

		<b>Saturday</b>	<b>31-Jan-09</b>	
<b>T01</b>		<b>Senior Men</b>	<b>800m Heats</b>	
<b>Heat 1</b>				
1	435	Joe Warne	Doheny AC	1.57.60s
2	273	Daniel Eckersley	Oxford Uni	1.58.41s
3	294	Peter Watkeys	Basingstoke & MH	2.03.22s
4	213	Brenton Hardware	Birchfield H	2.05.76s
	277	Chris Hearn	Marshalls M Keyn	dnf
<b>Heat 2</b>				
1	288	Tom Penfold	Birchfield H	1.56.38s
2	263	James Ansell	Newquay & Par	1.56.80s
3	291	John Spence	Hallamshire H	1.57.28s
4	264	David Boyce	Brighton & Hove	1.57.69s
5	219	Darren Lewis	Wolves & Bilston	2.01.38s
<b>Heat 3</b>				
1	266	Matthew Carlisle	Herts Phoenix	1.54.22s
2	281	Chris Lamb	Rugby & N	1.58.00s
3	289	Alex Pritchard	Winchester & D	1.59.69s
4	287	Mark Oldham	Southend AC	2.05.76s
5	232	Kevin Pye	Charnwood AC	2.14.09s
<b>Heat 4</b>				
1	267	Tom Causebrook	Rugby & N	1.59.86s
2	295	Gavin Wilcox	Marshalls M Keyn	2.00.07s
3	276	Paul Harmer	Charnwood AC	2.01.54s
4	265	Sam Bradley	Marshalls M Keyn	2.07.74s
5	290	Keith Short	Gloucester AC	2.20.80s
<b>Heat 5</b>				
1	278	Oliver Heeks	Orion Harriers	1.57.82s
2	270	Danny Crates	Thurrock AC	1.58.56s
3	269	Ryan Cox	Birchfield H	1.58.94s
4	292	Andrew Suter	Peterborough AC	1.59.51s
5	208	John Garber	Herne Hill H	2.46.19s
<b>T02</b>		<b>U17 Women</b>	<b>800m Races</b>	
<b>Race 1</b>				
1	121	Lauren Downing	Coventry Godiva	2.19.92s
2	119	Christie Childs	Mansfield H	2.20.04s
3	117	Lucy Atkins	Yate & D	2.20.59s
4	126	Shanie Read	Cannock & Stafford	2.21.75s
5	125	Kelsie Peters	Erme Valley H	2.24.46s

<b>Race 2</b>				
1	122	Sadie Hambly	Solihull & S H	2.24.28s
2	127	Lilianne Sutton	Birchfield H	2.24.95s
3	118	Jourdanna Beresford-Smith	Birchfield H	2.27.12s
4	120	Rebecca Cooke	Cannock & Stafford	2.27.75s
5	128	Lucy Turvey	Wolves & Bilston	2.30.68s
6	135	Melissa Roberts	Birchfield H	2.38.82s
<b>T03 U17 Men 800m Races</b>				
<b>Race 1</b>				
1	98	Joshua Lacey	Birchfield H	2.01.47s
2	111	Ryan Childs	Mansfield H	2.02.54s
3	141	Joshua Mc Hugh	Trafford AC	2.02.82s
4	116	Ashley Wickett	Cannock & Staffs	2.14.03s
5	74	Daniel Patterson	Thomas Cowper HS	2.35.29s
<b>Race 2</b>				
1	112	Tom Graves	Solihull & S H	2.03.25s
2	114	Simon Ninnim	Team Southampton	2.04.20s
3	75	Liam Gainsley	Thomas Cowper HS	2.35.06s
	115	Thomas Wheway	Birchfield H	DQ
<b>T04 U15 Girls 60m Races</b>				
<b>Race 1</b>				
1	49	Diani Walker	Birchfield H	8.06s
2	24	Shalliece Benjamin	Wolves & Bilston	8.23s
3	47	Madelaine Smith	Solihull & S H	8.28s
4	36	Daisy Johnson	Broms & Redd	8.30s
5	44	Jenna Raynor	Charnwood AC	8.38s
6	46	Hannah Scales	Rugby & N	8.45s
7	32	Emma Douras	Wolves & Bilston	8.58s
<b>Race 2</b>				
1	34	Lucy Hatton	Corby AC	8.21s
2	25	Sarah Brookes	Wolves & Bilston	8.37s
3	42	Lauren Oswald	Cheltenham & C H	8.61s
4	29	Hannah Cousins	Banbury H	8.85s
5	37	Ellie Johnson	Wolves & Bilston	9.14s
6	23	Jessica Anstice	Oxford City	9.23s
7	48	Emily Stratton	Leamington AC	9.31s
<b>Race 3</b>				
1	38	Charlotte Jones	Birchfield H	8.30s
2	22	Grace Abbott	Notts AC	8.47s
3	45	Harriet Sawle	Cheltenham & C H	8.47s
4	28	Jenny Cotham	Bridgnorth AC	8.68s
5	40	Alice Nicholls	Marshalls M Keyn	8.70s
6	41	Jasmine Oliver	Tamworth AC	8.78s
7	26	Simone Brown	Charnwood AC	8.79s
8	35	China Hyman	Birchfield H	8.85s

	<b>T05</b>	<b>U15 Boys</b>	<b>60m Races</b>	
		<b>Race 1</b>		
1	10	Alex Kiwomya	Rotherham Harriers	7.45s
2	5	Nicholas Freer	Broms & Redd	7.59s
3	6	Immanuel Gardiner	Shireland Academy	7.69s
4	9	Matthew Hudson-Smith	Birchfield H	7.75s
5	11	Jasper Larken	Corby AC	7.99s
6	15	Craig Pike	North Devon AC	8.21s
		<b>Race 2</b>		
1	7	Joel Grenfell	Peterborough AC	7.63s
2	12	Myles Murrain-Meade	Birchfield H	7.76s
3	13	Jack Nardiello	Coventry Godiva	7.85s
4	19	Nick Wilson	Solihull & S H	7.93s
5	17	Zakary Sule	Birchfield H	8.05s
6	4	Nic Evangelinos	Rugby & N	8.90s
		<b>Race 3</b>		
1	18	Jamie Wilkes	Dudley & S'bridge	7.47s
2	14	Jordan Small	Birchfield H	7.70s
3	16	Richard Radcliffe	Birchfield H	7.73s
4	43	Elliott Prendergast	TeamBath	7.78s
5	8	Ricky Hawkes	Tamworth AC	8.44s
6	1	Obuchinezia Anyanwu	Coventry Godiva	8.48s
	<b>T06</b>	<b>Senior Women</b>	<b>60m Heats</b>	
		<b>Heat 1</b>		
1	450	Anyika Onoura	Liverpool Harriers	7.59s
2	107	Charnia Weightman	Yate & D	7.64s
3	133	Bernice Wilson	Birchfield H	7.79s
4	91	Alice Lennox	City of Stoke	8.03s
5	438	Katey Read	Liverpool Harriers	8.33s
6	92	Helen Martin	Telford AC	8.47s
7	111	Katy Williams	Kettering Town	9.24s
		<b>Heat 2</b>		
1	437	Katherine Endacott	City of Plymouth	7.58s
2	99	Kelly Proper	Ferrybank AC	7.61s
3	100	Kylie Russell	TeamBath	7.82s
4	110	Hannah Williams	Cardiff AAC	7.96s
5	131	Michelle Thomas	Birchfield H	8.0s3
6	88	Heidi Jarosinski	Halesowen AC	8.36s
		<b>Heat 3</b>		
1	73	Emma Bailey	Rugby & N	7.72s
2	78	Laura Burnett	Swansea H	7.96s
3	137	Rebecca Williams	Newport H	8.01s
4	136	Michelle Webster	Bedford & County	8.04s
5	85	Kayleigh Harper	Swindon Harriers	8.17s
6	84	Tatyana Goodwin	Charnwood AC	10.33s

<b>Heat 4</b>					
1	97	Elaine O'Neill	Woodford G & EL	7.64s	
2	77	Anna Boyle	Ballymena & Antrim	7.66s	
3	128	Mairead Murphy	Uni College Dublin	7.96s	
4	96	Zita Murphy	Dundrum SD	8.03s	
5	80	Joanne Brooke	Shrewsbury AC	8.40s	
6	81	Rebecca Courtenay	Cheltenham & C H	8.42s	

<b>Heat 5</b>					
1	75	Meghan Beesley	Birchfield H	7.60s	
2	109	Niamh Whelan	Ferrybank AC	7.61s	
3	83	Zara George	Uni of Wales Ins.	7.83s	
4	98	Joanna Patterson	University of Bath	7.86s	
5	102	Anna Schlerf	Kingston Poly	8.83s	
6	82	Megan Evans	RSC	9.16s	

<b>Heat 6</b>					
1	104	Anoma Sooriyaarachchi	Cardiff AAC	7.60s	
2	86	Yvette Henry	Thames Valley H	7.73s	
3	79	Claire Brady	Celbridge AC	7.76s	
4	108	Shelley Went	Leamington AC	7.84s	
5	103	Gia Skervin	Notts AC	8.33s	
6	138	Joanne Dover	Charnwood AC	9.70s	

**T07 Senior Men****60m Heats**

<b>Heat 1</b>					
1	1	Dwain Chambers	Belgrave Harriers	6.59s	<b>CBP</b>
2	6	Phil Doorgachurn	Cardiff AAC	7.03s	
3	52	Sunkanmi Olaore	Birmingham Uni	7.07s	
4	41	Carl MacNamara	Leevale AC	7.25s	
5	16	Stephen Daramola	Enfield & Haringey	7.34s	
6	48	Derek Morgan	Bristol & West AC	7.37s	
7	135	Sean Saxon	Telford AC	7.41s	
8	56	Jonathan Price	Solihull & S H	7.48s	

<b>Heat 2</b>					
1	21	Rion Pierre	WSE & Hounslow	6.94s	
2	53	David O'Shea	Dooneen AC	7.12s	
3	32	Chris Hill	Uni of Wales Ins.	7.12s	
4	39	George Kenyon	Cambridge Uni	7.41s	
5	34	Sean Huxtable	Dudley & S'bridge	7.60s	
6	71	Fraser Young	Loughborough St	7.64s	
	14	Peter Clarke	Coventry Godiva	dns	
	36	Ryan James	Birchfield H	dns	

