

Men 100m (A string)

1	CLORON HYLTON	Birchfield	10.9
2	MARK DUNWELL	Notts	11.1
3	RICHARD RUBENIS	Telford	11.2
4	ANDRE WHYTE	Halesowen	11.3
5	BEN COUGLIN	Bristol & West	11.3
6	DANIEL MAYNARD	Charnwood	11.7

Men 100m (B string)

1	DEREK MORGAN	Bristol & West	11.2
2	CARL MASON	Birchfield	11.5
3	TIM BARTON	Charnwood	11.5
4	ANDY FLINT	Telford	11.6
5	KASIM ADESANYA	Notts	11.7

Men 200m (A string)

1	LUKE LENNON FORD	Birchfield	22.4
2	JIM TIPPER	Telford	23.0
3	ANDRE WHYTE	Halesowen	23.0
4	MARK DUNWELL	Notts	23.1
5	ALISTAIR ABRAMS	Bristol & West	23.4
6	JUSTIN BAXTER	Charnwood	23.8

Men 200m (B string)

1	ROSS MCDONALD	Birchfield	22.7
2	DEREK MORGAN	Bristol & West	22.9
3	TOM OFFLER	Notts	23.7
4	BEN RIEKSTIINS	Telford	23.7
5	NATHAN BOOTH	Charnwood	24.4
6	CHRIS WHITE	Halesowen	26.1

Men 400m (A string)

1	JORDON MCGRATH	Birchfield	47.3
2	ABDILLAH NASSIR	Charnwood	50.6
3	OLIVER HOLDEN	Halesowen	51.9
4	TOM OFFLER	Notts	52.0
5	PETER ARNOLD	Telford	54.8
6	SIMON PARK	Bristol & West	57.4

Men 400m (B string)

1	LEWIS SUMMER RELL	Notts	51.8
2	LEE FEAR	Birchfield	53.4
3	PAUL HARMER	Charnwood	54.1
4	MATT CLAY	Halesowen	54.2
5	MICHAEL DICKENS	Telford	55.0
6	JON LEIBERMAN	Bristol & West	56.9

Men 110m H (A string)

1	EDWARD DUNFORD	Birchfield	14.7
2	OLIVER KNIGHT	Charnwood	16.8
3	RICHARD HYDE	Halesowen	19.8
4	RICHARD BELTON	Notts	24.5

Total Scores

Position	Team	Points
1	Birchfield	442
2	Notts	385
3	Halesowen	314
4	Charnwood	278
5	Telford	272
6	Bristol & West	228

Mens Scores

Position	Team	Points
1	Birchfield	241
2	Notts	184
3	Halesowen	175
4	Telford	142
5	Charnwood	132
6	Bristol & West	89

Womens Scores

Position	Team	Points
1	Birchfield	186
1	Notts	186
3	Charnwood	136
4	Halesowen	129
5	Bristol & West	124
6	Telford	115

Officials Points**Team Nar Points**

Birchfield	15
Notts	15
Halesowen	10
Charnwooc	10
Telford	15
Bristol & W	15

Men 110m H (B string)

1	ROB JAMES	Birchfield	15.5
2	ANDY LLOYD	Halesowen	20.0
3	CALLUM HUTCHMAN	Charnwood	21.9
4	SCOTT RISCHER	Notts	23.2

Men 400m H (A string)

Posn	Name	Club	Perf
1	TOM MOAKES	Notts	57.3
2	CALLUM HUTCHMAN	Charnwood	61.7
3	LEON SIMPSON	Birchfield	64.2
4	ADAM LLOYD	Halesowen	65.6
5	MARTIN DAVIES	Bristol & West	1.33.1

Men 400m H (B string)

1	MARK HAYWARD	Halesowen	64.9
2	RICHARD BELTON	Notts	66.9
3	BRUNO LAASNO	Bristol & West	1.24.8

Men 800m (A string)

1	MARC TURNER	Birchfield	1.58.9
2	OLIVER HOLDEN	Halesowen	1.59.0
3	STEVE LONG	Notts	1.59.2
4	PAUL HARMER	Charnwood	2.00.7
5	MARTIN FLOOK	Bristol & West	2.01.0
6	JAMIE DAVIES	Telford	2.09.8

Men 800m (B string)

