

**T1 400mH SW Final**

Posn	Name	Club	Perf
1	Sian Scott	Team Southampton	58.92
2	Emily Parker	Epsom & Ewell H	61.97
3	Leila Corfield	Bristol & West AC	63.29
4	Ruth Brereton	Woodford G & EL	63.51
5	Hayley Comer	Harrow AC	65.53
6	Jodie Favell	Boston & District	66.20
	Sally Hughes	Birchfield H	DNF

**T2 400mH SM Heat 1**

Posn	Name	Club	Perf
1	Ben Sumner	Enfield & Haringey	54.66
2	Tom Burton	Tamworth AC	55.07
3	Tom Grantham	City of Sheffield	56.12
4	Daniel Eckersley	Oxford Uni	56.27
5	Richard Curl	Solihull & S H	57.26
6	Justin Grimes	Birchfield H	57.31

**T2 400mH SM Heat 2**

Posn	Name	Club	Perf
1	Nathan Woodward	Tamworth AC	52.97
2	Andy Faulkner	Yeovil Olympiads	54.78
3	Callem Forde	Charnwood AC	55.03
4	Daniel Everett	City of Norwich	57.13
5	Stefan Wilcockson	Mansfield H	58.02
6	Jonathan Newell	Mansfield H	62.18

**T2 400mH SM Heat 3**

Posn	Name	Club	Perf
1	Tom O'Brien	Wigan Harriers	55.33
2	Darren Lewis	Wolves & Bilston	55.49
3	Alex Cooke	Trafford AC	55.83
4	Brenton Hardware	Birchfield H	56.58
5	Rob Barker-Davies	Coventry Godiva	58.97
6	Daniel Wright	Stratford-on-Avon	61.07

**T3 200m SW Heat 1 w/s 0.9**

Posn	Name	Club	Perf
1	Ellena Ruddock	Rugby & N	25.04
2	Suzanne Begg	V Park C of Glasgow	25.32
3	Emily Diamond	Bristol & West AC	25.38
4	Michelle Thomas	Birchfield H	25.90
5	Estelle Djah	South London H	26.31
6	Laura Chambers	Uni of Wales Ins.	27.49
	Caroline Watterson	Stafford Harriers	DNS

**T3**      **200m SW**      **Heat 2**      w/s 3.7

Posn	Name	Club	Perf
1	Kayo Titiloye	Birchfield H	24.92
2	Joanna Patterson	Ballymena & Antrim	25.02
3	Nadine Okyere	Birchfield H	25.13
4	Charmaine Riley	RSC	25.24
5	Natalie Jowett	Marshals M Keynes	25.76
6	Rachel Archer	Morpeth H	27.75

**T4**      **200m SM**      **Heat 1**      w/s 2.2

Posn	Name	Club	Perf
1	Paul Judson	Notts AC	22.23
2	Nick Frodsham	Leamington AC	22.51
3	Nengi Ossai	Shaftsbury Barnet	22.59
4	Ricardo Francis	Wakefield & D	22.73
5	Nathan Cockett	Birchfield H	23.61
6	Oliver Knight	Charnwood AC	23.78
7	Adam Hughes	Birchfield H	25.20

**T4**      **200m SM**      **Heat 2**      w/s 3.0

Posn	Name	Club	Perf
1	Jonathan Browne	Kent AC	22.04
2	Nick Kanonik	Birchfield H	22.31
3	Luke Giblin	K'ston upon Hull	22.51
4	Ben Riekstins	Telford AC	23.40
5	Jonathan Kay	Unattached	23.41
	Jonathan Hornblow	Burton AC	DNS

**T4**      **200m SM**      **Heat 3**      w/s 2.6

Posn	Name	Club	Perf
1	Andy Blow	Basingstoke & MH	22.06
2	Fitzroy Falconer	Birchfield H	22.13
3	Jim Tipper	Telford AC	22.74
4	Will Magee	Team Southampton	23.10
5	Karl Ledington	Coventry Godiva	23.65
6	Dominic Friend	Charnwood AC	24.04