<b>Heat 3</b>					
1	158	Paul Judson	Notts AC	6.98s	
2	8	Timothy Benjamin	Cardiff AAC	7.05s	
3	11	Lee Christopher	University of Bath	7.10s	
4	54	Eldridge Phiri	Charnwood AC	7.11s	
5	66	Andre Whyte	Halesowen AC	7.21s	
6	55	Dalton Powell	Notts AC	7.44s	
7	61	Stephen Thorpe	Wakefield & D	7.94s	
8	69	Mark Wise	Leamington AC	8.96s	

<b>Heat 4</b>					
1	27	Mark Findlay	Newham & Essex B	6.91s	
2	37	Andrew Jones	Shrewsbury AC	7.07s	
3	15	John Crowley	Dundrum SD	7.23s	
4	46	Anthony Mattis	Bristol & West AC	7.41s	
5	63	Jamie Vickery	Blackburn H	7.43s	
6	43	David Maris	Marshalls M Keyn	7.71s	
7	13	Owen Churton	Cambridge Uni	7.88s	
	58	Leigh Smith	Birchfield H	dns	

<b>Heat 5</b>				
1	70	Josh Wood	Harrow AC	7.14s
2	29	Luke Giblin	K'ston upon Hull	7.14s
3	35	Cloron Hylton	Birchfield H	7.15s
4	59	Luke Stott	Havering M	7.23s
5	4	Aaron Aplin	Notts AC	7.36s
6	141	Thomas Berry	Team Southampton	7.47s
7	31	Richard Higson	Wakefield & D	7.59s
8	28	Tony Foster	Leamington AC	8.76s
<b>Heat 6</b>				
1	67	Bradley Williams	Deeside AC	6.97s
2	168	Gabriel Opiyu-Mbiru	Army	7.06s
3	44	Stewart Marshall	Coventry Godiva	7.11s
4	51	Shawn Mullix	St Marys UC	7.24s
5	60	Adam Thomas	Birchfield H	7.26s
6	122	Edirin Okoro	Birchfield H	7.35s
7	50	Ed Moyse	Cambridge Uni	7.49s
8	20	Keith Dolan	Fingalians AC	9.05s
<b>Heat 7</b>				
1	12	Andrew Matthews	WSE & Hounslow	6.92s
2	18	Daniel Davis	Brunel Uni	6.95s
3	2	Ben Coghlan	Bristol & West AC	7.16s
4	26	Dwight Fenton	Nuneaton H	7.40s
5	33	Adam Hughes	Birchfield H	7.42s
6	447	Martin Huncovsky	Check Republic	7.50s
7	134	Dominic Browne	Leamington AC	8.16s
<b>Heat 8</b>				
1	40	Jeffrey Lawal-Balogun	Kent AC	6.87s
2	25	Joel Fearon	Coventry Godiva	6.90s
3	5	Anthony Ashton	Bury AC	7.27s
4	9	Phil Browne	North Down AC	7.42s
5	65	Pete Whitehouse	Telford AC	7.70s
	45	Carl Mason	Birchfield H	dns
<b>T08</b>	<b>U15 Boys</b>	<b>400m Races</b>		
<b>Heat 1</b>				
1	58	Andrew Scull	Cheltenham & C H	54.00s
2	9	Matthew Hudson-Smith	Birchfield H	55.38s
3	71	Jack Templeman	Andover AC	56.61s
4	69	Jamal Logan	Birchfield H	57.77s
<b>Heat 2</b>				
1	55	Matthew Constable	Ipswich Harriers	56.66s
2	11	Jasper Larken	Corby AC	60.76s
3	15	Craig Pike	North Devon AC	60.94s
<b>T09</b>	<b>Senior Women</b>	<b>400m Heats</b>		
<b>Heat 1</b>				
1	183	Donna Fraser	Croydon H	54.42s
2	126	Lucy Lougher	Cardiff AAC	57.79s
3	244	Nisha Desai	Trafford AC	57.96s
4	189	Katie Sockett	City of Sheffield	59.03s
5	260	Kate Would	Derby AC	63.60s
7	257	Lauren Tolmie	Radley AC	63.82s
<b>Heat 2</b>				
1	239	Tara Bird	Woodford G & EL	54.38s
2	261	Jessika Zebo	Leevale AC	57.65s
3	241	Emma Cloggje	Banchory Stonehaven	58.03s
4	246	Sinead Kelly	St Abbans AC	59.06s
5	238	Alex Banner	Guildford & Goldalming	60.50s
6	258	Becky Welbourn	Cambridge Uni	62.93s

<b>Heat 3</b>			
1	254	Sian Scott	Team Southampton 55.94s
2	242	Melinda Cooksey	Tipton H 56.29s
3	414	Rebecca Sweeney	Sale Harriers 56.30s
4	178	Susan Giblin	Raheny Shamrock AC 62.63s
5	193	Louise Webster	Wolves & Bilston 62.55s
<b>Heat 4</b>			
1	245	Brova Furlong	Slaney Olympic 55.92s
2	255	Ambwene Simukonda	Thames Valley H 57.20s
3	240	Celia Brown	Coventry Godiva 58.00s
4	182	Sarah Dowling	Manx Harriers 60.86s
5	190	Liz Tipler	Yate & D 64.55s
<b>Heat 5</b>			
1	250	Nadine Okyere	Birchfield H 56.06s
2	76	Claire Bergin	Dundrum SD 57.19s
3	256	Lucy Spray	Cambridge Uni 60.14s
4	253	Sally Read-Cayton	Reigate 60.19s
5	247	Jo Lister	Cambridge Uni 63.72s
<b>T10 Senior Men</b>		<b>400m Heats</b>	
<b>Heat 1</b>			
1	422	Phil Taylor	Liverpool P & S 48.88s
2	236	Rhys Smith	Leeds City AC 49.02s
3	228	Jonathan Miller	Dundrum SD 49.66s
4	152	Aaron Dombey	St Marys UC 50.81s
5	222	Diego Martin	Coventry Godiva 53.16s
6	120	Jonathan Newell	Mansfield H 54.50s

**Heat 2**

1	207	Somto Eruchie	Birchfield H	49.16s
2	163	Mark Linskill	North Devon AC	50.07s
3	229	Shem Nelson	Birchfield H	50.52s
4	219	Darren Lewis	Wolves & Bilston	50.62s
5	147	Andrew Boon	Coventry Godiva	51.62s
6	232	Kevin Pye	Charnwood AC	59.29s

**Heat 3**

1	218	Luke Lennon-Ford	Birchfield H	49.10s
2	233	Matthew Quine	City of Sheffield	49.35s
3	237	Patrick Swan	City of Edinburgh	49.42s
4	174	Michael Thompson	Coventry Godiva	52.85s
5	28	Tony Foster	Leamington AC	62.45s
	220	Lloyd Zyasiya	Birchfield H	dns

**Heat 4**

1	214	Glyn Hawkes	Loughborough St	48.65s
2	224	Ross McDonald	Birchfield H	49.16s
3	215	Jonathan Hornblow	Derby AC	49.75s
4	151	Jamie Davis	Uni College Dublin	50.42s
5	195	Dave Awde	Andover AC	52.38s
6	69	Mark Wise	Leamington AC	67.06s

**Heat 5**

1	211	David Green	University of Bath	49.27s
2	204	Jonathan Elderfield	Basingstoke & MH	49.66s
3	148	Martin Cook	Mansfield H	50.10s
4	234	Michael Simmonds	Worcester AC	51.79s
5	154	Jamie Fletcher	Derby AC	52.76s
6	112	Tony Wells	Corby AC	61.95s

**Heat 6**

1	423	Nick Hogan	Dundrum SD	48.95s
2	198	Sean Brindley	City of Sheffield	49.43s
3	201	Andrew Dean-Young	Birmingham Uni	50.63s
4	169	Gerard O'Shea	Dooneen AC	51.87s
5	213	Brenton Hardware	Birchfield H	53.45s
6	20	Keith Dolan	Fingalians AC	67.15s

**Heat 7**

1	216	John Kelley	City of Sheffield	48.48s
2	206	Matt Elias	Cardiff AAC	48.88s
3	165	William Merrett	Cheltenham & C H	50.50s
4	221	James Lynch	Birchfield H	50.75s
5	225	John Merrett	Cheltenham & C H	55.69s
6	134	Dominic Browne	Leamington AC	60.50s

**Heat 8**

1	209	Dale Garland	Birchfield H	48.35s
2	196	Mark Berridge	Basingstoke & MH	48.60s
3	286	Damien Moss	Rugby & N	49.32s
4	426	Andy Wilkinson	Sale Harriers	51.22s
5	155	Richard Fox	Basingstoke & MH	52.45s
6	205	David Elderfield	Newbury AC	53.53s

<b>Heat 9</b>				
1	161	Nick Leavey	Brunel Uni	48.97s
2	424	Debo Ademuyewo	Sale Harriers	49.54s
3	145	Lawrence Baird	Trafford AC	50.16s
4	210	Thomas Grantham	City of Sheffield	50.30s
5	114	Tom Carey	Shaftesbury Barnet	50.42s
6	146	Alexander Babb	VPH & Tower Hamlets	53.09s

<b>Heat 10</b>				
1	197	Andy Blow	Basingstoke & MH	48.02s
2	202	Tom Druce	Channel Island	48.50s
3	231	Patrick Palmer-Junior	Birchfield H	49.63s
4	217	Matthew Leadbitter	Huntingdonshire AC	50.95s
5	50	Ed Moyse	Cambridge Uni	52.75s

<b>T11 Senior Women</b>		<b>60m Semi-Finals</b>		
<b>Semi-Final 1</b>				
1	109	Niamh Whelan	Ferrybank AC	7.54s
2	97	Elaine O'Neill	Woodford G & EL	7.55s
3	104	Anoma Sooriyaarachchi	Cardiff AAC	7.57s
4	107	Charnia Weightman	Yate & D	7.65s
5	79	Claire Brady	Celbridge AC	7.73s
6	83	Zara George	Uni of Wales Ins.	7.81s
7	78	Laura Burnett	Swansea H	7.90s
8	437	Katherine Endacott	City of Plymouth	7.93s

<b>Semi-Final 2</b>				
1	450	Anyika Onoura	Liverpool Harriers	7.50s
2	75	Meghan Beesley	Birchfield H	7.59s
3	73	Emma Bailey	Rugby & N	7.61s
4	99	Kelly Proper	Ferrybank AC	7.61s
5	77	Anna Boyle	Ballymena & Antrim	7.68s
6	133	Bernice Wilson	Birchfield H	7.72s
7	86	Yvette Henry	Thames Valley H	7.72s
8	100	Kylie Russell	TeamBath	7.84s