1	JAMES LYNCH	Birchfield	2.02.0
2	CHRIS CARTER	Telford	2.03.1
3	ROGER MALLARD	Halesowen	2.05.5
4	MICHAEL BRIND	Charnwood	2.07.1
5	CHRIS KEENAN	Notts	2.07.5
6	DANIEL MOORE	Bristol & West	2.12.4

Men 1500m (A string)

1	JAMES TROLLOPE	Birchfield	4.04.5
2	JAMES HAYDEN	Notts	4.07.8
3	NICK HAZELWOOD	Halesowen	4.07.8
4	BEN LACEY	Charnwood	4.13.4
5	CHRIS BAGSHAW	Telford	4.16.6
6	DANIEL MOORE	Bristol & West	4.20.5

Men 1500m (B string)

1	SIMON OMEARA	Birchfield	4.11.5
2	CHRIS MCGURK	Notts	4.12.4
3	MARTIN LEWIS	Charnwood	4.30.2
4	DAVE TURVEY	Halesowen	4.36.4
5	JAMIE DAVIES	Telford	4.42.3
6	JEREMY HOGAN	Bristol & West	4.51.8

Men 5000m (A string)

1	MARTIN WHITEHOUSE	Notts	15.24.8
2	ROB DOUGLAS	Charnwood	15.33.0
3	DAVE KESTERTON	Halesowen	16.06.5
4	CHRIS BAGSHAW	Telford	16.30.8
5	SIMON OMEARA	Birchfield	17.15.6
6	MATT HALLISEY	Bristol & West	19.54.2

Men 5000m (B string)

1	TOM BAILEY	Notts	15.56.6
2	WILLIAM NOCK	Halesowen	16.51.7
3	DALE WILKINSON	Telford	17.23.3
4	WINDEL SIMPSON	Birchfield	18.11.7
5		Charnwood	19.02.7
6	BRUNO LAASNO	Bristol & West	24.21.4

Men 2000m s/c (A string)

1	RONNIE MCWILLIAM	Birchfield	6.49.1
2	SCOTT RISCHER	Notts	6.53.5
3	TOM TROW-POOL	Halesowen	7.11.1
4	MATT HALLISEY	Bristol & West	7.27.0
5	JAMES PARAMORE	Charnwood	7.36.1

Men 2000m s/c (B string)

1	ROB DENTON	Notts	6.59.9
2	LEON SIMPSON	Birchfield	7.32.5
3	ANDREW CLAY	Halesowen	7.44.8

Men Long Jump (A string)

1	LEIGH SMITH	Birchfield	7.30
2	BEN COCKER	Telford	6.42
3	OLIVER KNIGHT	Charnwood	5.88
4	MATT MADDEN	Notts	5.86
5	ADAM TURVEY	Halesowen	5.63
6	JAN LIEBERMAN	Bristol & West	5.24

Men Long Jump (B string)

1	MATTHEW PARNELL	Birchfield	6.80
2	TUMELO SERIRWA	Telford	6.11
3	RICHARD HYDE	Halesowen	5.53
4	JUSTIN BAXTER	Charnwood	5.49
5	JAMES MAINES	Notts	5.23
6	SIMON PORK	Bristol & West	3.17

Men Triple Jump (A string)

1	MICHAEL MCKEIRAN	Birchfield	15.02
2	TUMELO SERIRWA	Telford	12.42
3	LUKE JONES	Halesowen	11.96
4	JAMES BAINES	Notts	11.89
5	JUSTIN BAXTER	Charnwood	10.08

Men Triple Jump (B string)

1	KONRAD KATARZYNSKI	Birchfield	14.98
2	ADAM LYONS	Notts	11.87
3	BEN COCKER	Telford	11.27
4	ANDY LLOYD	Halesowen	10.41
5	NATHAN BOOTH	Charnwood	9.94

Men High Jump (A string)

1	EDWARD DAWES	Telford	1.80
2	MATT MADDEN	Notts	1.75
3	OLIVER KNIGHT	Charnwood	1.70
4	RICHARD HYDE	Halesowen	1.65

Men High Jump (B string)

1	MALCOLM DAWES	Telford	1.65
2	LUKE JONES	Halesowen	1.60

Men Pole Vault (A string)

