

MENS 100M &amp; 400M FINALS WERE NOT HELD DUE TO ATROCIOUS WEATHER CONDITIONS !

**T1 400mH SW Final**

Posn	Name	Club	Perf
1	Emma Peters	Cardiff AAC	60.22
2	Emily Parker	Epsom & Ewell H	60.73
3	Hazel Le Cornu	Channel Island	65.99
4	Rhiannon Linington-Payne	Bridgnorth AC	68.93

**T2 400mH SM Heat 1**

Posn	Name	Club	Perf
1	Matt Sumner	Plymouth AC	54.93
2	Richard Curl	Solihull & S H	55.45
3	Brenton Hardware	Birchfield H	55.93
4	Stefan Wilcockson	Mansfield H	56.48
5	Matthew Shaw	Scunthorpe & D	57.58
6	Jonathan Newell	Mansfield H	61.31

pb

**T2 400mH SM Heat 2**

Posn	Name	Club	Perf
1	Joe Lloyd	MMAC	55.00
2	Daniel Eckersley	Oxford Uni	55.60
3	Aaron Mason	Imperial College	57.54
4	Jamie Horder	Cheltenham & C H	57.80
5	Steve Parker	Bristol & West AC	58.02

**T3 200m SW Final no w/s**

Posn	Name	Club	Perf
1	Donna Fraser	Croydon H	24.28
2	Bernice Wilson	Birchfield H	24.45
3	Ellena Ruddock	Rugby & N	25.49
4	Jo Patterson	Bath University	25.62
5	Shelley Went	Leamington AC	25.73
6	Charmaine Riley	RSC	26.00
7	Ruth Brereton	Woodford G & EL	26.46

**T4 200m SM Heat 1** w/s 1.4

Posn	Name	Club	Perf
1	Somto Eruchie	Birchfield H	22.19
2	Ryan Farrington	Birchfield H	22.33
3	Cameron Webb	Stevenage & NH	22.56
4	Thomas Knight	Cardiff AAC	22.56
5	Jonathan Timmins	Tipton Harriers	22.88
6	Peter Shand	Tipton Harriers	23.68
7	Joannis Merkas	Newham & Essex B	25.10

**T4 200m SM Heat 2** w/s 2.7

Posn	Name	Club	Perf
1	Brian Murphy	UCC	22.46
2	Jonathan Hornblow	Derby AC	22.64
3	Isaiah Adekanmbi	Enfield & Haringey	23.06
4	Samuel Gordon	Kettering Town	23.33
5	Nick Kanonik	Birchfield H	23.58
6	Ross Allen	Rugby & N	23.62

**T4 200m SM Heat 3** no w/s

Posn	Name	Club	Perf
1	Julian Thomas	Birchfield H	21.77
2	Sam Cordin	Mansfield H	22.11
3	Tyler Johnson	Plymouth AC	22.61
4	Giziel Lima	B'ham Rowheath	22.98 pb
5	Carl McNamara	Birchfield H	23.27
6	Paul Keepax	Birchfield H	23.73

**T5 800m SW Final**

Posn	Name	Club	Perf
1	Anouska McConnell	Birchfield H	2.11.73
2	Emma Day	Leamington AC	2.26.44

**T6 800m SM Heat 1**

Posn	Name	Club	Perf
1	Frederic Tremblay	RSC	2.00.41
2	John Spence	Hallamshire H	2.00.42
3	Richard Reed	Nene Valley H	2.02.64
4	Jamie Darling	Taunton AC	2.03.74
5	Amardeep Sangha	Tipton Harriers	2.06.14
6	Ashley Bishop	CLC Striders	2.07.12

**T6 800m SM Heat 2**

Posn	Name	Club	Perf
1	Matt Peel	Crawley AC	1.59.23
2	Andrew Reed	Erme Valley H	2.05.23
3	Andy Poppleton	Worcester AC	2.06.09
4	Joshua Lacey	Birchfield H	2.07.00
5	Philip Jowett	CLC Striders	2.10.98
6	Thomas Boyd	CLC Striders	2.29.96