<b>T12 Senior Men</b>		<b>60m Semi-Finals</b>			
<b>Semi-Final 1</b>					
1	1	Dwain Chambers	Belgrave Harriers	<b>6.52s</b>	<b>CBP</b>
2	67	Bradley Williams	Deeside AC	6.92s	
3	8	Timothy Benjamin	Cardiff AAC	6.97s	
4	158	Paul Judson	Notts AC	7.04s	
5	168	Gilbert Opiyo-Mbiru	Army	7.08s	
6	44	Stewart Marshall	Coventry Godiva	7.12s	
7	66	Andre Whyte	Halesowen AC	7.15s	
8	11	Lee Christopher	University of Bath	7.15s	

<b>Semi-Final 2</b>				
1	21	Rion Pierre	WSE & Hounslow	6.72s
2	40	Jeffrey Lawal-Balogun	Kent AC	6.74s
3	6	Phil Doorqachurn	Cardiff AAC	7.00s
4	70	Josh Wood	Harrow AC	7.06s
5	54	Eldridge Phiri	Charnwood AC	7.08s
6	37	Andrew Jones	Shrewsbury AC	7.15s
7	52	Sunkanmi Olaore	Birmingham Uni	7.17s
8	2	Ben Coghlan	Bristol & West AC	7.17s



<b>Semi-Final 3</b>				
1	27	Mark Findlay	Newham & Essex B	6.79s
2	12	Andrew Matthews	WSE & Hounslow	6.82s
3	25	Joel Fearon	Coventry Godiva	6.83s
4	18	Daniel Davis	Brunel Uni	6.91s
5	29	Luke Giblin	K'ston upon Hull	7.14s
6	53	David O'Shea	Dooneen AC	7.16s
7	32	Chris Hill	Uni of Wales Ins.	7.16s
	35	Cloron Hylton	Birchfield H	dns
<b>T13 U17 Women 60m Races</b>				
<b>Race 1</b>				
1	38	Jennie Batten	Stroud & D	7.74s
2	40	Tannika Burgess	Wolves & Bilston	7.88s
3	37	Effie Asmah	Birchfield H	8.08s
4	41	Samantha Griffiths	Cheltenham & C H	8.18s
5	48	Helen Rennardson	Tonbridge AC	8.19s
6	55	Emily Wardle	Charnwood AC	8.39s
7	53	Eyitayo Titiloye	Birchfield H	8.45s
<b>Race 2</b>				
1	42	Melissa Hanson	Birchfield H	8.06s
2	56	Rosie West	Coventry Godiva	8.16s
3	46	Kirstie Overfield	Dudley & S'bridge	8.22s
4	52	Megan Stratford	RSC	8.35s
5	51	Lauren Saunders	Tamworth AC	8.45s
6	69	Rhiannon Shipstone	Wolves & Bilston	8.50s
7	57	Sophie Worrall	Telford AC	8.51s
<b>Race 3</b>				
1	47	Shana Parker	Banbury Harriers	8.32s
2	54	Lucy Wallet	Halesowen AC	8.46s
3	44	Beth Newman	Yeovil Oly AC	8.48s
4	45	Danielle Norton	Tamworth AC	8.58s
5	50	Chloe Saunders	Tamworth AC	8.68s
6	39	Natalie Bugg	Leamington AC	8.77s
7	49	Afiya Richards	Birchfield H	8.82s
<b>T14 U17 Men 60m Races</b>				
<b>Race 1</b>				
1	29	Peter Watling	Wolves & Bilston	7.21s
2	17	Themba Luhana	Rugby & N	7.45s
3	440	Joel Clutterbuck	Stroud AC	7.47s
4	5	Jonathan Chin	Rugby & N	7.47s
5	27	Luke Storer	Rugby & N	7.51s
6	18	Jake Porter	Birchfield H	7.55s
7	8	Ross Davies	Corby AC	7.82s
<b>Race 2</b>				
1	1	Omasirichukwu Anyanwu	Coventry Godiva	7.22s
2	15	Ben Lees	Rugby & N	7.39s
3	12	Hassan Hassan	Coventry Godiva	7.41s
4	143	Jimi Tele	Havering M	7.45s
5	19	Nicholas Pryce	RSC	7.47s
6	20	Jose Martin-Fullerton	Birchfield H	7.64s
7	30	Joe Williamson	Charnwood	7.73s
8	14	Tom Johnson	Rugby & N	7.96s

**Race 3**

1	16	James Lelliott	Bournemouth AC	7.29s
2	31	Scott Wilson	Tipton H	7.50s
3	2	Prince Ayeh	B'ham Rowheath	7.55s
4	7	Reece Davies	Macclesfield H	7.65s
5	22	Jordan Russell	Birchfield H	7.65s
6	21	Nathan Rockett	Oxford City	7.77s
7	25	Adam Simms	Altrincham AC	7.92s
8	11	Morton Hart	Solihull & S H	7.99s

**Race 4**

1	10	Dewi Hammond	Broms & Redd	7.48s
2	13	Mitchell Jendererko	Telford AC	7.65s
3	3	Matthew Browne	Tamworth AC	7.66s
4	140	Daniel Browne	Banbury Harriers	7.77s
5	23	Simon Scott	Corby AC	7.99s
6	9	Scott Eburne	Coventry Godiva	8.06s
7	24	Nikita Shelyakin	Tamworth AC	8.12s

**T15****U20 Women****60m Races****Race 1**

1	46	Emily Diamond	Bristol & West AC	7.69s
2	106	Kitty Elayae	Woodford G & EL	7.85s
3	60	Claudenia Williams	E S & Middlesex	7.87s
4	53	Shauna Lawton	Coventry Godiva	7.91s
5	45	Ruth Dean	TeamBath	7.97s
6	61	Sophie Wright	Rugby & N	8.15s
7	55	Kimi Moncrieffe	Birchfield H	8.23s
8	59	Sarah Weaver	Hereford & County	8.32s

**Race 2**

1	50	Laura Haslam	Charnwood AC	8.07s
2	57	Kerry Salter	Bedford & County	8.14s
3	44	Leanne Buehling	Banbury Harriers	8.30s
4	47	Lucy Ferguson	Telford AC	8.34s
5	58	Caroline Waddell	University of Bath	8.37s
6	54	Hayley McAvoy	Uni of Gloucester	9.13s
7	49	Katrina Hart	Worcester AC	9.26s

**T16****U20 Men****60m Races****Race 1**

1	33	Danny Talbot	Birchfield H	7.00s
2	36	Antoe Walters	Birchfield H	7.05s
3	7	Ben Coghlan	Bristol & West AC	7.18s
4	21	David Lima	B'ham Rowheath	7.22s
5	28	Andrew Pozzi	Stratford-on-Avon	7.24s
6	18	Thomas Knight	Cardiff AAC	7.25s
7	17	Dannish Khan	City of Sheffield	7.35s

**Race 2**

1	5	Martin Browne	Coventry Godiva	7.04s
2	474	Sebastian Tully-Middleton	Birchfield H	7.05s
3	25	Alex Nwenwu	Wolves & Bilston	7.06s
4	4	Jamie Brock	Yate & D	7.09s
5	16	Paul Jones	Halesowen AC	7.21s
6	11	Santino Dummett	Telford AC	7.23s
7	27	Hakeem Powell	Birchfield H	7.25s

**Race 3**

1	12	Mark Dyble	Cambridge Uni	7.16s
2	35	Aidan Twomey	Coventry Godiva	7.21s
3	23	Guy Mayer	Cannock & Stafford	7.28s
4	6	Fraser Carlisle	University of Bath	7.37s
5	24	Ben Newman	Birchfield H	7.45s

6	29	Ben Riekstins	Telford AC	7.46s
7	22	Giziel Lima	B'ham Rowheath	7.49s
<b>Race 4</b>				
1	31	Elijah Skervin	Notts AC	7.07s
2	26	Hamish Pitkealthy	RSC	7.21s
3	34	Jonathan Timmins	Tipton H	7.26s
4	139	James Griffith	B'ham Rowheath	7.43s
5	1	Ross Allen	Rugby & N	7.48s
6	13	Dominic Friend	Charnwood AC	7.51s
6	9	Alex Currie	Solihull & S H	7.51s
<b>Race 5</b>				
1	19	Orie Lawrence	Birchfield H	7.21s
2	20	Samuel Lawrence	Nene Valley H	7.28s
3	10	Jerry Danjuma	Marshalls M Keyn	7.36s
4	14	Samuel Gordon	Kettering Town	7.39s
5	66	Sanjia Blake	Birchfield H	7.43s
6	2	Daniel Bennett	Rugby & N	7.46s
7	8	Jamie Courtenay	Cheltenham & C H	7.58s
8	37	Donameche Woodley	Birchfield H	8.08s
<b>T17 Senior Women</b>				
1	97	Elaine O'Neill	Woodford G & EL	7.47s
2	450	Anyika Onoura	Liverpool Harriers	7.56s
3	104	Anoma Sooriyaarachchi	Cardiff AAC	7.56s
4	99	Kelly Proper	Ferrybank AC	7.60s
5	109	Niamh Whelan	Ferrybank AC	7.63s
6	75	Meghan Beesley	Birchfield H	7.63s
7	73	Emma Bailey	Rugby & N	7.69s
8	107	Charnia Weightman	Yate & D	7.70s
<b>T18 Senior Men</b>				
<b>60m Final</b>				
1	1	Dwain Chambers	Belgrave Harriers	6.54s
2	21	Rion Pierre	WSE & Hounslow	6.72s
3	40	Jeffrey Lawal-Balogun	Kent AC	6.76s
4	27	Mark Findlay	Newham & Essex B	6.77s
5	25	Joel Fearon	Coventry Godiva	6.77s
6	12	Andrew Matthews	WSE & Hounslow	6.88s
7	18	Daniel Davis	Brunel Uni	6.91s
8	67	Bradley Williams	Deeside AC	6.95s

