

Total Scores

Position	Team	Points
1	Coventry G	399
2	City of Stoke	358
3	Rugby & North	313
4	Mansfield H & AC	310
5	Tamworth	262
6	Cheltenham & CH	220

Mens Scores

Position	Team	Points
1	City of Stoke	196
2	Coventry G	194
3	Mansfield H & AC	162
4	Rugby & North	159
5	Tamworth	131
6	Cheltenham & CH	109

Womens Scores

Position	Team	Points
1	Coventry G	190
2	Rugby & North	164
3	City of Stoke	147
4	Mansfield H & AC	133
5	Tamworth	126
6	Cheltenham & CH	106

Officials Points

Team Name	Points
Coventry G	15
City of Stoke	15
Rugby & North	-10
Mansfield H & AC	15
Tamworth	5
Cheltenham & CH	5

100m A string (Men)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Stewart Marshall	Coventry G	11.0	9
2	Richard Porter	City of Stoke	11.3	7
3	Jonathan Cordin	Mansfield H & AC	11.5	6
4	Winston Rose	Rugby & North	11.6	5
5	Ben Horsley	Tamworth	11.6	4
6	Neil Crossley	Cheltenham & CH	12.0	3

100m B string (Men)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Jamie Blundell	Coventry G	11.0	7
2	Martin Chomanicz	City of Stoke	11.6	5
3	Simon Plaskitt	Cheltenham & CH	11.6	4
4	Ben Lees	Rugby & North	11.7	3
5	John McLaren	Tamworth	11.9	2
6	Martin White	Mansfield H & AC	12.0	1

200m A string (Men)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Stewart Marshall	Coventry G	22.5	9
2	Samuel Cordin	Mansfield H & AC	22.6	7
3	Ian Barough	Cheltenham & CH	23.3	6
4	Richard Porter	City of Stoke	23.5	5
5	Ben Horsley	Tamworth	23.8	4
6	John Bell	Rugby & North	23.9	3

200m B string (Men)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Martin Browne	Coventry G	23.9	7
2	John McLaren	Tamworth	24.0	5
3	Martin Chomanicz	City of Stoke	24.1	4
4	Martin White	Mansfield H & AC	24.6	3
5	Winston Rose	Rugby & North	24.7	2
6	Simon Plaskitt	Cheltenham & CH	26.1	1

400m A string (Men)				
Pos	Athlete	Club	Perf.	Points
1	Samuel Cordin	Mansfield H & AC	50.0	9
2	Simon Plaskitt	Cheltenham & CH	50.5	7
3	Simon King	Tamworth	52.1	6
4	Adam Mole	Rugby & North	52.4	5
5	Liam Tracy	City of Stoke	52.6	4
6	Aidan Twomey	Coventry G	53.7	3

400m B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Tom Burton	Tamworth	50.5	7
2	Martin Cook	Mansfield H & AC	50.6	5
3	Ian Barough	Cheltenham & CH	52.5	4
4	Christopher Harvey	City of Stoke	55.3	3
5	Nicholas Fellows	Coventry G	55.5	2
6	Matthew Emery	Rugby & North	55.9	1

110m H A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Robin Smith	City of Stoke	15.2	9
2	Neil Crossley	Cheltenham & CH	15.8	7
3	Stefan Wilcockson	Mansfield H & AC	15.9	6
4	Ian Gidley	Rugby & North	17.8	5
5	Matt James	Tamworth	20.4	4

110m H B string (Men)

Pos	Athlete	Club	Perf.	Points
1	James Dohnal	City of Stoke	16.3	7
2	Matthew Woolley	Mansfield H & AC	18.2	5
3	Michael Thompson	Coventry G	26.7	4

400m H A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Tom Burton	Tamworth	55.5	9
2	John Bell	Rugby & North	58.1	7
3	Stefan Wilcockson	Mansfield H & AC	59.2	6
4	Robert Barker-Davies	Coventry G	60.5	5
5	Simon Plaskitt	Cheltenham & CH	64.9	4
6	Gavin Walters	City of Stoke	70.0	3

