	6
4	Kathryn Purcell	Gloucester/Severn	20.5	5
5	Sophie Munn	Kettering	21.8	4
6	Becky Courtenay	Cheltenham & Co	dnf	0

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Savannah Devillez	Cheltenham & Co	17.5	7
2	Rebecca Baxter	Charnwood	19.1	5
3	Clare Ashley	Notts 'A'	19.5	4
4	Samantha Storey	Tamworth 'A'	19.9	3
5	Natalie Stapleton	Kettering	23.0	2

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Emma Komocki	Notts 'A'	66.0	9
2	Savannah Devillez	Cheltenham & Co	68.3	7
3	Katy-Louise Payne	Charnwood	69.6	6
4	Kathryn Purcell	Gloucester/Severn	74.4	5
5	Hannah Sargeant	Tamworth 'A'	74.9	4
6	Sophie Munn	Kettering	75.2	3

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Jane Horder	Cheltenham & Co	68.7	7
2	Clare Ashley	Notts 'A'	78.0	5
3	Hannah Gladstone	Charnwood	82.2	4
4	Amy Whitcher	Gloucester/Severn	86.6	3
5	Amy Daniels	Kettering	94.1	2

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Ellen Butler	Notts 'A'	2.18.5	9
2	Briony Bendle	Charnwood	2.21.3	7
3	Rebecca Hall	Kettering	2.23.3	6
4	Becky Summers	Gloucester/Severn	2.32.8	5
5	Jess Collins	Cheltenham & Co	2.57.3	4

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Danielle Smith	Kettering	2.26.0	7
2	Amber-Sian Magee	Charnwood	2.29.0	5
3	Lisa Morris	Notts 'A'	2.33.4	4
4	Rebecca Smith	Tamworth 'A'	2.44.9	3
5	Gemma Collier	Gloucester/Severn	2.55.6	2
6	Jane Beames	Cheltenham & Co	3.02.4	1

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Juliet Doyle	Charnwood	4.28.2	9
2	Lisa Morris	Notts 'A'	5.05.2	7
3	Hayley Munn	Kettering	5.11.4	6
4	Becky Summers	Gloucester/Severn	5.19.6	5
5	Rebecca Smith	Tamworth 'A'	5.34.5	4

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Clare Mensley	Charnwood	4.43.8	7
2	Jane Pidgeon	Notts 'A'	5.09.1	5
3	Danielle Smith	Kettering	5.17.9	4
4	Michelle Stark	Gloucester/Severn	6.07.2	3

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Jane Potter	Charnwood	9.33.9	9
2	Rebecca Smith	Tamworth 'A'	10.43.6	7
3	Hayley Munn	Kettering	10.58.8	6
4	Michelle Hooton	Notts 'A'	11.24.0	5
5	Michelle Stark	Gloucester/Severn	12.13.9	4

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Katie Lomas	Charnwood	10.34.0	7
2	Imogen Scott	Notts 'A'	11.26.9	5
3	Gemma Collier	Gloucester/Severn	12.43.5	4
4	Yvonne Elliott	Kettering	16.13.2	3

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Heather Douglas	Charnwood	5.23	9
2	Helen Hanstock	Cheltenham & Co	5.15	7
3	Sarah Williams	Tamworth 'A'	4.79	6
4	Alice Chapman	Kettering	4.36	5
5	Alexandra Purcell	Gloucester/Severn	4.35	4
6	Emma Komocki	Notts 'A'	4.23	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Jess Collins	Cheltenham & Co	4.75	7
2	Rebecca Baxter	Charnwood	4.60	5
3	Elizabeth Checkley	Tamworth 'A'	4.41	4
4	Denise Barclay	Kettering	4.13	3
5	Jenny Taylor	Notts 'A'	4.04	2
6	Amy Whitcher	Gloucester/Severn	3.70	1

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Hannah Walsh	Charnwood	11.26	9
2	Helen Hanstock	Cheltenham & Co	10.61	7
3	Felicia Anderson	Notts 'A'	10.19	6
4	Hannah Keight	Tamworth 'A'	9.06	5
5	Alexandra Purcell	Gloucester/Severn	8.80	4
6	Denise Barclay	Kettering	8.82	3

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Charlotte Taylor	Charnwood	9.39	7
2	Samantha Storey	Tamworth 'A'	8.60	5
3	Kirsty Marshall	Notts 'A'	8.33	4
4	Amy Whitcher	Gloucester/Severn	8.29	3
5	Beth Horsley	Kettering	8.18	2
6	Jane Beames	Cheltenham & Co	9.79	1