**T6 800m SM Heat 3**

Posn	Name	Club	Perf
1	Paul Harmer	Charnwood AC	2.02.38
2	Chris Thornton	Skyrac AC	2.02.47
3	Jamie Fletcher	Derby AC	2.03.72
4	Travis Cross	Nene Valley H	2.06.27
5	Ian Ashall	RAF	2.07.08
6	Daniel Lismore	Birchfield H	2.07.59

**T7 100m SW Final w/s -1.1**

Posn	Name	Club	Perf
1	Bernice Wilson	Birchfield H	11.98
2	Natalie Jowett	Marshals M Keynes	12.27
3	Ellena Ruddock	Rugby & N	12.36
4	Hannah Williams	Birmingham Uni	12.61
5	Charmaine Riley	RSC	12.72
6	Shelley Went	Leamington AC	12.73
7	Kerry Salter	Bedford & County	12.78
8	Helen Martin	Telford Harriers	13.88

**T8 100m SM Heat 1 w/s -0.8**

Posn	Name	Club	Perf
1	Antoe Walters	Birchfield H	11.06
2	Ciaran McDonagh	Fa.Murphy AC	11.09
3	Adam Thomas	Birchfield H	11.34
4	Santino Dummett	Telford AC	11.36
5	Tyler Johnson	Plymouth AC	11.54
6	Gabriel Gennuso	Solihull & S H	11.86
	Nick O'Neil	CLC Striders	DNS
	Samuel Gordon	Kettering Town	DNS

**T8 100m SM Heat 2** w/s -1.5

Posn	Name	Club	Perf
1	Andrew Jones	Shrewsbury AC	11.20
2	Cloron Hylton	Birchfield H	11.33
3	Paul Egbon	Kent AC	11.36
4	Thomas Knight	Cardiff AAC	11.39
5	Adam Mohammed	Shaftsbury Barnet	11.54
6	Carl McNamara	Birchfield H	11.92
7	Joannis Merkas	Newham & Essex B	12.49
8	Colin Robertson	London Heathside	12.56

**T8 100m SM Heat 3** w/s -0.9

Posn	Name	Club	Perf
1	Ryan Farrington	Birchfield H	11.04
2	Leroy Phillips	Leicester Coritanian	11.13
3	Phillip Doorgachurn	Cardiff AAC	11.14
4	Cameron Webb	Stevenage & NH	11.23
5	Joseph Hylton	Birchfield H	11.25
6	Andre Whyte	Halesowen AC	11.29
7	Courtney Douglas	Rugby & N	11.56
8	Paul Keepax	Birchfield H	11.58
9	Peter Shand	Tipton Harriers	11.78

**T9 400m SW Final**

Posn	Name	Club	Perf
1	Victoria Barr	Rugby & N	53.61
2	Dawn Hunt	WSE & Hounslow	55.00
3	Laura Langowski	Coventry Godiva	55.69
4	Rhianne Jones	Cardiff AAC	58.04
5	Lucy Spray	Mansfield H	58.31
6	Katie Hewitt	Cornwall AC	59.36
7	Kellie Bewick	Coventry Godiva	59.71
8	Tamara Webb	Marshals M Keynes	63.15

**T10 400m SM Heat 1**

Posn	Name	Club	Perf
1	Nick Hogan	Dundrum SD	49.30
2	Sam Cordin	Mansfield H	49.73
3	Phillip Doorgachurn	Cardiff AAC	50.96
4	Adam Cotton	Birchfield H	51.09
5	Mark Gilmer	Leeds City AC	51.30
6	James Lea	Tipton Harriers	51.56
7	Ben Riekstins	Telford AC	54.92
8	Kevin Pye	Charnwood AC	58.75

**T10 400m SM Heat 2**

Posn	Name	Club	Perf
1	Andrew Dean-Young	Bristol & West AC	50.35
2	Wayne Ashall	Liverpool P & S	50.43
3	Jack Imray	Tipton Harriers	51.14
4	Aaron Teall	Cardiff AAC	51.16
5	Alex Fields	Bristol & West AC	51.56
6	Chris Lamb	Rugby & N	53.48
7	Simon Pope	Scunthorpe & D	54.00
	Shem Nelson	Birchfield H	DNS