400m H B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Andrew Boon	Coventry G	61.0	7
2	Andrew Reeves	Rugby & North	62.1	5
3	Matt James	Tamworth	63.0	4
4	Alex Lloyd	Mansfield H & AC	65.3	3
5	Steven Bazell	City of Stoke	76.0	2

800m A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Chris Brown	Mansfield H & AC	2.00.0	9
2	Henry Hammond	Coventry G	2.00.3	7
3	Simon King	Tamworth	2.00.6	6
4	Adam Mole	Rugby & North	2.01.3	5
5	Carl Shubotham	City of Stoke	2.08.0	4
6	Corin Hughes	Cheltenham & CH	2.12.3	3

800m B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Alistair Smith	Coventry G	2.02.6	7
2	Matthew Emery	Rugby & North	2.09.6	5
3	Paul Tasker	Tamworth	2.10.0	4
4	Elliot Prince	Cheltenham & CH	2.15.6	3
5	David Lee	City of Stoke	2.21.1	2

1500m A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Stuart Nelson	Rugby & North	4.17.3	9
2	Carl Shubotham	City of Stoke	4.21.6	7
3	Harvey Speed	Coventry G	4.25.3	6
4	Steven Parkes	Tamworth	4.30.4	5
5	Corin Hughes	Cheltenham & CH	4.57.0	4
6	Daniel Ward	Mansfield H & AC	5.18.0	3

1500m B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Stephen Emery	Rugby & North	4.25.3	7
2	Chris Bannon	Coventry G	4.25.6	5
3	Steven Bazell	City of Stoke	4.36.0	4
4	Paul Tasker	Tamworth	4.43.6	3
5	Elliot Prince	Cheltenham & CH	5.30.9	2

3000m A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Matthew Almond	Coventry G	9.05.9	9
2	Jeremy Bradley	Cheltenham & CH	9.30.5	7
3	Stuart Nelson	Rugby & North	9.30.8	6
4	Gary Castrey	City of Stoke	9.43.3	5

3000m B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Matthew Lole	Coventry G	9.24.7	7
2	Sebastian Foy	Cheltenham & CH	9.44.1	5
3	Jamie Sewell	Rugby & North	9.48.6	4
4	Daniel Barker	City of Stoke	9.52.7	3

3000m s/c A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Stephen Lisgo	Mansfield H & AC	9.43.6	9
2	Jamie Sewell	Rugby & North	10.06.4	7
3	Jeremy Bradley	Cheltenham & CH	10.19.2	6
4	Steven Bazell	City of Stoke	10.32.6	5
5	Harvey Rose	Coventry G	10.47.2	4

3000m s/c B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Gavin Walters	City of Stoke	10.43.0	7
2	Paul Moorcroft	Coventry G	12.07.6	5

Long Jump A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Jamie Blundell	Coventry G	7.23	9
2	Samuel Bishop	City of Stoke	6.52	7
3	Ben Lees	Rugby & North	6.11	6
4	Thomas Bell	Mansfield H & AC	6.02	5
5	Neil Crossley	Cheltenham & CH	5.79	4
6	John McLaren	Tamworth	5.22	3

Long Jump B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Matthew Rollings	City of Stoke	6.48	7
2	Andrew Reeves	Rugby & North	5.92	5
3	Michael Thompson	Coventry G	5.90	4
4	Richard Woolley	Mansfield H & AC	5.84	3
5	Michael Pierpoint	Tamworth	4.74	2

Triple Jump A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Jamie Blundell	Coventry G	14.10	9
2	Martin Cook	Mansfield H & AC	13.23	7
3	Ben Lees	Rugby & North	12.57	6
4	Martin Bartholomew	City of Stoke	12.43	5
5	Matt James	Tamworth	11.18	4

Triple Jump B string (Men)			wind speed	m/s	
Pos	Athlete	Club	Perf.	Points	
1	Thomas Bell	Mansfield H & AC	13.15	7	
2	Daniel Bennett	Rugby & North	11.70	5	
3	Christopher Harvey	City of Stoke	11.48	4	
4	Ben Horsley	Tamworth	10.88	3	
5	Michael Thompson	Coventry G	10.42	2	