1	EDWARD DUNFORD	Birchfield	4.20
2	NICK CRUTCHLEY	Halesowen	4.00
3	ADAM LYONS	Notts	3.60
4	DAVID SAMUELS	Telford	3.30
5	MARTIN DAVIES	Bristol & West	3.20

Men Pole Vault (B string)

1	ADAM TURVEY	Halesowen	4.00
2	PAUL MILES	Birchfield	3.40
3	JOHN BRADLEY	Telford	3.00
4	BOB BROWN	Notts	2.40

Men Shot Putt (A string)

1	EDWARD DUNFORD	Birchfield	14.55
2	IAN TAYLOR	Telford	11.70
3	RICHARD HYDE	Halesowen	11.28
4	TOM PEARSON	Charnwood	10.15
5	CHRIS SHORTHOUSE	Notts	8.21
6	SEAN DUKES	Bristol & West	8.02

Men Shot Putt (B string)

1	WILL DUNFORD	Birchfield	9.67
2	ANDRE WHYTE	Halesowen	8.85
3	GRAHAM PITT	Telford	8.44
4	MARTIN DAVIES	Bristol & West	7.40
5	WAYNE PURCHASE	Notts	6.92
6	DANIEL MAYNARD	Charnwood	6.10

Men Discus (A string)

1	IAN TAYLOR	Telford	44.31
2	EDWARD DUNFORD	Birchfield	44.23
3	TOM PEARSON	Charnwood	36.18
4	NIGEL WINCHCOMBE	Notts	35.19
5	RICHARD HYDE	Halesowen	33.00
6	SEAN DUKES	Bristol & West	22.82

Men Discus (B string)

1	WILL DUNFORD	Birchfield	29.71
2	OLIVER KNIGHT	Charnwood	24.46
3	MARK HAYWARD	Halesowen	22.29
4	MARTIN DAVIES	Bristol & West	16.86
5	BEN COCKER	Telford	15.92

Men Hammer (A string)

1	JAMES BEDFORD	Birchfield	60.45
2	CHRIS SHORTHOUSE	Notts	54.60
3	TOM PEARSON	Charnwood	39.70
4	RICHARD HYDE	Halesowen	35.63
5	IAN TAYLOR	Telford	30.49
6	MARTIN DAVIES	Bristol & West	21.43

Men Hammer (B string)

1	MATTHEW BELL	Birchfield	58.18
2	NIGEL WINCHCOMBE	Notts	46.67
3	MARK HAYWARD	Halesowen	21.40
4	SEAN DUKES	Bristol & West	21.35
5	CHRIS ASTON	Telford	20.76
6	JIM PEARSON	Charnwood	18.88

Men Javelin (A string)

1	CHRIS EDEN	Notts	58.12
2	WILL DUNFORD	Birchfield	43.60
3	DAN BERISWYL	Telford	43.41
4	RICHARD HYDE	Halesowen	38.18
5	DANIEL MAYNARD	Charnwood	36.14
6	SEAN DUKES	Bristol & West	32.99

Men Javelin (B string)

2	EDWARD DUNFORD	Birchfield	40.56
3	IAN TAYLOR	Telford	35.14
4	RICHARD BRIND	Charnwood	34.88
5	MARK HAYWARD	Halesowen	34.09
6	MARTIN DAVIES	Bristol & West	24.23

Mens 4x100m

1	Birchfield	42.5
2	Halesowen	45.4
3	Bristol & West	45.4
4	Notts	45.5
5	Telford	45.5
6	Charnwood	45.6

Mens 4x400m

1	Birchfield	3.30.3
2	Halesowen	3.32.9
3	Charnwood	3.33.9
4	Notts	3.35.3
5	Telford	3.43.3

6 Bristol & West 3.49.0

Women 100m (A string)

1	SINEAD JOHNSON	Telford	12.5
2	AIMEE PALMER	Birchfield	12.6
3	EMMA HOURD	Notts	13.2
4	RHIANNA PARKER SIMPSON	Halesowen	13.3
5	HANNAH GODRICH	Charnwood	13.6
6	KAREN BIRD	Bristol & West	14.9

Women 100m (B string)

1	HELEN MARTIN	Telford	12.9
2	KIMEAL MONCREIFFE	Birchfield	13.2
3	GIARE SKERVIN	Notts	13.3
4	HEIDI JAROSINSKI	Halesowen	13.3
5	KELLY KING	Charnwood	13.8
6	ANDREA LOCK	Bristol & West	15.8