**T4**      **200m SM**      **Heat 4**      w/s 0.7

Posn	Name	Club	Perf
1	Sebastian Tully-Middleton	Banbury Harriers	22.04
2	Luke Lennon-Ford	Birchfield H	22.38
3	Glyn Hawkes	Loughborough St	22.51
4	Daniel Taylor	Birchfield H	23.44
5	Tom Grantham	City of Sheffield	23.55
6	Jamie Fletcher	Burton AC	24.28

**T5 800m SW Final**

Posn	Name	Club	Perf
1	Rachel Felton	Shaftsbury Barnet	2.14.26
2	Nisha Desai	Trafford AC	2.16.20
3	Katherine Snowden	Tamworth AC	2.22.70
4	Emma Day	Leamington AC	2.23.45
5	Lucy Flanner	Solihull & S H	2.24.52

**T6 800m SM Final**

Posn	Name	Club	Perf
1	Daniel Kevan	Wigan Harriers	1.59.47
2	Matthew Bayliss	B'ham Rowheath	2.00.53
3	Chris McGurk	Oxford Uni	2.00.77
4	Ciaran Acford	Birchfield H	2.01.45
5	Mark Moore	Wolves & Bilston	2.10.74

**T7 100m SW Heat 1 w/s 2.2**

Posn	Name	Club	Perf
1	Ellena Ruddock	Rugby & N	12.09
2	Natalie Jowett	Marshals M Keynes	12.21
3	Claire Spurway	Rugby & N	12.23
4	Lillie Gregg	Birchfield H	12.82
5	Heidi Jarosonski	Halesowen AC	13.15
6	Helen Martin	Telford AC	13.41
7	Caroline Watterson	Stafford Harriers	13.59

**T7 100m SW Heat 2 w/s 1.2**

Posn	Name	Club	Perf
1	Meghan Beesley	Birchfield H	11.90
2	Kylie Russell	Team Bath	12.08
3	Tunrayo Nubi	Enfield & Haringey	12.17
4	Joanna Patterson	Ballymena & Antrim	12.37
5	Estelle Djah	South London H	13.11
6	Kimi Moncrieffe	Birchfield H	13.36

**T8 100m SM Heat 1 w/s 1.8**

Posn	Name	Club	Perf
1	Aidan Syers	Newham & Essex B	10.72
2	Jason Greenidge	Woodford G & EL	11.10
3	Mark Collins	Luton AC	11.27
4	Aidan Twomey	Coventry Godiva	11.44
5	Kasim Adesanya	Notts AC	11.64
6	Daniel Taylor	Birchfield H	11.67
7	Karl Ledington	Coventry Godiva	11.72

**T8 100m SM Heat 2** w/s 3.2

Posn	Name	Club	Perf	
1	Jonathan Browne	Kent AC	10.77	
2	Mark Hanson	Enfield & Haringey	10.94	
3	Ricardo Francis	Wakefield & D	10.98	
4	William Green	Bolton United H	11.15	
5	Will Magee	Team Southampton	11.34	
6	Santino Dummett	Telford AC	11.41	
7	Dominic Friend	Charnwood AC	11.58	pb

**T8 100m SM Heat 3** w/s 1.8

Posn	Name	Club	Perf	
1	Chris Craig	Peterborough AC	10.67	
2	Leroy Slue	Harrow AC	10.73	
3	Lee Christopher	Mounts Bay H	11.14	
4	Luke Giblin	K'ston upon Hull	11.26	
5	Carl Mason	Birchfield H	11.40	
6	Jonathan Kay	Unattached	11.65	
7	Rohan Samuel	Harrow AC	11.73	