High Jump A string (Men)					
Pos	Athlete	Club	Perf.	Points	
1	Karl Robbins	Coventry G	2.00	9	
2	Samuel Bishop	City of Stoke	1.85	7	
3	Andrew Reeves	Rugby & North	1.75	6	
4	Alex Lloyd	Mansfield H & AC	1.70	5	
5	Matt James	Tamworth	1.60	4	

High Jump B string (Men)					
Pos	Athlete	Club	Perf.	Points	
1	Mark Brown	Coventry G	1.90	7	
2	James Dohnal	City of Stoke	1.80	5	
3	Ian Gidley	Rugby & North	1.75	4	

Pole Vault A string (Men)			wind speed	m/s	
Pos	Athlete	Club	Perf.	Points	
1	Gavin Showell	Tamworth	3.80	9	
2	Dave Cowley	Rugby & North	2.55	7	
3	James Dohnal	City of Stoke	2.10	6	

Pole Vault B string (Men)			wind speed	m/s	
Pos	Athlete	Club	Perf.	Points	
1	Michael Pierpoint	Tamworth	3.15	7	
2	Chris Shelton	Rugby & North	2.40	5	
3	Gavin Walters	City of Stoke	2.10	4	

Shot Putt A string (Men)					
Pos	Athlete	Club	Perf.	Points	
1	Martin Bartholomew	City of Stoke	14.31	9	
2	Neil Crossley	Cheltenham & CH	12.61	7	
3	Matthew Woolley	Mansfield H & AC	12.04	6	
4	Joseph Okpoti	Coventry G	10.95	5	
5	Alex Berrow	Tamworth	10.17	4	
6	John Gercs	Rugby & North	7.63	3	

Shot Putt B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Gregg Nixon	City of Stoke	13.75	7
2	Glyn Hollingworth	Coventry G	10.79	5
3	Steven Woolley	Mansfield H & AC	9.41	4
4	Gavin Showell	Tamworth	9.09	3
5	Dave Cowley	Rugby & North	7.47	2

Discus A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Martin Bartholomew	City of Stoke	46.96	9
2	Glyn Hollingworth	Coventry G	39.81	7
3	Matthew Woolley	Mansfield H & AC	34.72	6
4	Neil Crossley	Cheltenham & CH	34.39	5
5	John Bell	Rugby & North	24.85	4
6	Alex Berrow	Tamworth	24.63	3

Discus B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Gregg Nixon	City of Stoke	45.43	7
2	Joseph Okpoti	Coventry G	28.43	5
3	Steven Woolley	Mansfield H & AC	26.14	4
4	Gavin Showell	Tamworth	23.60	3
5	Dave Cowley	Rugby & North	21.18	2
6	Martin Gurr	Cheltenham & CH	17.10	1

Hammer A string (Men)

Pos	Athlete	Club	Perf.	Points
1	Chris Berry	Mansfield H & AC	46.82	9
2	Gregg Nixon	City of Stoke	43.99	7
3	Neil Bulman	Rugby & North	42.62	6
4	Alex Berrow	Tamworth	39.17	5
5	Martin Gurr	Cheltenham & CH	27.77	4
6	Joseph Okpoti	Coventry G	24.28	3

Hammer B string (Men)

Pos	Athlete	Club	Perf.	Points
1	Paul Gair	Mansfield H & AC	41.21	7
2	Glenn Unsworth	City of Stoke	36.86	5
3	John Gercs	Rugby & North	19.57	4
4	Marcos Yoxall	Tamworth	17.78	3
5	Neil Crossley	Cheltenham & CH	17.45	2
6	Martin Browne	Coventry G	16.20	1

Javelin A string (Men)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Glyn Hollingworth	Coventry G	66.58	9
2	Richard Woolley	Mansfield H & AC	57.58	7
3	Neil Crossley	Cheltenham & CH	55.46	6
4	Robert Eggleton	City of Stoke	53.07	5
5	Paul Tasker	Tamworth	37.68	4
6	Andrew Reeves	Rugby & North	33.15	3

Javelin B string (Men)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Matthew Hartley	Cheltenham & CH	54.32	7
2	Lee Peters	Mansfield H & AC	53.21	5
3	Robin Smith	City of Stoke	45.78	4
4	John Gercs	Rugby & North	32.90	3
5	Gavin Showell	Tamworth	32.74	2