	<b>T19</b>	<b>Senior Women</b>	<b>1500m FINAL</b>		
1	443	Hannah England	Oxford City	4.15.51s	<b>CBP</b>
2	329	Charlotte Best	Loughborough St	4.17.76s	
3	331	Rose-Anne Galligan	Aldershot FD	4.21.11s	
4	445	Gemma Turtle	Shaftesbury Barnet	4.23.52s	
5	333	Laura Kenney	RSC	4.25.07s	
6	336	Carolyn Plateau	Oxford Uni	4.36.47s	
7	441	Kaye Kirkham	Sale Harriers	4.37.72s	
8	299	Lucy Flanner	Solihull & S H	4.38.67s	
9	328	Hannah Alderson	Yate & D	4.41.97s	
	300	Nicki Gooderham	Brunel Uni	DNF	
	<b>T20</b>	<b>Senior Men</b>	<b>1500m Heats</b>		
		<b>Heat 1</b>			
1	325	Christopher Warburton	Notts AC	3.50.3s	Hand times
2	309	Tim Dalton	Severn AC	3.57.0s	
3	308	Kevin Cooper	Ferrybank AC	3.59.2s	
4	304	Daniel Barkes	Mansfield H	4.00.7s	
5	314	David Horniman	Trafford AC	4.05.1s	
6	313	Gregg Halliwell	Yate & D	4.11.7s	
7	323	Stephen Smith	Preston H	4.13.4s	
8	307	Chris Cooper	Nene Valley H	4.37.8s	
		<b>Heat 2</b>			
1	305	Frank Baddick	Newham & Essex B	3.54.4s	Hand times
2	312	Neil Gamester	Shaftesbury Barnet	3.54.5s	
3	306	Jonathan Blackledge	Belgrave Harriers	3.55.7s	
4	317	Ian Rawlinson	Tipton H	3.56.0s	
5	434	Stuart King	Mansfield H	4.03.4s	
6	311	Sam Evans	Cannock & Stafford	4.08.7s	
7	318	Ashley Sabin	Notts AC	4.10.4s	
8	327	Nathan Wood	Nene Valley H	4.39.3s	
		<b>Heat 3</b>			
1	310	Mark Draper	Bedford & County	3.50.2s	Hand times
2	320	Nick Samuels	Sale Harriers	3.50.4s	
3	315	Tom Humphries	Cannock & Stafford	3.57.0s	
4	324	Matthew Sullivan	Shaftesbury Barnet	4.06.0s	
5	322	Alistair Smith	Coventry Godiva	4.08.9s	
6	442	Phil Clamp	Tipton H	4.14.1s	
7	319	Craig Sabin	Leicester Coritanian	4.48.7s	
8	208	John Garber	Herne Hill H	5.48.4s	
	<b>T21</b>	<b>U20 Women</b>	<b>200m Races</b>		
		<b>Race 1</b>			
1	46	Emily Diamond	Bristol & West AC	24.48s	
2	53	Shauna Lawton	Coventry Godiva	25.91s	
3	50	Laura Haslam	Charnwood AC	26.80s	
4	58	Caroline Waddell	University of Bath	27.89s	
		<b>Race 2</b>			
1	80	Samantha Mills	Wolves & Bilston	26.76s	
2	75	Sophie Clark	Birchfield H	26.96s	
3	82	Victoria Walker	Coventry Godiva	27.65s	
	61	Sophie Wright	Rugby & N	dnf	

<b>Race 3</b>				
1	45	Ruth Dean	TeamBath	26.58s
2	44	Leanne Buehling	Banbury Harriers	27.18s
3	81	Laura Pacey	Wolves & Bilston	28.06s
4	151	Beckie Houston	Bridgnorth AC	28.31s
5	54	Hayley McAvoy	Uni of Gloucester	30.55s
<b>T22</b>	<b>U20 Men</b>		<b>200m Races</b>	
<b>Race 1</b>				
1	474	Sebastian Tully-Middleton	Birchfield H	21.63s
2	33	Danny Talbot	Birchfield H	21.82s
3	72	Deji Tobais	WSE & Hounslow	22.32s
4	18	Thomas Knight	Cardiff AAC	22.64s
5	68	Nick Frodsham	Leamington AC	22.90s
<b>Race 2</b>				
1	69	Alexander Ojo	E S & Middlesex	22.40s
2	36	Antoe Walters	Birchfield H	22.62s
3	31	Elijah Skervin	Notts AC	22.65s
4	17	Dannish Khan	City of Sheffield	22.90s
5	29	Ben Riekstins	Telford AC	23.45s
<b>Heat 3</b>				
1	34	Jonathan Timmins	Tipton H	22.57s
2	26	Hamish Pitkealty	RSC	23.08s
3	67	Luke Evans	Broms & Redd	24.13s
	5	Martin Browne	Coventry Godiva	dns
	7	Ben Coghlan	Bristol & West	dns
<b>Heat 4</b>				
1	12	Mark Dyble	Cambridge Uni	22.53s
2	10	Jerry Danjuma	Marshalls M Keyn	23.46s
3	6	Fraser Carlisle	University of Bath	23.55s
4	24	Ben Newman	Birchfield H	24.18s
5	71	Matt Scragg	City of Stoke	24.39s
<b>Heat 5</b>				
1	70	Efe Okoro	Birchfield H	22.94s
2	1	Ross Allen	Rugby & N	23.68s
3	13	Dominic Friend	Charnwood AC	24.09s
4	149	Teddy Junior Kosonso	Harrow AC	24.10s
<b>Heat 6</b>				
1	9	Alex Currie	Solihull & S H	24.08s
2	73	Dan Wright	Stratford-on-Avon	24.35s
3	65	Daniel Bergin	Thomas Cowper HS	24.97s
	66	Sanjia Blake	Birchfield H	dns
<b>T23</b>	<b>U20 Men</b>		<b>800m Races</b>	
<b>Race 1</b>				
1	113	Adam Cotton	Birchfield H	1.52.70s
2	114	Jarryd Dunn	Birchfield H	1.54.41s
3	112	Nico Constanti	Gloucester AC	1.56.31s
4	119	Declan Murray	Cambridge Uni	2.00.30s
5	95	Tom Richmond	Manx Harriers	2.05.53s
6	115	Andrew Downing	Coventry Godiva	2.10.27s

**Race 2**

1	107	Matthew Bayliss	B'ham Rowheath	1.59.32s
2	122	Matt Parker	Yate & D	1.59.58s
3	109	Sean Bowden	Broms & Redd	2.03.28s
4	89	Nick Hardy	Birchfield H	2.07.65s

**Race 3**

1	111	Ben Coldray	Stroud & D	1.58.81s
2	117	Jack Graham	Basingstoke & MH	2.00.53s
3	150	Chris Carter	Telford AC	2.00.70s
4	116	Ian Goldsmith	Yate & D	2.02.80s
5	110	Andy Clement	Basingstoke & MH	2.04.06s
6	120	Daniel Organisciak	City of Stoke	2.06.04s
7	123	Amardeep Sangha	Tipton H	2.07.40s
8	118	Daniel Lismore	Birchfield H	2.10.10s
9	121	James Paramore	Charnwood AC	2.16.04s

**T24****U15 Girls****200m Races****Race 1**

1	24	Shalliece Benjamin	Wolves & Bilston	27.12s
2	49	Diani Walker	Birchfield H	27.39s
3	59	Whitley Baker-Richardson	Coventry Godiva	27.53s
4	42	Lauren Oswald	Cheltenham & C H	27.61s
5	65	Chloe McIntosh	Birchfield H	28.14s

**Race 2**

1	25	Sarah Brookes	Wolves & Bilston	27.46s
2	40	Alice Nicholls	Marshalls M Keyn	27.75s
3	27	Millie Bruce-Watt	Cheltenham & C H	28.07s
4	38	Charlotte Jones	Birchfield H	28.09s
5	67	Bethany Roberts	Birchfield H	29.90s

**Race 3**

1	46	Hannah Scales	Rugby & N	27.87s
2	47	Madelaine Smith	Solihull & S H	28.02s
3	44	Jenna Raynor	Charnwood AC	28.15s
4	64	Emma MacFarlane	Corby AC	28.89s
5	37	Ellie Johnson	Wolves & Bilston	30.49s

**Race 4**

1	62	Amy Hillyard	Wolves & Bilston	28.27s
2	63	Sophia Klair	Wolves & Bilston	28.38s
3	60	Katie Fowler	Corby AC	28.86s
4	28	Jenny Cotham	Bridgnorth AC	30.65s

**Race 5**

1	61	Ayesha Gardiner	Cheltenham & C H	28.66s
2	26	Simone Brown	Charnwood AC	29.62s
3	29	Hannah Cousins	Banbury H	29.76s
4	23	Jessica Anstice	Oxford City	31.35s

<b>Race 6</b>				
1	45	Harriet Sawle	Cheltenham & C H	28.13s
2	66	Kay Oakley	Wolves & Bilston	29.17s
3	41	Jasmine Oliver	Tamworth AC	29.20s
4	48	Emily Stratton	Leamington AC	31.41s
<b>T25 U15 Boys 200m Races</b>				
<b>Race 1</b>				
1	10	Alex Kiwomya	Rotherham Harriers	24.11s
2	55	Matthew Constable	Ipswich Harriers	24.40s
3	5	Nicholas Freer	Broms & Redd	24.55s
4	9	Matthew Hudson-Smith	Birchfield H	25.24s
	7	Joel Grenfell	Peterborough AC	dns
<b>Race 2</b>				
1	58	Andrew Scull	Cheltenham & C H	24.60s
2	19	Nick Wilson	Solihull & S H	24.85s
3	6	Immanuel Gardiner	Shireland Academy	24.97s
4	15	Craig Pike	North Devon AC	26.71s
<b>Race 3</b>				
1	13	Jack Nardiello	Coventry Godiva	25.28s
2	16	Richard Radcliffe	Birchfield H	26.02s
3	11	Jasper Larken	Corby AC	26.36s
	1	Obuchinezia Anyanwu	Coventry Godiva	dns
<b>Race 4</b>				
1	43	Elliott Prendergast	TeamBath	24.96s
2	14	Jordan Small	Birchfield H	26.15s
3	54	Ross Aitken	Nuneaton H	26.32s
4	17	Zakary Sule	Birchfield H	27.84s
<b>T26 U20 Women 800m Race</b>				
1	125	Rowena Cole	Coventry Godiva	2.11.92s
2	128	Cally Read	Cannock & Stafford	2.14.56s
3	100	Rachael Franklin	Manx Harriers	2.16.05s
4	127	Sarah Hopcroft	Birchfield H	2.20.63s
5	129	Katherine Smith	Witney RR	2.30.97s
6	99	Jo Devine	North Devon AC	2.40.84s
	126	Hanifa Greenwood	Birchfield H	dnf
<b>T27 U17 Women 200m Races</b>				
<b>Race 1</b>				
1	38	Jennie Batten	Stroud & D	24.92s
2	77	Frederica Foster	South London H	25.58s
3	83	Ann Ika-Oqua	Wolves & Bilston	25.97s
4	37	Effie Asmah	Birchfield H	27.33s
5	46	Kirstie Overfield	Dudley & S'bridge	27.53s
<b>Race 2</b>				
1	86	Ciara McDonnell	Manx Harriers	26.95s
2	92	Sophie Taylor	Tamworth AC	26.95s
3	54	Lucy Wallet	Halesowen AC	27.13s
4	52	Megan Stratford	RSC	27.34s
5	41	Samantha Griffiths	Cheltenham & C H	27.74s
<b>Race 3</b>				
1	44	Beth Newman	Yeovil Oly AC	27.43s
2	90	Kathryn Smith	RSC	27.43s
3	55	Emily Wardle	Charnwood AC	27.76s
4	89	Beth Scattergood	North Devon AC	27.78s
5	47	Shana Parker	Banbury Harriers	27.93s