Women 200m (A string)

1	SINEAD JOHNSON	Telford	26.4
2	RHIANNA PARKER SIMPSON	Halesowen	26.7
3	EMMA HOURD	Notts	27.2
4	VICKY KING	Birchfield	27.7
5	HANNAH GODRICH	Charnwood	27.7
6	CAROLINE POWELL	Bristol & West	28.2

Women 200m (B string)

1	LAURA CLARKE	Notts	27.8
2	SAM COOKSEY	Halesowen	29.1
3	KELLY KING	Charnwood	29.5
4	VICKY CLUEIT (U17)	Birchfield	29.8
5	SIAN TOVEY	Telford	30.5
6	KAREN BIRD	Bristol & West	30.7

Women 400m (A string)

1	RHIANNA PARKER SIMPSON	Halesowen	58.8
2	ESE OKORO	Birchfield	59.1
3	CERIAN LANCASTER	Telford	61.4
4	CAROLINE POWELL	Bristol & West	63.2
5	FIONA PALMER	Notts	64.1
6	HANNAH GODRICH	Charnwood	67.9

Women 400m (B string)

1	REBECCA SMITH	Notts	63.2
2	VICKY KING	Birchfield	63.8
3	EMILY MILODOWSKI	Charnwood	65.1
4	SAM COOKSEY	Halesowen	66.6
5	NICOLE HILLIKER	Telford	71.0
6	ANDREA LOCK	Bristol & West	76.3

Women 100m H (A string)

1	SAM DAY	Birchfield	15.6
2	LAURA CLARKE	Notts	17.4

3	SOPHIA HOWARD	Charnwood	24.3
4	ANDREA LOCK	Bristol & West	28.7

Women 100m H (B string)

1	JENNY EVANS	Notts	21.4
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Women 400m H (A string)

1	SAM DAY	Birchfield	65.5
2	HAYLEY PITMAN	Bristol & West	67.3
3	LAURA CLARKE	Notts	77.7
4	SOPHIA HOWARD	Charnwood	1.30.6

Women 400m H (B string)

1	JENNY EVANS	Notts	1.14.7
2	ANDREA LOCK	Bristol & West	1.21.5
3	JESSICA BEAVER	Charnwood	1.50.5

Women 800m (A string)

1	EJIRO OKRO	Birchfield	2.11.7
2	JULIET POTTER	Charnwood	2.13.5
3	CERIAN LANCASTER	Telford	2.22.2
4	SUZANNE HARDING	Bristol & West	2.27.5
5	KRISTI CLARK	Notts	2.30.5
6	SALLY SPENCER	Halesowen	2.48.1

Women 800m (B string)

1	AIMEE BOOTH	Birchfield	2.27.1
2	KATE GOODHEAD	Bristol & West	2.30.3
3	NICOLE HILLIKER	Telford	2.36.3
4	JENNY EVANS	Notts	2.40.6
5	NINA JOWETT	Halesowen	2.46.0
6	SOPHIA HOWARD	Charnwood	3.12.4

Women 1500m (A string)

1	JULIET POTTER	Charnwood	4.29.2
2	DEBBIE WALTERS	Birchfield	4.34.6
3	LISA MORRIS	Notts	4.53.0
4	KATE GOODHEAD	Bristol & West	4.59.5
5	SALLY PERCIAL	Halesowen	5.36.3

Women 1500m (B string)

1	ELLEN BUTLER	Notts	5.08.5
2	SUZANNE HARDING	Bristol & West	5.25.0
3	SALLY SPENCER	Halesowen	5.40.4
4	ZOE HAWKINS	Charnwood	5.45.2
5	WENDY MORANT	Birchfield	9.22.7

Women 3000m (A string)

1	KATE GOODHEAD	Bristol & West	10.16.4
2	SOPHIE WILLIAMS	Birchfield	10.22.4
3	MICHELLE HOOTON	Notts	11.12.1
4	ZOE HAWKINS	Charnwood	11.24.6
5	NINA JOWETT	Halesowen	12.59.5

Women 3000m (B string)

1	DANNII JOHNSON U17	Birchfield	10.35.8
2		Notts	11.22.2
3	SUZANNE HARDING	Bristol & West	12.00.2
4	PAM EDWARDS	Halesowen	13.55.8

