

## Total Scores

Position	Team	Points
1	Charnwood AC	374
2	Bristol & West	369.5
3	Notts AC	353.5
4	Halesowen	335.5
5	Telford AC	247.5
6	Birchfield	224

## Mens Scores

Position	Team	Points
1	Charnwood AC	197
2	Notts AC	176
3	Halesowen	175.5
4	Bristol & West	159.5
5	Telford AC	132
6	Birchfield	115

## Womens Scores

Position	Team	Points
1	Bristol & West	195
2	Notts AC	162.5
3	Charnwood AC	162
4	Halesowen	145
5	Telford AC	100.5
6	Birchfield	94

## Officials Points

Team Name	Points
Charnwood AC	15
Bristol & West	15
Notts AC	15
Halesowen	15
Telford AC	15
Birchfield	15

## Match Position after 37 Events

## Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Justin Thompson	Birchfield	10.8	9
2	Matthew Green	Notts AC	10.9	7
3	Liam Reynolds	Halesowen	11.0	6
4	Richard Rubenis	Telford AC	11.2	5
5	Marcel Hodge	Charnwood AC	11.3	4
6	Alastair Abrams	Bristol & West	12.0	3

## Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Adam Goulding	Notts AC	11.0	7
2	Carl Mason	Birchfield	11.1	5
3	Tino Dummett	Telford AC	11.4	4
4	Justin Baxter	Charnwood AC	11.5	3
5	Andre Whyte	Halesowen	19.7	2

## Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	James Tipper	Telford AC	22.5	9
2	Matthew Green	Notts AC	22.5	7
3	Justin Thompson	Birchfield	22.6	6
4	Philip Berners	Charnwood AC	22.6	5
5	Andre Whyte	Halesowen	22.7	4
6	Anthony Mattis	Bristol & West	22.8	3

## Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	Daniel Taylor	Birchfield	22.9	7
2	Joseph Hall	Notts AC	23.0	5
3	Ben Riekstins	Telford AC	23.2	4
4	Alastair Abrams	Bristol & West	23.4	3
5	Liam Reynolds	Halesowen	23.6	2
6	Justin Baxter	Charnwood AC	23.6	1

## Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Nick Cruchley	Halesowen	51.4	9
2	Stephen McLernon	Bristol & West	51.7	7
3	Aaron Aplin	Notts AC	51.7	6
4	Callem Forde	Charnwood AC	52.9	5
5	James Whitehouse	Birchfield	53.6	4
6	Michael Dickens	Telford AC	55.0	3

## Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Toby Birtwhistle	Telford AC	53.3	7
2	Lee Fear	Birchfield	53.7	5
3	Jamie Gifford	Halesowen	54.0	4
4	Stephen Parker	Bristol & West	54.4	3
5	Jack Johnson	Notts AC	54.9	2
6	Paul Harmer	Charnwood AC	55.1	1

## Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Andrew Pearson	Notts AC	16.3	9
2	Oliver Knight	Charnwood AC	16.4	7
3	Jasper Da Seymour	Telford AC	17.1	6
4	Stephen Parker	Bristol & West	20.0	5
5	Nick Hazelwood	Halesowen	22.9	4

## Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Calum Hutchman	Charnwood AC	18.4	7
2	Anthony Cutler	Bristol & West	18.8	5
3	Mark Haywood	Halesowen	22.4	4
4	Scott Rischer	Notts AC	23.8	3

## Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Tom Moakes	Notts AC	54.2	9
2	Callem Forde	Charnwood AC	56.0	7
3	Thomas Zbaraski	Birchfield	56.2	6
4	Stephen Parker	Bristol & West	61.6	5
5	Richard Hyde (Czernik)	Halesowen	64.6	4

## Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Calum Hutchman	Charnwood AC	62.1	7
2	Jack Johnson	Notts AC	63.0	5
3	Scott Davie	Bristol & West	64.3	4
4	Mark Haywood	Halesowen	64.4	3

## Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Steve Long	Notts AC	1:56.8	9
2	Richard O' Donnell	Birchfield	1:56.9	7
3	Nick Hazelwood	Halesowen	1:57.3	6
4	Paul Harmer	Charnwood AC	1:58.2	5
5	Martin Flook	Bristol & West	2:01.6	4
6	Nick Andrews	Telford AC	2:10.4	3

## Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Steve Mitchell	Bristol & West	1:55.1	7
2	James Lynch	Birchfield	1:58.8	5
3	Lewis Bostock	Notts AC	2:02.4	4
4	Christian Booker	Halesowen	2:02.4	3
5	Jamie Davies	Telford AC	2:04.0	2
6	George Buttery	Charnwood AC	2:04.9	1

## Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Steve Mitchell	Bristol & West	3:56.9	9
2	Oliver Holden	Halesowen	4:01.0	7
3	Ben Lacey	Charnwood AC	4:07.2	6
4	Simon O' Meara	Birchfield	4:08.6	5
5	Christopher Carter	Telford AC	4:17.8	4
6	Simon Burton	Notts AC	4:28.2	3

## Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Tom Trow-Poole	Halesowen	4:18.0	7
2	Michael Brind	Charnwood AC	4:24.4	5
3	Dale Wilkinson	Telford AC	4:26.4	4
4	Chris Keenan	Notts AC	4:33.2	3

## Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	James Douglas	Charnwood AC	15:20.6	9
2	Richard Kay	Notts AC	15:28.7	7
3	Paul Ward	Telford AC	15:54.8	6
4	David Kesterton	Halesowen	16:08.9	5
5	Tom Kingsnorth	Bristol & West	16:15.9	4
6	Mitchell Blundell	Birchfield	16:45.2	3

## Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Christopher Bagshaw	Telford AC	16:25.2	7
2	Richard Brown	Charnwood AC	16:51.5	5
3	Simon O' Meara	Birchfield	17:14.3	4
4	Nick Price	Halesowen	17:36.9	3
5	Richard Darling	Notts AC	17:44.8	2
6	Keith Brackstone	Bristol & West	18:35.9	1

## Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Scott Rischer	Notts AC	6:55.3	9
2	George Buttery	Charnwood AC	7:10.5	7
3	Andrew Butler	Halesowen	7:18.9	6

## Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	James Paramore	Charnwood AC	7:15.5	7
2	Daniel Morton	Halesowen	7:50.4	5

## Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Andre Whyte	Halesowen	6.82	9
2	Andrew Pearson	Notts AC	6.30	7
3	Theo Campbell	Bristol & West	6.11	6
4	Christian Baxter	Charnwood AC	5.85	5
5	Edward Dawes	Telford AC	5.84	4
6	Mark McEvoy	Birchfield	5.33	3

## Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
	1 James Baines	Notts AC	6.13	7
	2 Neil Skelding	Halesowen	5.81	5
	3 Oliver Knight	Charnwood AC	5.78	4
	4 Adam Hughes	Birchfield	5.48	3
	5 Malcolm Dawes (Jnr)	Telford AC	4.96	2
	6 Zoe Laing	Bristol & West	4.13	1

## Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
	1 Brace Hogan	Bristol & West	14.10	9
	2 Jack Johnson	Notts AC	12.31	7
	3 Luke Jones	Halesowen	12.02	6
	4 Faraj Jamal	Charnwood AC	11.72	5
	5 Malcolm Dawes (Jnr)	Telford AC	9.06	4

## Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
	1 Zoe Laing	Bristol & West	14.01	7
	2 Jamie Staniforth	Charnwood AC	11.46	5
	3 Neil Skelding	Halesowen	11.27	4

## Men High Jump (A string)

Posn	Name	Club	Perf	Pts
	1 Ryan Bailey	Charnwood AC	1.80	9
	2 Malcolm Dawes (Jnr)	Telford AC	1.65	7
3=	Luke Jones	Halesowen	1.60	5.5
3=	Luke Bailey	Bristol & West	1.60	5.5
	5 Matthew Salt	Notts AC	1.60	4
	6 William Dunford	Birchfield	1.40	3

## Men High Jump (B string)

Posn	Name	Club	Perf	Pts
	1 Oliver Knight	Charnwood AC	1.75	7
	2 Anthony Cutler	Bristol & West	1.60	5
	3 Mark Haywood	Halesowen	1.55	4
	4 Edward Dawes	Telford AC	1.45	3

## Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Scott Davie	Bristol & West	3.80	9
2	Philip Leaney	Charnwood AC	3.20	7
3	Matt Madden	Notts AC	3.00	6
4	Richard Hyde (Czernik)	Halesowen	3.00	5
5	Tom Shiels	Birchfield	2.90	4

## Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Luke Bailey	Bristol & West	3.40	7
2	Luke Morton	Halesowen	2.30	5

## Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	James Preston	Bristol & West	12.44	9
2	Ian Taylor	Telford AC	12.11	7
3	Thomas Dempsey	Halesowen	11.61	6
4	Adam Porter	Charnwood AC	11.20	5
5	Kevin MacPherson	Notts AC	9.36	4
6	Adam Hughes	Birchfield	6.66	3

## Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Tom Pearson	Charnwood AC	10.97	7
2	Richard Hyde (Czernik)	Halesowen	10.92	5
3	Craig Lee	Notts AC	9.22	4
4	Graham Pitt	Telford AC	8.12	3
5	Bill Kingston	Bristol & West	7.39	2

## Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Greaves	Charnwood AC	47.74	9
2	Ian Taylor	Telford AC	44.24	7
3	Steven Hale	Birchfield	44.19	6
4	James Preston	Bristol & West	37.75	5
5	Richard Hyde (Czernik)	Halesowen	37.33	4
6	Mark Atkin	Notts AC	30.52	3

## Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Adam Porter	Charnwood AC	40.22	7
2	Bill Kingston	Bristol & West	27.47	5
3	Jasper Da Seymour	Telford AC	26.14	4
4	Mark Haywood	Halesowen	25.63	3
5	Craig Lee	Notts AC	17.88	2
6	Robin Davies	Birchfield	11.99	1

## Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	John Pearson	Charnwood AC	61.39	9
2	Russell Payne	Birchfield	47.85	7
3	Thomas Dempsey	Halesowen	45.42	6
4	Ian Taylor	Telford AC	38.41	5
5	James Preston	Bristol & West	29.67	4
6	Kevan Brown	Notts AC	22.20	3

## Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Tom Pearson	Charnwood AC	38.37	7
2	Richard Hyde (Czernik)	Halesowen	32.82	5
3	Murray Grant	Bristol & West	22.14	4
4	Kevin MacPherson	Notts AC	20.94	3
5	Jasper Da Seymour	Telford AC	19.58	2
6	Mark McEvoy	Birchfield	14.54	1

## Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Victor Ferdinando	Notts AC	40.50	9
2	Oliver Knight	Charnwood AC	37.58	7
3	Richard Hyde (Czernik)	Halesowen	37.52	6
4	William Dunford	Birchfield	37.03	5
5	Jasper Da Seymour	Telford AC	35.96	4
6	Stephen McLernon	Bristol & West	34.57	3



## Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Ian Taylor	Telford AC	35.58	7
2	Jack Henfield	Halesowen	35.01	5
3	Anthony Mattis	Bristol & West	34.50	4
4	Charles Stocks	Charnwood AC	33.51	3
5	Michael Ware	Notts AC	33.21	2

## Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Notts AC	44.2	9
2		Birchfield	44.2	7
3		Telford AC	45.2	6
4		Charnwood AC	45.6	5
5		Bristol & West	46.6	4
6		Halesowen	48.7	3

## Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Notts AC	3:25.4	9
2		Bristol & West	3:27.9	7
3		Birchfield	3:28.9	6
4		Halesowen	3:32.0	5
5		Charnwood AC	3:33.6	4
6		Telford AC	3:41.5	3

## Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Sinead Johnson	Telford AC	11.9	9
2	Bernice Wilson	Birchfield	12.0	7
3	Emily Diamond	Bristol & West	12.5	6
4	Felicia Anderson	Notts AC	12.7	5
5	Heidi Jarosinski	Halesowen	12.9	4
6	Emily Wardle	Charnwood AC	13.1	3

## Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Lillie Gregg	Birchfield	12.9	7
2	Lucy Wallett	Halesowen	13.3	5
3	Kelly King	Charnwood AC	13.6	4
4	Amy Brown	Notts AC	13.8	3
5	Grace Hogan	Bristol & West	14.1	2
6	Sian Tovey	Telford AC	14.1	1

## Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Emily Diamond	Bristol & West	25.6	9
2	Nardhia Kidd-Walker	Birchfield	27.0	7
3	Lucy Wallett	Halesowen	27.0	6
4	Emma Hourd	Notts AC	27.0	5
5	Emily Wardle	Charnwood AC	27.7	4

## Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	Rachel Pitman	Bristol & West	26.6	7
2	Rebecca Smith	Notts AC	27.6	5
3	Samantha Cooksey	Halesowen	28.5	4
4	Kelly King	Charnwood AC	28.6	3
5	Victoria Clueit	Birchfield	30.1	2

## Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Laura Mason	Notts AC	57.8	9
2	Jade Peak	Birchfield	58.0	7
3	Briony Bendle	Charnwood AC	59.8	6
4	Emma Reed	Bristol & West	62.8	5
5	Samantha Cooksey	Halesowen	64.9	4

## Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Vicky King	Birchfield	63.9	7
2	Judith Buckley	Halesowen	64.0	5
3	Emma Hourd	Notts AC	64.7	4
4	Hannah Godrich	Charnwood AC	66.7	3

## Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Lucy Ferguson	Telford AC	15.1	9
2	Hayley Pitman	Bristol & West	15.4	7
3	Lucy Johnson	Notts AC	17.0	6
4	Hannah Gladstone	Charnwood AC	17.4	5
5	Rebecca Willetts	Halesowen	18.2	4

## Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	Beth Dawson	Notts AC	19.3	7
2	Sophia Howard	Charnwood AC	23.2	5

## Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Hayley Pitman	Bristol & West	68.4	9
2	Beth Dawson	Notts AC	71.9	7
3	Hannah Gladstone	Charnwood AC	74.5	6
4	Judith Buckley	Halesowen	78.8	5

## Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Lucy Johnson	Notts AC	74.6	7
2	Rebecca Willetts	Halesowen	77.5	5
3	Sophia Howard	Charnwood AC	87.3	4

## Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Emma Reed	Bristol & West	2:19.0	9
2	Laura Johnson	Charnwood AC	2:25.5	7
3	Sally Percival	Halesowen	2:30.9	6
4	Michelle Hooton	Notts AC	2:34.2	5
5	Tamsin Sankey	Telford AC	2:39.9	4
6	Wendy Morant	Birchfield	3:48.3	3

## Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Claire Hallissey	Bristol & West	2:19.6	7
2	Nina Jowett	Halesowen	2:43.9	5
3	Justine Payne	Notts AC	2:56.4	4
4	Sophia Howard	Charnwood AC	2:59.1	3

## Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Claire Hallissey	Bristol & West	4:41.2	9
2	Clare Mensley	Charnwood AC	4:42.5	7
3	Ellen Butler	Notts AC	4:46.6	6
4	Bethany Young	Halesowen	4:59.8	5
5	Tamsin Sankey	Telford AC	5:40.9	4
6	Karen Davies	Birchfield	7:13.5	3

## Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Kate Goodhead	Bristol & West	4:45.1	7
2	Lisa Morris	Notts AC	5:12.0	5
3	Laura Johnson	Charnwood AC	5:23.6	4
4	Nina Jowett	Halesowen	5:47.7	3
5	Wendy Morant	Birchfield	8:26.8	2

## Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Jane Potter	Charnwood AC	9:39.1	9
2	Kate Goodhead	Bristol & West	9:51.6	7
3	Nikki de la Salle	Notts AC	10:34.8	6
4	Jade Burke	Halesowen	11:01.2	5

## Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Clare Mensley	Charnwood AC	9:50.6	7
2	Emily Davis	Halesowen	12:00.7	5
3	Sarah Costin	Notts AC	12:16.3	4

## Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Aimee Palmer	Birchfield	5.70	9
2	Emily Diamond	Bristol & West	5.18	7
3	Heidi Jarosinski	Halesowen	5.06	6
4	Hannah Walsh	Charnwood AC	4.84	5
5	Alice Furness	Telford AC	4.63	4
6	Camilla Bradley	Notts AC	3.69	3

## Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Zoe Laing	Bristol & West	5.08	7
2	Lucy Wallett	Halesowen	4.76	5
3	Hannah Gladstone	Charnwood AC	4.33	4
4	Nardhia Kidd-Walker	Birchfield	4.32	3
5	Yvonne Dawson	Notts AC	3.58	2

## Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Bethan Partridge	Telford AC	11.19	9
2	Hannah Walsh	Charnwood AC	10.82	7
3	Zoe Laing	Bristol & West	9.81	6
4	Felicia Anderson	Notts AC	9.46	5
5	Samantha Cooksey	Halesowen	9.06	4

## Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Alice Furness	Telford AC	9.53	7
2	Grace Hogan	Bristol & West	9.01	5
3	Camilla Bradley	Notts AC	9.00	4
4	Rebecca Willetts	Halesowen	8.87	3
5	Danielle Stanley	Charnwood AC	8.55	2

## Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Bethan Partridge	Telford AC	1.70	9
2	Hayley Pitman	Bristol & West	1.60	7
3	Katrina Przywara	Notts AC	1.60	6
4	Judith Buckley	Halesowen	1.50	5
5	Danielle Stanley	Charnwood AC	1.45	4

## Women High Jump (B string)

Posn	Name	Club	Perf	Pts
	1 Rachel Pitman	Bristol & West	1.55	7
	2 Hannah Walsh	Charnwood AC	1.35	5
	3 Rebecca Willetts	Halesowen	1.35	4
4=	Tamsin Sankey	Telford AC	1.20	2.5
4=	Rebecca Smith	Notts AC	1.20	2.5

## Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
	1 Helen Orr	Charnwood AC	2.00	9
	2 Beth Dawson	Notts AC	1.90	7

## Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
	1 Christina Jones	Bristol & West	11.43	9
	2 Amelia Reynolds	Telford AC	10.06	7
	3 Selina Walters	Notts AC	9.76	6
	4 Emma Pearson	Charnwood AC	8.85	5
	5 Judith Buckley	Halesowen	7.68	4
	6 Laura Radburn	Birchfield	7.03	3

## Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
	1 Lisa Williams	Telford AC	8.00	7
	2 Hayley Green	Bristol & West	7.99	5
	3 Justine Payne	Notts AC	7.28	4
	4 Kelly King	Charnwood AC	7.25	3
	5 Samantha Cooksey	Halesowen	7.20	2
	6 Samantha Jackson	Birchfield	5.60	1

## Women Discus (A string)

Posn	Name	Club	Perf	Pts
	1 Hayley Green	Bristol & West	31.83	9
	2 Amelia Reynolds	Telford AC	30.14	7
	3 Emma Pearson	Charnwood AC	26.93	6
	4 Kate Percival	Halesowen	25.93	5
	5 Selina Walters	Notts AC	21.71	4
	6 Laura Radburn	Birchfield	19.12	3

## Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Sally Percival	Halesowen	25.44	7
2	Christina Jones	Bristol & West	22.74	5
3	Jade Fletcher	Telford AC	19.75	4
4	Rebecca Smith	Notts AC	18.58	3
5	Karen Davies	Birchfield	18.09	2
6	Sophie Allen	Charnwood AC	14.63	1

## Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Hayley Murray	Birchfield	52.57	9
2	Christina Jones	Bristol & West	43.71	7
3	Selina Walters	Notts AC	28.66	6
4	Sophie Allen	Charnwood AC	26.19	5
5	Amelia Reynolds	Telford AC	22.89	4
6	Sally Percival	Halesowen	19.57	3

## Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Hayley Green	Bristol & West	33.66	7
2	Dorothy Rubery	Charnwood AC	21.14	5
3	Samantha Cooksey	Halesowen	19.31	4
4	Karen Davies	Birchfield	19.16	3
5	Justine Payne	Notts AC	15.15	2
6	Jade Fletcher	Telford AC	12.96	1

## Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Danielle Stanley	Charnwood AC	33.77	9
2	Christina Jones	Bristol & West	31.64	7
3	Heidi Jarosinski	Halesowen	26.02	6
4	Laura Radburn	Birchfield	22.85	5
5	Justine Payne	Notts AC	22.38	4
6	Bethan Partridge	Telford AC	21.44	3

## Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Samantha Cooksey	Halesowen	21.04	7
2	Hayley Pitman	Bristol & West	18.78	5
3	Lisa Williams	Telford AC	17.52	4
4	Sophie Allen	Charnwood AC	15.19	3
5	Rebecca Smith	Notts AC	13.80	2
6	Samantha Jackson	Birchfield	11.39	1

## Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Bristol & West	50.5	9
2		Notts AC	50.7	7
3		Birchfield	51.2	6
4		Telford AC	51.5	5
5		Charnwood AC	52.7	4
6		Halesowen	54.5	3

## Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Bristol & West	4:21.2	9
2		Notts AC	4:27.4	7
3		Halesowen	4:30.3	6
4		Charnwood AC	4:34.4	5
5		Birchfield	4:51.2	4