<b>Race 4</b>				
1	42	Melissa Hanson	Birchfield H	26.45s
2	57	Sophie Worrall	Telford AC	28.22s
3	93	Antonia Vidal	Wolves & Bilston	28.34s
4	39	Natalie Bugq	Leamington AC	28.96s
<b>Race 5</b>				
1	88	Kate Platts	Notts AC	26.92s
2	56	Rosie West	Coventry Godiva	27.38s
3	80	Rebecca Faulkner	Charnwood AC	28.26s
4	45	Danielle Norton	Tamworth AC	28.60s
<b>T28</b>	<b>U17 Men</b>	<b>200m Races</b>		
<b>Race 1</b>				
1	34	Joseph Hutchinson	TeamBath	22.71s
2	29	Peter Watling	Wolves & Bilston	22.75s
3	12	Hassan Hassan	Coventry Godiva	23.75s
4	27	Luke Storer	Rugby & N	24.53s
5	74	Adam Harwood	Andover AC	29.63s
<b>Race 2</b>				
1	440	Joel Clutterbuck	Stroud AC	23.34s
2	76	Michael Ojo	E S & Middlesex	23.35s
3	19	Nicholas Pryce	RSC	23.43s
4	1	Omasirichukwu Anyanwu	Coventry Godiva	23.44s
5	5	Jonathan Chin	Rugby & N	24.12s
<b>Race 3</b>				
1	17	Themba Luhana	Rugby & N	24.02s
2	448	Robert Churchill	Swindon AC	24.44s
3	14	Tom Johnson	Rugby & N	24.66s
4	79	James Taylor	Stroud & D	25.36s
	13	Mitchell Jendererko	Telford AC	dns
<b>Race 4</b>				
1	8	Ross Davies	Corby AC	24.56s
2	10	Dewi Hammond	Broms & Redd	24.68s
3	11	Morton Hart	Solihull & S H	25.28s
4	9	Scott Eburne	Coventry Godiva	25.36s
5	78	Jake Parmenter	North Devon AC	25.63s
<b>Race 5</b>				
1	140	Daniel Browne	Banbury Harriers	24.53s
2	22	Jordan Russell	Birchfield H	24.79s
3	2	Prince Ayeh	B'ham Rowheath	24.82s
4	23	Simon Scott	Corby AC	25.78s



<b>Race 6</b>					
1	73	Travis Cross	Thomas Cowper HS	24.35s	
2	3	Matthew Browne	Tamworth AC	24.63s	
3	75	Liam Gainsley	Thomas Cowper HS	25.78s	
4	95	Tarun Benning	Corby AC	27.73s	
<b>T30 Senior Men</b>					
<b>1500m Final</b>					
1	325	Christopher Warburton	Notts AC	3.46.82s	
2	310	Mark Draper	Bedford & County	3.48.15s	
3	309	Tim Dalton	Severn AC	3.50.14s	
4	312	Neil Gamester	Shaftesbury Barnet	3.53.79s	
5	317	Ian Rawlinson	Tipton H	3.55.33s	
6	305	Frank Baddick	Newham & Essex B	3.55.38s	
7	320	Nick Samuels	Sale Harriers	3.56.77s	
	306	Jonathan Blackledge	Belgrave Harriers	dns	
<b>T31 Senior Women</b>					
<b>Semi-Final 1</b>					
1	239	Tara Bird	Woodford G & EL	54.30s	
2	250	Nadine Okyere	Birchfield H	55.31s	
3	254	Sian Scott	Team Southampton	55.96s	
4	261	Jessika Zebo	Leevale AC	57.25s	
5	244	Nisha Desai	Trafford AC	57.98s	
6	255	Ambwene Simukonda	Thames Valley H	58.27s	
<b>Semi-Final 2</b>					
1	183	Donna Fraser	Croydon H	53.32s	<b>CBP</b>
2	245	Brova Furlong	Slaney Olympic	55.07s	
3	76	Claire Bergin	Dundrum SD	55.64s	
4	126	Lucy Lougher	Cardiff AAC	57.76s	
	242	Melinda Cooksey	Tipton H	dns	
	414	Rebecca Sweeney	Sale Harriers	dns	
<b>T32 Senior Men</b>					
<b>Semi-Final 1</b>					
1	161	Nick Leavey	Brunel Uni	47.49s	
2	197	Andy Blow	Basingstoke & MH	47.61s	
3	237	Patrick Swan	City of Edinburgh	48.30s	
4	196	Mark Berridge	Basingstoke & MH	48.34s	
5	423	Nick Hogan	Dundrum SD	48.43s	
	206	Matt Elias	Cardiff AAC	dns	
<b>Semi-Final 2</b>					
1	209	Dale Garland	Birchfield H	47.57s	
2	422	Phil Taylor	Liverpool P & S	47.79s	
3	202	Tom Druce	Channel Island	47.96s	
4	236	Rhys Smith	Leeds City AC	48.48s	
5	218	Luke Lennon-Ford	Birchfield H	50.35s	
6	233	Matthew Quine	City of Sheffield	52.43s	
<b>Semi-Final 3</b>					
1	216	John Kelley	City of Sheffield	47.79s	
2	214	Glyn Hawkes	Loughborough St	48.06s	
3	207	Somto Eruchie	Birchfield H	48.21s	
4	224	Ross McDonald	Birchfield H	49.00s	
5	286	Damien Moss	Rugby & N	49.05s	
6	211	David Green	University of Bath	49.20s	

		<b>Sunday</b>	<b>01 February 2009</b>	
<b>T33</b>		<b>Senior Women</b>	<b>200m Heats</b>	
<b>Heat 1</b>				
1	183	Donna Fraser	Croydon H	24.00s
2	185	Seemita Gumbs	Birchfield H	25.22s
3	180	Claire Burgoyne	Shrewsbury AC	25.28s
4	178	Susan Giblin	Raheny Shamrock AC	27.25s
5	193	Louise Webster	Wolves & Bilston	28.24s
<b>Heat 2</b>				
1	75	Meghan Beesley	Birchfield H	24.86s
2	261	Jessica Zebo	Leevale	25.54s
3	246	Sinead Kelly	St Abbans	26.70s
4	189	Katie Sockett	City of Sheffield	26.84s
	437	Katherine Endacott	City of Plymouth	dns
<b>Heat 3</b>				
1	99	Kelly Proper	Ferrybank AC	24.49s
2	98	Joanna Patterson	University of Bath	25.26s
3	137	Rebecca Williams	Newport H	25.71s
4	182	Sarah Dowling	Manx Harriers	26.61s
5	111	Katy Williams	Kettering Town	31.24s
<b>Heat 4</b>				
1	74	Victoria Barr	Rugby & N	24.52s
2	108	Shelley Went	Leamington AC	25.48s
3	100	Kylie Russell	TeamBath	25.58s
4	194	Emma Williams	Coventry Godiva	26.38s
5	103	Gia Skervin	Notts AC	27.79s
<b>Heat 5</b>				
1	109	Niamh Whelan	Ferrybank AC	24.92s
2	186	Laura Langowski	Coventry Godiva	25.03s
3	433	Helen Karagounis	Birchfield H	26.25s
4	136	Michelle Webster	Bedford & County	26.48s
5	179	Emma Brown	Andover AC	30.07s
<b>Heat 6</b>				
1	449	Sara Petersen	Denmark	24.67s
2	104	Anoma Sooriyaarachchi	Cardiff AAC	24.74s
3	188	Ellana Ruddock	Rugby & N	25.32s
4	96	Zita Murphy	Dundrum SD	25.68s
<b>T34</b>		<b>U15 Girls</b>	<b>800m Races</b>	
<b>Race 1</b>				
1	82	Bethany Smyton	Corby AC	2.27.77s
2	62	Amy Hillyard	Wolves & Bilston	2.27.95s
3	76	Celine Bangay	Corby AC	2.28.51s
4	83	Katy Warren	Birchfield H	2.30.67s
5	79	Amy Doyle	Woodford G & EL	2.31.65s
6	63	Sophia Klair	Wolves & Bilston	2.44.38s
<b>Race 2</b>				
1	80	Jessica Freeman	Birchfield H	2.28.90s
2	66	Kay Oakley	Wolves & Bilston	2.29.33s
3	77	Imogen Blears	Worcester AC	2.35.05s
4	78	Gemma Childs	Marshalls M Keyn	2.43.35s
5	81	Amelia Ridgway	Cannock & Stafford	2.46.78s