Women Long Jump (A string)

1	AIMEE PALMER	Birchfield	5.84
2	HEIDI JAROSINSKI	Halesowen	5.40
3	HANNAH WALSH	Charnwood	4.97
4	LAURA CLARKE	Notts	4.32
5	ZOE DAVIES	Telford	4.13

Women Long Jump (B string)

1	SADIE GORDON	Birchfield	4.70
2	SELINA WALTERS	Notts	4.17
3	KIM DAVIES	Telford	4.01
4	EMILY MILODOWSKI	Charnwood	3.99
5	SAM GILBERT	Halesowen	2.95

Women Triple Jump (A string)

1	HANNAH WALSH	Charnwood	10.76
2	SHALAYNA HUTCHINSON	Birchfield	10.17
3	SAM COOKSEY	Halesowen	8.95
4	BECKY SMITH	Notts	8.93
5	KIM DAVIES	Telford	8.26

Women Triple Jump (B string)

1	AIMEE PALMER	Birchfield	9.71
2	DANIELLE STANLEY	Charnwood	7.75

Women High Jump (A string)

1	BETHAN PARTRIDGE	Telford	1.69
2	KATRINA PRZYWARA	Notts	1.60
3	HAYLEY PITMAN	Bristol & West	1.60
4	HEIDI JAROSINKI	Halesowen	1.50
5	DANIELLE STANLEY	Charnwood	1.45
6	SHALAYNA HUTCHINSON	Birchfield	1.35

Women High Jump (B string)

1	YASMIN DYER	Bristol & West	1.40
2	HANNAH WALSH	Charnwood	1.30
3	ZOE DAVIES	Telford	1.25
4	SALLY PERCICAL	Halesowen	1.25
5	BECKY SMITH	Notts	1.25

Women Pole Vault (A string)

1	YASMIN DYER	Bristol & West	3.10
2	HELEN WEBB	Halesowen	2.70
3	BECKY SMITH	Notts	1.90

Women Pole Vault (B string)

1	ANDREA LOCK	Bristol & West	2.40
2	SELINA WALTERS	Notts	1.70

Women Shot Putt (A string)

1	AMELIA REYNOLDS	Telford	10.53
2	SELINA WALTERS	Notts	8.68
3	LESLEY BROWN	Birchfield	8.37
4	HAYLEY GREEN	Bristol & West	8.27
5	HEIDI JAROSINSKI	Halesowen	7.93
6	KELLY KING	Charnwood	7.57

Women Shot Putt (B string)

1	REBECCAS JOHNSTONE	Notts	7.75
2	KIM DAVIES	Telford	7.39
3	LYN ORBELL	Birchfield	7.17
4	KATE PERCIVAL	Halesowen	7.05
5	SOPHIE ALLEN	Charnwood	5.90

Women Discus (A string)

1	NICOLA TALBOT	Birchfield	42.22
2	AMELIA REYNOLDS	Telford	32.50
3	HAYLEY GREEN	Bristol & West	28.90
4	KATE PERCIVAL	Halesowen	26.95
5	SELINA WALTERS	Notts	24.24
6	DANIELLE STANLEY	Charnwood	18.95

Women Discus (B string)

1	REBECCAS JOHNSTONE	Notts	24.19
2	SAM PERVIAL	Halesowen	23.69
3	LESLEY BROWN	Birchfield	22.63
4	JADE FLETCHER	Telford	20.11
5	SOPHIE ALLEN	Charnwood	15.99
6	YASMIN DYER	Bristol & West	13.26

Women Hammer (A string)

1	HAYLEY MURRAY	Birchfield	48.70
2	HAYLEY GREEN	Bristol & West	30.17
3	SOPHIE ALLEN	Charnwood	23.23
4	REBECCAS JOHNSTONE	Notts	20.33
5	ZOE DAVIES	Telford	18.93
6	SAM COOKSEY	Halesowen	18.32

Women Hammer (B string)

1	LESLEY BROWN	Birchfield	41.66
2	DOROTHY RUBERY	Charnwood	20.01
3	SELINA WALTERS	Notts	19.21
4	SALLY PERCIVAL	Halesowen	17.49
5	KIM DAVIES	Telford	16.23