**T10 400m SM Heat 3**

Posn	Name	Club	Perf
1	Symon Woan	Preston Harriers	49.56
2	Martin Cook	Mansfield H	49.90
3	Kieran Kelly	Raheny Shamrock AC	50.03
4	Ross Allen	Rugby & N	50.49
5	Gary Coleman	Yate & D	50.49
6	Thomas Riley	Liverpool Harriers	50.58
7	Chris Bramah	Trafford AC	51.52
8	Daniel Everett	Notts AC	52.03

**T11 3000m SW Final**

Posn	Name	Club	Perf
1	Lucy Flanner	Solihull & S H	10.00.14
2	Hannah Alderson	Yate & D	10.21.99
3	Rachael Buxton	Coventry Godiva	10.33.01
4	Rachel Vines	CLC Striders	11.33.12
5	Lisa Boyd	CLC Striders	11.46.80
	Nina Oates	CLC Striders	DNF

**T12 3000m SM Final**

Posn	Name	Club	Perf
1	Craig Walker	Wolves & Bilston	8.42.21
2	Mike Buntin	Tipton Harriers	8.47.80
3	Martin Matthews	B'ham Rowheath	8.49.90
4	Will Ferguson	CLC Striders	9.03.03
5	Damian Carr	Coventry Godiva	9.05.02
6	Andrew Kaar	Solihull & S H	9.21.44
7	Richard Dare	CLC Striders	9.38.12
8	Chris Cooper	Nene Valley H	9.41.64
9	Greg Halliwell	Yate & D	9.49.54
10	Steven Jeffers	Charnwood AC	10.41.73
11	Lee Burge	CLC Striders	10.52.74

**T13 100mH SW Final** w/s 0.0

Posn	Name	Club	Perf
1	Nicola Robinson	Coventry Godiva	14.56
2	Kylie Robilliard	Channel Is.	15.05
3	Lucy Lougher	Cardiff	15.08
4	Helen Hanstock	Cheltenham & C H	17.31

**T14 110mH SM Final** w/s -1.0

Posn	Name	Club	Perf
1	Joseph Hylton	Birchfield H	14.77
2	Ciaran O'Caithein	Roscommon AC	15.52
	Robert James	Birchfield H	DNS

**T14a 110mH U20M Final** w/s -1.0

Posn	Name	Club	Perf	
1	Curtis Holmes	Birchfield H	14.24	pb
2	Orie Lawrence	Birchfield H	14.27	pb
3	James Eaton	Rugby & N	16.23	

**T16 200m SM Final** w/s -1.3

Posn	Name	Club	Perf
1	Brian Murphy	UCC	22.03
2	Sam Cordin	Mansfield H	22.19
3	Jonathan Hornblow	Derby AC	22.33
4	Thomas Knight	Cardiff AAC	22.39
5	Cameron Webb	Stevenage & NH	22.46
6	Ryan Farrington	Birchfield H	22.61
	Somto Eruchie	Birchfield H	DNF
	Julian Thomas	Birchfield H	DNS

**T17 400mH SM Final**

Posn	Name	Club	Perf
1	Matt Sumner	Plymouth AC	54.11
2	Daniel Eckersley	Oxford Uni	54.96
3	Richard Curl	Solihull & S H	56.01
4	Stefan Wilcockson	Mansfield H	56.43
5	Aaron Mason	Imperial College	58.40
6	Matthew Shaw	Scunthorpe & D	59.20
7	Brenton Hardware	Birchfield H	64.97
	Joe Lloyd	MMAC	DNS

**T19 800m SM Final**

Posn	Name	Club	Perf
1	John Spence	Hallamshire H	1.57.43
2	Matt Peel	Crawley AC	1.58.41
3	Frederic Tremblay	RSC	1.58.90
4	Paul Harmer	Charnwood AC	1.59.29
5	Jaimie Darling	Taunton AC	2.02.48
6	Jamie Fletcher	Derby AC	2.03.25
7	Chris Thornton	Skyrac AC	2.03.49
8	Richard Reed	Nene Valley H	2.05.48