	<b>T35</b>	<b>U15 Boys</b>	<b>800m Race</b>		
1	72	Kane Lee	Yate & D	2.13.2s	Hand times
2	11	Jasper Larken	Corby AC	2.21.8s	
3	75	Alex Wyer	Halesowen AC	2.22.0s	
4	68	Sam Lacey	Birchfield H	2.37.1s	
	69	Jamal Logan	Birchfield H	dns	
	<b>T36</b>	<b>Senior Men</b>	<b>200m Heats</b>		
		<b>Heat 1</b>			
1	177	Simeon Williamson	Highgate Harriers	22.32s	
2	171	Billy Ryan	Ferrybank AC	22.58s	
3	9	Phil Browne	North Down AC	23.38s	
4	61	Stephen Thorpe	Wakefield & D	25.04s	
5	31	Richard Higson	Wakefield & D	25.50s	
		<b>Heat 2</b>			
1	8	Timothy Benjamin	Cardiff AAC	21.86s	
2	151	Jamie Davis	Uni College Dublin	22.69s	
3	175	Christopher Wakeford	University of Bath	23.25s	
4	147	Andrew Boon	Coventry Godiva	23.70s	
5	162	Ivars Licietis	Marshalls M Keyn	26.24s	
		<b>Heat 3</b>			
1	21	Rion Pierre	WSE & Hounslow	22.29s	
2	228	Johnathon Miller	DSD	23.14s	
3	164	Anthony McWilliams	Rugby & N	23.74s	
4	154	Jamie Fletcher	Derby AC	24.61s	
5	13	Owen Churton	Cambridge Uni	25.38s	
		<b>Heat 4</b>			
1	158	Paul Judson	Notts AC	22.29s	
2	53	David O'Shea	Dooneen AC	22.91s	
3	55	Dalton Powell	Notts AC	23.36s	
4	167	David Nefs	Cambridge Uni	24.64s	
5	134	Dominic Browne	Leamington AC	27.07s	
		<b>Heat 5</b>			
1	156	Jason Hussain	Belgrave Harriers	22.35s	
2	41	Carl MacNamara	Leevale AC	22.70s	
3	192	Nathan Cockett	Birchfield H	23.89s	
4	33	Adam Hughes	Birchfield H	24.32s	
5	112	Tony Wells	Corby AC	27.59s	
		<b>Heat 6</b>			
1	451	Nigel Levine	WSE & Hounslow	22.42s	
2	153	Mark Dunwell	Notts AC	22.72s	
3	155	Richard Fox	Basingstoke & MH	23.91s	
4	174	Michael Thompson	Coventry Godiva	23.95s	
5	28	Tony Foster	Leamington AC	27.80s	
		<b>Heat 7</b>			
1	59	Luke Stott	Havering M	22.28s	
2	29	Luke Giblin	Kingston Upon Hull	22.30s	
3	119	Oliver Knight	Charnwood AC	23.37s	
4	141	Thomas Berry	Southampton	23.90s	
5	121	Donald Brown	RSC	24.69s	

<b>Heat 8</b>				
1	6	Phil Doorgachurn	Cardiff AAC	22.34s
2	46	Anthony Mattis	Bristol & west	22.92s
3	421	Mikail Huggins	Birchfield H	23.32s
4	163	Mark Linskill	North Devon AC	23.48s
5	20	Keith Dolan	Fingalians	29.28s
<b>Heat 9</b>				
1	166	Brian Murphy	UCC	22.47s
2	157	Michael Hynes	Raheny Shamrock AC	22.49s
3	51	Shawn Mullix	St Marys UC	23.58s
4	63	Jamie Vicory	Blackburn H	23.59s
5	43	David Maris	Marshals M/Keyn	24.40s
<b>Heat 10</b>				
1	44	Stuart Marshall	Coventry Godiva	22.45s
2	4	Aaron Aplin	Notts AC	23.05s
3	169	Gerard Oshea	Dooneen AC	23.92s
4	159	Alfred Larbi	Birchfield H	24.24s
5	146	Alexander Babb	VPH & Tower Hamlets	24.41s
<b>T37</b>	<b>Senior Women</b>		<b>800m Final</b>	
1	207	Dani Christmas	Crawley AC	2.08.87s
2	240	Celia Brown	Coventry Godiva	2.09.46s
3	302	Rachel Stringer	City of Norwich	2.09.66s
4	296	Karrie Blake	City of Portsmouth AC	2.10.64s
5	303	Hayley Wills	Swansea H	2.10.84s
6	244	Nisha Desai	Trafford AC	2.12.48s
7	253	Sally Read-Cayton	Reigate	2.16.87s
8	299	Lucy Flanner	Solihull & S H	2.19.14s
9	298	Emma Day	Leamington AC	2.27.27s
<b>T38</b>	<b>Senior Men</b>		<b>800m Semi-Final</b>	
Semi-Final 1				
1	267	Tom Causebrook	Rugby & N	1.55.66s
2	281	Chris Lamb	Rugby & N	1.55.75s
3	278	Oliver Heeks	Orion Harriers	1.56.54s
4	264	David Boyce	Brighton & Hove	1.59.66s
	266	Matthew Carlisle	Herts Phoenix	dns
<b>Semi-Final 2</b>				
1	274	Eoin Everard	Unattached	1.51.57s
2	435	Joe Warne	Doheny AC	1.53.55s
3	288	Tom Penfold	Birchfield H	1.54.57s
4	291	John Spence	Hallamshire H	1.55.12s
5	273	Daniel Eckersley	Oxford Uni	1.55.24s
6	263	James Ansell	Newquay & Par	1.56.09s
<b>T39</b>	<b>U17 Women</b>		<b>300m Races</b>	
<b>Race 1</b>				
1	84	Georgie Ivens	Nene Valley H	42.29s
2	92	Sophie Taylor	Tamworth AC	42.50s
3	86	Ciara McDonnell	Manx Harriers	42.61s
4	108	Jodie Harrison	Wolves & Bilston	43.40s
5	107	Esther Harrill	Yate & D	45.79s

<b>Race 2</b>				
1	90	Kathryn Smith	RSC	43.40s
2	91	Laura Smith	TeamBath	43.65s
3	89	Beth Scattergood	North Devon AC	43.94s
4	61	Rachel Clarkson	Burton AC	44.26s
5	105	Emily Fitzhugh	Yate & D	44.76s
<b>Race 3</b>				
1	109	Hannah Stanley	Coventry Godiva	45.28s
2	93	Antonia Vidal	Wolves & Bilston	45.83s
3	69	Rhiannon Shipstone	Wolves & Bilston	45.93s
4	39	Natalie Bugg	Leamington AC	46.38s
5	103	Melissa Baverstock	Stroud & D	47.95s
<b>Race 4</b>				
1	83	Ann Ika-Oqua	Wolves & Bilston	42.00s
2	106	Jemma Gregory	Abingdon Amblers	42.25s
3	67	Becky Oakley	Wolves & Bilston	43.84s
4	52	Megan Stratford	RSC	44.31s
5	87	Emily McNeice	Coventry Godiva	45.48s
<b>T40</b>	<b>U17 Men</b>		<b>400m Races</b>	
<b>Race 1</b>				
1	96	Thomas Benstead	B'heath & Bromley	49.91s
2	101	Robert Needham	Notts AC	52.57s
3	36	Alastair Todd	TeamBath	53.55s
4	100	Luke Morbey	Birchfield H	53.57s
<b>Race 2</b>				
1	94	Richard Adiyia	Charnwood AC	54.02s
2	8	Ross Davies	Corby AC	54.49s
3	97	Scott Gregory	Birchfield H	55.47s
4	102	Douglas Stark	Tamworth AC	55.64s
5	78	Jake Parmenter	North Devon AC	57.66s
<b>T41</b>	<b>U20 Women</b>		<b>400m Races</b>	
<b>Race 1</b>				
1	77	Frederica Foster	South London H	57.26s
2	79	Becky McLinden	Wirral AC	57.51s
3	102	Rhiannon Linington-Payne	Bridgnorth AC	59.51s
4	98	Samantha Coleby	Durham City H	1.00.66s
5	78	Laura Mason	Notts AC	1.02.34s
<b>Race 2</b>				
1	103	Hollie Owen	Tamworth AC	60.53s
2	75	Sophie Clark	Birchfield H	60.78s
3	81	Laura Pacey	Wolves & Bilston	61.09s
4	97	Kellie Bewick	Coventry Godiva	62.35s
5	80	Samantha Mills	Wolves & Bilston	63.38s
<b>Race 3</b>				
1	100	Rachael Franklin	Manx Harriers	61.30s
2	62	Emily Moss	Peterborough AC	61.80s
3	151	Beckie Houston	Bridgnorth AC	63.55s
4	99	Jo Devine	North Devon AC	64.85s
5	104	Caroline Parmenter	North Devon AC	72.92s

	<b>T42</b>	<b>U20 Men</b>	<b>400m Races</b>	
		<b>Race 1</b>		
1	226	Sebastian Tully-Middleton	Birchfield H	49.59s
2	93	Abdillah Nassir	Charnwood AC	50.72s
3	43	Tom Challis	Tamworth AC	50.87s
4	94	Sam Peters	Erme Valley H	51.18s
5	90	Michael Haslett	Manx Harriers	51.82s
		<b>Race 2</b>		
1	89	Nick Hardy	Birchfield H	52.66s
2	88	Matthew Gwilliam	Halesowen AC	53.11s
3	95	Tom Richmond	Manx Harriers	53.34s
4	91	David Lee	Coventry Godiva	54.21s
		<b>Race 3</b>		
1	92	Andrew Lomas	Cambridge Uni	55.18s
2	86	Edward Fletcher	Hereford & County	55.45s
3	24	Ben Newman	Birchfield H	56.99s
	42	Alex Poad	Cheltenham & C H	dns
	<b>T43</b>	<b>Senior Women</b>	<b>200m Semi-Finals</b>	
		<b>Semi-Final 1</b>		
1	183	Donna Fraser	Croydon H	23.62s
2	449	Sara Petersen	Denmark	24.13s
3	75	Meghan Beesley	Birchfield H	24.53s
4	186	Laura Langowski	Coventry Godiva	25.53s
5	185	Seemita Gumbs	Birchfield H	25.97s
		<b>Semi-Final 2</b>		
1	99	Kelly Proper	Ferrybank AC	23.92s
2	74	Victoria Barr	Rugby & N	24.16s
3	109	Niamh Whelan	Ferrybank AC	24.72s
4	104	Anoma Sooriyaarachchi	Cardiff AAC	24.75s
5	98	Joanna Patterson	University of Bath	25.40s
	<b>T44</b>	<b>Senior Men</b>	<b>200m Semi-Finals</b>	
		<b>Semi-Final 1</b>		
1	8	Timothy Benjamin	Cardiff AAC	21.35s
2	6	Phil Doorgachurn	Cardiff AAC	21.94s
3	171	Billy Ryan	Ferrybank AC	22.49s
4	156	Jason Hussain	Belgrave Harriers	22.54s
	157	Michael Hynes	Raheny Shamrock AC	dns
		<b>Semi-Final 2</b>		
1	177	Simeon Williamson	Highgate Harriers	21.65s
2	451	Nigel Levine	WSE & Hounslow	21.75s
3	59	Luke Stott	Havering M	22.10s
4	29	Luke Giblin	K'ston upon Hull	22.50s
5	151	Jamie Davis	Uni College Dublin	22.82s
		<b>Semi-Final 3</b>		
1	21	Rion Pierre	WSE & Hounslow	21.42s
2	158	Paul Judson	Notts AC	21.78s
3	44	Stewart Marshall	Coventry Godiva	22.24s
	166	Brian Murphy	UCC	dns
	41	Carl MacNamara	Leevale AC	dns
	<b>T45</b>	<b>U15 Girls</b>	<b>60m Hurdle Race</b>	
1	34	Lucy Hatton	Corby AC	9.43s
2	32	Emma Douras	Wolves & Bilston	9.87s
3	53	Yasmin Webb	Rugby & N	10.22s
4	51	Georgia Gallant	Wolves & Bilston	10.63s