Mens 4x100m Relay				
Pos	Athlete	Club	Perf.	Points
1		Coventry G	45.0	9
2		City of Stoke	45.2	7
3		Mansfield H & AC	45.5	6
4		Rugby & North	46.3	5
5		Cheltenham & CH	46.8	4
6		Tamworth	47.6	3

Mens 4x400m Relay				
Pos	Athlete	Club	Perf.	Points
1		Mansfield H & AC	3.26.0	9
2		Coventry G	3.34.7	7
3		Tamworth	3.36.1	6
4		City of Stoke	3.40.0	5
5		Rugby & North	3.45.3	4
6		Cheltenham & CH	4.03.2	3

100m A string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Amanda Forrester	City of Stoke	12.0	9
2	Claire Spurway	Rugby & North	12.1	7
3	Laura Langowski	Coventry G	12.6	6
4	Lucy Spray	Mansfield H & AC	13.0	5
5	Sophie Taylor	Tamworth	13.1	4
6	Becky Courtenay	Cheltenham & CH	13.2	3

100m B string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Claire Pearson	Rugby & North	12.8	7
2	Tressann Scott	Cheltenham & CH	12.9	5
3	Rachel Gair	Mansfield H & AC	13.2	4
4	Kellie Bewick	Coventry G	13.2	3
5	Laura Gibson	City of Stoke	13.3	2
6	Nicole King	Tamworth	13.4	1

200m A string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Chelsea Cooper	City of Stoke	24.7	9
2	Claire Spurway	Rugby & North	24.9	7
3	Laura Langowski	Coventry G	25.7	6
4	Hollie Owen	Tamworth	26.3	5
5	Tressann Scott	Cheltenham & CH	27.3	4
6	Claire Beaumont	Mansfield H & AC	29.5	3

200m B string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Hannah Oliver	Rugby & North	27.4	7
2	Liz Checkley	Tamworth	27.8	5
3	Sara Horder	Cheltenham & CH	28.8	4
4	Laura Gibson	City of Stoke	28.9	3
5	Sally Olorenshaw	Coventry G	29.3	2

400m A string (Women)				
Pos	Athlete	Club	Perf.	Points
1	Hollie Owen	Tamworth	59.8	9
2	Ellena Ruddock	Rugby & North	60.3	7
3	Kellie Bewick	Coventry G	61.0	6
4	Kate Anderson	City of Stoke	62.5	5
5	Jodie Bestwick	Mansfield H & AC	67.3	4
6	Becky Courtenay	Cheltenham & CH	74.6	3

400m B string (Women)				
Pos	Athlete	Club	Perf.	Points
1	Tina Brown	Coventry G	60.9	7
2	Hannah Keight	Tamworth	61.4	5
3	Lizzie Sandall	Cheltenham & CH	63.2	4
4	Rachel Pearce	Rugby & North	64.3	3
5	Emily Reeves	Mansfield H & AC	66.5	2
6	Natalie Arrowsmith	City of Stoke	69.7	1

100m H A string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Chelsea Cooper	City of Stoke	14.7	9
2	Michelle Keight	Tamworth	17.9	7
3	Jenny Adams	Coventry G	17.9	6
4	Savannah Devillez	Cheltenham & CH	18.1	5
5	Jessica Grieves	Mansfield H & AC	19.4	4
6	Christine Hawker	Rugby & North	20.0	3

100m H B string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Lizzie Sandall	Cheltenham & CH	18.5	7
2	Kirsty Obern	Rugby & North	20.1	5
3	Hannah Gair	Mansfield H & AC	20.3	4

400m H A string (Women)				
Pos	Athlete	Club	Perf.	Points
1	Lucy Spray	Mansfield H & AC	67.8	9
2	Wendy Davidson	City of Stoke	68.9	7
3	Jane Horder	Cheltenham & CH	69.5	6
4	Tracey Webb	Rugby & North	73.3	5
5	Jenny Adams	Coventry G	74.4	4
6	Michelle Keight	Tamworth	77.7	3

400m H B string (Women)				
Pos	Athlete	Club	Perf.	Points
1	Jessica Grieves	Mansfield H & AC	71.9	7
2	Nicole King	Tamworth	73.7	5
3	Natalie Arrowsmith	City of Stoke	78.4	4
4	Christine Hawker	Rugby & North	82.8	3