**T8 100m SM Heat 4** w/s 4.2

Posn	Name	Club	Perf	
1	Bradley Williams	Deeside AC	10.85	
2	Matthew Thomas	Newham & Essex B	11.02	
3	Nick Frodsham	Leamington AC	11.12	
4	Sebastian Tully-Middleton	Banbury Harriers	11.15	
5	Adam Hughes	Birchfield H	11.78	
6	Jamie Fletcher	Burton AC	11.88	
7	Ioannis Mekras	Uni of Wales Ins.	12.20	

**T9 400m SW Heat 1**

Posn	Name	Club	Perf	
1	Lesley Owusu	WSE & Hounslow	57.02	
2	Sarah Lucas	Trafford AC	57.92	
3	Sarah Shuttleworth	Sale Harriers	58.81	
4	Emily Binner	Oxford Uni	62.91	
5	Sally Olorenshaw	Coventry Godiva	63.24	
6	Joedy Platt	North Devon AC	64.48	

**T9 400m SW Heat 2**

Posn	Name	Club	Perf	
1	Seemita Gumbs	Birchfield H	58.12	
2	Emma Williams	Coventry Godiva	58.80	
3	Amy Frith	Tamworth AC	60.73	
4	Louise Webster	Wolves & Bilston	63.11	
5	Chloe Whalley	Marshals M Keynes	63.95	



<b>T12</b>		<b>3000m SM</b>		<b>Final</b>
<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>	
1	Tom Russell	Stroud & D	8.20.86	
2	Paul Miles	OWLS AC	8.31.22	
3	Adam Elliott	Sale Harriers	8.39.27	
4	Martin Williams	Tipton Harriers	8.50.62	
5	Daniel Woolford	Bristol & West AC	8.59.57	
6	Craig Walker	Wolves & Bilston	9.01.07	
7	Mike Cadman	Midland Vets AC	9.18.46	
8	Andrew Kaar	Solihull & S H	9.21.57	
9	Stuart Nelson	Rugby & N	9.24.40	
10	Philip Clamp	Tipton Harriers	9.27.01	
11	Nick Hazelwood	Halesowen AC	9.38.11	
12	Phillip Bullock	Worcester AC	10.10.04	

<b>T13</b>		<b>100mH SW</b>		<b>Final</b>	w/s 1.8
<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>		
1	Gemma Werrett	Rugby & N	13.37		
2	Kylie Robilliard	Channel Island	13.68		
3	Meghan Beesley	Birchfield H	13.77		
4	Andrea Vinet	Sale Harriers	13.91		
5	Nicola Robinson	Coventry Godiva	14.02		
6	Chloe Whalley	Marshals M Keynes	15.03		

<b>T14</b>		<b>110mH SM</b>		<b>Final</b>	w/s 0.9
<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>		
1	William Sharman	Belgrave	13.80		Guest
2	Gianni Frankis	NEB	13.99		Guest
3	Nicholas Gayle	Sale Harriers	14.02		
4	Paul Walker	Loughborough St	14.77		
5	Simon Wombwell	Herts Phoenix	15.35		
6	Chris Wright	Rotherham Harriers	15.67		
7	James Eaton	Rugby & N	16.27		
8	Oliver Knight	Charnwood AC	16.52		

<b>T15</b>		<b>England Sprints Series 200m Women</b>		<b>Final</b>	w/s 1.3
<b>Posn</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b>		
1	Shelley Went	Leamington AC	26.11		
2	Jor'dan McIntosh	Derby AC	27.02		
3	Louise Feeney	Amber Valley AC	27.74		

**T16**      **England Sprints Series 200m Men**      **Final**      w/s 1.9

Posn	Name	Club	Perf
1	Joel Fearon	Coventry Godiva	21.99
2	Stewart Marshall	Coventry Godiva	22.20
3	Brentton Smith	Birchfield H	22.40
4	Sam Cordin	Mansfield H	22.45
5	Erik Aselius	Corby AC	22.82
6	Luke Evans	Broms & Redd	23.05
7	Chris Ashmore	Mansfield H	24.70