<b>T46</b>		<b>U17 Women</b>	<b>60m Hurdle Races</b>		
		<b>Race 1</b>			
1	68	Jazmin Sawyers	City of Stoke	8.88s	
2	59	Gaby Banqay	Corby AC	8.93s	
3	58	Chelsea Alagoa-Oliver	Birchfield H	9.59s	
4	62	Charlotte Davies	Rugby & N	9.74s	
5	64	Megan Dixon	Wolves & Bilston	9.75s	
6	40	Tannika Burgess	Wolves & Bilston	9.79s	
7	66	Rosie Kingston	Bicester AC	9.81s	
8	63	Rebecca Davies	Rugby & N	9.88s	
		<b>Race 2</b>			
1	70	Ella Taylor	Hereford & County	9.58s	
2	72	Olivia Wilding	Hereford & County	9.73s	
3	60	Becky Baxter	Charnwood AC	9.85s	
4	142	Beth Skinner	Exeter Harriers	9.91s	
5	61	Rachel Clarkson	Burton AC	10.16s	
	71	Bryony Thurbon	Cheltenham & C H	dns	
	67	Becky Oakley	Wolves & Bilston	dnf	
<b>T47</b>		<b>U15 Boys</b>	<b>60m Hurdle Race</b>		
1	21	James Taylor	City of Stoke	8.99s	
2	19	Nick Wilson	Solihull & S H	9.36s	
3	112	Tony Wells	Corby AC	9.73s	Vet
<b>T48</b>		<b>U20 Women</b>	<b>60m Hurdle Race</b>		
1	64	Harriet Thompson	Cannock & Stafford	9.30s	
2	63	Lauren O'Reilly	Newport H	9.31s	
<b>T49</b>		<b>Senior Women</b>	<b>60m Hurdle Heats</b>		
		<b>Heat 1</b>			
1	94	Sara McGreavy	Sale Harriers	8.3s	Hand times
2	483	Anne Moller	Denmark	8.5s	
3	129	Kylie Robilliard	Channel Island	8.7s	
4	126	Lucy Lougher	Cardiff AAC	9.1s	
5	127	Kim Motley	Cambridge Uni	9.3s	
		<b>Heat 2</b>			
1	125	Zara Hohn	Wakefield & D	8.5s	Hand times
1	132	Andrea Vinet	Sale Harriers	8.5s	
3	128	Mairead Murphy	Uni College Dublin	8.8s	
4	438	Katey Read	Liverpool Harriers	8.9s	
5	131	Michelle Thomas	Birchfield H	9.6s	
6	124	Emily Craven	Cambridge Uni	11.00s	
<b>T50</b>		<b>U17 Men</b>	<b>60m Hurdle Race</b>		
1	17	Themba Luhana	Rugby & N	8.3s	Hand times
2	33	Samuel Baker	Corby AC	9.3s	
3	94	Richard Adiyia	Charnwood AC	9.3s	
4	11	Morton Hart	Solihull & S H	9.6s	
5	35	Akash Pednekar	Swindon Harriers	9.8s	
<b>T51</b>		<b>U20 Men</b>	<b>60m Hurdle Race</b>		
1	25	Alex Nwenwu	Wolves & Bilston	8.15s	
2	19	Orie Lawrence	Birchfield H	8.18s	
3	28	Andrew Pozzi	Stratford-on-Avon	8.21s	
4	40	Ciaran Donnelly	Birchfield H	8.69s	
5	41	James Eaton	Rugby & N	8.90s	
6	429	Michael Sweeney	Liverpool Harriers	8.94s	
	42	Alex Poad	Cheltenham & C H	dns	

	<b>T52</b>	<b>Senior Men</b>	<b>60m Hurdle Heats</b>	
		<b>Heat 1</b>		
1	444	Chris Baillie	Birchfield H	7.93s
2	117	Joseph Hylton	Birchfield H	8.30s
3	118	Robert James	Birchfield H	8.31s
4	175	Christopher Wakeford	University of Bath	8.43s
5	115	Glenn Etherington	Exeter Harriers	8.55s
6	120	Jonathan Newell	Mansfield H	9.64s
		<b>Heat 2</b>		
1	18	Daniel Davis	Brunel Uni	7.96s
2	116	Matt Hudson	Leeds City AC	8.17s
3	122	Edirin Okoro	Birchfield H	8.17s
4	114	Tom Carey	Shaftesbury Barnet	8.44s
5	119	Oliver Knight	Charnwood AC	9.18s
	<b>T54</b>	<b>Senior Men</b>	<b>800m Final</b>	
1	435	Joe Warne	Doheny AC	1.55.27s
2	274	Eoin Everard	Unattached	1.55.67s
3	288	Tom Penfold	Birchfield H	1.56.71s
4	291	John Spence	Hallamshire H	1.57.50s
5	273	Daniel Eckersley	Oxford Uni	1.58.21s
6	267	Tom Causebrook	Rugby & N	2.00.41s
	<b>T55</b>	<b>Senior Women</b>	<b>200m Final</b>	
1	183	Donna Fraser	Croydon H	23.38s
2	74	Victoria Barr	Rugby & N	24.11s
3	99	Kelly Proper	Ferrybank AC	24.13s
	75	Meghan Beesley	Birchfield H	dns
	449	Sara Petersen	Denmark	dns
	<b>T56</b>	<b>Senior Men</b>	<b>200m Final</b>	
1	21	Rion Pierre	WSE & Hounslow	21.17s
2	8	Timothy Benjamin	Cardiff AAC	21.26s
3	451	Nigel Levine	WSE & Hounslow	21.64s
4	177	Simeon Williamson	Highgate Harriers	21.91s
	158	Paul Judson	Notts AC	dns
	<b>T57</b>	<b>Senior Women</b>	<b>400m Final</b>	
1	245	Brova Furlong	Slaney Olympic	54.99s
2	239	Tara Bird	Woodford G & EL	55.08s
3	254	Sian Scott	Team Southampton	55.11s
4	76	Claire Bergin	Dundrum SD	55.85s
	183	Donna Fraser	Croydon H	dns
	250	Nadine Okyere	Birchfield H	dns
	<b>T58</b>	<b>Senior Men</b>	<b>400m Final</b>	
1	161	Nick Leavey	Brunel Uni	47.28s
2	209	Dale Garland	Birchfield H	47.57s
3	197	Andy Blow	Basingstoke & MH	47.67s
4	422	Phil Taylor	Liverpool P & S	47.84s
5	216	John Kelley	City of Sheffield	48.23s
6	214	Glyn Hawkes	Loughborough St	48.57s
	<b>T59</b>	<b>Senior Women</b>	<b>60m Hurdle Final</b>	
1	94	Sara McGreavy	Sale Harriers	8.24s
2	125	Zara Hohn	Wakefield & D	8.42s
3	132	Andrea Vinet	Sale Harriers	8.53s
4	483	Anna Moller	Denmark	8.54s
5	129	Kylie Robilliard	Channel Islands	8.76s
6	128	Mairead Murphy	Uni College Dublin	8.85s
7	438	Katey Read	Liverpool Harriers	9.03s
8	126	Lucy Lougher	Cardiff AAC	9.03s

Guest



<b>T60 Senior Men</b>			<b>60m Hurdle Final</b>	
1	444	Chris Baillie	Birchfield H	7.87s
2	18	Daniel Davis	Brunel Uni	7.95s
3	122	Edirin Okoro	Birchfield H	8.11s
4	116	Matt Hudson	Leeds City AC	8.15s
5	114	Tom Carey	Shaftesbury Barnet	8.23s
6	175	Christopher Wakeford	University of Bath	8.27s
7	117	Joseph Hylton	Birchfield H	8.35s
8	118	Robert James	Birchfield H	8.37s

**Saturday**

	<b>F01</b>	<b>U15 Girls</b>	<b>High Jump</b>	
1	89	Molly Eales	Solihull & S H	1.55m
2	50	Sarah Douras	Wolves & Bilston	1.55m
3=	46	Hannah Scales	Rugby & N	1.50m
3-	34	Lucy Hatton	Corby AC	1.50m
5	90	Sarah East	Charnwood AC	1.50m
6	87	Lauren Berry	Worcester AC	1.50m
7	3	Catherine Ross	Amber Valley AC	1.45m
8	64	Emma MacFarlane	Corby AC	1.45m
9	92	Katie Jones	Halesowen AC	1.40m
	41	Jasmine Oliver	Tamworth AC	NHC
	<b>F02</b>	<b>Senior Men</b>	<b>Long Jump</b>	
1	341	Jamie Blundell	Coventry Godiva	7.43m
2	58	Leigh Smith	Birchfield H	7.22m
3	36	Ryan James	Birchfield H	7.04m
4	37	Andrew Jones	Shrewsbury AC	7.04m
5	352	Eoin Hannon	Tullamore H	6.97m
6	66	Andre Whyte	Halesowen AC	6.90m
7	367	Paul Ogun	Croydon H	6.43m
8	373	Anthony Stewart	Birchfield H	6.25m
9	39	George Kenyon	Cambridge Uni	6.25m
10	139	James Griffith	B'ham Rowheath	6.06m
11	50	Ed Moyse	Cambridge Uni	5.96m
	<b>F03</b>	<b>Senior Men</b>	<b>Pole Vault</b>	
1	349	Matthew Cullen	Sale Harriers	4.50m
	<b>F04</b>	<b>U20 Men</b>	<b>Pole Vault</b>	
1	137	Andrew Sutcliffe	Sale Harriers	4.80m
2	131	Matthew Devereux	Bedford & County	4.70m
3	141	Robert Warensjo	Swindon Harriers	4.60m
4	138	Cameron Walker-Shepherd	Bristol & West AC	4.40m
5	132	Tom Gibson	Bristol & West AC	3.90m
6	130	Mark Cooper	City of Stoke	3.80m
7	133	Andrew Harrison	Preston H	3.80m
8	136	George Sharp	Preston H	3.70m
9	8	Jamie Courtenay	Cheltenham & C H	3.60m
	<b>F05</b>	<b>U15 Boys</b>	<b>High Jump</b>	
1	84	Martin Danobrega	Bedford & County	1.60m
2	86	Daniel Ravenscroft	Kidd/Stourport	1.55m
3	85	Ciaran Dunnion	Solihull & S H	1.50m