**F01 Hammer SM Final**

Posn	Name	Club	Perf
1	Michael Bomba	Liverpool Harriers	63.37
2	Chris Shorthouse	Notts AC	61.39 pb
3	Stuart Thurgood	Watford H	57.57
4	Alex Berrow	Tamworth AC	50.30
5	Ashley Andrews	Forest of Dean	44.24
6	Darren Andrews	Forest of Dean	35.60
7	Justin Sysum	Gloucester AC	8.03

**F02 High Jump SW Final**

Posn	Name	Club	Perf
1	Louise Hazel	Birchfield H	1.71
2	Lucy Boggis	Shaftsbury Barnet	1.68
3	Lucy Hodgins	Vale of Aylesbury	1.60
4	Rachel Spooner	Yate & D	1.55
5	Charlotte Berrington	Bridgnorth AC	1.50
6	Helen Hanstock	Cheltenham & C H	1.50

**F03 Pole Vault SM Final**

Posn	Name	Club	Perf
1	Nick Cruchley	Halesowen AC	4.70
2	Mark Cooper	City of Stoke	4.10

**F04 Triple Jump SW Final**

Posn	Name	Club	Perf		
1	Laura Samuel	Leicester Coritanian	12.26	w/s 2.2	no legal jump
2	Sara Barry	Cardiff AAC	12.01	w/s 3.6	11.83 w/s 0.9
3	Anna Kelly	Shrewsbury AC	11.76	w/s 1.3	
4	Jenneice Birmingham	Birchfield H	11.45	w/s 4.2	no legal jump

**F05 Long Jump SM Final**

Posn	Name	Club	Perf		
1	Matthew Rollings	City of Stoke	6.82	w/s 1.7	
2	Samuel Edwards	Shrewsbury AC	6.58	w/s 1.9	
3	Ian Simson	Dacorum & Tring AC	6.34	w/s 3.3	6.16 w/s 1.2
4	Ryan Kelly	Shrewsbury AC	5.81	w/s -0.3	

**F06 Pole Vault SW Final**

Posn	Name	Club	Perf		
1	Bryony Raine	Cardiff AAC	3.70		
2	Louise Shortland	Stevenage & NH	3.60		
3	Sally Peake	Liverpool Harriers	3.40		
4	Kirsty Mackintosh	Woodford G & EL	3.30		

**F07 Javelin SW Final**

Posn	Name	Club	Perf		
1	Simone Huggins-Ward	Coventry Godiva	42.39		
2	Louise Hazel	Birchfield H	42.28		
3	Lucy Boggis	Shaftsbury Barnet	36.45		
4	Bev Hawkins	Birchfield H	32.86		
5	Laura Radburn	Birchfield H	24.82		

**F09 Long Jump SW Final**

Posn	Name	Club	Perf		
1	Sonia Crawley	Birchfield H	5.46	w/s 2.0	
2	Heidi Jarosinski	Halesowen AC	5.42	w/s 2.6	no legal jump
3	Amy Fendley	Newark AC	5.35	w/s 0.4	
4	Karina Jakovenko	Birchfield H	5.24	w/s 0.7	
5	Helen Hanstock	Cheltenham & C H	5.00	w/s 1.8	

**F10 Triple Jump SM Final**

Posn	Name	Club	Perf		
1	David Mountford	City of Stoke	14.34	w/a -0.4	
2	Gary White	Cardiff	14.14	w/s 1.6	
3	Lawrence Harvey	Trafford AC	13.85	w/s 1.4	
4	Samuel Edwards	Shrewsbury AC	13.70	w/s 1.7	
5	Daniel Bergin	N V H	12.52	w/s 3.2	12.36 w/s -0.9
6	Ryan Kelly	Shrewsbury AC	12.18	w/s 2.2	no legal jump