**T17**      **200m SW**      **Final**      w/s 3.4

Posn	Name	Club	Perf
1	Ellena Ruddock	Rugby & N	24.50
2	Nadine Okyere	Birchfield H	24.78
3	Kayo Titiloye	Birchfield H	24.82
4	Charmaine Riley	RSC	25.04
5	Joanna Patterson	Ballymena & Antrim	25.11
6	Suzanne Begg	V Park C of Glasgow	25.15
7	Emily Diamond	Bristol & West AC	25.36
	Natalie Jowett	Marshals M Keynes	DNS

**T18**      **200m SM**      **Final**      w/s 1.4

Posn	Name	Club	Perf
1	Paul Judson	Notts AC	21.53
2	Fitzroy Falconer	Birchfield H	21.62
3	Jonathan Browne	Kent AC	21.66
4	Andy Blow	Basingstoke & MH	22.01
5	Nick Kanonik	Birchfield H	22.17
6	Sebastian Tully-Middleton	Banbury Harriers	22.23
7	Luke Lennon-Ford	Birchfield H	22.57
8	Luke Giblin	K'ston upon Hull	22.91

**T19**      **400mH SM**      **Final**

Posn	Name	Club	Perf
1	Ben Sumner	Enfield & Haringey	51.98
2	Tom Burton	Tamworth AC	54.04
3	Darren Lewis	Wolves & Bilston	54.49
4	Tom O'Brien	Wigan Harriers	55.20
5	Alex Cooke	Trafford AC	55.24
6	Andy Faulkner	Yeovil Olympiads	55.71
7	Callem Forde	Charnwood AC	56.72
	Nathan Woodward	Tamworth AC	DNS

**T22 England Sprint Series 400m Women Final**

Posn	Name	Club	Perf
1	Gemma Elliot	Kettering Town	59.49
2	Kellie Bewick	Coventry Godiva	60.26
3	Samantha Day	Birchfield H	60.75
4	Lara Thomas	Lincoln Wellington	61.27
5	Chantelle Stanley	Nuneaton H	62.06
6	Louise Webster	Wolves & Bilston	62.23

**T23 England Sprint Series 400m Men Final**

Posn	Name	Club	Perf
1	Sam Cordin	Mansfield H	49.85
2	Andrew Dean-Young	Birmingham Uni	51.33
3	Neil Hawkins	Stratford-on-Avon	52.18
4	Martin Aspley-Davis	Broms & Redd	52.95
5	Chris Taylor	Hallamshire H	53.69
6	Stefan Wilcockson	Mansfield H	53.95
	Shem Nelson	Birchfield H	DNF

**T24 400m SW Final**

Posn	Name	Club	Perf
1	Lesley Owusu	WSE & Hounslow	56.12
2	Emma Williams	Coventry Godiva	56.95
3	Seemita Gumbs	Birchfield H	57.74
4	Sarah Lucas	Trafford AC	58.00
5	Sarah Shuttleworth	Sale Harriers	59.36
	Amy Frith	Tamworth AC	DNS
	Louise Webster	Wolves & Bilston	DNS
	Emily Binner	Oxford Uni	DNS

**T25 400m SM Final**

Posn	Name	Club	Perf
1	John Kelley	City of Sheffield	48.35
2	Dwayne Lewis	Birchfield H	48.44
3	Rick Beardsell	Trafford AC	48.50
4	Neil Hewson	Trafford AC	49.06
5	Andy Wilkinson	Sale Harriers	49.11
6	Lloyd Gumbs	Shaftsbury Barnet	49.62
7	Daniel Barry	Trafford AC	49.69
8	Glyn Hawkes	Loughborough St	49.82



**T26**      **England Sprint Series 100m Women**      **Final**      w/s 2.7

Posn	Name	Club	Perf
1	Bernice Wilson	Birchfield H	11.96
2	Emma Bailey	Rugby & N	11.99
3	Shelley Went	Leamington AC	12.25
4	Charmaine Riley	RSC	12.33
5	Jor'dan McIntosh	Derby AC	12.94
6	Caroline Watterson	Stafford Harriers	13.52
	Joanne Frost	Broms & Redd	DNS