	<b>F06</b>	<b>U17 Men</b>	<b>Long Jump</b>		
1	16	James Lelliott	Bournemouth AC	6.51m	
2	7	Reece Davies	Macclesfield H	5.95m	
3	15	Ben Lees	Rugby & N	5.88m	
4	25	Adam Simms	Altrincham AC	5.71m	
5	24	Nikita Shelyakin	Tamworth AC	5.50m	
6	2	Prince Ayeh	B'ham Rowheath	5.37m	
7	23	Simon Scott	Corby AC	5.34m	
8	78	Jake Parmenter	North Devon AC	5.21m	
9	95	Tarun Benning	Corby AC	5.12m	
10	79	James Taylor	Stroud & D	5.01m	
	<b>F07</b>	<b>Senior Women</b>	<b>Long Jump</b>		
1	99	Kelly Proper	Ferrybank AC	6.21m	
2	91	Alice Lennox	City of Stoke	5.68m	
3	106	Kitty Eleyae	Woodford G & EL	5.45m	
4	392	Charis O'Connor	Guildford & G	5.38m	
5	88	Heidi Jarosinski	Halesowen AC	5.25m	
6	385	Karina Jakovenko	Birchfield H	5.21m	
7	446	Lillie Gregg	Birchfield H	4.90m	
8	383	Shalayna Hutchinson	Birchfield H	4.67m	
9	93	Laura McGarty	Cambridge Uni	4.50m	
10	82	Megan Evans	RSC	4.30m	
	<b>F08</b>	<b>Senior Women</b>	<b>High Jump</b>		
1	382	Vikki Hubbard	Birchfield H	1.76m	
2	381	Sophie Hine	Rugby & N	1.75m	
3	392	Charis O'Connor	Guildford & G	1.70m	
4	393	Bethan Partridge	Telford AC	1.70m	
5	395	Elizabeth Parry	Solihull & S H	1.65m	
6	432	Racene Reid	Wolves & Bilston	1.65m	
7	398	Zoey Phillips	Birchfield H	1.65m	
8	391	Grainne Maggen	Bros Pearse	1.60m	
	<b>F09</b>	<b>Senior Men</b>	<b>Shot</b>		
1	350	Tumatai Dauphin	Salon AC	17.35m	
2	342	Daniel Brunt	C of Sheffield	14.84m	
3	358	Samuel Jeannin	Salon AC	14.34m	
4	357	Jake Hazell	Montpelier AC	13.38m	
5	377	John Twiddle	Kingston upon Hull	12.29m	
6	50	Ed Moyes	Cambridge Uni	10.17m	
7	476	Ashley Round	Kidd/Stourport	8.71m	U20
	<b>F09</b>	<b>Senior Men</b>	<b>Shot 6K</b>		
	353	Eric Etienne	Salon AC	10.68m	
	<b>F10</b>	<b>U15 Boys</b>	<b>Long Jump</b>		
1	7	Joel Grenfell	Peterborough AC	5.59m	
2	71	Jack Templeman	Andover AC	5.20m	
3	6	Immanuel Gardiner	Shireland Academy	5.11m	
4	4	Nic Evangelinos	Rugby & N	4.22m	

Sunday

	<b>F11</b>	<b>Senior Women</b>	<b>Triple Jump</b>		
1	407	Nadia Williams	Shaftesbury Barnet	13.08m	
2	413	Stephanie Aneto	Woodford G & EL	12.91m	
3	387	Claire Linskill	North Devon AC	12.29m	
4	416	Lauren Blackie	B'heath & Bromley	11.90m	
5	402	Gemma Smith	Cannock & Stafford	11.80m	U20
6	415	Jenneice Birmingham	Birchfield H	11.51m	
7	405	Hannah Walsh	Charnwood AC	11.32m	
8	389	Alison Macleod	WSE & Hounslow	10.66m	
9	142	Beth Skinner	Exeter Harriers	10.10m	
10	93	Laura McGarty	Cambridge Uni	9.83m	
11	436	Emily Moss	Peterborough AC	9.80m	
12	82	Megan Evans	RSC	9.71m	
	<b>F12</b>	<b>U17 Women</b>	<b>High Jump</b>		
1	136	Hannah Frith	Bedford & County	1.74m	
2	68	Jazmin Sawyers	City of Stoke	1.71m	
3	138	Sophie Rayner	Solihull & S H	1.55m	
4=	134	Megan Clements	Leamington AC	1.50m	
4=	64	Megan Dixon	Wolves & Bilston	1.50m	
6	59	Gaby Bangay	Corby AC	1.50m	
7=	70	Ella Taylor	Hereford & County	1.50m	
7=	69	Rhiannaon Shipstone	W&B	1.50m	
9	108	Jodie Harrison	Wolves & Bilston	1.50m	
	<b>F13</b>	<b>Senior Women</b>	<b>Pole Vault</b>		
1	401	Bryony Raine	Cardiff AAC	3.90m	
2	411	Hannah Abrahan	Cardiff AAC	3.60m	
3	380	Fiona Harrison	Trafford AC	3.40m	
4	397	Sally Peake	Liverpool Harriers	3.10m	
5	409	Hilary Williams-Smith	Birchfield H	3.00m	
6	386	Lindsay Johnson	Trafford AC	2.40m	
	<b>F14</b>	<b>U20 Women</b>	<b>Pole Vault</b>		
1	134	Sophie Upton	WSE & Hounslow	3.80m	
2	144	Katie Byres	Sale Harriers	3.50m	
2	147	Katherine Ogden	Uni of Wales Ins.	3.50m	
4	142	Holly Bleasdale	Blackburn H	3.30m	
5	148	Louise Foster	Cannock & Stafford	2.90m	
6	143	Laura Butcher	TeamBath	2.90m	
	<b>F15</b>	<b>Senior Women</b>	<b>Shot</b>		
1	420	Laura Gomery	Birchfield H	11.04m	
2	419	Alison George	Cannock & Stafford	9.50m	
3	406	Selina Walters	Notts AC	9.48m	
4	400	Laura Radburn	Birchfield H	6.85m	U20

	<b>F16</b>	<b>Senior Men</b>	<b>Triple Jump</b>		
1	354	Julian Golley	WSE & Hounslow	16.12m	
2	379	Benjamin Williams	City of Stoke	15.83m	U20
3	363	Michael McKernan	Birchfield H	15.12m	
4	360	Konrad Katarzynski	Birchfield H	14.99m	
5	64	Humphrey Waddington	Cambridge Uni	14.56m	
6	356	Lawrence Harvey	Trafford AC	14.34m	
7	139	James Griffith	B'ham Rowheath	13.19m	
8	143	Jimi Tele	Havering M	13.19m	
9	351	Christof Dreschsel-Grau	Cambridge Uni	11.14m	
	<b>F17</b>	<b>Senior Men</b>	<b>High Jump</b>		
1	425	Robbie Grabarz	Bedford & County	2.22m	
2	346	Christopher Crowley	Belgooly AC	2.15m	
3	369	Matt Roberts	Newham & Essex B	2.10m	
4	359	Scott Johnson	Bedford & County	2.00m	
5	430	Onajite Okoro	Birchfield H	2.00m	U20
6=	339	Sam Bailey	Chelmsford AC	2.00m	
6=	348	Mark Crowley	Enfield & Haringey	2.00m	
8	368	Karl Robbins	Coventry Godiva	2.00m	
9	374	Phinehas Stewart	Birchfield H	1.95m	U20
10	361	Edward Mason	TeamBath	1.95m	U20
11	355	Jason Hamilton	Dacorum & Tring	1.90m	
12	345	Max Clayton	Worcester AC	1.90m	U20
13	429	Michael Sweeney	Liverpool Harriers	1.90m	U20
14=	343	Martin Cherrington	Tipton H	1.85m	U20
14=	372	Alex Skouby	Oxford Uni	1.85m	
16	347	Shaun Cregeen	Manx Harriers	1.85m	
	<b>F18</b>	<b>U15 Girls</b>	<b>Long Jump</b>		
1	34	Lucy Hatton	Corby AC	5.05m	
2	50	Sarah Douras	Wolves & Bilston	4.65m	
3	51	Georgia Gallant	Wolves & Bilston	4.39m	
4	67	Bethany Roberts	Birchfield H	4.35m	
5	3	Catherine Ross	Amber Valley AC	4.18m	
6	88	Sophie Cook	Birchfield H	3.82m	
	<b>F19</b>	<b>U17 Men</b>	<b>High Jump</b>		
1	132	Jordan Roach	Tamworth AC	1.90m	
2	130	Joshua Guest	Leamington AC	1.80m	
3	129	Jamie Fitzpatrick	Solihull & S H	1.80m	
4	131	Jack Powley	Charnwood AC	1.75m	
5	16	James Lelliott	Bournemouth AC	1.75m	
6	102	Douglas Stark	Tamworth AC	1.60m	
7	34	Joseph Hutchinson	TeamBath	NHC	
	<b>F20</b>	<b>U17 Women</b>	<b>Long Jump</b>		
1	68	Jazmin Sawyers	City of Stoke	5.32m	
2	59	Gaby Bangay	Corby AC	5.14m	
3	142	Beth Skinner	Exeter Harriers	4.82m	
4	60	Becky Baxter	Charnwood AC	4.55m	
5	64	Megan Dixon	Wolves & Bilston	4.52m	
6	109	Hannah Stanley	Coventry Godiva	4.50m	
7	66	Rosie Kingston	Bicester AC	4.18m	