800m A string (Women)				
Pos	Athlete	Club	Perf.	Points
1	Tina Brown	Coventry G	2.18.6	9
2	Kate Holt	City of Stoke	2.20.1	7
3	Joanna Emery	Rugby & North	2.23.2	6
4	Christie Childs	Mansfield H & AC	2.26.5	5

800m B string (Women)				
Pos	Athlete	Club	Perf.	Points
1	Sally Olorenshaw	Coventry G	2.24.8	7
2	Madeleine Smith	Rugby & North	2.30.4	5
3	Jodie Bestwick	Mansfield H & AC	2.30.9	4
4	Kate Anderson	City of Stoke	2.34.3	3

1500m A string (Women)

Pos	Athlete	Club	Perf.	Points
1	Emma Jackson	City of Stoke	4.39	9
2	Tina Brown	Coventry G	4.49.5	7
3	Joanna Emery	Rugby & North	5.04.7	6
4	Christie Childs	Mansfield H & AC	5.26.8	5
5	Rebecca Smith	Tamworth	5.27.9	4

1500m B string (Women)

Pos	Athlete	Club	Perf.	Points
1	Claire Hobson	Coventry G	5.18.0	7
2	Emma McGowan	Rugby & North	5.36.7	5
3	Sophie Allcock	City of Stoke	5.44.5	4
4	Jessica Thompson	Tamworth	6.59.0	3

3000m A string (Women)

Pos	Athlete	Club	Perf.	Points
1	Tina Brown	Coventry G	10.09.8	9
2	Sally Baker	Rugby & North	11.06.7	7
3	Rebecca Smith	Tamworth	11.23.7	6
4	Sophie Allcock	City of Stoke	11.37.8	5
5	Emma Wilkinson	Mansfield H & AC	11.43.3	4

3000m B string (Women)

Pos	Athlete	Club	Perf.	Points
1	Rachel Buxton	Coventry G	10.55.0	7
2	Joanna Emery	Rugby & North	11.50.3	5
3	Sophie Ward	Mansfield H & AC	12.09.9	4

Long Jump A string (Women)

Pos	Athlete	Club	Perf.	Points
1	Chelsea Cooper	City of Stoke	6.14	9
2	Jess Collins	Cheltenham & CH	4.04.2	7
3	Tracey Webb	Rugby & North	4.35	6
4	Jenny Adams	Coventry G	4.31	5
5	Sarah Williams	Tamworth	4.26	4
6	Emily Reeves	Mansfield H & AC	3.68	3

Long Jump B string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Hannah Keight	Tamworth	4.25	7
2	Tressann Scott	Cheltenham & CH	4.18	5
3	Tracey Morris	Coventry G	4.03	4
4	Claire Beaumont	Mansfield H & AC	3.56	3

Triple Jump A string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Laura Keeley	Coventry G	11.33	9
2	Jess Collins	Cheltenham & CH	9.45	7
3	Charlotte McDonough	Tamworth	9.33	6
4	Christine Hawker	Rugby & North	8.25	5
5	Emma Wilkinson	Mansfield H & AC	7.62	4

Triple Jump B string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Jessica Thompson	Tamworth	8.92	7
2	Tracey Morris	Coventry G	8.06	5

High Jump A string (Women)				
Pos	Athlete	Club	Perf.	Points
1	Katherine Connolly	Coventry G	1.65	9
2	Hannah Oliver	Rugby & North	1.50	7
3	Hannah Keight	Tamworth	1.45	6
4	Bryony Thurbon	Cheltenham & CH	1.40	5
5	Jessica Grieves	Mansfield H & AC	1.40	4

High Jump B string (Women)				
Pos	Athlete	Club	Perf.	Points
1	Jess Collins	Cheltenham & CH	1.40	7
2	Jenny Adams	Coventry G	1.40	5
3	Tracey Webb	Rugby & North	1.35	4
4	Pam Garvey	Mansfield H & AC	1.30	3
5	Sarah Williams	Tamworth	1.25	2