**T27**      **England Sprint Series 100m Men**      **Final**      w/s 3.7

Posn	Name	Club	Perf
1	Joel Fearon	Coventry Godiva	10.66
2	Bradley Williams	Deeside AC	10.77
3	Justin Thompson	Birchfield H	10.95
4	Brentton Smith	Birchfield H	10.97
5	Erik Aselius	Corby AC	11.30
6	Chris Ashmore	Mansfield H	12.29

**T28**      **100m SW**      **Final**      w/s 3.4

Posn	Name	Club	Perf
1	Ellena Ruddock	Rugby & N	11.93
2	Meghan Beesley	Birchfield H	11.94
3	Kylie Russell	Team Bath	12.06
4	Tunrayo Nubi	Enfield & Haringey	12.28
5	Natalie Jowett	Marshals M Keynes	12.30
6	Joanna Patterson	Ballymena & Antrim	12.86
	Lillie Gregg	Birchfield H	DNS
	Claire Spurway	Rugby & N	DNS

**T29**      **100m SM**      **Final**      w/s 2.4

Posn	Name	Club	Perf
1	Chris Craig	Peterborough AC	10.54
2	Aidan Syers	Newham & Essex B	10.63
3	Leroy Slue	Harrow AC	10.68
4	Jonathan Browne	Kent AC	10.88
5	Bradley Williams	Deeside AC	10.89
6	Mark Hanson	Enfield & Haringey	10.95
7	Matthew Thomas	Newham & Essex B	10.96
8	Ricardo Francis	Wakefield & D	11.08

<b>F01</b>		<b>Hammer SM</b>		<b>Final</b>	
Posn	Name	Club	Perf		
1	Joe Bloomfield	Ipswich Harriers	58.73		U20 Men 6k
1	Wayne Powell	Gloucester AC	57.63		
2	Justin Sysum	Gloucester AC	57.48		
3	Alex Warner	Cheltenham & C H	50.54		
4	Alex Berrow	Tamworth AC	44.86		
5	Alex Hitchens	Cornwall AC	44.39		
6	Mike Tommey	Gloucester AC	43.16		
7	John Twiddle	K'ston upon Hull	37.42		

<b>F02</b>		<b>High Jump SW</b>		<b>Final</b>	
Posn	Name	Club	Perf		
1	Julie Hollman	Birchfield H	1.74		
2	Charlotte Parry	Solihull & S H	1.65		
3=	Elizabeth Parry	Solihull & S H	1.60	pb	
3=	Hayley Pitman	Bristol & West AC	1.60		
5	Katherine Connolly	Sphinx AC	1.60		
6	Hannah Keight	Tamworth AC	1.60		

<b>F03</b>		<b>Pole Vault SM</b>		<b>Final</b>	
Posn	Name	Club	Perf		
1	Paul Walker	Loughborough St	4.80		
2	Max Eaves	Newham & Essex B	4.60		
3=	Sam Colgate	Woking AC	4.40		
3=	Cameron Johnston	Belgrave Harriers	4.40		
5	Michael Walker	Cardiff AAC	4.20		

<b>F04</b>		<b>Pole Vault SW</b>		<b>Final</b>	
Posn	Name	Club	Perf		
1	Emma Lyons	Sale Harriers	4.00		
2	Henrietta Paxton	Birchfield H	3.60		

<b>F05</b>		<b>Hammer SW</b>		<b>Final</b>	
Posn	Name	Club	Perf		
1	Zoe Derham	Birchfield H	67.04		
2	Carys Parry	Rhondda AC	65.30		
3	Rachel Gair	Mansfield H	59.82		
4	Hayley Murray	Birchfield H	52.41		
5	Vicky Johnson	Liverpool Harriers	48.29		
6	Kaye Yhnell	Gloucester AC	45.39		
7	Beth Sewell	Cardiff AAC	43.07		