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Hannah Keight	Tamworth 'A'	1.65	9
2	Katrina Przywara	Notts 'A'	1.55	7
3	Helen Hanstock	Cheltenham & Co	1.50	6
4	Danielle Stanley	Charnwood	1.45	5
5	Denise Barclay	Kettering	1.45	4
6	Amy Whitcher	Gloucester/Severn	1.15	3

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Hannah Sargeant	Tamworth 'A'	1.55	7
2	Kate Platts	Notts 'A'	1.45	5
3	Jess Collins	Cheltenham & Co	1.40	4
4	Emma Nutt	Charnwood	1.35	3
5	Amy Daniels	Kettering	1.25	2

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Sarah Williams	Tamworth 'A'	2.50	9
2	Helen Orr	Charnwood	2.50	7
3	Helen Hanstock	Cheltenham & Co	2.20	6

Women Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Elizabeth Checkley	Tamworth 'A'	2.30	7
2	Katy-Louise Payne	Charnwood	1.70	5

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Lorraine Shaw	Gloucester/Severn	10.32	9
2	Selina Walters	Notts 'A'	9.15	7
3	Katy-Louise Payne	Charnwood	9.08	6
4	Gemma Wheelhouse	Tamworth 'A'	8.68	5
5	Helen Hanstock	Cheltenham & Co	8.38	4
6	Amy Daniels	Kettering	6.91	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Emma Pearson	Charnwood	8.56	7
2	Kate Yhnel	Gloucester/Severn	8.28	5
3	Issy Bailey	Cheltenham & Co	8.02	4
4	Nyree James	Notts 'A'	7.39	3
5	Hannah Keight	Tamworth 'A'	7.33	2
6	Gemma Elliott	Kettering	6.71	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Lorraine Shaw	Gloucester/Severn	36.59	9
2	Emma Pearson	Charnwood	29.39	7
3	Emily Campbell	Notts 'A'	29.17	6
4	Charlotte Lawson	Cheltenham & Co	23.76	5
5	Gemma Wheelhouse	Tamworth 'A'	21.29	4
6	Natalie Stapleton	Kettering	17.83	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Amber Burdett	Charnwood	25.40	7
2	Selina Walters	Notts 'A'	24.45	5
3	Kate Yhnel	Gloucester/Severn	21.82	4
4	Gemma Elliott	Kettering	16.56	3
5	Linsey Hutchins	Cheltenham & Co	14.60	2
6	Elizabeth Checkley	Tamworth 'A'	13.60	1

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Kate Yhnel	Gloucester/Severn	48.49	9
2	Kirsty Douglas	Charnwood	39.65	7
3	Selina Walters	Notts 'A'	31.59	6
4	Ruth Bird	Cheltenham & Co	28.29	5
5	Sally Warren	Tamworth 'A'	23.29	4
6	Denise Barclay	Kettering	13.36	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Marion Loveridge	Gloucester/Severn	35.45	7
2	Nyree James	Notts 'A'	25.50	5
3	Gemma Wheelhouse	Tamworth 'A'	23.21	4
4	Linsey Hutchins	Cheltenham & Co	21.99	3
5	Sophia Howard	Charnwood	14.71	2
6	Kally Graham	Kettering	10.08	1

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Amber Burdett	Charnwood	37.25	9
2	Issy Bailey	Cheltenham & Co	29.32	7
3	Rosa Spencer-Tansley	Notts 'A'	22.50	6
4	Lorraine Shaw	Gloucester/Severn	19.57	5
5	Denise Barclay	Kettering	18.29	4
6	Hannah Sargeant	Tamworth 'A'	16.49	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Alice Knight	Charnwood	29.60	7
2	Helen Hanstock	Cheltenham & Co	21.39	5
3	Natalie Stapleton	Kettering	15.61	4
4	Nyree James	Notts 'A'	14.55	3
5	Paula Whitcher	Gloucester/Severn	14.14	2
6	Sarah Williams	Tamworth 'A'	13.27	1

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Charnwood	50.4	9
2		Notts 'A'	50.5	7
3		Kettering	51.9	6
4		Tamworth 'A'	52.1	5
5		Cheltenham & Co	52.3	4
6		Gloucester/Severn	55.8	3

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Notts 'A'	4.07.1	9
2		Kettering	4.07.8	7
3		Charnwood	4.10.1	6
4		Cheltenham & Co	4.16.7	5
5		Tamworth 'A'	4.18.0	4
6		Gloucester/Severn	4.25.0	3