Pole Vault A string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points
1	Sarah Williams	Tamworth	2.80	9
2	Tracey Morris	Coventry G	2.50	7
3	Kirsty Obern	Rugby & North	2.40	6

Pole Vault B string (Women)		wind speed	m/s	
Pos	Athlete	Club	Perf.	Points

Shot Putt A string (Women)

Pos	Athlete	Club	Perf.	Points
1	Jade Weston	City of Stoke	12.35	9
2	Carol Parker	Coventry G	12.18	7
3	Rachel Gair	Mansfield H & AC	9.20	6
4	Sophie Taylor	Tamworth	7.38	5
5	Madeleine Smith	Rugby & North	6.94	4
6	Sara Horder	Cheltenham & CH	6.74	3

Shot Putt B string (Women)

Pos	Athlete	Club	Perf.	Points
1	Sarah-Jane Perry	Coventry G	10.64	7
2	Hayley Clowes	City of Stoke	8.69	5
3	Hannah Gair	Mansfield H & AC	7.46	4
4	Liz Checkley	Tamworth	6.91	3
5	Zoe Ash	Rugby & North	6.89	2
6	Lizzie Sandall	Cheltenham & CH	5.88	1

Discus A string (Women)

Pos	Athlete	Club	Perf.	Points
1	Carol Parker	Coventry G	37.16	9
2	Hayley Clowes	City of Stoke	34.72	7
3	Charlotte Gair	Mansfield H & AC	33.09	6
4	Zoe Ash	Rugby & North	27.42	5
5	Linsey Hutchins	Cheltenham & CH	18.06	4
6	Sarah Williams	Tamworth	16.06	3

Discus B string (Women)

Pos	Athlete	Club	Perf.	Points
1	Sarah-Jane Perry	Coventry G	36.20	7
2	Jade Weston	City of Stoke	30.05	5
3	Madeleine Smith	Rugby & North	20.79	4
4	Becky Courtenay	Cheltenham & CH	17.45	3

Hammer A string (Women)

Pos	Athlete	Club	Perf.	Points
1	Rachel Gair	Mansfield H & AC	56.21	9
2	Carol Parker	Coventry G	36.24	7
3	Jade Weston	City of Stoke	26.80	6
4	Linsey Hutchins	Cheltenham & CH	21.85	5
5	Zoe Ash	Rugby & North	21.65	4

Hammer B string (Women)

Pos	Athlete	Club	Perf.	Points
1	Charlotte Gair	Mansfield H & AC	27.29	7
2	Sarah-Jane Perry	Coventry G	26.05	5
3	Hayley Clowes	City of Stoke	20.29	4
4	Savannah Devillez	Cheltenham & CH	15.07	3

Javelin A string (Women)

Pos	Athlete	Club	Perf.	Points
1	Samantha Cullinane	Rugby & North	35.56	9
2	Chelsea Cooper	City of Stoke	33.40	7
3	Hannah Gair	Mansfield H & AC	25.69	6
4	Bryony Thurbon	Cheltenham & CH	22.31	5
5	Liz Checkley	Tamworth	14.19	4
6	Carol Parker	Coventry G	10.46	3

Javelin B string (Women)

Pos	Athlete	Club	Perf.	Points
1	Charlotte James	City of Stoke	31.45	7
2	Hannah Oliver	Rugby & North	22.98	5
3	Linsey Hutchins	Cheltenham & CH	19.90	4
4	Emma Wilkinson	Mansfield H & AC	11.60	3
5	Sarah Williams	Tamworth	11.13	2
6	<i>Name not declared</i>	Coventry G	10.33	1

Womens 4x100m Relay

Pos	Athlete	Club	Perf.	Points
1		Rugby & North	50.7	9
2		City of Stoke	50.9	7
3		Mansfield H & AC	52.8	6
4		Coventry G	53.1	5
5		Tamworth	54.3	4
6		Cheltenham & CH	56.5	3

Womens 4x400m Relay

Pos	Athlete	Club	Perf.	Points
1		Coventry G	4.00.2	9
2		Tamworth	4.04.0	7
3		Rugby & North	4.12.6	6
4		Mansfield H & AC	4.13.1	5
5		City of Stoke	4.17.5	4
6		Cheltenham & CH	4.37.7	3