**F06 Long Jump SW Final** No wind speeds

Posn	Name	Club	Perf
1	Kelly Sotherton	Birchfield H	6.51
2	Henrietta Paxton	Birchfield H	5.99
3	Alex Russell	Wigan Harriers	5.71
4	Emily Diamond	Bristol & West AC	5.59
5	Heidi Jarosonski	Halesowen AC	5.43
6	Sarah Rossiter	WSE & Hounslow	5.13
7	Laura Samuel	Leicester Coritanian	5.03

**F07 Long Jump SM Final** No wind speeds

Posn	Name	Club	Perf
1	Leigh Smith	Birchfield H	7.66
2	Richardo Childs	Brecon Ac	7.65
3	Ryan James	Birchfield H	7.29
4	Konrad Katarzynski	Birchfield H	7.09
5	Christopher Wright	City of Sheffield	6.71
6	Matthew Parnell	Birchfield H	6.63

**F08 Javelin SW Final**

Posn	Name	Club	Perf
1	Rosie Semenytsh	WSE & Hounslow	44.36
2	Simone Huggins-Ward	Coventry Godiva	42.25
3	Louise Hazel	Birchfield H	40.34
4	Samantha Cullinane	Rugby & N	36.91
5	Julie Hollman	Birchfield H	36.46
6	Katherine McBeth	Coventry Godiva	36.21
7	Amber Burdett	Charnwood AC	35.17
8	Kelly Sotherton	Birchfield H	33.24
9	Laura Radburn	Birchfield H	20.65
10	Sam Jackson	Birchfield H	9.95

**F09 Javelin SM Final**

Posn	Name	Club	Perf
1	Michael Allen	Trafford AC	72.90
2	Glyn Hollingworth	Coventry Godiva	64.68
3	Lee Doran	City of Sheffield	60.91
4	Luke Peters	City of Sheffield	59.60
5	Ingmar Vos	Birchfield H	58.08
6	Matt Hartley	Cheltenham & C H	54.11
7	Lee Peters	Mansfield H	53.63

**F10 High Jump SM Final**

Posn	Name	Club	Perf
1	Tom Parsons	Birchfield H	2.15
2	Darryl Stone	Shaftsbury Barnet	2.10
3	Matt Roberts	Newham & Essex B	2.10
4	Mark Brown	Coventry Godiva	1.95
5	Phineas Stewart	Birchfield H	1.90
6	Alexander Skouby	Oxford Uni	1.85
7	Steven Ridgway	Trafford AC	1.85
8	Jordan Roach	Tamworth AC	1.85

**F11 Triple Jump SW Final** no wind speeds

Posn	Name	Club	Perf
1	Sara Barry	Cardiff AAC	12.45
2	Linzi Robinson	Nuneaton H	12.38
3	Claire O'Reilly	Rugby & N	12.29
4	Jenneice Birmingham	Birchfield H	11.49
5	Ruth Hatch	Belgrave Harriers	11.30

**F12 Triple Jump SM Final** no wind speeds

Posn	Name	Club	Perf
1	Tosin Oke	Woodford G & EL	15.23
2	Konrad Katarzynski	Birchfield H	14.80
3	Adam Smith	Tamworth AC	13.36
4	Tom Bell	Mansfield H	13.20

**F13 Shot SW Final**

Posn	Name	Club	Perf
1	Eden Francis	Birchfield H	15.56
2	Kelly Sotherton	Birchfield H	13.31
3	Julie Hollman	Birchfield H	11.92
4	Laura Gomery	Birchfield H	11.75
5	Katherine McBeth	Coventry Godiva	10.84

**F14 Shot SM Final**

Posn	Name	Club	Perf
1	Sam Westlake-Cann	Shaftsbury Barnet	15.74
2	Ryan Spencer-Jones	Swansea H	14.92
3	Ingmar Vos	Birchfield H	13.28
4	John Twiddle	K'ston upon Hull	12.19